

DOLPHIN LOG

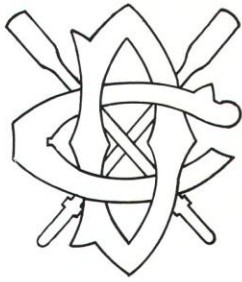
Collection, Years 1990 – 1994

**The Bulletin of the
Dolphin Swimming & Boating Club
San Francisco, Established 1877**



**Dolphin Swimming & Boating Club
502 Jefferson Street
San Francisco, CA 94109**

April 2011



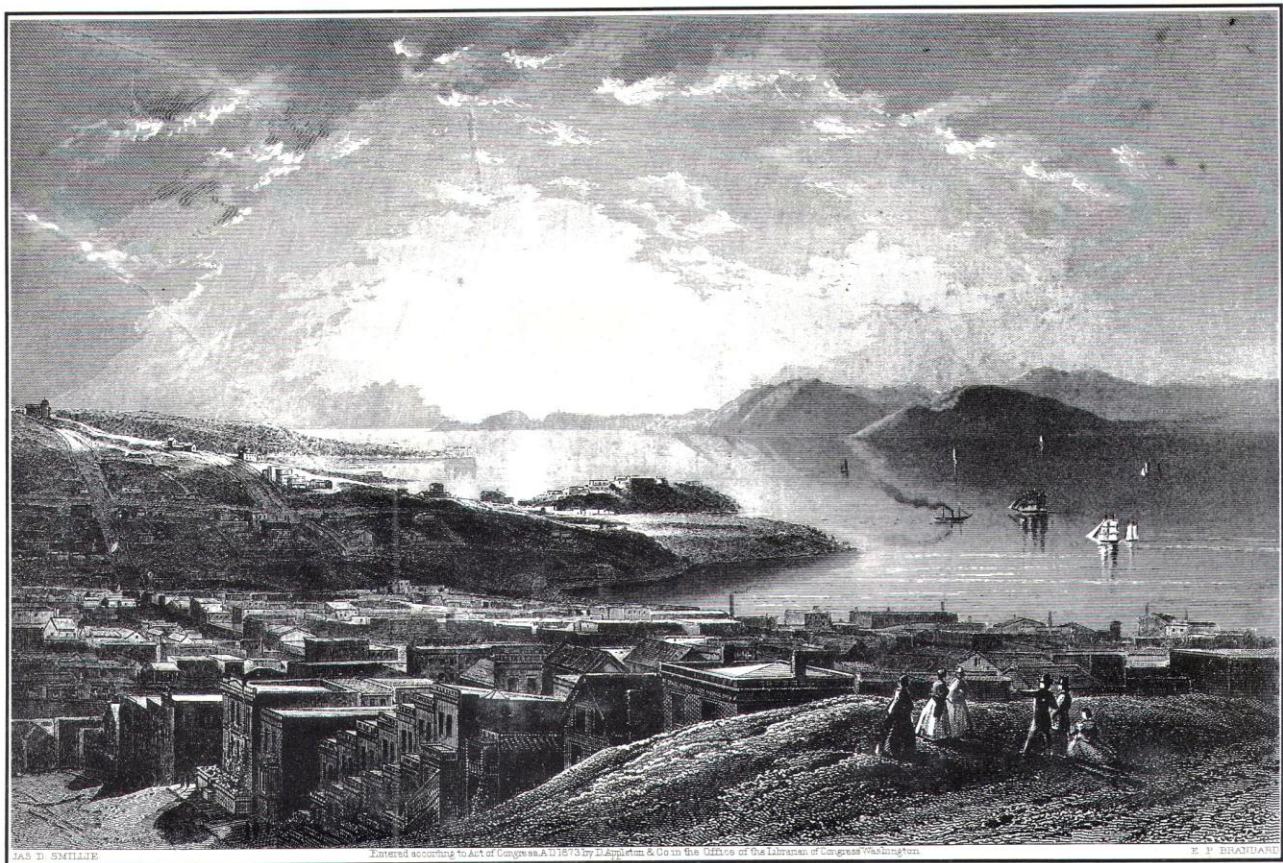
DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
March 1990 - San Francisco California - Established 1877

Old Timers Then and Now - See Pages 6 & 7

Dolphin Club Board Establishes New Fund To Preserve Aquatic Park Water Quality *Dolphins Are Urged to Contribute*

- See Story Page 3 -



Etching Courtesy of Dolphin Padraic Doyle

The Golden Gate (from Telegraph Hill) Circa 1873

Letters to the Dolphin Club

Correspondence of Note For the Dolphin Club Membership



The Dolphin Log

Editor: Jeffrey Howard Heth
Photographs in this issue are by
Barbara Keller

Published By
The Dolphin
Swimming & Boating Club Inc.
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

1990 Officers
President - Peter Bianucci
Vice President - Meg Reilly
Treasurer- Lorna Newlin
Recording Secty - Elmer Tosta
Financial Secty- Jeffrey Heth
Boat Captain- Cliff Jennings

Board of Governors

Jon Bielinski
Ken Coren
Jerry Cullen
Colin Gift
Don Harrison
Liam Hennessy
Stan Hlynsky
Jim Hulihan
Dan Osborne

Dear Editor, Dolphin Log

I believe the completion of the Club's new facility presents a unique opportunity for Club members to be able to match a name with a face and vice versa. I suggest using one of our new walls to post every member's photo with their name below it.

We've all had the experience of nodding hello to various members for months on end, but not knowing the names. Alternatively, a member's name will come up, but you can't match the name to a face. I have been a member for over four years, and would like a way to eliminate this problem.

I feel the use of photos with name captions would do this, increasing a sense of camaraderie among members, and perhaps making new members feel more welcome, all at minimum cost. The Club could engage a professional photographer (hopefully a Club member) for set hours rotating throughout a one-month period, and thus all pictures would be in an identical format.

Cordially, Elliot B. Evers

Dear Editor, Dolphin Log

My wife, Deneen Regina and I want to thank the officers, members and volunteers of the Dolphin Club for making "Old Timers' Night", 1990 the success it was.

It was a pleasure for me (born 1918) to rub elbows with my "over the hill gang" and this is not said in a pejorative manner but with deep love and admiration.

My good father brought me to the Club when I was ten years of age and I became a paying member when I was seventeen (the rules then).

So you can see I had many years playing water polo, swimming the Golden Gate, rowing and playing handball with these "Dolphin legends".

I would be foolish to name names in fear I would forget one or two.

However, I must salute Dick Harms (born 1899) for his youthful appearance and generous check to the Club.

Oar's Up, Mike Desmond, 1/23/90



The man from "down under", John Davies is all smiles before a swim.



A new member to the Club helps with the rowboats at a Club swim.



1990 Boat Captain and newly wed Cliff Jennings is the man in charge.

Preservation Fund Created -- Please Give

by Vice President Meg Reilly

On February 12, 1990, the Board of Governors of the Dolphin Club approved establishing **The Aquatic Park Preservation Fund**. The fund will consist entirely of donations made by members and other interested persons.

The fund's purpose is to provide financial support for any and all actions or matters deemed appropriate by the Board of Governors to promote the protection and/or preservation of Aquatic Park and its surrounding waters or the Dolphin Swimming and Boating Club.

By way of background, most members are aware of the proposed Fisherman's Wharf Seafood Center project. The Board and many members recognize this project (as proposed) to be a severe threat to Aquatic Park water quality and, in turn, to the very survival of the Club. The Board also foresees expansion of the historic ship fleet in Aquatic Park as an issue which requires close monitoring.

In short, the on-going need for the Club to act as "watchdog of our

swimming hole" is clear. The demands of time and of expense which have been generated by the Port Project alone are substantial. However, this type of "watchdog" activity is an unavoidable necessity for the protection of the Club's

Spring Pot-Luck Fund Raiser

All you Dolphins!!! Come to the Spring Potluck Fund Raiser to benefit the Dolphin Club's new Aquatic Park Preservation Fund (see story this page for details).

The event will be held Saturday, April 21. The bar opens at 4 p.m. and the Bar B Q will be ready to use at 6 p.m. Please bring an appetizer, salad, main dish or dessert to share!

Music for listening and dancing will be provided by Dolphin Karen Drucker and her band from 8 to 11 p.m.

Suggested donation is \$10.00 per Dolphin or guest.

Volunteers are needed for set-up and clean-up; please see Mike DiNunzio, Stan Hlynsky or Mimi Osborne.

future.

The Board of Governors has established the **Aquatic Park Preservation Fund** as a method of insur-

ing that the Club is financially ready to meet the challenges of protecting and preserving Aquatic Park, its surrounding waters and the Club itself. All expenditures will be subject to Board supervision and applied to the stated fund's purpose.

How can you help? In any or all of the following four ways:

1. You have received a mailing asking for donations to the fund. Please respond with all the generosity you can.

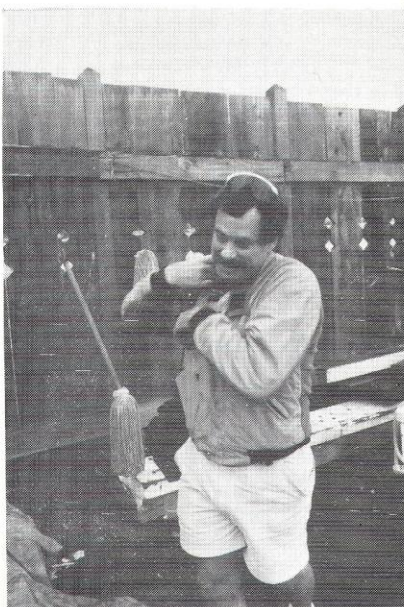
2. The Club plans a "Spring Fling" pot luck on April 21, 1990. Your donation of \$10.00 at the door will go directly to the fund.

3. If now is not the best time for your donation, please remember the fund and donate when you can. Just make a note on your check that it is for the **Aquatic Park Preservation Fund** and send it to the Club's treasurer, Lorna Newlin.

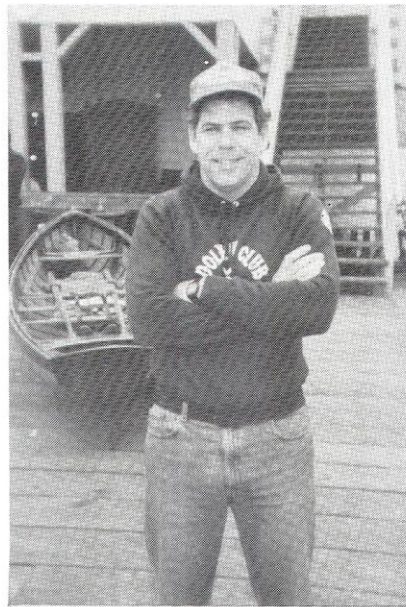
4. If you can help the Club stay educated on issues of water quality, development in Fisherman's Wharf and other issues that affect the Club -- please do! Your interest and support in this regard are the Club's most valuable assets.



Nickola Pavicic makes his presence known in the Club's galley.



This years' keeper-of-the-swim-scores is Jim Mason.



Mike Webb (incorrectly identified as Mike Buck in a recent Log) pilots on many swims.



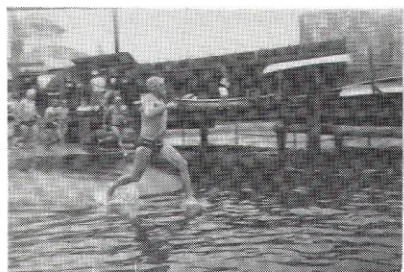
The man with the big spectacles is Phil Hernandez.



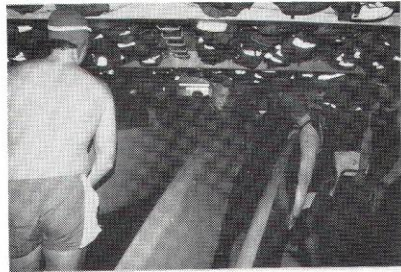
Reuben Hechanova and a vocal Susan Cobb before a swim.



The boys from Berkeley, Peter Brigham (left) and Tom Martz.



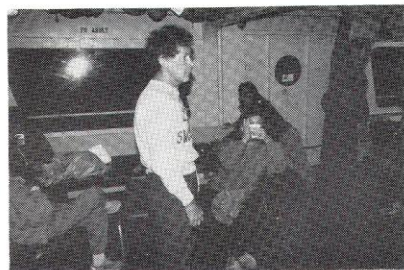
Speedy John Selmer dashes into the beginning of a swim.



Young Brad Vogt of Navy fame helps other Dolphins with the paddle boards.



Lined up from left to right are Jim Hulihan, Jon Nakamura, Alan Budenz & unidentified Dolphin.



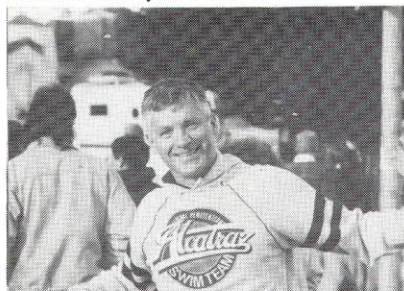
Active Dolphin member Eduardo Barranco on the boat at last year's Golden Gate.



Liz Ann Zirker and David Claman share a cozy table on board the Golden Gate boat.



Young Molly Selmer is getting the Dolphin spirit at an early age.



Mike Rollieri completed well over 200 miles in this year's Polar Bear swim.



Joe Ferrero is all smiles at a recent Club's swim event.



John Selmer in the corner of the Staib room with daughter, Molly.



Party mammals Mike DiNunzio, Reuben Hechanova and Marcia Grim.



Patty Fuji and Ann Tingley stay warm before a swim.



Brad Vogt, Terry Kleid and unidentified member on the Golden Gate boat.

Numerous Events Dot Dolphin Seascape

Thirty four Dolphins splashed into the new year with the annual New Year's Day Alcatraz Swim. As the rains cut loose, so did Suzanne Heim. In just 26.5 minutes, she notched her flipper with yet another victory. The Cove Swim proved equally popular with thirty three swimmers, led by the human popsicle Daniel Osborne, chilling those hangers away in anticipation of the traditional Dolphin doughnut breakfast.

While Superbowl Sunday proved predictable and repetitious in one respect, it also ushered in the newest of Dolphin traditions, the Mid-Winter Gas House Cove Swim. Led by compact Jon Nakamura, forty nine Dolphins braved the chilly and treacherous Bay currents in performances only the 49ers could match. However, those Dolphins searching for a real challenge found the Mid-winter Cove lurking.

Morning descended like split pea soup, making for one of the most challenging cove swims in memory. With visibility down to a few yards at times, swimmers and pilots searched for buoy markers like the proverbial needle in a haystack.

With most of the competition taking the scenic route, David Claman easily threaded the needle to victory. After last year's bone chilling Polar Bear season when 57 brave Dolphins risked life and flipper for a polished marble block, 1989-'90 has been a

tepid disappointment. With temperatures dipping into the forties

Notes From an Assistant Swim Commissioner



Ever since I've been helping out at the Dolphin Club swims, I've been overwhelmed with people wanting to help out (even non-members). Now we all know that it takes two "helps" to qualify for the "big" swims of the year, but the optimist in me sees a great number of people who just want to be involved.

But the sad fact is, I can only dole out a set number of "helps" each swim, so let's make an agreement: Show up early and you'll get to help. Early means ten to fifteen minutes before swimmer check-in. My optimism in human nature diminishes as the morning goes on and hits bottom when the swim has already started and someone shows up and volunteers to "help".

So let's try this new arrangement and see how it works. I'm available for suggestions. Keep that "helper enthusiasm" alive!

Gina Bianucci Rus
Assistant Swim Commissioner

for only the briefest of moments, Dolphins everywhere searched for a challenge. Polar Bear champ Mike Roller found his racking up 200 plus miles the usual way, two

to three hours per swim. On a more sublime level, big John Selmer managed to earn his cherished block while swimming the backstroke exclusively. Next year... all butterfly??

Unfortunately, the failure of the "domestic Dolphin" proposition in last year's election left many other Dolphins scrambling for those last few precious miles. As usual the use of "winter" miles or the sharing of miles will be frowned upon by the audit committee.

Looking ahead, numerous events dot the Dolphin seascape. As always, members, families and friends are encouraged to come early and often, if only to help out and cheer for the swimmers. Looking far ahead, spectators will be welcome on the Alcatraz and Golden Gate swims' Blue & Gold boats.

Swim Notes

- Masters membership is required for the Trans-Tahoe Relay on July 14 (note date change since the previous Dolphin Log) and the Santa Cruz Pier Swim on August 4.

- Swim fees are \$30.00; six months membership is required to participate in scheduled swims.

- Orange caps are required for all out-of-the-cove swims.

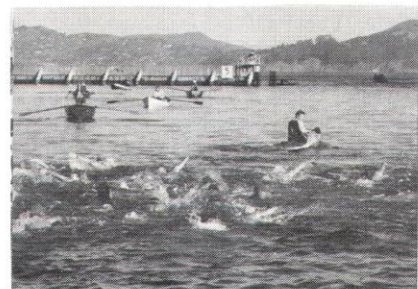
David Zovickian
Head Swim Commissioner



Vicky Smith relaxes before a swim in the Stair room.



Liz Ann Zirker hams it up for the camera on the Golden Gate boat.



Splish splash they were taking a swim, long about Saturday morning.

Old Timers' Dinner - December 3, 1960



- Then -

Left Page - Dec. 3, 1960

Back Row Left to Right:

1. **Andy Dunne** - Joined Dec. 1930 - Fireman - Chef at many Club affairs - Died May 15, 1981.
2. **Charles "Bud" Sterling** - Joined Feb. 1915 - Worked for California Packing Co. - Oarsman, Officer and very active in Club activities - Died Feb. 19, 1967.
3. **Pete Lucchesi** - Joined Apr. 1931 - Worked for Bank of America - Died Jan. 6, 1984.
4. **Al Oliva** - Joined June 1915 - Insurance Broker - Died Nov. 8, 1973.
5. **Dick Harms** - Joined July 1920 - In Real Estate - Was at the 1990 Old Timers' Dinner.
6. **Carl Ludemann** - Joined Jan. 1920 - Sales Representative - The only Dolphin in the Club's history to attain 70 years membership. No one at the 1989 Old Timers' Dinner will forget his spirit.
7. **Dino Landucci Sr.** - Joined Feb. 1935 -

Worked in Produce Market - Club Officer, Oarsman, and Handball Player (still covers the court in his mid-eighties).

8. **Eugene "Duke" Chelini** - Joined May 1934 - Truck Driver - Oarsman - Died Mar. 12, 1973.
9. **Wally Smith** - Joined May 1917 - Electrician - Oarsman and swimmer. Was in first Golden Gate Swim (1917). Served later in the Occupation forces in Germany after W.W.I and returned to swim in many later Golden Gate Swims. A very active Club member - Died Dec. 6, 1978.

Middle Row Left to Right:

1. **Marcus Hein** - Joined Jan. 1919 - Electrician - Died June 22, 1979.
2. **Paul Silvester** - Joined Aug. 1930 - Cleaning Establishment - Perennial Golden Gate Swimmer and Golfer.
3. **Hector Stephen** - Joined Nov. 1933 - Furniture sales - Club officer and Golden Gate Swimmer. Died Mar. 31, 1983.
4. **Tom Troneum** - Joined Aug. 1925 - Steel

Worker - Club Officer, Championship Oarsman, and Gate Swimmer. Died May 18, 1985.

5. **Ted Monell** - Joined July 1920 - Attorney-Swimmer (made about 40 Gate crossings) and handball player. Died in the arms of his swimming pals after an early morning swim Dec. 31, 1966.
6. **Elmer Gunther** - Joined Oct. 1919 - Insurance Broker - Died June 3, 1987.
7. **Russ Channing** - Joined Apr. 1929 - Insurance business - Died Dec. 9, 1966.
8. **Constantine "Tex" Alexander** - Joined Sept. 1931 - Printer - Golden Gate Swimmer. Was present at 1990 Old Timers' Dinner.
9. **Cliff Quist** - Joined Oct. 1935 - Painter - Gate Swimmer before and after W.W. II. Overcame severe war injuries by swimming. Unfortunately Cliff has been in poor health recently.
10. **Bill Mahood Sr.** - Joined Oct. 1931 - Oakland Policeman - Gate Swimmer known for covering his body with axel grease prior to swims - Died Dec. 26, 1966.

Old Timers' Dinner - January 20, 1990



OLD TIMERS DINNER JAN. 20th, 1990 LIFE MEMBERS - 25 YEARS OR MORE
(VANO PHOTO S.F.)

History Compiled by Walt Schneebeil

- And Now -

Front Row Left to Right:

1. **John Demartini** - Joined Sept. 1928 - Baker - Believed to have died in the 1960's.
2. **Lawton Hughes** - Joined Mar. 1919 - PG & E Executive - Champion Oarsman, Swimmer and Club Officer. One of the Dolphin "Greats". A very active member - Died Aug. 7, 1982.
3. **Syd Foster** - Joined Mar. 1913 - Harbor-master - Swimmer, won the 1921, 1922 and 1924 Dolphin Golden Gate Swims. When he died June 18, 1973, his ashes were strewn in the waters of the Golden Gate where he had always felt at home.
4. **Dr. A.W. Ward** - Joined Mar. 1904 - Dentist and active Conservationist - Died Nov. 7, 1973 with 69 years Dolphin Club membership.
5. **Jerome White** - Joined May 1909 - Attorney - Died Aug. 3, 1972.
6. **Frank Bordenave** - Joined Aug. 1910 - Salesman - Died Dec. 28, 1961.
7. **Roger "Joe" Giovannoni** - Joined Dec. 1924 - Produce Merchant - Club Chef - Died

July 30, 1963.

8. **Tim O'Shea** - Joined Dec. 1930 - Fire Captain - Handball Champ, Club Officer - Died May 17, 1967.
9. **Virgil "Louie" DeMartini** - Joined Dec. 1919 - Fireman - Oarsman, Handball player and Club Chef - Died Nov. 23, 1961.
10. **Andy Demo** - Joined Feb. 1927 - Fireman - Gate swimmer and Handball player - Died Feb. 14, 1984.

Right Page- Jan. 20, 1990

Back Row Left to Right:

1. **Walt Schneebeil** (1948)
2. **Rico "Moon" Passanisi** (1954)
3. **Dino Landucci Jr.** (1948)
4. **Rudy Capriotti** (1952)
5. **Bob Cervarich** (1958)
6. **Bob Hoff** (1960)
7. **Sal Cannizzaro** (1955)
8. **Charles Korelec** (1954)
9. **Tom Gould** (1956)

10. **Pete Bianucci** (1962)

Middle Row Left to Right:

11. **"Tex" Alexander** (1931)
12. **Richard Fossatt** (1961)
13. **Frank Drum** (1958)
14. **Walt Stack** (1965)
15. **Dino Landucci Sr.** (1935)
16. **Frank Mennucci** (1941)
17. **Mike Scafani** (1938)
18. **Charles Wildberger** (1965)
19. **Andy Camous** (1932)
20. **Dan Murphy** (1958)

Front Row Left to Right:

21. **Pete Campana** (1938)
22. **Pat Clancy** (1963)
23. **Roland Demarais** (1946)
24. **John Duignan** (1951)
25. **George DeGear** (1948)
26. **Dick Harms** (1920)
27. **Don Baggiani** (1935)
28. **"Duke" Dupuis** (1935)
29. **Joe Bruno** (1933)



A jaunty Larry Alioto enjoys the camaraderie at a Club swim event.



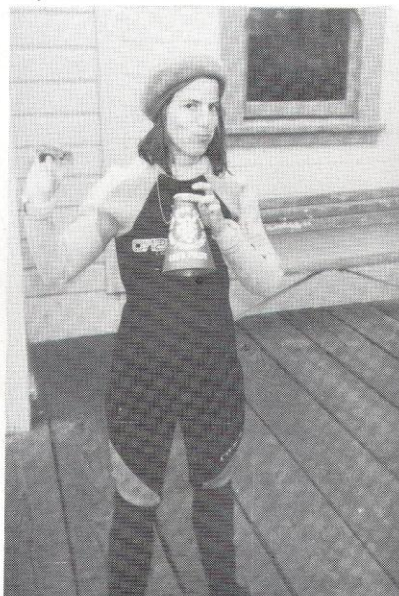
Emily Sagar can smile this well because she's very warm in her wet-suit.



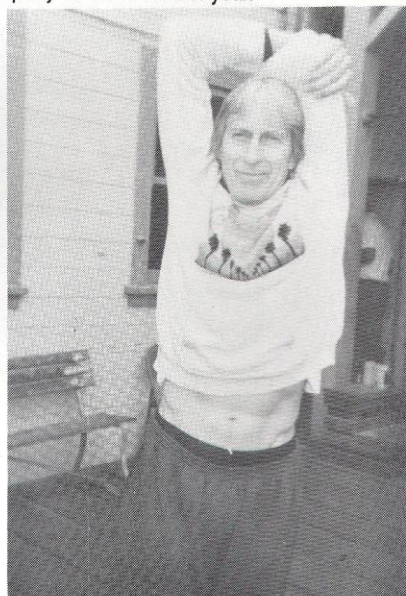
Dolphin Club Marine Corp members staged a party on the deck last year.



The Dolphin with the high energy level is George (strong like ox) Kebbe.



Marcia Grim can't keep a straight face when the Club's photographer comes around.



Long and lean, Bob Danielson limbers up that patented backstroke before a swim.



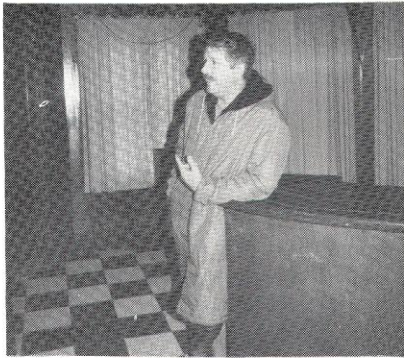
Susan Cobb strikes a pleasing pose on the Club's dock.



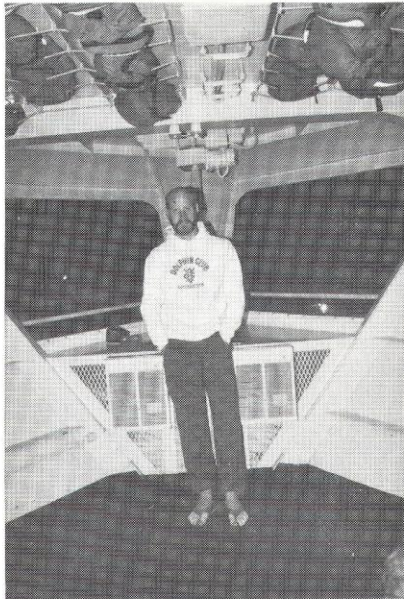
Happy Pete Neubauer basks in the limelight in front of the Club's new boathouse.



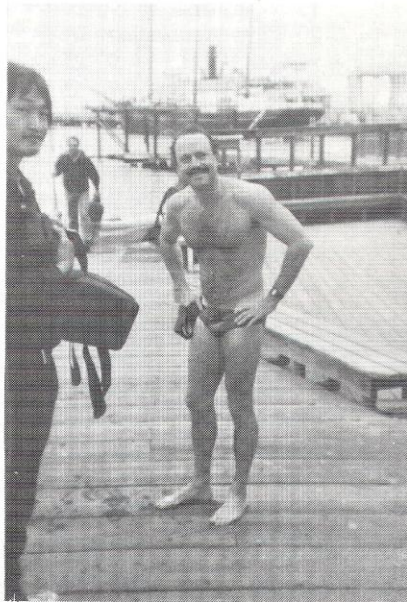
Phil Kohlenberg is taking no chances on getting cold at a Club swim event.



Speedster Ed Urban is conserving energy before a swim event.



Alan Budenz is dead center on the Golden Gate swim boat.



Former head swim commissioners Phil Rollins and Vince Huang in the foreground.



Lovely Helene Marchant enjoys the comfort of a Staib Room easy chair.



Anna Henry has been an active Dolphin since joining the Club.

If I Was A Dolphin by John Sullivan

If I was a dolphin, was I was I
I'd swim and leap up towards the sky
To feel the spray and not care why
The oceans move or sea birds cry

If I were a dolphin, I'd really be free
To spend all my time swimming the sea
Leaving the city well off to the lee
Gladly turning in my apartment key

If I was a dolphin, I'd be part of a school
We'd all get along without many rules
No time for jealousy or being cruel
Dancing through the waves like so many jewels

If I were a dolphin riding the swell
It would be easy to say go to hell
To mankind, the hustler, always ready to sell
The world is his oyster he's been heard to yell

If I was a dolphin and could drive off a shark
Dealing with man should really be a lark
But as we all know his heart can be dark
Killing dolphins, polluting, that's making your mark

If I were a dolphin laying off the gate
Wanting to come in but something makes me wait
There's too much in the water I really do hate
Perhaps it might be better to try another date

If I was a dolphin feeling the breeze
That wondrous element that moves the trees
And the waves would leave me seized
By unspeakable joy, utterly pleased

If I were a dolphin breathing the air
Yet living in water, an unusual lair
And doing all this with nary a care
The really smart mammals don't have any hair

If I was a dolphin swimming on down
It's darker and darker with almost no sound
But great numbers of fish do below abound
Abundant creation, it's all around

If I were a dolphin eating my fill
Enjoying my meal, assured of no bill
Well there's my cousin Willy, that old swill
He's a'chomping and a'slurping that marvelous krill

If I was a dolphin living on the run
Wind and wave beside me, all underneath the sun
The life is simple yet exciting and lots of fun
We spin and roll and romp until the day is done

If I were a dolphin living in the deep
Trying when I can to catch some sleep
So much is going on that just won't keep
There has to be the time for one more leap

If I was a dolphin living day to day
It wouldn't be neurotic but the only way
My relatives wouldn't bug me, they'd have nothing to say
About my jumping in the surf or playing by the quay

If I were a dolphin and you heard me speak
You might get the feeling that I hardly move my beak
Well subtlety of speech is much too neat
For one who needs deodorant and has to wash his feet

If I was a dolphin about to awake
Seeing light from the sun about to make
Shafts of light appear like a rake
The frothy surface the top of a cake

If I were a dolphin and saw a club in my name
You wouldn't find me flattered living with the fame
Concern with an image is something rather lame
Diving smoothly through the waves there's the better game

Dolphin Swim Statistics

Alcatraz New Year's Day 1990

1	Suzanne Heim	26:30
2	John Davies	28:29
3	Brett Graessle	30:25
4	David Claman	30:28
5	Jon Nakamura	31:24
6	Paul Watts	31:40
7	Chris Chorak	31:41
8	Alan Budenz	32:17
9	Laura Merkl	33:10
10	Joe Ferrero	34:35
11	Greg Cohelan	34:38
12	Bob Colyar	34:52
13	George Kebbe	34:14
13	John Selmer	34:14
15	Meg Fitzgerald	36:10
16	Ed Urban	36:19
17	Elmer Tosta	37:06
18	Phil Rollins	37:35
19	Jim Lino	37:45
20	Kate Coleman	37:56
21	Conrad Von B	38:31
22	Mike Webb	39:12
23	Liz Ann Zirker	40:15
24	Pete Neubauer	41:01
25	John Sullivan	42:40
26	Rich Antonchuk	42:41
27	Eric Groneman	43:00
28	Mark Lubiszewski	43:34
29	Susan Cobb	45:08
30	Wendy Kress	45:08
31	Herb Madden	47:02
32	Bill Callahan	48:38
33	Tom Martz	51:21
34	Mike Roller	60:22

Pilots

Jay Earnhardt
Fred Muller

Susan Allen
Padraic Doyle
Sam Cuddeback
Jerry Fisher Smith
Linda Stanely
Bob Danielson
Sam Lawson
Carol Block
Eric Shackelford
Jerry Block
Colin Gift
Chris Morris
Bob McKenzie
Harry Louie
Don Harrison
Dan Osborne
Jon Belinski
Brian Marin
Alan Brown
Ken Coren
Gerald O'Dwyer
Bob Hoff
Jim Growden
John Horner
Neil Hartnett
Eduardo Barranco
Jeremy West
Tracy Cambroni
Mike DiNunzio
Andy Lauritzen
Pete Bianucci
Bill Rus
Jerome Duffy
Karen Boyer
Cliffy Jennings
Randy Pinetti
Stan Hlynsky
Pete Applegate
Tom Martin

Boat Launch & Pull

Keith Weaver
Jeremy West
Sam Lawson

Marie Zahler

Test Swimmers

David Zovickian
Tim Callahan
Mike Roller

Test Pilots

Don Harrison
Stan Hlynsky
Jon Belinski
Bill Rus
Bob Danielson
David Zovickian

Check In

Suzanne Heim
Laura Merkl

Kitchen

Duffy
Alan Brown
Marie Zahler
Don Harrison
Cecoo
Lorna Newlin
Tracy Cambron
Jeremy West
Dave Copeland
Ken Coren
Phil Kohlenberg

Stick Operator

Jason Colyar

Timers

Meg Reilly
Mimi Osborne
Kent Rogers

Recorders

Pavla Podolska
Lorna Newlin

Clean Up

Lou Marcelli

General Help

Gina Bianucci
Tim Callahan
Jack Giacomini
James Mason

New Year's Day Cove

1	Dan Osborne	17:24
2	John Selmer	17:28
3	Elmer Tosta	18:33
4	Eric Shackelford	18:46
5	Tom McGraw	18:49
6	Pete Neubauer	18:50
7	David Copeland	19:44
8	Peter Brigham	20:03
9	Susan Anson	20:08
10	John Horner	20:08
11	Lorna Newlin	21:01
12	Kent Rogers	21:40
13	David Zovickian	21:41
14	Sue Garfield	21:42
15	P. Bridges	22:05
16	Don Harrison	22:19
17	W Schneeby	22:30
18	Larry Alioto	23:43
19	Roger Kleid	23:59
20	Steve Worthington	24:51
21	Fred Muller	25:04
22	Jeff Heth	25:16
23	Bill Powning	25:33
24	Kevin Hartnett	25:37
25	Era Osibe	25:54
26	Sandy Lemkuhl	26:03
27	Bob Hoff	27:33
28	Keith Weaver	27:44
29	Will Powning	27:46
30	Steve North	28:20



Dodi Marosi and unidentified spectator watch a swim event.



Herb Madden, Bill Powning and in the foreground Joe Bruno travel in style to a swim.



Charlie Martin is having a great time at a Club swim event.

31 Bob McKenzie 30:08
 32 Pavla Podolska 31:06
 33 Joe Bruno (Short)

Cove Helps

Sticker

Con. Von Blankenberg

Timers

George Kebbe
 Joe Ferrero

Recorders

Suzanne Heim
 Mike Webb
 Meg Fitzgerald

Results

Mary Heth

Surf Ski

Bill Rus

Gas House Cove

Jan 28, 1990

1 John Nakamura 17:47
 2 Paul Watts 18:24
 3 John Selmer 18:25
 4 Terry Watts 18:38
 5 Alan Budenz 18:44
 6 Joe Ferrero 19:26
 7 Daniel Osborne 19:52
 8 Mike Webb 19:57
 9 Jim Lino 20:14
 9 Joni Beemsterboer 20:14
 11 Conrad Von B 20:22
 12 Elmer Tosta 20:46
 13 Kate Coleman 20:51
 14 Pete Neubauer 20:55
 15 Rich Antonchuk 20:56
 16 Eric Groneman 21:09
 17 Alan Liss 21:15

18 Tom McGraw 21:28
 19 Charlie Martin 21:35
 20 Eduardo Barranco 21:39
 21 Peter Brigham 21:55
 22 Scott Anderson 22:17
 23 Ann Tingley 22:21
 24 Marcia Grimm 22:32
 25 Mike Mitchell 22:43
 26 Helene Marchant 22:52
 27 Larry Scroggins 23:08
 28 Roger Kleid 23:32
 29 Steve Lathram 23:52
 30 Bill Callahan 24:18
 31 Kent Rogers 24:18
 32 Walt Schneebli 24:35
 33 Bob Derham 25:02
 34 Susan Garfield 25:22
 35 Jim Weil 25:57
 36 Dodi Marosi 26:11
 37 Larry Alioto 26:37
 38 Mike Roller 27:00
 39 Era Osibe 27:07
 40 Chuck Vogt 28:11
 41 Jim Sancimino 28:59
 42 Jim Kuklok 29:44
 43 Bob McKenzie 29:59
 44 Steve North 30:07
 45 Bill Powning 30:58
 46 Keith Weaver 31:12
 47 Pavla Podolska 31:25
 48 Joe Bruno 31:58
 49 Mike DiNunzio 33:23

Pilots

Hal Irish
 Rich Cooper
 John Sullivan
 Nikola Pavicic
 Ken Coren
 Jeremy West
 Tracy Cambron
 Jerome Duffy Ned
 Hoffman
 Andy Camous
 Randy Pinetti
 Sam Lawson
 Bill Rus
 Colin Gift
 Don Harrison

Mary Cantini-Norkin
 Bob Danielson
 Patty Fuji
 Brett Graessle
 Herb Madden
 Jay Earnhardt
 Susan Allen
 Emily Sagar
 Pete Bianucci
 John Davies
 Padraic Doyle

Transport

Barbara Keller
 Pete Bianucci

Set Up- Equip/Boats

Stan Hlynsky
 George Kebbe
 Sam Lawson
 on Belinski
 Conrad Von B

Stick Hand Out

Rick Crafts
 Megan Hulihan

Recorder

Jim Hulihan
 David Copeland

Check In

Bill Rus
 Chuck Vogt
 Gina Bianucci
 Lorna Newlin

Kitchen

Ned Hoffman
 Cecco
 Duffy

Photos

Barbara Keller

General Help

Ruben Nechanova

Joe Bruno
 Joe Ferrero
 Alan Budenz

Test Swim

Colin Gift
 Mary Cant-Nork

Pilots for Test

Don Harrison
 Randy Pinetti
 Stan Hlynsky
 Ned Hoffman

Mid- Winter Cove

Feb 10, 1990

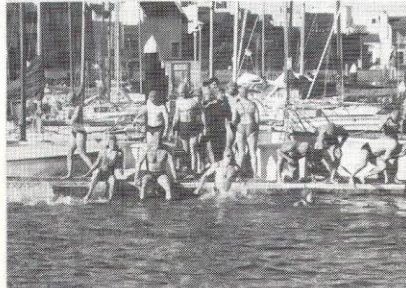
1 David Claman 20:17
 2 John Selmer 22:08
 3 Alan Budenz 22:15
 4 Mike Webb 22:32
 5 Kate Coleman 22:36
 6 Eric Groneman 22:49
 7 Dave Zovickian 22:59
 8 Joni Beemsterboer 23:50
 9 Jim Lino 24:21
 10 Peter Campbell 25:44
 11 John Horner 25:49
 12 Colin Gift 26:01
 13 Herb Madden 26:06
 14 Dodi Marosi 26:54
 15 Tom Martz 26:57
 16 Kent Rogers 27:48
 17 Phil Fernandez 28:06
 18 Fred Muller 29:40
 19 Mike Roller 32:45
 20 Bill Powing 35:50
 21 Chuck Vogt 36:30
 22 Joe Bruno 37:27
 23 Will Powning II 39:34
 Tom McCarty DNF

Pilots

Mike DiNunzio
 Eduardo Barranco
 Ken Coren
 Padraic Doyle
 Gwen Passano
 Marcia Grimm
 Bob Danielson
 Susan Cobb
 Wendy Kress
 Ed Urban



Emily Sagar (left) and a very animated Susan Allen clown for the camera.



Dolphins clutter the dock at Pier 41's starting line.



1990 Swim Schedule



<u>Date</u>	<u>Event</u>	<u>Jump-Off</u>
December 21, 1989.....	Polar Bear Swim Starts	
January 1 (Mon.).....	New Year's Day Cove Swim.....	9:00 a.m.
January 1 (Mon.).....	New Year's Day Alcatraz	8:00 a.m.
January 28 (Sun.).....	✓ Mid-Winter Gas House Cove Swim.....	9:30 a.m.
February 10 (Sat.).....	Mid-Winter Cove Swim.....	9:00 a.m.
March 18 (Sun.).....	✓ Pier 41.....	8:00 a.m.
March 24 (Sat.).....	Spring Cove.....	9:00 a.m.
April 1 (Sun.).....	✓ Pier 39.....	8:00 a.m.
April 22 (Sun.).....	✓ Yacht Harbor.....	7:30 a.m.
May 5 (Sat.).....	✓ Dick Beeler Crazy Cove.....	9:00 a.m.
May 26 (Sat.).....	✓ Crissy Field.....	10:00 a.m.
June 1.....	100 Mile Swim Starts (ends October 31)	
June 9 (Sat.).....	✓ Doc Howard--Over 45 - From Gas House Cove.....	10:00 a.m.
June 22 (Fri.).....	✓ Twilight Cove - BBQ to Follow.....	6:00 a.m.
June 24 (Sun.).....	Qualifier Cove For July 8 Fort Point Swim.....	9:00 a.m.
July 8 (Sun.).....	✓ Fort Point.....	8:45 a.m.
July 14 (Sat.).....	Trans Tahoe Relay.....	TBA
July 29 (Sun.).....	Over 60 Cove.....	9:00 a.m.
August 4 (Sat.).....	✓ Santa Cruz Pier Swim.....	TBA
August 10 (Fri.).....	✓ Twilight Pier 41 and Pilot Appreciation Dinner.....	6:00 p.m.
August 11 (Sat.).....	Escape From Alcatraz Triathlon.....	TBA
August 26 (Sun.).....	Handicap Cove.....	9:00 a.m.
September 14 (Fri.).....	✓ Twilight Gas House Cove.....	6:00 p.m.
September 29 (Sat.).....	Golden Gate I - Fast Day.....	9:15 a.m.
September 30 (Sun.).....	Golden Gate II - Slow Day.....	9:45 a.m.
October 13 (Sat.).....	Alcatraz.....	9:15 a.m.
November 10 (Sat.).....	Annual Swim/Pilot Appreciation Dinner.....	Evening
November 22 (Thurs.).....	Thanksgiving Day Cove.....	9:00 a.m.
December 10 (Sun.).....	New Year's Day Alcatraz Qualifier.....	9:00 a.m.

Note: Jump-off times are subject to change -- TBA means "To Be Announced"

Swim Program Rules

1. Club scheduled swims are restricted to club members only.
 2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
 3. Swimmers must be members in good standing with dues current and swim fees paid.
 4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
 5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
 6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
 7. Swim sign-up sheets are posted two weeks prior to each swim.
 8. Time limits are imposed and enforced for all swims.
 9. All club boats are reserved for scheduled swims; riders are prohibited.
- Additional qualifications for Alcatraz and Golden Gate Swims •**
10. In-town members must successfully complete 2 swims marked with a check mark (✓) and one other scheduled swim and pilot or help on at least 2 others.
 11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
 12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

Dolphin Swimming & Boating Club

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

RICHARD B. COOPER
1140 FILBERT ST.
SAN FRANCISCO
CA 94109

BULK RATE
U.S. POSTAGE
PAID
San Francisco
California 94109
Permit No. 1020



DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
June 1990 - San Francisco California - Established 1877

Dolphin Bulletin Board

Miscellaneous News and Notes For the Dolphin Club Membership



The Dolphin Log

Editor: Jeffrey Howard Heth
Photographs in this issue are by
Barbara Keller

Published By
The Dolphin
Swimming & Boating Club Inc.
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

1990 Officers
President - Peter Bianucci
Vice President - Meg Reilly
Treasurer- Lorna Newlin
Recording Secty - Elmer Tosta
Financial Secty- Jeffrey Heth
Boat Captain- Cliff Jennings

Board of Governors
Jon Bielinski
Ken Coren
Jerry Cullen
Colin Gift
Don Harrison
Liam Hennessy
Jim Hulihan
Dan Osborne
Bill Rus

On The Cover of the Dolphin Log

The great shot of a swimmer churning through the Bay is by new Dolphin Club member, Bob Kaufman.

Women's Locker Room Clean-Up

The recent and much needed women's locker room clean-up was organized by Marie Zahler and the women who participated were Marie, Vicki Smith, Suzy Royce, Barbara Keller, Nancy Hornor, Gwen Volkman, Margie Spiegelman, Anne Sasaki, Laura Merkl, Kate Coleman, Marcia Grimm and Mimi Osborne. Plans are to do the same twice yearly.

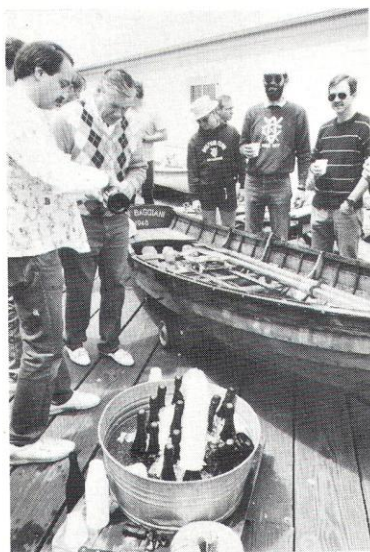
New Members Place Well In Sacramento Race

On May 12, John Amory and Claude Sirlin, two new club members made their Dolphin racing debut in Sacramento at the United States Rowing Association Southwest regionals championships. Amory and Sirlin are both medical students at U.C.S.F., and joined the Club in order to continue rowing after college. Competing in the Men's Intermedi-

ate single, Sirlin and Amory took third and fourth out of a ten boat field -- an encouraging finish as their prior experience had been solely in the larger eight-oared shells raced in intercollegiate events. In addition, the duo were racing in the club's sturdy but heavy boats; craft which have affectionately been termed the "Schwinn of Sculls". Although Sirlin narrowly edged his friend in Sacramento, a determined Amory has been seen logging many extra training miles out of the Lake Merced boathouse in anticipation of their next race.

Weight Room Improvements

Weight room commissioner Roger Battaglia has lobbied successfully to the Board of Governors for the purchase of three new stationary exercise bicycles (Monark Model 817) to replace the worn out, rusted and nearly unserviceable bike which had seen better days. Other weight room improvements include the new paint job on the weights (see photo this page).



A group of Dolphins celebrate the renaissance of the Baggiani.



Boat House Captain and newlywed Cliff Jennings -- a most active Dolphin.



Roger Battaglia and George Galarza (standing) give the weights a new coat of paint.

Public Access Policy Decisions Face Club

by Vice President Meg Reilly

Once again, the Club's board and officers look to the membership for guidance and support. There is an upcoming public hearing to be held at the Dolphin Club at 6:30 p.m. on July 16, 1990. Read on. I think you'll agree that the entire membership should plan to attend.

As you may know, the Club's landlord is the City Recreation and Parks Department. As you probably do not know, Rec and Parks has decided to revisit the Club's "public access" policy, which was put in place about 10 years ago. What does this mean? We're not sure. However, Rec and Parks appears to want to expand public use of the Club. This might include public use of Club boats, expanded public access hours, participation of the public in Club sponsored events and the right of private event sponsors to hold events at the Club.

The following is just one person's (my own) assessment of this situation:

Q: Why does the Club have "public access"?

A: It's a long story. In brief, because of a clause in the deed to the property on which the Club sits, and because the Club is the City's tenant, the Club has a duty to allow

board's position, there is a 1982 court opinion which decided that Club members can have greater rights than the public when there are justifiable reasons.

Q: What are some justifiable reasons why the Club could grant the public lesser rights than members?

A: To quote the court's opinion, the "obligation of the ... clubs to encourage maximum public use of the City's recreational facilities" can be balanced with the clubs' need for "a workable plan for continued club management", the need for "adequate security protection", the burden of "higher operating expenses" caused by public access, and the "legitimate concern for safe, efficient and orderly use of the facilities".

Q: What has caused Rec and Parks to raise the public access issue now?

A: A member of the South End Club approached that club with an idea for a swim from Point Bonita (outside the Golden Gate Bridge) to the South End Club. The South End declined to either sponsor the
- continued on next page

Public Hearing
JULY 16
•6:30 PM•
AT THE DOLPHIN CLUB

ALL DOLPHIN CLUB MEMBERS
ARE ENCOURAGED TO ATTEND

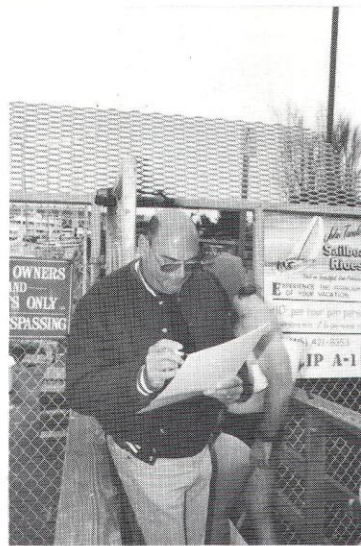
the public to enter Club premises to access the Bay.

Q: What does "public access" mean?

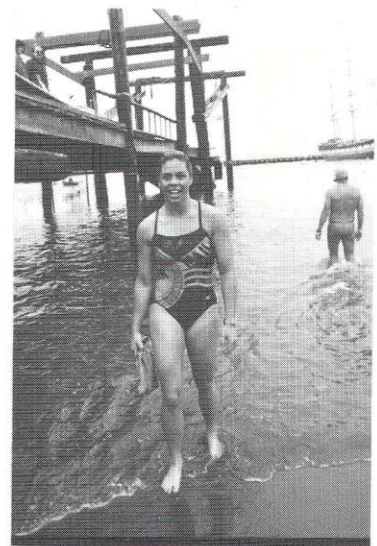
A: Reasonable minds can differ on the question. Rec and Parks seems to think it means that the public has to have the same or similar rights as Club members. The Club's board disagrees. In support of the



Wendy Kress flashes a truly magnificent smile at a swim event.



Club President Pete Bianucci lends a hand with logistics at a Club swim.



Spedster Chris Chorak emerges from the Bay in very fashionable swimwear.

Dolphins Urged to Attend July 16 Meeting

- from previous page

event or to allow the member to use their facilities for the event. The member took the matter to the Rec and Parks Commission and to the press.

Q: What is the basis of the South End member's beef?

A: The member appears to have argued that the South End Club was required to either sponsor the event or allow the member to privately sponsor the event using Club property.

Q: What is the Rec and Parks position on all this?

A: Lucinda Scanlan, a Rec and Parks staff person, recently wrote a memo to the Rec and Parks Commission which articulated the following:

1. The clubs have the right to review requests for club sponsorship of events and to grant or deny club sponsorship according to impartially applied written criteria for review of proposed events.
2. Persons who propose events consistent with the purposes of the clubs' leases but who do not

receive club sponsorship still have the right to conduct the event in accordance with the clubs' existing public access policy.

Q: Does the Dolphin Club board agree with the Scanlon memo?

A: The board agrees with #1 above, but disagrees with #2.

Q: What is the Dolphin Club board position?

A: The board has filed a statement of "Policies and Procedures" with the Rec and Parks Department. The statement is printed on page 6 of this *Dolphin Log* and is posted around the Club. We urge you to read it and to think about it. Please come to the July 16th meeting and voice your position.

Q: Can the board's position be summarized in 250 words or less?

A: Yes. Since membership is open to the public at a modest cost, membership is the mechanism by which the public gains full benefits of the Club and its facilities and programs. In fact, the member/public shapes the course of the Club by electing its board, voicing

opinions and comments and by generally forming the backbone of what the Club is and does. Members of the public who elect not to participate in the benefits and duties of membership have a right to visit Club premises during appointed public access hours. However, they are subject to the same rules as Club members and, in some cases to more stringent rules (eg. no boat use; no participation in the swim program).

On the specific issue of sponsorship of events, for a number of reasons (not the least of which are potential Club liability and the duty of the Club not to allow private profit to be made through use of Club assets), **the Club entity itself should be the sole sponsor of group events held at the Club or using Club property.** Both the members and the general public are free to propose events for Club sponsorship. The Club has a duty to give reasonable, non-discriminatory consideration of such proposals. **Under no circumstances should the Club be required to allow private event promoters to usurp Club facilities for benefit of their own pocketbook and/or interests.**

Q: How can members and non-members help?

A: Two ways. Show up at the July 16th meeting and voice your support for the board's statement of Policies and Procedures. Petitions in support of the statement will be posted in the Club and circulated at the meeting. Please sign them and get your non-member friends to sign them. The petitions will be sent to Rec and Parks.

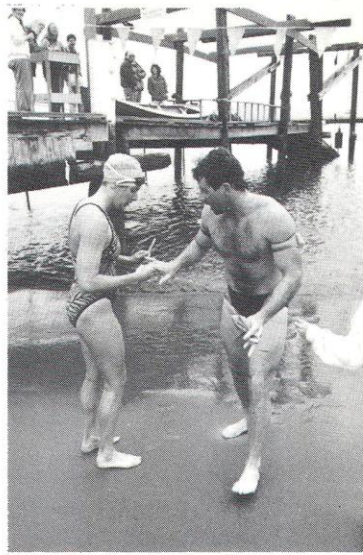
Thanks for reading this,

Meg Reilly,

Vice President



Pete Neubauer is a frequent participant at the Dolphin Club.



Sometimes the hardest part of a swim is collecting the stick.

- 50 Years Ago - History compiled by Walt Schneebeili

23rd Annual Golden Gate Swim

Sept. 15, 1940

<u>Back Row Standing L to R:</u>	<u>Place</u>	<u>Time</u>	<u>Front Row L to R:</u>	<u>Place</u>	<u>Time</u>
1. John Marvin	12th	51:45	11. Fred Herms	13th	57:10
2. "Tex" Alexander	8th	45:00	12. Joe Bruno	6th	42:10
3. Joe Paoli	<i>dnf</i>	-----	13. Cliff Quist	7th	44:20
4. Eric Borgeson	2nd	35:25	14. Frank Inferrera	<i>dnf</i>	-----
5. John McManus	3rd	38:55	15. Gus Gelardi	5th	41:25
6. Mike Desmond, Jr.	10th	48:40	16. Sal Sancimino	17th	67:00
7. Hector Stephen	9th	47:40	17. Don Baggiani	11th	48:41
8. Paul Silvester	14th	60:00	18. Jasper Frontera	15th	64:25
9. Bill Mahood	19th	78:00	19. William Perry Jr.	18th	67:30
10. Jack Reynolds	1st	29:55	20. Manuel Castagnola	<i>dnf</i>	-----
			21. Jim Cronin - Starter		

Finishers not shown:

• Jack Swett	4th	38:56
• Fred Bollow	16th	64:35

There were 23 starters and 19 finishers



Full Text of Public Access Policy

- see background story on page 3 of this issue -

I. EVENT ACCESS

The Board of Governors of the Dolphin Club presents the following as its policies and operating procedures in connection with (a) athletic events sponsored by the club, whether or not proposed by club members or the public; and (b) athletic events proposed by members or the public for private sponsorship of events when such events are proposed to be held at or will use club name, premises or property.

A. EVENTS SPONSORED BY THE CLUB

1. **Policy:** It is the policy of the Dolphin Club that all events sponsored by the club shall be:

a) Subject to prior approval of the Board of Governors

b) Open to all members of the club, subject to such restrictions as may in the board's opinion be necessary for health, safety and the orderly conduct of the affairs of the club.

c) Be conducted in a manner that is non-discriminatory.

2. **Procedures:** The above policy shall be implemented as follows:

a) Club membership shall be open to the public on a non-discriminatory basis at reasonable fees from time to time approved by the Commission.

b) Members shall elect a board of governors and boat house captain annually by written ballot.

c) The board so elected shall at its first

meeting appoint members as swim commissioners, boat house captain, rowing trainers, and shall appoint such other commissioners and committees as the board from time to time deems necessary in the conduct of the affairs of the club.

d) Each board member, officer, commissioner and other appointee of the board shall, in the conduct of his or her duties, act in a fair, reasonable and non-discriminatory manner.

e) In consultation, the swim commission and boat house captain so appointed shall research, organize and propose in writing to the board at its second meeting an annual "athletic events" schedule together with recommendations for rules for the conduct of and participation in such events.

f) The board shall at that meeting, (or if additional information is requested at the meeting at which such additional information is presented) adopt, disapprove, or adopt as modified, the Club's annual athletic events schedule and rules for the conduct of and participation in such events. In so doing, the board shall consider:

- (i) expense and administrative burden
- (ii) amount of volunteer help required and available
- (iii) potential conflict with other events in the area
- (iv) risks presented by the nature of the events
- (v) risks presented by the abilities of participants
- (vi) other matters that may affect health,

security or safety of the events

(vii) the club duty to encourage maximum public use of the city's recreational facilities

(ix) the balance between keeping expenses to participants and other fees charged by the club reasonable while meeting the corporate duty to receive fair compensation for use of its assets.

(x) the duty of the club and its board and officers to act in a non-discriminatory manner.

(xi) the extent to which the event would interfere with or usurp the use and enjoyment of the club facilities and Aquatic Park cove by members of the club and the public who do not participate in the event, but who may wish to use the facilities or cove at the same time as event participants.

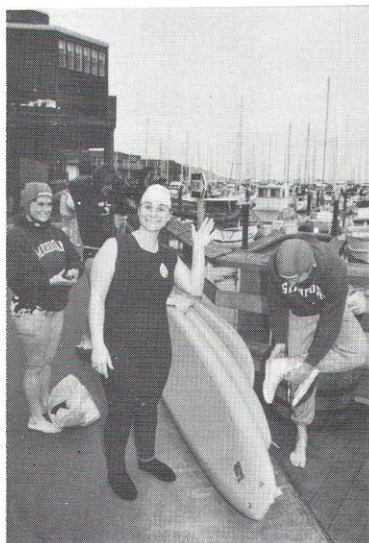
(xii) the extent to which the event commitments, duplicates or differs from the specific events and types of events traditionally included in the club's calendar of events.

(xiv) such other matters as the board in its sole discretion considers relevant to the safe, efficient and orderly use of the facilities and conduct of the club's operations, business and corporate affairs, or otherwise relevant to adoption of such schedule and rules.

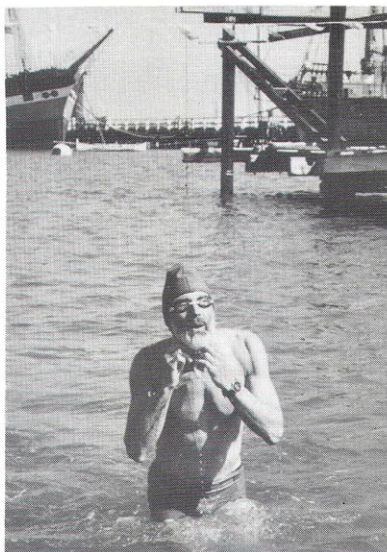
(xiii) the impact on ongoing workable club management

(xiv) applicable lease provisions and all applicable laws, rules and regulations.

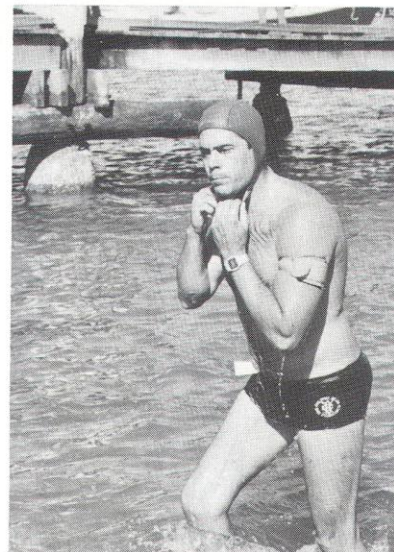
g) Upon adoption, the board shall in a prompt and timely manner forward a copy of such events schedule and the rules for conduct and participation to the Dept. Staff and



Marie Sancimino waves before piloting a Club swim.



King Neptune (aka Dan Osborne) emerges from the brine.



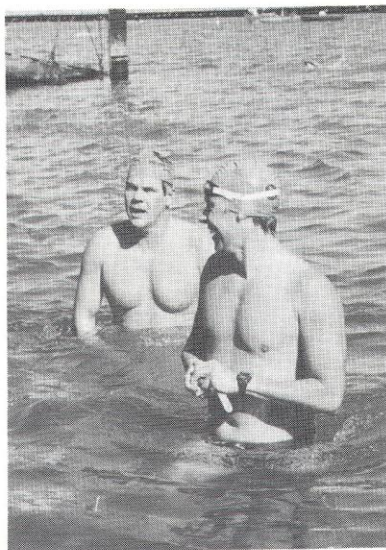
Newlywed Sam Corn is always a top finisher at the Dolphin Club.

shall cause copies of same to be posted in the club.

h) Changes, additions and deletions from time to time made to the event schedule or rules, by the board or by club officers or commissioners on delegated authority from the board, shall be posted in the club and promptly filed with the Staff. Posting and filing will not apply to minor changes, or in exigent circumstances when in the reasonable opinion of the board or such officers or commissioner such changes need to be implemented immediately.

i) In adopting the annual event schedule and thereafter throughout the year, upon submission of written proposal (in sufficient detail to permit review) to the head swim commissioner and to the boat house captain, any person (whether member or non-member) may propose athletic events for club sponsorship. The swim commission in consultation with the boat house captain shall determine whether or not to include such event in club sponsorship and shall communicate their decision to the proponent in writing in a reasonably timely manner, stating the reasons for denial or modification if club sponsorship is denied or granted on a modified basis. In the alternative, any swim commissioner or the boat house captain may refer the matter to the Club's board for direction and in that event will so advise the event proponent. In reviewing such proposals, the swim commission and boat house captain shall consider the matters set out in subparagraph (f) subsections (i) through (xiv) above.

j) If the event proponent is dissatisfied with the determination made under subparagraph (i) above, the proponent may appeal the decision to the club board by submitting to the recording secretary his/her written proposal and written arguments containing basis for the conclusion that the determination on appeal was improper. Such material shall be submitted



These two make swimming fast look fun and easy.

(with sufficient copies for each board member) at least 15 days before the regularly scheduled board meeting at which the appeal will be heard. The board will uphold, reverse or modify the decision on appeal, and shall consider the matters set forth in subparagraph (f) subsections (i) through (xiv) above in so doing. The board's decision will be written, state reasons for denial or modification and shall be delivered to the proponent.

B. PRIVATELY SPONSORED EVENTS

1. Policy: It is the policy of the Dolphin Club that all group athletic events, and any individual athletic events which involve swimming outside Aquatic Park Cove shall be:

- a) same as A 1 (a), (b) and (c) above.
- b) Sponsored solely by and under the direct supervision and control of the club.

2. Procedures: Same as A 2 (a) through (j) above.

II. INDIVIDUAL ACCESS

A. The board of the Dolphin Club presents its policy and procedures in connection with individual access to club membership and to club facilities and property as follows:

1. Policy: It is the policy of the Dolphin Club that club membership, facilities and property will be available to the public to the extent required by applicable law.

2. Procedures: The individual access policy shall be implemented as follows:

a) Club membership shall be open to the public and membership shall not be granted or denied on the basis of race, creed, color, sex, marital status, religion or national origin.

b) Written policies and procedures applicable to individual members shall be established from time to time by the Club's board and filed with the Staff. In adopting such policies and procedures, the board shall consider:

- (i) expense and administrative burden
- (ii) amount of volunteer help required and available
- (iii) risks presented by member conduct and activities
- (iv) risks otherwise presented
- (v) other matters that may affect health, security or safety
- (vi) potential liability to the club, its members, board and officers
- (vii) the club duty to encourage maximum public use of the city's recreational facilities
- (viii) the balance between keeping expense of membership and of other fees charged by the club reasonable while meeting the corporate duty to receive fair compensation for use of its assets
- (ix) the duty of the club and its board and officers to act in a non-discriminatory manner.
- (x) the extent to which member conduct or activities would interfere with or usurp the use

and enjoyment of the club facilities and Aquatic Park cove by members of the club and the public who do not participate in the conduct or activity in question.

(xi) such other matters as the board in its sole discretion considers relevant to the safe, efficient and orderly use of the facilities and conduct of the club's operations, business and corporate affairs; or otherwise relevant to the particular policy, procedure or rule in question.

(xii) the impact on ongoing workable club management

(xiii) applicable lease provisions and applicable law, rules and regulations.

c) Written policies and procedures for individual non-member use of and conduct on the club property shall be established from time to time by the club board and filed with the Staff. In adopting such policies and procedures, the board shall consider:

- (i) expense and administrative burden
- (ii) amount of volunteer help required and available
- (iii) risks presented by non-member conduct and activities
- (iv) risks otherwise presented
- (v) other matters that may affect health, security or safety
- (vi) potential liability to the club, its members, board and officers

(vii) the club duty to encourage maximum public use of the city's recreational facilities

(viii) the balance between keeping expenses of membership and of other fees charged by the club reasonable while meeting the corporate duty to receive fair compensation for use of its assets.

(ix) the duty of the club and its board and officers to act in a non-discriminatory manner.

(x) the extent to which non-member conduct or activities would interfere with or usurp the use and enjoyment of the club facilities and Aquatic Park cove by members of the club and the public who do not participate in the conduct or activity in question.

(xi) the impact on ongoing workable club management

(xii) such other matters as the board in its sole discretion considers relevant to the safe, efficient and orderly use of the facilities and conduct of the club's operations, business and corporate affairs; or otherwise relevant to the particular policy, procedure or rule in question.

(xiii) applicable lease provisions and all applicable laws, rules and regulations.

d) Changes, additions and deletions from time to time made to individual access policies and procedure applicable to members and/or non-members, by the board or by club officers or commissioners on delegated authority from the board, shall be posted in the club and promptly filed with the Staff. Posting and filing will not apply to minor changes, or in exigent circumstances when in the reasonable opinion of the board or such officers or commissioner such changes need to be implemented immediately.

The Dept. of Dolphin Management Speaks

Mid-season approaches and everywhere Dolphins are finding their strokes and kicking into high gear. Unfortunately, a disturbing trend is developing: the pool-trained Dolphin. Although studies are inconclusive, the long-term effects of domesticating the Dolphin are not encouraging. The competitive edge given to well-trained and domesticated Dolphins is contrary to their well established playful and fun loving nature. In an effort to mitigate this trend, the Department of Dolphin Management is recommending that lap-trained Dolphins and those Dolphins being domesticated by a non-Dolphin Masters' Club be subject to handicapping for all Dolphin Club swims. Your input is welcome.

This spring has seen several swims come and go. Making a splash in her debut season is Diane Abele, capturing overall first place in the Pier 41 swim. Diane also snatched the womens' record in the Yacht Harbor swim, while finishing a close second to toastmaster Liam Hennessey.

Dolphins daring to accept the

challenge of the Dick Beeler Crazy Cove were rewarded with a dizzying course and the task of collecting tokens from various points along the course. John Davies proved most agile as he nudged out Spring Cove victor, big John Selmer for top honors.

Suzanne Heim's entry into the Pier 39 and Crissy Field swims turned those events into battles for second place.

The Doc Howard Over 45 Gas House Cove swim provided our senior Dolphins the opportunity to shine. Judging from the results, there is plenty of polish in this group, as John Selmer demonstrated in streaking to a fast finish.

The Twilight Cove was extremely well attended by Dolphins ready to challenge the long and twisting cove swim. Having missed the Doc Howard swim, Liam Hennessey rose to the occasion to get first draw off the twilight keg. Further down the road is the twilight Pier 41 swim, BBQ and Pot Luck* dinner on Friday, August 10th (the Pilot Appreciation Dinner has been shifted to September 14 following the twilight Gas House Cove

swim). This short but challenging swim is the warm-up for the Escape From Alcatraz Triathlon to be held the next day. Participants in the "Escape" must be members in good standing for at least six months. On a space available basis, "qualified" Dolphins will be allowed to enter the swim-only portion.

Due to popular demand, consideration is being given to an encore appearance of the Bay Bridge to the Dolphin Club swim this fall. The pretenders to John Davies record-setting throne are early lining up. Watch this space for further details.

Looming just ahead on the Dolphin calendar is the highlight of the summer season, the annual migration of Dolphins to the sandy shores of Santa Cruz, on Saturday, August 4th, for the yearly harvesting of the rare, native BBQ half chicken. This annual feast is made possible through the generosity of the Madden and Grone-man families. Masters membership and a completed application are necessary to compete. Bring your

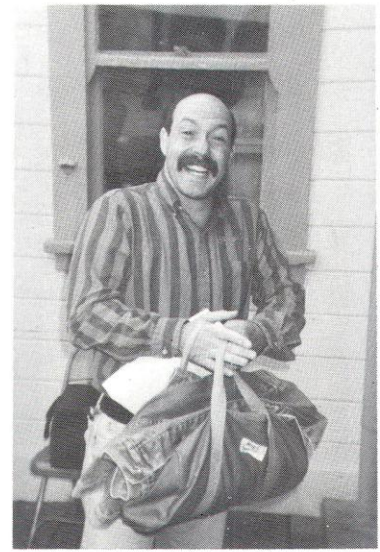
- continued on page 11



Jerome Duffy is truly thrilled to be done with a particularly long swim.



Vice President Meg Reilly strikes an elfin like pose on a pilot craft.



George Kebbe continues to be the Club's most enthusiastic participant.

Calling All Volunteers

Most of us underestimate our importance to the Dolphin Club. The Club has many continuing needs that can be filled by the average member who boasts no particular skills -- just a willingness to volunteer.

Jobs that need to be done around the Club range from periodic locker room clean ups (the recent attack on the ladies' locker room by a spic 'n' span squad was impressive), the ongoing carpentry work in the new building (it's hard to say if Duffy is more dangerous in the kitchen with his knives or on the swinging end of a hammer) to the recent need to hand deliver a letter to the Rec and Parks Department on short notice (thanks, Tim).

In short, the Dolphin Club runs on volunteer power. Volunteers are our most valuable asset. With that in mind, the Club is asking its members to tell us who you are and to give us an idea of what you can and are willing to do as a volunteer.

To help us "inventory" our volunteers, please do two things: (1) fill out the Volunteer Questionnaire on this page and return it to the "Volunteer Coordinator"; and (2) watch the bulletin board and chalk board in the Club for more information on volunteer projects. We need your help!

Remember
SWIM
SAFE
SAFETY COMES
FIRST AT THE
DOLPHIN CLUB

Volunteer Survey

Please tell us who you are and what volunteer activities interest you

Name: _____

Address: _____

Phone: Home-- _____ Work-- _____

(do ☐ do not ☐ call me at home)

(do ☐ do not ☐ call me at work)

Profession: _____

Special Skills/Interests: _____

PLEASE CHECK ALL THAT APPLY TO YOU:

- ☐ I'd like to be a volunteer coordinator.
- ☐ I have a word processor and can type.
- ☐ I can run errands on short notice.
- ☐ I'll do clerical jobs like stuff envelopes, write simple notices, etc.
- ☐ I have a computer and can do simple record keeping.
- ☐ I have a computer and can do programming.
- ☐ I can do kitchen duty as a helper.
- ☐ I can organize and cook food for a crowd.
- ☐ I can help organize social events.
- ☐ I would volunteer for Club sponsored charitable activities.
- ☐ I do carpentry.
- ☐ I do odd jobs.
- ☐ I can swing a paint brush.
- ☐ I write well.
- ☐ I can help with office management and bookkeeping projects (eg. organizing Club payroll, tax and contracting records -- we really need volunteers).
- ☐ I would like to be part of a phone tree (ie. designated people who would telephone members to let them know of important public hearings or of emergency situations).
- ☐ I would help monitor the safety notice/waiver program (ie. insure that safety notices are conspicuously posted and that waivers are available to and signed by day users on entry).
- ☐ I would give new member orientations once a month.
- ☐ Other -- what other project would you like to do? _____

Return to:

Volunteer Coordinator
Dolphin Club
502 Jefferson Street
San Francisco, CA 94109

Dolphin Swim Statistics

Pier 41

March 18

1	Diane Abele	17:02
2	Sam Corn	18:37
3	Sean Kelly	18:51
4	Jon Nakamura	19:13
5	Rick Crafts	19:24
6	John Selmer	19:27
7	Joe Ferrero	19:41
8	Alan Budenz	19:44
9	Chris Chorak	19:45
10	Bob Colyar	19:51
11	Laura Merkl	20:04
12	Bob Kaufman	20:04
13	Mike Webb	20:27
14	Ed Urban	21:08
15	Dan Osborne	21:51
16	Elmer Tosta	21:56
17	Gina Bianucci-Rus	21:59
18	Pete Neubauer	22:07
19	Tim Callahan	22:17
20	Conrad Von B	22:19
21	Eric Groneman	22:24
22	Lisa Smith	23:37
23	Peter Brigham	23:50
24	Keith Nelson	23:54
25	Marcia Grimm	24:44
26	Wendy Kress	24:51
27	Barbara Keller	24:55
28	Larry Scroggins	24:59
29	John Horner	25:13
30	Colin Gift	25:33
31	Jack Burgoyne	25:34
32	George Gara	26:04
33	Flicka McGurrian	26:21
34	R. Hechanova	26:36
35	Kent Rogers	26:37
36	Phil Fernandez	27:06
37	Sue Garfield	27:22
38	Bob Derham	27:56
39	Carol Block	27:57
40	Marty Mattox	28:12
41	Ken Coren	28:28
42	Sandy Lemkuhl	28:36
43	John Mattox	28:50
44	Buck Swannack	29:26
45	Marilou Lascari	29:53
46	Mike Roller	30:28
47	Chuck Vogt	31:40
48	Keith Weaver	31:46
49	Don Reid	32:11
50	Jim Sancimino	32:15
51	Minda Rosenthal	32:55
52	Steve Sancimino	33:38
53	Pavla Podolska	34:25

54	Mike DiNunzio	34:43
55	Joe Bruno	35:05
56	Russ Muirhead	35:07
57	Bill Powning	35:29

Spring Cove

March 24

1	John Selmer	15:33
2	Sam Corn	16:09
3	George Kebbe	17:34
4	Laura Merkl	17:38
5	J.i Beemsterboer	19:44
6	Tim Callahan	20:45
7	Alen Brown	21:00
8	John Sullivan	23:00
9	Herb Madden	23:31
10	Tom McGraw	23:36
11	John Dugan	23:37
12	George Gara	23:49
13	Rodger Kleid	24:10
14	Greg Bell	24:26
15	Flicka McGurrian	24:27
16	Phil Fernandez	25:36
17	Ken Coren	25:40
18	Marilou Lascari	26:19
19	Meg Reilly	29:13
20	Chuck Vogt	29:28
21	Peter Royce	29:35
22	Will Powning	31:06
23	Bill Powning	32:15
24	Joe Bruno	34:18
25	Phil Kohlenberg	49:00

Pier 39

April 1

1	Suzanne Heim	20:48
2	Liam Hennesey	21:25
3	John Selmer	21:52
4	Sam Corn	22:53
5	David Claman	23:17
6	Bob Colyar	24:22
7	Ed Urban	24:38
8	Chris Chorak	24:49
9	Mike Webb	25:22
10	Laura Merkl	25:32
11	Tim Callahan	26:29
12	J. Beemsterboer	26:35
13	Conrad Von B	26:38
14	Pete Neubauer	26:38
15	Gina Bianucci	26:54
16	Eric Groneman	27:57
17	Elise Meyer	28:19
18	John Sullivan	28:38

19	Larry Scroggins	28:57
20	Marcia Grimm	29:02
21	Wendy Kress	29:04
22	Susan Cobb	29:28
23	Bill Waters	29:31
24	Keith Nelson	29:32
25	George Gara	29:50
26	Anne Tingley	29:55
27	Tom McGraw	30:22
28	John Dugan	30:22
29	Steve Lathram	31:40
30	Phil Fernandez	31:45
31	Marilou Lascari	33:25
32	Marty Mattox	33:54
33	Jim Weil	34:00
34	John Mattox	34:05
35	Larry Alioto	34:36
36	Gerry O'Dwyer	34:54
37	Nancy Horner	35:07
38	Gwen Passano	35:07
39	Chuck Vogt	36:42
40	Phil Sancimino	37:00
41	Meg Reilly	37:02
42	Don Reid	37:02
43	Peter Royce	38:23
44	Pavla Podolska	39:22
45	Bill Powning	40:10
46	Rust Muirhead	41:17
47	Mike DiNunzio	42:25
48	Phil Kohlenberg	46:31

Yacht Harbor

April 22

1	Liam Hennesey	25:22
2	Diane Abele	25:41
3	John Davies	26:17
4	John Selmer	26:50
5	Jim Mason	28:27
6	Bob Colyar	28:29
7	Jon Nakamura	28:50
8	Paul Watts	29:01
9	Ed Urban	29:22
10	George Kebbe	29:54
11	Mike Webb	30:22
12	Alan Godsey	30:22
13	Bob Kaufman	30:58
14	Dan Osborne	31:29
15	Nick de May	31:38
16	Conrad Von B	32:01
17	Pete Neubauer	32:06
18	Gina B. Rus	32:15
19	Eric Groneman	32:15
20	Tim Callahan	32:19
21	Kevin Sugar	32:24
22	Celeste McMullin	32:47

23	Eric Shackelford	33:16
24	LizAnn Zirker	33:24
25	Charlie Martin	34:08
26	Susan Anson	34:54
27	Keith Nelson	34:59
28	Barbara Keller	35:22
29	Anne Tingley	35:52
30	Ken Coren	36:09
31	Tom Allen	36:24
32	Roger Kleid	36:31
33	Herb Madden	36:55
34	Jerry Cullen	37:04
35	Phil Fernandez	37:04
36	Bob Derham	37:19
37	Walt Schneebl	37:50
38	Tom Callinan	37:53
39	Mary Cantini Nork	38:01
40	Kent Rogers	38:06
41	Mark Allen	38:18
42	Carla Curtis	38:21
43	Marilou Lascari	38:24
44	Brian Marin	38:40
45	Nancy Horner	38:46
46	Lee Hammack	39:00
47	Anna Henry	39:27
48	R. Hechanova	39:58
49	Sandy Lemkuhl	40:05
50	Neal Fishman	40:15
51	Kevin Hartnett	40:25
52	Era Osibe	40:28
53	Chuck Vogt	40:53
54	Don Reid	42:36
55	Hugo Bucholz	42:38
56	Will Powning	42:43
57	Jim Sancimino	43:34
58	Keith Weaver	43:48
59	Pavla Podolska	44:28
60	Bill Powning	44:28
61	Steve Sancimino	44:38
62	Tom Sancimino	46:10
63	Phil Sancimino	46:11

Dick Beeler

Crazy Cove

May 5

1	John Davies	27:34
2	John Selmer	27:43
3	Jim Mason	28:40
4	Sam Corn	29:21
5	Brett Graessle	31:21
6	John Lennox	31:55
7	Karen Boyer	32:05
8	George Kebbe	32:43
9	Mike Webb	33:56
10	Pat McGarvey	34:44

11	Dan Osborne	35:03
12	Richard Kosinsky	37:40
13	Eric Groneman	38:15
14	Liz Ann Zirker	38:25
15	Tad Heydenfeld	38:44
16	Eric Shackelford	38:50
17	Tom Allen	41:05
18	David Copeland	41:05
19	Susan Anson	41:10
20	Peter Campbell	41:18
21	John Horner	42:21
22	Herb Madden	42:47
23	Helene Marchant	44:08
24	Mary Sancimino	44:35
25	Eric Junker	44:48
26	Brian Applegate	44:54
27	Mark Allen	45:06
28	Cliff Jennings	45:59
29	Flicka McGurran	46:34
30	Fred Mullen	48:10
31	Meg Donaldson	49:05
32	Jerome Duffy	49:14
33	Mary Lou Lascari	49:44
34	Gwen Passano	50:56
35	Larry Alioto	52:04
36	Bill Powning	60:28
37	Steve North	61:08

32	Shelly Sullivan	53:36
33	Bill Callahan	53:39
34	Bob Durham	53:42
35	Cliff Jennings	54:17
36	Mary C. Norkin	54:17
37	Brian Marin	54:43
38	Kent Rogers	54:46
39	Nancy Horner	54:48
40	Jerome Duffy	55:04
41	Roger Kleid	55:09
42	Meg Storey	55:34
43	Gwen Passano	55:49
44	Mike Strasser	56:06
45	Anna Henry	57:56
46	Mike Roller	58:34
47	Hugo Bucholz	58:55
48	Chuck Vogt	59:40
49	Will Powning	59:47
50	Don Reid	60:22

Doc Howard Over 45 Gas House June 9

Crissy Field May 26

1	Suzanne Heim	36:17
2	Diana Abele	37:24
3	John Davies	37:31
4	Jim Mason	40:04
5	David Claman	42:03
6	Pat McGarvey	43:42
7	Bob Kaufman	43:50
8	Karen Drucker	44:13
9	Mickey Lavelle	44:20
10	Tom Hoffman	45:41
11	Gina Rus	46:12
12	J. Beemsterboer	46:26
13	Celeste McMullin	46:32
14	Pete Neubauer	46:32
15	Eric Shackleford	46:50
16	Wayne Riddle	47:05
17	Dave Zovickian	47:20
18	Eric Groneman	47:32
19	Bill Waters	47:36
20	Glynn Jones	47:44
21	Larry Scoggins	48:29
22	Susan Cobb	49:17
23	Mike O'Conner	49:40
24	Ann Tingley	49:43
25	Wendy Kress	50:14
26	Vince Huang	50:37
27	Mike Mitchell	51:03
28	Marcia Grimm	52:15
29	Flicka McGurran	52:45
30	Barbara Keller	53:03
31	Gerry O'Dwyer	53:15

1	John Selmer	16:22
2	Ed Urban	18:35
3	Tom Hoffman	19:15
4	Dan Osborne	19:20
5	Susan Allen	19:58
6	Conrad Von B.	20:32
7	Pete Neubauer	20:39
8	Eric Groneman	20:46
9	Glynn Jones	20:52
10	Tim Callahan	21:07
11	Rich Antonchuck	21:44
12	Kate Coleman	21:57
13	E. Barranco	22:00
14	Ann Tingley	22:06
15	Rich Cooper	22:12
16	Bob Danielson	22:38
17	Herb Madden	23:23
18	Rich Livingston	23:43
19	Gerry Cullen	23:46
20	Phil Fernandez	23:56
21	Ted McKowan	23:57
22	Cliff Jennings	24:13
23	Susan Anson	24:25
24	Carol Block	24:46
25	Kent Rogers	25:02
26	Sandy Lehmkuhl	25:29
27	Anna Henry	25:57
28	Steve Duffy	25:59
29	Nick Zoller	26:12
30	Buck Swannack	26:46
31	James Weil	26:50
32	Don Harrison	26:54
33	Mary C-Norkin	27:16

34	Rudy DeMay	27:30
35	Peter Royce	27:31
36	Sarah McCuskey	27:43
37	Suzy Royce	27:53
38	Noel Turner	28:24
39	Mike Roller	28:40
40	Don Reid	29:03
41	Keith Weaver	29:19
42	Steve North	29:55
43	Bob McKenzie	29:58
44	Bill Powning	30:26
45	Mimi Osborne	30:27

Twilight Cove June 22

1	Liam Hennessey	26:10
2	John Selmer	26:14
2	James Mason	26:14
4	Jon Nakamura	27:24
5	Brett Graessle	28:03
6	Tom McCarty	28:53
7	George Kebbe	29:15
8	Laura Merkl	29:24
9	John Ladde	30:02
10	Alan Budenz	30:15
11	John Lennox	30:31
12	Linda Stanley	30:41
13	Greg Cohelan	31:17
14	Susan Allen	31:51
15	Dan Osborne	32:01
16	R. Van Der Meer	32:04
17	Wayne Riddle	32:27
18	Tom Hoffman	32:32
19	Richard Kosinsky	33:13
20	Conrad Von B	33:45
21	J. Beemsterboer	34:10
22	Shannon Kilkenny	34:49
23	Pete Neubauer	34:52
24	Liz Ann Zirker	35:02
25	Tim Callahan	35:05
26	Alan Brown	35:06
27	Dave Zovickian	35:07
28	Kate Coleman	35:20
29	David Copeland	35:52
30	Randy Pinetti	36:54
31	Alan Liss	36:55
32	Tom Allen	37:36
33	Ken Frank	37:50
34	Scott Anderson	39:59
35	Nick Zoller	38:08
36	Susan Cobb	39:30
37	Roger Kleid	40:02
38	Annie Sommerville	40:27
39	John Horner	41:22
40	Jerry Cullen	41:07
41	Herb Madden	43:04
42	Steve Duffy	44:03
43	S. Worthington	44:10
44	Kent Rogers	44:34
45	Bill Callahan	44:52
46	Barry Christian	45:45

47	R. Hechanova	46:33
48	Lorna Newlin	47:04
49	Tom Martz	49:25
50	Mary Sancimino	50:17
51	Gwen Passano	50:18
52	Van Vorheis	50:58
53	Meg Donaldson	51:43
54	Larry Alioto	53:22
55	Will Powning	57:30
56	Mary Lou Lascari	57:37
57	Tom Sancimino	64:55

Swim News

- continued from page 8

own refreshments and family and plan to spend a relaxing day at the beach and Boardwalk.

The 100 mile swim has begun, and judging by the large numbers of Dolphins signed up, enthusiasm is running high. Unfortunately, running doesn't count, nor does pool swimming; only San Francisco Bay, Santa Cruz and Tahoe miles. As the days and weeks slip by, remember that five modest miles per week is all it takes to capture a lovely trinket at the Awards Dinner.

Finally, bon voyage and best wishes to Jim Hulihan and Mike Roller, who are relocating for the time being, with South Korea and Washington, D.C. as their destinations, the competition for "longest distance travelled to swim the Gate" should be spirited.

Swim Commission -

Timothy Callahan,

Lorna Newlin,

Gina Bianucci Rus

& David Zovickian

*Pot • Luck n 1: An occasion during which Dolphins gather to feed and bring an extra dish to share with others.



1990 Swim Schedule



Date	Event	Jump-Off
December 21, 1989.....	Polar Bear Swim Starts	
January 1 (Mon.).....	New Year's Day Cove Swim.....	9:00 a.m.
January 1 (Mon.).....	New Year's Day Alcatraz	8:00 a.m.
January 28 (Sun.).....	✓ Mid-Winter Gas House Cove Swim.....	9:30 a.m.
February 10 (Sat.).....	Mid-Winter Cove Swim.....	9:00 a.m.
March 18 (Sun.).....	✓ Pier 41.....	8:00 a.m.
March 24 (Sat.).....	Spring Cove.....	9:00 a.m.
April 1 (Sun.).....	✓ Pier 39.....	8:00 a.m.
April 22 (Sun.).....	✓ Yacht Harbor.....	7:30 a.m.
May 5 (Sat.).....	✓ Dick Beeler Crazy Cove.....	9:00 a.m.
May 26 (Sat.).....	✓ Crissy Field.....	10:00 a.m.
June 1.....	100 Mile Swim Starts (ends October 31)	
June 9 (Sat.).....	✓ Doc Howard--Over 45 - From Gas House Cove.....	10:00 a.m.
June 22 (Fri.).....	✓ Twilight Cove - BBQ to Follow.....	6:00 a.m.
June 24 (Sun.).....	Qualifier Cove For July 8 Fort Point Swim.....	9:00 a.m.
July 8 (Sun.).....	✓ Fort Point.....	8:45 a.m.
July 14 (Sat.).....	Trans Tahoe Relay.....	TBA
July 29 (Sun.).....	Over 60 Cove.....	9:00 a.m.
August 4 (Sat.).....	✓ Santa Cruz Pier Swim.....	TBA
August 10 (Fri.).....	✓ Twilight Pier 41.....	6:00 p.m.
August 11 (Sat.).....	Escape From Alcatraz Triathlon.....	TBA
August 26 (Sun.).....	Handicap Cove.....	9:00 a.m.
September 14 (Fri.).....	✓ Twilight Gas House Cove and Pilot Appreciation Dinner.....	6:00 p.m.
September 29 (Sat.).....	Golden Gate I - Fast Day.....	9:15 a.m.
September 30 (Sun.).....	Golden Gate II - Slow Day.....	9:45 a.m.
October 13 (Sat.).....	Alcatraz.....	9:15 a.m.
November 10 (Sat.).....	Annual Swim/Pilot Appreciation Dinner.....	Evening
November 22 (Thurs.).....	Thanksgiving Day Cove.....	9:00 a.m.
December 10 (Sun.).....	New Year's Day Alcatraz Qualifier.....	9:00 a.m.

Note: Jump-off times are subject to change -- TBA means "To Be Announced"

Swim Program Rules

1. Club scheduled swims are restricted to club members only.
2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
3. Swimmers must be members in good standing with dues current and swim fees paid.
4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
7. Swim sign-up sheets are posted two weeks prior to each swim.
8. Time limits are imposed and enforced for all swims.
9. All club boats are reserved for scheduled swims; riders are prohibited.

• Additional qualifications for Alcatraz and Golden Gate Swims •

10. In-town members must successfully complete 2 swims marked with a check mark (✓) and one other scheduled swim and pilot or help on at least 2 others.
11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

Dolphin Swimming & Boating Club

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

BULK RATE
U.S. POSTAGE
PAID
San Francisco
California 94109
Permit No. 1020



Ghirardelli

DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club • September 1990 • San Francisco California - Established 1877

Dolphin Bulletin Board

Miscellaneous News and Notes For the Dolphin Club Membership

On The Cover Of the Dolphin Log

Dolphin Club member Bob Kaufman took this photo during a midnight swim this Labor Day. The Dolphin pictured is Gene Sykes, a new member living in Los Angeles. Gene's arm appears to pass through the Ghiradelli sign because the flash illuminated it for only a fraction of the time the shutter was open.

Dolphin Club to Hold First Indoor Pool Meet

On Saturday, December 15 from 8 a.m. to 12 p.m., the Dolphin Club will sponsor its first pool meet (non PMS sanctioned) at USF's Koret 50 meter

indoor pool.

The meet will be set up for short course events from 50 yard sprints, to 400 yard relays, to the longest individual event, the 500. Competitive pool experience (i.e. racing dives, flip turns and/or ability to swim any stroke other than our standard "crawl" variations in the bay) is not a prerequisite to participation.

All event results will be posted according to master age groups, so here's an opportunity to display your aquatic talents with others in your age group.

This event will be limited to Dolphin and South End members only. Cost will be \$1.00 per event. All participants will be required to read and sign two waivers, one for USF and the other for the Dolphin Club before participation.

Though we won't need pilots, we can still use volunteers to help in the timing/recording.

Check the bulletin boards at the Club for further details. Any questions can be directed to Vince or Cathy Huang, event organizers.

which help to produce our very special events, please come forward! We need you, we want you and you'll have a great time (*you may also get to eat first!*).

Watch the notices as they appear before events or see me, Mimi Osborne, Jeremy West, Tracy Cambron or Jerome Duffy to get more information.

See you at the Parties!

Mike DiNunzio,
Entertainment Commissioner

John Davies Swims English Channel

On July 31st at 6:20 a.m., Dolphin John Davies left Dover attempting to swim the English Channel. Water temperature was 59 degrees and high tide 5.2 meters, moderate by English Channel standards but enormous by the mere 5 to 6 feet we experience in San Francisco Bay. This was John's second attempt, the first being an all night swim in 1988 which ended after 11 hours and less than one mile from France at sunrise.

This time John was successful, reaching the rocks of Cap Gris Nez, France at 4:20 p.m., just a few seconds over 10 hours. Heavy fog limited visibility to a few hundred yards during the swim and on one occasion John was forced to swim in circles around the pilot boat for 20 minutes to allow tankers which were only visible on radar to cross his path.

Three active Dolphin Club swimmers, Suzanne Heim (3 times), Diane Abele and now John have completed the crossing. John's time, which will be officially recorded as 10 hours, 1 minute, is the fastest, edging Suzanne's best official time by the slimmest of margins, 1 minute!!

John wishes to thank all the Dolphins for their encouragement.



The Dolphin Log

Editor: Jeffrey Howard Heth
Photographs in this issue are by
Bob Kaufman, Barbara Keller,
Marilou Lascari and Joe Perino

Published By
The Dolphin
Swimming & Boating Club Inc.
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

1990 Officers
President - Peter Bianucci
Vice President - Meg Reilly
Treasurer - Lorna Newlin
Recording Secty - Elmer Tosta
Financial Secty - Jeffrey Heth
Boat Captain - Cliff Jennings

Board of Governors
Jon Bielinski
Ken Coren
Jerry Cullen
Mike DiNunzio
Colin Gift
Don Harrison
Dan Osborne
Bill Rus
Dave Zovickian

Magic Parties!

It takes more magic than you know to have a successful event or party at the Dolphin Club. The magic comes from volunteers who produce these party events continuing a century(+) tradition.

The end of the swim season heralds the start of the party season! Coming up are:

1. The Oktoberfest
2. The Swimmers' and Pilots' Award's Dinner

3. The Christmas Party
4. The Old Timers' Dinner

If you would like to help by cooking, cleaning, decorating (especially at Christmas) or any of the myriad tasks

Club Mourns Loss of Dan Murphy

These are excerpts from a much longer article which Ms. McDonough wrote about Dan Murphy. The words were read by Dan's daughter at the memorial service held in the Dolphin Club's boat house which was attended by a large number of Dolphins and family and friends of Dan.

The reading was one of many high points during an emotional service totally devoid of maudlin expression. The evening was truly an extraordinary event, one of those special times when those present felt especially blessed to be in attendance.

by Leah Brooks McDonough

A few days after Dan's release from the Veteran's Hospital my husband and I took him for lunch at the Fort Mason Officer's Club.

"Where would you like to sit, Dan?" I asked.

"Over here so we can see the cove." The cove and the Dolphin Club -- the

center of his life for forty-five years.

The Dolphin Club became Dan's real home. At the foot of Hyde Street on the most beautiful stretch of beach on San Francisco Bay, the white wooden, turn-of-the-century building is deliberately obscure. It turns a seemingly windowless wall to the street, its nameplate so small on its face it requires determined seeking out. Inside, the dark building yields a century of odors, a combination of aged wooden floors and panels, sea-weathered boats and humanity.

The large room housing the long boats must look exactly as it did at the time of its founding one hundred years ago. The plain, undecorated club room has clearly not been tainted by a decorator's hand. It is proudly raw, defiantly utilitarian, chairs and tables chosen solely for function.

The veranda in front of the club room gives way to the fine, exquisitely

white sandy beach. The waves break constantly, not the plangent boom of the surf but the lapping of the small, inner bay within the Bay. A wooden pier extends out from the beach over the water for a distance of about forty feet.

A club is not a building, it is its members. The bond that glues together the disparate group of Dolphins appears superficially to be an interest in athletics. Most members swim, some row the long boats, in competition or singly. Some run. One rises at two-thirty each morning, runs twelve miles across the Golden Gate Bridge and back to the club, has his daily icy swim, then sets off for his job as a hod carrier. He is the club's most energetic athlete and respected by his peers. His radical ideas, his former membership in the Communist party, his long sojourn in Russia, his clear voice of pro-

- continued on next page



This photo, taken in the early 1970's, shows Dan braving all sorts of flotsam and jetsam around the North Tower of the Golden Gate Bridge at the Club's annual Gate swim. Taken for publication in a local newspaper, Dan insisted that the photograph be captioned "My Bay" and that it show the debris in the Bay to dramatize the need for cleaner water.

Nominations Are Now Open For Election to 1991 Board of Governors

Nominations are now open for the 1991 Dolphin Club Board of Governors.

Any person who has been a member for one year or more is eligible for nomination to the Board of Governors and everyone who wishes to serve is encouraged to run for any of the offices listed below:

Officers:

President
Vice-President
Recording Secretary
Financial Secretary
Treasurer
Boat Captain

Governors:

Nine (9) Governors to be elected.

No member may run for more than one office.

Nominating petitions furnished by the Club are posted on the wall at the top of the stairs. The petitions require the signatures of five members in good standing and must be submitted to the recording secretary, Elmer Tosta, on or before the November Board

meeting.

The candidate must appear in person to confirm his or her candidacy at either the regularly scheduled board meeting which falls this year on the day before Thanksgiving - Wednesday, November 21, 7 p.m. in the Staib Room or at a special board meeting to be held the prior Wednesday, November 14, 7 p.m., at the same location.

The special meeting has been called because some members who wish to run for office may be out of town on November 21st due to the holiday and therefore be unable to attend the regular meeting on that date.

Balloting will be done by mail as in past years with the results of the election to be posted on the bulletin board and announced at the December board meeting.

These positions are challenging and rewarding and require regular attendance at the Dolphin Club board meetings which are held on the third Wednesday of every month at 7 p.m. in the Staib Room.

Members interested in running for office should contact current officers and governors for a more complete job description than is offered here.

Dan Murphy

- from previous page

test against injustices perceived by him are, if not respected at least tolerated by the other men.

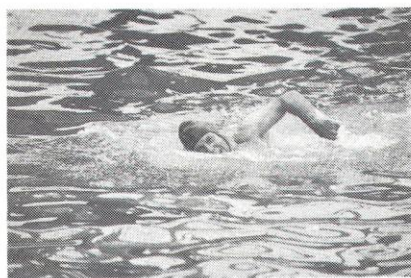
These are the real unifying bonds among the members: a strident individualism, a flagrant unwillingness to knuckle under to the world, an assertive need to be one's own man. What else could keep this diverse group of men to harmony?

Dan is 79 years old, first generation San Francisco Irish. Intolerant and biased. Unschooled beyond twelfth grade he is an avid reader -- philosophy, poetry, history. For thirty years his daily schedule included several hours at the Mechanics Institute Library -- the reading time following his daily morning swim at the Club. Most Dolphins swim daily despite the exposure to pain and disorientation in the bone-chilling water. The suffering must relieve their nervousness, distract them from their quarrels with the world.

The club was his retreat from the changes he had learned to live with. Here he could be with men with whom he was still comfortable, in harmony. It was a safety valve, a fall-back position he could always retreat to, a place where he never had to defend against the new ideas as he did with his family and us.

As we sat there overlooking the cove which has been his very own, a member of the Dolphin Club came and joined us. He'd just dropped in for lunch. At the table next to us a young man I'd met several years ago, who has always admired Dan, sat down with two other members of the Dolphin Club. It suddenly became clear that this cove is really a small village, a home for Dan and his ilk, the only home they need. People here truly care for Dan.

I feel grateful that Dan has had the club all these years. And more grateful that I have had Dan -- at least a part of him. I find it difficult, surprisingly painful, to imagine my life without him, his irritating independence, his challenging stands on all issues, his lively irreverent intellect, and the love which he can never speak. We'll all miss him and he knows it and revels in that knowledge.



Herb Madden churns through the brine on a Club swim.



Colin Gift and trainee return to the dock after piloting a Club swim event.



Jack Bettencourt emerges trippingly from the Bay waters.



(l to r) Gina Bianucci, Walt Schneebeli and Era Osibe check swim statistics.

President's Message

As we move into the fall.... 1990 has proven to be a challenging year. The Board of Governors and many member volunteers have worked hard to preserve the Club's position in regards to its goals.

We have dealt with water quality (Pier 45), public access and a law suit brought by a South End member regarding a private swim from Point Bonta to the clubs.

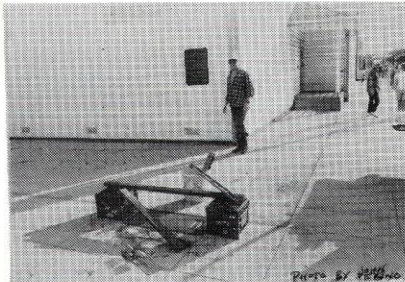
The Club has spent many hours as well as money on these issues and the expenditure has been well worth it to preserve our Dolphin Club.

Many thanks to all who contributed their time and their money to these causes.

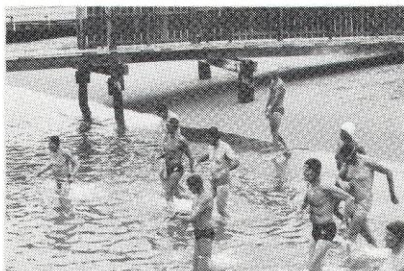
The fall also brings us closer to 1991 and thoughts of what will happen next year. The Club will need a new board of governors and officers. Existing officers and governors can only serve two years consecutively in the same position. There will be many seats to fill.

I know that some members would like to do more and here is your chance. Nominations for governors and officers opens at the October meeting of the Board (Wednesday, October 17, 1990 - 7 p.m.) and closes at

the November meeting (November 21, 1990). Nominees must include their name, the position they would like to run for and five endorsing signatures



The Dolphin Club's new interpretive historical plaque on the wall (top) and dedicated public access plaque embedded in concrete (below).



Ready, set, go! And into the frigid Bay waters go a group of Dolphins.



Nick Payne struggles with an unwieldy surfboard after piloting a swim.



Frank (Cecco) Menucci is all smiles as he finishes his swim.



Suanne Heim receives a congratulatory hug from her number one fan, Stan Hlynsky.

of current members in good standing. They must be filed with the recording secretary (Elmer Tosta) on or before the November meeting. Many of you want to know what you can do. Governors and officers are necessary to run the Club. If you have the time and the inclination, your participation is welcomed.

Volunteerism...

You can still help by using your individual talents. Sign up with the volunteer coordinator. It's your club and we all have many years to use it.

I would have liked to accomplish more around the Club this year in regards to repairs. Money has been tight. The good part is we have things to do next year.

Pete Bianucci
President, 1990

The Finance Corner

At last, the long awaited 1989 audit of the Dolphin Swimming and Boating Club has been completed (it's our first, ever). Our external auditors produced the necessary statements (to comply with our lease) from our untraditional accounting system (true Dolphin Club style).

I'd like to thank several people. But first, I want to alert all members of the necessity to enlarge this list by establishing a finance committee and spreading the fun activities we need to do monthly or annually. There are a number of jobs that take one to two hours monthly that are quite painless. Please see me, Lorna Newlin or any member of the Board of Governors to join this prestigious group.

Now, to the list of extraordinary people who assisted in the 1989 audit (in no formal order): Lorna Newlin, Jeffrey Heth, Mary Heth, Jon Bielinski, Peter Bianucci, Meg Reilly, Laura Merkl, Dave Zovickian, Elmer Tosta, Bill Rus, Vince Huang, Tom Hoffman, Tom Gould, Cliff Jennings and Jerney West (I apologize to anyone I missed).

Please pitch in and become involved with your club... WE NEED YOU!!

Thanks for your attention,

Gina Bianucci Rus

- 100 Years Ago -

Competition in Rowing Was Keen

History Compiled by
Walt Schneebelli

The following is a portion of the "Oar and Shell" column of the S.F. Chronicle, Monday, March 3, 1890:

A very interesting, and for a short while exciting race took place yesterday morning from the Dolphin boathouse, around Alcatraz Island, and back to the landing steps.

The race was between the barges CALIFORNIA, and DOLPHIN, the former containing a number of lightweight and the DOLPHIN being filled by some of the heaviest men in the club. The crew of the CALIFORNIA was composed of Emil Engelberg, the Hoboken champion sculler, as

stroke, Leon Thomas, the Sausalito welter-weight, as after-waist, Henry Kuchmeister, forward-waist, J. O'Dwyer, bow, and Adam Schuppert, coxwain.

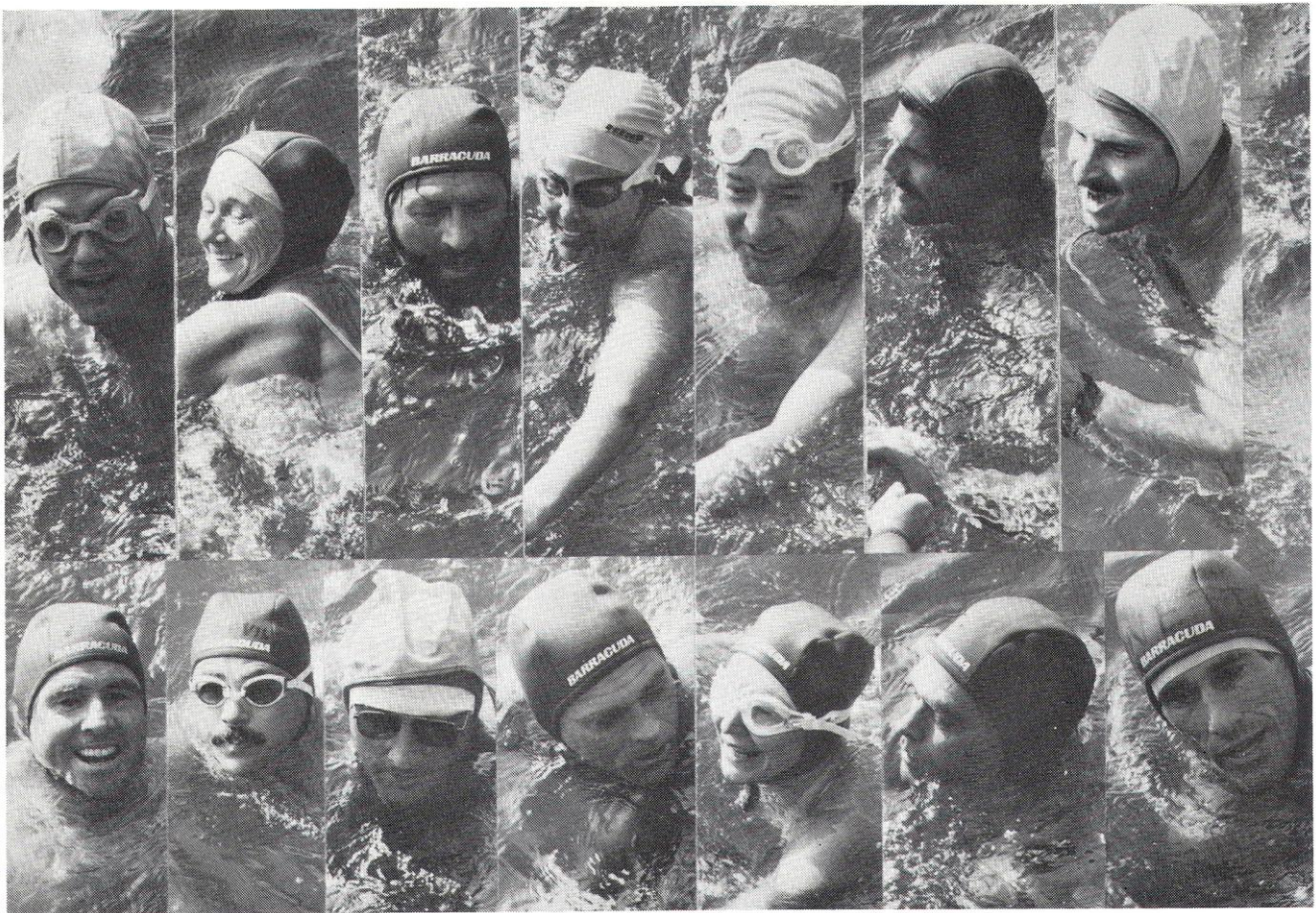
The men of the DOLPHIN were Fred Conway, stroke, George Van Guelpen, after-waist, Al Rothkopf, forward-waist, Ed Kalben, bow, and Ed Chenoweth, coxwain.

The CALIFORNIA boys were greeted with a yell of derision as they started, and the DOLPHIN crew took things very easily, allowing the others to get considerably ahead of them, thinking that they had an easy pull before them. They were deceived, however, for when Alcatraz Island was reached, the lightweight were considerably ahead, and when the island was rounded they were away in the lead.

Then the big boys began to pull. Little by little they gained on the others, but it soon became evident that they had a heavy contract on their hands. The crew of the CALIFORNIA were encouraged to greater exertions by the cheers of the club members at the house, and they bent to their work with redoubled energy, pulling a beautiful stroke.

The heavy men tugged hard at their oars and the coxwain got rattled and away shot the CALIFORNIA. The heavyweights pulled mightily and pre-spined freely, but to no purpose, their opponents keeping their lead and passing the boat steps at least three lengths in advance.

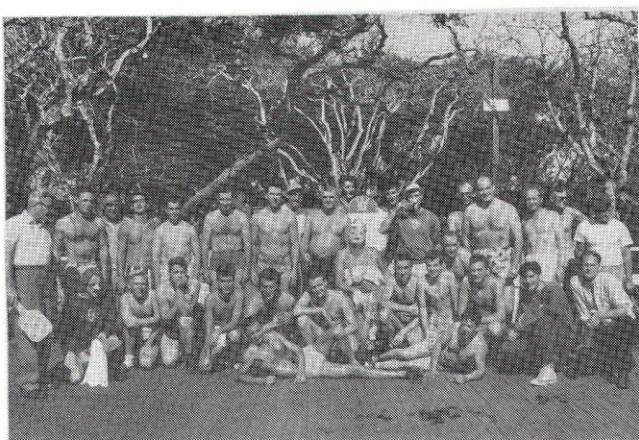
The ponderous oarsmen were chaffed unmercifully and had to do the honors for the rest of the day."



Here are a variety of faces at the very end of the 1990 Golden Gate Swim slow day. As the swimmers received their sticks at the base of Lime Rock, their images were captured by Dolphin Barbara Keller's camera lens. The shots are presented here in a collage effect.



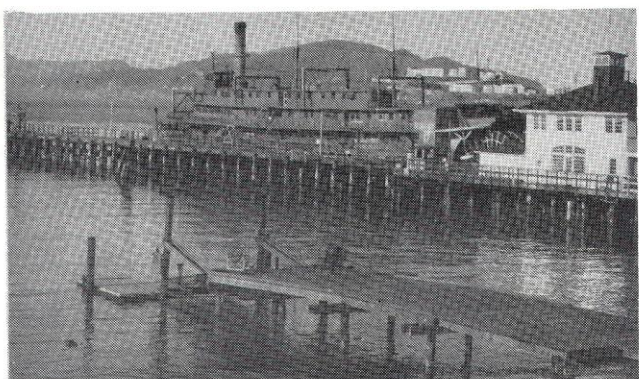
Left to right on the 1990 Over 60 Cove swim this year are Joe Bruno, Walt Schneebeli, Bob Hoff, Charlie Rockwood, Nick Zoller, Dan McGill, Glynnis Jones and Bill O'Brien.



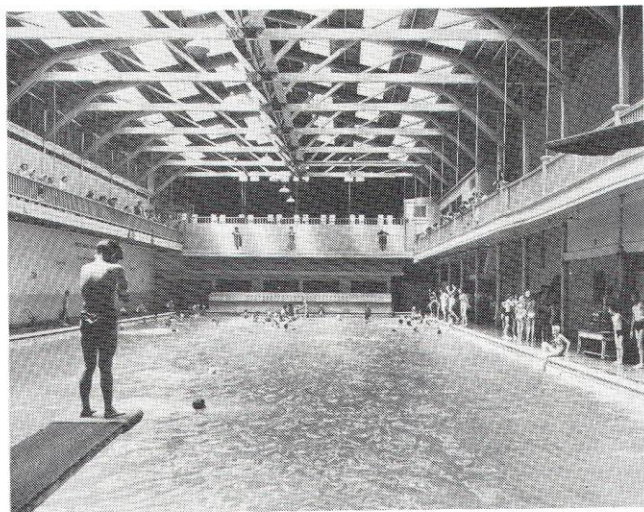
We've come a long way, baby, since this early Dolphin Club initiation. *This photo and the others to the right and below are from the collection of life member Joe Bruno who submitted them for the membership's pleasure.*



At the Dolphin Club's Golden Gate Swim, September 18, 1949, Bill Mahood gets the axel grease treatment from Leonard J. Gelardi and Dan Bagiani (dressed in white). Looking into the camera with the white cap is Frank "Cecco" Menucci and behind him, Martin Vermeulen. The marine, Ray Carmassi won the swim.



This old paddle wheel ferryboat, one of many that once traversed the Bay, sits docked at the Hyde Street Pier and in the foreground is the South End Pier.



The Crystal Palace Plunge was once located on the corner of Lombard and Taylor. Dolphin-owned by Mr. Ceruti, the plunge was originally sea-water pumped and filtered and later torn down for an apartment building. Having been constructed with salvaged lumber from the burned Reden's Brewery, the Crystal Plunge had a high dive and Charlie Save, the life-guard was its renowned coach. Dolphin Jack LaRocca was married there in 1931.

For Dolphins - Mileage Charts are King

Proving once again that mileage charts are king, 38 Dolphins took to the Bay for the lengthy Fort Point swim. Though Suzanne Heim slipped through the water at twice the speed of Pavla Podolska, they both earned the same 3.5 miles and a doughnut.

Many thanks to our crew of dedicated Dolphins for providing a 3 pilot craft to 4 swimmer ratio.

Sights were turned eastward as five teams of Dolphins competed in the annual Trans-Tahoe Relay. In what has become a yearly spectacle, the Water Pigs, led by head pig Conrad Von Blankenberg, demonstrated with grace and aplomb that it's not how fast you swim or when you finish that counts. The importance lies in the creativity used to achieve those goals, not to mention a good pair of swim fins and a strong tow line.

Unfortunately, mother nature proved a greater hardship than stolen swim fins as an electrical storm forced the cancellation of the race, which coincidentally occurred just after the Olympic Club teams finished.

The Over 60 Cove Swim for mature Dolphins was a rousing success. A baker's dozen swimmers, led by Glynn

Jones, mastered the intricate course. Lucky thirteenth place belonged to our ever vigilant galley captain, Cecco Menucci, who reminds us: No wet feet in the kitchen.

The Santa Cruz Pier Swim and picnic was an unqualified success with over 90 Dolphins completing the one mile swim. Distinguished Dolphin medalists included Diane Abele, Susan Allen, Susan Anson, Joe Bruno, Suzanne Heim, Glynn Jones, Sean Kelly, Loretta Madden, Dan Osborne and John Selmer.

Honorable mention to Vince Huang for swimming as well as he did despite some selective amnesia regarding his age on the day of the swim; and to Suzanne Heim for being the first woman to reach the beach and not engage in an un-Dolphin-like foot race to the flags.

Distinguished Dolphins on land included our magnificent hosts, the Groneman and Madden families, who once again provided welcome nourishment for nearly two hundred Dolphins and their entourage. Kudos to the muscle men who showed up at 7:30 a.m. to set up, Mike DiNunzio's fruit bowl, Cecco's supervision, and Stan Hlynsky's buried alive party ball which

served as an oasis spring on a "dry" beach.

Electricity filled the Staib Room as the rankings were unveiled for the Handicap Cove swim.

Following some intense lobbying, the event proceeded. When the surf settled, Jimmy Sancimino was crowned most handicapped. In dedication ceremonies to be held at a later date, a handicapped space will be installed on the Dolphin sun deck in Jim's honor.

The Escape from Alcatraz was proof positive that some people will try anything once, even if it means running/walking/stumbling along the Dipsea trail, as numerous first timers so aptly demonstrated, including first Dolphin Brett Graessle, who led all comers out of the water and off the bikes.

A tip of the swim cap to Tom Callinan, who has completed all ten Escapes to date, demonstrating that consistency and sanity are not related.

Two twilight out of cove swims provided welcome week-end relief for working class Dolphins. On Friday, August 10, an unknown number of Dolphins swam from Pier 41 to Aquatic Park in unknown times. The results will be published when Davey Jones gives them up.

One month later, 75 Dolphins rode the flood express from Gas House Cove to Aquatic Park. The swim served as a mere prelude to the gala hot dog feed and beer belly bust held in honor of our dedicated Dolphin pilots who see to it that our swims stay safe and sane. *Their* selflessness and dedication are the reason that so many Dolphins have the opportunity to swim so often in the Bay, secure in the knowledge that someone is watching over them.

Mark your calendars on Saturday November 3rd for a swim from the Bay Bridge to the Club.

Looking ahead, our annual swim dinner is just a few weeks away. Preparations are under way to produce a memorable and enjoyable feast and awards program. To that end *your* participation is encouraged. If you have any special talents or wish to contribute your time or a door prize, please contact your swim commissioner, or the entertainment chairman, Michael DiNunzio.

Dave Zovickian



Here's a group shot of most of the participants in the 1990 over 60 cove swim.



Veteran Dolphin and living swim legend Joe Bruno finishes in fine form.



Mimi Osborne (left) smiles with other spectators at the finish line of a Club swim event.



Log Editor Jeffrey Heth with daughter Annie who wants to dive in and join the fun.

Dolphin's Ultimate Barbeque

The explosion was a total surprise --- while burning tree cuttings in our large paddock, a can of pressurized starting fluid (ether), used in our emergency generator, had somehow gotten into the pile of blazing branches. The main force of the blast hit me from the waist up --- I looked down at the burned skin, hanging in shreds, from the back of my hands and my sweatshirt in flames and thought, "damn, do I drop and roll in all this horses_ _ (in the paddock) and screw up my burns?" I beat the flames out with the palms of my hands. My wife, Leslie, on hearing the explosion, vaulted the fence and brought me the brand new bottle of Aloe Vera that she had just purchased. I sprayed this on my burns for the 30 minutes it took to drive down from our ranch to the nearest physician, in Felton. He was astounded that my eyes and lungs were still in good shape --- every person that he had treated previously with severe burns to the face had major lung and eye damage! During the time of this initial treatment, he stated that with such severe burns, I should expect scarring on my face and hands and that Aloe Vera was one of the worst things to be used on my

burns. (He has since changed his mind about Aloe Vera.) Of the seven physicians that I saw during the healing process, the four male doctors all stated that Aloe Vera was useless --- the three female doctors and every nurse stated that they couldn't prescribe or even recommend the use of Aloe Vera, but if they had my burns they would probably continue it's use. I did and have no scars. The training and equipment, received from the Dolphin Club probably saved my life, if not serious injury ---

1. When swimming the Gate or Alcatraz, when a wave unexpectedly hits you in the face, you automatically close your eyes, stop breathing, but continue swimming. The same response was automatic in the explosion, while most people would have gulped for air and looked to see what happened.

2. My old Dolphin Club Sweatshirt, made of cotton, absorbed the blast and the exterior caught on fire, but all of my skin, underneath, was protected, where my polyester pants melted and stuck to my skin, creating another obstacle in attempting to treat my burns.

3. Old Doc Howard, for a long time had subtly suggested that everyone

should have Aloe Vera on hand in case of burn or sunburn.

4. Another thing learned while swimming and rowing out in the Bay is to remain cool under any adversity and this was a major factor that assisted me during and after the explosion.

Thanks to the Dolphin Club, I am still alive and am living it up in Hilo, Hawaii --- swimming, and now that I bought the fiberglass Vikings, will be rowing every day.

Tom Robb

2405 Kalaniana'ole #502

Hilo, Hawaii 96720

Tel. # 808-935-6353

(25 Year Member)

(This happened in May 1985.)

New Building Update

Progress on completion of the new building is being made. The myriad of final details required by a variety of government entities ranging from the Bay Conservation and Development Commission (BCDC) to the San Francisco City Building Department are being met -- in many cases with volunteer labor provided by caring Club members.

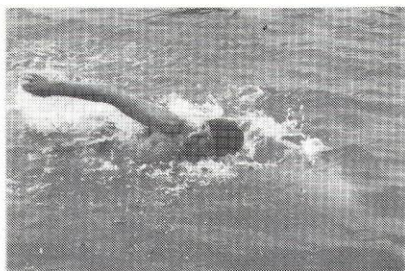
More work is needed. Members with the time and the skills to help are encouraged to volunteer. There are volunteer sign-up sheets posted in manila envelopes at the top of the stairs.

Golden Gate Fast Day Rescheduled

Because the original swim was cancelled due to extremely heavy fog, the Golden Gate Fast Day has been rescheduled for Saturday, October 27. Please watch the bulletin board for further details.

Thanks to Giacomini

Members will note the nicely refinished wooden armchairs which have appeared lately in the Staib Room. This is the work of Jack Giacomini who has rescued these relics from oblivion to restore their shine.



Glynn Jones, with the most calculated stoke in the Club, glides effortlessly through the water.



Kent Price skitters across the surface of the Bay in a compact kayak.



This serious group is approaching the start of the lengthy Fort Point swim.



John Dahlberg discusses a swim with superstar, Suzanne Heim.

Dolphin Swim Statistics

Fort Point July 8

1	Suzanne Heim	55:17
2	Liam Hennesey	58:00
3	John Davies	59:00
4	Mike Garibaldi	60:02
5	John Selmer	60:48
6	James Mason	64:12
7	Jon Nakamura	65:59
8	Paul Watts	68:06
9	Terry Watts	68:07
10	Alan Budenz	71:23
11	Pat McGarvey	72:33
12	John Ladd	73:14
13	John Lennox	74:12
14	David Zovickian	75:21
15	Shannon Kilkenny	78:26
16	Kate Coleman	78:58
17	Mickey Lavelle	79:20
17	Joni B	79:20
19	Gina Bianucci Rus	80:08
20	Pete Neubauer	80:43
21	David Marten	80:47
22	Liz Ann Zircker	80:48
23	Rich Antonchuk	81:32
24	Susan Cobb	85:23
25	Susan Anson	86:35
26	Carla Curtis	86:51
27	Marsha Grimm	87:40
28	John Sullivan	89:36
29	Helene Marchant	91:45
30	Steve Worthington	92:31
31	Roger Kleid	92:42
32	Lorna Newlin	94:12
33	Tom Martz	94:40
34	Keith Nelson	98:20
35	Jerome Duffy	98:35
36	Gerald O'Dwyer	98:52
37	Larry Alioto	107:55
38	Pavla Podolska	118:43

Over 60 Cove July 29

1	Glynn Jones	11:45
2	Herb Madden	13:58
3	Jack Bettencourt	14:08
4	Kent Rogers	14:41
5	Nick Zoller	14:54
6	Walt Schneebeli	15:03
7	Rudy DeMay	16:16
8	Bill Powning	16:23
9	Bob Hoff	18:31
10	Charlie Rockwood	18:40
11	Joe Bruno	18:59
12	Bill O'Brien	24:50
13	Cecco	28:51

Pier 41 Twilight August 10

(The results of the Pier 41 Twilight Swim were lost when they disappeared from the wall after the swim. Anyone knowing their whereabouts, please contact the swim commission)

Twilight Gas House Cove September 14

1	Suzanne Heim	15.09
2	Diana Abele	16.00

3	John Selmer	16.08	45	Bob Danielson	24.13
4	Mike Garibaldi	16.28	46	John Lennox	24.19
5	Jon Nakamura	16.32	47	Carol Block	24.37
6	David Claman	17.15	48	Meg Donaldson	24.40
7	Tom McCarty	17.29	49	Warren Welter	24.47
8	Joe Ferrero	17.45	50	Sam Cuddeback	24.49
9	Brett Graessle	17.55	51	Mystery Swimmer	25.01
10	George Kebbe	17.57	52	Sue Garfield	25.02
11	Karen Drucker	18.03	53	Nancy Horner	25.12
12	Alan Budenz	18.04	54	Era Osibe	25.21
13	Cathy Huang	18.37	55	Gwen Volkman	25.23
14	Linda Stanley	18.41	56	Bill Carpasso	25.38
15	Marla McGowan	18.43	57	Bob Derham	25.41
16	Lorie Palmer	19.25	58	Steve Roach	26.00
17	Wayne Riddle	19.26	59	Keith Nelson	26.23
18	Peter Brandt	19.35	60	Nick Zoeller	26.36
19	Glyn Jones	20.36	61	Mike Grasser	26.43
20	Kate Coleman	20.40	62	Paul McVetty	26.44
21	Pete Neubauer	20.45	63	Susan Lauritzen	26.45
22	Tad Heydenfeld	20.46	64	Kelly Ray	27.07
23	David Copeland	21.03	65	Marilou Lascari	27.09
24	Chris James	21.12	66	Larry Alioto	27.20
25	Terry Scroggins	21.47	67	Will Powning	27.22
26	Tom Callinan	21.52	68	Minda Rosenthal	27.50
27	Scott Anderson	21.53	69	Meg Riley	28.13
28	Peggy Lavelle	21.54	70	Don Reid	29.20
29	Meg Fitzgerald	21.57	71	Keith Weaver	29.41
30	Marcia Grimm	21.58	72	Bill Powning	30.52
31	Rich Cooper	22.01	73	Pavla Podolska	30.58
32	Phil Rollins	22.02	74	Tony Kline	31.00
33	Anna Sommerville	22.05	75	George Austin	32.02
34	Earl Wilson	22.32			
35	Roger Kleid	22.35			
36	John Horner	22.44			
37	Shelly Sullivan	22.45			
38	Barry Christian	23.03			
39	Wendy Kress	23.04			
40	John Webb	23.22			
41	Phil Fernandez	23.23			
42	Stan Hlynsky	23.43			
43	Eric Junker	23.53			
44	Meg Storey	24.05			

Remember

**SWIM
SAFE**

Safety
Comes First
At the Dolphin Club

Cove Handicap August 26

		Finish	Net
1	Jimmy Sancimino	26.51	26.51
2	Don Harrison	28.56	24.56
3	Mary Sancimino	30.26	24.26
4	Bill Powning	30.27	28.27
5	John Webb	30.46	26.46
6	Phil Sancimino	30.46	30.46
7	Tom Sancimino	31.06	31.06
8	Walt Schneebeil	31.48	25.48
9	Mimi Osborne	32.02	30.02
10	Mark Steinborn	32.05	24.05
11	Meg Donaldson	32.09	24.09
12	Era Osibe	32.14	26.14
13	Rudy DeMay	32.27	26.27
14	Nick Zoller	33.06	27.06
15	George Austin	33.13	33.13
16	Gwen Passano	33.32	25.32
17	Meg Storey	33.35	23.35
18	Carol Bloch	33.52	23.52
19	Ken Coren	34.11	24.11
20	Lee Hammacher	34.17	24.17
21	Collin Gift	34.23	22.23
22	Rich Cooper	35.01	23.01
23	Susan Anson	35.11	23.11
24	Kelly Ray	35.34	29.34
25	Lisa Smith	36.34	22.34
26	Armen Katchaturian	36.47	22.47
27	Sam Cuddeback	36.50	24.50
28	Tom McCarty	36.56	16.56
29	Kate Coleman	37.02	21.02
30	Lorna Newlin	37.49	23.49
31	Larry Scroggins	38.04	22.04
32	Karen Drucker	38.23	18.23
33	Phil Rollins	39.13	19.13
34	Bob Danielson	38.25	25.25
35	David Martin	39.36	19.36
36	Alan Budenz	39.36	17.36
37	Cathy Huang	39.56	17.56
38	Dan Osborne	40.11	18.11
39	Liam Hennesey	40.15	16.15
40	John Davies	40.17	16.17
41	John Selmer	40.25	16.25
42	Micky Lavelle	40.35	18.35
43	Sean Kelly	40.41	16.41
44	Ed Urban	40.52	18.52
45	Mike Webb	41.03	19.03
46	Peggy Lavelle	42.42	22.42

ESCAPE FROM ALCATRAZ TRIATHLON August 11, 1990

There were good conditions for this year's escape. Water was mildly flat, currents fair and weather OK. The trail was hot at the top. Many thanks to all who helped. Without your help we couldn't have a safe event. A delightful pasta was served at the dinner with an awards presentation following. Once again the Marin Amateur Radio Club provided communications in tracking the members on the bike and run routes. Many thanks to all who participated.

Pete Bianucci

SINGLES

	Name	Club	Swim	Bike	Total (Run)	Of Note
1	John Kaplanis	SE	39:01	1:25:00	3:33:10	
2	Vince Frusone	SE	46:09	1:32:15	3:40:00	
3	Robert Bili	SE	39:30	1:28:19	3:44:30	
4	Jeff Gunderson	SE	37:41	1:31:01	3:51:10	
5	Kevin Lorne	SE	51:54	1:41:12	3:59:30	
6	Bill Twamey	SE	50:03	1:38:12	4:00:20	
7	Bret Graessle	DC	36:10	1:30:	4:14:01	Fastest Swim/Bike
8	Mike Laramie	SE	50:17	1:36:50	4:21:40	
9	Gordon Chiang	SE	43:39	1:35:10	4:30:10	
10	John Mattox	DC	60:25	1:54:30	4:38:00	
11	Jon Nakamura	DC	37:07	1:34:10	4:39:40	
12	Richard Kosinski	DC	45:54	1:43:10	4:40:30	
13	Philip McGaprigle	SE	56:52	1:57:20	4:53:40	
14	Linda Stanley	DC	42:41	1:46:50	4:54:10	First Woman
15	Eric Groneman	DC	48:54	1:50:20	4:59:00	
16	Chuck Vogt	DC	70:30	2:11:40	4:59:58	
17	Eduardo Barranco	DC	52:29	2:01:30	5:14:00	
18	Mike Lagios	SE	61:29	1:56:30	5:14:25	
19	Andy Field	SE	19:48	1:56:10	5:14:40	
20	Gerald O'Dwyer	DC	64:58	1:59:20	5:21:30	
21	Susan Allen	DC	41:38	1:58:30	5:22:00	Second Woman
22	Mike Webb	DC	43:13	1:59:40	5:22:20	Third Woman
23	Emily Sagar	DC	60:45	2:06:00	5:29:30	
24	Mike Mitchel	DC	53:45	2:10:40	5:29:40	
25	Buck Delventhal	SE	19:18	1:55:15	5:38:30	
26	Nancy Stretch	SE	50:27	1:58:30	5:39:30	Fourth Woman
27	Mary Cantini-Norkin	DC	63:00	2:10:45	5:42:00	
28	Tom Callinan	DC	56:16	1:58:20	5:42:00	
29	Eric Holt	DC	59:01	2:16:30	5:42:00	
30	Bill Martin	DC	46:23	2:15:30	5:42:00	
31	Bill Cappasso	DC/SE	79:10	2:25:00	6:11:10	
32	Peter Royce	DC	75:52	2:11:50	6:24:00	
33	Bret Huffman	SE	49:26	1:13:20	6:34:00	
34	John Newlin	SE	78:29	2:25:01	6:35:00	
35	Keith Weaver	DC	82:30	2:44:10	6:40:00	Longest Swim

RELAY TEAMS

1	Norm Peterson	SE	59:20		
	Pat Cunneen	SE		1:45:40	
	Russ Keiman	SE			4:06:30
2	Shannon Killennuy	DC	45:50		
	Susan Cobb	DC		1:41:30	
	Ken Coren	DC			4:14:40
3	Don Marcharini	SE	51:21		
	Celia DeMartini	SE		1:38:05	
	Dominic Spinetta	SE			4:20:10
4	Susan Allen	DC	41:38		
	Milo Weaver	DC		1:30:02	
	Carol Watson	DC			4:23:40
5	Jerome Duffy	DC	63:03	2:11:50	
	Nick Payne	DC			4:46:20



1990 Swim Schedule



<u>Date</u>	<u>Event</u>	<u>Jump-Off</u>
December 21, 1989.....	Polar Bear Swim Starts	
January 1 (Mon.).....	New Year's Day Cove Swim.....	9:00 a.m.
January 1 (Mon.).....	New Year's Day Alcatraz	8:00 a.m.
January 28 (Sun.).....	✓ Mid-Winter Gas House Cove Swim.....	9:30 a.m.
February 10 (Sat.).....	Mid-Winter Cove Swim.....	9:00 a.m.
March 18 (Sun.).....	✓ Pier 41.....	8:00 a.m.
March 24 (Sat.).....	Spring Cove.....	9:00 a.m.
April 1 (Sun.).....	✓ Pier 39.....	8:00 a.m.
April 22 (Sun.).....	✓ Yacht Harbor.....	7:30 a.m.
May 5 (Sat.).....	✓ Dick Beeler Crazy Cove.....	9:00 a.m.
May 26 (Sat.).....	✓ Crissy Field.....	10:00 a.m.
June 1.....	100 Mile Swim Starts (ends October 31)	
June 9 (Sat.).....	✓ Doc Howard--Over 45 - From Gas House Cove.....	10:00 a.m.
June 22 (Fri.).....	✓ Twilight Cove - BBQ to Follow.....	6:00 a.m.
June 24 (Sun.).....	Qualifier Cove For July 8 Fort Point Swim.....	9:00 a.m.
July 8 (Sun.).....	✓ Fort Point.....	8:45 a.m.
July 14 (Sat.).....	Trans Tahoe Relay.....	TBA
July 29 (Sun.).....	Over 60 Cove.....	9:00 a.m.
August 4 (Sat.).....	✓ Santa Cruz Pier Swim.....	TBA
August 10 (Fri.).....	✓ Twilight Pier 41.....	6:00 p.m.
August 11 (Sat.).....	Escape From Alcatraz Triathlon.....	TBA
August 26 (Sun.).....	Handicap Cove.....	9:00 a.m.
September 14 (Fri.).....	✓ Twilight Gas House Cove and Pilot Appreciation Dinner.....	6:00 p.m.
September 30 (Sun.).....	Golden Gate II - Slow Day.....	9:45 a.m.
October 13 (Sat.).....	Alcatraz.....	9:15 a.m.
October 27 (Sat.).....	Golden Gate I - Fast Day (rescheduled from Sept. 29).....	TBA
November 10 (Sat.).....	Annual Swim/Pilot Appreciation Dinner.....	Evening
November 22 (Thurs.).....	Thanksgiving Day Cove.....	9:00 a.m.
December 10 (Sun.).....	New Year's Day Alcatraz Qualifier.....	9:00 a.m.

Note: Jump-off times are subject to change -- TBA means "To Be Announced"

Swim Program Rules

1. Club scheduled swims are restricted to club members only.
 2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
 3. Swimmers must be members in good standing with dues current and swim fees paid.
 4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
 5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
 6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
 7. Swim sign-up sheets are posted two weeks prior to each swim.
 8. Time limits are imposed and enforced for all swims.
 9. All club boats are reserved for scheduled swims; riders are prohibited.
- Additional qualifications for Alcatraz and Golden Gate Swims •
10. In-town members must successfully complete 2 swims marked with a check mark (✓) and one other scheduled swim and pilot or help on at least 2 others.
 11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
 12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

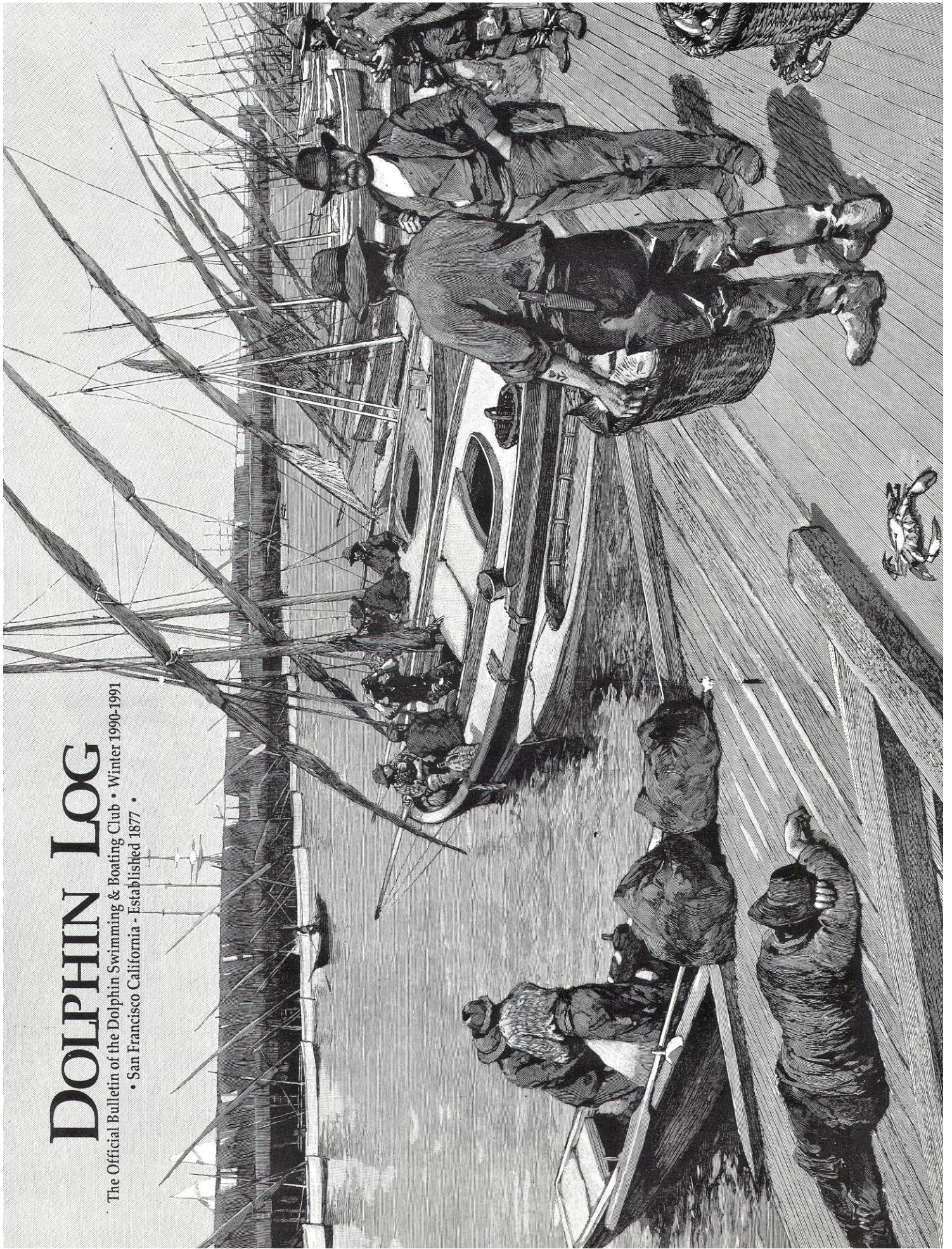
Dolphin Swimming & Boating Club

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

BULK RATE
U.S. POSTAGE
PAID
San Francisco
California 94109
Permit No. 1020

DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club • Winter 1990-1991
• San Francisco California • Established 1877 •



Dolphin Bulletin Board

Miscellaneous News and Notes For the Dolphin Club Membership

On The Cover Of the Dolphin Log

Avid Dolphin oarsman Padraic Doyle furnished this dramatic etching from his unusual collection of turn-of-the-century prints. Published in Harper's Weekly, April 20, 1889, the piece was captioned "Sicilian and Italian fishermen's dock, San Francisco. -- Drawn by H.F. Farny".

1991 Election Results

The Dolphin Club's annual election of officers was held as usual and the results were announced at the December meeting. A total of 832 ballots were mailed. 464 were returned (2 were not counted due to lack of signatures). Here are the official results:

Officers:	
Unopposed -- see list lower corner this page.	
Governors:	
1. Jon Beilinski	304
2. Michael DiNunzio	289
3. Colin Gift	261
4. Kate Coleman	239
5. Ann Tingley	234
6. Steve (Jerome) Duffy	222
7. Ken Coren	217
8. Bill Rus	192
9. Walt Stack	190
- above 9 elected Governors	
10. Nick Pavicic	151
11. Peter Marchant	134
12. Kent Rogers	130
13. Tracy Cambron	127
14. Alan Brown	102
15. Padraic Doyle	94
16. Jerry O'Dwyer	62
The top 9 vote-getters comprise the 1991 Board of Governors.	
By-Laws Ammendment	
Approve	338
Disapprove	28
Abstain	33

End Clubs participated in a variety of events including event #10, the Water Pig Relay (everything goes). A special Ironman Award went to Tim Callahan for doing every event.

Volunteers Pour Forth To Keep Club Clean

An all-volunteer cleaning program spearheaded by Lou Marcelli has brought forth dozens of concerned Club members who have signed up for various cleaning chores aimed at everything from mirrors and windows, to toilets, floors and walls. The result has led to a significantly cleaner Club. With the efforts of Lou Marcelli and Mimi Osborne, we can expect an ongoing program to keep things clean throughout the year.

1st Annual Pool Swim Meet A Success

Organizers Cathy and Vince Huang reported a successful Swim Meet held at USF's Koret Health & Rec Center's pool on December 16. Numerous teams and individuals from the Dolphin and South

To Whom

It May Concern:

If anyone has been wondering what happened to me, I am a stu-

- continued on page 4



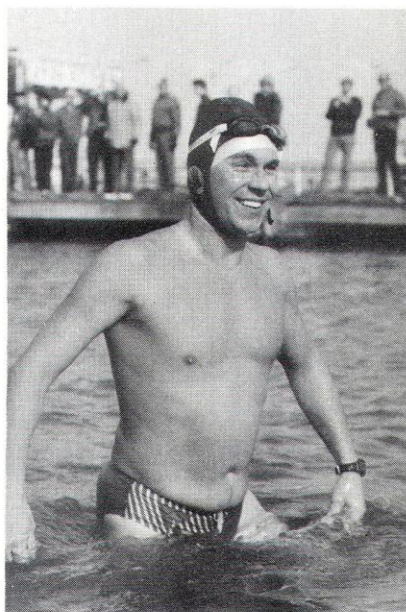
The Dolphin Log

Editor: Jeffrey Howard Heth

Photographs in this issue are by
Barbara Keller and Anne Sasaki

Published By
The Dolphin
Swimming & Boating Club Inc.
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

1991 Officers
President - Peter Bianucci
Vice President - Meg Reilly
Treasurer - Lorna Newlin
Recording Secty - Mike Webb
Financial Secty - Jeffrey Heth
Boat Captain - Jeremy West
Board of Governors
Jon Beilinski
Michael DiNunzio
Colin Gift
Kate Coleman
Ann Tingley
Steve (Jerome) Duffy
Ken Coren
Bill Rus
Walt Stack



John Davies doesn't look like he just swam from Alcatraz on New Years day, but he did.



Susan Cobb strikes a pleasing pose properly attired for rescue aboard a Club "Avon".

Bruno & Silvester Among Dolphin Competitors in 1937 Treasure Isle Race

History
Compiled by Joe Bruno

In 1937, the City was making grand plans for the 1939 Golden Gate International Exposition. Treasure Island was the site of much activity and on one particular Sunday, a "Discovery Voyage" to the site was organized as an early promotion for the event. Speech makers competed with brass bands; the military stood resplendently by and the more mobile police shooed-away those who wandered into areas not open for inspection. Hot dog vendors did a great business and the many spectators could enjoy an exciting finish to the swim race from San Francisco to Treasure Island.

Joe Bruno, veteran Dolphin Club member who completed his 58th consecutive annual crossing of the Golden Gate in 1990 was there in 1937 and dug into his archives for the photo below of the Exposition site and the interestingly written news story from the daily paper

November 21, 1937 which is reprinted herewith.

Joe along with other Dolphins such as Paul Silvester who is also still active at the Club, participated in the race.

From The San Francisco News, November 21, 1937:

Hosmer Wins Long Race to Exposition Treasure Isle

Horace Hosmer, a lad with a build like a battle ship, a heart like a lion and a mighty fair swimmer, won the swim race from San Francisco to Treasure Island yesterday afternoon. Horace, let it be known, beat 18 other starters in this man's sized outdoor swim task. Only ten were able to finish the long, cold course that took the winner 63 minutes and 23 seconds to complete. It was Walter Kramer who set the early pace, with Frank Brissette close on his heels.

Peggy Marks, shapely San Francisco mermaid, swam back stroke all the way. While Peggy was not officially in the race

she did negotiate the swim in 89:40. Peggy finished her long swim very little the worse for the long paddle. In fact, we might say she was in better shape than any of the men.

The inevitable gamester who refuses to be taken from the water until he accomplishes what he set out to do proved to be Al Dobson, an applicant for membership in the South End Rowing Club. Dobson turned thumbs down, or was it up, at the Coast Guard lad who tried to induce him to leave the water before he finished. He was in the water 107 minutes and 10 seconds.

They finished as follows:

Name	Club	Time
Horace Hosmer	(S.E.)	63:23
Bob Cohn	(S.E.)	65:29
Walter Kramer	(Ariel)	66:08
Tommy Wenmoth	(Dolphin)	70:07
Frank Brissette	(S.E.)	72:30
Joe Bruno	(Dolphin)	77:54
Paul Silvester	(Dolphin)	85:00
Fred Bollow	(Dolphin)	98:00
Earl Roylance	(Dolphin)	103:20
Al Dobson	(S.E.)	107:10

Tom Tronum of the Dolphin Club successfully defended his singles title in the rowing events held in the lagoon between Treasure Island and Yerba Buena Island. The South End oarsmen captured the four-oared event from the Dolphins.



Dolphins Joe Bruno and Paul Silvester were among the participants in the "Discovery Voyage" swim from San Francisco (foreground) to Treasure Island in 1937.

More Bulletin Board - News and Notes For All Dolphins

- continued from page 2

dent at the Wharton Business School at the University of Pennsylvania, in Philadelphia. Since no one swims in the freezing Schuylkill River, I have gotten back into rowing crew. The other day, I was lifting weights in the Penn Boathouse (built in 1861). Next to the weight lifting area is the trophy case, where the shirts of the many prestigious crew teams Penn has raced are proudly displayed. As my eyes scanned over the case, something caught my eye. In fact, I did a total double take. There, next to the national team shirts from the Soviet Union, Italy and Brazil; next to shirts from the Olympic Games, Pan Am Games and Henley Royal Regatta; next to shirts from the best American crew schools such as Cal, Washington and Harvard; was the familiar logo of the good ol' Dolphin Club.

The shirt was old, and it looked so out of place that someone had put a note on it describing where it came from: "Dolphin Club, San Francisco, California." Looking at that shirt brought back some fond memories of my friends 3,000 miles away, toughing it out in the cold water of the world's prettiest swimming pool. I'll be coming back for holiday break.

Sincerely, *Peter Brigham*

27 Year Member

Bill Greer Dies

Veteran Dolphin and Bay Area journalist William Greer died December 8 in San Rafael at the age of 85.

Bill taught journalism at Stanford University, UCSB and SF State for nearly 20 years while working as a news editor at NBC.

A contributor to this publication, Bill was an inspiration to many as he took his daily dip in the Bay.

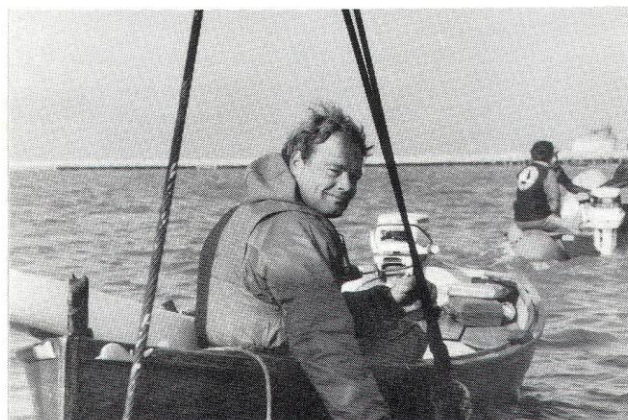
"Swimming is one thing, but swimming here (at the Dolphin Club) is something else. The bay -- and moderation -- keep me young," he said.

The poem below appeared first in the *Dolphin Log* of November, 1980.

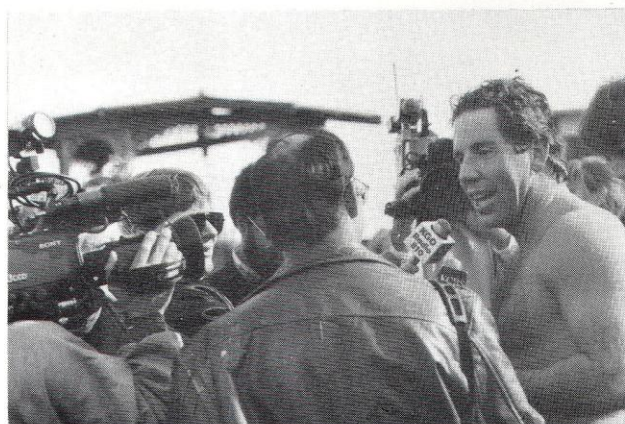
Venerable Dolphin Swimmers

These tough old men, gnarled and tight of joint,
Skin leather-loose and seared with cancer scars,
Have centuries among them. They anoint
Their parchment hides with creams from tubes and jars
And plunge with hoot-n-holler, frisky porn,
And aches of age into the icy bay.
They're all as one, yet each alone, and borne
With stalwart strokes through chop and calm each day.
Such happy men! But nights they sometimes wake
In anguish known alone to men of years --
Anxieties and deep despair that make
An angst of thought and turn their hopes to fears.
And yet such dread will often fade to dreams
Of friends who swim through sunlight's laughing beams.

Bill Greer



Board member Colin Gift wields one of the Club's pilot boats through the brine on the annual New Years Day Alcatraz swim.



And the big winner New Years day was Liam Hennessey shown here attracting a big crowd of paparazzi.

President's Message

As 1990 has come to a close, I would like to thank all the members of the Dolphin Club for a great year.

The Club started the year with a very tight budget. I'm very happy to report that all the commissioners and officers worked very hard to stay within that budget.

In the weight room, we added new bicycles and a Stair Master. Roger Battaglia, weight room commissioner, reminds us to wear our shoes and shirts when using the weight room. Roger and his crew work very hard to keep the most used room in the Club clean.

The Dolphin Club Annex is near completion with only minor items to be completed. Next year will bring the opening of the men's locker room extension and dedication of the Sancimino Room. Many thanks to the volunteers that have installed panelling both on the top floor and in the Herman Zahler room.

A special thanks to Michael DiNunzio for handling rowing train-

ing and entertainment.

The swim program, led by Dave Zovickian, was very active this year. Many Dolphins participated in the program by swimming and helping out.

Volunteerism is abundant at the Club. The Tuesday night boat re-

During daylight savings the hours will be 11:30 to 6:30. The fee has been raised to \$6.50. This will also pertain to any of your guests using the Club. The most important issue was the use of the clubs' personal property (boats) and use of the clubs by other groups. The City

found that the public could not use the clubs' personal property. They also recognize that the two clubs are the swimming authorities on San Francisco Bay. They say that as long as we have a written policy as to how we review a proposed event, that the clubs can choose whether they wish to handle that event. The main thing is no outside group can "take over" the Club for its event.

The time in preparation and attending the two "open to the public" meetings paid off. Once again the members pulled together and presented a united front.

My wishes to all the members and their families for a happy and an active 1991.

Pete Bianucci

OLD TIMERS' CRAB FEED Saturday, February 23rd, 1991

Antipasto
FRESH CRACKED CRAB
Pasta • Salad • Dessert
Wines of the Region

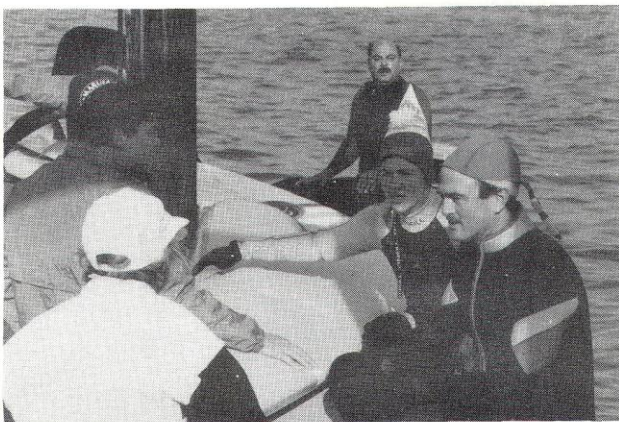
TICKETS GO ON SALE FEBRUARY 1st

*A SELL-OUT is expected; Buy Your Tickets Soon.
Reserve and Pay for Tickets by Seeing:
Lou Marcelli, Mimi Osborne, Jack Giacomini,
Mike DiNunzio, or Frank "Cecco" Menucci*

Limited Seating -- Don't Wait to Buy Your Tickets

pair parties continue. There is plenty to do.

The Recreation and Park Department has finalized their review of the two club's operations. I am happy to report their findings. The clubs will be open to the public 5 days a week, alternately. In the winter the hours will be 10 to 5.



Pete Bianucci (rear), Linda Stanley and others "de-board" onto the Dolphin dock after the big New Years Day swim.



Here's another regular pilot -- one of many who make the Dolphin Club's swims possible every year.

Letter To the Editor From a Concerned Dolphin

Dear Fellow Dolphins:

With the New Year traditionally being both a time of reflection and of implementing change, it seems appropriate to share with you some information I've recently come across and am enthusiastic about.

Since we Dolphins share a love of fitness activities and nature, many of us are interested in both personal health and the health of the environment.

I've found there to be a lot of misinformation out there about nutrition and health. However, a brief pamphlet called "Realities for the 90s" cuts through the mumbo-jumbo, and shows the direct relationship between dietary habits, individual health, and major environmental concerns. It is personally significant to me because it shows how the daily dietary choices we make as individuals influence not only our own health, but also the health of the earth.

This pamphlet made enough of an impact on me that I've ordered multiple copies and have placed a large stack of them in the Staib Room at the Club for any interested members.

The "Realities for the 90s" pamphlet is a concise compilation of facts drawn from the Pulitzer Prize nominated book, *Diet for a New America* by John Robbins.

Below is just a small sampling of some realities about the health and ecological effects of our meat-centered diet which are contained in the pamphlet:

Facts excerpted from the Pulitzer Prize Nominated **Diet For A New America** by John Robbins

The diet of North Americans has changed significantly since 1900. At that time most meals were based on grains, potatoes, fresh vegetables and fruit - meat was consumed only occasionally and in small amounts. This dietary style was rich in fiber and complex carbohydrates and low in refined sugars. In recent years we have replaced this diet with one based upon high-fat, low-fiber foods - namely meat, dairy and other animal products.

By 1985, Americans were eating half the amount of grains and potatoes they ate in 1909, while their beef consumption had increased by almost half, and their poultry consumption increased by over 280 percent. Such drastic dietary changes cannot occur without significant consequences - not only in our health, but in the economy and the environment as well.

Here are some realities about the health and ecological effects of our meat-centered diet:

Amount of corn grown in United States consumed by human beings: **20%**

Amount of corn grown in United States consumed by livestock: **80%**

Amount of soybeans grown in United States consumed by livestock: **90%**

How frequently a child on Earth dies as a result of malnutrition: **Every 2.3 seconds**

Pounds of grain and soybeans needed to produce
1 pound of edible food from:

Beef	16	Turkey	4
Pork	6	Chicken/Egg	3

Number of children who die as a result of malnutrition every day: **38,000**

Amount of nutrient wasted by cycling grain through livestock:

Protein	90%	Fiber	100%
Carbohydrate	99%		

Number of people who will die as a result of malnutrition this year: **20,000,000**

Pounds of edible product that can be produced
on an acre of prime land:

Cherries	5,000	Potatoes	40,000
Green beans	10,000	Tomatoes	50,000
Apples	20,000	Celery	60,000
Carrots	30,000	Beef	250

Number of complete vegetarians who can be fed on the amount of land needed to feed 1 person consuming a meat-based diet: **15**

Amount of U.S. cropland producing livestock feed: **24%**

Amount of U.S. cropland producing fruits and vegetables: **2%**

Number of people who could be adequately nourished using the land, water and energy that would be freed from growing livestock feed if Americans reduced their intake of meat by 10%: **100,000,000**

Historic cause of demise of many great civilizations: **Topsoil depletion**

Amount of original U.S. topsoil lost to date: **Over two-thirds**

Current annual topsoil loss on agricultural land in the U.S.: **Over 5 billion tons**

Amount of U.S. topsoil lost from cropland, pasture, rangeland and forest land directly associated with livestock raising: **85%**

Number of U.S. forest which have been cleared to create cropland, pastureland and rangeland currently producing a meat-centered diet: **260,000,000**

Number of acres of U.S. land which could be returned to forest if Americans adopted a meat-free diet and ceased exporting livestock feed: **204,000,000**

Number of acres of U.S. land which could be returned to forest for each American who adopts a meat-free diet: **0.8%**

User of more than half of all water consumed for all purposes in the United States: **Livestock production**

In California, the number of gallons of water needed to produce 1 edible pound of:

Tomatoes	23	Grapes	70
Lettuced	23	Milk	130
Potatoes	24	Egg	544
Wheat	25	Chicken	815
Carrots	33	Pork	1630
Apples	49	Beef	5214
Oranges	65		

I hope you find the data helpful. The pamphlet continues for several pages making a broad range of points related to diet and the environment and is fully foot-noted. If you're interested in learning more, please look for a copy in the Staib Room. If you're already familiar with it, please pass one along to a friend.

Best wishes for a healthy New Year,
Charles Yourd,
Dolphin Club member

1990 Club Milestones

Compiled by Walt Schneebeli

Life Membership (25 Years)

John Davis	Joined February 1965
Charles Wildberger	Joined March 1965
Lou Marcelli	Joined May 1965
Thomas Robb	Joined May 1965
Walt Stack	Joined June 1965
Conrad Liberty	Joined July 1965

Golden Dolphin Membership (50 Years)

Peter Sturiale	Joined February 1940
Al Liva	Joined August 1940
Antone Gelardi	Joined December 1940

Deaths

Peter Stocker	Died 5/12/1990	Joined Dec. 1986
Chester Dechent	Died 8/8/1990	Joined Nov. 1920
Dan Murphy	Died 9/7/1990	Joined May 1958
Bill Greer	Died 12/8/1990	Joined June 1963

Death Revealed

Harry Fields	Died 11/8/1980, Indianapolis, Ind	Joined Nov. 1949
--------------	-----------------------------------	------------------

Thanks!

Thank you to the following who so generously provided door prizes at the annual pilot and swimmers appreciation and awards dinner:

- Acapulco Restaurant (Larkspur)
- Angelina's Deli
- Baxter's Restaurant (Larkspur)
- Cable Car Canteen (Colin Gift)
- Cafe Pescatore (Steve Pinetti)
- Cafe Riggio
- Compadres Restaurant
- Firehouse B.B.Q. (Larkspur)
- Fog City Diner (Joe Peck)
- Fort Mason Meat Market
- Green's Restaurant (Anne Sommerville)
- Houlihan's Restaurant
- Little Rio Pizza
- Lo Coco's Restaurant
- Marin Brewing Co. (Larkspur)
- Mark Hopkins Hotel (Peter Schaf)
- Pier 23 (Flicka McGurrian)
- Swan Oyster Depot (Sancimino Family)
- Thom's Natural Foods
- Tommy's Restaurant
- Ton Kiang Restaurant
- Tuscan Inn (Steve Pinetti)
- Vicolo Pizza
- Yet Wah Restaurant
- Case Corona Beer (Bob Derham)
- Champagne (Helene & Peter Marchant)
- Case Anchor Steam Beer (Jon Nakamura)
- Asher Clinic (Larkspur)
- Blue & Gold Fleet
- The Camera Company (Larkspur)
- Frank's Fisherman Supply
- Galetti Bros. Shoe Service (Elmer Tosta)
- Massage by Dodi Marosi
- Massage & Hot Tub (Mike Webb, not personally)
- Office Anglin' (Mag Donaldson)
- On the Run
- Sullivan's Sport Shop
- 24 Hour Nautalis (Larkspur)
- 26 Thomas Jeffersons (Bill Powning)
- Ultra Health Physical Therapy (John & Marty Mattox)

Caught in the Act of Being Themselves

Photos by Anne Sasaki



High Noon at the Dolphin Club, October 28, 1990. Photo by Wes Sasaki. (L to R) Walt Schneebeli, Stan Hlynsky, Anne Sasaki, Frank "Cecco" Menucci and Ron.



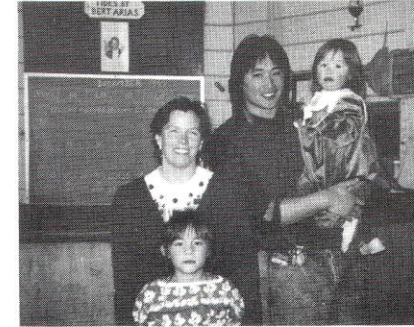
Wise Walter watches the adult (?) Water Pig Relay. Shouldn't that event have an "R" rating?



Party mammals Phil Fernandez and Era Osibe



Francesco Mennucci's real life daughter, Santa himself and one of Cecco's many adopted daughters, Meg Reilly.



Creators of the first-ever Dolphin/South End Pool Meet, Cathy and Vince Huang, with Jessica and Chelsey in Dad's arms.



USF Masters swimmers/Dolphins Anne Clark and Cathy Huang with Olympian Gail Roper, USFM Coach, who at age 45 swam our cove in 15 minutes.



True Grit. New board members Ann Tingley, who became a triathlete this year; and Mike Webb, who pulled off a 28 second, 50 yard freestyle in the morning pool meet and still had energy to party.

Swim Gods Surface During Swim Season

The 1991 swim season is upon us, with a full calendar of events sure to please even the most discriminating Dolphin. Do take a moment to mark your calendars and reserve those dates near and dear.

Gazing back to the warm, waning moments of the 1990 swim season, Dolphins everywhere were focusing on the year's marquee events, the Golden Gate and Alcatraz swims. Unfortunately for the "Fast" Gate swimmers, the weather gods weren't quite so focused. Heavy fog forced not only the cancellation of the scheduled September 29 swim but also the make-up date one month later. Beyond disappointing 70 plus swimmers, the weather gods also established who's in charge on the Bay with an up close and personal illustration of how quickly the fog can lift and drop. Being caught out of sight of land and without a compass is an unnerving experience. The morale of this story: Never venture upon the Bay with the swim commissioner in the fog, but if you must, bring a compass and stay close to land. In spite of the fog and its rude treatment of the swim commissioner, the "slow" swimmers had their day in the partial sun September 30th.

Without the hot shot competition,

some new names were placed on the honor roll, including first overall Peter Drino, first woman Gina Rus and first city employee Walt Schneebeli (retired). Oldest finisher and holder of the most consecutive crossings (58), Joe Bruno was once again an inspiration by example. At the other end of the spectrum, Tom Allen was first among first timers and youngest of all was Kelly Ray. The sun shone bright October 13th for the 30th annual Alcatraz swim. Suzanne Heim triumphed over John Selmer and 78 other Dolphins for the crown.

October 31st closed out the five month long 100 mile swim challenge. Laura Merkl proved most dedicated to the task, amassing 187.75 miles. John Davies finished second with a close 167 miles. John took a sabbatical from Bay swimming this past summer to successfully swim the English Channel. Unfortunately for John, those miles didn't count toward the 100 mile swim. Saturday, November 3 witnessed 35 Dolphins successfully battle strong headwinds, the glare of the sun and hordes of pleasure craft while riding a 5.7 knot ebb from the Bay Bridge to the Dolphin Club. When the wake settled, John Selmer had edged out reigning champ John Davies for top

honors. The culmination of the Dolphin swim and social season, the annual pilot and swimmer appreciation and awards dinner was held November 10 under the direction of entertainment chairman Michael DiNunzio. Dolphins and guests were treated to a lavish dinner. Through the generosity of area merchants and restaurateurs, a wide variety of door prizes were awarded throughout the evening (see complete list of donors this page). The Dolphin Club appreciates the generosity and support of these establishments.

Numerous awards and trophies were presented throughout the evening. Gina Bianucci Rus copped the most improved swimmer of 1990 award, displaying tremendous advancement over 1989. Even though she did admit to training in a pool with ...a masters group. Bill Powning was the most inspirational swimmer of the year if for no other reason than his inspirational style of dress, along with his persistence in the water and his singular achievement of having completed all 16 polar swims to date.

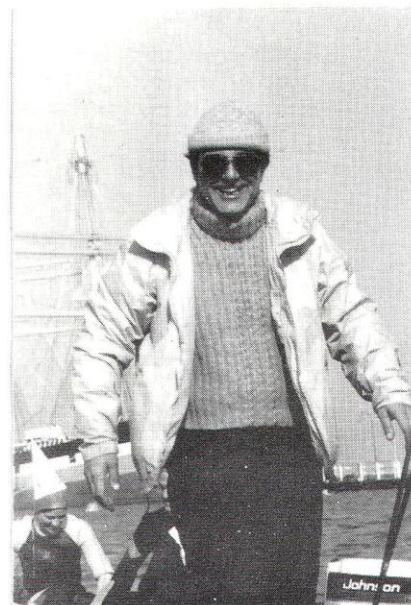
No one was more deserving of an award than helper of the year, Mimi Osborne and pilot of the year, Harry Louie. Harry and Mimi demonstrated remarkable dedication to the Dolphin



Daily dipper Joan Bard was among a very large throng of spectators New Years day.



Mariucca Iaconi also joined the big crowd. What a great way to start the new year!

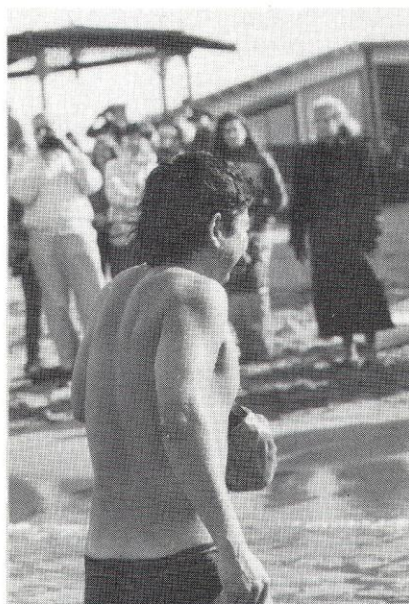


Party-maker, rowing trainer and Board member, Mike DiNunzio beams with New Year glee.

Club in general and the swim program in particular. Though certainly not the most vocal or visible, they are among the most dedicated. The 1990 swim season closed out on Thanksgiving day under the expert guidance of Mary Cantini-Norkin. A surprisingly large flock of Dolphins turned out to join in some pre-feast exercise, with Liam Hennessey appropriately leading the way through Mary's inspiring bunny-shaped course. Splashing into the new swim season, the 1990-1991 Polar Bear was inaugurated with sub-freezing temperatures, arctic winds and a frozen foot bath. In spite of this rather rude introduction, nearly 120 Dolphins are signed up for a chance to earn the coveted marble block and bear. If the first few weeks are any indication of what's to come, this will be a very challenging winter. 1991 began clear and crisp with a brisk north breeze and 47 degree water.

The New Year was christened with a cove dip for moderately hardy souls with two time and reigning champ Dan Osborne on the sidelines in a foot cast. Lori Parmer bravely led the pack around the half mile course. Shortly thereafter, 42 Dolphins and Southenders took the long ride out to Alcatraz for a chilling and thrilling swim back. In one of the closest finishes witnessed of late, Liam Hennessey dodged adversity and outraced Suzanne Heim by two seconds to fetch

- continued on page 11



Jon Nakamura prepares a dash through the waiting crowd after the New Years Alcatraz.

Volunteer Survey

Please tell us who you are and what volunteer activities interest you

Name: _____

Address: _____

Phone: Home-- _____ Work-- _____

(do ☐ do not ☐ call me at home)

(do ☐ do not ☐ call me at work)

Profession: _____

Special Skills/Interests: _____

PLEASE CHECK ALL THAT APPLY TO YOU:

- ☐ I'd like to be a volunteer coordinator.
- ☐ I have a word processor and can type.
- ☐ I can run errands on short notice.
- ☐ I'll do clerical jobs like stuff envelopes, write simple notices, etc.
- ☐ I have a computer and can do simple record keeping.
- ☐ I have a computer and can do programming.
- ☐ I can do kitchen duty as a helper.
- ☐ I can organize and cook food for a crowd.
- ☐ I can help organize social events.
- ☐ I would volunteer for Club sponsored charitable activities.
- ☐ I do carpentry.
- ☐ I do odd jobs.
- ☐ I can swing a paint brush.
- ☐ I write well.
- ☐ I can help with office management and bookkeeping projects (eg. organizing Club payroll, tax and contracting records -- we really need volunteers).
- ☐ I would like to be part of a phone tree (ie. designated people who would telephone members to let them know of important public hearings or of emergency situations).
- ☐ I would help monitor the safety notice/waiver program (ie. insure that safety notices are conspicuously posted and that waivers are available to and signed by day users on entry).
- ☐ I would give new member orientations once a month.
- ☐ Other -- what other project would you like to do? _____

Return to:

**Volunteer Coordinator
Dolphin Club
502 Jefferson Street
San Francisco, CA 94109**

Dolphin Swim Statistics

Gas House Cove

Sept. 14, 1990

1. Suzanne Heim	15:09
2. Diana Abele	16:00
3. John Selmer	16:08
4. Mike Garibaldi	16:28
5. Jon Nakamura	16:32
6. David Claman	17:15
7. Tom McCarty	17:29
8. Joe Ferrero	17:45
9. Brett Graessle	17:55
10. George Kebbe	17:57
11. Karen Drucker	18:03
12. Alan Budenz	18:04
13. Cathy Huang	18:37
14. Linda Stanley	18:41
15. Marla McGowan	18:43
16. Lorie Palmer	19:25
17. Wayne Riddle	19:26
18. Peter Brand	19:35
19. Glyn Jones	20:36
20. Kate Coleman	20:40
21. Pete Neubauer	20:45
22. Tad Heydenfeld	20:46
23. David Copeland	21:03
24. Chris James	21:12
25. Terry Scroggins	21:47
26. Tom Callinan	21:52
27. Scott Anderson	21:53
28. Peggy Lavelle	21:54
29. Meg Fitzgerald	21:57
30. Marcia Grimm	21:58
31. Rich Cooper	22:01
32. Phil Rollins	22:02
33. Anna Sommerville	22:05
34. Earl Wilson	22:32
35. Roger Kleid	22:35
36. John Hornor	22:44
27. Shelley Sullivan	22:45
38. Barry Christian	23:03
39. Wendy Kress	23:04
40. John Webb	23:22
41. Phil Fernandez	23:23
42. Stan Hlynsky	23:43
43. Eric Junker	23:53
44. Meg Storey	24:05
45. Bob Danielson	24:13
46. John Lennox	24:19
47. Carol Block	24:37
48. Meg Donaldson	24:40
49. Warren Welter	24:47
50. Sam Cuddeback	24:49
51. Mystery Swimmer	25:01

52. Sue Garfield	25:02
53. Nancy Hornor	25:12
54. Era Osibe	25:21
55. Gwen Volkman	25:23
56. Bill Carpasso	25:38
57. Bob Derham	25:41
58. Steve Roach	26:00
59. Keith Nelson	26:23
60. Nick Zoeller	26:36
61. Mike Grasser	26:43
62. Paul McVetty	26:44
63. Susan Lauritzen	26:45
64. Kelly Ray	27:07
65. Marilou Lascari	27:09
66. Larry Alioto	27:20
67. Will Powning	27:22
68. Minda Rosenthal	27:50
69. Meg Reilly	28:13
70. Don Reid	29:20
71. Keith Weaver	29:41
72. Bill Powning	30:52
73. Pavla Podolska	30:58
74. Tony Kline	31:00
75. George Austin	32:02

PILOTS: Paul Gullicksen, Al de la Pena, Eric V., Elizabeth Hale, Andy Camous, Alan Brown, Karen Boyer, Eduardo Barranco, Greg Bell, Pete Bianucci, Marla McGowan, Jeremy West, Tracy Cambron, Ann Tingley, J. Kilkeny, Mike Mitchell, Tom Hoffman, Susan Allen, Anne Sasaki, Mickey Lavelle, Celeste McMullin, Rich Antonchuk, Somebody Spiegelman, Don Harrison, Bob McKenzie, Kathy Dermatzakis, Colin Gift, Bob Chorak.

Golden Gate - Fast Day - Sept. 29, 1990

Swim Cancelled Due to Heavy Fog Bank Shrouding Bridge and Vicinity. Visibility Nil.

Golden Gate - Slow Day - Sept. 30, 1990

TWO-GROUP START:
Group I (Slow) @ 0953
Group II (Fast) @ 0958

1. Peter Drino (I)	27:52
2. Randy Pinetti (II)	30:09
3. Gina Rus (II)	31:38
4. Scott Anderson (II)	31:42

5. Tom Allen (II)	31:59
6. Conrad Liberty (II)	32:30
7. Roger Kleid (II)	33:01
8. Bob Danielso (II)	33:35
9. Tom Callinan (II)	34:00
10. Ken Coren (I)	34:16
11. George Gara (II)	34:22
12. Colin Gift (I)	34:34
12. Carla Curtis (II)	34:34
14. Lorna Newlin (II)	34:35
15. Jerome Duffy (II)	35:03
16. Eric Junker (II)	35:04
17. Cliff Jennings (II)	35:11
18. Flicka McGurrin (II)	36:06
18. Barry Christian (II)	36:06
20. Carol Block (II)	36:26
21. H. Marchant (II)	36:46
22. Kent Rogers (II)	36:50
23. W. Schmeebell (II)	36:54
24. Meg Storey (II)	27:04
25. Dodi Marosi (II)	37:09
26. Bob Derham (II)	37:52
27. S. Cuddeback (II)	37:53
28. Greg Bell (I)	38:29
29. John Webb (II)	38:37
30. Lee Hammack (II)	38:43
31. Sue Garfield (II)	38:45
32. Tom Martz (II)	39:17
33. Brian Marin (I)	39:33
34. Bill Callahan (II)	39:38
35. Gwen Passano (I)	40:15
36. M CantiniNorkin (I)	40:33
37. Mike Strasser (II)	40:34
38. Mag Donaldson (I)	40:42
39. Era Osibe (I)	40:45
40. Sandy Lehmkuhl (I)	40:51
41. Mary Sancimino (I)	41:01
42. Don Harrison (I)	41:08
43. Nancy Hornor (I)	41:17
44. Warren Welter (I)	41:30
45. Larry Alioto (I)	42:11
46. Anna Henry (I)	42:20
47. Chuck Vogt (I)	42:25
48. Rudy DeMay (I)	42:38
49. Jim Sancimino (I)	42:43
50. Paul McVetty (I)	43:01
51. Bill Capasso (II)	43:42
52. Will Powning (I)	45:26
53. Hugo Buckholz (I)	46:26
54. Keith Weaver (I)	46:32
55. Kelly Ray (I)	48:05
56. Steve Sancimino (I)	48:20
57. M. Rosenthal (I)	48:31
58. Kevin Hartnett (II)	49:16
59. Don Reid (I)	49:32
60. Mike DiNunzio (I)	49:43
61. Tom Sancimino (I)	50:59

62. Steve North (I)	51:09
63. Nick Zoller (I)	51:19
64. Bill Powning (I)	52:59
65. Bob McKenzie (I)	53:54
66. Pavla Podolska (I)	54:57
67. Phil Sancimino (I)	55:10
68. Jim Kuklok (I)	58:02
69. Marilou Lascari (I)	58:10
70. Joe Bruno (I)	59:59
71. Phil Kohlenberg (I)	149:00
72. George Austin (I)	Marin

PILOTS: Susan Allen, John Dahlberg, John Davies, Alan Brown, Susan Cobb, Liam Hennessy, Milo Weaver, Jon Nakamura, Larry Scroggins, Richard Kosinski, Harry Louie, Mike Webb, Paul Irving, Ted McKown, Jon Bielski, Jim Fagan, Andy Camous, Steve Pinetti, Jim Growden, John Hornor, Dan Osborne, Fran Collier, Jeremy West, Padraic Doyle, Peter Bianucci, Bill Rus, Pyil Lucier, Elmer Tosta, Stan Hlynsky, Tom Edwards & Family, Bev Ferrara, Jim Hentz, John Brennan, Burline & Spouse, Pickelhaus, Sig & Harper, Hoot Wilson & Al Souza, Dan Marshall, Wayne Buford, Andy Field, Connelly.

30th Annual Alcatraz Swim

October 13, 1990

THREE-GROUP START:

Group I (Slow) @ 0905

Group II (Medium) @ 0915

Group III (Fast) @ 0925

1. Suzanne Heim (III)	29:35
2. John Selmer (III)	33:54
3. Sean Kelly (III)	35:14
4. Jon Nakamura (III)	35:34
5. Paul Watts (III)	37:25
6. Terry Watts (III)	38:15
7. Chris Chorak (III)	38:47
8. John Lennox (III)	40:29
9. Mike Webb (III)	41:09
10. George Kebbe (III)	41:34
11. Pat McGarvey (III)	42:11
12. Ed Urban (III)	43:05
13. Karen Drucker (III)	43:20
14. Dan Osborne (III)	43:44
15. C. Von B. (III)	45:35
16. Marla McGowan (III)	45:54
17. DAvid Marten (III)	46:33
18. Bob Kaufman (III)	46:37
19. J. Beemster. (III)	46:43
20. Eric Groneman (III)	47:48

21. Pete Neubauer (III)	48:06
22. Rich Antonchuk (III)	49:42
23. Nick DeMay (III)	49:44
24. D. Copeland (III)	49:58
25. Liz Ann Zirker (III)	50:55
25. Tim Callahan (III)	50:55
27. Neil Hartnett (III)	51:03
28. Ann Tingley (III)	51:54
29. Peggy Lavelle (III)	52:00
30. Vince Huang (II)	52:13
31. L. Scroggins (III)	53:59
32. Susan Cobb (III)	53:33
33. Marcia Grimm (III)	53:34
34. Lisa Smith (III)	54:06
35. Steve Duffy (II)	55:06
36. Ted McKown (II)	55:07
37. Barbara Keller (III)	55:27
38. Geroge Gara (II)	55:30
39. Carla Curtis (II)	55:45
40. Jerry Cullen (III)	55:52
41. John Hornor (II)	56:40
42. Wendy Kress (III)	56:44
43. Bob Derham (II)	56:46
44. Lorna Newlin (II)	56:54
45. John Sullivan (III)	57:30
46. Herb Madden (II)	57:37
47. Colin Gift (II)	57:48
48. Shelley Sullivan (II)	57:30
49. Ken Coren (II)	58:56
50. Barry Christian (II)	60:12
51. Dodi Marosi (II)	60:15
52. Kent Rogers (II)	60:16
53. Phil Fernandez (II)	60:18
54. H. Marchant (II)	60:40
55. Meg Storey (II)	60:47
56. Carol Block (II)	61:30
57. Chris James (III)	62:37
58. F. McGurrin (II)	62:40
59. John Webb (II)	64:04
60. S. Cuddebeck (II)	65:17
61. Tom Martz (II)	65:52
62. Nancy Hornor (II)	66:17
63. Sue Garfield (II)	66:43
64. Warren Welter (II)	66:49
65. Anna Henry (II)	67:00
66. Mike Strasser (II)	67:30
67. Greg Bell (II)	67:35
68. Bill Capaso (II)	69:19
69. Hugo Buckholz (I)	71:19
70. Brian Marin (II)	71:34
71. Paul McVetty (II)	71:35
72. Will Powning (I)	71:57
73. Mrlou Lascari (I)	72:30
74. Meg Reilly (I)	72:48
75. Kelly Ray (II)	75:10
76. Don Reid (I)	82:05
77. Pavla Podolska (I)	82:57
78. Tom Allen (II)	84:59
79. Bill Powning (I)	85:49
80. Phil Kohlenberg (I)	DNF

SWIM SAFE!

PILOTS: Susan Allen, Alan Budenz, John Dahlberg, Karen Jacobs, John Mattox, Tom Whelan, Steve Worthington, Bill Callahan, Bob Danielson, Celeste McMullin, Jerry Block, Don Harrison, Stan Hlynsky, Harry Louie, Bob McKenzie, George Robin, Margie Spiegelman, Tracey Chisholm, Alan Kaplan, Karen Boyer, Rich Cooper, Eric Beneken, Jim Fagan, Alan Brown, Andy Camous, Padraic Doyle, Jon Bielinski, John Muir, Peter Schaf, Jeremy West, Tracy Cambron, Mike DiNunzio, Susan Lauritzen, Tom Callinan, Marty Mattox, Betsy Dobson, Pete Bianucci, Gwen Passano, Bill Rus, Gina Rus, Sam Lawson, Ken Frank, Jim Hentz

Bay Bridge To Acquatic Park November 3, 1990

1. John Selmer	37:52
2. John Davies	38:01
3. Jon Nakamura	39:26
4. David Claman	40:26
5. Paul Watts	40:41
6. Rick Crafts	40:50
7. Nick Payne	40:54
8. Mike Webb	40:59
9. Ed Urban	41:28
9. Laura Merkl	41:28
11. Pat McGarvey	42:21
12. Bob Kaufman	43:14
13. David Marten	43:27
14. Liz Ann Zirker	44:43
15. C. Von Blankenberg	44:47
16. Gene Sykes	44:51
17. Gina Rus	44:56
18. Rich Antonchuk	45:02
19. ERic Groneman	45:24
20. Kate Coleman	45:50
21. Susan Cobb	47:22
22. John Sullivan	47:28
23. Steve Duffy	47:39
24. Marcia Grimm	47:51
25. Jerry Cullen	48:22
26. John Hornor	48:43
27. Cliff Jennings	49:10
28. Ann Tingley	49:15
29. Susan Anson	49:51
30. M. Cantini-Norkin	51:55
31. Larry Alioto	52:02
32. Hugo Bucholtz	54:24
33. Pavla Podolska	56:42
34. Bob McKenzie	59:22
35. Chuck Vogt	66:50
Terry Watts	DNF

PILOTS: Sam Cuddebeck, Anne Clark, Susan Allen, Don Reid, Milo Fay, Bob Derham, Celeste McMullin, Bob Danielson, Larry Scroggins, John Dahlberg, Jerry & Carol Block, Jim Mason, Neil Hartnett, Rich Cooper, Jon Bielinski, Ken Frank, Ted McKown, Jim Fagan, Tracey Chisholm, Margie Spiegelman, Peter Schaf, Eudardo Barranco, Dan Osborne, Mike DiNunzio, Tom Callinan,

Jeremy West, Heidi, Phil Fernandez, Bob Chorak, Phil Lucier, Bill Rus.

100 Mile Swim

June 1-Oct 31 - '90

Laura Merkl.....	187.75
John Davies.....	164
Tim Callahan.....	158
Pavla Podolska.....	150
John Dugan.....	130
Dan Osborne.....	124.5
Geroge Kebbe.....	119
Eric Groneman.....	110
Bill Powning.....	109
Michael DiNunzio.....	106.75
Kent Rogers.....	105
Helene Marchant.....	104.5
Steve Duffy.....	104

George Buffington.....	102
Jon Nakamura.....	102
Mimi Osborne.....	101.5
Alan Brown.....	101.25
Phil Kohlenberg.....	101.25
Tom Hofmann.....	101
Paul McVetty.....	101.5
Nick Payne.....	100.5
Liz Ann Zirker.....	100.5
Larry Alioto.....	100.25
Roger Aplon.....	100
Joe Bruno.....	100
Mary Cantini-Norkin.....	100
Susan Cobb.....	100
David Copeland.....	100
Colin Gift.....	100
Marcia Grimm.....	100
Vince Huang.....	100
Glynn Jones.....	100
Margy Titus.....	100
Mike Webb.....	100
David Zovickian.....	100

Swim Commissioners Report

- from page 9

top honors and became the darling of the Bay Area media and the target of dart boards everywhere. Luckily the EPA will not be filing charges against Liam for discharging a toxic substance in the Cove, the result of a successful and complete involuntary gag reflex. 37 minutes after Liam cruised under the flags, and demonstrating a resolve beyond most swimmers, Bill Callahan emerged a bit wobbly and chilled but successful.

Next up on the schedule is a football special -- the Superbowl Sunday Pier 41 swim January 27. Hopefully the 49ers will do their part and blitz the playoff opposition and provide the afternoon's entertainment. Bring your favorite snacks for the post-swim pre-game warm-up and now for the rules:

To compete in any Dolphin Club swim you must

- be a member for at least 6 months (everyone is welcome and encouraged to help out and cheer);
- pay your swim fees of \$33.00 (checks only, please - no not include with your dues payments);
- wear an orange cap during out-of-cove swims.



Golden Wedding Anniversary
Mr. and Mrs. Paul, Charlotte Silvester.
September 4, 1940 - September 8, 1990

*Dave
Zovickian*

Please observe these rules and remember: No Wet Feet in the Staib Room, Sancimino Room or the Kitchen. Lou and Cecco thank you.

1991 Swim Schedule

<u>Date</u>	<u>Event</u>	<u>Jump-Off</u>
December 21, 1990 (Fri.)	Polar Bear Swim Starts	
January 1 (Tues.)	New Year's Day Cove Swim	9:00 a.m.
January 1 (Tues.)	♥ New Year's Day Alcatraz	TBA
January 27 (Sun.)	♥ Mid-Winter Super Bowl Pier 41 Swim	TBA
February 10 (Sun.)	Mid-Winter Cove Swim	9:00 a.m.
March 10 (Sun.)	♥ Pier 41	TBA
March 21 (Thurs.)	Polar Bear Swim Ends	
March 23 (Sat.)	Spring Cove	9:00 a.m.
April 13 (Sat.)	♥ Yacht Harbor	TBA
April 21 (Sun.)	♥ Pier 39	TBA
May 12 (Sun.)	♥ Doc Howard--Over 45 - From Gas House Cove	TBA
May 19 (Sun.)	♥ Dick Beeler Crazy Cove	9:00 a.m.
June 1 (Sat.)	100 Mile Swim Starts	
June 2 (Sun.)	Over 60 Cove	9:00 a.m.
June 21 (Fri.)	♥ Twilight Cove - Pot Luck BBQ to Follow	6:00 a.m.
July 12 (Fri.)	♥ Twilight Gas House Cove & Pilot Appreciation Pot Luck Dinner	6:00 p.m.
July 20 (Sat.)	Trans Tahoe Relay	TBA
July 28 (Sun.)	♥ Crissy Field	9:00 a.m.
August 3 (Sat.)	♥ Santa Cruz Pier Swim	TBA
August 10 (Sat.)	♥ Fort Point	TBA
August 17 (Sat.)	Golden Gate I - Slow Day	TBA
August 18 (Sun.)	Golden Gate II - Fast Day	TBA
September 8 (Sun.)	Handicap Cove	9:00 a.m.
September 15 (Sun.)	Alcatraz	TBA
September 27 (Fri.)	♥ Twilight Pier 41- Pot Luck BBQ to Follow	6:00 p.m.
October 6 (Sun.)	Dolphin/South End Triathlon	TBA
October 12 or 13 (Sat. or Sun.)	Escape From Alcatraz Triathlon	TBA
October 31 (Thurs.)	100 Mile Swim Ends	
November 9 (Sat.)	Annual Swim/Pilot Appreciation Dinner	TBA
November 28 (Thurs.)	Thanksgiving Day Cove	9:00 a.m.
December 15 (Sun.)	New Year's Day Alcatraz Qualifier	9:00 a.m.
December 21, 1991 (Sat.)	Polar Bear Swim Starts	

Note: Jump-off times are subject to change -- TBA means "To Be Announced"

Swim Program Rules

- Club scheduled swims are restricted to club members only.
 - Swimmers are required to wear fluorescent orange caps on all scheduled swims.
 - Swimmers must be members in good standing with dues current and swim fees paid.
 - New members are not eligible to swim in scheduled swims for 6 months from their membership start.
 - Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
 - Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
 - Swim sign-up sheets are posted two weeks prior to each swim.
 - Time limits are imposed and enforced for all swims.
 - All club boats are reserved for scheduled swims; riders are prohibited.
- Additional qualifications for Alcatraz and Golden Gate Swims •
- In-town members must successfully complete 2 swims marked with a heart (♥) and one other scheduled swim and pilot or help on at least 2 others.
 - Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
 - Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

Dolphin Swimming & Boating Club

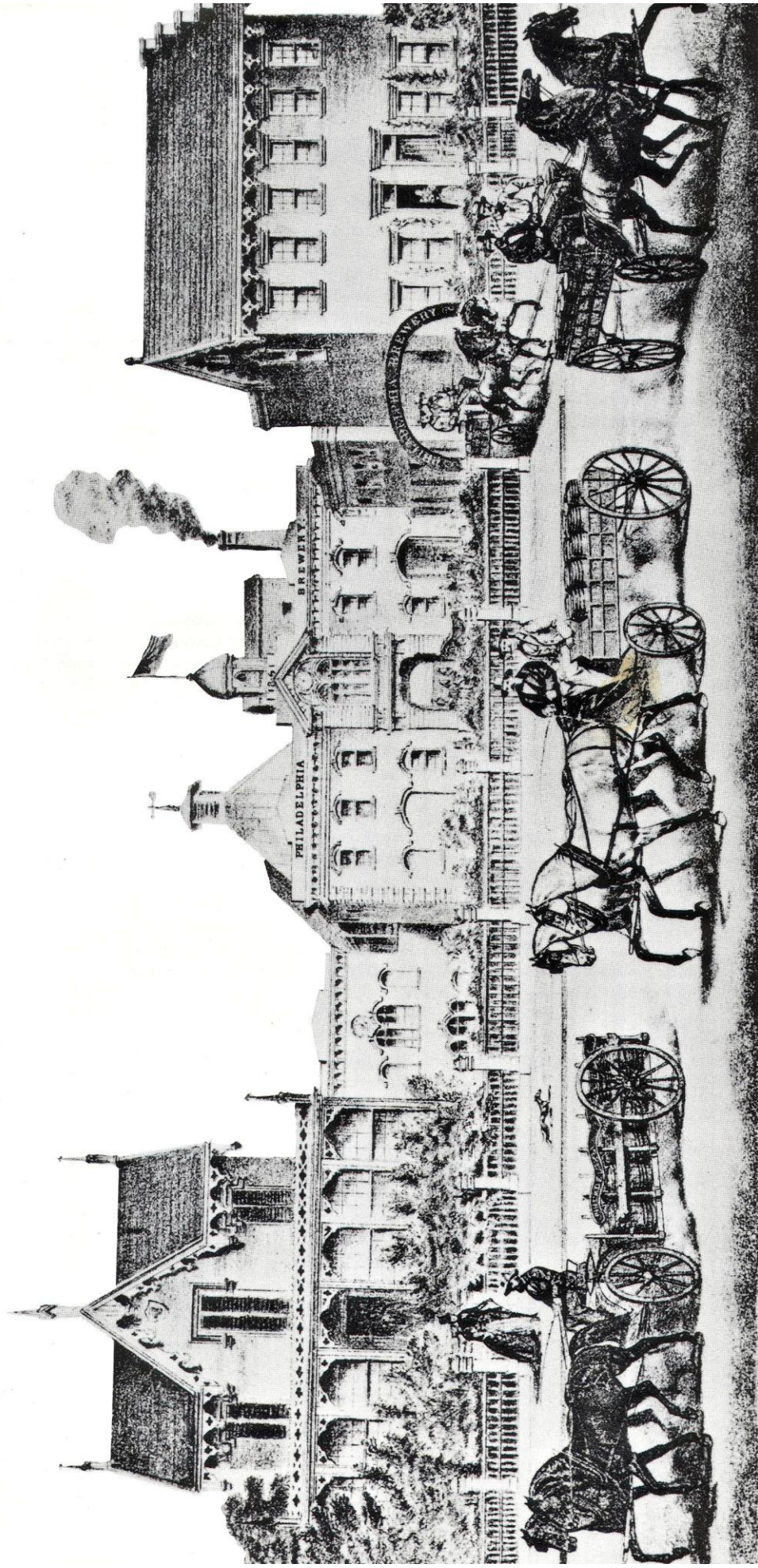
502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

RICHARD B. COOPER
STA. B, PO BOX 2546
SAN FRANCISCO
CA 94126

BULK RATE
U.S. POSTAGE
PAID
San Francisco
California 94109
Permit No. 1020

DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club • Spring - 1991 • San Francisco California • Established 1877



JOHN WIELAND,
SECOND STREET, NEAR FOLSOM, SAN FRANCISCO.

Dolphin Bulletin Board

Miscellaneous News and Notes For the Dolphin Club Membership

On The Cover

Of the Dolphin Log

From the archives of Dolphin Club historian Walt Schneebeli comes this rare photograph of the Philadelphia Brewery, owned by Club founder John Wieland. To the left of the brewery was the home of Wieland from the 1860's until his death in 1885. It was here at 236 2nd Street that the Dolphin Swimming and Boating Club was organized in the summer of 1877.

The home was moved, after Wieland's death, to the southwest corner of Fremont and Harrison Streets, where it survived until the fire of 1906.

A photograph of this print has been given to the Club by S.F. historian, Dr. Charles A. Shumate. It appears in his book "Rincon Hill and South Park" Windgate Press, Sausalito, California 1988. (Photograph from the California Historical Society).



The Dolphin Log

Editor: Jeffrey Howard Heth

Photographs in this issue are by
Barbara Keller and Anne Sasaki

Published By
The Dolphin
Swimming & Boating Club Inc.
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

1991 Officers
President - Peter Bianucci
Vice President - Meg Reilly
Treasurer - Lorna Newlin
Recording Secty - Mike Webb
Financial Secty - Jeffrey Heth
Boat Captain - Jeremy West
Board of Governors
Jon Beilinski
Michael DiNunzio
Colin Gift
Kate Coleman
Ann Tingley
Steve (Jerome) Duffy
Ken Coren
Bill Rus
Walt Stack

A Gift From Mr. Gift

Dolphins who venture down to the "flag" have noticed a truly remarkable device which has been installed at the location which has seen various markers over the years. Board member Colin Gift crafted a cunning floating box of wood and fiberglass which rotates with the tidal action to indicate tide direction and also includes a rigid flag to indicate wind direction plus a thermometer to read water temperature.

Thermostat Tampering

This is a warning to whoever has tampered with the thermostat on the hot water boilers at the Club. Further tamperings will result in disciplinary action before the Board of Governors. Recently, someone reset the thermostat which resulted in damage to the boilers and the waste of 20 gallons of water per minute for several days when an overflow valve was triggered.

Memo From Montana Dolphin Club,

Thanks again for sending the *Dolphin Log*.

It makes memories of my experiences there all the more vivid. "Old Timers Crab Feed"... the amount of empty crab shells was part proof of enjoyment.

By the way -- there are no crabs here in the mountain streams in this part of Montana!

As always,

Charlie Yeager

Box B, Basin, Montana 59631

Major Announcement Rocks Swim World

Fort Lauderdale, Fla., April 1, 1991.

At a major news conference held this morning at the United States Swimming Hall of Fame, David Zovickian ended months of speculation regarding his departure next year as Swim Commissioner of the world famous San Francisco Dolphin Swimming and Boating Club. The highly regarded Zovickian stepped to the podium as the throng of reporters grew silent. These media veterans knew that they were part of a happening.

Long recognized as a legitimate renaissance man, this dentist, swimmer, fog navigator, historian (Mickey Mouse, et. al), amateur artillery expert (high altitude), chef, Giants fan, award getter extraordinaire, Armenian stud and reasonably nice guy looked over the multitude of microphones at the crowd and smiled.

"In light of recent developments, I will reduce my office hours to twenty per week, defer indefinitely plans for marriage and family and gladly accept the job of Swim Commissioner for LIFE, or as long as my neat jacket holds up."

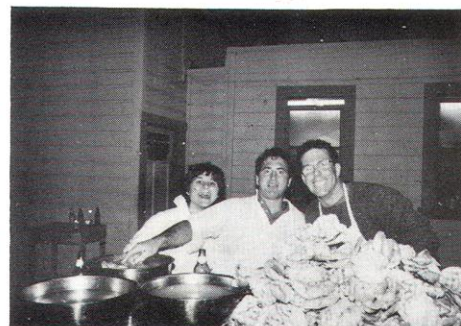
The standing ovation almost drowned out the expected call from the White House.

When asked for his reaction to the recent developments, Zovickian looked blank and asked where the

- continued on page 9



Boat Captain Jeremy West and Tracy Cambron enjoy the Old Timers' Night, 1991.



Crab crackers Marie Sancimino, Steve Sancimino and Liam Hennessey are having a ball.

A Few Members You May Not Recognize With Their Clothes On!

by Tim Callahan

What do Club members do when they put on their clothes? A good number, it seems, work full- or part-time for the public benefit. That should not be surprising when you consider the enthusiastic turn out for the numerous volunteer projects at the Club. That spirit is probably part of what makes the Dolphin Club such a fine place and what permits it to do so well on volunteer efforts alone. We have always had among our members a large number of public servants such as police officers, firemen, judges, building inspectors, and even supervisors, mayors and senators. We have also had members who were in the military or Coast Guard, or were Park Rangers. We even have a Secret Service agent. And, of course, we have had many members who work for organizations that help look out for the planet's well-being such as the National Resources Defense Counsel, the Nature Conservancy and the Coastal Commission. But, less well known are the contributions of quiet, self-effacing members such as the following:

Vince Huang may be best known around the Dolphin Club for his CPR classes and as a perennial member of the infamous "water pig" team that loses the Trans-Tahoe swim each year. But, apart from that, he is a program supervisor at the Recreation Center for the Handicapped which provides year-round respite, pre-vocational and rehabilitation programs for people with head and spinal cord injuries. The Center also offers therapeutic swim-

ming and training for the Special Olympics as well as year around camping and other kinds of outdoor adventure trips. As if that is not enough, he and his wife Cathy, also a Club member, have a private consulting business that offers health and safety education in the areas of AIDS education, hazardous material safety, first aid, CPR, water safety, and disaster and emergency preparedness education.

Al de la Pena, who seems to pilot just about every swim we have at the Dolphin Club, also works in the area of hazardous materials. He and his company, de la Pena & Associates, are probably first in the nation in the investigation of oil spills, toxic waste contamination and problems arising from worker exposure to chemicals. In particular, Al has investigated asbestos contaminations, the toxic waste contamination of the Crazy Horse Disposal Site in Salinas, the contamination of the grounds surrounding the Firestone, Tire and Rubber Company plant in Salinas, the leaching out and overflow of the ponds at the Stringfellow, Class One, Industrial Waste Disposal Site in Glen Avon, and the DBCP contamination of the ground water tables in the San Joaquin Valley.

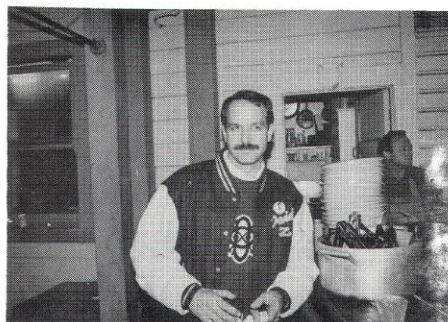
Celesete McMullin, one of my arch-rivals in swimming, volunteers with the San Francisco Special Olympics. For the last five years she has been a swimming coach with the beginning level group that swims at the Recreation Center for the Handicapped and she has also been a coach with the Special Olympics' downhill and x-

country ski programs. She says she has a special affinity for the Special Olympics because she began working with the disabled at the age of 15 and went to school to receive a Masters Degree in Special Education. Since she no longer teaches the disabled, she considers the Special Olympics a way to maintain the contact with a special group of people.

Wendy Kress, a proud 19th overall in this year's Yacht Harbor Swim, and an attorney specialized in representing architects and other design professionals, volunteers as the Director of Development of the Northern California Office of DIFFA (the Design Industries Foundation for AIDS). Diffa is, I am told, the only national industry-based foundation in the United States that funds the entire range of responses to the AIDS crisis. Its principal activity is to raise and distribute funds to AIDS organizations and projects nationwide.

Davis Ja, is someone I usually run into at the Club only while swimming near the opening to the Cove. He seems to be involved in many activities besides swimming. In particular, until very recently, Davis served as the Executive Director of the Asian American Recovery Services (AARS). AARS began in the mid-1980's as a substance abuse task force consisting of Asian community leaders, health professionals, and community agency directors who were concerned about the increasing prevalence of substance abuse among Asians in the City and the lack of programs for that popula-

- continued on page 9



Swim Commissioner Dave Zovickian joins the Crab Feed festivities.



Bob, Era, Tom and Kent shown in a party mood at the Old Timers' night festivities.



Volunteers keep a meal for 200 on track at the 1991 Old Timers' Crab Feed.

Cronin Centennial Anniversary Coincides With Mennucci's 50 Year Milestone in 1991

History Compiled by
Walt Schneebeli

One hundred years ago, on April 11, 1891, James John Cronin joined the Dolphin Swimming and Boating Club. Until his death in 1956, 65 years later, he was the

Dolphins Compete at 'Head of Estuary'

A contingent of four oarsmen from the Club's Lake Merced boathouse competed at the annual Head of the Estuary regatta in Oakland on October 28, 1990. This event consisted of a grueling 3.5 mile race between Oakland and Alameda island. Although often held in rough conditions, it remains one of the biggest and most anticipated races of the fall.

Needless to say, the Dolphin rowers, well accustomed to the rough water found on Lake Merced, performed admirably. Leading the way with a victory in the Open Men's Aero was Michael Weissenberger. Michael's victory over ten other competitors won him not only bragging rights, but also the prestigious Chris Maas Trophy. Also posting an impressive performance was long time member Bill Fink. Bill finished second in the Men's Master Single to long time nemesis Dick Lyon by a mere six seconds. After nearly beating the previously untouchable Lyon, an elated Fink vowed victory come spring. Twenty year old member Earl Curtis placed a respectable sixth in the Open Recreational Training Single despite the considerable disadvantage of racing in one of the Club's Pocock single boats which may weigh up to twice as much as newer models. Also racing was John Amory who placed second in the Men's Open single in the promising, if undisciplined performance.

most active, the most publicized, and the most loved member the Dolphins had. A chronicle of his activities and service to the Club would fill a large book.

Fifty years later, on September 25, 1941, Jimmy Cronin was honored for being the second Dolphin to attain a fifty year membership; Frank Staib, who died in 1938, was the only other Golden Dolphin at that time.

A party was held to mark the occasion at Joe DiMaggio's Restaurant on Fishermans Wharf.

Included in the group was a new member who was in partnership with his brother Vasco, operating Mennucci Brothers Grocery on Greenwich Street; his name, of course, Frank Mennucci.

No attempt will be made here to relate the involvement and work Frank has given to the Dolphin Club during his membership.

Now, on March 19, 1991, fifty years after Jimmy Cronin's testimonial dinner, Frank "Cecco" Mennucci became a fifty year member.

Some measure of the Dolphin Club membership's feeling for Frank Mennucci, was seen at the recent Old Timers Dinner held on February 23, 1991,

when he was given a lengthy standing ovation.

We hope that this kind of long term continuity will become a tradition in the Dolphin Club.

Walt Schneebeli

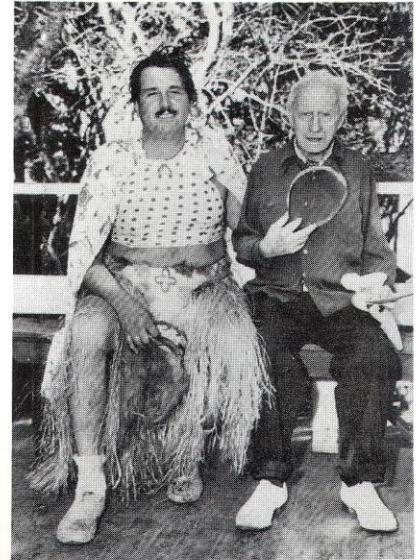


Photo of Frank Mennucci (Queen) and Jimmy Cronin (King Neptune) at the Dolphin Club initiation and picnic at Paradise Park, Marin Co., Calif. October 22, 1950



Photo of Jimmy Cronin's testimonial dinner at Joe DiMaggio's Restaurant, September 25, 1941. Jimmy Cronin is seated at the far left second from the end. Frank Mennucci is in about the middle of the photo. Other living Golden Dolphins pictured here are Dick Harms, Joe Bruno, Dino Landucci, Al Liva, Don Baggiani and Cliff Quist.

President's Message

The 1991 budget is complete. There is still a shortfall in funds if we are going to keep the programs active and the building maintained. All the various commissioners have worked hard to trim their expenses. Hardest hit is the Boat House Captain, Jeremy West. Deferred projects will be shower repairs, womens' locker room expansion, outside painting and kitchen remodelling. The 1990 Board of Governors approved a dues increase. Our lease requires that the San Francisco Recreation and Parks Commission approve any dues increase. The building committee is putting together a budget on all our deferred projects. With the dues increase we can start some of the work late this year or next year.

The Club looks great. Thanks to the many volunteer hours we look better each day. The boat re-

pair volunteers still meet on Tuesday nights. Many volunteers have adopted parts of the Club. You can adopt a room, stairway, shower, toilet or whatever to keep clean. See Lou Marcelli for questions.

The Club is still dealing with the San Francisco Recreation and Parks Department in regard to GROUP PUBLIC ACCESS. Meg Reilly and Tim Callihan have spent many hours behind their computers developing policy and writing let-

ters.

The Board of Governors has approved two new waivers. The first waiver is to be signed by guests when they enter the club. The second is to be signed by members. The purpose of the waiver is to notify individuals of the hazards involved in using the Club. Read and

purpose of the fund was to provide membership the opportunity to donate funds set aside to *protect Aquatic Park and the Dolphin Club*.

The Spring Fling, held March 23, kicked off the 1991 fund. In 1990, all funds were spent on attorneys fees. The attorney represented the

Dolphin Club in our appeal to assure that the Pier 45, Seafood Processing Center and related improvements, would lead to cleaner water. The attorney retained an environmentalist who specialized in water quality. He developed an in-depth plan related to construction and water testing which would have lead to assurances of clean water. The issue is still alive. The Port of San Francisco has accepted many of our recommendations but we still have a

way to go to complete an agreement with them. Prospects look good that we will have a settlement in our favor.

Thank you to all members who contributed to the 1990 fund. I hope you all can donate again to the 1991 fund.

Pete Bianucci
President

1991 Social Events Calendar

For Complete Swim Schedule, see back cover

June 21:

Pot Luck BBQ Following the Twilight Cove Swim

July 12:

Pilot Appreciation Pot Luck Dinner Following the Twilight Gas House Cove Swim

September 27:

Pot Luck BBQ Following Twilight Pier 41 Swim.

October 5:

Octoberfest Pot Luck Party/Beer Tasting. Some Beers Provided: Bring an Unusual Beer

October 6:

Dolphin Club/South End Club Triathlon

October 12 or 13:

Escape From Alcatraz Triathlon (Dolphin Club Hosts) - Day event, evening dinner

November 9:

Annual Swim/Pilot Appreciation Awards Dinner.

December 15:

Dolphin Club Members and Guests and Childrens' Christmas Party.

Notes About Special Events:

1. All events are put on by volunteers; please pitch in and help these events work.
2. Pot luck means bring something to share with all your friends.
3. When in doubt about what to bring, bring an entree rather than a dessert.
4. Benefits build funds for specific purposes. Dig deep and contribute.
5. Events have a beginning (set-up); a middle (cooking and serving); and end (clean-up).

Mike DiNunzio - Entertainment Commissioner

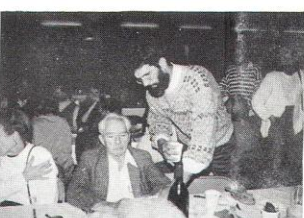
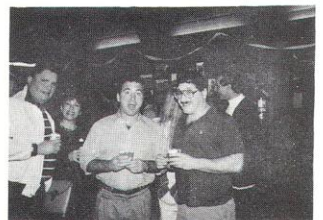
sign the waiver which can be obtained from Jeff Heth, Financial Secretary.

The 1990 audit is complete. Any member wishing to review the audit, please see me.

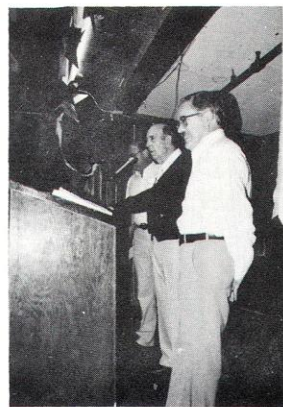
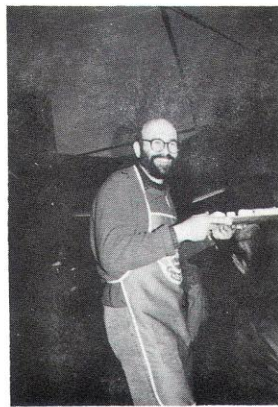
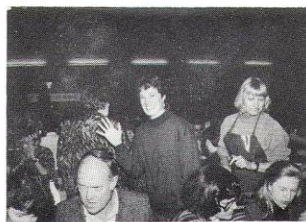
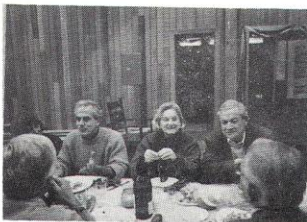
Aquatic Park Fund

The Aquatic Park Preservation Fund was established in 1990. The

1991 Old Timers' Crab Feed



Brings Out Festive Group



Spring Has Sprung - Hibernation Time Is Over

Spring has arrived to Aquatic Park and Dolphins everywhere are emerging from their winter hibernation to test the warming Bay waters. With temperatures approaching the mid-fifties, the call of the Cove is becoming irresistible.

Superbowl Sunday came and went (alas too quickly for Lil' Eddy's Forty Niners) with 41 hardy Dolphins departing Pier 41 for the Cove. Unlike the local football team, everyone finished a winner from champ Liam Hennessy through Bob (Boy it's cold in the water!) McKenzie. Kudos to the selfless Dolphins manning and womaning the fleet of twenty-nine pilot craft.

February 10 heralded the annual Mid-Winter Cove Swim for 27 Dolphins eager to bolster their Polar Bear mileage, with little Jon Nakamura setting the pace.

The traditional Pier 41 swim attracted 45 swimmers and 28 pilot craft to the Bay in spite of a driving (but thoroughly welcome) hail and rain storm. While big John Selmer added yet another victory notch to his suit (giving seasoned stick distributor Molly Selmer plenty to cheer about), pollywogs Laura Burtch and Tracey Chisholm continued their assault on the top ten establishment, and Larry (the librarian) Scroggins demonstrated that you need not sink to pool training to become a rising star.

The post Polar Bear Spring Cove welcomed twenty swimmers and fourteen pilot craft with light rains and a vigorous 3/4 mile swim. Sean Kelly orchestrated his season debut with a thrilling

victory over defending champ John Selmer while Mike Giannini displayed Dolphin-like determination in his Club debut, spending 35 minutes (twice the winning time) in the water.

The arrival of spring meant the close of another polar bear season. Sixty six brave and honest (the audit is incomplete at press time, according to chairman Vince Huang) Dolphins were true to the task with determination and dedication. Among this years 22 virgin polar bears was champion Patrick Frelinger with a commanding 122 mile tally, over runner up Laura Merkl and her equally impressive 100.75 mile tally. Honorable mention to Dan (the lumberjack) Osborne for rebounding from a broken toe to earn his bear, and to sisters Nancy Hornor and Gwen Passano for teaming up to earn their bear. Who gets which end of the shared bear is still to be determined. Congrats to all who persevered throughout this particularly cool winter. Enjoy the next couple of months. Before you know it, June will arrive and with it comes the 100 mile swim and another set of charts.

A special thank you to avid kayaker and swimmer Colin Gift for his magnificent restoration of the flag buoy into a work of art. Since returning to its rightful place along the beach, Dolphins everywhere are sleeping better, secure in the knowledge that a trip to flag and Thayer is truly a half mile.

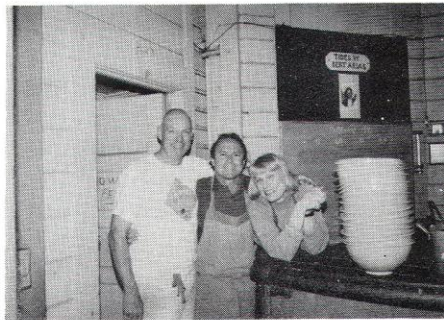
Yet even more disturbing to Dolphins than the thought of swimming a dishonest mile is coping with the current drought. Notwithstanding the bountiful March rains, San Francisco

is still recovering from a five year dry spell, and facing a continuing cutback. Usage in excess of the allotment will result in stiff fines and eventual cut-off, neither of which is welcome. All Dolphins are encouraged to use the showers only for washing and not shaving, relying on the sauna to warm up.

An additional thorn in the soft underbelly of the swim commission is the budget. For those who have reviewed the swim budget (posted on the swim board), it is clear that projected expenses will exceed revenue (swim fees, spectator boat fees) by five or six thousand dollars. Given that the Club, taking all planned programs into consideration, projects an almost certain deficit, all programs face additional cutbacks. Among major swim expenses incurred, some are fixed such as the boat and bus charters while areas of flexibility include expenditures for food and awards. Numerous suggestions have been advanced to deal with the shortfall. Reducing or eliminating food and awards for all but the marquee swims could save a few thousand dollars. Conversely, revenues could be increased by raising swim fees yet again, though the swim commissioner dislikes mob scenes. Realizing that the Golden Gate and Alcatraz swims constitute a considerable portion of the budget, due to the high costs of boat charters, it may be necessary to add a nominal swimmer surcharge (as with spectators) to cover the charter costs. Finally, for those polar bear and/or 100 mile swimmers who otherwise do not participate in the swim program and pay swim fees, a charge, at cost, to re-



More shenanigans taking place as the spectacle of crab cracking is underway.



Steve Duffy, Phil Rollins and Carol Block camarades in the kitchen, 1991 Crab Feed.



Susan Allen and Mike DiNunzio display the catch; Pres. Pete Bianucci stands behind.

ceive their award.

Of course, it would be nice if the general fund would subsidize an activity in which so many members participate, not only as swimmers (with their swim fees) but as pilots and helpers. Unfortunately, the Club faces many drains on its finances, including legal and financial fees, major old building renovation projects, fleet maintenance, utilities, insurance, etc.

As with any aspect of the swim program, input is encouraged and welcome. Direct your ideas or inquiries to the swim commissioner. The swim commission especially looks forward to hearing from Dolphins with print shops.

And now a word from your hosts Lou and Cecco: Please, no wet feet in the kitchen, Staib or Sancimino rooms -- use the back boat house stairs.

Volunteers

- continued from page 3

tion. Those concerns defined the purpose of AARS when it incorporated in 1985 as a community-based, non-profit corporation. AARS later formed the Asian AIDS Project, an extension of AARS involvement in the problem of substance abuse in the Asian community.

Everyone here probably knows the public interest law firm "Public Advocates" and its managing attorney Armando Menocal. Public Advocates has for years been involved in issues like bilingual education, homelessness, health care, and affirmative action. Armando is also an adjunct professor at Stanford Law School, and, I understand, a pretty good rock climber and x-country skier.

Besides being on a "water pigs" team for the Maui Channel Swim, Anne Sasaki is a licensed clinical social worker who now works part-time at Garden Sullivan Hospital helping patients and their families adjust to illness and death. Prior to that, she did similar counseling for seven years with cancer and AIDS patients. She has also been a field work instructor for the School of Social Work at the University of California, Berkeley, and she worked for the Easter Seal Rehabilitation Center in Oakland where she did vocational planning for physically and mentally disabled patients. Her first job after graduate school was at Providence Hospital in Washington, D.C. where,

More Bulletin Board

- continued from page 2

doughnuts were. He is rumored to have demanded a double locker at the Club (never before given) and the right to sell miles in order to augment his income. Other demands were not made public.

New Building Open

The new building has finally been approved for occupancy and that occupancy includes the new mens' locker room. For the first time in many years, there is no waiting list for mens' lockers. The lockers were donated by the S.F. Tennis Club thanks to efforts made by past president, Stan Hlynsky. The labor involved with their installation was donated by a large group of Club volunteers.

The Board of Governors has recently approved an expansion of the womens' locker room along with major repairs on both mens' and womens' showers and saunas to be completed in 1991 or 1992.

Dolphin Women May Purchase Swim Suits

Dolphin Diane Schatz has organized a group purchase of navy blue lycra "Finals" swim suits imprinted with the Dolphin Club logos. They are available in two styles for \$33.00 or \$35.00. Please look for the sign-up display in the women's locker room.

Volunteers Always Needed For Clean-up

Dolphins are continuing to come

forward and offer their time and energy in keeping the Club clean. It has been heartwarming for all to see the level of support given to the clean-up campaign spearheaded by Lou Marcelli. There is always work to be done. See Lou Marcelli or Mimi Osborne if you would like to lend a hand.

Alioto Swims Kailua Pier - Locals Pilot

Dear Editor:

I would like publicly to acknowledge and thank Cap Kimball and his wife, Joanne, who piloted me on March 28 in a 2.4 mile swim off Kailua Pier in Kona, Hawaii. Expert kayackers, they did it without a single huli (capsizing). Cap, who is in his 70's, and Joanne still swim to the Coast Guard buoy and back (1.5 miles) three times a week.

I was put in touch with the Kimballs by Sean Pagett, whom I met by chance at the HOBIE sportswear store in Kona Village, where he works. Sean Pagett has organized a swim program known as Frozen Pea Productions, and his 1991 schedule includes nine swims, including a swim shortly after Thanksgiving known as the Post-Pigout Plunge. The swim program is apparently in its fifth year. All swims are at Kailua Pier on Sunday mornings. Most of the events also include running.

Members of the Dolphin Club would enjoy the swimming at Kailua Pier, which has some similarities to our Cove and maybe some advantages we do not have. Down there not only can you see your hand, you can see the bottom!

Larry Alitoto

as a field work supervisor for Gallaudet College, she supervised deaf undergrads.

The very succinct Susan Anson does something in the nature of social work herself. She volunteers to answer phones and talk with troubled people at a crisis center in the Bay Area. She says it makes her feel good but it probably makes a lot of callers feel better.

Finally, you may have seen the recent article about Sam Lawson in the Chronicle. Sam is the director of the

San Francisco Chapter of Christmas in April, a community-based project dedicated to helping low-income, elderly and disabled San Franciscans live in warmth, safety and decency through volunteer repair and renovation of owner-occupied homes and non-profit facilities that benefit underserved populations. Whether you are skilled or unskilled, if you want to volunteer to fix up homes in San Francisco for elderly and disabled low-income

-continued on page 11

Dolphin Swim Statistics

Alcatraz Swim

January 1, 1991

HOSTED THIS YEAR BY
SOUTH END ROWING CLUB

1. Liam Hennessey (D)	30:40
2. Suzanne Heim (D)	30:42
3. John Davies (D)	34:58
4. John Selmer (D)	35:20
5. Tim Reid (SE)	35:38
6. Dave Claman (D)	36:28
7. Jon Nakamura (D)	37:20
8. Steve Haines (D)	38:37
9. Chris Chorak (D)	39:18
10. George Kebbe (D)	41:04
11. Mary Pat Barry (SE)	41:49
12. Joe Ferrero (D)	42:17
13. Ed Urban (D)	42:22
14. Tracy Chisholm (D)	42:23
15. Mike Webb (D)	42:27
16. Alan Budenz (D)	42:44
17. Jim Elder (SE)	43:03
18. Larry Kean (SE)	43:05
19. Russ Morison (SE)	43:31
20. Paul Watts (D)	43:40
21. Carl Gerlach (SE)	44:10
22. Tom Carter (SE)	46:17
23. Dennis Mahoney (SE)	46:53
24. Tony Ragusin (SE)	47:12
25. Bert Huffman (SE)	47:25
26. Gina Bianucci Rus (D)	48:58
27. Andy Field (SE)	49:22
28. Walter Kriessmann (SE)	49:59
29. Bruce Armbruster (SE)	50:12
30. Dan Macchiarini (SE)	51:07
31. Laurey Greider (SE)	51:52
32. Liz Ann Zirker (D)	52:10
33. Pete Neubauer (D)	52:18
34. Nancy Fougere (SE)	52:46
35. Michele Umland (SE)	52:49
36. Bill Horgos (SE)	56:07
37. Rich Antonchuk (D)	57:01
38. Keith Nowell (SE)	60:10
39. John Rohosky (SE)	62:04
40. Tom Martz (D)	63:06
41. Chris Beaver (SE)	64:22
42. Bill Callahan (D)	67:05

S.E. PILOTS: Norm Peterson, Linda Harper, Buck Delventhal, David Kennedy, Phil McGarrigle, Scott Ellsworth, Jim Flack, Dan O'Neill, Diddo Clark, Jane Ogradnik, Lee Bender, Mike Alvarez, Hank Seipelt, Tom Busby, Betsy

Flack, John Kaplanis, Rick Barthels, Jim Hentz, Tim Spicer, Mary Clark, Stan Morris, John Brennan, Sevlos, Jim Miller, Bill Picklehauff, Dan Goodman, Tom Spieate, Kelley Elder, Gordon Chiang

DOLPHIN PILOTS: Dave Zovickian, Jeremy West, Bill Rus, Chuck Vogt, Jeff Locke, Kent Rogers, Bob Derham, Rich Cooper, Jon Bielinski, Jim Fagan, Joe & Steve Schatz, Greg Bell, Ken Coren, Ted McKown, Padraic Doyle, Phil Kohlenberg, John Sullivan, Neil Haratnett, Eduardo Baranco, Mike DiNunzio, Susan Lauritzen, Stan Hlynsky, Pete Bianucci, Gwen Passano, Ann Tingley, Carlos Delgado, Flicka McGurrian, Bev Ferrera, Kit Styket, Hank Jotz, Marcia Grimm, Pete Brigham, Colin Gift, Marie Zahler, Sam Lawson, Harry Louie, Mary Cantini-Norkin, Don Harrison, James Mason, Susan Allen, Linda Stanley, Susan Cobb, Eric Groneman, Bob Danielson, Celeste McMullin, Phil Fernandez, Ken Frank, Jerome Duffy.

TIMERS & RECORDERS: Lorna Newlin, Marla McGowan, Anne Clark, Lori Parmer, Kate Doyle, Jill Vanderfleet.

New Year's Day Cove Swim

January 1, 1991

1. Lori Parmer	13:58
2. Joni Beemsterboer	14:09
3. Dave Zovickian	14:17
4. Eric Groneman	14:52
5. Lisa Smith	14:59
6. Kate Coleman	15:11
7. Larry Scroggins	15:15
8. Marcia Grimm	15:31
9. Vince Huang	15:57
10. John Dugan	15:58
11. John Sullivan	16:35
12. John Hornor	16:40
13. Kent Rogers	16:45
14. Alan Liss	16:51
15. Susan Anson	17:03
16. Bob Derham	17:23
17. Herb Madden	17:33

18. Hal Cranston	17:39
19. Tom McGraw	17:43
20. Sue Garfield	18:07
21. Steve Duffy	18:12
22. Era Osibe	18:27
23. Nancy Hornor	18:28
24. Gwen Passano	18:40
25. Dodi Marosi	18:53
26. Barbara Manning	18:59
27. Fred Muller	19:02
28. Walt Schneebeli	19:05
29. Rudy DeMay	19:42
30. Barbara Keller	19:48
31. Ted McKown	21:15
32. Keith Weaver	21:56
33. Joan Bard	22:15
34. Steve North	23:57
35. Joe Bruno	26:44

PILOT: Susan Allen
TIMERS: Gina Rus, Cathy Huang, Anne Sasaki, Margaret Curtis

Mid-Winter Pier 41 Swim Jan. 27, 1991

1. Liam Hennessey	18:58
2. John Selmer	19:22
3. Jon Nakamura	20:05
4. David Claman	20:34
5. Anne Clark	21:10
6. Chris Chorak	21:44
7. Tracey Chisholm	23:35
8. Lori Parmer	23:50
9. Ed Urban	23:53
10. Eric Groneman	25:41
11. Joni Beemsterboer	25:45
12. Celeste McMullin	25:51
12. Kate Coleman	25:51
14. Larry Scroggins	26:37
15. Pete Neubauer	26:38
16. Liz Ann Zirker	26:59
17. Tom Allen	27:00
18. Wendy Kress	27:54
19. Marcia Grimm	28:37
20. Julie Marcus	28:50
21. Susan Cobb	29:20
22. Ted McKown	29:56
23. Bob Derham	30:21
24. David Copeland	30:29
25. Tom Callinan	30:35
25. Ken Coren	30:35
27. Kent Rogers	31:07
28. Roger Kleid	31:33
29. Susan Garfield	31:42
30. Nancy Hornor	31:45
31. Larry Alioto	32:16
32. Flicka McGurrian	32:17

33. John Mattox	33:17
34. Paul McVetty	35:27
35. Minda Rosenthal	36:00
36. Will Powning	36:42
37. Jim Sancimino	37:45
38. Pavla Podolska	42:25
39. Steve North	42:53
40. Bill Powning	42:55
41. Bob McKenzie	48:50

PILOTS: Susan Allen, Beverly Brott, Bill Callahan, Stuart Etzler, Herb Madden, Phil Rollins, Mary Sancimino, Bobby Chorak, Bob Danielson, Lorna Newlin, Mary Cantini-Norkin, Colin Gift, Don Harrison, Harry Louie, Eric Shakelford, Margie Spiegelman, Jeff Locke, Jim Fagan, Carlos Delgado, Chuck Vogt, Bob Hoff, Rich Cooper, Phil Kohlenberg, John Sullivan, Patrick Freilinger, Padraic Doyle, Meg Reilly, Andy Camous, Michael DiNunzio, Anne Sasaki, Pete Bianucci, Gina Rus, Ken Frank, Bill Rus, Stan Hlynsky

TIMERS: Mimi Osborne, Peggy Lavelle, Era Osibe, Marti Mattox

Mid-Winter Cove Feb. 10, 1991

1. Jon Nakamura	14:54
2. Tom McCarty	15:13
3. Liam Hennessey	15:31
4. Laura Merkl	17:28
5. Mike Webb	18:10
6. Tracey Chisholm	18:15
7. Ken Frank	21:30
8. David Copeland	22:10
9. Susan Anson	22:41
10. John Hornor	22:52
11. Bob Derham	23:24
12. Roger Kleid	23:27
13. Ted McKown	23:48
14. Anna Henry	24:04
15. Nancy Hornor	24:17
16. Herb Madden	24:20
17. Bob Danielson	24:30
18. Era Osibe	24:39
19. Larry Alioto	25:15
20. Kent Rogers	25:22
21. Rudy DeMay	27:03
22. Dan Osborne	28:00
23. Will Powning	29:39
24. Keith Weaver	30:07
25. Peter Royce	32:30
26. Bill Powning	34:50
27. Joe Bruno	36:52

PILOTS: George Gara, Susan Allen, John Selmer, Cameron Cooke, Phil Fernandez, Margie Spiegelman, Colin Gift, Larry Scroggins, Andy Camous, Bob Hoff, Jon Bielinski

TIMERS: Conrad Von Blankenberg, Vince Huang, Marcia Grimm

Pier 41 Swim Mar. 10, 1991

1. John Selmer	19:12
2. Tom McCarty	19:25
3. Rick Crafts	20:18
4. Laura Burtch	22:00
5. Alan Budenz	22:12
6. Tracey Chisholm	23:01
7. Larry Scroggins	23:10
8. Mike Webb	23:14
8. Conrad Von B...	23:14
10. ERic Groneman	23:34
11. Dan Osborne	23:57
12. Joni Beemsterboer	24:15
13. Kate Coleman	24:24
14. Liz Ann Zirker	25:16
15. Ken Frank	25:27
16. Ted McKown	26:09
17. Bob Chorak	26:19
18. Alan Liss	26:56
19. Vince Huang	27:04
20. Bob Derham	27:27
21. Susan Cobb	27:28
22. George Buffington	27:37
23. Barbara Keller	27:38
24. Jerry Cullen	27:39
25. Ken Coren	28:11
26. George Gara	28:21
27. Carol Block	28:46
28. Tom Martz	28:53
29. Nancy Hornor	28:55
30. Anna Henry	29:10
31. Marti Mattox	29:32
32. Sandy Lehmkuhl	29:41
33. Mary Sancimino	29:55
34. Dodi Marosi	30:30
35. Steve Worthington	30:40
36. Era Osibe	31:00
37. Will Powning	31:55
38. Chuck Vogt	32:11
39. Jimmy Sancimino	32:22
40. Don Reid	35:14
41. Keith Weaver	35:22
42. Pavla Podolska	36:37
43. Bill Powning	38:00
44. Joe Bruno	39:32
45. Phil Kohlenberg	43:40

PILOTS: Susan Allen, Bill Callahan, Ed Urban, Steve Lathram, Chris Chorak, Phil Rollins, George Robin, Flicka McGurrian, Celeste McMullin, Bob McKenzie, Colin Gift, Eric Shakelford, Jim Mason, Bob Danielson, , Colin

Gift, Neil Hartnett, Bob Hoff, Nikola Pavicic, Greg Bell, Paul Irving, Michael DiNunzio, Rich Cooper, Pete Bianucci, Gwen Passano, Jon Bielinski, Brock Settlemier, Peter Butler, Diane Schatz, Michael Mendelson, Stan Hlynsky, Andy Camous, Phil Lucier, Bill Rus, Kent Rogers

TIMERS: Nancy Friedman, John Mattox, Susan Anson, John Hornor, Suzy Royce, Mimi Osborne

Spring Cove Swim Mar. 23, 1991

1. Sean Kelly	17:54
2. John Selmer	18:01
3. Mike Garibaldi	18:29
4. Tom McCarty	18:32
5. Jon Nakamura	19:53
6. Alan Budenz	21:00
7. George Kebbe	21:19
8. Larry Scroggins	22:26
9. Tracey Chisholm	22:43
10. Mike Webb	23:17
11. Dan Osborne	23:32
12. Susan Anson	27:56
13. Ted McKown	29:04
14. Carol Block	29:21
15. Era Osibe	31:46
16. Will Powning	34:36
17. Mike Giannini	35:16
18. Peter Royce	39:55
19. Bill Powning	44:12
20. Joe Bruno	44:56

PILOTS: Ann Tingley, Susan Cobb, Conrad Von Blankenburg, Shannon Kilkenney, Flicka McGurrian, Susan Allen, Bob Danielson, Colin Gift, Michael DiNunzio, John Hendricks, Ken Coren, Andy Camous, Bob Hoff, Neil Hartnett

TIMERS: Mimi Osborne, Roger Kleid, David Claman, Terry Watts

1990-1991 Polar Bear Swim

122	Patrick Frelinger*
100.75	Laura Merkl
71	Ed Urban

68
66.5
65
60
60
60
58
57
54.4
52
51.75
51
51
50
50
48
48
47.5
45.75
45
45
45
44.75
44.5
43.5
43.25
43.25
42.25
42
42
42
42
41.75
41.5
41
41
41
41
40.75
40.75
40.75
40.5
40.5
40.5
40.25
40.25
40.25
40.25
40
40
40
40
40
40
40
40
40
40
40

Conrad Von Blankenburg
Jon Nakamura
Mike Webb
Stan Hlynsky
George Kebbe
Pavla Podolska
Laura Burtch*
Tracey Chisholm*
David Post*
Larry Scroggins*
Jooske Stil*
Liz Ann Zirker
David Zovickian
Hal Cranston*
Julie Marcus*
David Claman
Lori Parmer*
John Duggan
Anne Clark*
Joe Abbott
Mimi Osborne
John Selmer
Tom Hofmann
John Davies
Pete Neubauer
Mike DiNunzio
Bill Powning
Minda Rosenthal
Sue Garfield
Mike Giannini*
Barbara Keller
John Mattox*
Celeste McMullin*
Steve North
Bill Callahan
Jerry Cullen
Liam Hennessy
Tom Martz
Moir Walsh*
Larry Alioto
Susan Cobb
Dan Osborne
Doira Mateja*
Era Osibe
Monica Towers*
ITom Allen*
Bob Derham
Lewe Hammack
Charlie Martin
Susan Anson*
Roger Aplon
Joe Bruno*
Alan Budenz
Mary Cantini-Norkin
Eric Groneman
Don Harrison
Vince Huang
Herb Madden
Tom McCarty
Ted McKown*
Paul McVetty*
Tiona Scott*
Margo Titus

* Virgin
Polar
Bear

Volunteers

- continued from page 9

homeowners, contact Sam - as many Dolphin Club members already have. Last year, 32,700 Christmas in April volunteers renovated 1,410 homes in 42 cities. San Francisco alone had 22 renovations. Each house requires between 20 and 35 volunteers. At the completion of the project there is a barbeque. Among this years rehabilitation projects are the Larkin Street Youth Center, the Friends of St. Francis Childcare Center in Noe Valley, the Sunnydale Boys and Girls Club, the Women's Building on 18th Street and the Visitation Valley Community Center.

These are just a few of our members who are involved in public benefit activities away from the Club and the list is drawn from among just the small number of people I happen to see more or less regularly at the Club. Look among those people you see at the Club and you are likely to find some interesting people. Jon Nakamura recently thought that "the Dolphin Club has continued to prosper because of the many members who volunteer their time and efforts to Club projects," and that "this same selflessness and sense of pride is reflected in the high level of community involvement of many Club members." Jon, incidentally, not only is a frequent volunteer around the Club, but, when his is not working as an attorney with The California Bankers Association, itself a non-profit organization, he is on the Board of Directors of a local Japanese community newspaper and (in his spare time?) a volunteer with youth service organizations in the Japanese community.

1991 Swim Schedule

<u>Date</u>	<u>Event</u>	<u>Jump-Off</u>
December 21, 1990 (Fri.)	Polar Bear Swim Starts	
January 1 (Tues.)	New Year's Day Cove Swim	9:00 a.m.
January 1 (Tues.)	♥ New Year's Day Alcatraz	TBA
January 27 (Sun.)	♥ Mid-Winter Super Bowl Pier 41 Swim	TBA
February 10 (Sun.)	Mid-Winter Cove Swim	9:00 a.m.
March 10 (Sun.)	♥ Pier 41	10:20 a.m.
March 21 (Thurs.)	Polar Bear Swim Ends	
March 23 (Sat.)	Spring Cove	9:00 a.m.
April 13 (Sat.)	♥ Yacht Harbor	8:00 a.m.
April 21 (Sun.)	♥ Pier 39	8:15 a.m.
May 12 (Sun.)	♥ Doc Howard-Over 45 - From Gas House Cove	8:00 a.m.
* May 18 (Sat.)	♥ Dick Beeler Crazy Cove	9:00 a.m.
June 1 (Sat.)	100 Mile Swim Starts	
June 2 (Sun.)	Over 60 Cove	9:00 a.m.
June 21 (Fri.)	♥ Twilight Cove - Pot Luck BBQ to Follow	6:00 p.m.
July 12 (Fri.)	♥ Twilight Gas House Cove & Pilot Appreciation Pot Luck Dinner	6:00 p.m.
July 20 (Sat.)	Trans Tahoe Relay	TBA
July 28 (Sun.)	♥ Crissy Field	9:20 a.m.
August 3 (Sat.)	♥ Santa Cruz Pier Swim	11:00 a.m.
August 10 (Sat.)	♥ Fort Point	8:15 a.m.
August 17 (Sat.)	Golden Gate I - Slow Day	7:10 a.m.
August 18 (Sun.)	Golden Gate II - Fast Day	8:35 a.m.
September 8 (Sun.)	Handicap Cove	9:00 a.m.
* September 15 (Sun.)	Alcatraz	7:15 a.m.
September 27 (Fri.)	♥ Twilight Pier 41- Pot Luck BBQ to Follow	6:00 p.m.
October 6 (Sun.)	Dolphin/South End Triathlon	TBA
* October 13 (Sun.)	Escape From Alcatraz Triathlon	9:35 a.m.
October 31 (Thurs.)	100 Mile Swim Ends	
November 9 (Sat.)	Annual Swim/Pilot Appreciation Dinner	TBA
November 28 (Thurs.)	Thanksgiving Day Cove	9:00 a.m.
December 15 (Sun.)	New Year's Day Alcatraz Qualifier	9:00 a.m.
December 21, 1991 (Sat.)	Polar Bear Swim Starts	

Note: Jump-off times are subject to change -- TBA means "To Be Announced"

Swim Program Rules

1. Club scheduled swims are restricted to club members only.
 2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
 3. Swimmers must be members in good standing with dues current and swim fees paid.
 4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
 5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
 6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
 7. Swim sign-up sheets are posted two weeks prior to each swim.
 8. Time limits are imposed and enforced for all swims.
 9. All club boats are reserved for scheduled swims; riders are prohibited.
- Additional qualifications for Alcatraz and Golden Gate Swims •
10. In-town members must successfully complete 2 swims marked with a heart (♥) and one other scheduled swim and pilot or help on at least 2 others.
 11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
 12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

* Revised March 1, 1991

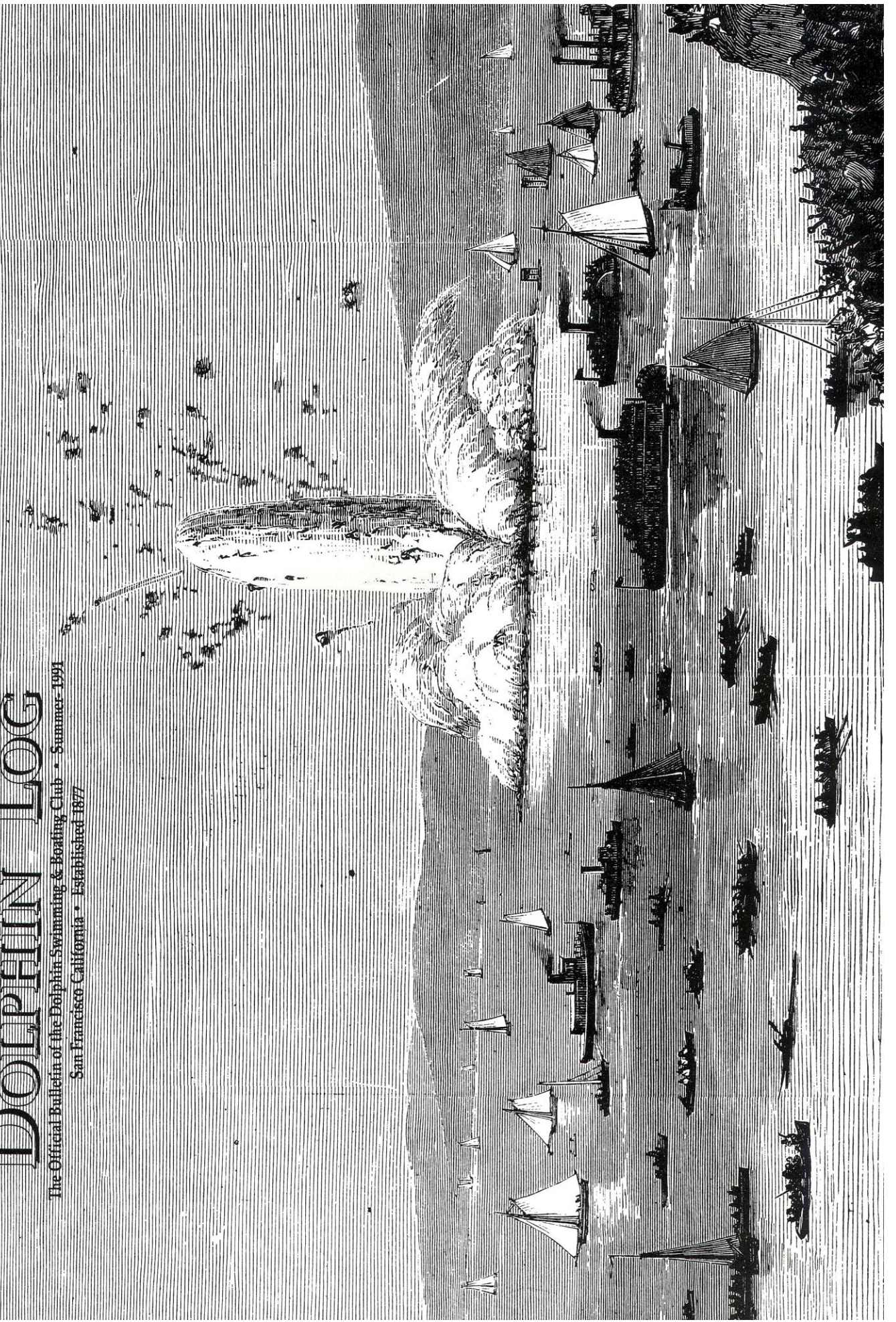
Dolphin Swimming & Boating Club

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

BULK RATE
U.S. POSTAGE
PAID
San Francisco
California 94109
Permit No. 1020

DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club • Summer 1991
San Francisco California • Established 1877



Dolphin Bulletin Board

Miscellaneous News and Notes For the Dolphin Club Membership

On The Cover Of the Dolphin Log

Back around the turn of the century, there were a number of large out-croppings of rock protruding from points on San Francisco Bay. Among them was "Blossom Rock" and like the others, including "Mission Rock", it was blown away by dynamite. The blowing up of "Blossom Rock" was rendered by an artist in this etching, published in a turn-of-the-century edition of Harper's Weekly. The etching appears on the cover of this issue courtesy of Dolphin Padraic Doyle.

Annual Meeting Notice

The annual meeting of the Dolphin Club membership will be held on Wednesday, September 18

in the Staib Room at 7 p.m.. All members are invited and encouraged to attend.

Thoreau Exhorts S.F. Bay Swimmers

A paragraph from *Walden* by Henry David Thoreau reads:

"I got up early and bathed in the pond; that was a religious exercise, and one of the best things I did. They say that characters were engraved on the bathing tub of King Tching-thang to this effect:

Renew thyself completely each day; do it again, and again, and forever again."

While reading this passage to his students one day, Steve North, an early morning swimmer and a teacher at Jefferson High School in Daly City, thought that the remarks of Tching-thang as reported by Thoreau would be an apt inspiration for the Dolphin early swimmers. Two of Steve's students, Albert Calmerin and Joe Caceres, volunteered to craft a sign with Tching-thang's message carved in

bold black letters.

Albert, Joe and Steve presented the sign to the Club officers at the monthly board meeting on Wednesday, July 17. The sign is now displayed over the door between the new boathouse and the front stairway entrance so that all Dolphin swimmers can heed the encouraging words of fellow-dipper King Tching-thang.

Escape From Alcatraz Scheduled for October

This year the "Escape From Alcatraz" will be held on Sunday, October 13. The Clubs have some members who work on Saturdays so this will be their year.

It can also be your year. Now is the time to stop thinking and start moving. Water temperatures have gone up and the weather is clearing. If you think you can do the "Escape" and you have never done it, this is your year.

Pete Bianucci

- continued on page 4



The Dolphin Log

Editor: Jeffrey Howard Heth

Photographs in this issue are by
Barbara Keller and Marilou Lascari

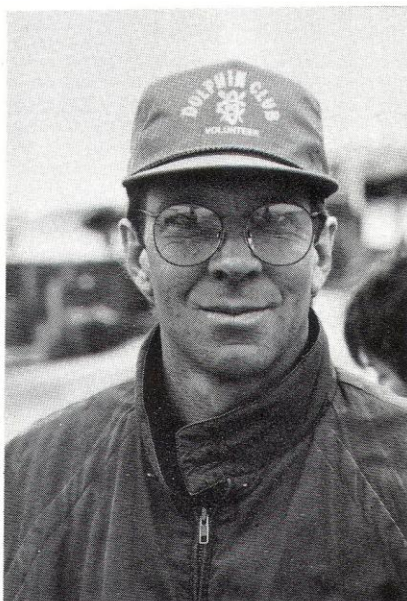
Published By
The Dolphin
Swimming & Boating Club Inc.
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

1991 Officers

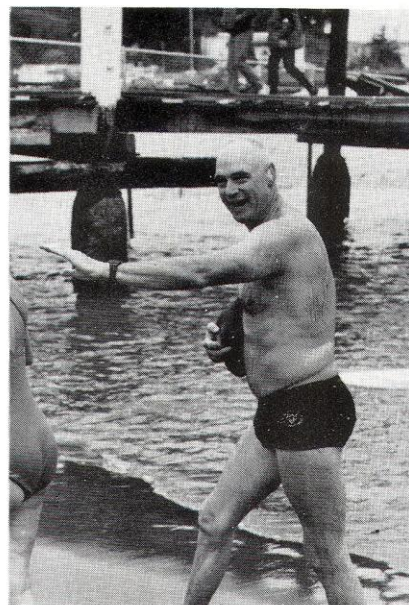
President - Peter Bianucci
Vice President - Meg Reilly
Treasurer - Lorna Newlin
Recording Secty - Mike Webb
Financial Secty - Jeffrey Heth
Boat Captain - Jeremy West

Board of Governors

Jon Beilinski
Michael DiNunzio
Colin Gift
Kate Coleman
Ann Tingley
Steve (Jerome) Duffy
Ken Coren
Bill Rus
Walt Stack



Wayne Riddle, Club member and one of Lou Marcelli's clean-up volunteers.



Steve Duffy strides across the Beach doing his version of the "volunteer strut".

President's Message

Many members are continuing to keep working. They are working at keeping our club clean.

If you want to adopt a project, see Lou Marcelli. Work parties have finished off the addition and done

general housekeeping. On behalf of all the members, I would like to thank all of the members who gave their time.

Who To Contact For Clean Water in Aquatic Park

The quality of water in Aquatic Park continues to be a major concern for the Dolphin Club and its members. Below is a list of individuals who can make a difference in water quality. The public is encouraged to write to these people to express concerns about the quality of water in the San Francisco Bay.

- Mayor Art Agnos
City Hall
San Francisco, CA 94102
- Catherine Bauman & Barbara Sahm
S.F. Dept. of City Planning
Office of Environmental Review
450 McAllister St.,
San Francisco, CA 94102-6080
- S.F. Toxics Unit, Health Dept.
101 Grove Street, #207
S.F., CA 94102
- Louise Renne, City Attorney
City Attorney's Office
City Hall
San Francisco, CA 94102

- William Travis, Exec. Director
S.F. Bay Conservation & Development Commission
Thirty Van Ness Ave., Suite 2011
San Francisco, CA 94102-6080
- U.S. Army Corps of Engineers
Manager, Permits Office
211 Main Street
San Francisco, CA 94105
- State Regional Water Quality Control Board
Enforcement Unit
1800 Harrison Street
Oakland, CA 94612
- Environmental Protection Agency (EPA)
Water Management Division
Harry Seoraydarian, Dir. Water Div.
75 Hawthorne Street
San Francisco, CA 94105
- Coastal Commission Director
631 Howard Street, 4th floor
San Francisco, CA 94103

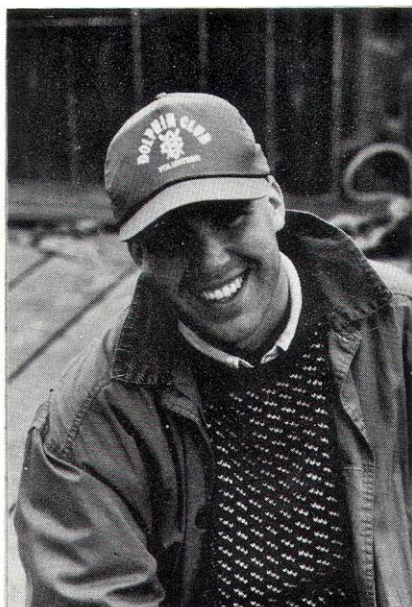
In the next issue of the Dolphin Log there will be a more complete listing with more detail.

Water, water, everywhere! Our water usage is down. Thanks, in part, to Keith Weaver for donating and installing low flow shower heads with cut-out features during soaping. Many thanks to all the members for watching their time in the showers and turning them off when not in use.

Final, final. I am happy to report to you that we have had our final draft of "Group Public Access" approved by the San Francisco Parks and Recreation Commission. Meg Reilly and Tim Callahan have put a lot of time and effort attending meetings and composing the agreement. Many thanks for a good job.

Love your club and use it.

Pete Bianucci
President



Nick Payne also wears the volunteer cap signifying that he, too has signed up for cleanup.



Bob Hoff has been helping the Club for many years before the new cleanup campaign.



Yet another happy volunteer, Anne Clark does her share of the Club cleanup duties.

More Dolphin Bulletin Board

Miscellaneous News and Notes For the Dolphin Club Membership

- from page 2

Attention Escapists!!

Planning to do the Escape for the first time? Getting lost on the nightmarish trails of your dreams? Training too intense?! Enough?! Not enough?!!

Afraid those Dolphin tortoisés may pass you by?

Join EAA - "Escape from Alcatraz Anonymous". Train with other first- and not-so-first timers. Share your nightmares and training tips. No meetings to attend. Sign up on the bulletin board.

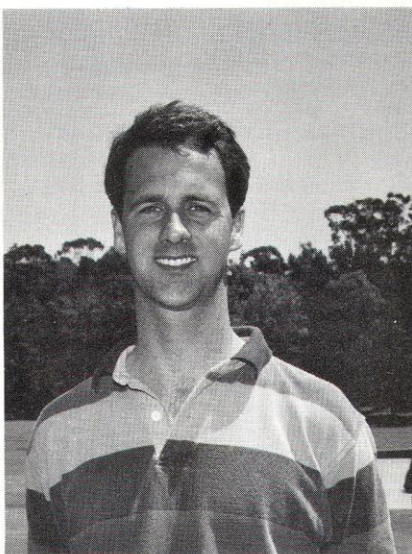
Tommy Martz Passes On

Young Tommy Martz (1961-1991), a member of the Dolphin Club for over five years, drowned in a swimming accident in the fast-flowing rapids of the Merced River in Yosemite Park on Saturday, June 8. Some say that Tommy dove in to lend assistance to his friend who had just jumped into the river.

Tommy was an accomplished swimmer having completed all of the Club's swims and was one of

the most enthusiastic participants in our many races. He was a very proud Dolphin having completed the New Year's Alcatraz Swim and the Polar Bear event in 1988, 1989 and 1990.

He will always be remembered as a very special Dolphin who gave everyone a hearty welcome, a slap on the back and encouragement to all. He never missed taking on a new challenge.



Tom Martz (1961-1991)

Tommy graduated from the University of California with a dual major in Architecture and Engineering and was a junior manager in the real estate division of the Equitable Life Assurance Society in San Francisco. He was a committed athlete/oarsman who was part of the U.C. Crew team.

A memorial service was held in his honor at the Piedmont Community Church at which dozens of Dolphins were present. He was engaged to be married later this year to Laurie Shepard who spoke at the service.

The family requests that donations will be made to the Charles Thomas Martz, Jr. Scholarship Fund and sent to the University of

California at Berkeley, Bear Backers Office, 61 Harmon Gymnasium, Berkeley 94720.

We'll never know why he was taken from us but while he was with us he was very special. Whatever else, he's out there swimming with us. Farewell Tommy. You will be sorely missed because you made our lives so much brighter.

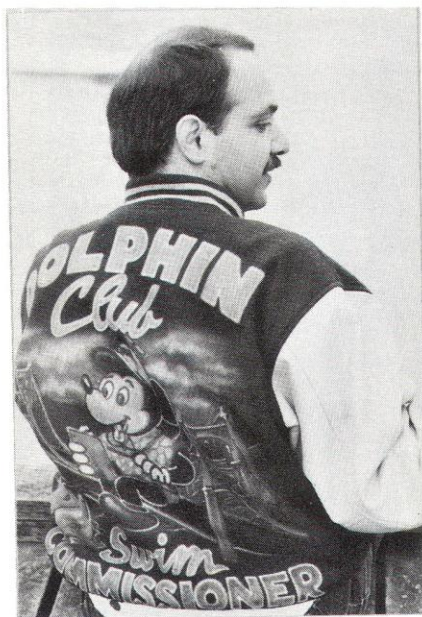
Don Reid

Dolphin Club Hosts Visitors From Japan

The Dolphin Club hosts many guests from all over the globe and recently we hosted the Fuji family from Yokohama Japan. Twelve year old Kanami wanted to swim in the San Francisco Bay and Dolphin Club member Don Reid accompanied her on her first attempt and within a month she swam a full half-mile and celebrated the successful completion with her family. Congratulations to a very courageous young lady... Kanami Fuji.



The Fuji family with Don Reid and 12 year old Kanami (with towel).



Head Swim Commissioner Dave Zovickian sports a favorite character on his back.

40 Years Ago at the Club

History by Walt Schneeбели

Forty years ago, on September 9, 1951, the Dolphin Swimming and Boating Club held its annual Golden Gate Swim.

The City was having a hot spell during this period, but at the Gate, a 20-mile westerly wind whipped up the course making it difficult for both swimmer and pilot.

Marine Corporal Ray Carmassi won the race, as he had in the four previous years, with a low time of 37:45. After the swim Carmassi stated that this was his toughest Gate trial through he was in the best condition of his career.

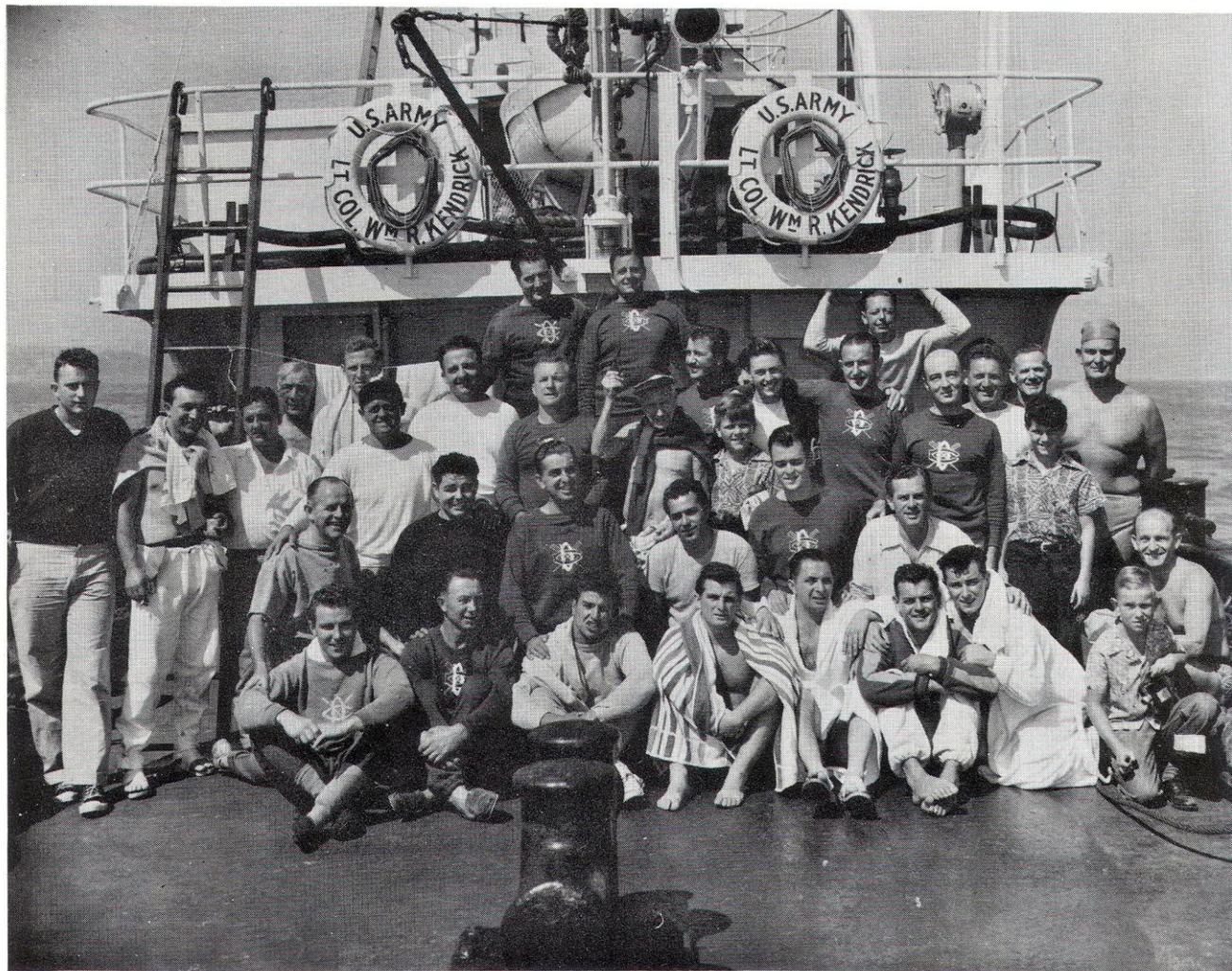
From a field of 28 starters, 26 finished the swim.

Finishers

1. Ray Carmassi.....37:45
2. Eric Borgeson.....46:45
3. Harry Fields.....49:05
4. Joe Weiss.....50:05
5. Martin Vermuelen.....50:30
6. Ray Sangalli.....50:45
7. Jim Morino*.....50:46
8. Joe Bruno*.....53:05
9. Wayne Alexander*.....54:15
10. Paul Silvester*.....58:30
11. Clifford Quist*.....60:30
12. Jim Healy.....62:30

13. Gus Gelardi*.....62:33
14. Leonard P. Gelardi*.....67:30
15. Frank Infrerra.....68:15
16. Frank Adams.....69:17
17. Ted Monell.....69:18
18. Walt Schneeбели*.....71:35
19. Remo Tocchini.....76:00
20. Al Liva*.....85:15
21. Antone Gelardi*.....95:20
22. Roland Demarais*.....98:30
23. Wally Irwin.....105:10
24. Frank Mennucci*.....111:00
25. Leonard J. Gelardi.....112:00
26. Bill Mahood.....120:00

*Living Dolphin Life Member



From the archives of Walt Schneeбели is this excellent photo of participants in the 1951 Golden Gate Swim.

Joe Bruno Opens His Scrapbook

Unarguably one of the Dolphin Club's greatest treasures is Joe Bruno. Veteran of more than 50 Golden Gate Swims and holder of numerous other records of achievement, Joe recently opened his very large scrapbook of Dolphin Club memorabilia for the *Dolphin Log*.

Among the many clippings of news stories about various swims were a couple of items of particular interest which are reproduced on this and the opposite page.

In 1933, the *S.F. Chronicle* sponsored the Golden Gate swim which started at the Marin County pier of the Golden Gate bridge, then under construction.

More remarkable than the course

or the lack of a completed bridge, was the huge crowd of sports enthusiasts who converged on the scene to watch the swim.

Back in the days before professional football, Howard Cossell and ESPN, the San Francisco public got a big thrill out of the annual Gate swim and its more than 100 participants.

The crowds lined the shore from the Coast Guard life saving station to the end of the temporary pier of the Golden Gate bridge, shown in the foreground of the photo on the opposite page.

In addition to the crowd of spectators on land, hundreds of boats dotted the water a short way out, most of them pilot boats of the in-

dividual "mermen". The winner that year was a Stanford University boy, Ted Wiget.

Also of interest to all who participate in Dolphin Club swims now, are the printed instructions to swimmers and pilots shown below. These instructions are reproduced exactly as they appeared and as they were saved by Joe Bruno. Almost 50 years old now, it's remarkable how many similarities are evident as compared to our modern day version of the same event. Remarkable also are the many differences between how the swim was organized then as compared to now.

Thank you, Joe Bruno for your contributions then and now.

Instructions to Swimmers

All swimmers must be registered with the A. A. U. U S. Army men excluded), local offices 835 Phelan Building. Failure to register will prevent starting.

Each swimmer must provide a blanket for personal use and will be expected to provide his own grease (if any is to be used) and whatever may be needed to remove what is left after the race.

Swimmers are permitted to start with regulation trunks and supporters. It is not necessary to wear the full suit. The trunks, however, must conform with A. A. U. rules

Each swimmer shall sew, or attach firmly to his suit or trunks, the cloth number which will be given him by this office, which will serve to identify him more readily at the finish of the race.

Swimmers are expected to report at the Dolphin Club next Sunday morning at 7:00 A. M. The race is not expected to start until 10:30 A. M. Contestants should be guided by these facts in regard to eating.

In regard to wearing apparel it is wise to wear the oldest clothes you have so that no serious loss will be suffered should they become wet, smeared with grease or lost. Leave all valuables at home the morning of the race or with some friend who will not be a participant. The Chronicle will not be responsible for clothes or valuables.

In case the swimmer is forced from the water for any reason at all he will not under any circumstances be permitted to re-enter the water and resume the race. Report yourself out of the race to the nearest official boat.

Trophy distribution at Galileo High School Sunday afternoon, 3:00 P. M.

Instructions to Pilots

All pilots will assemble at the Dolphin Club the morning of the race, where they will be given the numbers, which must be tacked to the stern of the boats which they will row.

Pilots will be taken to the starting point of the race aboard one of the boats which have been provided for that purpose.

Upon arriving at Fort Baker, pilots will take to the row boats which have been assigned them and take up a position at least a quarter of a mile from the shore. This is most important for all concerned. Should the pilots crowd the shore line they will seriously impede all swimmers, including their own, by blocking their way to clear water.

Should the pilot for any reason be forced to assist the swimmer it is his duty to report such swimmer as out of the race. No assistance of any kind may be given the contestant without disqualifying him.

If for any reason the pilot picks up his charge and wishes to place him aboard a hospital boat for first aid he should wave a towel at the end of an oar to attract attention.

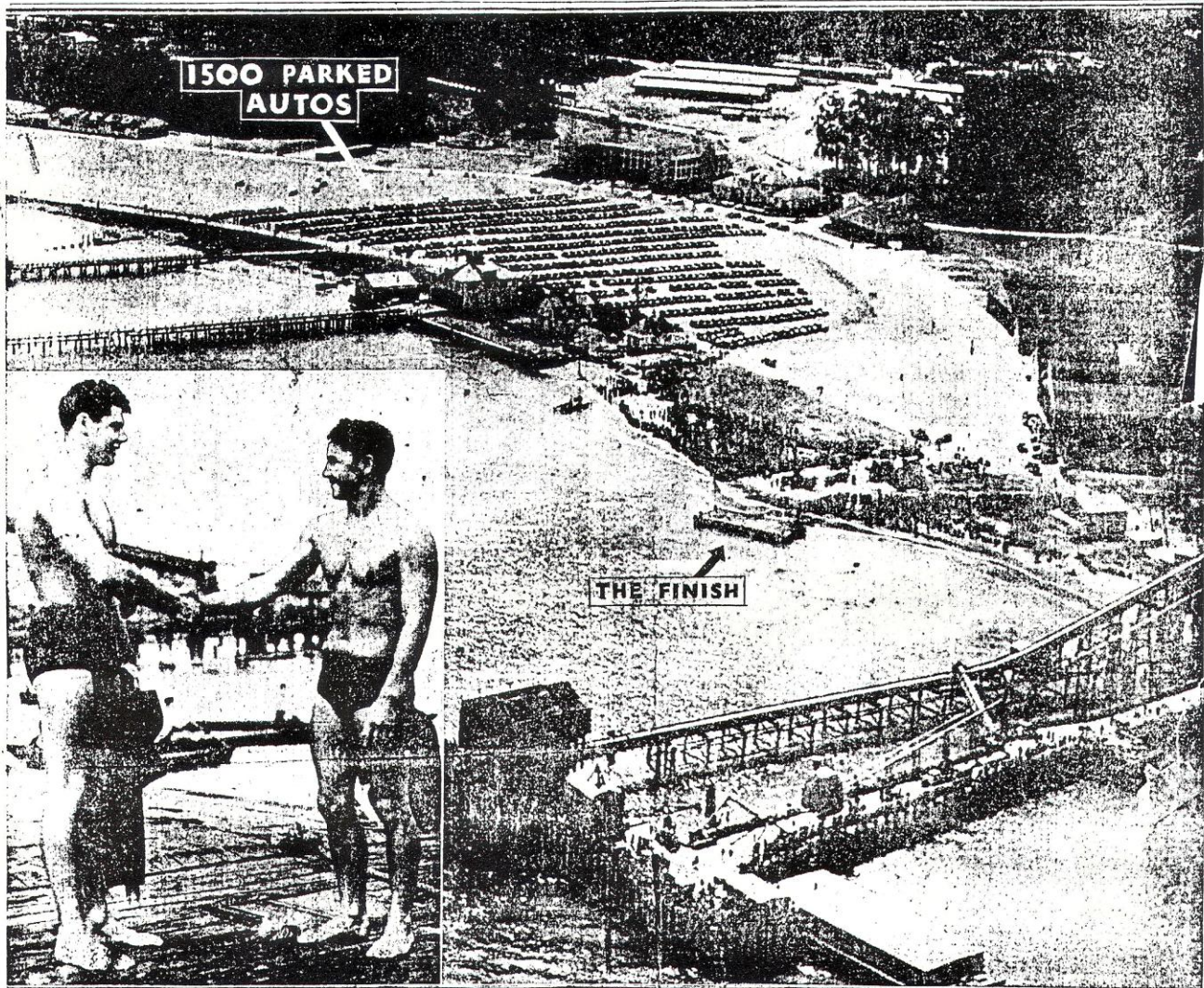
Once the swimmer has been placed aboard the hospital boat get clear of the hospital boat. You cannot be of any assistance once the swimmer is in the hands of the Red Cross workers. By hanging on to the hospital boat you will only retard the work of these people.

One of the most important things for the pilot to remember is when approaching the finish barge with the swimmer to keep well in front of the swimmer and permit the swimmer to make the last 100 yards alone. The pilot should upon leaving the swimmer remove the number from the back of his boat and hold it aloft so that judges on the finish float can tell who the swimmer is by the number displayed.

The pilot boat should then be delivered to the owners or placed in care of someone so that there will be no possibility of its being lost. The swimmers and pilots assume responsibility for these boats and care must be taken to see that they are in proper hands before abandoned.

Trophy distribution at Galileo High School, Sunday afternoon, 3:00 P. M.

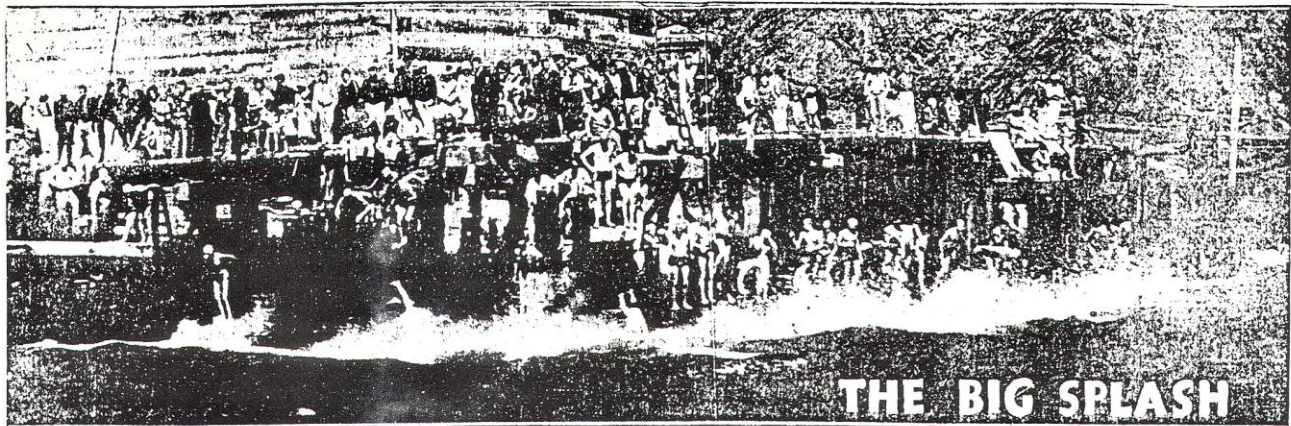
Thousands Line San Francisco Shore at Finish of Chronicle Swim



Ted Wiget (left), Stanford University boy, receiving the congratulations of Buster Olds, second place man in The Chronicle's Golden Gate swim. It was the second victory in this event for Wiget and the fourth time Olds has finished second.

The finish site of The Chronicle's Golden Gate Swim as seen from the cockpit of a Paramount Air Service plane piloted by Harry Cronin. Parked automobiles of the spectators covered a large portion of Crissy Field long before the start of the race.

The crowds lined the shore from the Coast Guard life saving station to the end of the temporary pier of the Golden Gate bridge, shown in the foreground. The finish barge is shown in the center of the picture.



The start of The Chronicle's ninth annual Golden Gate swim from the Marin county pier of the Golden Gate bridge, now under construction.

More than a hundred hardy athletes plunged into the frigid waters of the Golden Gate, and more than an hour later 89 of them had completed the

arduous passage. Hundreds of boats dotted the water a short way out, most of them pilot boats of the individual inermen, waiting for their charges

to come out. The swimmers were started at slack tide from the Marin shore, the winner taking 39 minutes and 19.5 seconds to finish.

Dolphins Share Urges of Swallows and Monarchs

It's was peak swim season when Dolphins far and wide geared up for one of the highlights of the season, their annual migration to Santa Cruz. Like the swallows to Capistrano and the monarchs to Monterey, the traditional yet mysterious beaching of half chickens on the sandy shores of Santa Cruz caused quite a stir. Locals were abuzz with the early sighting of a rare, short fur backed Dolphin in the area, a certain harbinger that chickens were on the way and with them Dolphins. Despite the drought, the mysterious fermented beach spring still flowed freely through the sand.

Also sighted recently were freshwater Dolphins en masse in the high altitude waters of Lake Tahoe. Though generally known to be shy and elusive in the presence of pool trained masters swimmers and their events, the openness of the arena proved too appealing to these Dolphins. A half dozen Dolphin teams entered and completed the newly shortened event, most of whom actually swam throughout the race. Congrats to freshman water pig Cathy Huang for actually swimming her legs of the relay (coincidentally, the pigs have announced an opening on their 1992 roster).

In a rare display of civic-mindedness, the Water Pigs led by long time pig Conrad Von Blankenberg, Vince Huang and Wayne Riddle, and the Pig Busters led by chief food tasters Tim Callahan and Elmer Tosta re-enacted the epic civil war battle between the Monitor and the Merimac. As in that great skirmish, many shots were fired and cannon loosed, though in the end the true winners were the other teams, spectators to a wet and wild battle and thus spared engagement themselves. In the finest Dolphin tradition the

pig busters proudly finished the race walking up the beach, allowing a team of pool swimmers to run up the beach for the high honor of finishing 46th instead of 47th out of 56 teams.

Back in the Bay, 1991 witnessed the introduction of many fine and some fast Dolphins. Yacht Harbor marked the auspicious debut of the Schatz men Tom and Steve, with respective first and third place finishes. Fortunately for the competition, Tom has temporarily relocated out of state. Now, if only Steve gets transferred! Sporting a sexy ankle tatoo and an exquisitely crafted earring (thank you, Tom Shane) the ever-debonair Liam Hennessy returned to the top of the heap at the Pier 39 swim besting a field of 53. The Doc Howard Over 45 swim enticed 34 of our slightly senior members into the 55 degree waters of Gas House Cove for the quick swim home. John Selmer successfully defended his 1990 title, though the additional year clearly had taken its toll, adding 33 seconds to his time. Once again Joe Bruno proved that Dolphins know no mandatory retirement age as he rounded out the field of 34 swimmers. Remarkably, there were no newcomers to the field; 1945 must have been a hectic time. Still recovering from the Gas House Cove swim, John dropped to third in the Dick Beeler Crazy Cove swim. Ready to claim top honrs were Sean Kelly and runner up and rookie Pig Buster Diana Abele. The Over 60 Cove swim again belonged to Glynn Jones, the 1991 Masters National Champ in the 1650, age 65. Herb Madden, 1991 Master of the BBQ'd chicken and Over 60 Cove runner-up, added a welcome challenge to the race. Galley captain and man-about-the-dock Cecco Mennucci rounded out the finish of 13 hardy veteran Bay swim-

mers.

The evening of June 21 welcomed the summer solstice and one of the toughest swims on the schedule, to which eight would-be finishers can attest. Through 1.25 miles, Dolphin women Suzanne Heim and Diana Abele battled strong winds to claim top honors respectively along with 57 other tenacious Dolphins. Twilight was the setting Friday July 12 as 67 Dolphins thrilled the diners at Greens restaurant with the Gas House Cove swim. Thanks to Colin (Foot Long) Gift, hot dogs were the treat of choice following the swim, with the first bite going to Liam Hennessy. Crissy Field enticed 66 swimmers to its sandy shores for the 2.5 mile journey through balmy 61 degree waters. Displaying her usual championship form, Suzanne Heim quickly led the pack back to the Club. Regrettably, a number of swimmers chose not to negotiate the turn around a prescribed course marker buoy. Believed to be the insidious consequence of competitive Masters pool training, naturalists are again lobbying for stricter controls on the domestication of the wild and playful Dolphin, with the hope of controlling this aggressive, competitive behavior.

President and chief "Escapee" Peter Bianucci has officially opened training camp for the Escape From Alcatraz Triathlon, available to Dolphins willing to torture their bodies for greater glory and a sharp belt buckle. Veteran escapees Mike Webb and Jon Nakamura are leading a runners workshop early mornings at the Club. This essential course is geared toward the novice Dipsea runner, with a special emphasis on mastering the art of the tuck and roll tumble, invaluable for reducing unnecessary body drag while de-

- continued on page 11

Dolphin Swim Statistics

Spring Cove

March 23, 1991

53 1/2 degrees, moderate ebb,
light rain, three-quarter mile plus

1. Sean Kelly	17:54
2. John Selmer	18:01
3. Mike Garibaldi	18:29
4. Tom McCarty	18:32
5. Jon Nakamura	19:53
6. Alan Budenz	21:00
7. George Kebbe	21:19
8. Larry Scroggins	22:26
9. Tracey Chisholm	22:43
10. Mike Webb	23:17
11. Dan Osborne	23:32
12. Susan Anson	27:56
13. Ted McKown	29:04
14. Carol Block	29:21
15. Era Osibe	31:46
16. Will Powning	34:36
17. Mike Giannini	35:16
18. Peter Royce	39:55
19. Bill Powning	44:12
20. Joe Bruno	44:56

PILOTS; Ann Tingley, Susan Cobb, Conrad Von Blankenburg, Shannon Kilkeny, Flicka McGurrin, Susan Allen, BNob Danielson, Colin Gift, Michael DiNunzio, John Hendricks, Ken Coren, Andy Camous, Bob Hoff, Neil Hartnett

HELPERS; Kate Coleman, Lizz Ann Zirker, Dodi Marosi, Cecco Mennucci, Jerome Duffy, Karen Drucker, Pavla Podolska, Mimi Osborne, Roger Kleid, David Claman, Terry Watts, Pete Neubauer

Yacht Harbor

April 13, 1991

53 degrees, clear skies, light
wind, good flood

1. Tom Schatz	28:14
2. John Davies	28:24
3. Steve Schatz	28:44
4. Paul Watts	29:12
4. Terry Watts	29:12
4. Paul Watts	29:12
6. Tracey Chisholm	29:53
7. Nick Payne	30:00
8. Mike Webb	30:54

9. Patrick Freilinger	31:19
10. David Rich	31:48
11. C. Von Blankenberg	31:52
12. Kate Coleman	32:05
13. Eric Groneman	32:50
14. Pete Neubauer	33:34
15. Celeste McMullin	33:38
16. Tina Scot	34:11
17. Ann Tingley	34:12
18. Betsy Dobson	34:32
19. Wendy Kress	34:50
20. Marcia Grimm	35:25
21. Susan Cobb	35:43
22. Jerry Cullen	35:47
23. Ted McKown	35:52
24. Bill Callahan	35:54
25. Beverly Brott	36:38
26. George Gara	37:25
27. Carol Block	37:34
27. Walt Schneebeli	37:34
29. Dodi Marosi	37:55
30. Kent Rogers	38:00
31. Nancy Hornor	38:13
32. Flicka McGurrin	38:17
33. Mary Cantini-Norkin	38:42
34. Rudy DeMay	39:35
35. Larry Alioto	39:48
36. Will Powning	40:28
37. Mike Giannini	40:51
38. Sarah McCosky	43:21
39. Chuck Vogt	43:52
40. Don Reid	44:50
41. Tom Whelan	46:22
42. Pavla Podolska	47:03
43. Bill Powning	48:37
44. Keith Weaver	49:47
45. Phil Kohlenberg	58:06

PILOTS: George Buffington, Tom Martz, Bob Danielson, Bob Deham, George Robin, Colin Gift, Don Harrison, Jim Mason, Margie Spiegelman, Don Wardo, Barry Christian, John Sullivan, John Kortum, Rich Cooper, Jon Bielski, Greg Bell, Diane Schatz, John Hendricks, Andy Camous, Bob Hoff, Padraic Doyle, Noreen Tierney, Tracy Cambron, Jeremy West, Mike DiNunzio, Gwen Passano, Stan Hlynsky

HELPERS; Alan Budenz, Steve Duffy, Cecco Mennucci, Rudy DeMay, Steve North, Bill O'Brien, Karen Drucker, Kathryn Cronin, Julie Marcus, Helene Marchant, Minda Rosenthal, Ann Tingley, Mike Webb

Pier 39

April 21, 1991

0815, overcast skies, flat 53-54
degree water, good ebb

1. Liam Hennessy	21:35
2. Sean Kelly	22:23
3. John Selmer	23:06
4. David Claman	23:34
5. Tom Schatz	23:42
6. Jon Nakamura	24:07
7. Steve Schatz	24:12
8. Rick Crafts	24:17
9. Nick Payne	25:47
10. Tracey Chisholm	26:16
11. Eric Groneman	27:06
12. Mike Webb	27:18
13. Richard Kosinski	27:56
14. Patrick Freilinger	27:57
15. Kate Coleman	28:08
16. David Rich	28:17
17. Betsy Dobson	30:07
17. Eric Shackleford	30:07
19. Wendy Kress	31:01
19. Ann Tingley	31:01
21. George Buffington	31:07
22. Tina Scott	31:09
23. Scott Anderson	31:10
24. Eduardo Barranco	31:20
25. Monica Towers	31:32
26. John Hornor	31:05
27. Bill Callahan	32:10
27. George Gara	32:10
29. Gina Rus	32:14
30. Marcia Grimm	32:16
31. Hal Cranston	32:24
32. Anna Henry	32:27
33. Julie Marcus	32:37
34. Barry Christian	32:59
34. Steve Lathram	32:59
36. Beverly Brott	33:04
37. Rich Livingston	33:25
38. Dodi Marosi	34:21
39. Era Osibe	34:37
40. Sandy Lehmkuhl	34:43
41. Susan Garfield	35:37
42. Larry Alioto	35:58
43. Rudy DeMay	36:20
44. John Mattox	36:26
45. Will Powning	37:46
46. Phil Sancimino	38:53
47. George Robin	38:57
48. Jim Sancimino	39:58
49. Pavla Podolska	42:35
50. Bob McKenzie	43:43
51. Don Reid	49:57
52. Bill Powning	53:25
53. Phil Kohlenberg	DNF

PILOTS; Susan Allen, John Davies, Bob Danielson, Celeste

McMullin, Carol Block, Maary Cantin-Norkin, Colin Gift, Don Harrison, Nancy Hornor, Harry Louie, Jim Mason, Jon Hendricks, Don Wardo, Dan Osborne, Rich Cooper, Ted McKown, Jon Bielski, Jim Fagan, Diane Schatz, Bob Hoff, Padraic Doyle, Warren Welter, Kevin Hartnett, Neil Hartnett, Pete Bianucci, Bill Rus, Kathryn Cronin, Jeremy West, Stan Hlynsky, Mike Mendelson, Flicka McGurrin, Miuke DiNunzio

HELPERS; Alan Budenz, Earl Curits, Joe Schatz, Anne Clark, Gina Rus, Barbara Keller, Cecco Mennucci, Wendy Kress, Rudy DeMay, Steve North, Bill O'Brien, Paul Watts, Sam Cuddebeck, Mimi Osborne, Meg Storey, Terry Watts

Doc Howard Over 45 Gas House Cove

May 12, 1991

0820, 55 degree water, very light
wind, overcast skies

1. John Selmer	16:55
2. Ed Urban	19:23
3. Susan Allen	20:02
4. C. Von Blankenberg	20:45
5. Dan Osborne	21:06
6. Eduardo Barranco	22:39
7. Scott Anderson	22:53
8. Rich Cooper	23:18
9. Tom Callinan	23:55
10. Bill Callahan	23:56
11. Jerry Cullen	24:15
12. Kate Coleman	24:42
12. Susan Anson	24:42
14. Walt Schneebeli	25:18
15. Carol Block	25:36
16. Flicka McGurrin	25:40
17. Mary Cantini	26:19
18. Larry Alioto	26:22
19. Bob Danielson	26:27
20. Steve Duffy	26:30
21. Sandy Lemkuhl	26:33
22. Don Harrison	26:51
23. Rudy DeMay	27:02
24. Mike Giannini	27:03
25. Keith Weaver	28:29
26. Chuck Vogt	28:34
27. Hugo Bucholtz	30:31
28. Steve North	31:13
29. Bob McKenzie	31:48

30. Mimi Osborne	32:07
31. Don Reid	32:21
32. Bill Powning	33:49
33. Pavla Podolska	34:03
34. Joe Bruno	34:26

PILOTS; Alan Budenz, Susan Cobb, Ken Coren, Rick Crafts, John Davies, Shannon Kilkenny, Anne Sasaki, Steve Lathram, Tom McCarty, Celeste McMullin, Joni Beemsterboer, Larua Burch, Barry Christian, Stu Etzler, Colin Gift, Marcia Grimm, Bob Derham, Nick DeMay, Jon Bielinski, Larry Scroggins, Jim Fagan, Jon Hendricks, Andy Camous, Bob Hoff, Margie Spiegelman, Meg Reilly, Bill Rus, Gina Rus, Pete Biancci, Mike Mendelson, Stan Hlynsky

HELPERS; Keith Nelson, Will Powning, Ann Clarke, David Claman, Cecco Mennucci, Babs Keller, Wendy Kress, Kate Cronin, Pat McGarvey, Wayne Riddle, Tracey Chisholm, Nick Payne

Dick Beeler Crazy Cove Swim

May 18, 1991

0905, overcast skies, very light wind, 54-55 degree water

1. Sean Kelly	26:54
2. Diana Abele	27:41
3. John Selmer	27:48
4. John Davies	28:10
5. Tom McCarty	28:45
6. David Claman	28:53
7. Jon Nakamura	29:12
8. Anne Clark	31:40
9. Nick Payne	31:48
10. George Kebbe	31:49
11. Pat McGarvey	32:47
12. Laura Burch	33:14
13. Alan Budenz	33:24
14. Larry Scroggins	36:03
15. Bob Colyar	36:13
16. Eric Groneman	36:51
17. Joni Beemsterboer	37:02
18. Mike Webb	37:18
19. Megan Sullivan	39:52
20. Tina Scott	40:11
21. Susan Cobb	41:07
22. Wendy Kress	41:37
23. Carol Murphy	42:06
24. Hal Cranston	42:59
25. Bill Callahan	43:13
25. Ted McKown	43:13
27. Susan Anson	43:57
28. Barry Christian	46:53

29. Larry Alioto	51:05
30. John Owen	56:53

PILOTS; Alan Brown, Ateve Lathram, Mary Sancimino, Susan Allen, Meg Reilly, Margie Spiegelman, Bob Danielson, Nancy Friedman, Colin Gift, Stan Hlynsky, Rich Cooper, Diane Schatz, Jim Fagan, Jon Hendricks, Ken Coren

HELPERS; Laura Merkl, Dan Osborne, Mimi Osborne, Cecco Mennucci, Wendy Kress, Suzy Royce, Peter Marchant, Helene Marchant, Paul Watts, Tracey Chisholm, Betsy Dobson, Anna Henry, Pavla Podolska, Bonnie Winn, Jim Mason, Bill Powning, Minda Rosenthal, Paul McVetty, Bob Colyar, Sean Kelly, Gerald O'Dwyer, Tony Reveaux, Steve Schatz, Tom Schtaz, Joe Schatz

Over 60 Cove Swim

June 2, 1991

0900, moderate wind, slack/weak flood, patchy fog, 58 degrees

1. Glynn Jones	9:19
2. Herb Madden	11:02
3. F. Coughlan (SERC)	11:20
4. John Lynch (SERC)	11:24
5. Walt Schneebeil	11:34
6. Kent Rogers	12:26
7. Nick Zohler	12:47
8. Bill Powning	14:05
9. Joe Bruno	14:34
10. Bob Hoff	14:37
11. Hal Miramonte	17:35
12. Bill O'Brien	22:26
13. Cecco Mennucci	22:54

PILOTS; Diane Abele, Geroe Buffington, Susie Dods, Ken Frank, Suzanne Heim, Bob McKenzie, Don Reid, Barry Christian, Meg Reilly, Margie Spiegelman, Colin Gift, Don Harrison, Warren Welter, Michael DiNunzio, Jon Hendricks, Patrick Freilinger, Jim Fagan,

HELPERS; Jon Nakamura, Lizz Ann Zirker, Joan Ried, Brett Graessle, Era Osibe, Pavla Podolska, Marilou Lascari, Larry Alioto, Anna Henry, Glynn Jones, Steve Schatz, Tom Schatz, Nick Zohler, Sandy Lemkuhl, Peter Mrachant, David Marten, Ketih Nelson, Tony Reveaux

Twilight Cove

June 21, 1991

1805. 1.25 miles, 58 degree water, clear skies, strong winds, miox flood 1818

1. Suzanne Heim	24:03
2. Diane Abele	26:03
3. Tom Schatz	26:46
4. Steve Schatz	27:18
5. David Claman	28:21
6. Jon Nakamura	28:49
7. Anne Clark	30:26
8. Nick Payne	30:45
9. George Kebbe	31:23
10. Laura Merkl	31:53
11. Chris Kelly	32:17
12. Laura Burch	32:52
13. Susan Allen	33:22
14. Alan Budenz	33:24
15. Mike Webb	33:49
16. Tracey Chisholm	34:33
17. Tom Hofmann	34:51
18. Greg Tuerk	34:58
19. David Rich	35:02
20. Dan Osborne	35:31
21. Larry Scroggins	36:14
22. Peter Jacobsen	36:15
23. Lou Meyer	36:16
24. Joni Beemsterboer	37:01
25. Kate Coleman	38:12
26. Liz Ann Zirker	39:58
27. Scott Anderson	41:40
28. Peggy Lavelle	42:00
29. Nick DeMay	42:51
30. Ken Frank	42:56
31. Bob Chorak	43:21
32. Keith Nelson	44:13
33. Tad Heydenfeld	44:39
34. Tom Allen	45:31
35. Marcia Grimm	45:42
36. Nancy Friedman	45:46
37. Susan Cobb	46:02
38. David Copeland	46:44
39. John Hornor	47:47
40. Julie Marcus	48:30
41. Barry Christian	48:46
42. Hal Cranston	49:24
43. Carol Murphy	50:02
44. Gerald O'Dwyer	40:05
45. Carol Block	50:10
46. Roger Kleid	50:28
47. Bob Derham	50:29
48. David Post	50:35
49. Susan Anson	51:10
50. Shelley Sullivan	51:58
51. Steve Lathram	52:13
52. Steve Duffy	54:08
53. John Mattox	54:47
54. Mag Donaldson	54:51
55. Steve Worthington	60:38
56. Larry Alioto	62:08
57. Sam Cuddeback	64:03
58. Carla Curtis	68:04
59. Cathy Direen	68:38

PILOTS; Monika Jesse, Lynn Jolly, Richard Kossinski, Mary Sancimino, Tina Scott, Tom McCartyk, Celeste McMullin, Margie Spiegelman, Rich Antonchuk, Bob Danielson, Harry Louie, Jon Bielinski, Eduardo Barranco, Michael DiNunzio, Jim Fagan

HELPERS; Sean Kelly, Cecco Mennucci, Gwen Passano & Co., Kate Cronin, Rick Craft, Mike Garibaldi, Mickey Lavelle, Mimi Osborne, Bill Powning, Monica Towers, Meg Storey, Marilou Lascari, James Mason, Alan Liss, Bob McKenley, Miguel Ameti, Scott Anderson, Mag Donaldson, David Marten, Diane Sosnoski

Twilight Gas House Cove

July 12, 1991

1835, overcast & foggy, 10-15 mph winds, very weak flood, 59 degree water

1. Liam Hennessy	17:03
2. Steve Schatz	18:15
3. Tom Schatz	18:23
4. Tom McCarty	18:49
5. Alan Godsey	18:59
6. Chris Chorak	19:10
7. Joe Ferrero	19:37
8. Chris Kelly	19:43
9. Sam Corn	19:50
10. Rick Crafts	20:13
11. Alan Budenz	20:23
12. Richard Kosinski	20:46
13. Tracey Chisholm	20:53
14. Karen Drucker	21:00
15. Tom Hofmann	21:09
16. Diane Sosnoski	21:14
17. Elmer Tosta	21:33
18. Keven Sugar	21:36
19. Mickey Lavelle	21:56
20. Lou Meyer	22:13
21. Eric Groneman	22:19
22. Megan Sullivan	22:52
23. Eduardo Barranco	22:59
24. Kate Coleman	23:04
25. Glynn Jones	23:29
26. Anne Sasaki	24:04
27. Liz Ann Zirker	24:11
28. Alan Liss	24:19
29. Nancy Friedman	24:32
30. David Copeland	24:38
31. Monica Towers	24:42
31. Keith Nelson	24:42
33. Barry Christian	24:52
34. Bob Danielson	24:52
33. Vince Huang	24:52
36. Ann Tingley	25:09
37. Neil Hartnett	25:14
38. Ken Coren	35:26

39. Bob Derham	35:31
39. Meg Storey	35:31
41. David Post	26:40
42. Steve Lathram	26:12
43. Lorna Newlin	26:24
44. Katie Maloney	26:41
45. Steve Duffy	26:54
46. Dodie Marosi	27:14
47. Steve Jones	27:21
48. Mag Donaldson	27:51
49. George Robin	28:40
50. Carla Curtis	28:42
51. Chuck Vogt	29:02
52. Greg Bell	29:17
53. Larry Alioto	29:29
54. Will Powning	29:51
55. Minda Rosenthal	30:56
56. Keith Weaver	31:06
57. Nick Zoller	31:26
58. Kevin Hartnett	31:50
59. Steve Roach	31:57
60. Paul McVetty	31:58
61. Bob McKenzie	32:26
62. Diarmuid MacNeill	32:27
63. John Owen	32:47
64. Hugo Bucholtz	33:00
65. Steve North	36:11
66. Bill Powning	37:21
67. George Pollitt	41:38

PILOTS; Susan Allen, Susan Cobb, George Kebbe, Hank Kossinski, Tina Scott, John Selmer, Celeste McMullin, Rich Antonchuk, Colin Gift, James Mason, Nick Payne, Margie Spiegelman, Ted McKown, Kent Rogers, Rich Cooper, Jim Gagan, Dan Osborne, Jon Hendricks, Jeff Locke, Peter Brand, Diane Schatz, Pete Bianucci, Mary Cantini-Norkin, Flicka McGurrin, Sam Corn

HELPERS; Jeremy West, Phil Lucier, Bill Rus, Bob McKinley, Mike Mendelson, Peter Marchant, Carla Curtis, Pat McGarvey, Gina Rus, Cecco Mennucci, Colin Gift, Molly Selmer, Susan Anson, Mimi Osborne, Era Osibe, Anne Clarke, Don Harrison, Suzanne Heim, Shannon Kilkenny, Peter Neubauer, Bonnie Winn, Padraic Doyle

**Remember
SWIM SAFE
SAFETY
COMES
FIRST AT THE
DOLPHIN
CLUB!**

Swim Commissioner Report

- from page 8

scending some of the steeper trails.

Ch-ch-ch-changes: The Alcatraz jump off time will be approximately 10:30 a.m. on Sunday, September 15th, not 07:15 as previously listed. The Dolphin/South End Triathlon is tentatively rescheduled for Saturday, October 5 from Sunday October 6. The pool meet at USF's Koret Center is scheduled for Saturday October 19 -- details forthcoming. As with all events, dates and times are subject to change -- please check the bulletin board regularly.

Special thanks to Apple Mac wizard Bill Callahan for his time and money saving assistance in providing the artwork for many of the swim awards. His expertise is appreciated.

Finally, the swim commission reminds Dolphins young and old of one last chance this year to master the art of pot-lucking. Following the September 27 Twilight Pier 41 swim, everyone is invited to bring a friend and their favorite side dish to share with friend and foe alike.

Beachmaster Lou reminds you: It's your club -- please volunteer to keep it clean.

Dave Zovickian

-Head Swim
Commissioner

The Good Little Swim

by Douglas Chambers

It's funny how often they say to me, "Jim?

"Did you have a good swim?"

"Did you have a good swim?"

And when they have said it, they say it again,

"Did you have a good swim?"

"Did you have a good swim?"

I go 'round the cove, or to the square rigger

I go to the sailboat or, further I figure

I come back from out there it's like playing a game

Wherever I come from, it's always the same:

"Well?

Did you have a good swim, Jim?"

It's always the end of the loveliest day:

"Did you have a good swim?"

"Did you have a good swim?"

I arrive at the sauna, and they're waiting to say:

"Did you have a good swim?"

"Did you have a good swim?"

Well, why do they think I came here to the Club?

And how could it possibly be bad, there's the rub.

And should I be likely to say, anyway, Bub!

So that's why it's funny of Mary and Chad,

This asking and asking, in case it was bad,

"Well?

Did you have a good swim, Jim?"

(apologies to A.A. Milne)

1991 Swim Schedule

<u>Date</u>	<u>Event</u>	<u>Jump-Off</u>
December 21, 1990 (Fri.)	Polar Bear Swim Starts	
January 1 (Tues.)	New Year's Day Cove Swim	9:00 a.m.
January 1 (Tues.)	♥ New Year's Day Alcatraz	TBA
January 27 (Sun.)	♥ Mid-Winter Super Bowl Pier 41 Swim	TBA
February 10 (Sun.)	Mid-Winter Cove Swim	9:00 a.m.
March 10 (Sun.)	♥ Pier 41	10:20 a.m.
March 21 (Thurs.)	Polar Bear Swim Ends	
March 23 (Sat.)	Spring Cove	9:00 a.m.
April 13 (Sat.)	♥ Yacht Harbor	8:00 a.m.
April 21 (Sun.)	♥ Pier 39	8:15 a.m.
May 12 (Sun.)	♥ Doc Howard--Over 45 - From Gas House Cove	8:00 a.m.
* May 18 (Sat.)	♥ Dick Beeler Crazy Cove	9:00 a.m.
June 1 (Sat.)	100 Mile Swim Starts	
June 2 (Sun.)	Over 60 Cove	9:00 a.m.
June 21 (Fri.)	♥ Twilight Cove - Pot Luck BBQ to Follow	6:00 p.m.
July 12 (Fri.)	♥ Twilight Gas House Cove & Pilot Appreciation Pot Luck Dinner	6:00 p.m.
July 20 (Sat.)	Trans Tahoe Relay	TBA
July 28 (Sun.)	♥ Crissy Field	9:20 a.m.
August 3 (Sat.)	♥ Santa Cruz Pier Swim	11:00 a.m.
August 10 (Sat.)	♥ Fort Point	8:15 a.m.
August 17 (Sat.)	Golden Gate I - Slow Day	7:10 a.m.
August 18 (Sun.)	Golden Gate II - Fast Day	8:35 a.m.
September 8 (Sun.)	Handicap Cove	9:00 a.m.
* September 15 (Sun.)	Alcatraz	10:30 a.m.
September 27 (Fri.)	♥ Twilight Pier 41- Pot Luck BBQ to Follow	6:00 p.m.
October 6 (Sun.)	Dolphin/South End Triathlon	TBA
* October 13 (Sun.)	Escape From Alcatraz Triathlon	9:35 a.m.
October 31 (Thurs.)	100 Mile Swim Ends	
November 9 (Sat.)	Annual Swim/Pilot Appreciation Dinner	TBA
November 28 (Thurs.)	Thanksgiving Day Cove	9:00 a.m.
December 15 (Sun.)	New Year's Day Alcatraz Qualifier	9:00 a.m.
December 21, 1991 (Sat.)	Polar Bear Swim Starts	

Note: Jump-off times are subject to change -- TBA means "To Be Announced"

Swim Program Rules

1. Club scheduled swims are restricted to club members only.
 2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
 3. Swimmers must be members in good standing with dues current and swim fees paid.
 4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
 5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
 6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
 7. Swim sign-up sheets are posted two weeks prior to each swim.
 8. Time limits are imposed and enforced for all swims.
 9. All club boats are reserved for scheduled swims; riders are prohibited.
- Additional qualifications for Alcatraz and Golden Gate Swims •
10. In-town members must successfully complete 2 swims marked with a heart (♥) and one other scheduled swim and pilot or help on at least 2 others.
 11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
 12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

* Revised March 1, 1991

Dolphin Swimming & Boating Club

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

RICHARD B. COOPER
STA. B, PO BOX 2546
SAN FRANCISCO
CA 94126

BULK RATE
U.S. POSTAGE
PAID
San Francisco
California 94109
Permit No. 1020



DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club • Fall- 1991 • San Francisco California • Established 1877

Dolphin Bulletin Board

Miscellaneous News and Notes For the Dolphin Club Membership

On The Cover Of the Dolphin Log

The Dolphin Swimming & Boating Club is shown sandwiched between the Ariel (later the S.F. Rowing Club) on the left and the South End Rowing Club on the right.

The Dolphin Club was built on this site, near the end of Van Ness Avenue, in the winter of 1895-1896. The South End and Ariel Clubs were moved to this same location in the early 1900's from San Francisco's south bay area. Later in the century, the Clubs were moved to the other end of Aquatic Park

where the South End and Dolphin Clubs remain today. (Photo: National Maritime Museum San Francisco)

On The Cover Last Issue

The Summer 1991 issue of the Dolphin Log featured an etching which depicted the blowing off of the top of Blossom Rock. Dolphins will be interested to know that Blossom Rock was located close to Alcatraz Island and that the blowing up was done by Alexis Von Schmidt, a Russian born engineer, on April 23, 1871, in, reportedly, the world's first underwater use of dynamite.

No Lifeguard on Duty: Members Urged To Aid Others in Distress

Bay swimming at the Dolphin Club is inherently a dangerous activity with the threat of hypothermia, the chance to slip and fall, debris on the beach, etc., etc.

Because there is no lifeguard on duty and the threat of injury lurks constantly, all Dolphins are urged to come quickly to the aid of any member who might be in distress. There is a first aid kit in the boat

house, rescue craft are always available and there should almost always be someone available to assist a member in distress.

Parking Breakthrough For Club Members

Thanks to a request made by President Pete Bianucci, the Superintendent of the S.F. Maritime National Historical Park has agreed to change the 24-hour permit only parking spaces across from the Club on Jefferson Street and at the foot of Van Ness Avenue to permit only parking from 7 a.m. to 5 p.m. This will allow Dolphins to use those spaces without fear of a parking ticket after 5 p.m. The posted signs should reflect this change soon.

1992 Swim Schedule Set

In a truly remarkable feat of planning ahead, Swim Commissioner David Zovickian has set the 1992 swim schedule (subject only to Coast Guard approval). The schedule is printed on the back cover of this issue for those Dol-

- continued on page 4



The Dolphin Log

Editor: Jeffrey Howard Heth

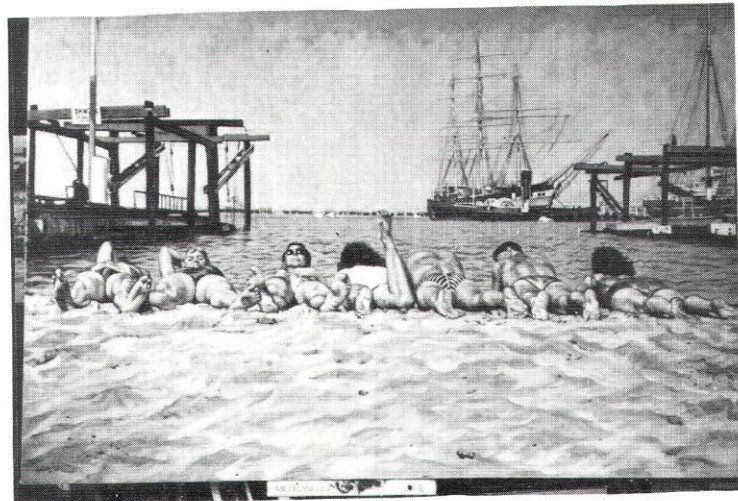
Published By
The Dolphin
Swimming & Boating Club Inc.
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

1991 Officers

President - Peter Bianucci
Vice President - Meg Reilly
Treasurer- Lorna Newlin
Recording Secty - Mike Webb
Financial Secty- Jeffrey Heth
Boat Captain- Jeremy West

Board of Governors

Jon Beilinski
Michael DiNunzio
Colin Gift
Kate Coleman
Ann Tingley
Steve (Jerome) Duffy
Ken Coren
Bill Rus
Walt Stack



Many thanks to those Dolphins who bared the soles of their feet for artist L. Morez's painting of feet. Pictured is a photo of one of the studies for the painting. The actual painting now resides on the office walls of W. Lehrich, podiatrist, here in San Francisco.

The Club's First Organized Alcatraz Swim

History by Walt Schneeбели

Although individual Dolphin Club members have been swimming to and from Alcatraz Island since the 19th century, it wasn't until September of 1960 that a Dolphin Club organized swim was held.

All the swimmers except Cliff Quist and Joe Mares were relatively new members.

Most participants were ferried to the island on the fishing boat "Rosella D." named after the mother of the DiMaggio brothers. This boat was furnished by Gene and Frank Tristano.

The jump off was made west of the "rock".

FINISHERS

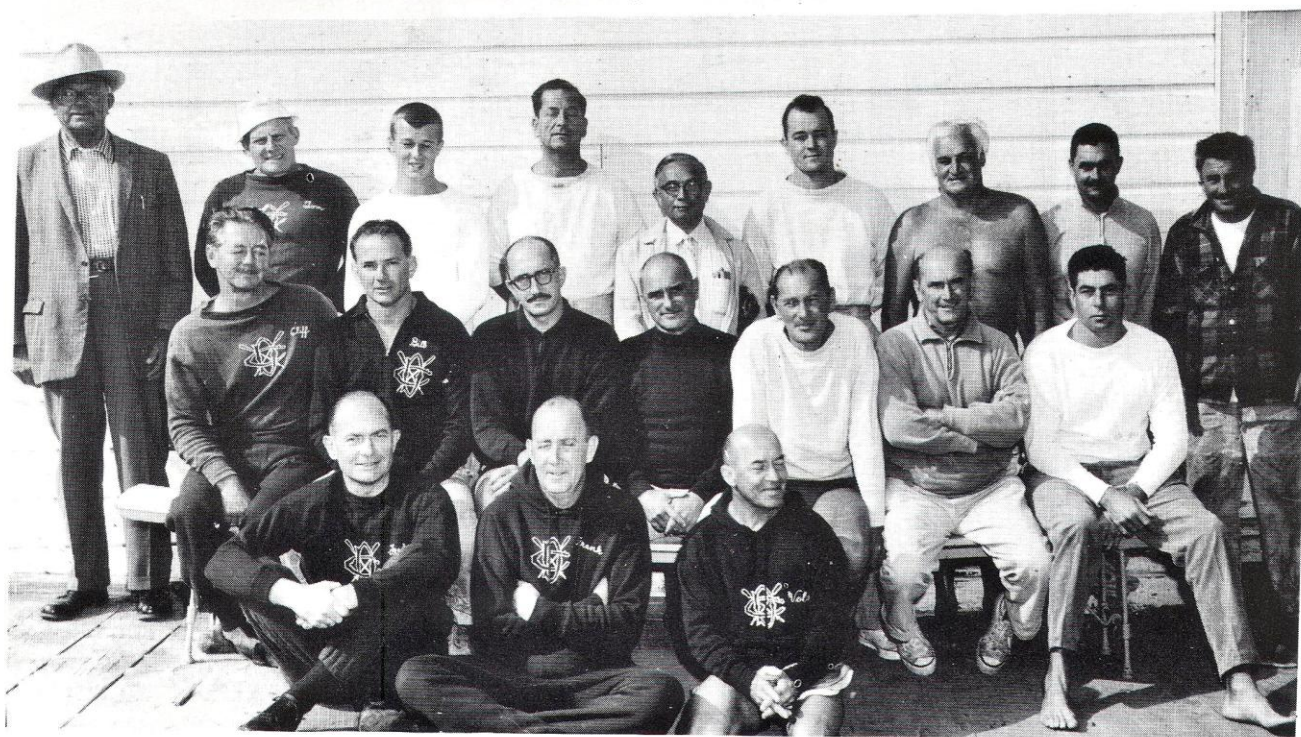
1. Bill Williams..... 47:40
2. Cliff Quist..... 50:15
3. Voldy Walter..... 50:40
4. Herb Jackson..... 56:27
5. Gordon Cook..... 57:10
6. Dr. Fred Howard..... 57:45

7. John Stephenson..... 58:00
8. Bob Webb..... 67:10
9. Frank Drum..... 67:30
10. Joe Mares..... 67:45
11. Bob Hoff..... 71:00

Six of the eleven swimmers are now deceased and Bob Hoff is the only surviving bay swimmer.



The "Rosella D." departs for Alcatraz Island.



Group picture of the first organized Alcatraz Swim. September, 1960. Swimmers, Pilots and Helpers. Back Row (l to r): Matt Moons, Tom Troneum, Tom Spencer, Roy Hooper, Joe Ambrose, Walt Schneeбели, Ed Barrett, Bob Hoff, Mr. Tristano. Middle Row (l to r): Cliff Quist, Bill Williams, Gordon Cook, Herb Jackson, John Stephenson, Joe Mares, Bob Webb. Front Row (l to r): Dr. Fred Howard, Frank Drum, Voldy Walter.

More Dolphin Bulletin Board

Miscellaneous News and Notes For the Dolphin Club Membership

- from page 2

phins who also like to plan ahead.

No Staples, Thumb Tacks or Push Pins, Please

The Dolphin Club has ample bulletin board space for notices. If a notice must be posted on the walls rather than the bulletin board, please use tape, and no staples, thumb tacks or push pins which permanently mar the new panelling.

Lock Your Lockers

Unfortunately, there have been a series of thefts this fall from both men's and women's lockers. Therefore, Dolphins are advised to please be sure their lockers are locked and that their valuables are not left in the open while using the Dolphin Club facility.

Waivers Required

Effective now, the Club requires that all guests and daily users of the Club sign a waiver which ex-

plains the dangers inherent in Bay swimming and other activities at the Club.

Look for the waivers at the front door and please have your guest sign one and include it with any guest payments left at the Club.

Members will be asked to sign a similar waiver next year. Watch for a notice which will appear in your 1992 dues notice to be mailed in late December.

Rowing Training An Ongoing Affair

Old and new Dolphins are reminded that members must qualify before taking out rowboats. To qualify, a Saturday-Sunday morning course is offered periodically. Notice of the next training opportunity is posted on the Club's bulletin board.

Help Wanted - Treasurer

by Lorna Newlin

For the past two years, I have been the treasurer for the Dolphin Club. It's time for me to turn over the books to someone new. The treasurer is the officer on the Board of Governors responsible for making all deposits and disbursements, and trying to keep the Club on a budget.

Our budget process has been very exciting. By planning ahead, the Board has been able to keep the Club on budget, allowing us to budget for some much needed, long term

and expensive renovations including fixing both the men's and women's showers.

The income for the Club comes mainly from member dues. Dues collection is handled by the Financial Secretary who prepares deposits which are made a few times each month. Additional income comes from swim fees, public admission fees, sales of apparel, etc. The treasurer pays all the bills for the Club including the monthly maintenance and utilities bills. Other expenditures include boat building and maintenance, the swim program and entertainment. Our largest expense each year is for insurance.

I spend a couple hours each week keeping the deposits and payments up to date. In addition, I spend a couple hours each month preparing the income and expense report for the Board meeting. These reports are posted in the glass case at the top of the stairs (next to the Board meeting minutes) for all members to view. The reports are set up on a simple Lotus program which has made reporting the year to date figures very easy.

Anyone who is interested in running for the Board and who would like more information, please feel free to contact me.

Lorna Newlin
Treasurer 1990-1991



Future World Series player Nolan Mattox with coach Lou Marcelli.



Nick Blum with Cecco Menucci (Cecco's the one with the fancy chapeaux).

Paul Silvester Reels In The Big One!

Paul Silvester, who has been a Dolphin longer most members have been alive made the catch of his life on Monday, September 9 of this year while fishing the waters of Aquatic Park.

Paul, 83, fished a 2-pound Maine lobster out of the water beneath the Dolphin Club's pier. The event was witnessed by several early morning swimmers including Dolphin John Perino who snapped the photograph below.

Dolphin and boat builder Jon Bielinski was quoted by the *S.F. Chronicle* the next day, stating "It was the weirdest thing, but it was a lobster all right, all reddish brown with two big front claws -- Silvester was jumping up and down, showing everyone what he

caught. It was quite the morning event."

Paul described his catch. "Oh, it was awful heavy. He took all my sardine, then I let go a little bit, and the hook got caught in one of his claws, I didn't realize it was a lobster until I lifted it five feet out of the water."

Paul has caught a variety of fish in the bay -- striped bass, rock cod and others, but never a lobster, and certainly not one of the New England variety.

There was some speculation that maybe a fisherman had let loose some young Atlantic blues into Half Moon Bay about three years ago. Others thought maybe the beast escaped from a crate somewhere near Fisherman's Wharf;

the local restaurants do import lobster from the East Coast.

The *Chronicle* reported that in 1987, two Atlantic blue crabs were fished out of waters along the coast and were proclaimed as scientific wonders, living out their lives as celebrity guests of the Steinhart Aquarium in San Francisco.

No such sentimentality about a mere crustacean exists at the Dolphin Club, however -- the lobster was boiled for lunch the day it was caught.

Keep your eye on Paul Silvester, though. Three weeks before the lobster catch, he caught a three foot leopard shark.

At this rate, who knows what his next catch will be?



Veteran Dolphin Paul Silvester gingerly holds the mighty beast.

Dolphins Wrest Control of Trophy From South End

On October 5th, 1991, the earth stood still. For the first time in fourteen attempts, the Dolphin Club outpointed its South End neighbors to wrest control of the coveted trophy. Maintaining its customary dominance in the swim (this year from Coughlan Beach), the Dolphins scored a relative upset by placing three runners in the top six for the Fort Point round trip excursion. Fortunately, pollywogs Mark Meier, Hank Kosinski and Diarmuid MacNeill didn't understand the time honored Dolphin tradition of avoiding this event. Unfortunately, a lack of interest doomed the round trip Alcatraz row, as there was no competition among the different classes of boats. Many thanks to the Dolphins and South Enders who took time to participate, and especially to the three or four kind souls who showed up to help.

A week later 50 fearless Dolphins and South Enders showed up for the chance to earn respect and a sharp looking belt buckle, in the Escape From Alcatraz Triathlon (patent not pending). On what began as a calm, foggy day, the swim gods shook their heads in disbelief and cleared the skies, providing excellent conditions for the low water Alcatraz swim. The bike to Mill Valley proved no pushover, especially for those encountering the friendly Presidio MPs, or the lure of Fred's in Sausalito. Ultimately, the athletes fared the Dipsea Trail, acknowledged by some as a test of one's physical and mental fortitude. Though the trail eventually claimed a few casualties, and toe nails, it wasn't for lack of heart or will, rather a lack of water. The double Dipsea tends to validate the legitimacy of Detroit, fossil fuels and the State Department of Highways. As one finisher was heard to remark...

"Those knees and toes gave me 34 of the happiest years of my ambulatory life".

Dolphins didn't limit their efforts to triathlons when distinguishing themselves. The Santa Cruz Pier swim showcased Dolphins at their generous best, athletic peak and criminal worst. In what has become one of the highlights of the swim season, the Madden and Groneman families generously provided a flock of BBQ'd chickens and fixin's, garnished by Chez McKenzie's powerful bowl of beans, which the Dolphin Club greatly acknowledges and appreciates. Individual athletic achievements were legion. Among the 438 entries were 80 Dolphins, a few of whom actually registered with Masters as Dolphins. Finishers ranged from top Dolphin Mike Garibaldi (21st) through stalwart George Pollitt (438th). Top finishers in their respective age groups were Diana Abele (25-29), Diane Sosnoski (45-49), Glynn Jones (65-69) and Nick Zoller (70-74): congrats to all. However, amidst all this athletic prowess and kind heartedness lurked trouble. As luck would have it, the junior birdman patrol drew beach duty that fateful August morning. Unfortunately for him, a showdown with our very own "fins" Coleman, keeper of the beach spring, proved his undoing. In the final analysis, righteousness prevailed and Dolphins rejoiced as the beach spring flowed freely. Penance was dispensed in the form of ten hail Joe Brunos and writing ten times in the sand "I will behave myself on the beach".

Closer to home the Fort Point surf and swim occurred on August 10th. While Liam Hennessy swept away top honors, style points were awarded to swimmers in the first group for successfully riding the breakers between Fort Point and

the South Tower, and especially to Mary Cantini-Norkin for braving even heavier surf while piloting the test swim.

The Golden Gate swim dawned overcast but with good visibility and the blessing of the swim gods. Led by Diana Abele (sixth overall) nineteen pollywogs were among the 111 participants this year. Youngest of all to complete the swim was pollywog Tracey Chisholm while swarthy Joe Bruno was our oldest and most proficient participant with his 59th crossing.

The 1991 Handicap Cove featured Jimmy Sancimino gamely defending his title. In the end, Jim couldn't stave off the inspired efforts of Bill Powning and Chuck Vogt, who battled to a photo finish tie.

September 15th arrived clear and calm for the 31st Annual Alcatraz swim. Fortunately, the wind came up just in time to set up conditions that true Dolphins thrive on: wind, chop and sailboat races. Under the watchful eyes of several disapproving park rangers, seventy-five Dolphins slipped across the Bay to Aquatic Park. True to form, Suzanne Heim led the pod. Falling obediently in line were eighteen pollywogs, led by Diana Abele.

At press time, emergency protocol was being developed to cope with recent BCDC regulations regarding temporary and permanent, fixed and movable bay fill. The spectre of these impending regulation on swimmers was raised by recent BCDC regulatory interpretations indicating that boats are to be considered bay fill, and as such would require permits from, and fall under the jurisdiction of, the BCDC. The true seriousness of this issue became apparent when it was leaked that John Dahlberg had

- continued on page 11

Dolphin Swim Statistics

Crissy Field Swim

July 28, 1991

Overcast skies, light wind, good flood, 61 water, 2.5 miles Jump @ 0930 & 0940, low @ 0706

1. Suzanne Heim	39:39
2. John Selmer	41:02
3. John Davies	41:33
4. Steve Schatz	42:07
5. David Claman	43:07
6. Jon Nakamura	43:30
7. Tom McCarty	44:09
8. Paul Watts	44:43
9. Anne Clark	45:35
10. Nick Payne	45:54
11. Laura Merkl	46:05
12. Laura Burtch	46:07
13. John Lennox	46:16
14. Alan Budenz	46:22
15. Diane Sosnoski	46:49
16. Pat McGarvey	46:54
17. David Marten	46:57
17. Mike Webb	46:57
19. Susan Allen	47:07
20. David Zovickian	47:31
21. Mickey Lavelle	47:35
22. Tracey Chisholm	48:03
23. Larry Scroggins	48:37
24. Linda Stanley	49:00
25. Kate Coleman	49:17
26. Nick De May	50:09
27. Celeste McMullin	50:28
28. C. Von Blankenburg	50:34
29. Eric Shackelford	50:47
30. Megan Sullivan	51:38
31. Rich Antonchuk	51:53
32. Neil Hartnett	52:15
33. Liz Ann Zirker	53:42
34. Phil Rollins	55:14
35. Glynn Jones	54:38
36. John Haymes	54:55
37. Marcia Grimm	55:01
38. David Copeland	55:06
39. Susan Anson	55:09
40. George Buffington	55:19
41. Hal Cranston	55:25
42. Keith Nelson	55:27
43. Carol Murphy	55:47
44. Monica Towers	55:48
45. Gerald O'Dwyer	56:21
46. John Horner	56:24
47. Jerry Cullen	56:25
48. Nancy Horner	57:05
49. David Post	57:34
50. Meg Storey	57:46
51. Flicka McGurrian	57:53
52. Katie Maloney	58:00
53. Walt Schneebeli	58:23
54. Beverly Brott	59:25

55. Bill Callahan	59:32
55. Warren Welter	61:00
57. Sam Cuddebach	61:01
57. Carla Curtis	61:01
59. Keith Weaver	62:28
60. Styvee Duffy	62:46
61. Larry Alioto	62:55
62. George Robin	63:00
63. Will Powning	64:07
64. Hugo Buchholz	69:05
65. Pavla Podolska	72:00
66. Phil Kohlenberg	79:39
DNF Greg Bell	

PILOTS: Susan Cobb, George Gara, Tom Hofmann, Richard Kossinski, Peggy Lavelle, Steve Lathram, Bob McKenzie, Meg Reilly, Carol Block, Jerry Block, Bob Danielson, Colin Gift, Don Harrison, Sam Lawson, Harry Louie, Laurel Mayer, Margie Spiegelman, Joni Beemsterboer, Dan Osborne, Kevin Hartnett, Diana Abele, Bill Post, Steve Salvi, Rich Cooper, Michael DiNunzio, Suzy Royce, Jon Hendricks, Peter Bianucci, Bill Rus, Jim Fagan, Tracy Cambron, Jeremy West, Diane Schatz, Ken Frank, Stan Hlynsky, Phil Lucier, Andy Camous, Padraic Doyle, Jane Ogrodnik, Sandra Verhoogese

HELPERS: Sam Cuddebach, Mag Donaldson, Nancy Horner, Meg Storey, Elmer Tosta, Scott Anderson, Alan Budenz, Rudy De May, David Post, Tom Allen, John Murphy, Scott Anderson, Paul McVetty, Mimi Osborne, Minda Rosenthal, Gina Rus, Craig Baynes, Kate Coleman, Bob Collyar, Jerry Cullen, Tony Payne, George Pollitt, Don Reid, Cecco Mennucci, Bill Callahan.

TEST SWIM: Kate Cronin (swimmer), Don Harrison, Stan Hlynsky, Jon Nakamura

Fort Point Swim

August 10, 1991

Big Flood, Big Surf, Big Fun!! Partial - Full Sun, light winds, 62 water

1. Liam Hennessy	52:58
2. Mike Garibaldi	54:36
3. John Davies	56:05

4. Jon Nakamura	56:48
5. Anne Clark	59:27
6. Laura Merkl	61:06
7. Laura Burtch	63:11
8. Lauri Parmer	63:13
9. Mike Webb	63:14
10. Linda Stanley	63:17
11. Pat McGarvey	63:41
12. Tracey Chisholm	64:23
13. Alan Budenz	66:00
14. George Kebbe	66:34
15. David Marten	66:40
15. David Zovickian	66:40
17. Larry Scroggins	66:51
18. Bob Blum	68:49
19. Kate Coleman	69:34
19. Tina Scott	69:34
21. Joni Beemsterboer	69:58
22. Gerald O'Dwyer	72:11
23. Phil Rollins	72:32
24. Rich Antonchuk	72:35
25. Tom Allen	73:54
26. Eric Shackelford	74:02
27. Pete Neubauer	74:28
27. Liz Ann Zirker	74:28
29. Mary Sancimino	76:13
30. Bob Derham	77:30
31. Warren Welter	78:57
32. Sam Cuddebach	79:55
33. M. Cantini-Norkin	81:10
34. Susan Cobb	81:30
35. Anna Henry	81:52
36. Tom Whelan	83:47
37. George Robin	83:48
38. Larry Alioto	84:02
39. Keith Weaver	87:58
40. Jerry Cullen	89:09
41. Bob McKenzie	96:12

PILOTS: Susan Allen, Ken Coren, Rick Crafts, Kevin Sugar, Steve Worthington, Phil Fernandez, Steve Lathram, Mickey Lavelle, Carol Block, Jerry Block, Bob Danielson, Colin Gift, Don Harrison, Harry Louie, Flicka McGurrian, Monica Towers, Dan Osborne, Padraic Doyle, Don Wardo, Phil Kohlenberg, John Sullivan, Eduardo Barranco, Michael DiNunzio, Kevin Hartnett, Neil Hartnett, Jon Hendricks, Tracy Cambron, Jeremy West, Jim Fagan, Peter Bianucci, Meg Storey, Diane Schatz, Stan Hlynsky, Phil Lucier, Bill Rus, Wayne Buford, David Kennedy, Roger Major, Tom Morey, Phil McGarrigle, Keith Nowell, Chuck Quinn

HELPERS: Sam Cuddebach, Hal Cranston, Julie Marcus, Elmer Tosta, Jack Giacomini, Cecco

Mennucci, Julia Stalker, Alan Budenz, Nick DeMay, Rudy DeMay, Flicka McGurrian, Meg Storey, Steve Schatz, Glynn Jones, Richard Kozinski, Mimi Osborne, Gina Rus, Tom Allen, Craig Baynes, Andy Camous, Jerry Cullen, Mike Gianini, George Kebbe, Tony Reveaux, David Rich, Noel Turner, Chuck Vogt, Steve Duffy

TEST SWIM: Kate Cronin & Alan Godsey (swimmers), Mary Cantini-Norkin, Don Harrison

Golden Gate Swim I

August 17, 1991

Slow Day

Balmy 63 water, mild - moderate chop & wind.

1. Joe Ferrero	30:35
2. Tom Allen	37:25
3. George Buffington	37:32
4. Vince Huang	37:47
5. Barry Christian	38:04
6. Glynn Jones	38:06
7. Monica Towers	38:34
8. Bob Danielson	39:15
9. Ken Frank	39:45
10. Ted McKown	39:51
11. John Horner	40:01
12. Conrad Liberty	40:10
13. Susan Anson	40:14
14. David Post	41:40
15. Hal Cranston	42:06
16. Bob Derham	42:13
16. Keith Nelson	42:13
18. Meg Storey	42:25
19. Dodi Marosi	42:42
19. Mary Sancimino	42:42
21. Flicka McGurrian	42:45
22. Steve Lathram	42:50
23. Steve Duffy	43:18
24. Herb Madden	43:29
25. John Mattox	43:48
26. Walt Schneebeli	45:18
27. Carol Block	45:34
28. Mary Cantini-Norkin	45:37
29. Bill Callahan	46:10
30. Nancy Horner	46:33
30. Julie Marcus	46:33
32. Beverly Brott	47:06
33. George Robin	48:21
34. Mag Donaldson	48:32
35. Warren Welter	48:36
36. Sandy Lemkuhl	48:37
37. Sam Cuddebach	48:40
38. Rudy DeMay	49:17

39. Carla Curtis	50:00
40. Jim Sancimino	51:15
41. Will Powning	51:31
42. Paul McVetty	51:47
43. Anna Henry	51:50
44. Mike Giannini	52:20
45. Minda Rosenthal	52:58
46. Chuck Vogt	54:37
47. Larry Alioto	54:40
48. Hugo Bucholz	56:47
49. Nick Zoller	61:28
50. Keith Weaver	66:32
51. Bob McKenzie	67:45
52. Pavla Podolska	68:29
53. Steve North	68:37
54. Phil Kohlenberg	78:57
55. Bill Powning	81:24
56. Joe Bruno	83:14

PILOTS: Susan Allen, Ken Corfen, John Davies, Eric Groneman, Richard Kosinski, Fred Muller, Phil Rollins, Tina Scott, John Selmer, Alan Godsey, Celeste McMullin, Ed Urban, Mark Bewsher, Colin Gift, Don Harrison, Harry Louie, Mark Lubiszewski, Larry Scroggins, Mike Webb, Charlie Rockwood, Jim Fagan, Jon Hendricks, Rich Cooper, Mike Ross, Diana Abele, Padraic Doyle, Dan Osborne, Nikola Pavicic, Eduardo Barranco, Neil Hartnett, Kate Coleman, Michael DiNunzio, Peter Bianucci, Gwen Passano, Phil Lucier, Elmer Tosta, Dave Zovickian, Tom Edwards, Norm Peterson

HELPERS: Mary Cantini-Norkin, Elmer Tosta, Diane Sosnoski, Lee Hammack, Tom Hofmann, Jon Nakamura, Jack Giacomini, Cecco Mennucci, Jude Stalker, Bob Blum, Andy Camous, Jon Nakamura, Don Reid, Craig Baynes, Lindsay Casablanca, Margaret Curtis, Anne Clarke, Nick DeMay, Nancy Friedman, Pete Neubauer, Lorna Newlin, Peggy O'Leary, Megan Sullivan, Susan Cobb, Mimi Osborne, Meg Reilly

TEST SWIM: Kevin Hartnett, Mike Mitchell, Phil Sancimino, Liz Ann Zirker (swimmers). Mary Cantini-Norkin, Barry Christian, Sam Cuddeback, Michael DiNunzio, Ken Frank, Don Harrison, Phil Lucier, Jon Nakamura, Mary Sancimino, Elmer Tosta, Mike Webb (pilots).

Golden Gate Swim II Fast Day

August 18, 1991

Balmy 63 water. Mild - moderate chop & wind. Overcast skies, good visibility

1. Suzanne Heim	20:22
2. Liam Hennessy	20:37
3. Mike Garibaldi	21:52
4. John Selmer	22:05
5. Sean Kelly	22:15
6. Diana Abele	22:25
7. John Davies	23:05
8. Steve Schatz	23:15
9. Tom McCarty	23:49
10. Chris Chorak	23:53
11. Alan Godsey	23:56
12. David Claman	24:18
13. Jon Nakamura	24:50
14. Chris Kelly	25:30
15. Paul Watts	25:34
16. Rick Crafts	25:36
17. Anne Clark	25:38
18. Laura Merkl	25:39
19. Diane Sosnoski	26:12
20. Tom Hofmann	26:15
21. Laura Burtch	26:19
22. George Kebbe	26:22
23. Alan Budenz	26:52
24. Dan Osborne	26:54
25. David Zovickian	26:56
26. Linda Stanley	27:05
27. Lori Parmer	27:09
28. Richard Kosinski	27:13
29. David Marten	27:23
30. Larry Scroggins	27:50
31. Mickey Lavelle	27:55
32. Mike Webb	28:15
33. Tracey Chisholm	28:25
34. Nick DeMay	29:00
35. C. Von Blankenburg	29:05
36. Ed Urban	29:15
37. Joni Beemsterboer	29:43
38. Tina Scott	30:32
39. Kate Coleman	30:35
40. Eduardo Barranco	30:47
41. Scott Anderson	30:51
42. Eric Shackelford	30:53
43. Bob Colyar	31:03
44. Susan Allen	31:20
45. Megan Sullivan	31:25
46. Alan Liss	31:29
47. Phil Rollins	31:32
48. Celeste McMullin	31:40
49. Pete Neubauer	31:50
50. Susan Cobb	32:30
51. Neil Hartnett	33:10
52. Lorna Newlin	33:17
53. Ken Coren	34:09
54. Wendy Kress	34:24
55. George Gara	35:03

PILOTS: Sam Cuddeback, Ken Frank, Lee Hammack, Karen Jacobs, Steve Lathram, Steve Roach, Anne Sasaki, Bob McKenzie, George Robin, Mary Cantini-Norkin, Bob Danielson, Colin Gift, Don Harrison, Sam Lawson, Harry Louie, James Mason, Nancy

Honor, Jim Fagan, Rich Cooper, Chuck Vogt, Mike Ross, Joe Schatz, Jon Hendricks, Padraic Doyle, Phil Kohlenberg, Kevin Hartnett, Jim Growden, John Hornor, Michael DiNunzio, Susan Lauritzen, Pete Bianucci, Meg Reilly, Craig Baynes, Steve Duffy, Stan Hlynsky, Phil Lucier, Andy Field, David Kennedy

HELPERS: Larry Alioto, George Pollitt, Kevin Sugar, Hal Crans-ton, Chris Kelly, Pavla Podolska, Alan Budenz, Rudy DeMay, Herb Madden, Bill O'Brien, Jack Giacomini, Cecco Mennucci, Jude Stalker, Tim Callahan, Lindsay Casablanca, Betsy Dobson, Phil Fernandez, Mike Giannini, Eric Groneman, Capt. Lou Marcelli, John Mattox, Mimi Osborne, Gina Rus, Meg Storey, Kieth Weaver, Bonnie Winn, Gary Young, Diana Anderwson, Carol Block, Susie Dods

31st Annual Alcatraz Swim Sept. 15, 1991

1. Suzanne Heim	30:39
2. John Selmer	32:29
3. Diana Abele	33:38
4. John Davies	33:43
5. Sean Kelly	34:20
6. Steve Schatz	34:43
7. David Claman	34:53
8. Jon Nakamura	36:28
9. Tom McCarty	37:04
10. Kate Cronin	37:26
11. Terry Watts	37:59
12. Paul Watts	38:08
13. Peter Drino	39:40
14. Rick Crafts	39:44
15. Chris Kelly	39:48
16. Alan Budenz	39:59
17. Alan Godsey	40:03
18. Laura Burtch	40:32
19. Laura Merkl	40:37
20. Diane Sosnoski	41:40
21. Tom Hofmann	42:15
22. Pat McGarvey	43:45
23. Lori Parmer	44:39
24. David Marten	44:47
25. Tracey Chisholm	44:56
26. Larry Scroggins	45:03
27. Elmer Tosta	45:08
28. David Rich	45:32
29. J. Beemsterboer	45:42
30. Ed Urban	46:12
31. Kevin Sugar	46:37
32. Megan Sullivan	48:19
33. Nick DeMay	49:30

34. Scott Anderson	49:43
35. Rich Antonchuck	50:13
36. Eduardo Barranco	50:14
37. Vince Huang	51:29
38. Nancy Friedman	51:49
39. Lorna Newlin	51:59
40. Liz Ann Zirker	52:04
41. Peggy Lavelle	52:34
42. Glynn Jones	52:37
43. Marcia Grimm	53:08
44. Geroge Buffington	54:32
45. Susan Anson	55:43
46. Ted McKown	56:26
47. Jerry Cullen	57:25
48. Nancy Hornor	57:50
49. Conrad Liberty	58:02
50. George Gara	58:16
51. George Robin	58:38
52. Walt Schneebeli	58:42
53. Steve Lathram	58:59
54. Warren Welter	59:02
55. Steve Duffy	59:06
56. Herb Madden	59:50
56. Dodi Madosi	59:50
56. Eric Shackelford	59:50
59. Flicka McGurrian	60:34
60. Beverly Brott	60:41
61. David Post	61:38
62. Sam Cuddeback	61:57
62. Meg Storey	61:57
64. Mag Donaldson	63:30
65. Bill Callahan	64:28
66. Sue Garfield	64:46
67. Sandy Lemkuhl	67:45
68. Steve Roach	67:57
69. Larry Alioto	72:05
70. Carla Curtis	77:43
71. Hugo Buchholz	82:44
72. Pavla Podolska	87:00
73. Steve North	91:59
74. Bill Powning	93:59
75. Phil Kohlenberg	102:00
DNF Don Reid	

PILOTS: Susan Allen, Barry Christian, Ken Coren, John Hornor, Karen Jacobs, Phil Rollins, Jim Sancimino, Tina Scott, Mark Sealander, Bob Danielson, Brett Graessle, Mary Sancimino, Carol Block, Jerry Block, Mary Cantini-Norkin, Lindsay Casablanca, Don Harrison, Harry Louie, Mark Lubiszewski, Bob McKenzie, Meg Reilly, Margie Spiegelman, Jooske Stil, Chuck Vogt, Mike Ross, Joe Schatz, John Austin, Rich Cooper, Earl Wilson, Kevin Hartnett, Jim Fagan, Padraic Doyle, Peter Schaf, Kent Rogers, Michael DiNunzio, Susan Lauritzen, Jon Bielinski, Phil Sancimino, Pete Bianucci, Gwen Passano, Mike Mendelson, Mike Webb, Ann Tingley, Peter Ferchette, Courtney Clarkson, Dave Duncan, Dave Kennedy, Keith Nowell, Norm Peterson, Chuck Quinn

HELPERS; Tom Callinan, Tracy Cambron, Andy Camous, Tom Gould, Stan Hlynsky, Pat McGarvey, Elmer Tosta, Lizz Ann Zirker, Phil Sancimino, Steve Duffy, Tom Hofmann, Wendy Kress, Judy Stalker, Diana Anderson, Pat North, Mimi Osborne, Suzy Royce, Paula Spiedel, Susan Cobb, Jack Giacomini, Ned Hofmann, Lou Marcelli, Ann Rogers, Nancy Hornor, Bonnie Winn

TEST SWIM: Mary Cantini-Norkin, Barry Christian, Colin Gift, Don Harrison, Jon Nakamura, Carol Block, Charlie Martin, Bonnie Winn

Twilight Pier 41 Swim Sept. 27, 1991

60 water, light chop, good swell, great sunset

1. Liam Hennessy	19:02
2. Mike Garibaldi	19:19
3. Lynn Jolly	19:29
4. John Selmer	19:33
5. Diana Abele	19:46
6. Steve Schatz	20:21
7. Kate Cronin	21:14
8. Tom McCarty	21:42
9. Jon Nakamura	22:10
10. Alan Budenz	22:47
11. Diane Sosnoski	23:14
12. Brett Graessle	23:18
13. Tracey Chisholm	23:20
14. Richard Kosinski	23:44
15. Larry Scroggins	23:52
16. Bonnie Winn	23:54
17. Mickey Lavelle	23:56
18. Karen Drucker	24:04
19. Elmer Tosta	24:07
20. C. Von Blankenburg	25:32
21. Nick De May	26:18
22. Liz Ann Zirker	26:40
23. Rich Antonchuk	26:45
24. Bob Danielson	27:08
25. Nancy Friedman	27:24
26. Peggy Lavelle	27:46
27. Barry Christian	28:02
28. Susan Cobb	28:52
29. Krist Jake	28:55
30. George Buffington	29:10
31. Meg Storey	29:36
32. John Hornor	29:42
33. Nancy Hornor	29:50
34. Carol Murphy	30:01
35. Ken Coren	30:10
36. Carol Block	30:19
37. Steve Lathram	30:58
38. Dodi Marosi	31:16
39. Keith Nelson	31:21
40. Katie Maloney	31:22
41. Reason Bradley	33:05
42. Sam Cuddeback	33:12

43. Steve Duffy	33:52
44. Larry Alioto	34:07
45. Peter Royce	34:17
46. Diarmuid MacNeill	34:48
47. Paul McVetty	37:04
48. Nick Zoller	37:31
49. Keith Weaver	37:44
50. Minda Rosenthal	38:42
51. Don Reid	39:08
52. Pavla Podolska	41:31
53. Bill Powning	43:31
54. Pat North	44:22
65. Steve North	45:33
56. George Pollit	46:31

PILOTS; Hank Kosinski, David Post, Kevin Sugar, Celeste McMullin, Meg Reilly, Margie Spiegelman, Jerry Block, Lindsay Casablanca, Suzie Dods, Colin Gift, Monika Jesse, Shannon Kilkenney, Paula Martin, Bob Blum, Rich Cooper, Ken Frank, Jim Fagan, Dan Osborne, Gary Rudnick, John Stacey, Michael DiNunzio, Pete Bianucci, Jon Bielinski, Stan Hlynsky

HELPERS; Mike Ross, Rick Try, David Claman, Susan Cobb, Liz Ann Zirker, Rick Craft, Mary Cantini-Norkin, Lorna Newlin, Mimi Osborne, Greg Bell, Rudy DeMay, Pat North, Mike Webb, Sid Hollister

Swim Commission Report

- from page 8

been lured out of seclusion to represent the swim commission before the BCDC. Best of luck, John.

The swim commission offers special thanks to Steve Duffy for graphically reminding the membership the reason for swim suits. And particular thanks go out to new member Judy Stalker for her efforts in procuring generous donations from Tassajara Bakery.

Beachmaster Lou reminds us - your mother doesn't work here anymore - please pick up after yourself - and wash those feet!

Dave Zovickian
Swim Commissioner

Handicap Cove September 8, 1991

1. Bill Pwoning	27:50	22:50
1. Chuck Vogt	27:50	27:50
3. Steve North	28:37	28:37
4. Mimi Osborne	29:18	29:18
5. Keith Weaver	29:19	24:19
6. Rich Antonchuk	29:35	17:35
7. Nancy Hornor	29:50	19:50
8. Nick Zoller	29:51	24:51
9. Lee Hammack	29:57	21:57
10. Guido Luccesi	30:30	25:30
11. Mag Donaldson	31:05	23:05
12. David Rich	31:42	16:42
13. Glynn Jones	31:47	17:47
14. George Robin	31:52	23:52
15. Liz Ann Zirker	31:55	17:55
16. Susan Cobb	32:16	19:16
17. Jim Sancimino	32:17	24:17
18. Larry Scroggins	32:18	15:18
19. Alan Budenz	32:25	14:25
20. Nancy Freidmann	32:37	18:37
21. David Marten	32:52	15:52
22. Dan Osborne	32:55	14:55
23. Joni Beemsterboer	32:56	16:56
24. Mike Webb	33:04	16:04
25. Kate Cronin	33:05	13:05
26. Era Osibe	33:06	23:06
27. Walt Schneebeli	33:12	21:12
28. Ed Urban	33:13	16:13
29. Kevin Sugar	33:16	16:16
30. Bob Danielson	33:19	19:19
31. Carol Block	33:20	21:20
32. Laura Burtch	33:21	15:21
33. David Claman	33:22	13:22
34. Conrad Von Blankenburg	33:25	16:25
35. Kate Coleman	33:26	17:26
36. Ken Coren	33:39	20:39
37. Carol Murphy	33:55	20:55
38. Bob Liner	34:07	24:07
39. John Hornor	34:15	20:15
40. Terry Watts	34:30	14:30
41. Steve Duffy	34:32	22:32
42. Ann Tingley	34:36	19:36
43. Paul Watts	34:37	14:37
44. Alan Godsey	34:58	12:58
45. Steve Schatz	35:08	13:08
46. Pat North	35:30	27:30
47. John Selmer	35:34	12:34
48. Brett Graessle	35:40	15:40
49. Dodi Marosi	35:45	22:45
50. Peggy Lavelle	35:52	20:52
51. Vince Huang	35:59	20:59
52. Steve Roach	36:11	28:11
53. John Davies	36:17	13:17

PILOTS: David Post, Mary Sancimino, Paula Martin, Lindsey Casablanca, Colin Gift, Ken Frank, Bob Hoff, Jim Fagan, Ned Hoffman

HELPERS; Susan Anson, Kate Cronin, Elmer Tosta, Steve Duffy, Nick Payne, Anne Clark, Eduardo Barranco, Pavla Podolska, Don Reid, Andy Camous

**SWIM SAFE - SAFETY COMES
FIRST AT THE DOLPHIN CLUB!**

1992 Swim Schedule

- Date - (Pending Coast Guard Approval)	- Event -	- Jump-Off
December 21, 1991 (Sat.)	Polar Bear Swim Starts	
January 1 (Wed.)	New Year's Day Cove Swim	09.00
January 1 (Wed.)	★ New Year's Day Alcatraz	08.30
January 19 (Sun.)	★ Mid-Winter Gas House Cove Swim	08.15
February 9 (Sun.)	Mid-Winter Cove Swim	09.00
February 29 (Sat.)	★ Leap Year Pier 41	09.30
March 21 (Sat.)	Polar Bear Swim Ends	
March 21 (Sat.)	Spring Cove	09.00
April 11 (Sun.)	★ Pier 39	08.30
May 16 (Sat.)	★ Dick Beeler Crazy Cove	09.00
May 31 (Sun.)	★ Yacht Harbor	08.15
June 1 (Mon.)	100 Mile Swim Starts	
June 14 (Sun.)	★ Crissy Field	08.15
June 19 (Fri.)	★ Twilight Cove - Pot Luck BBQ to Follow	18.00
July 12 (Sun.)	Over 60 Cove	09.00
July 18 (Sat.)	Trans Tahoe Relay	07.30
July 26 (Sun.)	★ Doc Howard--Over 45 - From Gas House Cove	08.45
August 1 (Sat.)	★ Santa Cruz Pier Swim	11.00
August 7 (Fri.)	★ Twilight Gas House Cove & Pilot Appreciation Pot Luck Dinner	18.00
August 22 (Sat.)	Golden Gate I - Fast Day	08.40
August 23 (Sun.)	Golden Gate II - Slow Day	09.40
August 29 (Sat.)	★ Fort Point	08.30
September 5 - 7	Gold Lake Getaway	09.00
September 18 (Fri.)	★ Twilight Pier 41- Pot Luck BBQ to Follow	18.00
September 27 (Sun.)	Handicap Cove	09.00
October 4 (Sun.)	Alcatraz	08.00
October ? (Sat. or Sun.)	Dolphin/South End Triathlon	????
October 17 (Sat.)	Escape From Alcatraz Triathlon	09.30
October 25 (Sun.)	Bay Bridge To Club	13.00
October 31 (Sat.)	100 Mile Swim Ends	
November 14 (Sat.)	Annual Swim/Pilot Appreciation Dinner	19.00
November 22 (Sun.)	Introduction To Bay Swimming	09.00
November 26 (Thurs.)	Thanksgiving Day Cove	09.00
December 20 (Sun.)	New Year's Day Alcatraz Qualifier	09.00
December 21, 1992 (Mon.)	Polar Bear Swim Starts	

- Swim Program Rules -

1. Club scheduled swims are restricted to club members only.
2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
3. Swimmers must be members in good standing with dues current and swim fees paid.
4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
7. Swim sign-up sheets are posted two weeks prior to each swim.
8. Time limits are imposed and enforced for all swims.
9. All club boats are reserved for scheduled swims; riders are prohibited.
10. In-town members must successfully complete 2 swims marked with a flower (★) and one other scheduled swim and pilot or help on at least 2 others.
11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

• Additional qualifications for Alcatraz and Golden Gate Swims •

Dolphin Swimming & Boating Club

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

RICHARD B. COOPER
STA. B, PO BOX 2546
SAN FRANCISCO
CA 94126

BULK RATE
U.S. POSTAGE
PAID
San Francisco
California 94109
Permit No. 1020

DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club • Winter - 1992 • San Francisco California • Established 1877

Photo by John Perino



Dolphin Bulletin Board

Miscellaneous News and Notes For the Dolphin Club Membership

On The Cover Of the Dolphin Log

Dolphin John Perino took this splendid photograph of the Club's 100 year old *Wieland*. The *Wieland* will be restored this year in an ambitious program of rebuilding organized by Jon Bielinski, the Club's resident boat builder. See the next page for a closer look at the *Wieland* and the Club's plans to bring her ship shape for another 100 years.

Dues Increase in 1992

The Board of Governors voted a dues increase effective January 1,

1992 which was reviewed and approved by the San Francisco Parks and Recreation Department.

For regular members, dues have increased to \$360.00 annually. Regular members who pay in full prior to January 31 may still deduct \$25.00 from their dues payment. A new senior citizen discount of 10% has been added for members 65 years or older who have not yet become life members (25 years continuous membership).

Life members with lockers are now charged \$100 annually.

A Great Place For a Party

During the past ten months or so, the Board of Governors has been trying to work out a reasonable policy for the use of the Club's facilities for special events requested by individual members. These events have ranged in type from welcome home parties for returning Desert Storm soldiers to birthday parties to weddings.

While all of these events have

been more or less successful and fun for those members directly concerned, they all have had one thing in common: They have been exclusionary by their nature and have put some members at a disadvantage. Most Dolphins, no matter how gregarious and friendly, object to the use of their Club for an affair that is not under the auspices of the Club itself.

Think about it for a second, do you actually feel comfortable walking through a snazzy party or a dressed-to-kill wedding in your wet swimsuit or sweat clothes?

After serious study, the Board of Governors has decided that the Dolphin Club and its facilities will not be made available for weddings, going-away parties, Bar or Bas Mitzvahs, engagement parties, personal or business parties, religious festivals, college reunions, personal milestones, esoteric ethnic festivities, cotillions, or your Aunt Tilly's divorce celebration.

However, if you have an idea for

- continued on page 4



The Dolphin Log

Editor: Jeffrey Howard Heth
Photographer: Barbara Keller

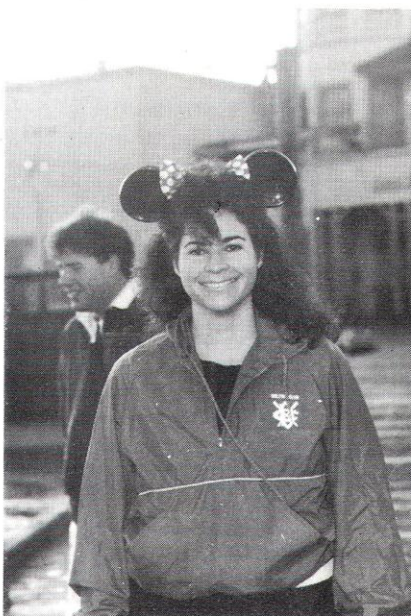
Published By
The Dolphin
Swimming & Boating Club Inc.
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

1992 Officers

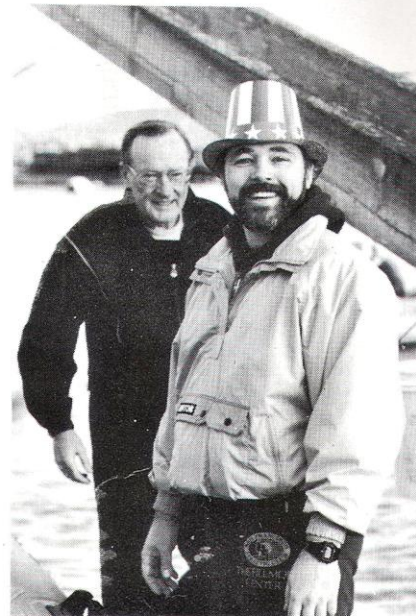
President - Stanley Hlynsky
Vice President - Jon Nakamura
Treasurer - Lorna Newlin
Recording Secty - Mike Webb
Financial Secty - Mary Heth
Boat Captain - Jeremy West

Board of Governors

Larry Alioto
Tin Callahan
Ken Coren
Michael DiNunzio
Colin Gift
Dan Osborne
Meg Reilly
Ann Tingley
David Zovickian



Club treasurer Lorna (Minnie) Newlin flashes a cartoon smile on New Year's day.



Kevin (Yankee Doodle) Hartnett was one of the helpers, with Don Reid on New Year's day.

- Big Doings in Dolphin Club's Boat House - 100 Year Old Wieland Will Be Restored

The Dolphin Club's sliding seat, double person rowboat *Lawton Hughes* was re-christened and launched in time to pilot the 1992 New Year's Day Alcatraz swim. Thirty two-year Dolphin life-member Bob Hoff re-christened her with a bottle of beer from his locker. The complete restoration of the *Lawton Hughes* was finished in 1991. It included a new keel, bottom planking, all new frames and many new interior fittings such as thwarts, oarlocks, knees and more. Just after the *Lawton Hughes* left the boat shop for her final coats of turpentine, linseed oil and varnish, the Dolphin Club flagship rowing boat *John Wieland* was brought in for a similar, complete renovation.

The *Wieland* project, though, is a much larger one. The *John Wieland* is forty feet long; more than twice the length of the *Lawton Hughes*. She is rowed by a minimum crew of six plus a coxswain. She is also twice the age of the *Hughes* at 105 years old, having been originally launched new in 1887. The work on the *Wieland* will be similar to the *Hughes*. Many of the same parts replaced on the *Hughes* will also be replaced on the *Wieland*. When the *Wieland* comes out of the boat shop she will look as gleaming and new and the *Hughes* did on New Year's day, 1992.

The *Wieland* was de-commissioned for refit for four reasons:

- She leaks;
- She is too heavy now -- much heavier by several hundred pounds compared to the as-built, original weight in 1887 when first launched. This fault is due to a previous keel replacement in the late sixties or early seventies;
- Her sliding seat throw is too short causing tall people rowing the boat to chafe the back of their legs and dead end against the seat

stops;

- Finally, consider her just plain tired after more than a century of rowing without a complete rebuild.

Below is an outline of the se-



It was quite a feat even to move the historic *Wieland* from the new boat house, out onto Jefferson Street and into the "B" Court where the ambitious restoration project will take place.

quence of planned repairs:

- Loft the hull shape and generate a line drawing to scale showing shape, principal dimensions and interior layout;
- Remove sliding seats and stretchers, stern sheets and bow seat then start manufacture of new sliding seats;
- Make and install the construction molds. These are wooden shapes made from the lofting drawing that will hold the boat together when the insides and the bottom are torn out;
- Cut out the keel, cut out three to four full length planking strakes on each side of the keel, cut out all interior fittings and remove the oarlock hardware;
- Repair the transom and stern as needed to secure the new keel.
- Install the keel and plank up the *Wieland* to her original topsides planking good enough to save -- varnish the inside hull;
- Reframe the boat with steam-

bent white oak;

- Install risers, thwarts, sliding seats, sternsheets, oarlock hardware, etc;
- Varnish it inside and out;
- Launch it for another hundred

years of rowing.

No mention of repairs is complete without a word of thanks to the many Club volunteers who help out with the boat building. This past year in addition to help on the *Lawton Hughes* renovation, the Tuesday night boat-building volunteers have, without much assistance from this boat builder, beautifully repaired two broken-in-half *Wieland* oars; completely re-varnished the single seat rowboat *Dino Landucci* and maintained the entire rowing fleet for last summer's swim season while I was sailing to Canada for three months.

In closing, a few thoughts come to mind to pass along. Feel welcome to help on the *Wieland* renovation and fleet maintenance work. Come by on Tuesday nights at 6 p.m. Fair winds and following seas to us all in the New Year.

Jon Bielinski
Boat Builder

Miscellaneous News & Notes

- from page 2

an event that might amuse/benefit/entertain the membership as a group, bring it before the Board of Governors. The Club may decide to stage the event as an official Club function.

Michael DiNunzio
Entertainment Co-Director

Thanks Moon

The Board of Governors thanks Rico (Moon) Passanissi for putting up the new speed bag at his own expense.

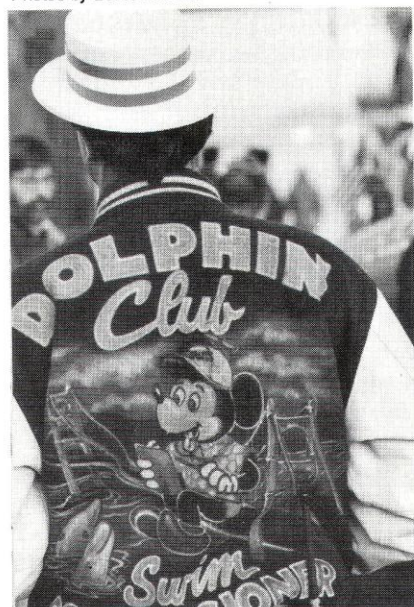
Rowing Reminders

Members are reminded that:

- Dolphins must be "qualified" to take the Club's rowboats out. To qualify, you must complete the rowing training course which is given periodically on weekends. Check the sign above the boat check-out podium in the boat house for the next class.

- The Club maintains a facility at Lake Merced for rowing enthusiasts who would rather not deal with Bay tides and currents. See the Club bulletin board for more information.

Photos by Barbara Keller



Wearing the jacket that made him famous, is swim commissioner Dave Zovickian.

Ex-President's Message

We've made another year. In my case it was another two years. I have had a lot of good help and I would like to thank a few members who worked so hard to make the activities go.

In 1990 the Board of Governors set out to put the Club's finances on a budget. The budget committee was led by treasurer, Lorna Newlin. In some of the past years, expenses had exceeded income. The 1990 Board started with a deficit. With the help of the various program commissioners and captains and by deferring maintenance and needed expansion, the 1991 Board ended with some money in the bank. In 1992 the new Board can move forward and start with some of the deferred projects.

The swim program has seen more quality events than ever before. Swim commissioner, Dave Zovickian and his staff of assistants have kept the swim program alive by putting on the best swims on San Francisco Bay.

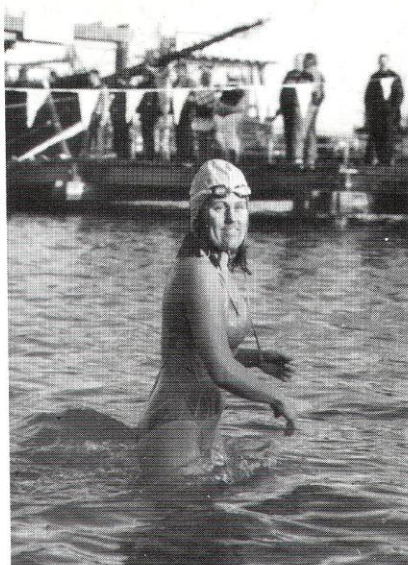
Jeremy West and his long list of

volunteers have done the work around the Club. Jeremy supervises rowing training, general house-keeping around the Club, boat maintenance, and boat house maintenance. John Bielinski still holds boat repair every Tuesday evening at 6 p.m. John is starting to restore the 100 year old Wieland (see story page 3). All members are welcome to join John at any time.

The weight room is kept up by Roger Battaglia and his staff. Roger reminds us to wear shoes and shirts when using the equipment. Paper towels are provided for your use in cleaning up after yourself. Roger had a small budget these last two years but has managed to replace old and faulty equipment.

The last two years have been rewarding to me. They have also been a lot of fun. I would like to thank all of you for your help and remind all of you there is still plenty to do. Pitch in -- it is your Club.

Peter Bianucci
President, 1990-1991



Mother of two, Mary Heth places 30th in a field of 60 on New Year's day.



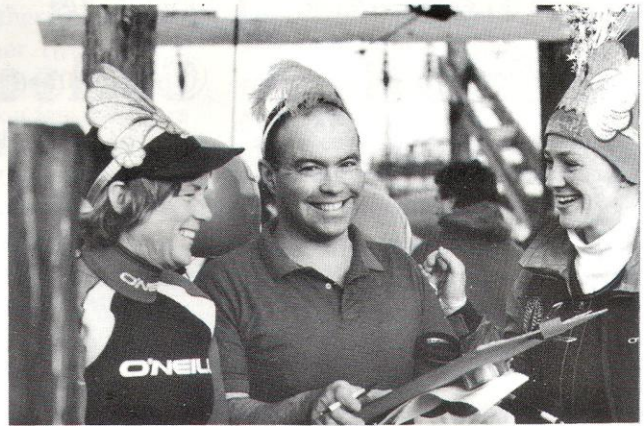
Susan Cobb shows off the very latest in hand and head wear with flotation device akimbo.

1992 New Year's Day Alcatraz Swim Brings

Photos by Barbara Keller



Lively spectators definitely add to the vim and vigor on the Dolphin Club dock at the New Year's day Alcatraz swim.



Bejeweled and bedecked at the swim are Susan Allen, Elmer Tosta and the Club's favorite "out-of-towner" Linda Stanley.



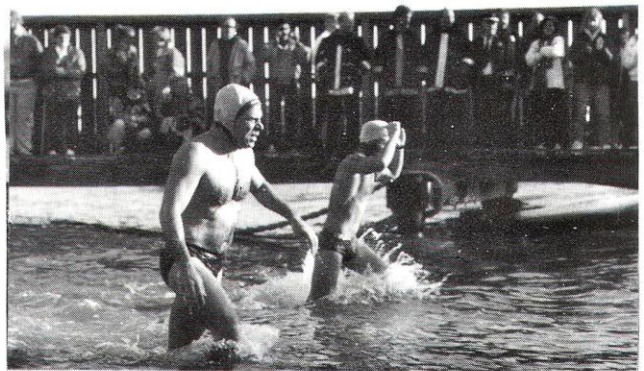
Meg Storey glides gracefully through the water with her special aerodynamic head gear.



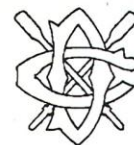
Diana Abele and Tim Callahan pause just briefly in between their various helping efforts on New Year's day.



Steve Schatz eases from the water on New Year's day, placing 13th out of a field of 60 in the Alcatraz swim.



The Dolphin Club's recording secretary Mike Webb completes the New Year's Day Alcatraz swim in 43:56.



Out the Toughest and Craziest Participants



Looking regal and festive, Alcatraz pilot Jooske Stil provides safety and comfort to the swim participants.



The Club's boat captain Jeremy West and his main squeeze Tracy Cambron battled the wind and waves on the Alcatraz swim.



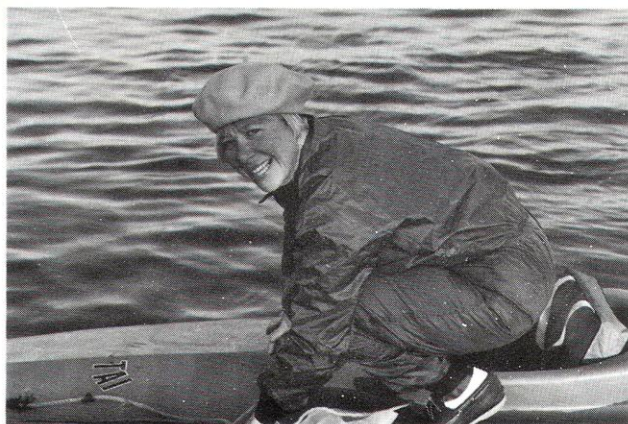
Deprived of a chance to swim Alcatraz, Steve Worthington participated nevertheless as a pilot, guiding the luckier (?) swimmers across.



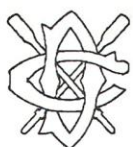
First time Alcatraz escapee Doug Chambers strides from the water with a frozen but satisfied smile.



Board member Ken Coren completes the Alcatraz swim chilled but no worse for the wear.



Joni Beemsterboer is snug as a bug on a kayak at the New Year's day event.



-Dave Zovickian's Swim Commissioner Report-

1991 Swim Season Closes and 1992 is Underway

The 1991 swim season reached the high water mark November 9 with the annual swimmer and pilot awards dinner. In excess of 200 Dolphins and guests were treated to a traditional Dolphin dinner -- good food and drink and lots of it. Once again, Michael DiNunzio produced and directed the gala affair to its successful conclusion. Due to the generosity of our membership and many of our neighboring merchants, door prizes were varied and bountiful. The Dolphin Club sincerely appreciates the many donations to the evening. Taking an occasional break from the raffling of those prizes, various honorees were presented to the assembled group.

This past year's program encompassed 28 separate events with nearly 200 swimmers and 300 total participants, many of whom distinguished themselves by deeds and actions.

Charting a cerebral approach to his training, Larry Scroggins dove into the pages of a book to perfect his winning stroke, emerging as 1991's most improved swimmer. While Larry displayed exceptional improvement over the past couple of years, other members continued to display their durability and staying power. Notable was

this year's most inspirational swimmer, Paul Kanstoroom. "Lucky" Paul, who is approaching his silver anniversary with the Club, exhibited a remarkable tenacity in overcoming a series of health setbacks to return to his most cherished of activities, a daily dip in the Bay. Extending the standard against which Dolphins measure themselves, stalwart Joe Bruno capped yet another successful swim season with his 59th consecutive Gate crossing.

Displaying a devotion to the Club above and beyond common sense and the call of duty, Tim Callahan, 1991's helper of the year is so honored by virtue of his exemplary leadership as doughnut and coffee commissioner, especially in the area of quality and quantity control. Add to this logging and maintaining the vast computer files of the swim program and it's no wonder Tim never seems to get past the beach for his swims. Yet beyond doughnuts and computers, perhaps his most important contribution to the Club is the extensive time and effort put into guiding our organization through myriad administrative concerns, insuring the Club's (and its swim program's) future at Aquatic Park.

Pilot of the year Colin Gift continues

to be a model of consistency and dependability. This honor has much more to do with piloting than just showing up and displacing the Bay water. Beyond delivering the perfect hot dog, he has created an honorable standard for our pilots -- utilizing a solid working knowledge of the Bay and its movements, arriving early to prepare for the swims and tactfully interacting with the pilots and swimmers around him. Most remarkably, he has independently organized and taught an introductory kayaking class, available to all Dolphins.

Special thanks go out to all the pot luckers who actually brought dishes to share throughout the year.

The Thanksgiving Day cove swim provided a satisfying post script to the '91 season when an overflow crowd of 58 Dolphins took the plunge, setting themselves up for a day of thankful excess and leftovers. All for a good cause, though, in developing their winter layer necessary for the polar bear challenge.

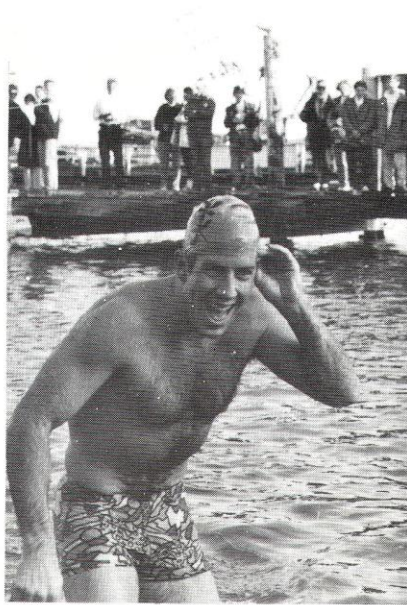
1992 dawned clear and calm for the annual Dolphin Club New Year's day cove swim. Dan Osborne led 44 Dolphins through a rigorous 1/2 mile course to reclaim the crown he vacat-

- continued on next page

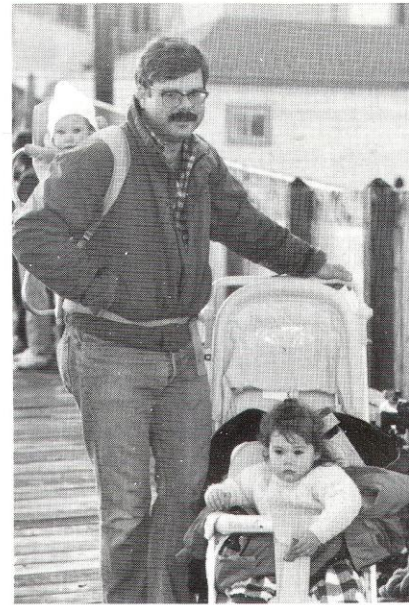
Photos by Barbara Keller



A radiant Ann Tingley beams at the camera on New Year's day.



A flowery Liam Hennessy listens to the cheers after winning the Alcatraz swim.



Dolphin Log editor Jeffrey Heth with editorial assistants Annie (in stroller) and Shannon.

- from previous page

ed a year ago after fracturing his foot. Presumably Dan let Mimi chop the wood this year. Proving you can't get too much of a good thing, John Selmer and Larry Scroggins used the cove swim as an aperitif to participation in the annual New Year's day Alcatraz swim. Sponsored by the South End Club, 30 swimmers from each Club plunged into the icy shark infested waters for the treacherous journey back. 32 minutes later, our very own fashion plate Liam Hennessy emerged victorious, as Dolphins took 9 of the top 10 spots and 17 of the first 20. Kudos to Will Powning, George Robin and Steve Worthington who, though qualified, did not make the final cut on race day. Rather than retire for the day, all three picked up a paddle and unselfishly piloted the luckier (?) swimmers across the Bay.

With the return of our old friend El Nino, this winter's Polar Bear began mildly, and enthusiastically. Under the watchful eye of former swim Czar and current chief auditor Vincent Huang, many early miles have been amassed. Through the water temps have been relatively mild, recent strong north winds have brought back a chilling reminder of winter's harsh reality and cut down on idle beach chit chat.

In a related development, the Polar Bear audit and finance committee recently addressed the growing concern over the increased utilization of mas-

ters pool training during the cold water period. In an effort to control this behavior, the committee adopted new mileage guidelines for all polar bears training in pools: for every mile of pool training completed, an equivalent mile must be deducted from any established polar bear mileage. Such a measure, drastic though it may seem, is deemed necessary to offset the enhanced performance acquired through pool training.

Not to be left behind in the quest to produce the perfect Dolphin, the Dolphin coaching staff is organizing a first ever stroke and turn clinic for Dolphin registered masters swimmers slated for February 30th. Instructor Jon Nakamura and underwater video wiz Mike Webb will apply the innovative techniques which made them renowned "Escape" trainers. Utilizing the very latest in computer assisted video analysis, the coaches will provide personalized critique and instruction. The Park Service has graciously agreed to place crosses on the Thayer's Hull to mark turns.

In other news, Lee Hammack has agreed to coordinate an ad hoc group of volunteers to monitor the saunas. Due to a recent series of wilful violations such as leaving the door ajar to avoid spontaneous combustion, sauna access and temperature will be strictly monitored; violations will initiate disciplinary action. Lee will coordinate all actions with the shower czar designate.

Beachmaster Lou Marcelli will soon conduct a Club wide talent search to identify the Dolphin most suited to this task. All interested parties are urged to update their resumes. Until then, Lee has graciously consented to serve as interim shower captain. All queries should be directed to Lee, who will be at his post in the sauna at all times.

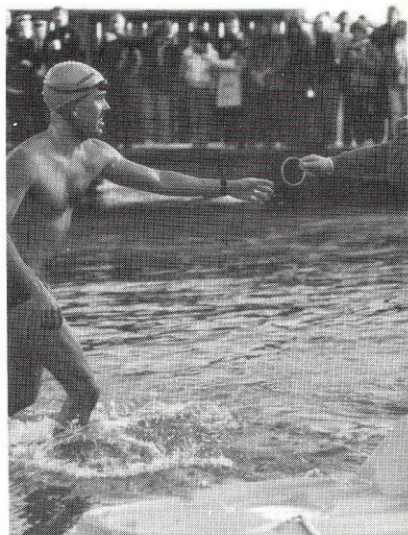
Please note that the Pier 39 swim is scheduled for Saturday, April 11, not Sunday as erroneously listed previously. Also note that for all out of cove swims, only approved orange caps will be allowed, as posted on the swim bulletin board.

Dave Zovickian
Swim Commissioner

Door Prize Donors 1991 Awards Banquet

Special Thanks to the generous donations which made the Awards Banquet such a great success.

Acapulco Restaurant (Gina Rus)
Anchor Steam Case (Jon Nakamura)
APL Sweaters (Stan Hlynsky)
Blue & Gold Fleet
Body Kinetics Personal Training
(Pete Neubauer)
Cable Car Canteen (Colin Gift)
Camera Company (Gina Rus)
Christmas Ornaments (Chuck Vogt)
Cousin Restaurant
Custom Stoneware (Lorna Newlin)
Deli Pub (Lee Hammack)
Fior d'Italia (Steve Worthington)
Firehouse BBQ (Gina Rus)
Fort Mason Meat Market (Cecco)
Frank's Fisherman Supply
Galletti Bros. Shoe Service
(Elmer Tosta)
Hotel Triton (Steve Pinetti)
Houlihan's Restaurant
Joe Montana Photo & Autograph
(Warren Welter)
Kitty Fishin' (Mag Donaldson)
Koret Health Center Swim Lessons
(Anne Sasaki)
Little Rio Pizzeria
Marin Brewing Co. (Gina Rus)
Massage and Yoga (Dodi Marosi)
Monsoon Restaurant (Tom Callinan)
Mt. Tam Design (Bill Callahan)
On the Run Sports (Anne Sasaki)
Original Artwork (Barbara Solomon)
Owner Builder Center (Bob McKenzie)
Pier 23 Restaurant (Flicka McGurrin)
P. Keller Clothing (Nancy Friedman)
Planetree Medical Library
(Lorrie Gallagher)
Power Bars (Nancy Friedman)
Splendidos (Steve Pinetti)
Swan Oyster Depot (Sancimino Family)
T.G.I. Fridays
Tommaso Pizzeria (Lee Hammack)
Tommy's Restaurant (Anne Sasaki)
Tuscan Inn (Steve Pinetti)
Ultra Health Physical Therapy
(Nolan Mattox)
Wall Calendars (Celeste McMullin)
Williams-Sonoma (Nancy Friedman)
Wine Case (Bill Powning)



Nick Payne reaches for the ring at the New Year's day Alcatraz swim.



Fourth generation Dolphin Brian Rus (grandson of Pete Bianucci) with mommy Gina.

Dolphin Swim Statistics

Thanksgiving Day Cove

Nov. 28, 1991

Clear skies, blustery winds, 53
degree water, 0905 jump off 3/4-
course

1. Liam Hennessy	16:04
2. David Claman	16:17
3. Jon Nakamura	16:18
4. Tom McCarty	16:19
5. Laura Burtch	16:45
6. Terry Watts	16:53
6. Paul Watts	16:53
8. Anne Clark	16:54
9. John Lennox	17:08
10. Bret Graessle	17:11
11. Nick Payne	17:37
12. George Kebbe	17:50
13. Pat McGarvey	18:00
14. Ed Urban	18:03
15. Tom Hofmann	18:20
16. Joe Ferrero	18:40
17. Bonnie Winn	18:42
18. Minika Jesse	19:25
19. Joni Beemsterboer	19:27
20. Rich Antonchuk	19:40
21. C. Von Blankenburg	19:42
22. Larry Scroggins	19:43
23. Gina Rus	19:56
24. Megan Sullivan	20:05
25. Kate Coleman	20:09
26. Liz Ann Zirker	20:20
27. Pete Neubauer	20:41
28. David Zovickian	21:20
29. Mary Heth	21:30
30. Jim Vanya	22:24
31. Monica Towers	22:46
32. Krist Jake	22:52
33. Nancy Friedman	22:13
34. Ken Coren	22:14
35. Susan Cobb	24:10
36. Phil Fernandez	24:13
37. Nancy Horner	24:29
38. Mag Donaldson	24:43
39. Emily Sagar	24:59
40. Walt Schneebeli	25:08
41. Lee Hammack	25:12
42. Roger Kleid	25:48
43. Era Osibe	27:32
44. Bob Liner	29:08
45. Sandy Lemkuhl	29:14
46. Larry Alioto	29:26
47. Will Powning	30:00
48. Keith Weaver	31:24
49. Kevin Starr	31:29
50. Don Reid	32:17
51. Jeff Heth	33:00
42. Pat North	33:45
53. Bob McKenzie	33:49
54. Joe Bruno	34:00

55. Jack Kamesar	34:40
56. Bill Powning	35:06
57. Steve North	35:40
58. Phil Kohlenberg	40:10

New Year's Alcatraz

Jan. 1, 1992

Hosted by the Soluth End Club

1. Liam Hennessy (D)	31:51
2. John Selmer (D)	33:29
3. David Claman (D)	34:12
4. Tim Reid (S)	34:15
5. John Davies (D)	34:40
6. Kate Cronin (D)	35:30
7. Jon Nakamura (D)	35:52
8. Suzie Dods (D)	35:56
9. Laura Burtch (D)	35:58
10. Brett Graessle (D)	36:07
11. Alex Johnston (S)	36:45
12. Anne Clark (D)	37:26
13. Steve Schatz (D)	37:33
14. Paul Watts (D)	38:04
15. Ed Urban (D)	39:16
17. George Kebbe (D)	40:18
18. Joe Ferrero (D)	40:39
19. Larry Kean (S)	40:47
20. Alan Budenz (D)	41:15
21. Jim Elder (S)	42:02
22. Dennis Sullivan (S)	42:24
23. Bonnie Winn (D)	42:28
24. Tim Spicer (S)	43:18
25. Pat McGarvey (D)	43:31
26. Pat Barry Pary (S)	43:43
27. Andy Field (S)	43:53
28. Mike Webb (D)	43:56
29. Laurie Parmer (D)	44:13
30. Mary Heth (D)	44:20
31. Yves Yarborox (S)	44:49
32. Tom Carter (S)	44:56
33. Alan Levinson (S)	45:08
34. Larry Scroggins (D)	46:00
35. Nancy Fougere (S)	46:31
36. Kevin O'Keefe (S)	46:33
37. Nancy Stretch (S)	47:08
38. Bruce Armbruster (S)	48:39
39. Bill Twomey (S)	48:53
40. Tina Scott (D)	49:30
41. Dan Macciarini (S)	50:21
42. Michelle Umland (S)	50:26
43. Mike Laramie (S)	50:36
44. Laurie Greider (S)	52:23
45. David Kimbal (S)	52:33
46. Alyson Cohen (S)	52:55
47. Bill Horgos (S)	53:06
48. Mike Lagios (S)	53:17
49. Rich Livingston (D)	53:50
50. Doug Chambers (D)	54:00
51. Patrick Freilinger	54:13
52. Ken Coren (D)	55:26

53. Bill Callahan (D)	58:12
54. Courtney Clarkson (S)	58:30
55. Rich Antonchuk (D)	58:50
56. Stu Johnston (S)	59:00
57. Chris Beaver (S)	59:47
58. John Rohosky (S)	60:34
59. Mike Berline (S)	72:56
60. George Thorpe (S)	73:07

New Year's Day Cove

Jan. 1, 1992

Clear and Mild. 50 degree water.

1/2 mile course

1. Dan Osborne	14:30
2. Tom Hofmann	14:45
3. John Selmer	14:47
4. Linda Stanley	15:34
5. Gina Rus	15:37
6. Larry Scroggins	15:38
7. Joni Beemsterboer	15:43
8. Peter Neubauer	16:00
9. David Zovickian	16:02
10. C. Von Blankenburg	16:08
11. Nancy Friedman	17:00
12. Monica Towers	17:27
13. Colin Gift	17:38
14. Victor Pizarro	17:57
15. Barry Christian	18:06
16. John Horner	18:08
17. Krist Jake	18:15
18. Vince Huang	18:26
19. Susan Cobb	18:29
20. Susan Anson	18:35
21. Anna Henry	18:41
22. Phil Fernandez	18:46
23. Nancy Horner	18:48
23. Meg Storey	18:48
25. Sue Garfield	18:55
26. Walt Schneebeli	19:15
27. Era Osibe	19:17
28. Lee Hammack	19:33
29. Gwen Passano	19:35
30. Ted McKown	20:18
31. Mary Cantini-Norkin	20:24
32. Richard Haymes	20:30
33. George Robin	20:38
34. Dodi Marosi	21:23
35. Sam Cuddeback	21:27
36. Will Powning	22:23
37. Keith Weaver	22:46
38. Lindsay Casablanca	23:54
39. Minda Rosenthal	24:10
40. Bob McKenzie	24:25
41. Steve North	25:12
42. Pavla Podolska	25:45
43. Joe Bruno	26:05
44. Don Reid	26:24

Mid-Winter Gas House Cove

Jan. 19, 1992

Clear & Windy. 51 degrees. One
mile. Jump 0820

1. John Selmer	18:09
2. Lynn Jolly	18:45
3. Jon Nakamura	19:09
4. Kate Cronin	19:16
5. Laura Burtch	19:46
6. Susie Dods	20:09
7. Ed Urban	21:13
8. Mike Webb	22:09
9. Larry Scroggins	22:28
10. Mary Heth	23:09
11. Dan Osborne	23:27
12. C. Von Blankenburg	23:50
13. Kate Coleman	23:55
14. Gina Rus	24:00
15. Tina Scott	24:03
16. Rich Livingston	25:30
17. Victor Pizarro	25:50
18. Liz Ann Zirker	25:52
19. Nancy Freidman	25:55
20. Colin Gift	25:59
21. Krist Jake	26:15
22. Vince Huang	26:40
23. Doug Chambers	26:47
24. Susan Anson	26:55
25. Susan Cobb	27:02
26. Meg Storey	27:24
27. P. van der Steere	27:36
28. Phil Fernandez	27:55
29. Richard Haymes	27:56
30. Walt Schneebeli	28:10
31. Ted McKown	28:18
32. Steve Worthington	28:38
33. Mary Sancimino	28:46
34. Dodi Marosi	28:59
35. Barbara Keller	29:25
36. Susan Garfield	29:54
37. Sandy Lemkuhl	30:05
38. Sam Cuddeback	30:36
38. Will Powning	30:36
40. Era Osibe	30:48
41. Chuck Vogt	32:20
42. Paul McVetty	33:59
43. Keith Weaver	35:15
44. Bob McKenzie	35:57
45. Pat North	36:32
46. Lindsay Casablanca	37:07
47. Steve North	37:13
48. Minda Rosenthal	38:10
49. Joni Beemsterboer	39:05
50. Joe Bruno	44:06
51. Bill Powning	47:40
TWO DNF	

Escape From Alcatraz Triathlon

October 13, 1991

The 1991 "Escape From Alcatraz Triathlon" was held October 13. The day started out fogged-in. Our swim commissioner, Dave Zovickian, had faith in the sun gods, however, and he headed out through the fog with 51 single triathletes and 7 relay teams. On cue, the fog lifted and the race began.

Individuals

Name	Swim	Bike	Total (Run)	Of Note
1. Vince Fausone	41:20	1:27:12	3:32:52	
2. Robert Belli	38:33	24:43	53:19	
3. Jeff Gunderson	35:05	27:46	59:51	
4. Willie Twomey	46:11	30:08	4:00:28	
5. Peggy Lavelle	47:47	38:29	1:04	1st Woman
6. Richard Kosinski	40:09	26:10	5:23	
7. Chris Chorak	36:20	24:32	21:32	2nd Woman
8. Donald Campbell	48:38	40:30	45:17	
9. Gerald O'Dwyer	54:45	47:31	46:25	
10. Chuck Vogt	1:00:00	55:46	47:12	
11. Chris Glab	43:12	34:02	50:57	
12. Andy Field	40:19	41:20	59:07	
13. Laura Small	47:47	49:10	5:04:49	3rd Woman
14. Tom Callinan	48:00	44:51	05:10	
15. Meg Storey	53:25	57:07	05:12	
16. Burk Delventhal	44:16	42:53	5:12	
17. Mike Mitchell	48:34	51:05	6:06	
18. Hal Cranston	50:52	44:11	6:36	
19. Mike Webb	41:01	43:46	7:52	
20. Alan Levinson	43:55	51:50	10:13	
21. John Horner	50:24	47:10	13:27	
22. Nicole Mezo	53:05	54:55	17:05	
23. Jon Nakamura	35:15	26:02	19:37	
24. Eduardo Baranco	50:00	50:46	19:37	
25. Mary Pat Barry	41:05	48:08	21:05	
26. Barry Christian	49:25	53:35	25:53	
27. Sam Gulbrandson	1:08:45	20:25	26:06	
28. Linda Stanley	41:46	41:42	28:15	
29. Cathy Huang	39:12	41:50	29:37	
30. Bret Huffman	46:31	42:10	38:34	
31. Vince Huang	52:29	43:45	39:15	
32. Diarmuid MacNeil	1:08:52	29:52	40:46	
33. Meg Donaldson	57:09	2:05:01	47:02	
34. Julie Marcus	55:47	1:59:11	50:30	
35. Warren Welter	58:36	2:02:45	53:20	
36. Sallie Olesen	47:37	1:57:07	55:40	
37. Ann Tingley	47:41	1:51:48	58:24	
38. John Newlin	1:03:33	2:10:48	58:34	
39. Keith Weaver	1:04:49	2:18:39	59:02	
40. Sandra Verhoogen	1:03:22	2:16:40	6:09:32	
41. Susan Anson	50:27	00:43	10:00	
42. Keith Nowell	48:19	1:47:45	10:30	
43. David Zovickian	41:21	2:00:56	15:32	
44. Steve Sancimino	1:11:56	41:27	16:09	
45. Lorna Newlin	49:47	8:30	19:04	
46. Carol Block	53:18	11:39	22:35	

Did Not Finish

Mary Sancimino	54:16	2:21:52
Tracy Chisholm	41:46	1:47:17
Phil Sancimino	1:04:48	2:41:27
Bill Capasso	1:04:35	2:07:55

Chris Chorak (DC) led the swim in 36 minutes. Bob Belli (SEC) was the first bicyclist to Mill Valley in 1 hour 24 minutes. Bob could not hold the lead to Vince Fausone (SEC) who won the race in 3 hours 32 minutes. In 5th place was the first woman, Peggy Lavelle (DC) breaking the womens' record with 4 hours 1 minute.

The Cardiac Hill aid station won best aid station by serving special drinks and giving rub downs.

Back at the Club, pasta was served by Mike diNunzio and Mimi Osborne. The awards ceremony followed dinner.

The "Escape" had close to 100 helpers. Many piloted the swim and the went on to fill in at aid stations, helped set up for dinner or helped their favorite triathlete. Without the helpers this event wouldn't happen. Many thanks from all the participants.

Pete Bianucci
President, 1991

Relay Teams

Names	Swim	Bike	Total (Run)
1. Celeste McMullin	44:46		
John Mattox		1:27:51	
Marty Mattox			4:09:31
2. Lou Meyer	43:20		
Martin Reutinger		1:35:00	
Marc Curtis			4:35:08
3. Stan Hlynsky	52:13		
Tim Callihan		2:00:56	
Sam Lawson			4:55:29
4. Billy Wilson	46:54		
Don Birder		1:41:46	
Jim McGowan			5:12:26
5. Minda Rosenthal	67:27		
Steve Duffy		2:10:38	
Joan Szarfinski			5:26:05
6. Susan Allen	38:40		
Flicka McGurrian		1:38:28	
Flicka/Susan			5:26:17
7. Susan Cobb	50:09		
Phil Rollins		1:44:37	
Jim Wiel			6:08:25
8. Bob McKenzie	78:50		
Craig Baynes		2:09:07	
			7:05:14

1992 Swim Schedule

- Date -	- Event -	- Jump-Off
December 21, 1991 (Sat.)	Polar Bear Swim Starts	
January 1 (Wed.)	New Year's Day Cove Swim	09.00
January 1 (Wed.)	★ New Year's Day Alcatraz	08.30
January 19 (Sun.)	★ Mid-Winter Gas House Cove Swim	08.15
February 9 (Sun.)	Mid-Winter Cove Swim	09.00
February 29 (Sat.)	★ Leap Year Pier 41	09.30
March 21 (Sat.)	Polar Bear Swim Ends	
March 21 (Sat.)	Spring Cove	09.00
April 11 (Sat.)	★ Pier 39	08.30
May 16 (Sat.)	★ Dick Beeler Crazy Cove	09.00
May 31 (Sun.)	★ Yacht Harbor	08.15
June 1 (Mon.)	100 Mile Swim Starts	
June 14 (Sun.)	★ Crissy Field	08.15
June 19 (Fri.)	★ Twilight Cove - Pot Luck BBQ to Follow	18.00
July 12 (Sun.)	Over 60 Cove	09.00
July 18 (Sat.)	Trans Tahoe Relay	07.30
July 26 (Sun.)	★ Doc Howard--Over 45 - From Gas House Cove	08.45
August 1 (Sat.)	★ Santa Cruz Pier Swim	11.00
August 7 (Fri.)	★ Twilight Gas House Cove & Pilot Appreciation Pot Luck Dinner	18.00
August 22 (Sat.)	Golden Gate I - Fast Day	08.40
August 23 (Sun.)	Golden Gate II - Slow Day	09.40
August 29 (Sat.)	★ Fort Point	08.30
September 5 - 7	Gold Lake Getaway	09.00
September 18 (Fri.)	★ Twilight Pier 41- Pot Luck BBQ to Follow	18.00
September 27 (Sun.)	Handicap Cove	09.00
October 4 (Sun.)	Alcatraz	08.00
October ? (Sat. or Sun.)	Dolphin/South End Triathlon	????
October 17 (Sat.)	Escape From Alcatraz Triathlon	09.30
October 25 (Sun.)	Bay Bridge To Club	13.00
October 31 (Sat.)	100 Mile Swim Ends	
November 14 (Sat.)	Annual Swim/Pilot Appreciation Dinner	19.00
November 22 (Sun.)	Introduction To Bay Swimming	09.00
November 26 (Thurs.)	Thanksgiving Day Cove	09.00
December 20 (Sun.)	New Year's Day Alcatraz Qualifier	09.00
December 21, 1992 (Mon.)	Polar Bear Swim Starts	

- Swim Program Rules -

1. Club scheduled swims are restricted to club members only.
 2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
 3. Swimmers must be members in good standing with dues current and swim fees paid.
 4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
 5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
 6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
 7. Swim sign-up sheets are posted two weeks prior to each swim.
 8. Time limits are imposed and enforced for all swims.
 9. All club boats are reserved for scheduled swims; riders are prohibited.
- Additional qualifications for Alcatraz and Golden Gate Swims •**
10. In-town members must successfully complete 2 swims marked with a flower (★) and one other scheduled swim and pilot or help on at least 2 others.
 11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
 12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

Dolphin Swimming & Boating Club

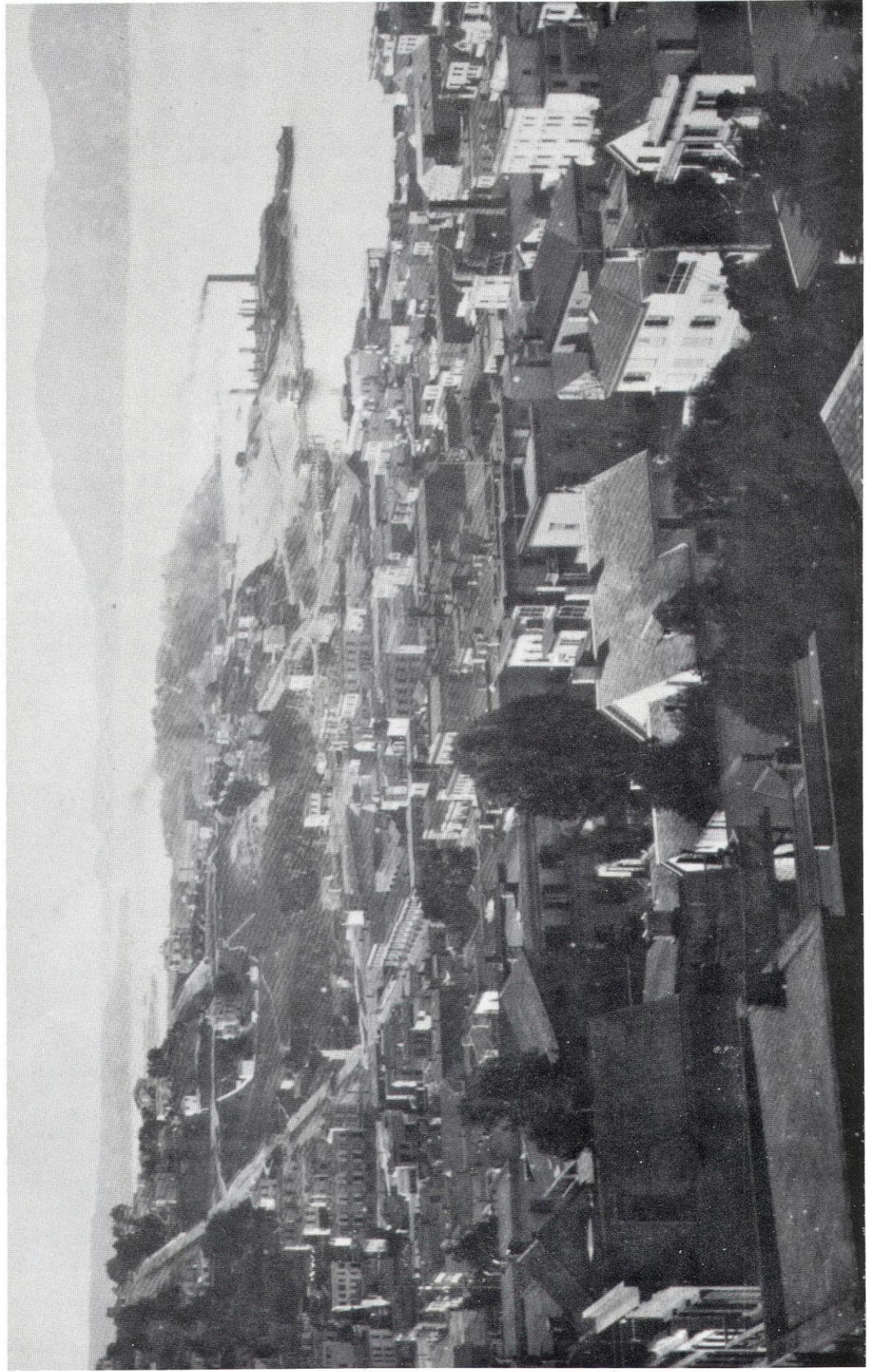
502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

RICHARD B. COOPER
STA. B, PO BOX 2546
SAN FRANCISCO
CA 94126

BULK RATE
U.S. POSTAGE
PAID
San Francisco
California 94109
Permit No. 1020

DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club • Spring - 1992 • San Francisco California • Established 1877



Surprisingly, First Woman Dolphin Joined In the '40's

History Compiled by
Walt Schneeбели

Breaking through the gender barrier of her day, Mrs. Anita Day Hubbard became the first woman member of the Dolphin Club in 1949 -- decades prior to the time when a group of women filed a federal lawsuit to gain membership and thus open the Dolphin Club to all women. A native of San Francisco and a product of Redding and Denman grammar schools, Girls High school and later, the University of California and Columbia University, Mrs. Hubbard was a remarkable woman indeed.

From her mother, Dr. Lolita Blackett Day, a famed pediatrician at Childrens Clinic years ago, she learned early in life of the unending problems of youth which she helped to solve in the years to follow.

Early in her career she was a feature writer for the *New York World*, the *S.F. Bulletin* and the *S.F. Examiner*. It was with this professional background that she brought the "Good Neighbor" column to the *Examiner* in 1937. Tens of thousands of persons in need of guidance benefited from her column which was to last 28 years

until her death.

It was during this later period that the widowed Mrs. Hubbard met Dolphin, Lieut. Herb Derham of the S.F. Fire Department, Engine 31 located near the corner of Green and Leavenworth Streets. He first brought her to the Dolphin Club as a guest where she was able to indulge her love of swimming and rowing.

It was then that she became the first woman Dolphin. A 1949 *Dolphin Log* reported that she had been presented a gold key to the club "in recognition of outstanding
continued on next page

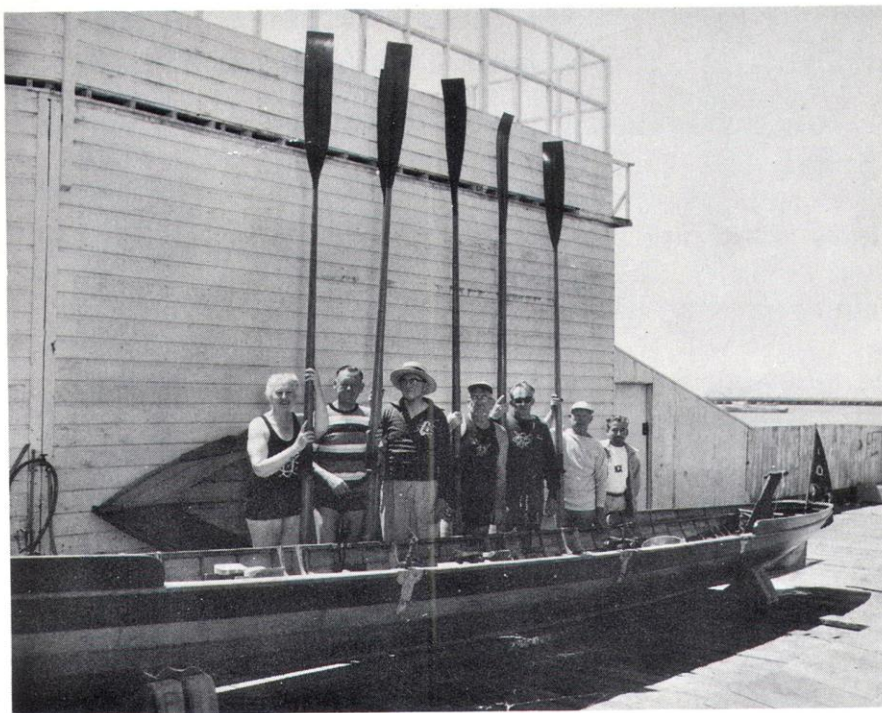


(l to r) Gladys Hughes, Anita Day Hubbard, Ann Liva.



Dolphin Club Hike and Dip, December 17, 1950. Mrs. Anita Day Hubbard on the photographic stint described in article, this page.

Photo by Jerry Hawryluk



This "Wieland" crew was comprised of (l to r): Anita Day Hubbard, Lawton Hughes, Les Hendry, Herb Derham, Tom Troneum, Andy Dunne and Ray Morino.



(Circa 1941) A typical Dolpin Club lunch at rear of boathouse where the weight room stands today. *Front table, second row, far left:* Andy Dunne, Mrs. Anita Hubbard and Herb Derham. *Rear table first row:* Living 50-year plus members "Duke" Dupuis, Don Baggiani and Dino Landucci, Sr. *Second row:* Al Liva and Mike Desmond Jr. Other Dolphin "heavies" from front to rear: Chris Sarantis, Joe Giovannoni, Andy Demo, Mike Desmond Sr., Tim O'Shea, John Sabatto, Dominic Garassino and Sal Sancimino.

Photo by Joseph Yoakley

Anita Day Hubbard

from previous page
service performed in behalf of the club."

Mrs. Hubbard offered a prize in the amount of one year's dues to be presented annually to a member selected by the board. The stipulation was that he not necessarily be a champion swimmer or oarsman, but a true Dolphin in the real sense of the word.

The December 18, 1950 *S.F. Chronicle*, in a report on the Hike and Dip to Ocean Beach from the Club (an event that dated from the early 1890's), stated that Mrs. Hubbard, during a photographic stint was trapped by a double header wave. "It was lucky for the only woman member of the Dolphin Club that she had previously taken off her shoes and stockings."

During World War I she was called to Washington as Executive Secretary of the California Food Administration and after the armistice she was Director of National Thrift Publicity for the U.S. Treasury.

Anita Day Hubbard died on August 3, 1965 and was shortly followed in death by her good friend Herb Derham on January 27, 1966.

Dolphin Bulletin Board

Miscellaneous News and Notes For the Dolphin Club Membership

On The Cover Of the Dolphin Log

Thanks to Phil Kohlenberg for submitting this late 1800's photograph of the Bay from Telegraph hill. Talk about water pollution! Readers will note Thomas Selby's lead smelting plant where Hyde Street Pier now sits. The Neptune beach house sits on the Cove, middle distance.



The Dolphin Log

Editor: Jeffrey Howard Heth

Published By
The Dolphin
Swimming & Boating Club Inc.
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

1992 Officers

President - Stanley Hlynsky
Vice President - Jon Nakamura
Treasurer - Lorna Newlin
Recording Secty - Mike Webb
Financial Secty - Mary Heth
Boat Captain - Jeremy West

Board of Governors

Larry Alioto
Tin Callahan
Ken Coren
Michael DiNunzio
Colin Gift
Dan Osborne
Meg Reilly
Ann Tingley
David Zovickian

Rowing Training Schedule Set For 1992

To qualify for taking the Club's boats out, members must complete the rowing training program. The two-day course will be given on the following Saturday and Sunday mornings beginning promptly at 9:00 a.m. and ending at approximately 11:00 a.m.:

- May 9 & 10
- June 6 & 7
- July 18 & 19
- August 8 & 9
- September 12 & 13
- October 10 & 11
- November 7 & 8
- December 12 & 13

Permission Required

All out of cove swims must be approved ahead of time with a form being filled out. Permission is needed from both the Swim Commissioner and the Boathouse captain.

Guys & Dolls

Meet the Mambo Kings

Mark your calendars for Saturday, June 6th, 7 p.m. - ?? for the return of romance to the Dolphin Club!

There will be a dressy (whatever that means to you) adult dance featuring a live band playing everything from real touch dancing favorites from the 40's and 50's to rock & roll. This is a dance party, not a potluck, though if you want to

bring some "finger foods" please do so. There will be a full bar with your favorite libations.

So... dust off those dancing pumps, spiff up your threads and come swing and sway with your friends.

Tickets will be on sale after May 8th: \$10.00 per person. Get your tickets from Lou, Mimi, Cecco or Giacomini.

Note: there are free dance lessons being given Wednesday evenings in May by Dolphins for Dolphins. Learn West Coast Swing, Rumba, etc. Lessons are given by Diana Abele and Era Osibe from 7 to 9 p.m.

Log Book Etiquette

Please, the rowers' Log Book is an official Club record and NOT for personal comments or correspondence between members.

Waivers Required

The Board of Governors has ruled that before participating in Club swims, members must have signed the "member waiver" form which was mailed with dues statements in January of this year. This rule applies to swimmers, pilots and helpers. A list of members who have signed will be checked at each swim event. Blank waiver forms will be made available at each swim for members who have not yet signed.

Splash to the Past

Dolphin shutterbug Anne Sasaki submitted these snapshots from the 1991 Santa Cruz Pier swim and the *Dolphin Log* has finally gotten around to running them. Better late than never and actually, spring is a good time to mark your calendar for the 1992 Santa Cruz swim which will be held on August 1st. Look for the usual faces and undoubtedly some new faces as well. This event is one of the more popular of the swim season.



Top triathletes Peggy Lavelle (i(l) and Chris Chorak flank Anne Sasaki.



Swim commissioner Dave Zovickian with regular Santa Cruzan Suzie Royce.



Water pig Vince Huang (r) with some of the Dolphin medalists.



Linda Stanley and friend Ralph. Their toast worked -- Ralph won a medal in the swim.



Herb Madden, Jo and Eric Groneman provided the bar b qued chicken at the weekend event.



Dave Zovickian with Elmer Tosta and Cathy Huang took pictures and honors in the volleyball game.



Baby Dolphins had the most fun on the beach. These are the Huang and the Hofmann children.



Susan Lauritzen and Mike DiNunzio.



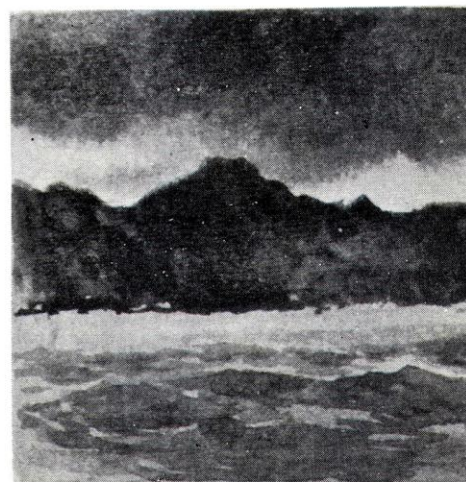
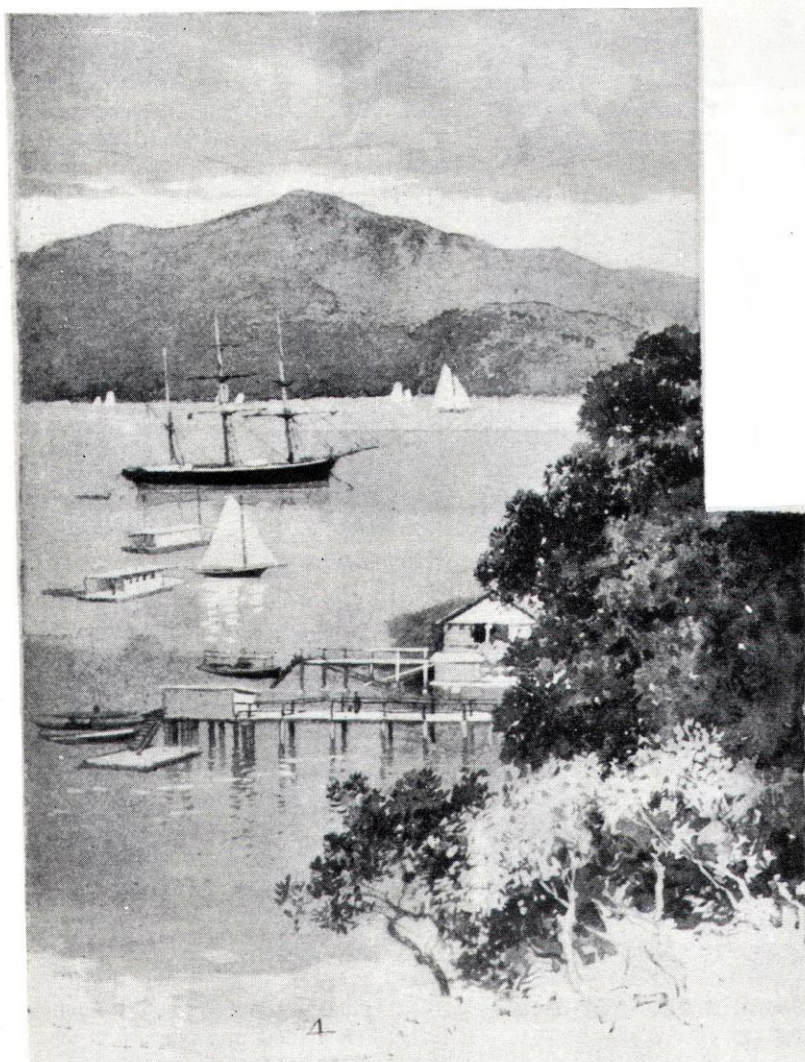
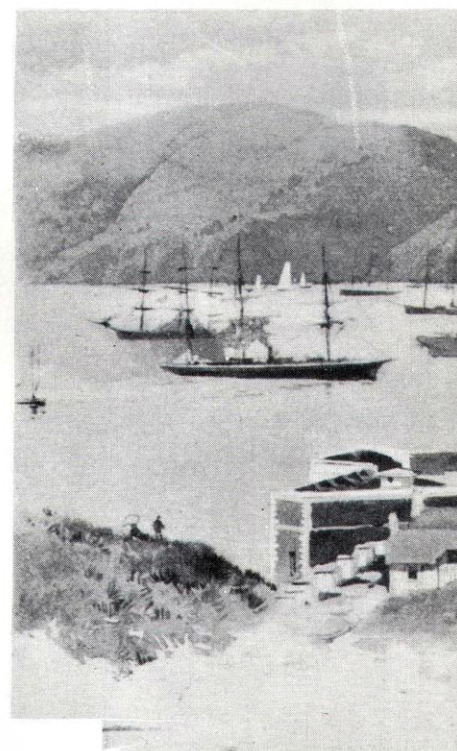
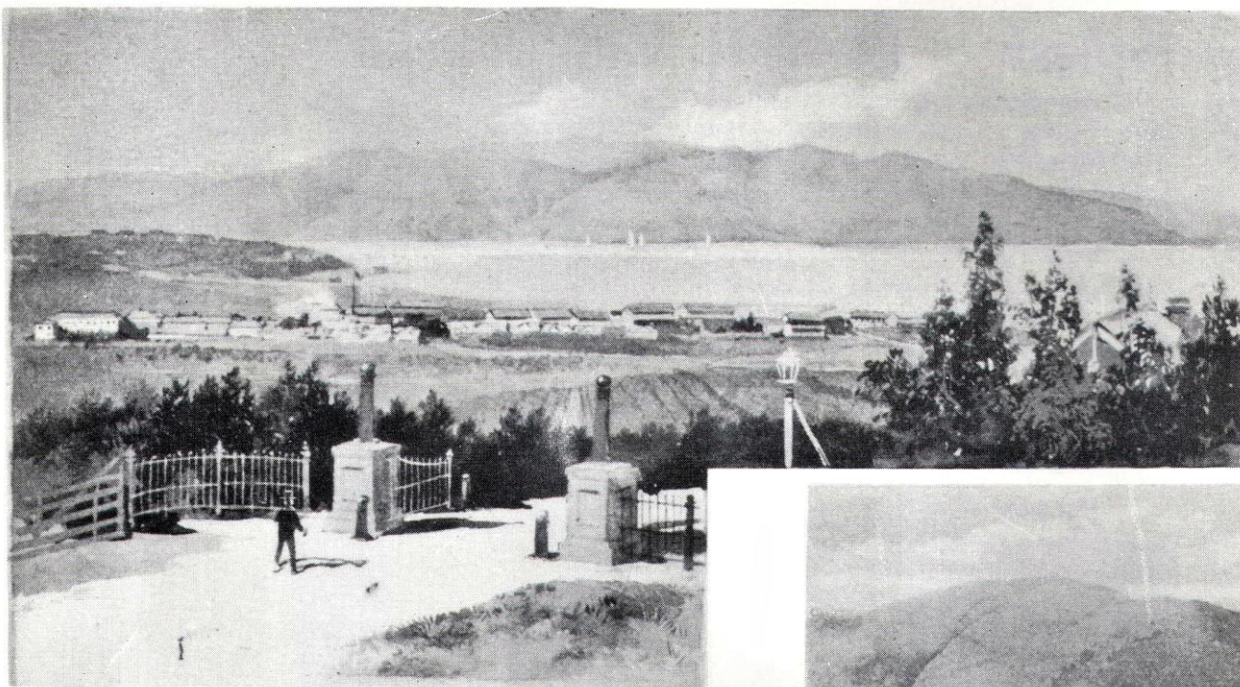
Morning swimmer Lee Hammack with daughter Nora and wife, JoEllen.

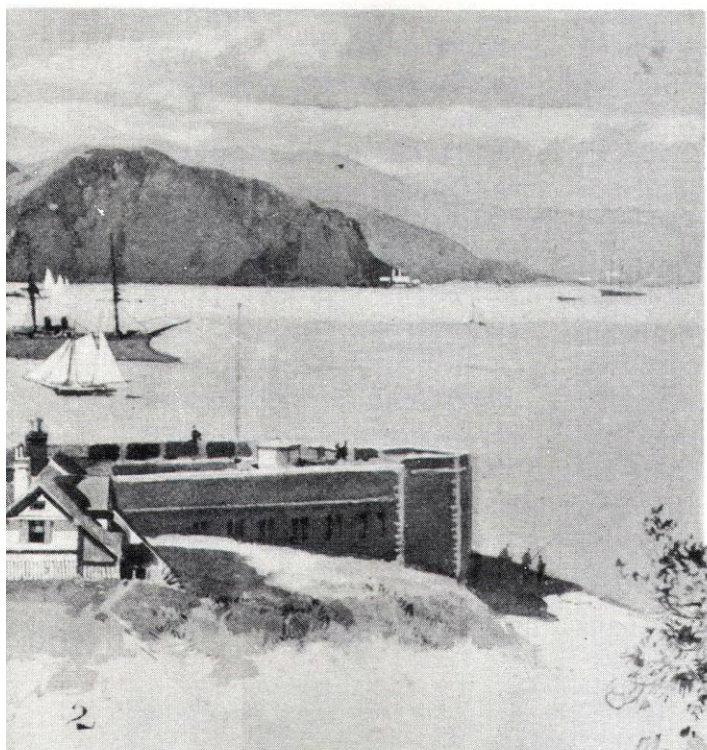
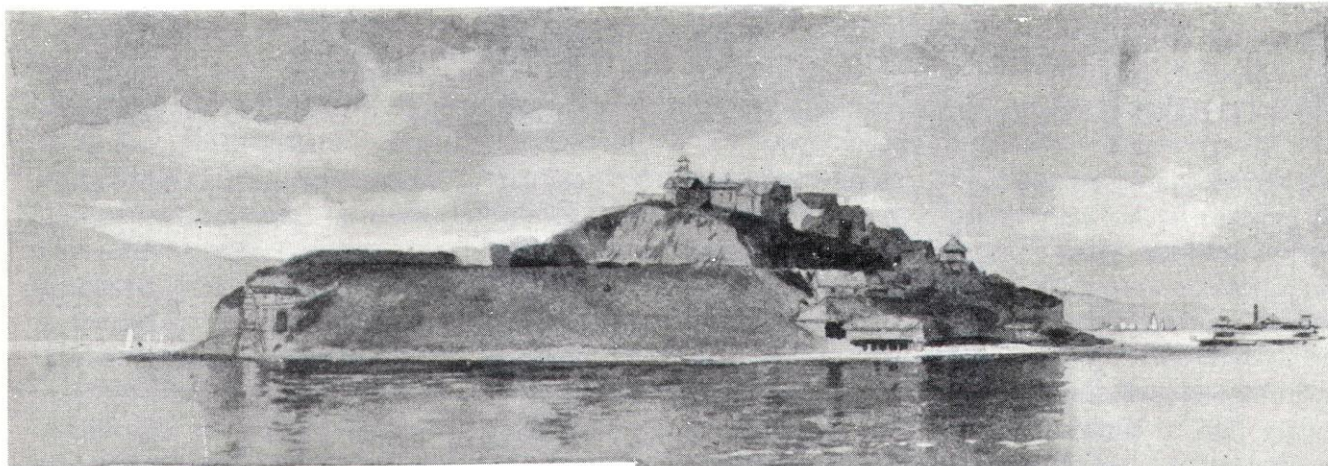


Gerry Cullen with Loretta Madden, medalist in the swim with other Dolphin helpers.



(l to r) Lorna Newlin with arbiter elegantiarum Elmer Tosta and wife Jill at pre-swim festivities on the S. Cruz Wharf.





San Francisco Bay memorabilia. Drawn by Charles Graham, the scenes depict:
 4.) Island from Belvedere; 5.) Point Bonita and 6.) A Bit of Belvedere Island.

-Dave Zovickian's Swim Commissioner Report-

"Nuestro Amigo" El Nino Returns to Dolphins

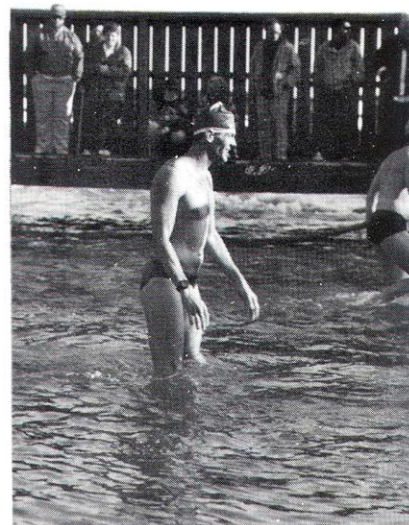
Spring is in the air and summer is in the water as the swim season gains momentum. Dolphins are taking to the water in ever increasing numbers, due in no small measure to nuestro amigo, El Nino. Harking back to January 19th, 51 sturdy Dolphins ventured into the chill of 51 degree water for the quick swim from Gas House Cove, with weekend polar bear John Selmer leading the way. Rounding out the group were Dolphin stalwarts Joe Bruno and Bill Powning. Finishing with age before beauty (?). February 19th ushered in the short but sweet mid-winter cove swim. Thirty five Dolphins braved 52 degree water for the chance at a generous three polar bear squares. An amazing 68 Dolphins celebrated leap year by dazzling the tourists at Pier 41 with feats of bravery, challenging the icy, shark infested waters en route to Aquatic Park. Pausing

briefly from her duties as head hooper of the Dolphin dance studio, Diana Abele led all comers over the one mile course. March 21 heralded the arrival of spring, the Spring Cove and the close of yet another Polar Bear season. Forty two Dolphins took to the balmy waters of Aquatic Park Lagoon for one last chance at a few more squares. When the wake settled, Suzanne Heim emerged with the first of many victories to come this season. In by far its most popular season yet, 83 Dolphins earned Polar Bear blocks, including 30 virgin bears. Kudos to Rich Livingston, who held off strong challenges from Laura Merkl, Laura Burtch and Kate Cronin to claim top honors with 127 miles, upholding the honor of Dolphin mermen everywhere, Herb. Sources close to the swim commission are working to identify the deep throat who anonymously leaked classified Po-

lar Bear findings to a San Francisco Chronicle columnist. Rest assured that the premature release of these results will have absolutely no influence on the final report of Vince Huang's audit committee. Truly honorable mention to Stacey Singleton, winner of most honest Dolphin, Polar Bear category, for finishing with an oh-so-close 39 miles. Most recently, 68 Dolphins trekked to Pier 39, braving tourists and sweat shirt vendors for the smooth bay side return to the friendly confines of the Cove. Following a somewhat free form start, mamba queen Diana Abele edged out David Claman in a near photo finish.

Away from the Bay, upcoming masters events of note include the Trans-Tahoe Relay and Santa Cruz Pier Swims. July 18 marks the return of high altitude challenge.

- continued on next page



Three of the proud finishers of the 1992 New Year's Day Alcatraz swim hosted by the South End Club and leading the pack this year were mostly Dolphin Club members.

- from previous page

Though shortened to accommodate those "masters" swimmers less hardy than their swarthy Dolphin comrades, the relay still represents that which all Dolphins can appreciate, plenty of swimming and a party.

Slated for August 1st, the Santa Cruz Pier swim is fast approaching. It's not too early to arrange clearance through your aquatics probation officer. Having demonstrated great presence of mind, if not body in previous years, Elmer Tosta has agreed to negotiate terms with the local authorities. An apres-swim picnic will be held on the beach. Following her valiant efforts to defend the honor of the Dolphin Club at last years picnic, Kate Coleman has generously volunteered to guard the life giving "beach spring" from the short arm of the law. In the event of any beach violations, Kate will tactfully mediate disputes with the beach patrol. As a contingency, John Dahlberg has been coaxed out

of retirement to handle bail. Dolphins intending to count this swim as an "out-of-cove" qualifier must register with masters and officially enter the event, and be listed on the final results. There is almost no truth to the rumor that only those Dolphins registered with masters as "Dolphins" and listed as such in the final results will be counted by the swim commission.

In other Masters news, word has reached the swim commission that certain Dolphin clubbers registered as such at a recent Santa Cruz short course pool meet. Though pool swimming is generally discouraged as acceptable Dolphin behavior, no disciplinary action is planned at the present. In fact, while most Dolphins should be vigilant against this insidious means of domestication and guard against the very real temptation of the pool training and competition, a few steely eyed Dolphins led by David Claman dared to meet the pool swimmer head on, venturing into the soft underbelly of the pool com-

petition, bringing to the Dolphin Club greater glory and a few meet points. Sadly, some Dolphins have succumbed to the siren call of stroke clinics, structured workouts and faster times. Having failed to lure these wayward souls back to salt water with coffee and doughnuts, efforts are underway to infiltrate Masters with the mind police, hoping to free these Dolphins from the fog of chlorine.

No report from the swim commission would be complete without a discourse on the omnipresent rule, to wit:

1). All participants in the swim program, including swimmers, pilots and helpers must sign the waiver which was included with your 1992 dues notices. Failure to do so will result in exclusion from the swim program;

2). All swimmers must be members for 6 months;

3). All swimmers must pay the \$38.00 swim fees regardless of how many swims are entered.

The swim program expenditures for the past couple of years are posted on the swim board for your perusal. Use this chart to understand how your swim dollars are spent from year to year. Please direct all comments, questions and suggestions and graffiti to the attention of the swim commission. Lastly, Cecco reminds you that only you can prevent dirty dishes -- please keep your galley clean.

Dave Zovickian

Swim Commissioner



Dolphin Leona Wolf at her 89th birthday party on March 17, 1992 at the Club. Leona was named an honorary senior member of the Club early this year by the Board of Governors.



Dolphin Swim Statistics

Mid-Winter Cove

Feb. 9, 1992

Overcast skies, light winds, 52 degree water, low 08:59, jump 09:10, 3/4 mile.

1. John Selmer	15:12
2. Steve Schatz	15:33
3. Suzie Dods	15:36
4. Jon Nakamura	15:44
5. Laura Burtch	15:53
6. Terry Watts	15:58
7. Paul Watts	16:03
8. Joe Ferrero	16:32
9. Anne Clark	16:43
10. Laura Merkl	17:32
11. Mike Webb	17:42
12. Larry Scroggins	18:14
13. Dan Osborne	18:42
14. Filo Scott	19:36
15. Pete Neubauer	19:42
16. David Zovickian	19:49
16. Elmer Tosta	19:49
18. Rich Livingston	20:04
19. Liz Ann Zirker	20:23
20. Colin Gift	21:02
21. Vince Huang	22:37
21. Roger Kleid	22:37
23. Ted McKown	22:48
24. Mag Donaldson	22:49
25. Sam Cuddeback	23:53
26. Herb Madden	24:32
27. Will Powning	26:26
28. Ed de Cossio	26:51
29. Chuck Vogt	26:57
30. Keith Weaver	27:12
31. Lindsay Casablanca	28:10
32. Pat North	29:43
33. Steve North	31:31
34. Bill Powning	36:54
35. Phil Kohlenberg	38:02
36. Change of Heart	

Pilots: Susan Allen, Cathy Huang, Jim Fagan, Andy Camous, Diane Schatz, Diane Abele, Padraic Doyle, Lee.

Helpers: Kate Cronin, Krist Jake, Anne Sasaki, Pavla Podolska, Mimi Osborne, Eric Mellinger, Krist Jake, Joan Reid, Anne Sasaki, Cecco Mennucci, Michael DiNunzio, Judy Stalker (Tassaha-

ra), Larry Alioto, ERa Osibe, Walt Schneebeli, Kate Coleman.

Pier 41

Feb. 29, 1992

Overcast & Calm, 55 degree water, jump 09:25, Max 13:43 3.9E, 1 mile course.

1. Diane Abele	16:20
2. John Selmber	16:56
3. David Claman	17:05
4. Suzie Dods	17:37
5. Steve Schatz	17:46
6. Laura Burtch	18:03
7. Anne Clark	18:07
8. Jon Nakamura	18:16
9. Tom Schatz	18:24
10. Rick Crafts	18:34
11. Alan Budenz	18:41
12. Nick Payne	18:46
13. Mickey Lavelle	18:51
14. Dan Osborne	19:22
15. Elmer Tosta	19:26
16. Bonnie Winn	19:29
17. Mike Webb	19:30
18. C. Von Blankenberg	20:29
19. Kate Coleman	20:36
20. J. Beemsterboer	20:43
21. Mary Heth	20:46
22. James Mason	20:48
23. Eric Groneman	20:54
24. Mark Richards	21:07
25. Rich Livingston	21:12
26. Mark Lubiszewski	21:20
27. Liz Ann Zirker	21:46
28. Mike Mitchell	22:05
29. Nancy Friedman	22:32
30. Monica Towers	22:43
31. Marcia Grimm	22:58
32. Colin Gift	22:59
33. Doug Chambers	23:17
34. Ann Tingley	23:38
35. Susan Cobb	23:53
36. Mary Sancimino	23:56
37. Roger Kleid	24:00
38. Jerry Cullen	24:09
39. Ted McKown	24:09
39. Ted McKown	24:12
40. David Copeland	24:15
41. Barbara Keller	24:17
42. Vince Huang	24:18
43. Lorna Newlin	24:20
44. Meg Storey	24:27
45. Hal Cranston	24:34
46. Flicka McGUrrin	24:46

47. Steve Lathram	25:03
48. Lee Hammack	25:11
49. Sam Cuddeback	25:21
50. Ed De Cossio	25:38
51. Dodi Marosi	25:42
52. Keith Nelson	26:06
63. Michael DiNunzio	30:10
64. Phil Sancimino	30:28
65. Pavla Podolska	30:54
66. Mimi Osborne	31:40
67. Bill Powning	34:19
68. Joe Bruno	34:32

Pilots: Lori Parmer, Ed Urban, Bob Danielson, Celeste McMullin, Rich Antonchuk, Mary Cantin-Norkin, Barry Christian, Ken Cor-en, Don Harrison, Cathy Huang, Shannon Kilkenny, Harry Louie, Greg Bell, Nick DeMay, Jon Hendricks, Eduardo Barranco, Rich Cooper, Jon Bielinski, Diane Schatz, Padraic Doyle, Andy Camous, Jim Growden, Bob Hoff, Kevin Hartnett, Neil Hartnett, Kathy Zirker, Tracy Cambropn, Jeremy West, Diarmuid MacNeill, Suzanne Heim, Stanley Hlynsky, Mike Mendelson, Bev Ferreira.

Helpers: Alan Budenz, Phil Kohlenberg, Mike Mitchell, :Laura Merkl, Pat North, Pavla Podolska, Elmer Tosta, Monica Towers, Cecco Mennucci, Diane Sosnoski, Steve North, Pat North, Tina Scott, Susan Anson, Susan Lauritzen, Pat McGarvey, Carol Murphy, Doug Chambers, Kate Cronin, Pam Derks, Joe Ferrero, Monique Garvin.

Safety
Comes
First at
The
Dolphin
Club

Spring Cove March 21, 1992

Patchy Clouds, Slight Winds, 57 degree water, Jump 09:05, Max 3.7 F 12:17, 3/4 mile course.

1. Suzanne Heim	16:14
2. John Selmer	17:10
3. Kate Cronin	17:27
4. Jon Nakamura	17:54
5. Alan Budenz	18:49
6. Joe Ferrero	19:27
7. Cathy Huang	19:39
8. George Kebbe	19:54
9. Elmer Tosta	20:13
10. Lari Parmer	20:21
11. Susan Allen	20:29
12. Mike Webb	20:34
13. Dan Osborne	20:40
14. David Rich	20:45
15. Larry Scroggins	20:53
16. Richard Kosinski	21:18
17. Rich Antonchuk	21:38
18. Eric Groneman	21:54
19. Bob Colyar	22:20
20. Phil Rollins	22:28
21. Tina Scott	22:29
22. Rich Livingston	22:53
23. Krist Jake	22:59
24. Scott Anderson	25:03
25. Doug Chambers	25:05
26. David Copeland	25:06
27. Marcia Grimm	25:12
28. Rich Cooper	25:30
29. Susan Cobb	25:43
30. Roger Kleid	26:05
31. Vic Pizarro	26:23
32. Lorna Newlin	27:09
33. Ted McKown	27:28
34. Era Osibe	29:01
35. Sam Cuddeback	29:11
36. Ed De Cossio	30:23
37. Larry Alioto	30:51
38. Sandy Lemkuhl	31:00
39. Keith Weaver	33:41
40. Don Reid	36:36
41. Joe Bruno	41:21
42. Bill Powning	42:42

Pilots: Susan Anson, Mag Donaldson, Colin Gift, Phil Fernandez, Don Harrison, Susan Lauritzen, Meg Storey, Neil Hartnett, Jon Bielinski, Bob Hoff, Mike Mendelson, Lance Younger, Andy Camous, Kevin Hartnett.

Helpers: Ken Frank, Lindsay Casablanca, Kate Cronin, Sam Cuddeback, Susie Dods, Sandy Lemkuhl, Jon Nakamura, Cecco Menucci, Minda Rosenthal, Jason Colyar, Kate Coleman, Joe Cowan, Nancy Friedman, Diane Sosnoski, Liz Ann Zirker, Kathy Zierker, James Mason, Dodi Marosi, Laura Merkl, Michael DiNunzio & Co., Marcia Grimm, Bob Colyar, Krist Jake, Peter Neubauer, Lori Parmer, Larry Scroggins, Keith Weaver.

Pier 39

April 11, 1992

Overcast skies & light winds, 3.9E
- 11:53, 5.4 change. Jump 08:30,
57 degrees

1. Diane Abele	23:46
2. David Claman	23:50
3. Lynn Jolly	24:06
4. Suzi Dods	24:52
5. Jon Nakamura	24:57
6. Laura Burtch	25:00
7. Tom Schatz	25:14
8. Brett Graessle	25:23
9. Anne Clark	25:30
10. Chris Chorak	25:48
11. Paul Landes	26:00
12. David Rich	26:24
13. Alan Budenz	26:41
14. George Kebbe	26:45
15. Susan Allen	26:58
15. Cathy Huang	26:58
17. Lori Parmer	27:17
18. Diane Sosnoski	27:19
19. Bob Colyar	28:08
20. J. Beemsterboer	28:11
21. C. Von Blankenberg	28:15
22. Rich Antonchuk	28:45
23. Peter Neubauer	28:55
24. Eric Mellinger	28:59
25. Mark Lubiszewski	29:33
26. Rich Livingston	29:56
27. Mary Heth	30:03
28. Gina Rus	30:20
29. Diane Schatz	30:33
30. Megan Sullivan	31:00
31. Colin Gift	31:05
32. Nancy Friedman	31:09
33. Krist Jake	31:16
34. P. Van Dersteere	31:31
35. Phil Fernandez	31:45
36. Susan Cobb	31:53
37. Ann Tingley	31:54
38. Lorna Newlin	32:01
39. Kate Coleman	32:25

40. Tom Allen	32:32
41. Tom Callinan	32:36
42. John Hornor	32:50
43. Ken Coren	33:02
44. Milo Fay	33:05
45. Keith Nelson	33:13
46. Mag Donaldson	33:19
47. Steve Worthington	33:30
48. Mark O'Hara	33:49
49. Stgeve Lathram	34:59
50. David Copeland	35:18
51. Liz Ann Zirker	35:24
62. Meg Reilly	39:31
63. Keith Weaver	40:54
64. Don Reid	42:40
65. Joe Bruno	43:40
66. Bill Powning	44:06
67. Pavla Podolska	45:37
68. Phil Kohlenberg	55:43

Pilots: John Davies, Mike martin, Diarmuid MacNeill, Phil rollins, Tina Scott, Mary Cantini-Norkin, Bob Danielson, Don Harrison, Eric Shackelford, Jooske Stil, Jim Growden, Ken Frank\ Dan Osborne, Jim Fagan, Jon Bielsinski, Ted McKown, Padraic Doyle, Rich Cooper, Andy Camous, Michael DiNunzio, Bob Hoff, Flicka McGurrin, Peter Bianucci, Barry Christian, Phil Lucier, Lance Younger, Jeremy West, Tracy West, David Kennedy.

Helpers: Bill Callahan, Matt Sheridan, Shannonb Kilkenny, Joe Cowan, Pavla Podolska, Gina Rus, Elmer Tosta, Mike Webb, Vanna Cobb, Cecco Mennucci, Nancy Firedman, Wendy Kress, Tina Scott, Paul Watts, Bob Colyar, James Mason, Phil Sancimino, Pam Derks, Lisa Leffingwell, Pat McGarvey, Mimi Osborne.

1991-1992 Polar Bear Swim

Rich Livingston	127.75
Laura Merkl	116.75
Laura Burtch	100.00
Kate Cronin*	100.25
Nick Payne*	72.00
George Kebbe	67.00
Liz Ann Zirker	63.00
Dan Osborne	60.75
Don Reid*	60.00
Phil Rollins	60.00

Pavla Podolska	58.25	Kate Coleman*	41.25
Tina Scott	53.25	Michael DiNunzio	41.25
Jon Nakamura	52.00	Anna Henry*	41.25
Ed Urban	52.00	Susan Cobb	41.00
David Claman	51.00	Sam Cuddeback*	41.00
Lori Parmer	50.75	Mike Giannini	41.00
David Zovickian	50.50	Marcia Grimm	41.00
John Dugan	50.00	Liam Hennessy	41.00
Nancy Friedman*	50.00	Lindsay Casablanca*	40.75
Mike Webb	50.00	Joe Cowan*	40.75
Amrne Clark	48.75	Keith Weaver	40.75
Victor Pizarro	48.75	Patrick Freillinger	40.50
Peter Neubauer	48.50	Barbara Keller	40.50
Tom Hofmann	48.00	Steve North	40.50
Mag Donaldson*	47.25	Steve Roach*	40.50
Suzie Dods*	46.50	C. Von Blankenburg	40.50
Krist Jake*	46.00	Van Wambeke*	40.50
John Selmer	46.00	M. Cantini-Norkin	40.25
Alan Budenz	45.50	Mry Heth	40.25
Susan Anson	45.25	John Hornor	40.25
Joe Bruno	45.00	Bill Powning	40.25
Gary Ersham*	45.00	Steve Schatz*	40.25
Phil Kohlenberg	45.00	Joni Beemserboer	40.00
Chuck Shackett*	45.00	Joe Ferrero*	40.00
Larry Scroggins	44.75	Colin Gift*	40.00
Lee Hammack	44.50	Gretchen Graham	40.00
Joe Abbott	44.00	Don Harrison	40.00
Vince Huang	44.00	Stanley Hlynsky	40.00
Neal Powers*	43.50	John Muir*	40.00
Pat McGarvey	43.50	Margy Titus	40.00
Celeste McMullin	43.25		
Mimi Osborne	43.25		
Doug Chambers*	43.00		
Susan Garfield	43.00		
Charlie Martin	43.00		
Meg Storey*	42.75		
Rich Antonchuk*	42.25		
Ed De Cossio*	42.25		
Pat North*	42.25		
Ulrich Steiner*	42.00		
Jerry Cullen	41.25		
John Davies	41.50		
George Robin*	41.25		

83 Plar Bears
(62 Wannabee Cubs)

30* Virgin Bears

+ 1990 - 91 Champ (122)

Most Honest Dolphin
(Polar Bear Category):
Stacey Singleton - 39

For a Complete
Schedule of the 1992
Swim Season
Including Important
Swim Rules, Please
Turn to Back Cover
of This Issue.



1992 Swim Schedule

- Date -	- Event -	- Jump-Off
December 21, 1991 (Sat.).....	Polar Bear Swim Starts	
January 1 (Wed.).....	New Year's Day Cove Swim.....	09.00
January 1 (Wed.).....	★ New Year's Day Alcatraz	08.30
January 19 (Sun.).....	★ Mid-Winter Gas House Cove Swim.....	08.15
February 9 (Sun.).....	Mid-Winter Cove Swim.....	09.00
February 29 (Sat.).....	★ Leap Year Pier 41.....	09.30
March 21 (Sat.).....	Polar Bear Swim Ends	
March 21 (Sat.).....	Spring Cove.....	09.00
April 11 (Sat.).....	★ Pier 39.....	08.30
May 16 (Sat.).....	★ Dick Beeler Crazy Cove.....	09.00
May 31 (Sun.).....	★ Yacht Harbor.....	08.15
June 1 (Mon.).....	100 Mile Swim Starts	
June 14 (Sun.).....	★ Crissy Field.....	08.15
June 19 (Fri.).....	★ Twilight Cove - Pot Luck BBQ to Follow.....	18.00
July 12 (Sun.).....	Over 60 Cove.....	09.00
July 18 (Sat.).....	Trans Tahoe Relay.....	07.30
July 26 (Sun.).....	★ Doc Howard--Over 45 - From Gas House Cove.....	08.45
August 1 (Sat.).....	★ Santa Cruz Pier Swim.....	11.00
August 7 (Fri.).....	★ Twilight Gas House Cove & Pilot Appreciation Pot Luck Dinner.....	18.00
August 22 (Sat.).....	Golden Gate I - Fast Day.....	08.40
August 23 (Sun.).....	Golden Gate II - Slow Day.....	09.40
August 29 (Sat.).....	★ Fort Point.....	08.30
September 5 - 7.....	Gold Lake Getaway.....	09.00
September 18 (Fri.).....	★ Twilight Pier 41- Pot Luck BBQ to Follow.....	18.00
September 27 (Sun.).....	Handicap Cove.....	09.00
October 4 (Sun.).....	Alcatraz.....	08.00
October ? (Sat. or Sun.).....	Dolphin/South End Triathlon.....	????
October 17 (Sat.).....	Escape From Alcatraz Triathlon.....	09.30
October 25 (Sun.).....	Bay Bridge To Club.....	13.00
October 31 (Sat.).....	100 Mile Swim Ends	
November 14 (Sat.).....	Annual Swim/Pilot Appreciation Dinner.....	19.00
November 22 (Sun.).....	Introduction To Bay Swimming.....	09.00
November 26 (Thurs.).....	Thanksgiving Day Cove.....	09.00
December 20 (Sun.).....	New Year's Day Alcatraz Qualifier.....	09.00
December 21, 1992 (Mon.).....	Polar Bear Swim Starts	

- Swim Program Rules -

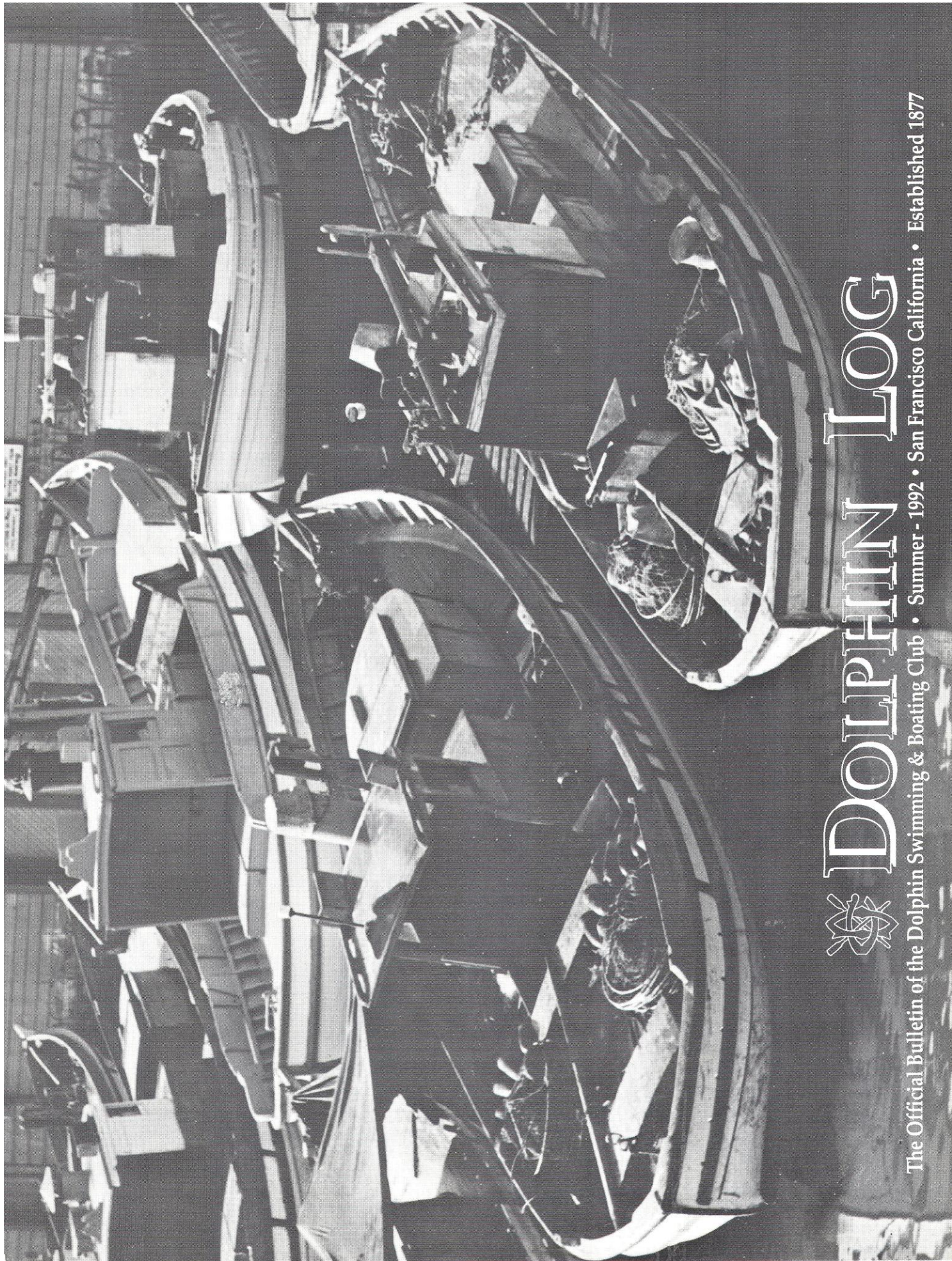
1. Club scheduled swims are restricted to club members only.
 2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
 3. Swimmers must be members in good standing with dues current and swim fees paid.
 4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
 5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
 6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
 7. Swim sign-up sheets are posted two weeks prior to each swim.
 8. Time limits are imposed and enforced for all swims.
 9. All club boats are reserved for scheduled swims; riders are prohibited.
- Additional qualifications for Alcatraz and Golden Gate Swims •**
10. In-town members must successfully complete 2 swims marked with a flower (★) and one other scheduled swim and pilot or help on at least 2 others.
 11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
 12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

Dolphin Swimming & Boating Club

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

RICHARD B. COOPER
STA. B, PO BOX 2546
SAN FRANCISCO
CA 94126

BULK RATE
U.S. POSTAGE
PAID
San Francisco
California 94109
Permit No. 1020



DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club • Summer - 1992 • San Francisco California • Established 1877

Bob Hoff Gives Whittling a Whirl

by Nancy Friedman

When you or I look at a metal egg beater, we imagine omelettes. Life Member Bob Hoff, on the other hand, imagines carved wooden figures animated by the stirrings of the wind. Which probably explains why you and I were down in the kitchen washing dishes while Bob created the whimsical whirligigs that grace the deck outside the Staib Room

"I like to whittle," Bob says modestly. About 10

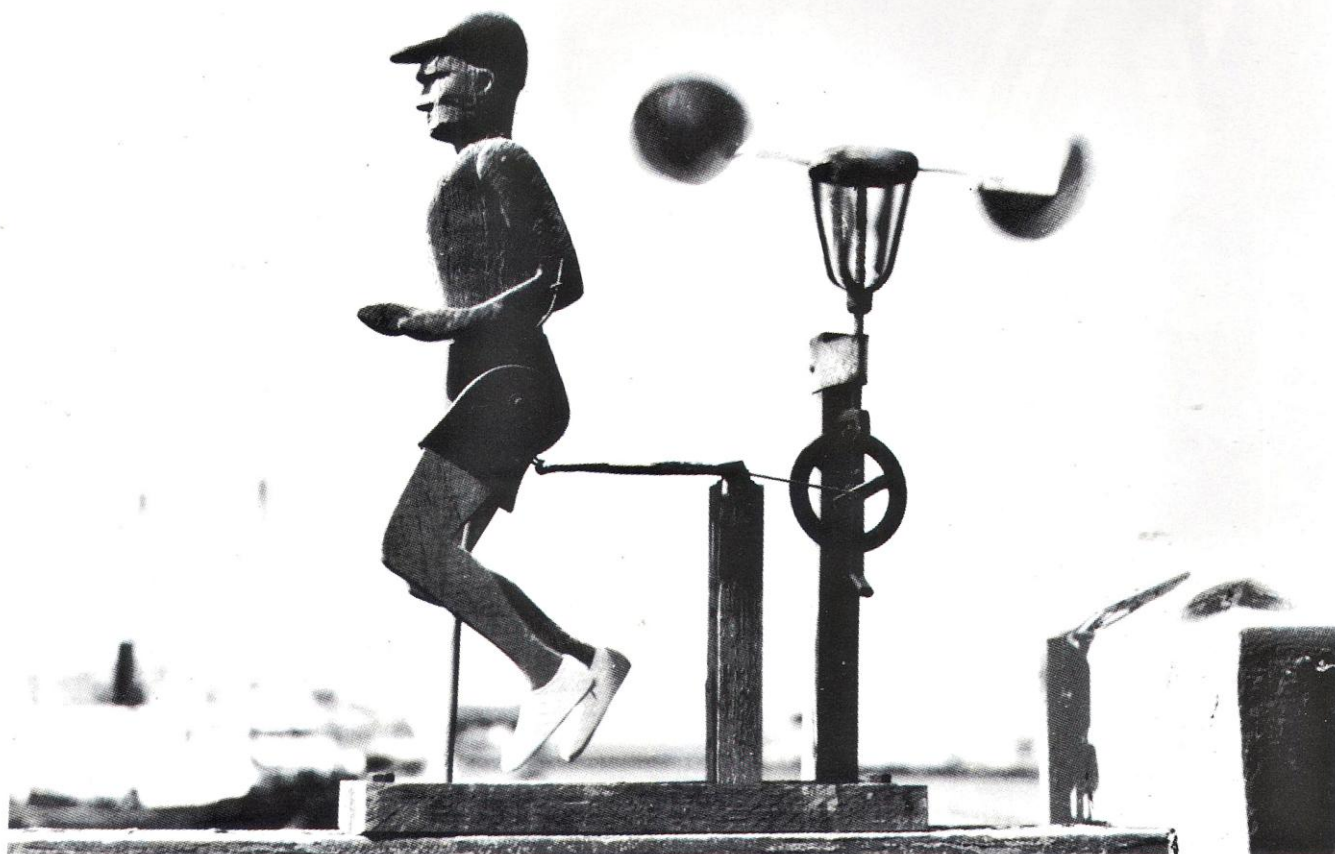
years ago, he decided to make something that moved. His first attempt at a rowboat used a propeller, "but it was noisy. And twice the boat blew off into the garden."

Meanwhile, Bob designed the swimmer whirling, using a wind-cup contraption that harnessed the wind more efficiently. A cam on each shoulder, attached to the corresponding leg, coordinates the kick with the stroke.

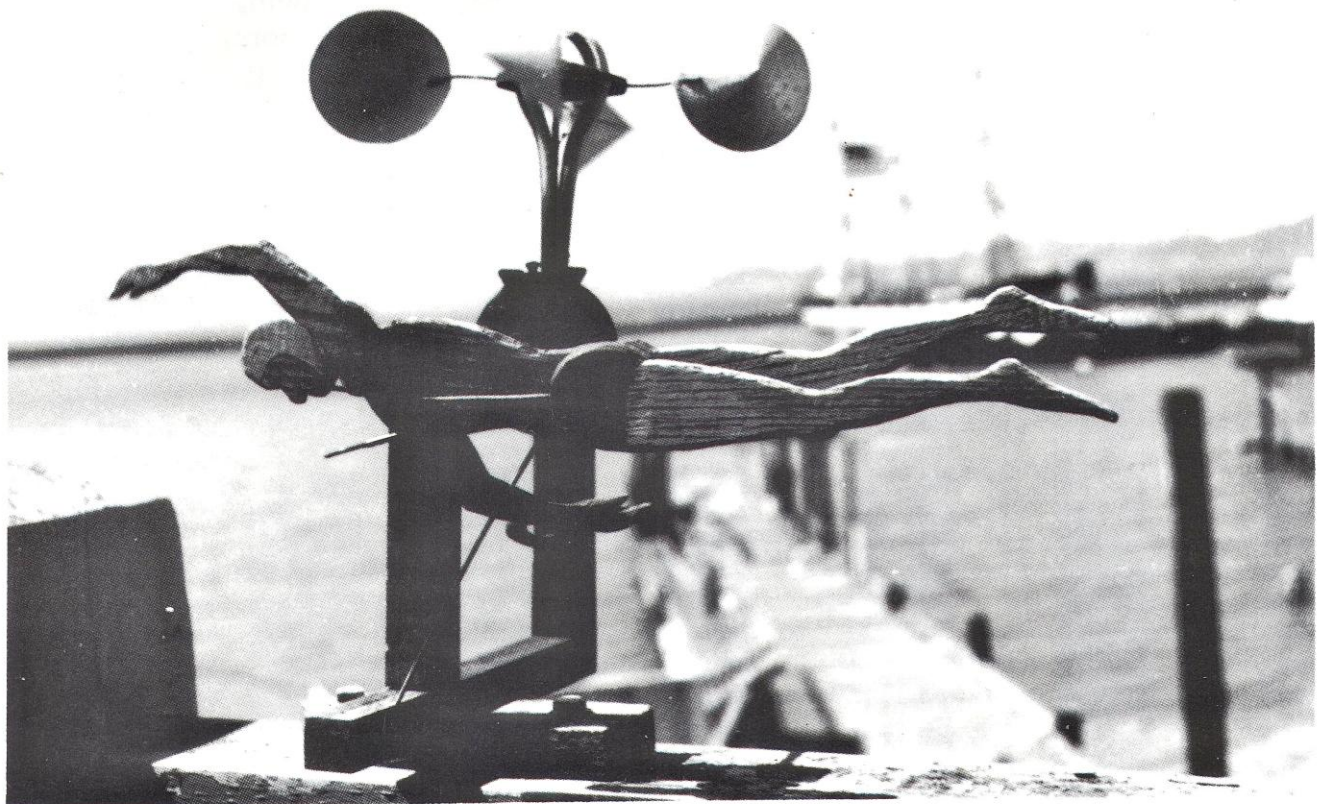
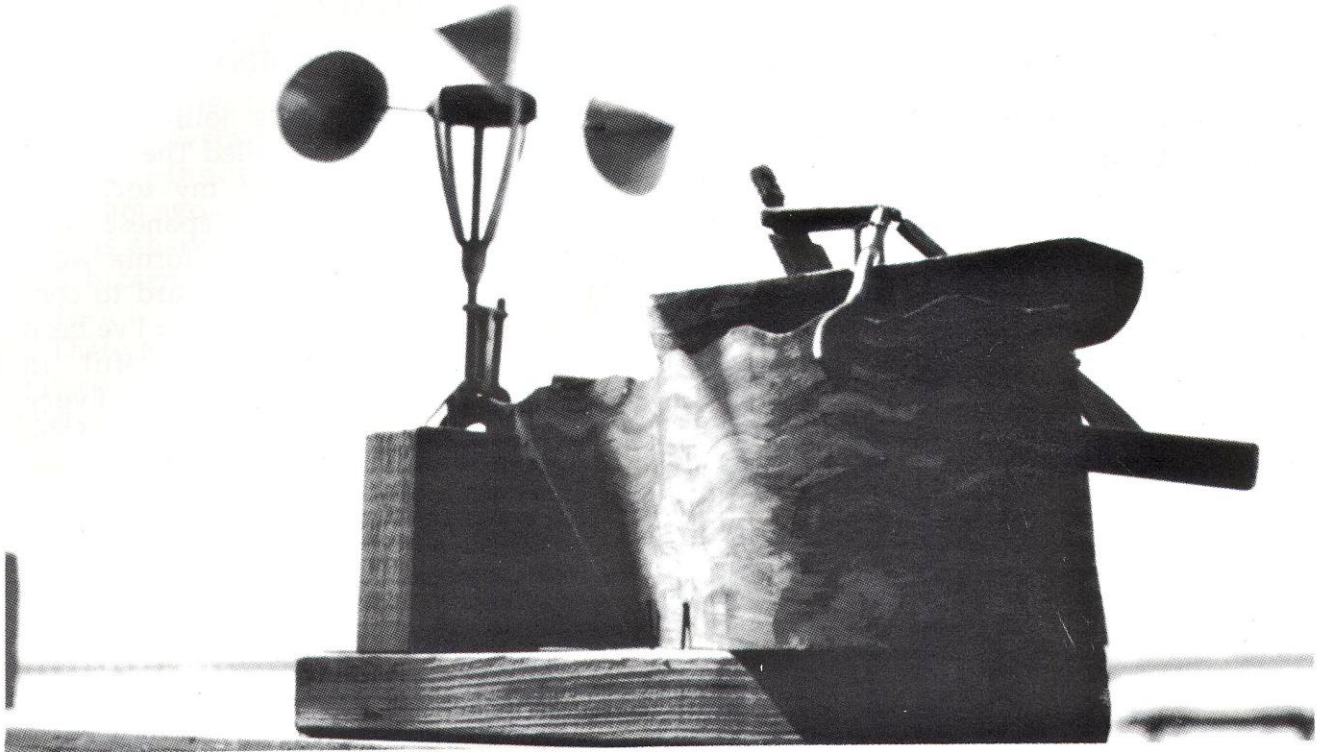
Pleased with the results, Bob turned his attention back to the rowboat. The

problem: how to translate the circular motion of a propeller into back-and-forth action. The solution came during one of Bob's regular cove swims. ("Swimming is great for thinking about problems," he says.) It occurred to him that an eggbeater's cam action is similar to the crankshaft of a car. Flea markets proved to be a good source of old eggbeaters, and during a few more swims he thought up the design details. As the wind turns the blades of the eggbeater, the little oarsman,

continued on page 9



Dolphin John Perino's skilled photograph captures the elegant design of Bob Hoff's runner, part of the triathlon series of whirligigs on display at the Dolphin Club.



The rower and the swimmer complete the triathlon series. Bob Hoff has indicated there are maybe more whirligigs on the way. Watch the Dolphin Club deck for future additions.

Photos by John Perino

Dolphin Bulletin Board

Miscellaneous News and Notes For the Dolphin Club Membership

On The Cover Of the Dolphin Log

Thanks to Dolphin Life Member and legendary oarsman/pilot Andy Camous who took this photo of a portion of San Francisco's crab fleet before World War II.

Escape From Alcatraz Triathlon - October 17

Participants MUST be a member of the Dolphin or South End Clubs. Swimmers

must be a member of either Club for 6 months. Participants must wear a "Day Glow" orange swim cap, available from the Dolphin Club swim commissioner Dave Zovickian.

Bikers must wear a hard shell helmet and obey all traffic rules. Runners must check in at all aid stations. The course will not be marked. It is the responsibility of the participant to know the course and rules of the trail.

All variations of two or three person relay teams will be considered by the committee.

See Susan Allen about two person BLIND DATE relay teams. Now is the time to make your commitment. Applications will be available August 17, 1992. See or call Pete Bianucci with questions... 597-4738

Greeting From Tokyo!

Dear Dolphin Club:

Life here is fast and furious -- maddening at times, but an adventure in any case. It's taken just about six months to feel somewhat comfortable but I'm sure this will come and go. We had a triathlon recently at Oshima Island. Rule #1 was that everyone had to wear a wetsuit! Good grief! Unfortunately there aren't many waterways to plunge here in the big city. Of all forsaken

things, I've joined a running club called The Hash to keep me on my toes. I'm working in a Japanese bank here -- the California work ethic is a little hard to convey to the rest, but I've been somewhat successful in bucking the trend. Every now and then I think of the Dolphins and wonder how you all are. *Tracy Chisholm*

Rowing Training Opportunities

To qualify for taking the Club's boats out, members must complete the rowing training program. The two-day course will be given on the following Saturday and Sunday mornings beginning promptly at 9:00 a.m. and ending at approximately 11:00 a.m.:

- August 8 & 9
- September 12 & 13
- October 10 & 11
- November 7 & 8
- December 12 & 13

Prescription Goggles

The Dolphin Club has been made aware of a company authorized by Speedo to provide prescription swim goggles of exceptional quality.

Best of all, they cost just \$22.50 including extra strap, nose bridge and UPS shipping. Call toll free to: J.D. Pence Aquatic Supply, Inc. 1-800-547-2520 to order by phone.



The Dolphin Log

Editor: Jeffrey Howard Heth

Contributors:

Nancy Friedman • John Bielinski
John Perino • Dave Zovickian
Walt Schneebeli

Published By
The Dolphin
Swimming & Boating Club Inc.
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

1992 Officers

President - Stanley Hlynsky
Vice President - Jon Nakamura
Treasurer- Lorna Newlin
Recording Secty - Mike Webb
Financial Secty- Mary Heth
Boat Captain- Jeremy West

Board of Governors

Larry Alioto
Tin Callahan
Ken Coren
Michael DiNunzio
Colin Gift
Dan Osborne
Meg Reilly
Ann Tingley
David Zovickian

-History Compiled by Walt Schneebe-

100 Years Ago at the Dolphin Club -- 1892

While those were certainly more innocent times 100 years ago, the year 1892 saw its share of excitement and bizarre events, nevertheless.

That year, the country celebrated the 400th anniversary of Christopher Columbus' discovery of the New World.

A world-wide cholera epidemic spread its misery to many.

The infamous Lizzie Borden axe murders were committed.

San Francisco's own James "Gentleman Jim" Corbett was victorious over John L. Sullivan for the world heavyweight boxing title.



And ranking at nearly the

same level of importance, the Dolphin Swimming and Boating Club's 15th anniversary "smoker" was held on October 16.

The announcement for the event is reproduced on

this page and could be easily mistaken for a product of one of today's ultra sophisticated graphic designers.

The following is excerpted from a report of the event which appeared in the S.F. Chronicle on October 17, 1892.

First & Last Warning

Mr. _____


On Sunday, October 16, 1892 at 1 o'clock P. M.

A "smoker" will be given by The

Dolphin S. and B. Club


at the CLUB HOUSE foot of Jones Street

On which occasion you will be required to assist in disposing of regular doses of




COAL OIL
SILVER WATER
HOT LARD



EXTRACTS OF HOPS
SEIDLITZ POWDERS
KENTUCKY JUICE




A select Programme will be given by prominent members of the "profession" between doses of the aforesaid prescriptions




Compliments of



BRUNT & CO. PR. 535 CLAY



• THE DOLPHIN BOAT CLUB •

Barge and Swimming Races at Its Annual Celebration

The Dolphin Swimming and Boating Club held its fifteenth anniversary "smoker" yesterday. Fully 500 friends of the Dolphins were assembled at the shaky boathouse of the club at North Beach when the festivities began.

Over a dozen good singers entertained the crowd with topical songs, while banjo and zither clubs

picked pleasing melody from their instruments. F.B. Staid, George W. Lee, William Blattner, William Ackerson and others made short speeches before a barge race between two crews from the Dolphins was started.

The race was very exciting and was won by the crew of the barge John Wieland, composed of

George Van Gulpen, Adam Schupp, James Pembroke, Edward Sullivan and Thomas Fraser. A swimming race of three-quarters of a mile between James Cowell and John March was won after a hard struggle by the former. The club provided refreshments and sandwiches in plenty and on the whole the "smoker" was a success.

It's A Long, Long Way to Sacramento!

A Dolphin's True Tale of Two Logs

The row to Sacramento this year revives a Dolphin rowing tradition. Life member Les Hendry started it in the early fifties; he was the first Dolphin to make the journey. Ed De Cossio Sr. made the trip every year for 25 years after that. Bill Walden, Walter Stack and Ed Curtis, life members, all made the trip, too.

The Sacramento Union covered the story twice that I've seen; in 1966 (Sept. 5) and (Sept. 7) in 1975. The trip has taken 3 days, 4 days and once was done in 24 hours non-stop. Usually done in double rowboats it has been done in singles. For me this row was special because it is the farthest I've travelled in a rowboat.

We took the double rowboat "Lawton Hughes". Built for the Club in 1938 and designed by a Dolphin Club president. It has a tiller so with three people in the boat one was always steering. This made rowing and spectating much easier because navigating and avoiding hazards was someone else's job. The "Hughes" was just relaunched this year on New Years' Day after an extensive restoration including a new keel, bottom planking frames, thwarts, knees, seats, etc. All work was done at the Club by members. She performed splendidly, as good as new, and showed no wear and tear after a long pull.

What I hope to express with publishing the log of our trip was the fun and excitement of going. It was great fun to tie up to the pilings of the bridge at Steamboat Landing and jump into the water to cool off. Seconds later the whole bridge raised up in the air and a deep water tug pushed a barge through our quiet little swimming hole. It was exciting to make our first campground by moonlight after the first 53 mile leg of the trip searching the banks of Three Mile Slough. It was fun to row the lazy Sacramento River and listen to fishermen talk of a very different feel to the river when the water level rises 19 feet in one day during the winter rains; that explains why those pilings are so tall! It was fun to think of the other Dolphins who had made the trip. It is exciting to plan to go again.

-John Bielinski

1959 - San Francisco to Sacramento • 4-6 September 1959

Ed Curtis, Ed De Cossion, Sr., Les Hendry

Log by Ed Curtis

Friday September 4, 1959

8:25 AM Departed Dolphin Club. High water/tide 12:44 - 5.5

No time Passed W. end of Alcatraz and E. end of Angel Island. Tall (W) wind - rough water.

11:30 AM Red Rock, San Rafael Bridge. Swapped oars with Les Hendry

Strong Eddy near the Brothers. Good progress. Landmarks our guide

11:45 AM Pinole. De Cossio has not rested on oars.

1:00 PM Carquinez Bridge. Lunch

1:30 PM Leave Crockett.

1:45 PM Spotted boat afloat - entrance to Carquinez Strait. Stiffening breeze. Heat of sun.

Enter Suisun Bay. Mothball Fleet. Ships Sounding Board at Point Edith. Mount Diablo. Some bailing needed. Speed approx. 6-7 knots.

4:00 PM Stake Point. Getting into swing of things.

5:00 PM Junction of Sacramento and San Joaquin Rivers. Warm, strong tail wind, rough water astern.

5:30 PM Winds and currents favoring.

Tulies country. Looks dry. Many sailboats going up river. All is well

San Joaquin Point. To Marker #1

No time Sun laying behind us. Cool breeze - good conditions. Swapping oars. Broke out in song "Home On the Range."

7:15 PM Feeling it in the butt back. Hands and seat okay.

1992 -- San Francisco to Sacramento • 14 - 16 July 1992

John Bielinski, Ed De Cossio, Jr., Brian Huse

Log by John Bielinski

Tuesday, 14 July, 1992

9:10 AM Underway from the dock in the Lawton Hughes. This row is dedicated to Ed Curtis, Dolphin Life Member who rowed it in '59 and inspired younger Dolphins to try it. High water 1329 4.8' from a 016' low at 0604 this morning. Slack @ 0604 this morning. Slack @ G.G. @ 0830. John steers, Eddie stork, Brian power.

9:30 AM Passed between Little Alcatraz and Alcatraz. Point Blunt abeam by 9:50. Headed into lee of Angel I., wind up to 12 knots.

10:05 AM Changed rowers. John power, Brian to steer.

10:55 AM Under San Rafael Bridge after passing around west side of Red Rock

11:05 AM Changed positions. Ed to Tiller

11:15 AM Passed between the Brothers.

12:15 AM Pinole Point abeam. Carquinez Bridge in sight.

1:05 PM Rower change. John -- power; Ed - Stroke.

1:50 PM Tied up boat at dock in Crockett

2:45 PM Leave Crockett. Ed - stern; Max current @ 2:11 PM, velocity 2.1 knots.

3:45 PM Change rowers. John to stern sheets. Ed to Stroke.

3:50 PM Benicia R.R. Bridge and highway bridge. Following breeze 7 knots, maybe 10 knots northwesterly. Clear skies, lots of sun.

4:45 PM Change rowers. Ed - stroke; John - power. Buoy 16.

5:05 PM Concord Naval Weapons Station.

5:45 PM Position change. Ed to stern. Antioch Bridge a distant sight.

6:25 PM Pittsburg Power Plant abeam.

6:45 PM Change rowers. Eddie - stroke; John - steers; Brian - power. Ate some brownies, thanks to Megan, at break. Make course adjustments for Sacramento River.

7:15 PM End of Suisun Bay. Confluence of Sacramento and San Joaquin Rivers. Passed between buoys 1 & 2 marking beginning of Sacramento Ship Channel. Wind 12 knots off stern quarter, no current visible at buoys.

7:50 PM Rower change. Ed - stroke; John - power.

8:00 PM Noticeable ebb as we are fully in the River. Following wind and a good swell a welcome help.

8:15 PM Position changes. Ed to stern

7:20 PM Pass 3 Mile Slough. In sight of Rio Vista Bridge.
 8:30 PM Rio Vista. A tiger dark. Main Street Landing. We bed down on City Hall lawn. Wind continues to blow. Sleep well.

Saturday, September 5, 1959

6:00 AM Freshen up in gold fish pond. Can of beans breakfast. Another clear and sunny day. Grease oar locks.
 7:00 AM On our way. Helpful tail wind but river current against us. It's work now. Les is unhappy with progress. Hugging shore to avoid current. Wind has changed.
 11:00 AM Reach Koket. Much activity on River. We take a breather, swim and snooze. Power boats heading for Sac.
 3:00 PM We get some help from the flood tide. Les knew of these fluctuations and we act accordingly.
 5:00 PM Depart for Walnut Grove.
 6:00 PM Walnut Grove and dinner. Cooler temperatures.
 7:00 PM Depart for Steamboat Landing. Looking for a place to camp. Steep bank.

8:30 PM Beautiful sunset. Decide to make Steamboat Landing. Almost run down by motor launch.
 9:00 PM Arrive.
 10:00 PM Bed down under noisy auto bridge. Sleep on boat docks here.

Sunday, September 6, 1959

3:00 AM Push off for Sacramento with some help from the flood. Difficult to see the shore under darkness. Beauty of the night sky -- sounds.

River becomes more winding and interesting due to some riparian (trees) nature of the banks. Early morning sounds -- birds. Day break - roosters, fishermen on the shore. No resting on the oars now -- a steady cadence. Progress steady, but slow.

10:20 AM Arrive Wheeler's #2

End of Log

8:45 PM Underway from Freeport Marina.

8:45 PM Brian to stern.
 9:45 PM Dark now. John to steer. Changing positions on the half hour now.
 9:20 PM Enter Horseshoe Bend.
 9:45 PM Ed steers, John to power. We saw some camping possibilities on beaches east end of Decker Island. Decided to push on to Brannan I. Park and Delta Vista Boat Campground.
 10:15 PM Under lift bridge into 3 Mile Slough, looking for boat campground, found it. Brian steers.
 10:35 PM Tied up to slip in campground.
 Day 1 12 hours on the water. 53 miles logged. 4.4 knots average speed over the bottom.

Wednesday, July 15, 1992

8:45 AM Underway this morning after cleaning seats wheels, seat stays, oarlocks and oar sleeves; regrease everything. John steering, Ed in stroke, Brian in power.
 9:45 AM Change positions. Ed to tiller, John on stroke, Brian on power. Approx. 1.75 miles more to go to Rio Vista Bridge. Tail wind about 15 knots., pulling against river current, and tidal ebb current.
 10:20 AM Tied up in Rio Vista Boat Dock @ foot of City Hall. On our way to breakfast.
 Spoke to Jerry Bettencourt about tidal currents above Rio Vista. He fishes up here and works at City Hall. His recommendation is to plan for currents affected by tide all the way to Sacramento. +4 to +4.5 hours difference on the low water correction for Rio Vista from the Golden Gate. He recommended the Stripper Cafe for breakfast. (Good Hashbrowns)
 12:15 PM Underway from Rio Vista. Ed stroke, John power. Slack water, temperature -d low 90's.
 12:50 PM Enter mouth of Steamboat Slough.
 1:15 PM Changed Rovers. Brian to power, John to steer. 5 to 7 knot breeze, clear sky, hot sun.
 1:35 PM Snug Harbor abeam. 5 nautical miles in 1 hour 40 minutes. 3 knot speed over the bottom.
 2:15 PM Change positions. Ed at stern; John at stroke, Brian at power.
 2:47 PM Retrieved chart that gust of wind blew out of Ed's hands into the water. Passing cable ferry.
 3:05 PM Passing entrance to Sutter Slough.
 3:15 PM Shift change. Ed rows power for first time on trip. Brian drives.
 4:05 PM Re-enter main channel Sacramento River. Tie up at draw bridge and it's a swim and brownies for all at Steamboat Landing. As we were swimming the draw bridge was raised and a barge and tug came through.

4:30 PM Started rowing. Ed power, Brian stroke, John steers. Seems against current here.
 5:30 PM Shift change. De Cossio steers, John stroke, Brian power.
 6:30 PM Ed to stroke, John to power, Brian to collapse.
 7:00 PM Clarksburg.
 7:30 PM Power change.
 7:40 PM River Channel Marker R "20" abeam. Just below Freeport.

8:15 PM Freeport Marina - tied up. \$10 to tie up and sleep on the lawn. Got key to the Marina. Peter D's restaurant across the road.

Day II 7.5 hours on the water/ 27 miles logged. 3.6 knots average speed over the bottom.

Thursday, July 17, 1992

8:00 AM Underway from Freeport Marina. Ed tiller, John stroke. Brian power. Slack water.
 9:00 AM Shift change. Ed to power, Brian to stern. Bucking building ebb.
 10:00 AM Shift change. Brian to stroke, John to steer.

11:00 AM Sherwood Marina. Tied up, drank a beer. Hot.

11:45 AM Found best city of Wheeler's Landing. Half mile beyond Sherwood Marina.

12:45 PM Crossed River and tied up to Sacramento Yacht Club. Old Yacht Club was traditional destination of this row. Marge (member) gives permission to stay while we wait to meet Ruben Hechanova.

3:30 PM Underway from Sacramento Yacht Club. John stroke, Ed power. Had lunch with Ruben at Club Pheasant (Thanks Ruben)

4:10 PM Tie up Miller Park. Lee Caldwell awaiting with trailer. Ruben greets us with champagne shower.
 Day 3 3.5 hours on water, 10 nautical miles rowed, 2.8 knots average speed over the bottom. Total mileage - 90 (nautical). Total Hours Rowing - 23. Average Speed - 3.90 knots over bottom.

End of Log

BBQ's Abound as Swim Season Hits Stride

The dawn of May 16 witnessed 52 eager and enthusiastic Dolphins gathering for the annual Dick Beeler Memorial Crazy Cove swim. Every effort was made to provide the assemblage with a course challenging enough to honor the Dick Beeler name. Judging from an informal exit poll taken at the flags, the course was deemed a success. True to form, Suzanne Heim easily bested the field, including the five who read the writing on the flood and opted for a short course. Once again, Bay swimming demonstrated that the quickest path between two buoys is not necessarily a straight shot.

The May 31st Yacht Harbor swim, traditionally one of the season's most popu-

lar tide rides, did not disappoint the strong field of 72 swimmers. Facing unparalleled competition and stellar conditions, Diana Abele made the most of a most excellent flood to establish a new women's mark in a photo finish, edging John Selmer and Lynn Jolly by one and two seconds, respectively. Flashing a form reminiscent of past glories, a revitalized Elmer Tosta solidified his bid for comeback swimmer of the year kudos with a powerful effort, utilizing strategies that take years and years and years and years to develop. Regrettably, Elmer's quest may be in jeopardy as a consequence of failing the chlorine-o-meter test administered immediately following the swim.

June 14th's Crissy Field

swim showcased Diana Abele in yet another conquest, though this victory did not carry any records. All 52 entrants completed the 2.5 mile course under clear skies.

Pot luck season opened Friday, June 19th with the annual twilight cove swim. This year's midsummer nights classic attracted a modest though quality oriented group of 45 swimmers, led by Suzanne Heim. Prepared for the worst, all comers met the challenge, breezing through the 1.25 mile course under clear skies and mercifully light winds. Just desserts included refreshments courtesy of Henry and Mr. Miller to complement the master grill work of Bob Blum. This year's trinket is guaranteed to be a collectible, thanks to the typesetter's use of the revised Dan Quayle edition of Webster's.

All the stars were out July 12th for the over 60 cove swim. Taking time out from his intense Escape cross training, master of ceremonies Jon Nakamura rallied the 18 senior Dolphins to greater glory. While Glynn Jones defended his title with dispatch, Cecco Mennucci, flanked by the Dolphin fleet, showed that no course is too tough for the galley captain as he graciously rounded out the field. And for the first time



Swimmers just want to have fun. (l to r) Susan Anson, Meg Storey (bride), Mag Donaldson and Dolphin Log writer Nancy Friedman pose at this year's Dolphin wedding celebration.

Dolphin Bob Hoff Gives Whittling A Whirl

- from page 2

carved of oak, slides back and forth in his redwood boat, stroking his oak oars through the air.

Bob works with what he calls "primitive tools" in the basement of his Noe Valley home, where he's lived with his wife, Elizabeth, for the last 30 years. He paints his creations but doesn't varnish them, preferring to

let them weather naturally. He comes out every so often to make minor repairs and lubricate moving parts with WD-40. (The rowboat atop the weight room is not one of Bob's; it was a discard found by Boathouse Captain Jeremy West and donated to the club.)

Bob's fascination with craft began early. He grew up in the Highland Park section

of Los Angeles, where he learned the typesetting trade in high school print shop. Drafted into the Army at 18, he saw combat in Europe in World War II; in 1956 he moved to San Francisco and found a job at the *San Francisco Examiner* as a linotype operator. At 67, he's still there, having survived the revolution from hot type to
continued on page 11

since John Selmer's mid-winter cove triumph February 9th, a Dolphin mer-man was victorious. Coincidentally, no women were entered in the over-60 swim.

Lake Tahoe was the site for the yearly fresh water carnival and swim, with six Dolphin teams as the close, personal guests of the Olympic Club. Continuing a tradition that dates back to the swim's inception, the Water Pigs proudly bore the Dolphin standard. Adding a Dolphin touch to the festivities the pigs did their best to keep swimming from getting in the way of a good time. Being gracious pigs, they shared this philosophy with as many teams as possible, save the blazing Dolphin Trout team. Utilizing a cloaking strategy of swimming like a fast team (something rarely employed by Dolphins), the Trout managed to avoid Pig hospitality, getting across the lake so quickly that mother Trout

Anne Clark was deprived of her second turn in the water. Ultimately, justice prevailed as the dynamic duo of Eduardo Barranco and Neil Hartnett rode in from the horizon to vanquish the Pigs and restore tranquility to the water.

Meanwhile, at a beach far, far away, a select corp of Dolphin women did the Club proud, taking the three mile Seal Beach swim by storm. Team Cadillac, under the direction of Kate Coleman, produced medals by Susan Anson, Kate, Nancy Friedman, Pat McGarvey and Bonnie Winn.

The coming weeks hold promise for just about every desire, at least as pertains to swimming. August 1st marks the annual amphibious assault onto the beaches and B.B.Q.'s of Santa Cruz. With an entourage of about two hundred anticipated, good times are expected all around. Back in the friendly confines of our Bay, the twi-

light Gas House Cove swim on Friday, August 7 will commence an evening of hot dogs and libation, provided for all to enjoy as we salute our many Dolphin pilots.

From around the Bay, Dolphins will converge Saturday August 15th on Petaluma to join in the celebration of their local festival. A jump into the Petaluma River will take participants on a pleasant 1/2 mile course leading to a B.B.Q. picnic. All Dolphins are invited to participate and their friends and family are encouraged to attend. Details are posted on the swim board.

With plenty of B.B.Q.'s under and over the belts of Dolphins and tapering complete, the Golden Gate swims arrive August 22 and 23. As always, check the swim board for sign-up information and updates. And remember, a clean galley is a happy galley.

Dave Zovickian

Dolphin Swim Statistics

Dick Beeler Crazy Cove May 16, 1992

59 degree water, light winds,
mostly clear skies, a beautiful day
for a crazy cove. Low 0577 -1.2;
High 1314, 4.6; Slack 0815; Max
4.2F 1124

1. Suzanne Heim	32:33
2. Sean Kelly	34:28
3. John Selmer	35:00
4. Kate Cronin	36:08
5. Tom McCarty	37:10
6. Laura Burtch	37:29
7. Steve Schatz	39:15
8. John Davies	39:23
9. Tom Schatz	39:43
10. Anne Clark	40:10
11. Paul Watts	40:44
12. Terry Watts	41:26
13. George Kebbe	42:10
14. Brett Graessle	43:27
15. Elmer Tosta	43:58
16. Pat McGarvey	44:37
17. Karen Drucker	44:39
18. Mike Webb	44:54
19. David Rich	45:03
20. Lori Parmer	46:29
21. Mickey Lavelle	46:31
22. Lou Meyer	47:52
22. Larry Scroggins	47:52
24. Bob Colyar	49:15
25. Eric Mellinger	50:15
26. Diane Sosnoski	50:21
27. Eric Schackelford	52:00
28. Joni Beemsterboer	52:15
29. Richard Kosinski	54:17
30. Ken Frank	54:26
31. Tina Scott	55:02
32. Rich Livingston	55:26
33. Doug Chambers	56:34
34. David Copeland	57:07
35. Susan Cobb	57:10
36. Liz Ann Zirker	57:13
37. Roger Kleid	59:42
38. Tom Allen	59:50
39. Nancy Friedman	59:54
40. Susan Anson	60:28
41. John Hornor	61:43
42. Bob Blum	63:00
43. Mark O'Hara	67:39
44. Carol Murphy	67:53
45. Gerald O'Dwyer	70:10
46. George Robin	70:43

47. Larry Alioto 88:35
5 Change of Heart

Pilots: Susan Allen, Rich Antonchuk, Stuart Etzler, Steve Lathram, Mike Martin, Bob Danielson, Celeste McMullin, Meg Reilly, Lindsay Casablanca, Mary Coffey, Ken Coren, Mag Donaldson, Marcia Grimm, Cathy Huang, Susan Lauritzen, Margie Spiegelman, Monica Towers, Neil Hartnett, Bob Hoff, Michael DiNunzio, Andy Camous, Kevin Hartnett, Jim Fagan

Helpers: Bill Callahan, Bill Powning, Tony Reveaux, Milo Fay, Suzanne Heim, Paul Watts, Terry Watts, Bonnie Winn, Cecco, Kate Cronin, Nancy Friedman, Lee Hammack, Babs Keller, Tim Callahan, Diane Schatz, Megan Sullivan, Rick Crafts, Lee Hammack, Anna Henry, Mimi Osborne, Don Reid, Tom Schatz, Steve Schatz, Lou Marcelli, Alan Budenz, John Haymaker, Vince Huang, Tom McCarty, Chuck Vogt, Liz Ann Zirker, Bob Colyar, Sean Kelly

Yacht Harbor

May 31, 1992

Mild winds, high clouds/good visibility, warm spots galore. Low -1.2 @ 0532; High 4.5 @ 1259; Slack @ 0758; Max 4.1F @ 1059; Jump @ 0825 & 0835; 1.5 miles. Most excellent ride.

1. Diane Abele	25:15
2. John Selmer	25:16
3. Lynn Jolly	25:17
4. Tom McCarty	25:57
5. Laura Burtch	26:05
6. Suzanne Dods	26:12
7. Jon Nakamura	26:34
8. Karena Liberty	26:40
9. David Rich	27:31
10. Elmer Tosta	27:37
11. David Zovickian	27:42
12. Bob Colyar	27:56
13. Cathy Huang	27:59
14. Alan Budenz	28:11

15. Bonnie Winn	28:18
16. Mike Webb	28:22
17. Laura Merkl	28:28
18. Karen Drucker	29:13
19. Eric Groneman	29:45
20. Rich Antonchuk	29:59
21. Diane Schatz	30:05
22. Lou Meyer	30:06
23. Gina Rus	30:15
24. Phil Rollins	30:18
25. Larry Scroggins	30:26
26. Megan Sullivan	30:29
27. Pete Neubauer	30:40
28. Dan Osborne	30:57
29. Eduardo Barranco	30:58
30. Rich Livingston	31:03
31. Eric Schackelford	31:16
32. Ken Frank	31:18
33. Nancy Friedman	31:27
34. Kate Coleman	32:06
35. Marcia Grimm	32:30
36. Peggy Lavelle	32:46
37. Doug Chambers	32:51
38. Colin Gift	33:27
39. Monica Towers	33:37
40. Milo Fay	33:58
41. Julie Marcus	34:15
41. Mark O'Hara	34:15
43. Keith Howell	34:18
44. Barry Christian	34:23
45. Flicka McGurrian	34:38
46. Ken Coren	34:35
47. Walt Schneebeli	34:53
48. David Copeland	34:57
49. Mag Donaldson	34:59
50. Nancy Hornor	35:04
51. Mary Sancimino	35:05
52. Anna Henry	35:06
53. Carol Murphy	35:08
54. Liz Ann Zirker	35:09
55. Kathy Zirker	35:10
56. Era Osibe	36:03
57. Chuck Vogt	36:06
58. Joe Cowan	36:15
59. Rudy DeMay	36:25
60. Bob Derham	36:30
61. Kevin Hartnett	36:36
62. Larry Alioto	36:41
63. Susan Lauritzen	37:01
64. Ed De Cosio	37:44
65. Phil Sancimino	37:50
66. Keith Weaver	38:30
67. Will Powning	38:57
68. Don Reid	39:58
69. Lindsay Casablanca	40:05
70. Pete Bianucci	40:11
71. Bill Powning	42:58

72. Phil Kohlenberg 49:20

Pilots: Susan Allen, Susan Cobb, John Davies, Gretchen Graham, John Hornor, Ed Urban, Steve Lathram, Anne Clark, Sam Cuddeback, Jerry Cullen, Bob Danielson, Harry Louie, Mark Lubiszewski, Meg Reilly, Steve Schatz, Meg Storey, Rich Cooper, John Sullivan, Michael DiNunzio, Andy Camous, Jim Fagan, Gwen Passano, Lance Younger, Tom Schatz, Jeremy West

Helpers: Laura Burtch, David Claman, Ken Frank, Elmer Tosta, Cecco, Nancy Friedman, Susan Garfield, Barbara Keller, Rudy De May, Bill O'Brien, Tom Hoffmann, Pam Derks, Mary Heth, Pat McGarvey, Mimi Osborne, Alan Budenz, Bob Colyar, Jerry Cullen, Nancy Hornor, Rich Livingston, Steve Schatz, Tom Schatz

Crissy Field June 14, 1992

Pretty Good Flood, Clear Skies,
Light North Winds, 2.5 miles (10
squares), Jump @ 0850 & 0900.

1. Diana Abele	42:51
2. David Claman	43:17
3. Laura Burtch	44:03
4. Tom McCarty	44:15
5. Kate Cronin	44:24
6. John Davies	44:26
7. Tom Schatz	44:59
8. Suzie Dods	45:06
9. Chris Chorak	45:08
10. Anne Clark	46:01
11. Paul Landes	47:00
12. Ed Urban	47:30
13. Alan Budenz	48:08
14. Mike Webb	48:31
15. Elmer Tosta	49:00
16. Bonnie Winn	50:03
17. Pat McGarvey	50:04
18. Joe Ferrero	51:06
19. David Marten	51:14
20. Phil Rollins	51:32
21. C. Von Blankenberg	51:37
22. J. Beemsterboer	52:21
23. Mark Richard	52:23
24. Mark Lubiszewski	52:24

25. Lou Meyer	52:27
26. Kate Coleman	52:29
27. Megan Sullivan	52:33
28. Gina Rus	52:44
29. Eric Shackelford	53:15
30. Peter Neubauer	53:44
31. Rich Livingston	53:45
32. Krist Jake	54:57
33. Eric Mellinger	55:01
34. Susan Anson	55:25
35. Nancy Friedman	55:32
36. Dave Copeland	55:54
37. Liz Ann Zirker	56:00
38. Eduardo Barranco	56:20
39. John Horner	57:10
40. Jude Stalker	57:57
41. Marcia Grimm	58:59
42. Kathy Zirker	59:10
43. Susan Cobb	59:31
44. Roger Kleid	60:11
45. Jerry Cullen	60:13
46. George Gara	60:57
47. George Robin	61:12
48. Carol Murphy	61:47
49. Joe Cowan	62:09
50. Nancy Horner	62:35
51. Susan Lauritzen	63:57
52. Mary Cantini-Norkin	64:12
53. Larry Alioto	65:13
54. Will Powning	66:40
55. Keith Weaver	67:24
56. Don Reid	70:39
57. Bill Powning	79:14
58. Phil Kohlenberg	82:00

PILOTS: Susan Allen, Dang Nguyen, Phil Fernandez, Marla McGowan, Bob Danielson, Colin Gift, Don Harrison, Harry Louie, Meg Reilly, Chuck Vogt, Rich Cooper, Diane Schatz, Jim Growden, Andy Camous, Dan Osborne, Jim Fagan, Kevin Hartnett, Neil Hartnett, Steve Pinetti, Warren Welter, Barry Christian, Ann Tingley, Ken Frank, Gwen Passano, Ed De Cosio, Stan Hlynsky, Lance Younger, Flicka McGuirrin

HELPERS: Larry Alioto, Rich Livingston, Mark O'Hara, Matthew Sheridan, David Claman, Anne Clark, Chris Kelly, Pete Neubauer, Lorna Newlin, Meg Reilly, Anne Sasaki, Elmer Tosta, Cecco, Nancy Friedman, Rudy DeMay, Tom Hofmann, Steve North, Bill O'Brien, Dodi Marosi, Mary Heth, Cathy Huang, Pat North, Mimi Osborne, Lou Meyer, Kathy Zirker, Era Osibe, Walt Schneebeli

Twilight Cove

June 19, 1992

Clear Skies with light to moderate winds. 1.25 miles, jump @ 1815. High @ 1619, 4.7; Low @ 2110, 2.9

1. Suzanne Heim	22:51
2. Laura Burtch	25:46
3. Jon Nakamura	26:05
4. Karena Liberty	26:43
5. Tom Schatz	27:05
6. Alan Budenz	27:53
7. Laura Merkl	29:10
8. Rick Crafts	29:27
9. Susan Allen	29:40
10. Mike Webb	30:30
11. Dan Osborne	30:43
12. Richard Kosinski	31:07
13. Megan Sullivan	32:47
14. Diane Schatz	33:04
15. Mark Richard	33:05
16. Joni Beemsterboer	33:12
17. Celeste McMullin	33:13
18. Kate Coleman	33:15
19. Rich Antonchuk	33:20
20. Eric Shackelford	34:05
21. Tina Scott	34:19
22. Chris Jake	35:25
23. Susan Cobb	35:54
24. Ken Frank	36:07
25. John Horner	36:57
26. Milo Fay	37:30
27. Barry Christian	37:36
28. Keith Nelson	38:30
29. Mark O'Hara	38:46
30. Kathy Zirker	39:10
31. George Gara	40:27
32. Peggy Lavelle	41:01
33. Nancy Horner	42:30
34. Bill Callahan	43:45
35. Warren Welter	45:20
36. Pete Bianucci	45:53
37. Will Powning	45:54
38. Steve Pinetti	46:11
39. Joe Cowan	46:35
40. Rudy DeMay	47:05
41. Larry Alioto	47:09
42. Meg Reilly	48:46
43. Nick Zoller	49:56
44. Cathy Direen	49:59
45. Keith Weaver	50:42

PILOTS: Sam Cuddeback, Hank Kosinski, Steve Worthington, Phil Fernandez, Ken Coren, Bob Danielson, Monica Towers, Lou Meyer, Jon Bielinski, Ted McKown, Kevin Hartnett, Eduar-

do Barranco

HELPERS: Patrick Freillinger, David Marten, Matt Sheridan, Nancy Horner, Mark O'Hara, Tony Reveaux, Gina Rus, Anne Sasaki, Roger Kleid, Cecco, Padraic Doyle, Megan Sullivan, Diana Abele, David Claman, Anne Clark, Lisa Leffingwell, Mark Lubiszewski, Marla McGowan, Lorna Newlin, Mimi Osborne, Nick & Bruno, Alan Budenz, Ken Frank, Keith Nelson, David Rich, Joe Schatz, Eric Shackelford, Nick Zoller, Bob Blum

Over 60 Cove

July 12, 1992

Low @ 0451, -0.5; High @ 1211, 4.7.

1. Glynn Jones	09:47
2. Jack Bettencourt	11:51
2. Jerry Cullen	11:51
4. Ted McKown	12:36
5. Herb Madden	12:43
6. Don Harrison	13:23
7. Nick Zoller	14:02
8. Walt Schneebeli	14:19
9. James Vanya	14:48
10. Don Reid	15:55
11. Bob Hoff	16:17
12. Peter Butler	16:20
13. Bill Powning	16:30
14. Joe Bruno	18:14
15. Charlie Rockwood	19:47
16. Hal Miramonte	23:22
17. Bill O'Brien	35:03
18. Cecco Mennucci	38:47

PILOTS: Pete Bianucci, Rich Antonchuk, Bob Derham, George Gara, John Selmer, Mary Cantini-Norkin, Colin Gift, David Rich, Lance Younger, Jim Fagan, Jon Bielinski, Ed De Cossio

HELPERS: Brian Huse, Bob McKenzie, Jon Nakamura, Susan Anson, Pat McGarvey, Alan Budenz, Nancy Friedman, Roger Kleid, Laura Burtch, Cathy Direen, Anna Henry, Peggy Lavelle, Anne Sasaki, Mark Birchard, Suzie Dods, Mag Donaldson, Glynn Jones, John Lennox

Bob Hoff
- from page 9
computers.

Bob recalls his introduction to the Dolphin Club. "I was living in a bachelor apartment at Hyde and Bay," he says. "A friend who went running at Aquatic Park told me there was a nice group of people down here, so I started coming myself. We'd go swimming and then build a big fire on the beach to get warm. Talking to some of the other guys, I learned about the Dolphin Club." He joined in 1960, becoming a regular swimmer and rower; he completed this year's over-60 cove swim in 16:17 and turns out regularly to pilot out-of-cove swims.

Just last year, Bob completed the "triathlon" series with his runner whirligig. He's already thinking about new designs. "Several women have asked me to make a female figure," he says, "so I may try that. A bicyclist would be good, too. Or a weight lifter." And he adds with characteristic self-effacement: "There are possibilities."

1992 Swim Schedule

- Date -	- Event -	- Jump-Off
December 21, 1991 (Sat.).....	Polar Bear Swim Starts	
January 1 (Wed.).....	New Year's Day Cove Swim.....	09.00
January 1 (Wed.).....	★ New Year's Day Alcatraz	08.30
January 19 (Sun.).....	★ Mid-Winter Gas House Cove Swim.....	08.15
February 9 (Sun.).....	Mid-Winter Cove Swim.....	09.00
February 29 (Sat.).....	★ Leap Year Pier 41.....	09.30
March 21 (Sat.).....	Polar Bear Swim Ends	
March 21 (Sat.).....	Spring Cove.....	09.00
April 11 (Sat.).....	★ Pier 39.....	08.30
May 16 (Sat.).....	★ Dick Beeler Crazy Cove.....	09.00
May 31 (Sun.).....	★ Yacht Harbor.....	08.15
June 1 (Mon.).....	100 Mile Swim Starts	
June 14 (Sun.).....	★ Crissy Field.....	08.15
June 19 (Fri.).....	★ Twilight Cove - Pot Luck BBQ to Follow.....	18.00
July 12 (Sun.).....	Over 60 Cove.....	09.00
July 18 (Sat.).....	Trans Tahoe Relay.....	07.30
July 26 (Sun.).....	★ Doc Howard--Over 45 - From Gas House Cove.....	08.45
August 1 (Sat.).....	★ Santa Cruz Pier Swim.....	11.00
August 7 (Fri.).....	★ Twilight Gas House Cove & Pilot Appreciation Pot Luck Dinner.....	18.00
August 22 (Sat.).....	Golden Gate I - Fast Day.....	08.40
August 23 (Sun.).....	Golden Gate II - Slow Day.....	09.40
August 29 (Sat.).....	★ Fort Point.....	08.30
September 5 - 7.....	Gold Lake Getaway.....	09.00
September 18 (Fri.).....	★ Twilight Pier 41- Pot Luck BBQ to Follow.....	18.00
September 27 (Sun.).....	Handicap Cove.....	09.00
October 4 (Sun.).....	Alcatraz.....	08.00
October ? (Sat. or Sun.).....	Dolphin/South End Triathlon.....	????
October 17 (Sat.).....	Escape From Alcatraz Triathlon.....	09.30
October 25 (Sun.).....	Bay Bridge To Club.....	13.00
October 31 (Sat.).....	100 Mile Swim Ends	
November 14 (Sat.).....	Annual Swim/Pilot Appreciation Dinner.....	19.00
November 22 (Sun.).....	Introduction To Bay Swimming.....	09.00
November 26 (Thurs.).....	Thanksgiving Day Cove.....	09.00
December 20 (Sun.).....	New Year's Day Alcatraz Qualifier.....	09.00
December 21, 1992 (Mon.).....	Polar Bear Swim Starts	

- Swim Program Rules -

1. Club scheduled swims are restricted to club members only.
 2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
 3. Swimmers must be members in good standing with dues current and swim fees paid.
 4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
 5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
 6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
 7. Swim sign-up sheets are posted two weeks prior to each swim.
 8. Time limits are imposed and enforced for all swims.
 9. All club boats are reserved for scheduled swims; riders are prohibited.
- Additional qualifications for Alcatraz and Golden Gate Swims •**
10. In-town members must successfully complete 2 swims marked with a flower (★) and one other scheduled swim and pilot or help on at least 2 others.
 11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
 12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

Dolphin Swimming & Boating Club

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

RICHARD B. COOPER
STA. B, PO BOX 2546
SAN FRANCISCO
CA 94126

BULK RATE
U.S. POSTAGE
PAID
San Francisco
California 94109
Permit No. 1020



DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
Fall - 1992 • San Francisco California • Established 1877

Dolphin Bulletin Board

Miscellaneous News and Notes For the Dolphin Club Membership

Halloween Work Party Lake Merced Boat House

You are invited to join a work party on October 31, 1992 at 9 a.m. on the premises of the beautiful Dolphin Club Boat House at Lake Merced, Harding Park, San Francisco. Please bring all the tools you can find around the house, your energy and a great appetite for brunch, following immediately after the jobs are done. Food and refreshments will be provided.

Door Prizes Wanted

Door prizes are needed for the annual Swim Dinner, slated for November 14th. Contact Dave Zovickian, swim commissioner for more information.



The Dolphin Log

Editor: Jeffrey Howard Heth

Contributors:

Mag Donaldson • Dave Zovickian

Walt Schneebeil

Photography by Barbara Keller

Published By

The Dolphin

Swimming & Boating Club Inc.

502 Jefferson St.,

San Francisco, CA 94109

Organized in 1877

1992 Officers

President - Stanley Hlynsky

Vice President - Jon Nakamura

Treasurer - Lorna Newlin

Recording Secty - Mike Webb

Financial Secty - Mary Heth

Boat Captain - Jeremy West

Board of Governors

Larry Alioto

Peter Bianucci

Ken Coren

Michael DiNunzio

Colin Gift

Dan Osborne

Meg Reilly

Ann Tingley

David Zovickian

Lanzone To Be Honored By Jewish Museum

On November 17 lovers of art, fine food and all things Italian will gather in the Fairmont Hotel Venetian Room to honor Modesto Lanzone, one of S.F.'s most spirited and well-known residents. The event is the annual gala auction and dinner to benefit the Jewish Museum S.F. Mr. Lanzone is a Trustee of the Museum.

The evening will include a cocktail reception, dinner, live auction of a select number of spectacular vacation and arts packages, and a tribute program. Tickets are \$175 for regular tickets and \$250 for patrons.

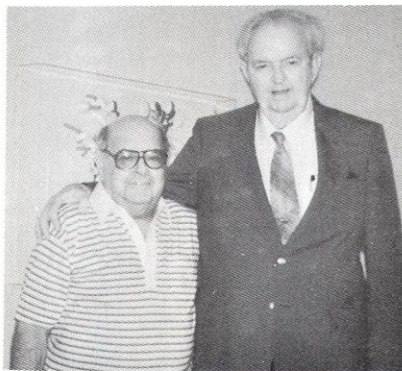
For further information, call 543-8880.

Clarification

In the Summer, 1992 issue of the *Dolphin Log*, due to an editing error, it appeared as though the rowers' log of the 1992 S.F. to Sacramento journey was written entirely by John Bielinski. Actually, the log was a joint effort of John's with the other participants Ed De Cossio Jr. and Brian Huse. The three men shared the journal duties along with the rowing effort.

Desmond Finds "Squeaky" in Vegas

Old time Dolphin Henry "Squeaky" Mozzetti has been discovered living in Las Vegas Nevada by life member Mike Desmond Jr. Anyone belonging to the club before the mid-50's won't forget "Squeaky".



Henry "Squeaky" Mozzetti (l) with Mike Desmond Jr.

Rowing Training

Two more rowing training weekends are scheduled this year: November 7 & 8 and December 12 & 13. Training starts at 9 a.m. See notice in boat-house for details.

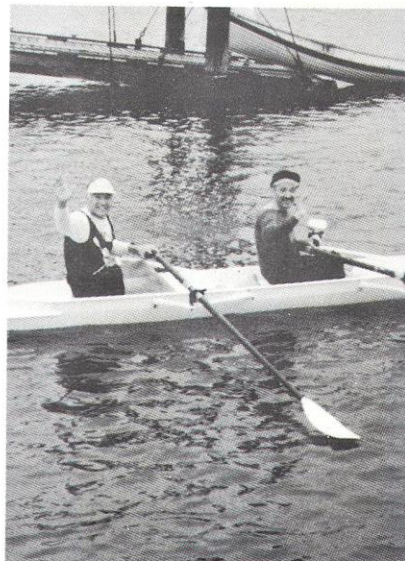
Dolphins Win South End Regatta

Sept. 20, 1992. Sparking renewed interest in competitive Bay rowing, the Dolphin Club entered four craft in the South End Open Water Rowing Regatta.

Life Member Jim Morino with Heinz Wichelhaus rowed the Tom Troneum to out-distance the field of 27 boats to capture the event, a 5.5 mile course, in 48:02 minutes.

The Troneum is a double recreational shell usually stowed at Lake Merced. Named for long time beloved rowing coach, Tom Troneum, the boat again showed her colors to the field.

Member Bill Post along with Oakland resident Bob Kidd stroked Posts's Maas 29 to eighth place in 52:50 followed closely by the Mike Mendelson/R. Younger pair. Flicka McGurrin turned in a respectable 1:11 in her small craft single. Finally the redoubtable Jim Hogan rowed the sole wooden entry, the Whitehall variation Good Luck, to a 1:20 finish.



And the winners were! Jim Morino (l) and Heinz Wichelhaus.

Dolphin Relay Team Crosses English Channel

Semi-Organized Thoughts on a Harebrained Idea

by Mag Donaldson

It began innocently enough. "I've been meaning to ask you something", she said. "I'm putting together a team of women to swim the English Channel late next summer. Are you interested in joining us?" I slowly looked around to see who she was talking to and realized that I was the only other person on the deck. She must know I'm slow but she probably doesn't know that 5 years ago, I couldn't swim the length of a 25 yard pool. Why reveal that now - OF COURSE I WANT TO BE ON THE TEAM - do I really want to do it or am I just thrilled to be asked? Time will tell but I've never been one to back down from a challenge.

It seems to be an overwhelming project -- so many details to work out. The team is in place -- time to divvy up the tasks -- Pat makes the contacts with the Channel Swimming Association, picks a neap tide and lines up a pilot -- Bonnie handles the finances -- Pam finds us a place to stay -- Suzie and Laura practice swimming really fast -- I handle the sponsorships, PR and airlines -- and we all train as much or more than we can find time for -- in the Bay, in the pool, in the weight room, on the road, on the trails and at the table - for 8 months. I hope lovers, close friends and family remember who we

are and can fit us back into their lives when we return from this insanity.

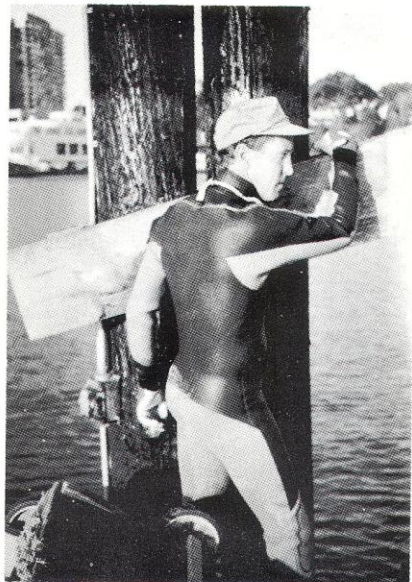
Questions, questions, questions. How to get and stay warm on the boat -- call the Patagonia technical people -- good idea -- they come through with a great layering system and some healthy discounts. Can my bank account handle this plus the recession -- no way -- maybe a sponsor -- Danskin is introducing a new line of "serious swimwear for serious athletes" -- need a hook -- how about "see a world record set by serious swimmers wearing Danskin swimwear" -- they went for it -- but get serious, a world record when 5 years ago you couldn't swim 25 yards? -- those other guys better put some speedwork in their schedules. Will weight training help -- ask Cindy Olivari, former Olympic cyclist -- she's on loan to us from the Courthouse Athletic Club -- yes indeed and you've got enough stuff right here at the Dolphin Club to do a decent program -- before or after swimming? -- preferably on your off days? What to eat on the boat -- old pros make a lot of suggestions -- Maui potato chips, Powerbars, Digestive biscuits, smoothies, water, nothing -- we settle on apple-flavored Cytomax, Power Bars, peanut butter and jelly sandwiches and water. What to do about seasickness -- patches, Dramamine, accupressure bracelets, ginger,

Sealegs -- maybe it'll be smooth sailing -- when's the last time the English Channel saw flat water? -- I hear it was back in 1978 when Penny Dean took her swim -- will we really want food?

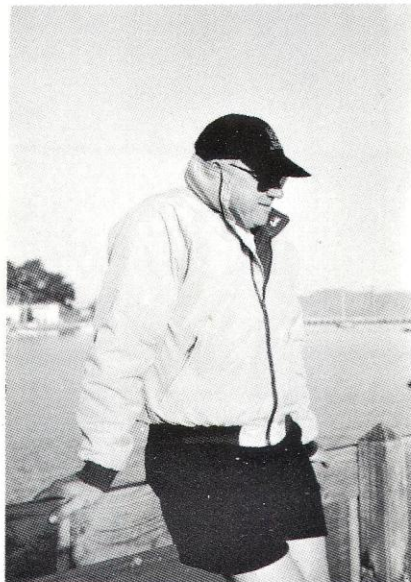
D-Day (departure day) -- September 1, 1992 -- What? one of the fast swimmers needs helper-drugs to get on a plane? -- hope we don't have to swim immediately. We're wearing our team shirts -- they're pretty obvious -- why doesn't anyone on this full 747 say anything -- could this be the first indication of the unimportance of this swim to the rest of the world? Who knows how long we've been travelling -- finally, Dover and our home away from home -- the Tower Guest House complete with mother Doreen. Two swimmers test the waters off the rocky beach at Dover Harbor. Big surf, water temp. about 60 degrees. Headlines in the paper -- "STORM BRINGS 70 MPH WINDS TO THE CHANNEL" -- waves break easily over the 20 ft. sea-wall -- the waiting game begins. Time passes oddly here, some swimmers have been waiting 4 or more neaps for an opportunity to swim.

Life in Dover is like a never-ending Monty Python skit -- we are celebrities in our guest house -- a little girl wants our autographs -- other guests leave messages in the register like "enjoyed

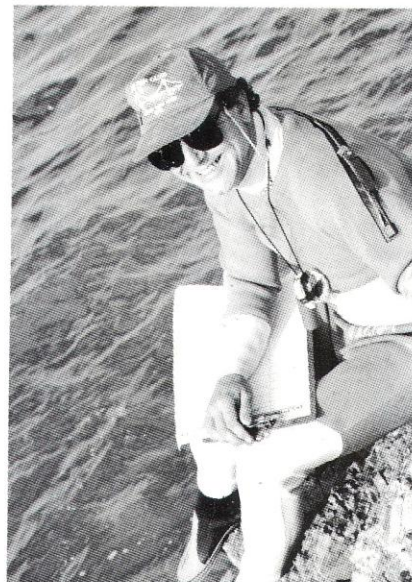
- turn to page 4



Barry Christian adjusts the apron on the Dolphin Club dock.



Neal Hartnett in disguise strikes a pose on the Dolphin Club pier.



Mike DiNunzio takes a perch on Lime Rock at this year's Golden Gate swim.

Harebrained Idea Becomes a Reality For Dolphin Team

- from page 3

meeting and listening to the swimmers - they certainly are lively" -- an older man steps out to meet us -- he is very short -- says he has been training for a Channel swim for 25 years and it certainly has worn him down. "I used to be 6'4" tall."

September 3rd and we get "the call" from our pilot -- maybe we'll go tomorrow if the storm moves out quickly enough -- we'll know in a few hours -- suddenly I'm very cold, shivering, and my legs won't stop shaking -- I don't think I can do this -- I'm not ready -- what do you mean you're not ready, you've been training for 8 months to swim one maybe two hours -- yeah but the Channel swim that used to be a vision, a fantasy is now a reality and I don't have a grip on it mentally. Maybe my vicious American eagle press-on tattoo will help -- another phone call, no swim tomorrow -- suddenly, I'm warm, my legs are steady, my brain has stopped pinging.

We meet our pilot, Dave -- yes, there are pilots named Dave in England also -- see our boat, swim in the harbor, meet and talk with other swimmers who are waiting to swim or swim again -- encounters with other swimmers mainly happen while treading water in the harbor -- 10 a.m. seems to be the time for expectant Channel swimmers to get in for their daily workout -- why doesn't that German woman

talk with us for long? -- she can't tread water very well, she has no feet -- there are some amazing stories here about determination and courage.

September 4th we get "the call" again -- do we want to go tomorrow -- between two storms -- not the best conditions -- just give us an opportunity to try it. Jump off is 4:30 a.m. This time, no panic attack -- the extra day, meeting the pilot, seeing the boat, talking with other swimmers must have helped. Apply the patches. Eat that ginger. Apply the tattoos -- some say it's stupid -- I say it gives me a mental edge. Pack and repack the gear bags -- so many things to remember -- don't forget the cameras and remember your goggles. Make sure the taxi will be here tomorrow morning.

Alarm rings at 2:15 a.m. -- is anyone asleep? Go to the bathroom about 15 times -- where's Laura -- coffee, oatmeal and toast -- is Laura up? -- check the gear -- someone get Laura up -- load the tape deck with the pump-me-up music -- did Laura eat? -- make 89 million peanut butter and jelly sandwiches, fill the thermos with hot sugary tea, prepare the Cytomax concoction -- time to go -- bring your oatmeal with you, Laura, the taxi is here.

It's happening -- we're motoring over to Shakespeare beach -- our first swimmer is listening to a Madonna tape -- our faces are starting to look nervous or maybe those are just our

game faces. It's pitch black with rolling seas -- we put a light stick under Laura's goggle strap and chuck her overboard. She swims to shore -- the observer has a spotlight on her as she begins our odyssey -- it's 4:29 a.m. Dave has warned Laura that he will be motoring well ahead of her so don't panic -- he has to clear the way of lobster traps.

Not much room in the back of the boat -- it's a 50 year old 36' Navy sailboat -- Dave built the cabin and its quite roomy, leaving very little deck space. No one dares to venture into the cabin. Laura is really swimming well -- covers about 3 miles in that first hour -- Dave is ecstatic -- we're being pulled east by the flood tide -- even with a neap, high water is over 15 feet.

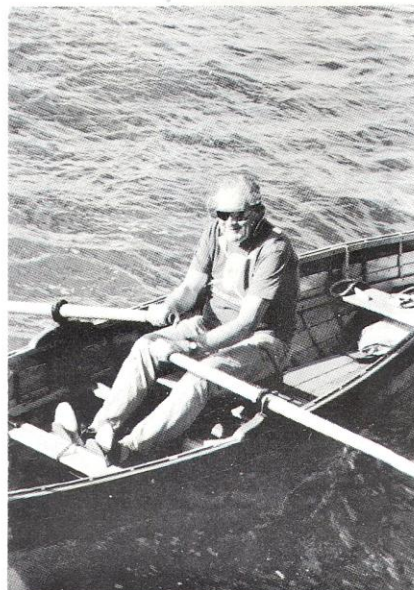
The rolling seas start taking their toll early -- none of us is feeling great -- Pat is the first to fall -- Suzie gets in for her swim while feeling the early effects of seasickness -- Laura feels good about her swim for about 10 minutes and then she gets a terse reminder of what she ate for breakfast -- she heads to the front deck with a sleeping bag to lie down, warm up and regroup for her second hour. There is less and less chatter -- both seasickness and the enormity of our effort have settled in -- we are drawing into ourselves to find the reason and the strength to get in the water. Remember to take pictures -- I conclude that photography and



Tracy West is looking about as glamorous as one can get in a Dolphin Club boat.



Lou Marcelli barks out "No Bare Feet in the Staib Room" to anyone who might be listening.



Life member Jim Fagan pulls the oars on the 1992 Golden Gate.

swimming require opposing skills -- why didn't we hire a photographer?

The chop is getting bigger -- my turn is getting closer -- it's been 7 hours since breakfast with no food or water since -- how long can the comforting, filling effects of oatmeal last? -- 5 minutes to go -- I strip off my warmups, ungraciously hang off the back of the boat to pee and jump in the water behind Bonnie. I immediately take in two full gulps of seawater and know why people are puking in the water. I'm on the left side of the boat because I breathe to the right but I'm being swept to the other side -- I can't seem to control my direction -- I fight to get back to the left but almost get hit by the trailing dinghy. I'm alongside the boat but it's too close -- I'm being swept into it -- if I touch it, we're disqualified -- I see the observer on deck watching me -- my first and only moment of panic -- get away from the boat -- the water wants me on the other side so that's where I'm going -- no chance of touching the boat over there. The swells are getting bigger -- I feel like I'm on the Santa Cruz roller coaster. I'm definitely like a cork out here, rudderless, being controlled by a bigger force -- I must have done something to piss off the Channel gods. I see people on the boat tying ropes onto all kinds of stuff and throwing it overboard -- must be trying to slow the boat down -- the wind is really blowing it. A wave flips me over and I no longer have any sense of direction -- I can't

see the pilot boat -- I can see three enormous container ships in my way -- or am I in their way -- can they even see me? -- I have my out-of-cove orange cap on -- why am I laughing -- maybe I'm no longer afraid of death as long as I die doing something I enjoy -- wait a minute, I'm enjoying this? I hear the pilot boat whistle -- the signal that I'm too far away but where are they -- way over there on the other side of those water mountains -- if the boat is heading for France that means I'm heading for England -- something's wrong with this picture. How long have I been out here -- Pam is giving me some sort of signal -- what does two hands straight up mean? Keep stroking -- it's weird to be stroking and all of a sudden be pulling nothing but air. Get closer to the boat -- everyone is on the deck looking at me -- what am I, some kind of comic relief out here, bobbing around like a cork? Maybe they're worried that I'm in trouble -- little do they know that I'm having the time of my life. Lots of frantic waving -- my time is up -- What, my time is up already? -- Laura is in the water -- just grab the dinghy and we'll pull you in -- sounds easy after what I've been through -- I've got it but it slips away -- I've almost got it -- you're moving too fast, you're pacing Laura -- I can't catch up -- this is very undignified. Finally, pulled aboard that rolling boat to face the triple challenge of getting dry, getting warm and getting ready to go again.

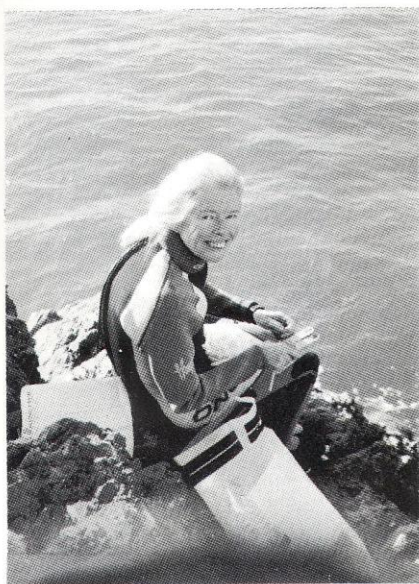
Each leg of the swim is harder as we get more and more depleted and are unable to hydrate or feed. No one can offer much support -- somehow Bonnie has been able to stay well -- she and Pam have had the extra burden of monitoring all the swimmers. It's amazing to me that each swimmer is able to muster the resources to get in the water for the second round -- I begged them to swim fast so I wouldn't have to swim again -- I lied to them, telling them that I only brought one swim suit and don't make me put on a wet suit. The record is gone but no one cares -- we know we can finish the swim -- we can see people on the shores of France. Bonnie finishes in a high surf -- touching France just east of Cap Gris Nez at 3:11 p.m., 10 hours 42 minutes after our start -- no one has the energy to swim to shore with her -- French beachwalkers stare with curiosity at Bonnie as she jumps up and down and waves madly -- could it be that they have no idea what we've just accomplished? We have a moment of euphoria and a minor celebration when she returns to the boat. We are grateful for a successful crossing.

Dave wants to find the only remaining team out here -- three teams and one solo started -- the solo and the Australian team quit. The remaining team is the British Royal Navy -- we find them -- they're a couple of hours out -- Dave calls out, "You might as well pack it in, it's already been done once today" -- I would rather offer them some encouragement -- they are gracious in their congratulations -- we finally head home, 3 1/2 more hours on the water.

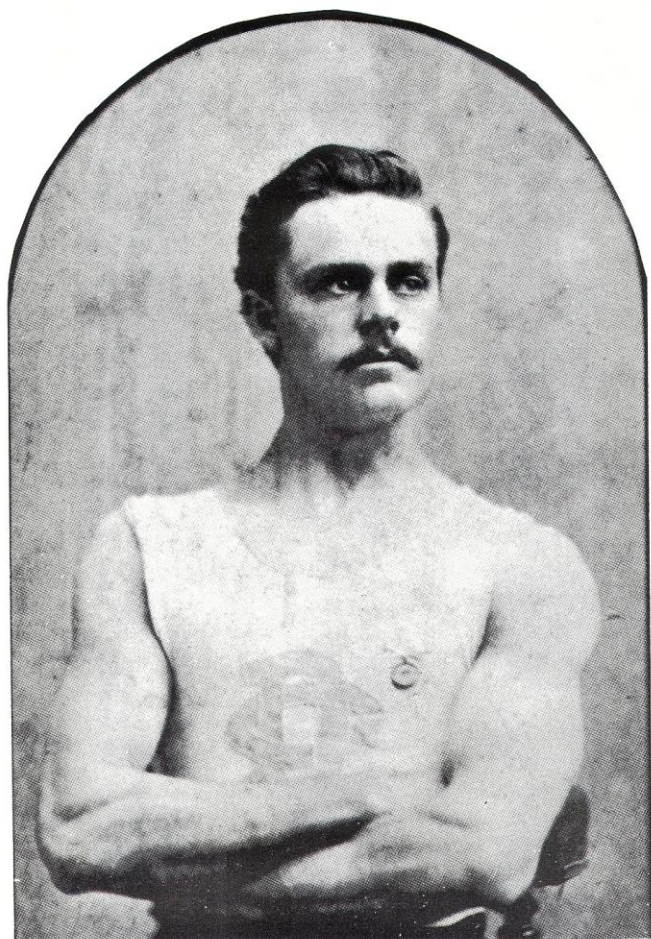
What waits for us is a victory celebration -- champagne, roses, heartfelt congratulations, warm hugs, tuna sandwiches and glazed doughnuts, each lovingly cut into 4 equal pieces. Although grateful for the acknowledgement, I don't feel victorious or triumphant or even like a winner. I feel humbled by the forces of nature, grateful that the Channel gods gave us the opportunity to attempt a crossing and a big smug, knowing that I am a part of something that very few people in the world, in history, have done. WE share stories, thoughts, observations and laughs. Some go off to enjoy a good night's sleep, others head out for a quiet beer in one of those quaint English pubs.



(l to r) Kelly Flynn, Ken Coren, Meg Reilly, Nancy Hornor, Susan Cobb and Susan Anson.



Official timer at most Club swims is Mimi Osborne, perched here on Lime Rock.



Emil. A. Kehrlein (above) was born in San Francisco on March 14, 1855. His work consisted of engraving jewelry. In 1877 he became one of twenty five Dolphin Club charter members along with three of his brothers and was chosen President of the club in 1878. He later was a founder and early president of the Triton Rowing Club of San Francisco. He later entered the real estate field and eventually moved to Los Angeles where he became a theater owner. Emil Kehrlein died in Los Angeles on June 24, 1943.

Ernest H. Lutgens (right) was born in San Francisco on December 31, 1859. He became a jeweler as a young man and claimed charter membership with his brother Adolph C. Lutgens, an architect, whose crowning achievement in 1895 - '96 was the Club's new boat-house. Ernest Lutgens moved to San Diego before the earthquake and fire of 1906 and died there on January 7, 1914.

The Dolphins Win Their Rowing Association

History Compiled by

The Dolphin Club competed in its first 4-oared barge race on the Bay shore. In addition to the Dolphins the Pioneer Rowing Club of Oakland were included in the contest. The music for the occasion was furnished by the

The *Daily Alta California* newspaper of October 5, 1879 reads:

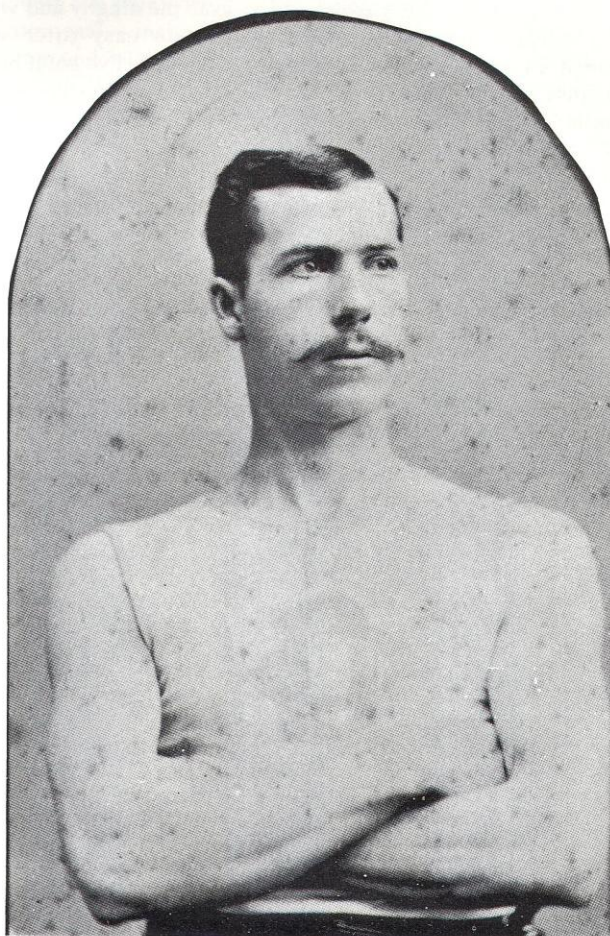
"The race was contested by the following:

DOLPHINS - E. Kehrlein, E. Lutgens, L. Schroeder, and

PIONEER- J. Foster, F. Nolting, B. Oliver, and J. J. Weh

ST. GEORGE- E. T. Hubback, J. Watson, W. A. Wilson and

"The Pioneers took the lead, but a foul with the St. George changed positions giving the Dolphins a length. The St. George made the Dolphins making the stake in 7:34. The Dolphins made a good start and evidently giving up the race. The Dolphins won by three



First Pacific Amateur Rowing Regatta Race

by Walt Schneeбели

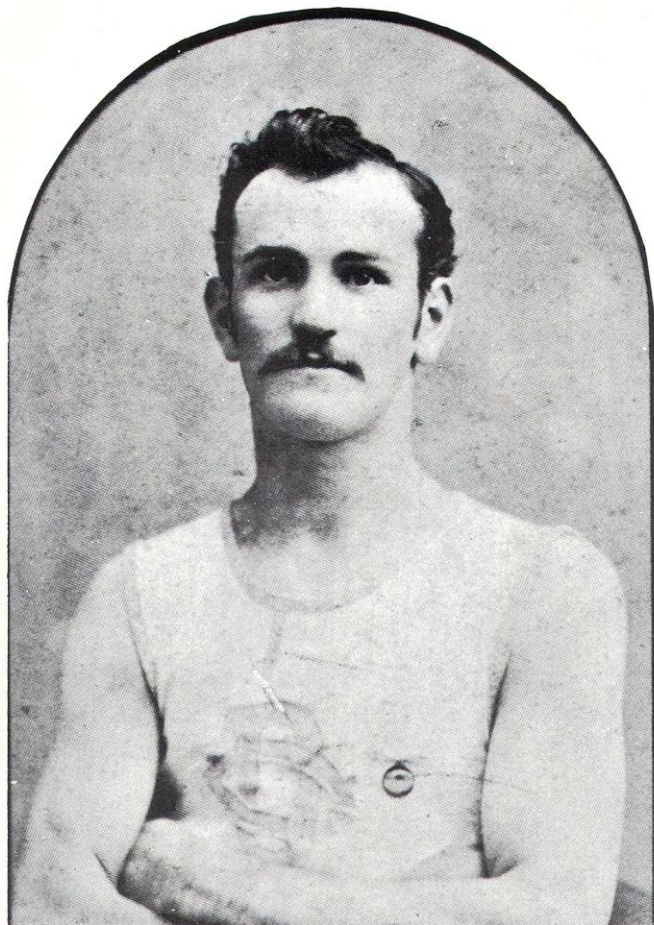
in a borrowed boat on Saturday October 4, 1879 off the East
Club of San Francisco and the St. George Rowing Club of
ision was furnished by the Oakland Light Cavalry Band.
eported the following:

E. Petersen.

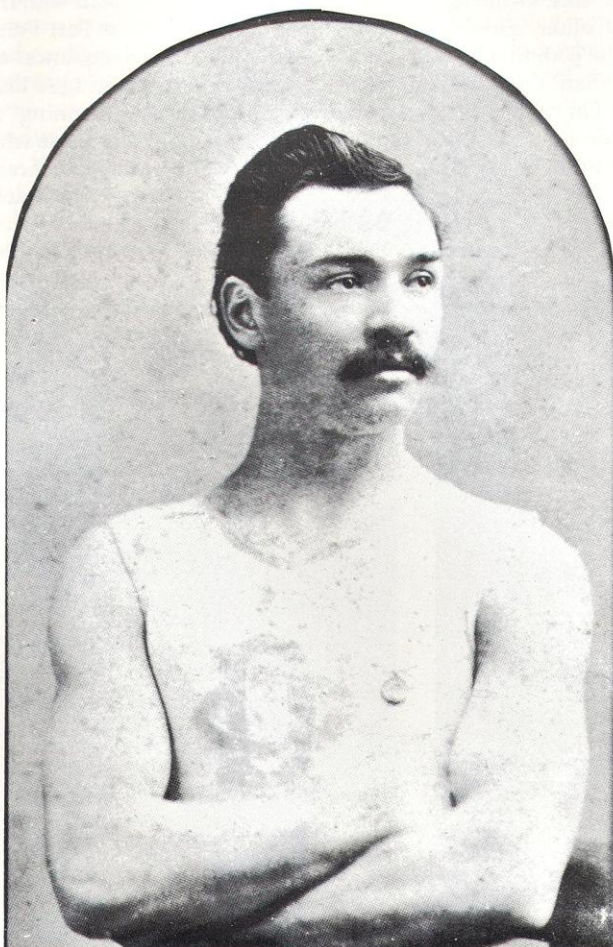
lan.

d P.J. Cadogan

orges gave the field to the Dolphins, and the first two
ges soon began to weaken and the Pioneers forged ahead of
a spurt and took the lead, the St. Georges being far behind
lengths in 15:17."



Louis W. Schroeder (above) was born in Oroville, California on December 15, 1856. His first occupation was jeweler and he too was a Dolphin charter member. About 1881 he moved to Alameda continuing to commute to San Francisco. He finally chose to become a police officer in Alameda and followed this career until retirement. He helped form the Alameda Boat Club and was an early officer. He died on June 29, 1941 in Alameda.



John E. Petersen (left) also known as Ed Peterson, was born in Dixon, Illinois on February 16, 1857. He became a plumber and gas fitter by trade joining The Dolphin Club about 1878 with his brother Carl F. Petersen. The *S.F. Chronicle* of July 11, 1887 stated that he moved to San Diego "for the benefit of his health and pocket, both which are said to be benefiting by the change."

While in San Diego he co-founded and became the first president of The San Diego Rowing Club. A short time later he left the south coming back north to San Jose where he spent the rest of his career in the plumbing business. He died in San Jose on May 25, 1926.

-Dave Zovickian's Swim Commissioner Report-

Every Dolphin's Reason For Swimming, Etc.

Dolphins celebrated the glory years of amphibious life July 26th with the Doc Howard Memorial Over-45 Gas House Cove Swim. As a gentle fog softened the sun's piercing rays upon their fragile skin, 41 maturing Dolphins negotiated the one mile course. John Selmer ably defended his title against all comers, including Jim Hulihan, fresh off the plane from Hong Kong.

Judging from the tanned and full bellies littering the beach, this year's Santa Cruz Pier Swim was a total success. Sixty seven Dolphins and as many guests, along with the cool beach spring, hot BBQ'd chickens, and laid back beach patrol, mingled with the 'suits to demonstrate that swimming, swimming well and having a good time are not incongruous. From top Dolphin Sean Kelly in 28th place to steady Steve North rounding out the field of 448, Dolphins garnered 13 medals, including golds for Pat McGarvey, Glynn Jones and Nick Zoller. Early returns credited our very own Michelle Webb with a medal. Evidently, one of Michele's (er, Mike's) many vacations was to Europe. Once again, this wonderful weekend was made possible through the selfless efforts of the Madden and Groneman

families, serving up platters of delicious chicken and fixins.

Following up on the theme of swimming for fun and food, with just a flicker of fame, 62 Dolphins took an evening stroll to Gas House Cove Friday, August 7th. On the easy float back to the beach Diana Abele reclaimed top honors after having passed on the age-specific swims of July, the evening's festivities were dedicated to our fearless Dolphin pilots.

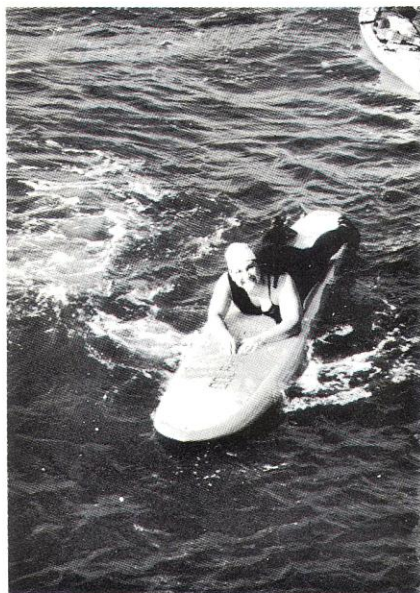
Taking their show on the road, 30 Dolphins, chaperoned by Cecco Mennucci and Jack Giacomini, wowed thousands of festival-goers lining the banks of the Petaluma River. Afterward, the Dolphin ensemble lingered among the cattle at a sumptuous BBQ provided by host Walt Haake at his foundry Wharf complex.

The Gate is probably the premier event of the swim season, eagerly anticipated by most Dolphins; yet one Dolphin has awaited this swim far more times than any other. Sunday August 23rd marked the 60th time that Joe Bruno traversed San Francisco's gateway to the world. On calm water, under a brilliant sky, Joe accomplished his milestone crossing in 49:26, slicing nearly 34 minutes off last years pace. Not even the heralded arrival of the Exxon North Slope with it's storied

Alaskan past and 50 foot draft, could deter Joe, though to be sure, this was one ship that could lay claim to the Bay and get no argument.

The kick-off swim Saturday featured a spirited contest with Dolphin poster boy Liam Hennessy barely edging reigning queen Suzanne Heim for the top spot. Lynn Jolly led the 21 polywogs for the weekend effort, while Barry Christian bested Mickey Lavelle for first city employee honor. The Gate's only father-daughter combo produced the youngest finisher, as Karena Liberty debuted in 30th place, while pop Conrad followed up 7.5 minutes later in 55th place.

All in all, 119 Dolphins completed the 1+ mile swim with a minimum of distraction, though a few participants tested the theory that Dolphins represent an intelligent species. Aside from the dilemma of what color suit coordinates best with an orange cap, the question looming largest dealt with the contaminated parklands at Fort Point and Lime Rock, a consequence of years of sandblasting the bridge's lead based paint. While not meaning to downplay the risk of lead to those who ingest it, this is not typically of concern to Dolphins treading across the beach. Baring the occasional rogue wave driving an unsuspecting Dolphin face first



Marie Sancimino, one of many pilots on this year's Golden Gate.



Conrad Von Blankenburg finishes the Golden Gate - 1992.



Larry Alioto finishes the Golden Gate and heads toward the boat, stick in hand.



into the surf, eating the beach is rarely a concern for Dolphins more preoccupied with chop, wind, currents and the creatures lurking below. Yet the State of California, in its even distribution of justice, does not attempt to determine levels of risk, sealing off beach access until further notice.

No mention of the weekend festivities would be complete without special recognition of the dedicated group of Dolphin test pilots and swimmers. For a Thursday test swim that began with a 4 a.m. rendezvous and 5:15 jump off under the stars, even the most seasoned Dolphins might question his/her presence. The solution: recruit a pollywog, like Pam Derks, who alongside veteran Alan Budenz, made her out-of-copve debut with a light stick tucked under her goggle strap. Friday's test swim was not without its charms. While Tina "Filo" Scott and Barbara "La Paparazi" Keller were beginning their crossing, out boys in blue were poking their way into the Bay. As Tina did laps between the south tower and the nunn buoy, Barbara flashed a personalized Dolphin salute the sailors had to like. Unfazed by these minor distractions, seasoned Gater Jim Sancimino just continued along, intent on reaching the rock.

With barely a week to regroup, 38 Dolphins bravely returned to Fort Point to compete in the Cljb's endurance test, the 3.5 mile City front swim to Aquatic Park. As with the Golden Gate swims, a motor launch was uti-

lized to approach Fort Point beach. Unlike the Gate, the flood was quite strong along the beach, making the swim to shore perhaps the most challenging part of the course. For those Dolphins waiting to be let off the boat the sprint to the beach became quite spirited as the waer taxi drifted north, leaving the beach upstream. Undeterred, Diana Abele set the standard for a 53:15 feather in her cap.

Labor Day weekend at one of the Sierra's jewels, Gold Lake, was the crowning touch for a busy and successful summer swim season, at the open invitation of veteran Dolphin "Escape" artist Tom Callinan, all Dolphins were invited to spend the weekend camping out along its shore. Twenty five Dolphins made the 4.5 hour trek to the getaway spot, one hour north of Truckee, near Graeagle. For three days and nights, the only rule was no rules, as most everyone engaged in activities such as following Tom on a leisurely swim to the Lake's central island, horseback riding or hiking to nearby lakes, slinging horseshoes, or scumbing to ping pong sharks Sam Cuddeback and Shannon Kilkenny. Some campers took the activity portion of the trip seriously, mega cyclist Ann Tingley chose to experience the surrounding mountain passes up close and personal by pedaling in and out of the lake basin.

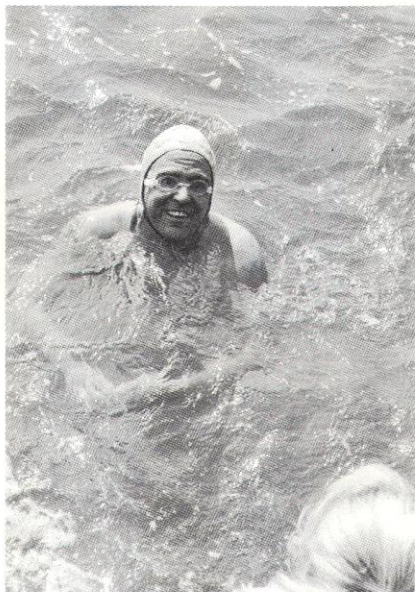
Meanwhile, the saner members of camp Dolphin focused their energies on putting on the Ritz at the camp hoe-

down. Featuring a bountiful pot luck and BBQ in the finest Dolphin tradition, the 70 or so guests partied to a live country picking band.

Gold Lake wasn't the only exotic locale to be graced with a Dolphin presence. Across the Atlantic, numerous Dolphins were sighted cavorting in the English Channel, a popular Dolphin destination these past few years. Kate Cronin was the first this summer, with a solo attempt in early August. What began as a calm day quickly reverted to typical Channel conditions with 10-20 knot winds and 6 - 8 foot swells. After covering miles in hours, Kate was forced to relent against the weather. Yet determined to make the crossing, Kate hooked up with a relay team to successfully make the crossing.

Over Labor Day weekend, while most Americans (and not a few Dolphins) were honoring the holiday by laboring as little as possible, six Dolphin women were preparing for a Channel relay. Known as the Danskin Challenge among the high fashion set. The team capitalized on a lull between weather systems to make their move. Slipping out of Dover at 4:30 a.m. (her favorite time to swim) Laura "Aqua" Burtch kicked off the Challenge, followed in turn by Suzie Dods, Pam Derks, Pat McGarvey, Bonnie Zoe Winn and anchored by Mag "Corky" Donaldson. Given several hours between one hour stints in the water to

- turn to page 11



John Horner successfully completes another Golden Gate crossing.



Lori Parmer finishes the Gate in flashy fine form.



Head swim commissioner Dave Zovickian concludes his Gate swim.

Dolphin Swim Statistics

Doc Howard Over 45 Gas House Cove July 26, 1992

*So-So flood; flat & warm water,
62 degrees, very light winds*

1. John Selmer	18:00
2. Bob Colyar	20:10
3. Pat McGarvey	20:20
4. Diane Sosnoski	20:23
5. Tom Hofmann	21:20
6. Bonnie Winn	21:29
7. Ed Urban	21:49
8. Jim Hulihan	21:58
9. C. Von Blankenburg	22:22
10. Rich Antonchuk	22:56
11. Glynn Jones	23:13
12. Kate Coleman	23:16
13. Doug Chambers	24:03
14. Susan Anson	24:10
15. Eduardo Barranco	24:24
16. Scott Anderson	24:45
17. Bob Danielson	24:49
18. Roger Kleid	25:15
19. Rich Cooper	25:16
20. Jerry Cullen	25:25
21. Phil Fernandez	26:00
22. Keith Howell	26:32
23. Joe Cowan	26:38
24. Flicka McGurrian	27:02
25. Tom Callinan	27:03
26. Mag Donaldson	27:04
27. Walt Schneebeli	28:18
28. Pete Bianucci	28:48
29. Nick Zoller	28:51
30. Bill Callahan	29:26
31. Larry Alioto	29:45
32. Rudy DeMay	29:52
33. Padraic Doyle	30:41
34. Keith Weaver	30:49
35. Ann Tingley	31:25
36. Don Reid	33:13
37. Peter Butler	34:00
38. Bob McKenzie	34:14
39. Joe Bruno	35:19
39. Bill Powning	35:19
41. Phil Kohlenberg	46:30

PILOTS: Alan Budenz, Sam Cuddeback, Rick Crafts, Jobst Jesse, Monika Jesse, Mark Richard, Anne Sasaki, Barry Christian, Ken Frank, Meg Storey, Laura Burtch, Lindsay Casablanca, Nan-

cy Friedman, Marcia Grimm, Shannon Kilkenney, Harry Louie, Meg Reilly, Larry Scroggins, Margie Spiegelman, Jon Hendricks, Jim Growden, John Hornor, Jon Bielinski, Ken Coren, Susan Lauritzen, Stan Hlynsky, Jeremy West, Tracy West, Chris Bergen, Andy Camous, Jim Fagan, Lance Younger

Twilight Gas House Cove August 7, 1992

1. Diana Abele	17:29
2. Monique Garvin	18:24
3. Tom Schatz	19:03
4. Chris Kelly	19:10
5. Chris Chorak	19:15
6. Bob Colyar	19:37
7. John Lennox	20:02
8. Alan Budenz	20:12
9. Paul Watts	20:13
10. Joe Ferrero	20:15
11. George Kebbe	20:19
11. Linda Stanley	20:19
13. Marla McGowan	20:25
14. Rick Crafts	20:30
15. John Suerth	21:35
16. Eric Groneman	21:50
17. Michael Martin	23:02
18. Joni Beemsterboer	23:13
19. Megan Sullivan	23:18
20. Diane Schatz	23:24
21. Celeste McMullin	23:27
22. Doug Chambers	23:32
23. Monika Jesse	23:38
24. Krist Jake	23:44
25. Ken Frank	23:54
26. Scott Anderson	24:02
27. Eduardo Barranco	24:24
28. Monica Towers	24:33
29. Barry Christian	24:35
30. Phil Fernandez	24:50
31. Keith Nelson	24:52
32. Lorna Newlin	24:53
33. Bob Danielson	24:55
34. John Hornor	25:06
35. Ken Coren	25:39
36. Gerald O'Dwyer	25:55
37. Richard Haymes	26:00
38. David Copeland	26:02
38. Liz Ann Zirker	26:02
40. Colin Gift	26:06
41. Vic Pizzaro	26:07

42. Judy Stalker	26:11
43. Joe Cowan	26:15
43. Peggy Lavelle	26:15
45. Flicka McGurrian	27:44
46. Nancy Hornor	27:55
47. Steve Lathram	28:53
48. Susan Lauritzen	29:17
49. Gwen Passano	29:18
50. Warren Welter	29:26
51. Era Osibe	29:30
52. Steve Pinetti	30:10
53. Chuck Vogt	30:25
54. Kevin Hartnett	30:53
55. Nick Zoller	30:59
56. Meg Reilly	31:10
57. Larry Alioto	31:22
58. Cathy Direen	31:37
59. Peter Butler	33:26
60. Keith Weaver	33:55
61. Bill Powning	38:58
62. Steve North	40:06

PILOTS: Suzi Dods, George Gara, Phil Reiff, Phil Rollins, John Selmer, Conrad Von Blankenburg; Tom McCarty, Shannon Kilkenney, McGurrian Leibert, Don Harrison, Neil Hartnett, Jon Hendricks, Rich Cooper, Pete Bianucci, Bob Hoff, Stan Hlynsky, Jeremy West, Michael DiNunzio, Mike Mendelson, Lancy Younger, Lou Meyer, Jim Fagan

Golden Gate Swim I Saturday (Fast) August 22, 1992

1. Liam Hennessy	22:54
2. Suzanne Heim	22:59
3. Sean Kelly	23:13
4. John Selmer	23:33
5. Mike Garibaldi	23:35
6. Diana Abele	24:27
7. Lynn Jolly	24:40
8. Laura Burtch	26:03
9. Monique Garvin	26:11
10. Suzie Dods	26:33
11. Suteva Schatz	26:40
12. Chris Kelly	26:44
13. Tom Schatz	27:18
14. Jon Nakamura	27:40
15. David Rich	27:59
16. Bob Colyar	27:26

17. Tom Hofmann	29:04
18. Peter Drino	29:13
19. Pat McGarvey	29:14
20. David Marten	29:20
21. Conrad Von Blankenburg	29:26
22. Paul Watts	29:33
23. Elmer Tosta	29:38
24. Joe Ferrero	29:55
25. Lori Parmer	29:57
26. Diane Sosnoski	30:00
27. Ed Urban	30:17
28. George Kebbe	30:27
29. David Zovickian	30:52
30. Karena Liberty	31:26
31. Anne Clark	31:28
31. David Claman	31:28
33. Dan Osborne	31:52
34. Phil Rollins	31:53
35. Joni Beemsterboer	31:54
36. Eric Groneman	31:55
37. Gina Rus	32:17
38. Peter Neubauer	32:18
39. Bonnie Winn	32:26
40. Larry Scroggins	32:32
41. Megan Sullivan	32:35
42. Eric Shackelford	32:52
43. Lou Meyer	33:04
44. Celeste McMullin	33:20
45. Tina Scott	33:25
46. Diane Schatz	33:40
47. Doug Chambers	34:24
48. Ken Frank	34:44
49. Eduardo Barranco	34:48
50. Susan Allen	35:30
50. Cathy Huang	35:30
50. Linda Stanley	35:30
53. Rich Livingston	36:06
54. Ann Tingley	37:50
55. Conrad Liberty	37:59
56. Jerry Cullen	38:29
57. Mickey Lavelle	38:34
58. Peggy Lavelle	38:32
59. David Copeland	38:42
60. Kathy Zirker	38:45
61. Liz Ann Zirker	38:48
62. Vince Huang	39:24

Pilots: Susan Cobb, Sam Cuddeback, Bob Derham, Kelly Flynn, Susan Lauritzen, Mary Sancimino, John Suerth, Phil Fernandez, Steve Lathram, George Robin, Lindsay Casablanca, Bob Danielson, Colin Gift, Don Harrison, John Hornor, Nancy Hornor, Nancy Friedman, Harry Louie, Flicka

McGurrin, Marc Richard, Jude Stalker, Ed De Cossio, Warren Welter, Steve Pinetti, Jim Growden, Rich Cooper, Jon Bielinski, Jon Hendricks, Bob Hoff, Michael DiNunzio, Bill Post, Jim Fagan, Ted McKown, Devin Hartnett, Neil Hartnett, Padraic Doyle, Chuck Vogt, Ken Coren, Shannon Kilkenney, Pete Pianucci, Jeremy West, Tracy West, Barry Christian, Stan Hlynsky, Phil Kohlenberg, John Sullivan, Bev Ferreira, Andy Field, David Kennedy

Golden Gate Swim II

Sunday (Not So Fast) Day
August 23, 1992

1. Mark Lubiszewski	30:46
2. Krist Jake	32:01
3. Mark Richard	32:16
4. Scott Anderson	32:25
5. Glynn Jones	32:26
6. Susan Anson	32:32
6. Nancy Friedman	32:32
8. Lorna Newlin	32:59
9. George Gara	33:12
10. Susan Cobb	33:20
11. Monica Towers	33:24
12. Kate Coleman	33:32
13. Marcia Grimm	34:04
14. Phil Fernandez	34:20
14. Jude Stalker	34:25
15. Mark O'Hara	34:29
17. Barry Christian	34:30
18. Gerald O'Dwyer	34:34
10. Bob Danielson	35:00
20. Colin Gift	35:20
21. John Hornor	35:47
22. Ken Coren	36:38
23. Ted McKown	36:42
24. Carol Murphy	37:00
24. Joe Cowan	37:23
25. Flicka McGurrin	37:27
27. Roger Kleid	37:31
28. George Robin	39:25
29. Era Osibe	39:35
30. Mag Donaldson	40:28
31. Nancy Hornor	40:38
32. Walt Schneebeil	42:00
33. Dodi Marosi	42:05
34. Steve Lathram	42:50
35. Susan Lauritzen	43:01
36. Mary Cantini-Norkin	43:05
27. Meg Storey	43:06
38. Sam Cuddeback	43:07
39. Warren Welter	43:20
40. Kevin Hartnett	43:40

41. Keith Weaver	46:05
42. Don Reid	46:40
42. Will Powning	46:40
44. Steve Pinetti	47:15
44. Chuck Vogt	47:15
45. Larry Alioto	47:45
47. Peter Bianucci	47:56
48. Meg Reilly	48:05
40. Ed De Cossio	48:24
40. Joe Bruno	49:26
41. Pavla Podolska	50:54
52. Pat North	51:10
53. Steve North	51:13
54. Cathie Direen	51:40
55. Lindsay Casablanca	52:20
56. Bill Powning	52:55
57. Phil Kohlenberg	65:00

Pilots: David Claman, Joe Ferrero, Kelly Flynn, Phil Rollins, Tom Schatz, Alan Budenz, Marla McGowan, Ann Tingley, Carol Block, Jerry Block, Laura Burtch, Don Harrison, Shannon Kilkenney, Harry Louie, Celeste McMullin, McGurrin Liebert, Mary Sancimino, Steve Schatz, Larry Scroggins, Eric Shackelford, Dan Osborne, Noreen Tierney, Eduardo Barranco, Rich Cooper, Neal Hartnett, Jim Fagan, Tracey West, John Selmer, Padraic Doyle, Jim Growden, Susan Allen, Ken Frank, Jon Bielinski, Gwen Passanbo, Stan Hlynsky, Jeremy West, Mike Mendelson, Lance Younger, Courtney Clarkson, Andy Field, David Kennedy, Bill Pickelhoff, Betty & Joe Capelli, Tom & Pat Edwards

Twilight Pier 41 Swim Sept. 18, 1992

Mild ebb, strong headwinds, quality chop, quality pot luck contributions

1. Diana Abele	19:40
2. John Selmer	19:43
3. Lynn Jolly	20:02
4. Monique Garvin	20:46
5. David Rich	20:54
6. Tom Schatz	21:02
7. Jon Nakamura	21:15
8. Steve Schatz	21:18
9. Chris Kell	21:42
10. Paul Watts	22:22
11. Rick Crafts	22:32
11. Terry Watts	22:32
13. Alan Budenz	22:52

14. Marla McGowan	23:20
15. Laura Burtch	23:27
16. Elmer Tosta	23:30
17. George Kebbe	23:35
18. Lori Parmer	23:54
19. Conrad Von Blankenburg	23:56
20. Mickey Lavelle	24:02
21. Mike Webb	24:04
22. Dan Osborne	24:32
23. John Suerth	25:16
24. Joe Ferrero	25:28
25. Joni Beemsterboer	25:45
26. Eric Shackelford	25:53
27. Pete Neubauer	26:21
28. Rich Antonchuk	26:25
29. Megan Sullivan	26:30
30. Tina Scott	26:30
31. Kate Coleman	26:47
32. Doug Chambers	27:06
33. Nancy Friedman	27:28
34. Matthew Sheridan	28:27
35. Ann Tingley	29:01
36. Jude Stalker	29:26
37. Monica Towers	29:27
38. Glynn Jones	29:36
39. Bob Danielson	29:42
40. Roger Kleid	30:07
41. Peggy Lavelle	30:12
42. David Copeland	30:14
42. Liz Ann Zirker	30:14
44. Kathy Zirker	30:40
45. Sue Garfield	31:02
45. Nancy Hornor	31:02
47. Jerry O'Dwyer	31:18
48. Joe Cowan	31:55
49. Larry Alioto	34:49
50. Padraic Doyle	35:29
51. Sam Cuddeback	35:50
52. Cathya Direen	36:06
53. Nick Zoller	36:41
54. Pavla Podolska	41:10
55. Keith Weaver	42:06
56. Pat North	44:27
57. Stacey Singleton	46:27
58. Phil Kohlenberg	49:01

Pilots: Susan Cobb, Tom Hofmann, Diarmuid MacNeill, Phil Reiff, Ed Urban, Mary Sancimino, Susan Anson, Carol Block, Jerry Block, Mag Donaldson, Harry Louie, Celeste McMullin, Pam Stillwagon, Rich Cooper, Diane Schatz, Jim Fagan, John Conti, Ken Coren, Shannon Kilkenney, Phil Lucier, Jon Bielinski, Flicka McGurrin, George Robin, Martin Zeleznik

Swim Report

- from page 9

contemplate the meaning of life at sea, modern pharmacy proved no match for the Channel's 8 - 10 foot swells. Displaying great fortitude, if not gust, the team bridged the Channel in 10 hours 41 minutes to establish a new American women's record.

The final Friday twilight BBQ and swim held forth on September 18th. Brisk headwinds through overcast skies greeted the enthusiastic swimmers. Always the crowd pleaser, the 58 Dolphins did their best to solidify San Francisco's world wide image, plunging into icy shark infested waters. Once again, Diana Abele led the flock back to the well attended and supplied BBQ and pot luck.

October 25th marks the return of the Bay Bridge to the Dolphin Club tide ride. Scheduled for early afternoon, this swim combines a terrific ebb with potentially brisk westerly winds. Accordingly, the size of the swim may be reduced from the usual 3 swimmers per pilot craft, depending on actual conditions. Pilots are encouraged to participate in the pre-swim (flood) regatta to the Mission Rock Resort.

Every Dolphin's reason for swimming, the awarding of trinkets, takes place Saturday November 14th in the boat-house -- the annual swimmer and pilot appreciation dinner. Mark your calendars and make plans to attend; tickets will soon be available at the usual outlets. Incidentally, contributions of door prizes will enhance the evening's enjoyment for everyone and are greatly appreciated. If you own or work at an establishment willing to contribute to a worthy cause, or know someone who would, please leave a notefor the swim commissioner.

Dave Zovickian
Swim Commissioner

1992 Swim Schedule

- Date -	- Event -	- Jump-Off
December 21, 1991 (Sat.).....	Polar Bear Swim Starts	
January 1 (Wed.).....	New Year's Day Cove Swim.....	09.00
January 1 (Wed.).....	☆ New Year's Day Alcatraz	08.30
January 19 (Sun.).....	☆ Mid-Winter Gas House Cove Swim.....	08.15
February 9 (Sun.).....	Mid-Winter Cove Swim.....	09.00
February 29 (Sat.).....	☆ Leap Year Pier 41.....	09.30
March 21 (Sat.).....	Polar Bear Swim Ends	
March 21 (Sat.).....	Spring Cove.....	09.00
April 11 (Sat.).....	☆ Pier 39.....	08.30
May 16 (Sat.).....	☆ Dick Beeler Crazy Cove.....	09.00
May 31 (Sun.).....	☆ Yacht Harbor.....	08.15
June 1 (Mon.).....	100 Mile Swim Starts	
June 14 (Sun.).....	☆ Crissy Field.....	08.15
June 19 (Fri.).....	☆ Twilight Cove - Pot Luck BBQ to Follow.....	18.00
July 12 (Sun.).....	Over 60 Cove.....	09.00
July 18 (Sat.).....	Trans Tahoe Relay.....	07.30
July 26 (Sun.).....	☆ Doc Howard--Over 45 - From Gas House Cove.....	08.45
August 1 (Sat.).....	☆ Santa Cruz Pier Swim.....	11.00
August 7 (Fri.).....	☆ Twilight Gas House Cove & Pilot Appreciation Pot Luck Dinner.....	18.00
August 22 (Sat.).....	Golden Gate I - Fast Day.....	08.40
August 23 (Sun.).....	Golden Gate II - Slow Day.....	09.40
August 29 (Sat.).....	☆ Fort Point.....	08.30
September 5 - 7.....	Gold Lake Getaway.....	09.00
September 18 (Fri.).....	☆ Twilight Pier 41- Pot Luck BBQ to Follow.....	18.00
September 27 (Sun.).....	Handicap Cove.....	09.00
October 4 (Sun.).....	Alcatraz.....	08.00
October ? (Sat. or Sun.).....	Dolphin/South End Triathlon.....	????
October 17 (Sat.).....	Escape From Alcatraz Triathlon.....	09.30
October 25 (Sun.).....	Bay Bridge To Club.....	13.00
October 31 (Sat.).....	100 Mile Swim Ends	
November 14 (Sat.).....	Annual Swim/Pilot Appreciation Dinner.....	19.00
November 22 (Sun.).....	Introduction To Bay Swimming.....	09.00
November 26 (Thurs.).....	Thanksgiving Day Cove.....	09.00
December 20 (Sun.).....	New Year's Day Alcatraz Qualifier.....	09.00
December 21, 1992 (Mon.).....	Polar Bear Swim Starts	

- Swim Program Rules -

1. Club scheduled swims are restricted to club members only.
 2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
 3. Swimmers must be members in good standing with dues current and swim fees paid.
 4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
 5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
 6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
 7. Swim sign-up sheets are posted two weeks prior to each swim.
 8. Time limits are imposed and enforced for all swims.
 9. All club boats are reserved for scheduled swims; riders are prohibited.
- Additional qualifications for Alcatraz and Golden Gate Swims •**
10. In-town members must successfully complete 2 swims marked with a flower (☆) and one other scheduled swim and pilot or help on at least 2 others.
 11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
 12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

Dolphin Swimming & Boating Club

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

RICHARD B. COOPER
STA. B, PO BOX 2546
SAN FRANCISCO
CA 94126

BULK RATE
U.S. POSTAGE
PAID

Permit No. 1020
San Francisco, CA



DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
Winter- 1992/'93 • San Francisco California • Established 1877

Dolphin Bulletin Board

Miscellaneous News and Notes For the Dolphin Club Membership

On The Cover of The Dolphin Log

This dramatic photo of the C.A. Thayer is by Dolphin Barbara Keller.

Crab Feed Set -- Feb. 20

Mark your calendar for the Dolphin Club's Annual Crab Feed/Old Timers' banquet. All members are invited to crack fresh crab provided by the Sancino family and to honor the Dolphin Club's old timers. Tickets will be available soon.

From The Boat Captain

There will be a monthly Rowing Training Session for new rowers at the Dolphin Club. These are the training dates: January 9 & 10, February 6 & 7, March 6 & 7, April 24 & 25, May 15 &

16, June 12 & 13, July 17 & 18, August 7 & 8, Sept. 18 & 19, Oct. 23 & 24, Nov. 6 & 7, Dec. 4 & 5. All sessions start at 9:00 a.m. and last to approximately 11:00 a.m.

I encourage all interested members to come by on Tuesday night for the volunteer boat building training. All members are welcome. From 6 p.m. to 9 p.m. we work on maintaining the fleet and mostly working with wood. The restoration of the "John Wieland" is currently underway and a lot of the Tuesday night work goes into that project at the moment. It is a lot of fun and satisfying work. Also, on Tuesday nights we will be organizing the '93 Sacramento row.

Come by the boat shop to get your new 1993 Dolphin Club Tide Book. They are free for the asking.

John Bielinski
Boat Captain

Election Results:

Below are the official results of the Dolphin Swimming & Boating Club election for the 1993 Term which were announced at the December 1992 Board meeting by the Election committee:

The following offices were uncontested:

- Vice President - Jon Nakamura
- Recording Secretary - Suzie Dods
- Financial Secretary - Jeff Heth

Results of the contested offices were as follows:

For President:

- Stan Hlynsky: 321 Elected
- Michael DiNunzio 210

For Treasurer:

- Joe Ferrero 282 Elected
- Gerald O'Dwyer 98
- Heinz Wichelhaus 87

For Boat Captain:

- John Bielinski 350 Elected
- Pete Bianucci 187

For Board of Governors (9 Board Seats)

- Meg Reilly 408 Elected
- Dan Osborne 399 Elected
- Dave Zovickian 391 Elected
- Larry Alioto 369 Elected
- Vince Huang 340 Elected
- Mike Webb 274 Elected
- Lorna Newlin 264 Elected
- Ann Claman 256 Elected
- Tina Scott 251 Elected

-
- Jeremy West 210
 - Tom Gould 177
 - Pat McGarvey 167
 - John Conti 153
 - Alan Budenz 144



The Dolphin Log

Editor: Jeffrey Howard Heth

Contributors:

Nancy Friedman • Dave Zovickian
Walt Schneebeil

All photographs except where otherwise noted are by Barbara Keller

Published By
The Dolphin
Swimming & Boating Club Inc.
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

1993 Officers

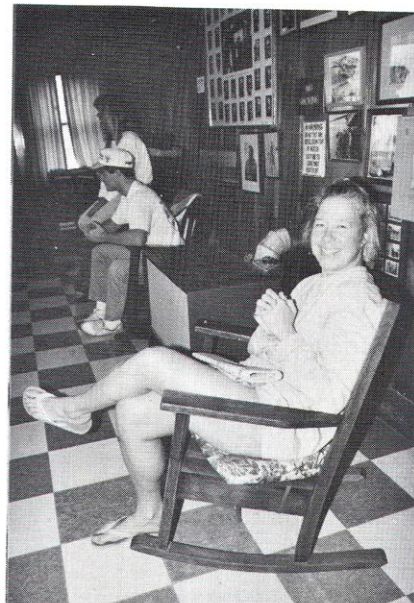
President - Stanley Hlynsky
Vice President - Jon Nakamura
Treasurer - Joe Ferrero
Recording Secty - Suzie Dods
Financial Secty - Jeffrey Heth
Boat Captain - John Bielinski

Board of Governors

Meg Reilly • Dan Osborne
Dave Zovickian • Larry Alioto
Vince Huang • Mike Webb
Lorna Newlin • Ann Claman
Tina Scott



Former swim commissioner and 1993 Governor Vince Huang is suited up and ready to go.



Joni Beamsterboer demonstrates her pre-swim relaxation technique for the camera.

Skin Deep: Dolphins Talk About Their Tattoos

by Nancy Friedman

Tattoos have been a tradition among seafaring folk for centuries, and Dolphins are heirs to that tradition. We asked several decorated Dolphins to tell us Why? Where? How Much? and What Next?

Ray Mondini 52, has a large, vivid design on each upper arm.

I got the first one, of an Indonesian bird of paradise, three years ago. I had spent a lot of time in New Guinea. One of the tribes there was traditionally organized around a totemic relationship with birds. This particular bird, the chenderwasi, has brilliant colors and long feathers. It lives high in the trees, and very few people have seen it in its natural habitat. The Portuguese explorers thought it lived in the air.

Barbara Solomon, an artist and fellow Dolphin, designed the tattoo for me. I went to one of the best tattoo artists in San Francisco, Deborah Valentine at Lyle Tuttle's studio, to have it done. It took three or four visits--the flesh gets inflamed during a complicated tattoo, and you have to wait for the swelling to go down.

For the binary opposition--sky and earth--to be complete, I needed a four-legged animal on the other arm. So the next year I had a tiger tattooed on my right arm. Barbara designed that one, too--it's based on an 18th-century Japanese hanging scroll. It cost about the same as the first tattoo, \$300.

I've never regretted my tattoos. Having a tattoo is manifesting your identity, affirming that you're an autonomous, functioning human being in control of your own body. It's like pro-choice. I'd like to get more, but I think I'll wait a year or so. The older I get, the closer I get to extinction. And the longer I wait, the better the colors will look when I go.

Kelly Flynn 28, has the Dolphin Club logo surrounded by a compass in the

Nancy Friedman has no tattoos, but she did pierce her own ears when she was 18.

instep of his left foot.

I had it done by Carlos at Jerry's Tattoos, in the Mission, right after I joined the Dolphin Club. I looked it up in the Yellow Pages. I liked that they advertised "fine" tattooing--I wanted a fine line. And it was close to home.

I'm a surfer, and I'd always had a fear of dying as a "John Doe." I didn't want to wash up on some beach, unidentified. I thought a tattoo would help identify me. But I didn't want my Social Security number--it would look like I'd been in a concentration camp.

Then, in August [1992], I joined the Dolphin Club. I liked the logo and knew that's what I'd get.

It hurt a lot. It's a very sensitive area, especially near the bone. At least it was fast--it took only 25 minutes.

A couple months later, I decided to add the compass. Its points are the important Club swims, like Alcatraz and the Golden Gate. As I do a swim, I'll have the point filled in with ink.

Pat McGarvey 46, has a tattoo of a flower high on her left thigh.

I've always had a fascination with tattoos. About 10 years I finally decided to get one. I searched out many tattoo artists, and found one in Benicia. Not only was she a woman, she was close to where I live. I went over to see what her place looked like, and I ended up getting tattooed right then and there. I had no preconceived idea of what I wanted, so I looked at the books and chose a hot-pink rose.

The first time it didn't hurt, maybe because I was so excited by the whole idea. I had it redone two years ago by the same artist because the sun had faded it. That time it hurt more.

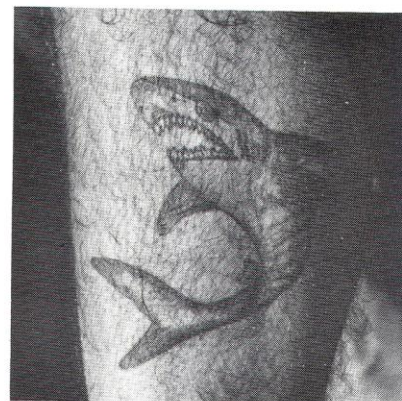
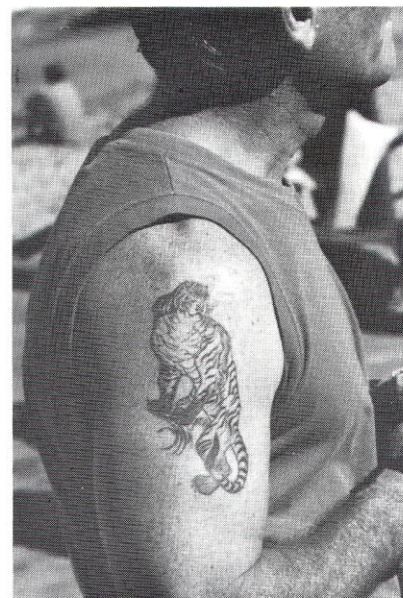
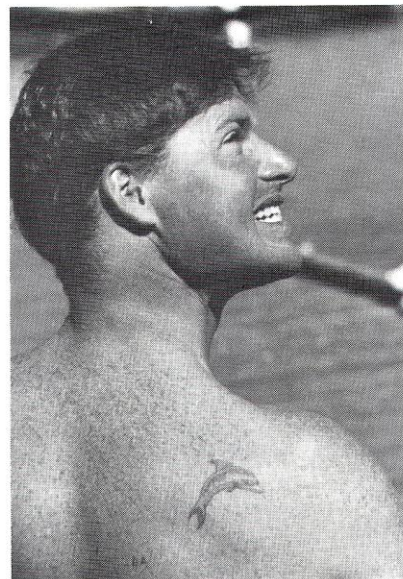
I've never tired of it. In fact, I've been thinking about getting another rose added onto it.

I was concerned about my mother's reaction. People have a lot of strange ideas about women and tattoos--that it means you're lower-class and what-not. But all my mother said was, "Gee, a flower? I would have gotten some kind of bird on my shoulder."

- turn to page 4

Winter - 1992/'93 - Dolphin Log - Page 3

Photos by Kelly Flynn



Top to Bottom: David Copeland's dolphin, Ray Mondini's tiger and Phil Sancimino's shark can be seen live and in person at the Dolphin Club.

Skin Deep: Adventurous Dolphins Reveal Their Tattoos

- from page 3

Joanne Klingel 36, has a sand dollar on her left hip and a traditional Samoan tattoo on her right hip.

My twin sister Jeanette and I were in Bolinas one day about seven years ago. We were gathering sand dollars, and when we couldn't carry any more, we put them in our swimsuits. We liked the way they looked against our skin, and decided to get sand dollar tattoos.

I went that same night. I knew Lyle Tuttle-- he had been a neighbor when I was growing up in San Francisco. I brought him a sand dollar and he very carefully copied it. I don't remember any pain.

My mom almost killed me. She said, "You know what kind of women get tattoos? Women in jail, women in motorcycle gangs." But Herman, here at the club, liked it. He used to say, "There's a girl who'll always have a buck." Because it's a sand dollar, you see?

Two years ago I went to Western Samoa. Samoan men get tattooed from their knees to their stomachs to prove they're strong. I loved the look of traditional Samoan patterns, so I asked for a tattoo. They wanted to give me a bracelet or armband--that's traditional for women there. I liked the idea, but I thought it was too obvious; for sure



Joanne Klingel sports a sand dollar on her hip.

Mom would disinherit me. So I got just a small design on my right hip, taken from the pattern of a Samoan mat. It was done by hand-pricking with needles. I thought I was going to faint. It was the most pain I've ever endured.

I'm attached to my tattoos, but they embarrass me a little. I like the way they look on people in traditional cultures, but not so much on people with light skin.

David Copeland 28, has a dolphin on his right shoulder.

The strange thing is, I got it before I even knew about the Dolphin Club. It was in June 1989. I had a roommate who'd always wanted to get a tattoo of Mighty Mouse. We went out to Pat O'Shea's one night and got trashed on tequila and Anchor Steam and then went to some no-name tattoo place on Geary, within stumbling distance. I said to myself, "No way I'm getting a tattoo." I did notice that all the tattoos on the wall seemed to have knives and skulls--all except a dolphin. I asked how much the dolphin cost. It was \$30. The next thing I remember, I was in the chair with a sewing machine going through my back. In the morning I thought it was a bad dream until I looked in the mirror.

I had some regrets, but then things fell into place. I discovered the Dolphin Club--I came swimming here with my friend Liz Ann Zirker. I liked it so much, I joined in December 1989.

I don't want to get another tattoo. But I no longer regret the one I have. I only regret that I don't swim faster.

Phil Sancimino 35, has four tattoos, "and every one has a story."

It all started in Hong Kong, New Year's Eve 1977. I was in the Navy and drinking with a friend. He wanted to get a tattoo; I was dead against it. But they serve beer in tattoo parlors there, and while I was waiting for him, I drank enough to get the smallest tattoo they had: a little Woodstock [the cartoon bird] wearing a sailor cap on my left shoulder. Afterward, I felt more stupid than ever. I considered covering it up but decided to keep it as a memoir.

The next one was in 1982. I was plan-

ning to go diving in Australia. A friend, who's completely tattooed, told me the Pacific Islanders believe it's good karma to have a shark tattoo. I went to Bill Salmon here in San Francisco and got a shark on my left shin. I figured it was an unobtrusive place--I didn't want it where people at work could see it.

When I got back from Australia I thought I needed something passive to balance out the aggressive shark. So I got a dolphin on my right shin, also done by Bill Salmon.

The fourth tattoo is on my butt. I'm a King Coon in the Raccoons, a fraternal organization my brothers and I started. We all have tattoos of our coat of arms--a raccoon tail holding a martini glass. This time I went to some guy not known for his fine artistry. In fact, he was drinking a bottle of Jack Daniels when I arrived.

Not only do I have no regrets, I'm thinking about getting some more tattoos. I'd like to have my calves completely done with all kinds of fish.

Lindsay Casablanca 41, has a Chinese dragon on her right buttock.

I'd always been interested in them. I had read about Lyle Tuttle doing tattoos for all these rock 'n' roll stars like Janis Joplin. In 1975, when I was 24, a good friend bought me a gift certificate at Lyle's studio. We went out and got loaded and I got the tattoo right away.

I knew I wanted a strong, large image--the biggest I could get for the money, which was \$35. And I knew I wanted it someplace where it wouldn't show in public, and somewhere it wouldn't hurt so much. In fact, it hurt quite a bit. But Lyle was great. He could tell when it was starting to hurt and he'd stop working and tell a funny story until I relaxed. It was as pleasant as it could have been. My friend, who was a photographer, photographed the whole thing.

I've never regretted it. I never even thought about it much until a couple of years ago, when I started swimming regularly at the club and people commented on it. I don't want another one, but I would like to get this one touched up if Lyle is still working. I think a tattoo is a really powerful gesture for a woman.

A Rare Find Reveals Detail of Wieland Origins

From the standpoint of the Dolphin Club archives, a particularly valuable newspaper article was recently discovered. It contained the name of the builder and the materials used in the construction of the six-oared barge "John Wieland", information and names of the Club's other boats and officers, and perhaps the most exciting of all, a picture of the old Club House before we moved to the foot of Van Ness Avenue in the winter of 1895-'96.

From the *San Francisco Chronicle* of March 31, 1894:

The Dolphin Club is one of the oldest, and probably the best equipped club on the bay. Its membership is limited to fifty, and the list is now nearly complete.

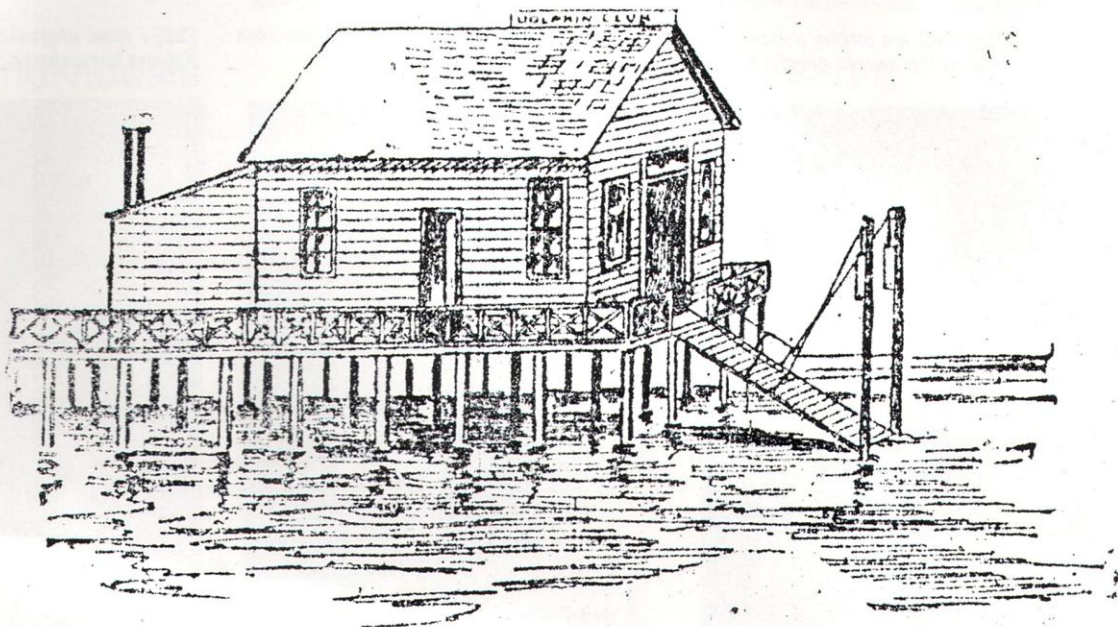
The pride of the club in the way of craft is the big and handsome six-oared barge John Wieland. It was built by Al Rodgers in the days when the Wielands were among the leading spirits of the club, and when the craze for rowing and boating was at its height. The like of the barge has never been seen on the Coast. It is forty feet in length, and has a capacity for thirty people, including the crew, in ordinary water. It has sliding seats, patent rowlocks and all the modern improvements up to date. It is built of sugar pine and Spanish cedar, is light and buoyant as a cork and speedy as a yacht. Besides this, there is the four-oared racing shell Cuckoo, which has many victories to her credit; the racing barge California, the Arion, a four oared pleasure barge which has seen lots of service, and which is one of the most seaworthy craft on the Bay. It was formerly owned by Governor Haight, and used by him and his family on the Alameda shore as a pleasure boat. She has always enjoyed the reputation of being a very

safe boat in rough weather.

Then there is the two-pair oared scull Columbia and the single scull Midget. The latter is voted a dandy in rough weather and the boys have had her twice around the wreck of the New York during the winter. The clown boat of the club is what was once

is as full of tricks as they are, and a paddle about in her usually winds up with a spill and a ducking for all hands.

The officers of the Dolphins are: President, Thomas T. Fraser; vice-president, Joseph B. Keenan; financial secretary, George Van Gulpen; recording secretary,



THE DOLPHIN BOAT CLUB HOUSE.

a birch bark canoe, but whose bottom and sides are now covered with canvas. It is sixteen feet long and capable of holding four or five. The boys generally don their bathing suits when they take the "clown" for she

James Cronin; treasurer, Adam Schuppert; captain of boathouse, C. M. Farrell; lieutenant, J. Attridge; executive committee, Thomas T. Fraser ex-officio, T.J. Kennedy, and A.C. Rouard.

Dolphin Club Milestones - 1992

• Life Membership (25 years) •

Ray Pastene	Joined January 1967
Don Kiernan	Joined February 1967
Dr. Joe Abbott	Joined July 1967
Paul Kanstoroom	Joined November 1967

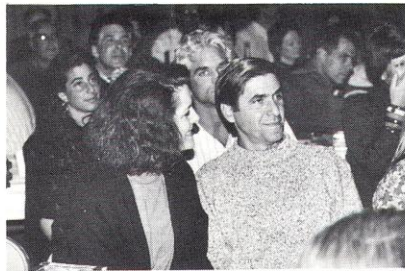
• Golden Dolphin Membership (25 years) •

None

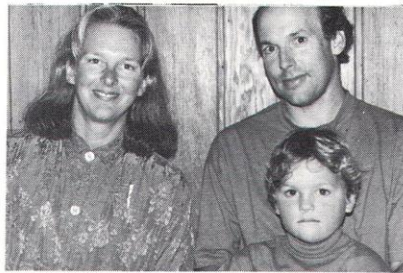
• Deaths •

Albert P. Hahn	Joined September 1929	Died 6/24/1992
Frank Drum	Joined November 1958	Died 7/13/1992
Lester Spiegelman	Joined April 1938	Died 12/19/1992
Hall Templeton	Joined March, 1966	Died 12/31/1992

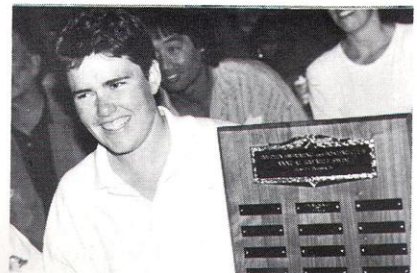
1992 Awards Banquet Brings Out The Party Crowd



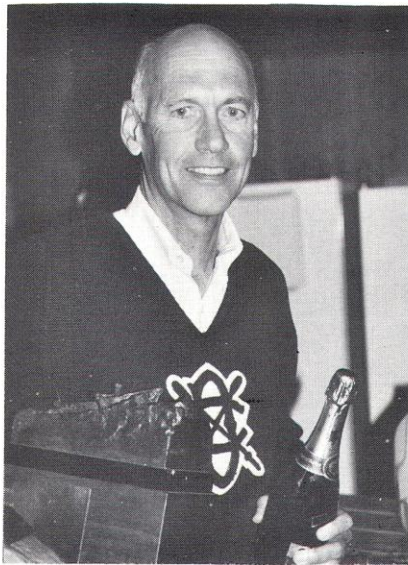
Tracy & Jeremy West are among a crowd held in rapt attention by the awards presentation.



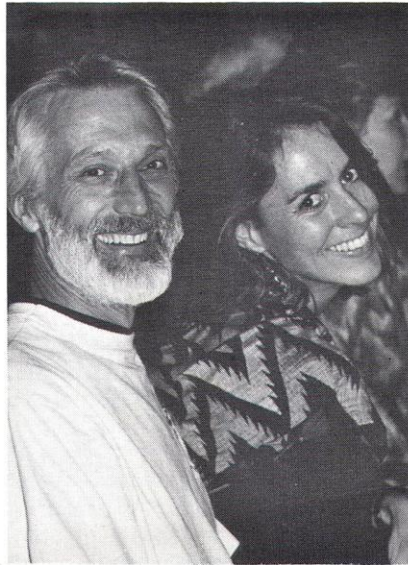
Megan Sullivan and Bob Blum and son Nick added to the evening's fun.



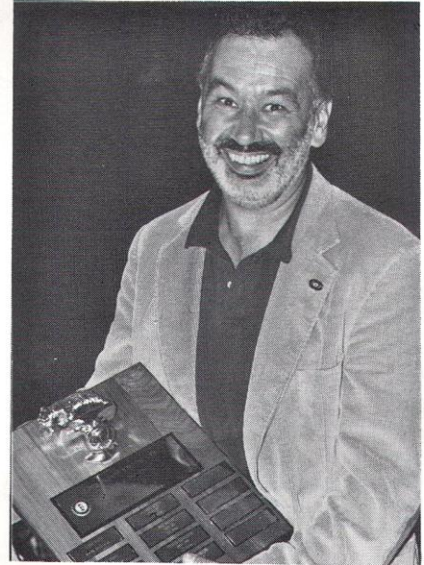
1992's most improved swimmer Laura Burtch displays her name on the perpetual plaque.



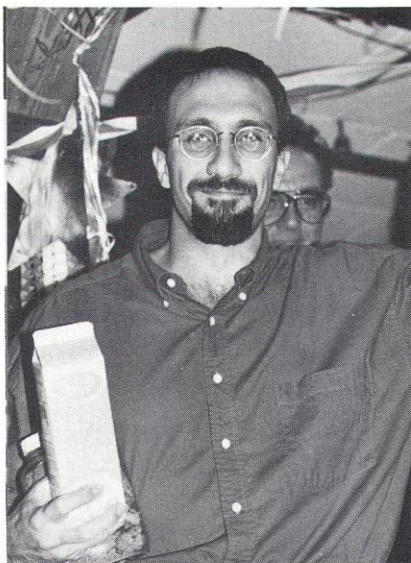
Rich Cooper picked up his award for Pilot of The Year.



Governor Dan Osborne and Lori Parmer obviously enjoying the festivities.



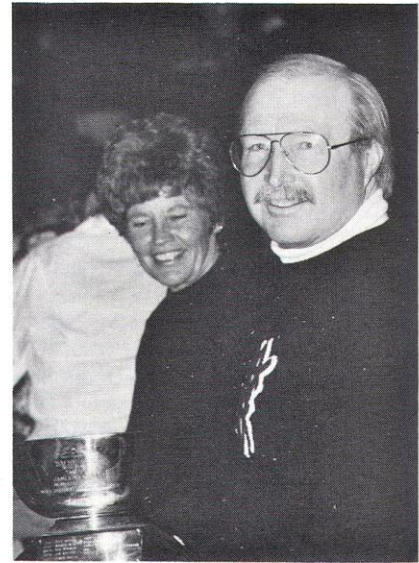
Rich Livingston won the 1991-92 Polar Bear event, logging 127 miles.



Dolphin John Conti won the gourmet cookies and milk door prize.



Prettier than a picture in this picture is Dolphin Gwen Passano Volkman.



Most inspirational swimmer of 1992 was Conrad Von Blankenburg.

Escape From Alcatraz Triathlon-October 17, 1992

The Dolphin Club held its 1992 "Escape From Alcatraz" Triathlon on October 17. The morning was clear and the water calm and warm. Joel Wilson from the South End Club lead the way with a 29:35 time. First finisher was Vince Fausone from the South End with a total time of 3:35:45. First place female was Chris Chorak from the Dolphin Club in a record time of 3:39:52.

Forty seven triathletes started the event with all finishing the swim and only two dropping out.

Twelve relay teams started the event with only one team dropping out.

The awards dinner was held at the Dolphin Club. A fine time was had by all our club members and members of the South End with families and friends in attendance.

Pete Bianucci - Event Organizer

Individuals

Name	Swim	Bike	Total (Run)	Of Note
1. Vince Fausone	42:41	1:31:31	3:35:45	1st Male
2. Chris Chorak	35:42	1:23:25	3:59:52	1st Female
3. Peggy Lavelle	50:19	1:38:25	4:04:57	2nd Female
4. Mike Laramie	46:04	1:31:42	4:11:14	2nd Male
5. Mike Webb	39:59	1:28:52	4:15:33	3rd Male
6. Nick Payne	36:42	1:29:38	4:23:55	
7. Chris Kelly	37:23	1:26:33	4:28:06	
8. Andy Field	41:11	1:39:14	4:35:15	
9. Diane Abele	30:56	1:26:05	4:38:43	3rd Female
10. Jeff Woodhead	53:13	1:46:52	4:45:05	
11. Cecilia DeMartini	45:12	1:38:51	4:46:21	
12. Jon Nakamura	35:09	1:29:39	4:46:37	
13. Robert Belli	38:45	1:26:02	4:47:12	
14. Bill Twomey	50:45	1:34:36	4:47:22	
15. Ken Coren	52:33	1:54:50	4:49:45	
16. Gerald O'Dwyer	51:57	1:41:29	4:55:35	
17. Tom Callinan	50:05	1:44:14	4:57:35	
18. Buck Delventhal	45:03	1:44:15	4:57:36	Fins on Swim
19. Vince Huang	55:09	1:42:56	4:59:59	
20. Emily Sagar	51:14	1:41:30	5:01:02	
21. Bruce Minkiewitz	62:35	1:59:53	5:05:50	
22. Eduardo Barranco	51:07	1:48:10	5:05:54	
23. Linda Stanley	42:07	1:37:59	5:06:25	
24. Cathy Hunag	39:34	1:37:58	5:06:32	
25. Jude Stalker	51:59	1:54:10	5:14:43	
26. Laura Palmer	41:05	1:37:19	5:16:55	
27. Laura Small	53:44	2:06:55	5:18:30	
28. J. Richard Haymes	58:52	1:52:56	5:19:08	
29. Eric Junker	53:15	2:11:38	5:26:50	
30. Camille Manger	49:30	2:08:28	5:27:31	
31. Mike Lagos	51:03	1:44:18	5:27:43	
32. Elliot Evers	60:08	2:11:37	5:31:15	
33. Chuck Vogt	67:31	2:10:49	5:36:03	
34. Julie Marcus	53:01	1:57:35	5:38:33	
35. Peter Neubauer	44:38	1:48:12	5:50:37	
36. Kathy Zirker	54:34	2:03:09	5:58:14	
37. Sally Olson	48:59	1:55:10	5:58:16	
38. Eric Groneman	46:07	1:47:14	5:59:10	
39. Barry Christian	54:10	2:27:51	6:01:35	
40. Warren Welter	64:30	2:16:21	6:02:12	
41. Steve Pinetti	64:30	2:16:21	6:02:12	
42. Keith Weaver	75:21	2:30:21	6:14:00	61 Yrs Oldest
43. Lorna Newlin	51:40	2:03:05	6:21:17	
44. Dave Zovickian	39:32	1:44:55	7:30:00	
45. Laura Burtch	35:05	1:37:22	7:30:00	
Jim Grant	69:20	2:24:45	DNF	
Hal Cranston	55:10	DNF		

Relay Teams

Names	Swim	Bike	Total (Run)
1. Diane Abele Mike DiNunzio Diarmuid MacNeil	30:56	1:20:00	3:32:14
2. Joel Wilson John Kaplanis Jeff Gunderson	29:35	1:11:50	3:34:12
3. Celeste McMullin Liz Spur Marty Mattox	44:25	1:29:49	4:05:35
4. Susan Allen Flicka McGurrian Carol Watson	40:16	1:35:28	4:35:40
5. Marcia Grimm Susan Cobb Joni Beemsterboer	44:06	1:30:03	4:39:02
6. Keith Nowell Linda Nowell Robert Nowell	50:31	2:08:40	5:10:04
7. Joe Flahaven Don Birrer Jim McGowan	43:28	1:30:30	5:13:34
8. Ann Tingley Ken Frank Tina Scott	53:59	1:53:58	5:36:15
9. Don Reid Peter Butler	76:28	2:10:42	5:48:54
10. Laura Merkl Meg Reilly	398:28	1:46:02	6:01:32
11. Patty Kenny Dominic Spenetta	68:13	2:39:30	6:02:12
12. Bob McKenzie Steve Duffy	80:33	2:12:34	DNF

'92 Wrap-up And Look-Ahead to '93 Season

Before a sold out boathouse, the 1992 swimmer and pilot awards dinner culminated a long and successful season. Dolphins, friends and family feasted on flocks of chicken and mounds of pasta prepared to perfection in our Dolphin galley by Mimi Osborne and Co., under the direction of entertainment chair Michael Di Nunzio. The evening's entertainment was provided in the form of trophies, trinkets and the ever popular door prizes. Utilizing the vast resources of the Dolphin membership, an unprecedented number of gift items and certificates were donated. The entire Dolphin Club (and especially the swim commission) is grateful to all those individuals and businesses that contributed. Between drawings for door prizes, tastefully performed by the Vanna sisters, Kathy and Liz Ann Zirker, time was found to acknowledge and honor a wide variety of Dolphins for their contributions to the swim program, large and small, visible or behind the scenes.

This year's most improved swimmer, Laura "Awua" Burtch, achieved fame if not fortune not by borrowing Larry Scroggins' library card, but with a great deal of long, hard and focused Bay swimming. The results of this were most evident in Chrissy Field (12th to 3rd), Twilight Cove (12th to 2nd), the Gate (21st to 8th) and Alcatraz (18th to 3rd), made all the more noteworthy considering the level of competition. Quite an accomplishment to go along with a successful English Channel relay crossing, a few 8-10 hour Bay journeys and the Club's first (in recent memory anyway) Sausalito round trip, which included a new womens' one way record.

Our 1992 most inspirational swimmer has distinguished himself in

many ways, not only this year, but for many years, the results of which stand all around us. That Conrad Von Blankenburg is capable of working for the Dolphin Club as often as he does and survives to tell of it, is inspiration enough. Yet, beyond his work for the Club, it's Conrad the athlete who's proved inspirational. In spite of the decline of his hips to where walking is not the same activity most of us take for granted, Conrad has succeeded at swimming like never before. From our Cove, to the open Bay, Santa Cruz, Tahoe and over to Hawaii, Conrad has improved his swimming to the extent that leap frogging his peers in our events landed him most improved runner up.

Pilot of the year transcends sheer numbers and occupying a craft disguised as land fill. Through experience

Yet, in many ways his quiet and thorough approach enhanced his piloting, whether it's something as simple and obvious as not piloting from a swimmer's blind side or leading a swimmer so as to create a backwash in his/her path.

Helper of the year is a special award, reflecting someone's over-all importance to the swim program. As swim commissioner, my task is made easier or harder depending on the ability of others to provide support and assistance. 1992's helper of the year, Elmer Tosta, has made the position of swim commissioner an easier one for many reasons. Whether it be providing counsel over an oatmeal stout at Tornado or evaluating the merits of the rainbow assortment of old fashions, Elmer has given freely and amply of his time and knowledge. Among many

things, he managed to pilot nearly every test swim, whether it meant opening the Club at 4 a.m. when most Dolphins are dreaming of fast currents or staying the morning when off to work most Dolphins must go. Additionally, his knowledge of our fleet and our pilots has made pilot check in easy and efficient, especially on those occasional days when pilots are as scarce as a pot luck clean up crew.

The awarding of well deserved trinkets revealed the real reason for the ample attendance. For 83 hard working and creative Dolphins, Polar Bear ice floes were in order, along with baby bears for the 30 Dolphins

earning their maiden block. As this *Dolphin Log* goes to press, an expedition is humanely corralling a large herd of the elusive adult bears in the wilds of Petaluma for winter delivery and disbursement. As immortalized in Herb Caen, Rich Livingston, flanked

Door Prize Donors 1992 Awards Banquet

Sincere Thanks to the Following Businesses and Members
Whose Generosity Contributed So Greatly to This Year's Banquet

A Clean Well Lighted Place For Books (S. Dods)	Yosemite Calendars (Celeste McMullin)
Lou's Pier 47 Restaurant	Deluxe Safe Sex Kit (Ward 86-SF General)
Cable Car Canteen (Colin Gift)	Gourmet Cookies (Sue Garfield)
Caffe Freddy's (Mimi Osborne)	Gordon Biersch Brewery (Meg Storey)
The Stinking Rose Restaurant	TGI Friday's Brunch
Blue & Gold Bay Cruise Tix	TGI Friday's Dinner
Swan Oyster Depot (Sancimino Family)	Mulhern & Schachern Rest. (Lou Marcelli)
Pier 23 Rest. (Flicka McGuirrin)	Capp's Corner Rest. (Lou Marcelli)
Apple Computer Gear (Bill Callahan)	Pompe's Grotto (Lou Marcelli)
B. Dalton Books (Gina Rus)	Moose's Rest. (Lou Marcelli)
Marin Brewing Co. (Gina Rus)	Just Desserts (Laura Merkl)
Lombardi's Sports (Anne Sasaki)	Joe Montana Autographed Football (David Rich)
On The Run (Anne Sasaki)	All Sport Beverage Gear (David Rich)
Galletti Bros. Shoe Service (Elmer Tosta)	Compadres Restaurant
Start to Finish (Laura Burtch)	McCormick & Kuleto's Rest (Kate Cronin)
Hotel Triton (Steve Pinetti)	Houlihan's Rest.
Tuscan Inn (Steve Pinetti)	Dipsea Cafe (Lori Parmer)
Juliana Hotel (Steve Pinetti)	Pat O'Shea's Rest. (Susan Allen)
Cafe Pescatore (Steve Pinetti)	SF Chamber Orchestra Tix (Gerald O'Dwyer)
Harry Denton's (Steve Pinetti)	Massage (Pete Neubauer, not personally)
Splendido's Restaurant (Steve Pinetti)	Sparkling Cider (Mike Webb)
Fort Masons Meat Market (Cecco)	Drew College Prep Sweatshirt (Rare) (S. Cuddeback)
Yoga Class (Dodi Marosi)	Sierra Club Books & Calendars (Tina Scott)
Power Bars (Nancy Friedman)	Fior D'Italia Rest. (Steve Worthington)
P. Keller Clothing (Nancy Friedman)	His/Her Clothing (Powning Group)
Hero Arts Rubber Stamp Kits (Nancy Friedman)	1 Case Anchor Steam (Jon Nakamura)
Ray Ban Sunglasses (Stan Hlynsky/Dr. Simon)	Wine Pack (Rudy DeMay)
	Spinnaker Rest. (Tina Scott)

and common sense, as a pilot and as a swimmer, do Dolphins become better pilots and swimmers. Throughout 1992, and for many prior years, Rich Cooper has displayed all of the qualities of an exceptional pilot. To be sure he's not one to yell loudly and carry a big oar.

by several Dolphin mermaids copped the big daddy bear with 127 miles.

For the warm water enthusiasts among us, the five month 100 mile challenge proved a greater test of will, with only 35 tenacious Dolphins equal to the task. Laura Burtch proved most equal, racking up 272 miles. *{The Swim Commission is trying to trace the history of the 100 mile swim, its champs and their mileage. If you have any information, please leave it in my box.}*

Perhaps the presentation of the evening belonged to little Nick and Mom Megan Sullivan, who presented the swim commissioner with an original interpretative drawing of the 1992 spring cove. Never has the spirit of a Club event been captured like my assistant swim commish accomplished with his subtle yet powerful strokes of the crayon.

Over the years the English Channel's siren song has attracted challengers from around the globe, though few have succeeded in answering the call. The past few years have seen several Dolphins, individually and as relays, accept the challenge and succeed. Now, the exploits of soloists Diana Abele, John Davies and Suzanne Heim, as well as relayers Susan Allen, Joni Beemsterboer, Susan Cobb, Karen Drucker, Lisa Smith (first American womens' relay), Susan Allen, Tim Callahan, Ken Frank, Pete Neubauer, Lorna Newlin, Mike Webb and the Danish Channellers Laura Burtch, Pam

Derks, Suzie Dods, Mag Donaldson, Pat McGarvey, Bonnie Winn (American womens' relay record) are laid out for all to see, thanks to a Channel map detailing their respective courses. A glance at this tastefully designed board graphically displays that there is no such thing as a straight shot across the Channel.

The closing months of the swim season had something for everyone. The September 27th Handicap Cove swim offered Dolphins a chance to be a contender for fame and immortality. Despite some serious sandbagging by David Copeland, Patricia North conquered a fierce flood to claim her spot on the perpetual plaque.

Glorious conditions unfolded before the 76 Dolphins journeying to Alcatraz October 4th, flanked by a bountiful fleet of 35 Dolphin craft, Suzanne Heim surged to the head of the class to notch yet another victory in the 32nd fall classic. Back at the boathouse, the victors toasted their accomplishment with doughnuts and chilled bubbly, served in exquisitely crafted crystal emblazoned with the Dolphin crest.

A scant two weeks later Dolphins and South Enders returned to the Rock under sparkling skies. 47 soloists and 12 relays accepted the ultimate challenge, to complete with the elite in the Dolphin Club's own "Escape From Alcatraz" triathlon, where the only wet-suit you'll see is on any spectator tossed overboard for asking if we wear

them.

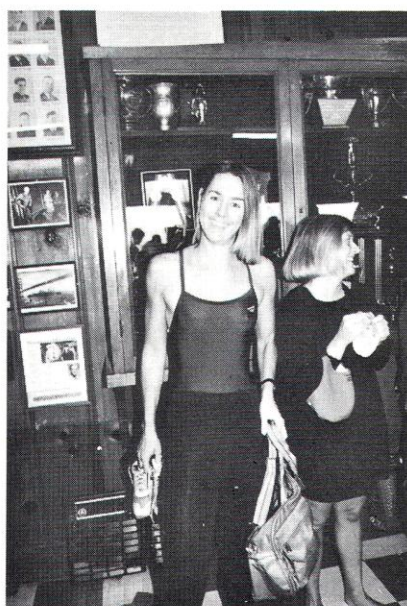
From the dairy farms of Wisconsin to the streets of San Francisco, athletes gathered to test their swimming savvy, cycling stamina and cross country endurance and navigational skills. Though few dare approach this epic struggle cavalierly (and emerge with their toenails intact), rarely has "Escape" fever so gripped its prey as with Mike "the lean, mean, athletic machine" Webb. While anybody can get lost for an hour (those sign posts are sooooo tricky), few train like a Dolphin possessed. Completing the event in 4:15 while placing 5th overall and first among Dolphin men, Mike sliced close to an hour off last year's 10th place finish. For an encore, Mike rode the afterglow of his triumph across a sub six hour quadruple Dipsea five weeks later. As pertains to the swim program (what truly counts in matters athletic) Dolphins garnered 12 of 14 top spots in the swim, with soloist Diana Able top Dolphin in 2nd.

A palpable lack of enthusiasm heralded the arrival of the usually annual Dolphin/South End triathlon. Underwhelmed at having won the trophy last year, and facing the prospect of no SERC trinkets, Dolphins stayed away in droves as the South End reclaimed the plaque it so coveted. Not needing strength in numbers for a good time, 9 Dolphins participated in the Yacht Harbor Swim, 12 in the round trip Fort

- turn to page 11



Lee Hammack (with swim cap) and others await jump-off time.



Lori Parmer (L) and Shannon Kilkenny get ready for the swimmers' briefing.



Vice President John Nakamura shown doing his duty behind the bar at a Club event.

Dolphin Swim Statistics

32nd Alcatraz Oct. 4, 1992

Minimal wind, clear skies, warm
water - 60 +

1. Suzanne Heim	27:26	12. Terry Watts	34:13	31. Larry Scroggins	41:40	3. Laura Burtch	35:05
2. John Selmer	29:26	12. Paul Watts	34:13	32. Eric Groneman	41:41	4. Jon Nakamura	35:09
3. Laura Burtch	30:27	14. Alan Budenz	35:10	33. Gina Rus	41:50	5. Chris Chorak	35:42
4. Lynn Jolly	30:38	15. Laura Merkl	35:23	34. Tina Scott	41:55	6. Nick Payne	36:42
5. Monique Garvin	30:44	16. Peter Drino	36:00	35. Rich Antonchuk	42:00	7. Chris Kelly	37:23
6. Jon Nakamura	32:07	17. Joe Ferrero	36:18	36. Mark Richard	42:26	8. Robert Belli	38:45
7. Suzie Dods	32:37	18. Rick Crafts	36:22	37. Susan Anson	43:20	9. Laura Merkl	39:28
8. David Rich	32:38	19. C. Von Blankenburg	36:30	38. Nancy Friedman	43:28	10. David Zovickian	39:32
9. Tom Schatz	33:09	20. Diane Sosnoski	36:35	39. Glynn Jones	43:33	11. Cathy Huang	39:34
10. Nick Payne	33:31	21. Elmer Tosta	36:57	40. Doug Chambers	43:34	12. Mike Webb	39:59
11. Steve Schatz	34:09	22. Ed Urban	37:00	41. Susan Cobb	44:34	13. Susan Allen	40:16
		23. David Copeland	38:12	42. Scott Anderson	44:39	14. Lori Parmar	41:05
		24. David Marten	38:17	43. Matthew Sheridan	44:47	15. Andy Field	41:11
		25. Eric Mellinger	38:58	44. Marcia Grimm	46:22	16. Linda Stanley	42:07
		26. Dan Osborne	39:41	45. Monica Towers	46:28	17. Vince Fausone	42:41
		27. Krist Jake	40:15	46. John Horner	47:55	18. Joe Flahaven	43:28
		28. Joni Beemsterboer	40:47	47. Ken Coren	48:03	19. Joni Beemsterboer	44:06
		29. Mark Lubiszewski	40:49	48. Rich Livingston	48:18	20. Celeste McMullin	44:25
		30. Megan Sullivan	41:35	49. Vince Huang	48:49	21. Pete Neubauer	44:38
				50. Peggy Lavelle	49:17	22. Buck Delventhal	45:03
				51. Joe Cowan	49:31	23. Celia De Martini	45:12
				52. Roger Kleid	49:36	24. Mike Larimie	46:04
				53. Mag Donaldson	49:37	25. Eric Groneman	46:07
				54. Jude Stalker	49:48	26. Sally Olsen	48:59
				55. George Robin	49:51	27. Camille Manger	49:30
				56. Liz Ann Zirker	50:06	28. Tom Callinan	50:05
				57. Kathy Zirker	50:07	29. Peggy Lavelle	50:19
				58. Anna Henry	50:08	30. Keith Nowell	50:31
				59. Susan Garfield	50:27	31. Bill Twomey	50:45
				60. Nancy Horner	51:25	32. Mike Laggios	51:03
				61. Flicka McGurrian	53:25	33. Eduardo Barranco	51:07
				62. Steve Lathram	53:57	34. Emily Sagar	51:14
				63. Susan Lauritzen	53:58	35. Lorna Newlin	51:40
				64. Sam Cuddeback	54:00	36. Gerald O'Dwyer	51:57
				65. Sandy Lemkuhl	54:53	37. Jude Stalker	51:59
				66. Mary Cantini-Norkin	55:38	38. Ken Coren	52:33
				67. Padraic Doyle	56:21	39. Julie Marcus	53:01
				68. Don Reid	61:57	40. Jeff Woodhead	53:13
				69. Larry Alioto	63:32	41. Eric Junker	53:15
				70. Pat North	64:00	42. Laura Small	53:44
				71. Cathie Direen	64:22	43. Ann Tingley	53:59
				72. Will Powning	64:50	44. Barry Christian	54:10
				73. Pavla Podolska	73:10	45. Kathy Zirker	54:34
				74. Steve North	79:27	46. Vince Huang	55:09
				75. Bill Powning	81:40	47. Hal Cranston	55:10

Handicap Cove Swim September 27, 1992

Sunny, warm air, warm water, good flood

1. Pat North	29:44	26:44	31. Larry Scroggins	41:40	3. Laura Burtch	35:05
2. David Copeland	29:53	15:53	32. Eric Groneman	41:41	4. Jon Nakamura	35:09
3. Bill Powning	29:57	29:57	33. Gina Rus	41:50	5. Chris Chorak	35:42
4. Liz Ann Zirker	32:32	18:32	34. Tina Scott	41:55	6. Nick Payne	36:42
5. Glynn Jones	32:49	16:49	35. Rich Antonchuk	42:00	7. Chris Kelly	37:23
6. Padraic Doyle	33:02	23:02	36. Mark Richard	42:26	8. Robert Belli	38:45
7. Rich Antonchuk	33:08	16:08	37. Susan Anson	43:20	9. Laura Merkl	39:28
8. Pete Bianucci	33:23	25:23	38. Nancy Friedman	43:28	10. David Zovickian	39:32
9. Chuck Vogt	33:24	23:24	39. Glynn Jones	43:33	11. Cathy Huang	39:34
10. Joe Cowan	33:27	20:27	40. Doug Chambers	43:34	12. Mike Webb	39:59
11. Kathy Zirker	33:39	19:39	41. Susan Cobb	44:34	13. Susan Allen	40:16
12. Meg Reilly	34:03	26:03	42. Scott Anderson	44:39	14. Lori Parmar	41:05
13. Mag Donaldson	34:15	21:15	43. Matthew Sheridan	44:47	15. Andy Field	41:11
14. Matt Sheridan	34:24	18:24	44. Marcia Grimm	46:22	16. Linda Stanley	42:07
15. Joe Ferrero	34:30	15:30	45. Monica Towers	46:28	17. Vince Fausone	42:41
16. Ed Urban	34:36	15:36	46. John Horner	47:55	18. Joe Flahaven	43:28
17. Kate Coleman	34:52	17:52	47. Ken Coren	48:03	19. Joni Beemsterboer	44:06
18. Nancy Friedman	35:27	18:27	48. Rich Livingston	48:18	20. Celeste McMullin	44:25
19. David Marten	35:28	15:28	49. Vince Huang	48:49	21. Pete Neubauer	44:38
20. Alan Budenz	35:31	15:31	50. Peggy Lavelle	49:17	22. Buck Delventhal	45:03
21. Marcia Grimm	35:45	18:45	51. Joe Cowan	49:31	23. Celia De Martini	45:12
21. David Rich	35:45	13:45	52. Roger Kleid	49:36	24. Mike Larimie	46:04
23. Susan Cobb	35:58	18:58	53. Mag Donaldson	49:37	25. Eric Groneman	46:07
24. Peggy Cullinane	36:03	23:03	54. Jude Stalker	49:48	26. Sally Olsen	48:59
25. Jon Nakamura	36:07	14:07	55. George Robin	49:51	27. Camille Manger	49:30
26. Joni Beemsterboer	36:16	18:16	56. Liz Ann Zirker	50:06	28. Tom Callinan	50:05
27. Lorna Newlin	36:37	19:37	57. Kathy Zirker	50:07	29. Peggy Lavelle	50:19
28. John Selmer	26:38	12:38	58. Anna Henry	50:08	30. Keith Nowell	50:31
29. Laura Burtch	36:45	13:45	59. Susan Garfield	50:27	31. Bill Twomey	50:45
30. Suzie Dods	27:02	14:02	60. Nancy Horner	51:25	32. Mike Laggios	51:03
31. Bill Callahan	37:25	23:25	61. Flicka McGurrian	53:25	33. Eduardo Barranco	51:07
32. Diana Abele	37:27	12:27	62. Steve Lathram	53:57	34. Emily Sagar	51:14
33. Don Reid	38:34	28:34	63. Susan Lauritzen	53:58	35. Lorna Newlin	51:40
			64. Sam Cuddeback	54:00	36. Gerald O'Dwyer	51:57
			65. Sandy Lemkuhl	54:53	37. Jude Stalker	51:59
			66. Mary Cantini-Norkin	55:38	38. Ken Coren	52:33
			67. Padraic Doyle	56:21	39. Julie Marcus	53:01
			68. Don Reid	61:57	40. Jeff Woodhead	53:13
			69. Larry Alioto	63:32	41. Eric Junker	53:15
			70. Pat North	64:00	42. Laura Small	53:44
			71. Cathie Direen	64:22	43. Ann Tingley	53:59
			72. Will Powning	64:50	44. Barry Christian	54:10
			73. Pavla Podolska	73:10	45. Kathy Zirker	54:34
			74. Steve North	79:27	46. Vince Huang	55:09
			75. Bill Powning	81:40	47. Hal Cranston	55:10

Escape From Alcatraz Triathlon Oct. 17, 1992

Gorgeous conditions: Clear,
warm and flat

1. Joel Wilson	29:35	48. J. Richard Haymes	58:52
2. Diana Abele	30:56	49. Elliot Evers	60:08
		50. Bruce Mankiewicz	62:35
		51. Steve Pinetti	64:30
		51. Warren Welter	64:30
		53. Chuck Vogt	67:31
		54. Patty Kenny	68:13
		55. Jim Grant	69:20
		56. Keith Weaver	75:21
		57. Don Reid	76:28
		58. Bob McKenzie	80:33

Bay Bridge

Oct. 25, 1992

Very good push from the bridge to Pier 39; ebb eased as swimmers stayed close in for safety, with great pilot coverage

1. Suzanne Heim	39:17
2. John Selmer	40:22
3. Monique Garvin	41:22
4. Laura Burtch	42:47
5. Jon Nakamura	43:05
6. Alan Budenz	43:15
7. Diana Abele	43:43
7. Suzie Dods	43:43
9. Diane Sosnoski	43:53
10. David Marten	44:04
11. Pat McGarvey	44:19
12. Susan Allen	44:25
13. Pam Derks	44:26
14. Joni Beemsterboer	44:52
14. C. Von Blankenburg	44:52
16. Eric Shackelford	45:59
17. Celeste McMullin	46:18
18. Mike Webb	46:46
19. Larry Scroggins	47:01
20. Bonnie Winn	47:16
21. Rich Antonchuk	47:48
22. Kate Coleman	48:20
23. Matthew Sheridan	48:24
24. Susan Cobb	48:30
25. Marcia Grimm	48:35
26. Susan Anson	49:52
27. Gerald O'Dwyer	49:57
28. Carol Murphy	40:35
29. David Copeland	51:16
29. Liz Ann Zirker	51:16
31. Joe Cowan	51:22
32. Kathy Zirker	51:35
33. Susan Lauritzen	52:16
34. Ted McKown	52:31
35. Walt Schneebeli	52:35
36. John Hornor	54:21
37. Roger Kleid	59:23
38. Larry Alioto	59:24
39. Pavla Podolska	1:01:07
40. Chuck Vogt	1:03:09
41. Don Reid	1:03:14

Thanksgiving

Day Cove

Nov. 26, 1992

Overcast skies, 54 degree water, minimal wind

SHORT COURSE

1. Rich Cooper	13:50
2. Marla McGowan	14:05
3. Mary Heth	14:06
4. Colin Gift	14:08

5. Monica Towers	14:52
6. Vince Huang	15:27
7. Tom Callinan	15:48
8. Era Osibe	15:48
9. Walt Schneebeli	16:07
10. Steve Lathram	16:20
11. Barry Christian	16:28
12. James Vanya	16:37
13. Mary Cantini-Norkin	17:22
14. Caitlin Smith	18:37
15. Chuck Vogt	19:12
16. Sarah McCuskey	20:24
17. Joe Bruno	21:05
18. Bob McKenzie	21:15
19. Peter Butler	21:40
20. Stacey Singleton	24:15
21. Pat North	26:25
22. Keith Weaver	31:05
23. Steve North	35:00
24. Bill Powning	40:05

LONG COURSE

1. Liam Hennessy	20:24
2. Monique Garvin	21:37
3. John Davies	22:45
4. David Rich	22:50
5. Terry Watts	23:07
6. Paul Watts	23:27
7. George Kebbe	24:11
8. Joe Ferrero	25:00
8. John Lennox	25:00
10. Elmer Tosta	25:09
11. Lori Parmer	25:27
12. Ed Urban	25:30
13. David Broadbear	25:45
14. Diane Sosnoski	26:10
15. Mike Webb	26:40
16. Peter Neubauer	27:25
17. Signe Curtis	28:07
17. David Copeland	28:07
19. Rich Antonchuk	28:43
20. Joni Beemsterboer	28:42
21. Greg Tuerk	29:21
22. Celeste McMullin	29:46
23. Kate Coleman	29:57
24. Megan Sullivan	30:01
25. Susan Anson	30:10
26. Janice Schultz	31:05
27. Susan Cobb	31:17
28. Marcia Grimm	31:25
29. Gina Rus	31:57
30. Lee Hammack	34:00
31. Carter Seddon	35:21
32. Ken Coren	35:30
33. Bill Callahan	37:30
34. Larry Alioto	39:00
35. Mag Donaldson	39:25
36. Nick Strelchuk	41:40
37. Patti Mullin	48:10
38. Peter Royce	50:49
39. Will Powning	51:14

Swim Commissioner's Report

- from page 9

Point trot along with several oarsmen and women in the regatta. As an added treat, the South End served up its famous pineapple upside down cake all around.

The October 25th Bay Bridge swim matched a powerful ebb, strong westerly winds and 41 eager swimmers. A fast swim by nature, the Dolphins felt a tug on their reins as safety dictated a very defined course.

Though not necessarily the most expedient course, the relatively tight and controlled grouping made for a safe and sane swim.

1992's installment of the Thanksgiving Day Cove swim featured 64 participants, one of the season's largest turnouts. Swim commissioners-in-waiting Suzie Dos and Laura Burtch, exercising their talents in crowd control, channeled the energy of an angry mob into a successful 2 course turkey day swim. The excellent post swim buffet helped to assuage the psyches and prime the appetites of those gathered. It's somehow reassuring to know that regardless of who gives the briefing, the lucky person standing on the chair is accorded all the respect and consideration afforded the swim commissioner.

Looking forward to the 1993 swim and BBQ season, a few special events are worthy of note, in addition to the usual suspects. Over the past few years Dolphin road trips have proven quite popular. Now's the time to mark your calendar for the Tahoe Relay (July 17), the Santa Cruz Pier Swim (July 31), the Petaluma River Festival (August 21st) and the jewel of them all, the Gold Lake Rush over the Labor Day weekend. Please note that both the Tahoe and Santa Cruz events absolutely require masters membership. Applications are available on the swim board. Without an official entry, the Santa Cruz swim will not be considered as a qualifying swim. Since application to any masters event will not be accepted without a valid membership card, please get your card well before applying for any event.

A special treat will be dispensed this year to all swimmers, pilots and rowing trainees: The 1993 tides and currents table complete with the swimming and rowing training schedules printed on the back. As there is a limited supply available, please, only one per person. As a condition of receiving this tide book, all participants are expected to learn how to read it. Instruction will be provided at each swim briefing, in the usual clear and concise manner of all briefings.

A final note regarding the 1993 swim schedule: the Coast Guard has not yet issued permits for the September 25th Alcatraz Swim and the October 10th Escape From Alcatraz. As soon as matters are resolved with the almighty powerboat racers and the U.S. Navy, permits will be issued. In the always possible likelihood that a permit is denied, an alternate date(s) will be posted.

Swim fees for 1993 will stay the course at \$38.00. Swim fees are expected of every swimmer, regardless of how many or which events are entered. A signed waiver is also expected of all participants in the program (swimmers, pilots, helpers). Those Dolphins choosing not to sign will be excluded.

As Woody Guthrie said: This Club is your club. Please do your part for a clean and safe boathouse.

Happy New Year

David Zovickian

1993 Swim Schedule

- Date* -	- Event -	- Jump-Off
December 22, 1992 (Mon.).....	Polar Bear Swim Starts	
January 1 (Fri.).....	New Year's Day Cove Swim.....	09.00
January 1 (Fri.).....	★ New Year's Day Alcatraz	TBA*
January 24 (Sun.).....	★ Mid-Winter Gas House Cove Swim.....	09.00
February 14 (Sun.).....	Mid-Winter ♥ Sweetheart Cove Swim.....	09.00
March 21 (Sun.).....	Polar Bear Swim Ends	
March 21 (Sun.).....	Spring Cove.....	09.00
April 3 (Sat.).....	★ Pier 41.....	09.30
May 2 (Sun.).....	★ Dick Beeler Crazy Cove.....	09.00
May 23 (Sun.).....	★ Yacht Harbor.....	09.45
June 1 (Mon.).....	100 Mile Swim Starts	
June 11 (Fri.).....	★ Twilight Cove - Pot Luck BBQ to Follow.....	18.00
June 19 (Sat.).....	★ Crissy Field.....	08.15
July 3 (Sat.).....	★ Fort Point.....	08.00
July 9 (Fri.).....	★ Twilight Pier 41- Pot Luck BBQ to Follow.....	18.00
July 17 (Sat.).....	Trans Tahoe Relay.....	07.30
July 25 (Sun.).....	★ Pier 39.....	08.15
July 31 (Sat.).....	★ Santa Cruz Pier Swim.....	11.00
August 15 (Sun.).....	★ Doc Howard--Over 45 - From Gas House Cove.....	08.30
August 22 (Sun.).....	Over 60 Cove.....	09.00
August 27 (Fri.).....	★ Twilight Gas House Cove & Pilot Appreciation Pot Luck Dinner.....	18.00
September 4 - 6.....	Gold Lake Rush.....	00.00
September 11 (Sat.).....	Golden Gate I - Slow Day.....	09.30
September 12 (Sun.).....	Golden Gate II - Fast Day.....	10.00
September 25 (Sat.).....	Alcatraz.....	09.30
October 3 (Sun.).....	Handicap Cove.....	09.00
October 10 (Sun.).....	Escape From Alcatraz Triathlon.....	08.30
October 17 (Sun.).....	Dolphin/South End Triathlon.....	08.00
October 31 (Sun.).....	100 Mile Swim Ends	
November 13 (Sat.).....	Annual Swim/Pilot Appreciation Dinner.....	19.00
November 21 (Sun.).....	Introduction To Bay Swimming.....	09.00
November 25 (Thurs.).....	Thanksgiving Day Cove.....	09.00
December 19 (Sun.).....	New Year's Day Alcatraz Qualifier.....	09.00
December 21, 1993 (Tues.).....	Polar Bear Swim Starts	

*Pending Coast Guard Approval -- *TBA means "to be announced"

- Swim Program Rules -

1. Club scheduled swims are restricted to club members only.
2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
3. Swimmers must be members in good standing with dues current and swim fees paid.
4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
7. Swim sign-up sheets are posted two weeks prior to each swim.
8. Time limits are imposed and enforced for all swims.
9. All club boats are reserved for scheduled swims; riders are prohibited.

- Additional qualifications for Alcatraz and Golden Gate Swims -

10. In-town members must successfully complete 2 swims marked with a flower (★) and one other scheduled swim and pilot or help on at least 2 others.
11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.

Dolphin Swimming & Boating Club

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

BULK RATE
U.S. POSTAGE
PAID

Permit No. 1020

San Francisco, CA



DOLPHIN LOG



The Official Bulletin of the Dolphin Swimming & Boating Club
Spring - 1993 • San Francisco California • Established 1877

Dolphin Bulletin Board

Miscellaneous News and Notes For the Dolphin Club Membership

On The Cover of the *Dolphin Log* Our Beach Is Born

Although this photograph doesn't appear to be a beach scene, despite the palm trees and sand, it is indeed the beginning of the actual formation of our Aquatic Park beach, and also the Union Square Garage. Hotel St. Francis is in the background.

Prior to this excavation at Union Square, our beach was virtually a rockpile, tough on feet and boats.

I was a student at Galileo High School, at this time, and used to wander down to Aquatic Park during lunch recess to see the beach growing.

Life Member Mike Scafani who

joined the Dolphin Club in March of 1938, was a teamster working for hauling contractor Piombo Bros. & Co. in the late 30's and early 40's. He was drafted into the peacetime Army in February 1941 and released in September of the same year. He drove a dump truck on this project until December of 1941 at which time he re-entered the Service at the beginning of World War II.

Mike feels that this phase of excavation occurred in the Fall of 1941.

Walt Schneebeli

New Roof and Paint For Dolphin Boat House

The Dolphin Club Board of Governors at its regular April meeting, awarded painting, roofing and related carpentry work contracts upon the recommendation of the building committee.

The work which will be completed this year includes a complete new roof and a thorough new exterior paint job.



The whimsical sculpture by Cynthia Coppi decorates the trophy case in the Staib room.

Veteran Dolphin Rico (Moon) Passinisi has been wielding his own paintbrush with fervor as he has extensively freshened up the back stairs and the mens' locker room with a good coat of Dolphin blue.

Yes For New Floor Plan

One hundred ten members present at March's special general membership meeting voted 75 to 35 to adopt the new floor plan for the locker renovation project now in the planning stages.

The new plan moves the current womens' lockers to the new building and relocates both mens' and women's shower/bathroom/sauna facilities to new locations.

When completed the locker room renovation project will alleviate the current locker shortage, allow for future expansion and provide new and expanded shower/bathroom/sauna facilities for both men and women members.

The building committee is now in the process of completing detailed drawings based on the approved floor plan. Then the project will move forward to the permit, bid and construction phases.

Final completion of the effort might take years.

Handball News

The Dolphin handball court was painted on Sunday, April 18th by top handball player Dick Keltner, his red headed son, Rolf Keltner and handball commissioner, George Brennan. A fine job in the best Dolphin tradition of members volunteering their time and skills for the good of the club.

Fortunately, the court will now be at its best for the coming Memorial Day Doubles Handball Tournament, scheduled for May 28, 29, 30, and 31 featuring some of the

- turn to page 4



The Dolphin Log

Editor: Jeffrey Howard Heth

Contributors:

Dave Zovickian • Walt Schneebeli

Published By
The Dolphin
Swimming & Boating Club Inc.
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

1993 Officers

President - Stanley Hlynsky
Vice President - Jon Nakamura
Treasurer - Joe Ferrero
Recording Secty - Suzie Dods
Financial Secty - Jeffrey Heth
Boat Captain - John Bielinski

Board of Governors

Meg Reilly • Dan Osborne
Dave Zovickian • Larry Alioto
Vince Huang • Mike Webb
Lorna Newlin • Anne Claman
Tina Scott

Revival of a Tradition

Dolphin Club Brings Back the Dinner Dance

Jacket and Date Not Required

Entertainment at the Dolphin Club has become such an important aspect of Dolphin life that this year, an entire commission has been appointed to handle the various events which will include an elaborate dinner dance in the great tradition of the Club's past.

Comprised of Jude Stalker, Jeremy West, Gerald O'Dwyer and Bonnie Winn, the commission has already staged a highly successful Old Timers' Crab Feed.

Not since 1977 has the Dolphin Club planned such an elaborate

dinner dance and this year's, scheduled for Saturday June 19th from 6 p.m. until midnight promises to be a very special event.

In keeping with that other great Dolphin tradition of affordability, the \$12.50 ticket price includes dinner (chicken, rice, salad and wine) and of course a live band. With musical styles ranging from rock & roll to swing, the band's offerings are sure to please the usual eclectic Dolphin Club crowd.

All Dolphin Club members 21 or older are invited and that includes the old or new, married or single,

etc. or etc.!

Tickets are limited to 200 and may be purchased beginning May 17th from Jude Stalker, Jeremy West, Gerald O'Dwyer or Bonnie Winn.

The Club expects the event to sell out within three days so please plan accordingly. Advance payment is required by cash or check -- tickets cannot be reserved.

For further information call Gerald O'Dwyer 415-931-0642.



The legendary Dolphin Jimmy Cronin is shown standing in the center of this photo taken at a Dolphin Club dinner dance held in the late 30's at the Fairmont Hotel.

Photo by Andy Camous

Dolphin Bulletin Board:

More News & Notes For the Dolphin Club Membership

- from page 2

best handball players in the sport. Dolphin members are all invited to watch and enjoy the action.

George Brennan
Handball Commissioner
(415) 332-6949

Life Member News

Earlier reports of his demise were incorrect. Actually, attorney James Jerome Cronin (*son of Dolphin legend James John Cronin*) just died on March 6, 1993 at age 91.

From the Puzzled Mind of a Pilot

Something really exciting happened recently on an early morning row! I left the opening of the cove, headed towards the Gate into a flood tide, and rowed at a constant relative speed against the current. Upon reaching a two-mile marker, I noticed a bottle floating along on the tide. I rowed further for fifteen minutes and then turned around and rowed back at the same relative speed. Of course, going with the current rather than against it, my absolute speed was greater. To my astonishment, I caught up with the bottle at the opening! That's all I would need to determine the speed of the current! Assuming it hadn't varied during the row, how fast was the current running?

Okay, Lou, the Giants in the Series might be more exciting.

Rich Cooper
January 1993

New Dates For Alcatraz and Escape

Members are advised to note there are new dates for the annual Alcatraz swim (Saturday, August 7) and the Escape From Alcatraz Triathlon (Sunday, October 24).

The new dates are printed cor-

rectly on back page of this *Dolphin Log*. Please disregard the dates for these events shown in the last issue of the *Log*.

Locker Assignments

There have recently been locker assignments made available to new men and women members. Please check locker room postings for details.

Rowing Available on the Bay or at Lake Merced

Dolphins are reminded that the Club maintains a facility at San Francisco's Lake Merced for rowing sculls. The calm waters of the lake provide an idyllic rowing experience. See posting on the bulletin board for more details.

Training for San Francisco Bay rowing continues on a pre-arranged schedule throughout the year. The two day course can be completed in just one weekend and is mandatory before taking out any boats.

These are the training dates still available this year: May 15 & 16, June 12 & 13, July 17 & 18, August 7 & 8, Sept. 18 & 19, Oct. 23 & 24, Nov. 6 & 7, Dec. 4 & 5. All sessions start at 9:00 a.m. and last to approximately 11:00 a.m.

Old Timers' Crab Feed a Rip Roaring Success

The annual crab feed held on February 20, 1993 fed 240 people. The crab as usual was furnished by the Sancimino family's Swan Oyster Depot and was superbly fresh and flavorful.

New this year were name tags, music, pre-marked table settings, flowers and hors'd'oeuvres.

Coming later this year from the new entertainment commission will be a dinner dance (see page 3), a Coast Guard Appreciation event, September 18 and a Pilot Appreciation event on November 13.

Watch for details to come.

Board Votes Leona Wolff As Special Member

Dr. Leona Wolff has joined the ranks of such notables as Hall Templeton, Jack Lalane and Harry Cordelias.

She has been named a "special" member of the Club in recognition of her unique presence and contribution to the Club.

Board Meetings Open To All Dolphins

The Dolphin Club Board of Governors meets regularly on the third Wednesday of each month at 7:00 p.m. in the Club's Staib Room.

After new members are introduced at the beginning of each meeting, the Board conducts the Club's business in a sometimes orderly fashion. All interested members are encouraged to attend.

Reminder - Guests Must Pay Fee

Guests of members are welcome to use the Dolphin Club facility but they must pay a \$6.50 fee, be accompanied by a member and sign a liability waiver form located just inside the front door.

New Table Dollies Make Tidy Boat House

At the recommendation of the Boat House Captain, Jon Bielinski, the Board of Governors authorized the purchase of two sturdy dollies to hold the many tables which periodically fill the Boat House for Club banquets.

Previously, the tables had been stacked haphazardly in various ways that were not only unsightly, but unsafe and potentially damaging to the tables as well.

-Dave Zovickian's Swim Commissioner Report-

Time to Review Some Basic Swim Etiquette

As the tide turns, so do the days of our lives. And though the season is young, the spring must yield to the summer and so on to the fall. The point, of course, being that the Alcatraz swim has been advanced from September 25th to August 7th, courtesy of the Power Boat Racing Association and the U.S. Coast Guard. Consequently, August 7th will be here soon and there will be two fewer out-of-cove swims available as qualifiers. Plan your swim schedules accordingly. Due to the popularity of the Escape From Alcatraz, it is very unlikely that non-triathletes will be able to do the swim only. Please note that the "Escape" has been

pushed back from October 10th to October 24th, this time courtesy of our friends at the Alcatraz Challenge Biathlon and the U.S. Coast Guard. Currently, all scheduled swims are Coast Guard approved and further changes are not expected. As always, check the swim board for the latest information.

Kicking off the 1993 swim season, 28 daring Dolphins took the 51 degree plunge to ring in the new year.

First to cover the grueling half mile Cove course was Laura Burtch, while baby Rus II was just along for the ride. Meanwhile...deep in the bowels of the South End Club, preparations were finalized for the New Year's Alcatraz swim. True to form, Dolphins carried the day, claiming the top three slots and 16 of the top 20 with Suzanne Heim leading the way; Dolphins doing double duty this day were Warren Welter, Ed Urban, Alan Budenz and Laura Burtch.

One month later, fueled by the mysterious goo, Laura eclipsed by 5

minutes the womens' Bridge to Bridge record, covering the 5.5 miles in 61 minutes.

A bracing north wind provided ample challenge for 44 intrepid Dolphins participating in the January 24th mid-winter Gas House Cove classic. A steaming bowl of oatmeal and visions of trinkets provided more than enough incentive for the 43 finishers, led by Suzanne Heim in the familiar role as victor. With 29 pilot craft plying the icy waters, a safe and sane swim was enjoyed by all.

Twenty nine Dolphins turned out

... it is not necessary to dash up the beach and over those ahead of you to get your stick. . .

February 14th for the Mid-Winter Cove Swim. Under beautifully clear and calm skies, John Selmer led all comers along the St. Valentine inspired heart shaped course.

The twenty first of March signalled the end of creative mileage marking and the onset of spring, and with it the Spring Cove Swim. Forty four Dolphins participated as light winds caressed our balmy cove (56 - 57 degree water). Adding spontaneity to the day oarsman Jim Fagan led Suzanne Heim and company on a tour of the northern reaches of the Cove, when a course market set sail for sea.

The winter of '92/'93 witnessed a most remarkable event: it rained, and rained. And is still raining. For the first time in years, Dolphins can look forward to a few months of fresh, clear run off carrying plenty of flotsam during the ebb, which like unwanted guests will arrive early and stay late.

While the season was blessedly mild overall (no ice baths this go around), there was ample chill in the water and air to challenge

those Dolphins involved in the nineteenth annual battle of the bear. When the surf settled sixty nine Dolphins were equal to the task, including eleven earning their virgin bear. Though Sherwin Williams covers the earth, no Dolphin spent the winter covering more of our cove and the entire Bay than Patrick Freilinger, logging a record 232 miles. No less remarkable is dapper Bill Powning's continued staying power, earning his nineteenth consecutive ice floe.

While the season is still young, it's a good time to review the basics of swimming etiquette.

Contrary to popular practice, group starts aren't a license to pummel. Be kind and spread out --

save your sharpened mails for Masters' events. If you tend to swim at a relaxed pace, starting someplace other than front and center might help to avoid the slicing land dicing by those individuals attempting to swim through you to their greater glory.

The completion of swims is marked by passage under the flags strung across the beach (except of course for Lime Point in the Gate Swim). As the Dolphin Club is not a track club and the swim commission neither promotes nor advocates running, it is not necessary to dash up the beach and over those ahead of you to get your stick. Biathlons are better left to Masters' open water swims. At the same time, stopping to discuss the merits of the North American Free Trade Agreement or going back into the water without even getting and turning in a stick further complicates the timing process. A simple yet dignified stroll is all that's required and in fact simplifies the recording process.

- turn to page 9

Young Dolphins Join Parents in First Annual Event

Serendipitous Easter Egg Hunt Fills Dolphin Beach

Amazing what can happen when just a small sign is posted at the Dolphin Club.

Two weeks before Easter Sunday, Mary Heth posted a very small notice that there would be an egg hunt at the Club on Saturday, the day before Easter and very quickly the event blossomed with a serendipitous life of its own.

Dolphin parents quickly joined in on the planning -- some brought eggs, others pot luck dishes but the big surprise was that the Easter Bunny himself (aka Vic Pizarro) just happened to be a Club member and offered to appear at the event with his bunny helper, daughter Jennifer Pizarro.

Some have noticed how many Dolphin children have been created in the past few years but the first annual Dolphin Club Easter

Egg Hunt was their chance to show their numbers in force.

Pandemonium hit the Dolphin deck when the Easter Bunny and helper arrived. Parents leapt to their view finders to capture the moment on film as the children swarmed with glee around the great rabbit.

While their parents continued

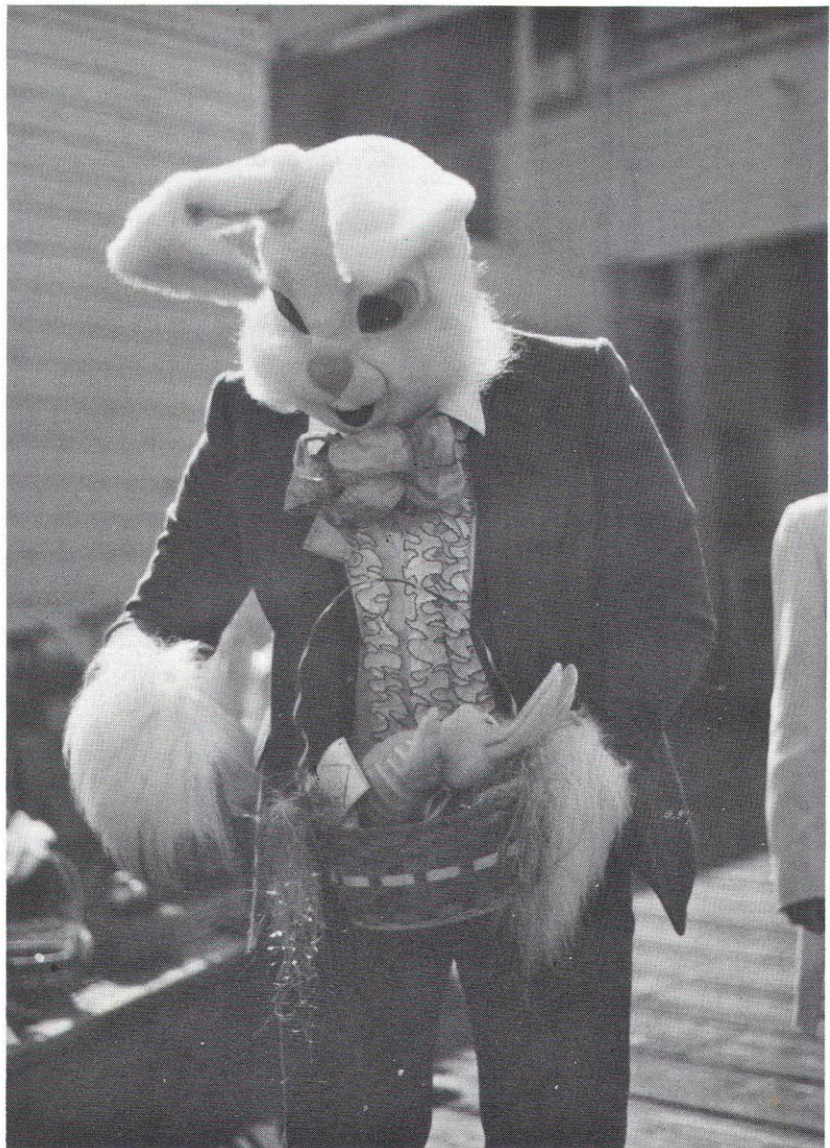
fortifying themselves with fresh orange juice and champagne, the young Dolphins scurried around the beach, collecting the brightly colored eggs and candy.

After the hunt, the entire group enjoyed the pot luck brunch which had been spread on a picnic table.

Next year expect more of the same but with some live music!



Jennifer Pizarro spread a great deal of joy as the Easter Bunny's able assistant.



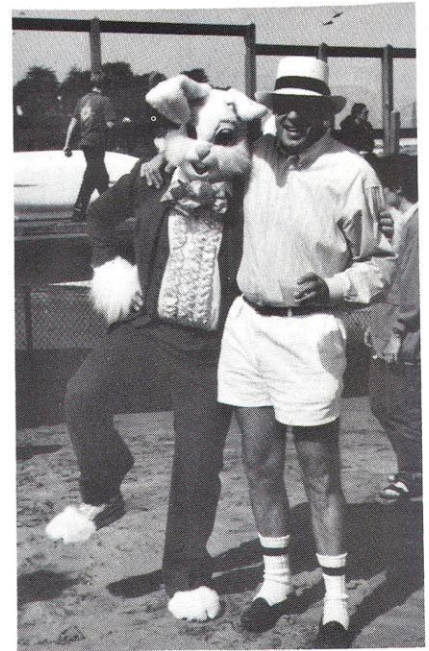
Now that's an Easter Bunny!. Dolphin Vic Pizarro in full regalia arrived on a unicycle with his assistant, an Easter lamb.



Dolphin Jessica Kleid stands in awe at the imposing sight of the Easter Bunny.



Little Dolphin Zoe Molke totes a basket filled with goodies.



The Easter Bunny goofs off with the always ready to be goofy Doug Chambers.



The eager young Dolphins key up on the stairs to the beach as the "hunt" is about to begin. Shown left to right first row are Shannon and Annie Heth, Bruno Schatz and Jessica Huang. Second row left to right are Zoe Molke, Nora Hammack and the Easter Bunny.

Important Dolphin Club Rules Prohibiting Unscheduled Out-of-Cove Swims

Swimming in the Bay is inherently risky. Bay swimming outside the Aquatic Park Cove in heavily-trafficked San Francisco Bay may present even greater risks. Accordingly, the Dolphin Club enforces the following rules regarding Out-of-Cove (defined below) swims which (a) are not Club Swims (defined below) and (b) which use Club Facilities (defined below). Since participants in unscheduled Out-of-Cove Swims (defined below) assume all risks of the event, as a condition of granting Required Consent, the Club may ask for a written release of liability from each participant. Participants in unscheduled events, for which Required Consent has not been obtained, may not use Club Facilities. By granting consent to use

of Club Facilities for unscheduled Out-of-Cove Swims, neither the Club nor the person(s) granting such consent renders any opinion on the safety or advisability of the proposed swim, and neither undertakes any duty to do so.

Failure to obtain required consent for unscheduled out-of-cove swims using Club facilities is grounds for the following member sanctions:

First Offense: One-year suspension from competing in Club Swims.

Second Offense: Expulsion from Club without rights of reinstatement.

Definition of Terms:

- **Club Swim** means those swims published by the swim commission in the Club's official swim schedule or other swim events scheduled by the Swim Commission as part of the Club's organized swim program.

- **Required Consent** means consent to the swim (a) by the Club's head swim commissioner AND (b) consent of the boathouse captain to use Club Facilities.

- **Club Facilities** means any real or personal property of the Dolphin Club, including without limitation boats, radios, dock,

wet suits, beach, clubhouse, showers, sauna, etc.

- **Out-of-Cove** means any part of the Bay outside the perimeter defined by the line of stars on the sketch herewith.

- **Unscheduled Out-of-Cove Swim:** Any swim which (a) is not a Club Swim, (b) occurs in whole or in part Out-of-Cove and (c) uses or involves Club Facilities.

The Spirit and Intent of the Rules

While the above rules may be susceptible to "stretching" or contain "loopholes," the point of the rules is quite clear. These rules are intended to apply if a wet or cold participant may ultimately (directly or indirectly) end up in Club facilities. For example, even if a swim does not technically end at Club facilities, if participants return to Club facilities wet or cold (as opposed to flushed, warm and dry), the swim is subject to consent rules. Likewise, if any Club equipment is used in a swim that does not otherwise involve Club facilities, the swim is subject to consent rules. If you have any doubt regarding whether a proposed swim or row is subject to the above rules, ask the head swim commissioner.

The above rules do not attempt to limit your freedom as a private citizen to conduct swims which are wholly unrelated to the Club, which do not in any way affect the Club and which do not involve Club facilities. Since the Club is the sole sponsor of all swim events, whether in or Out-of-Cove which involve Club facilities, they are subject to Required Consent rules. These rules simply implement the Club's policies and procedures regarding event access and individual access as approved by the S.F. Recreation and Parks Commission.

-Dave Zovickian's Swim Commissioner Report-

- from page 5

No discourse would be complete without mentioning . . . orange caps. The Coast Guard recommends and the Dolphin Club's Board of Governors requires the use of "Day-Glo" or fluorescent orange swim caps on all scheduled swims. (Please see swim program rule #2 on back page) when used collectively. Their high visibility enables safety personnel to quickly and easily locate all participants in a swimming event.

Examples of the two acceptable types of caps are posted on the swim board. Day-Glo orange latex swim caps are available at many sporting and swim shops. Orange Day-Glo latex caps are also available for purchase at all Dolphin Club swims or at any time from the swim commissioner, at a cost of \$3.00 Traditional orange tie on caps (sizes s, m & l) are available from the Apparel Room at a cost of \$4.50. The widely used barracuda brand thermal cap is red and not acceptable, silicone style caps are also not considered bright enough for safety purposes. If in doubt, check with the swim commissioner

prior to the event. No one will be allowed to participate in any Dolphin Club sponsored swim without an orange cap.

Except for scheduled Dolphin Club swims, out-of-cove swimming, either individually or as a member of any event or group, is not permitted if any Club facilities are used or involved, including but not limited to the boat house, locker rooms, showers and sauna. If you choose to participate in any out-of-cove swim events not sponsored by the Dolphin Club and wish to use Dolphin Club facilities, written consent of both the boat house captain and the swim commissioner is required. Please refer to the complete rules, which are posted throughout the Club and in this issue of the *Dolphin Log*.

Also, pursuant to the by-laws of the Dolphin Club, no Dolphin Club property, including Club boats, kayaks, surf skis and surfboards shall pilot non-Dolphin/South End Club events.

For the safety of all, please abide by these and all other rules.

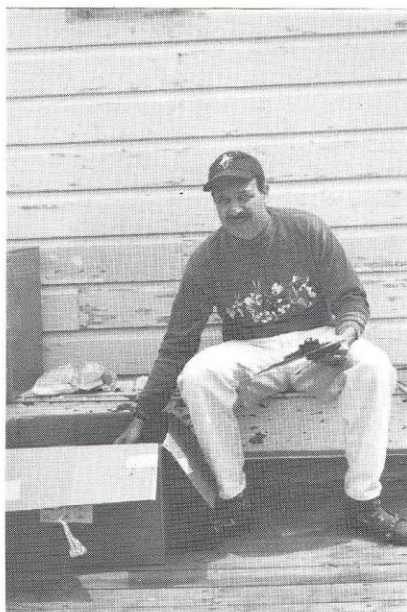
Other tried and true prerequisites of all Dolphins participating

in the swim program include the payment of swim fees (\$38.00) and at least six months of Club membership. All participants, whether as , pilots or helpers must sign the Club waiver. Those Dolphins choosing not to sign will necessarily be excluded from the swim program.

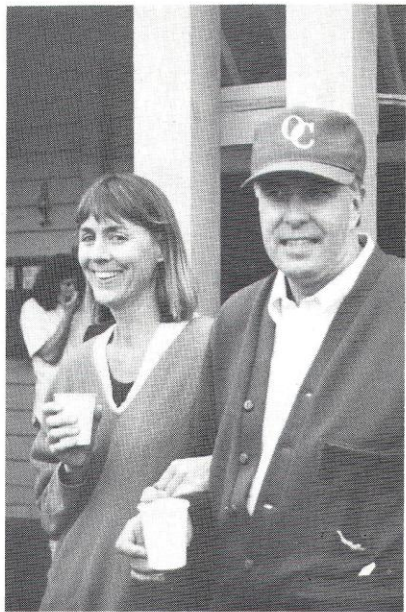
All of the above rules and requirements are authorized by action of the Board of Governors for the safety of our swimmers, pilots and helpers. Inquiries may be directed to the swim commissioner or the Board of Governors.

Moving on, many thanks to Lindsay Casablanca and Larry Scrogins for taking the initiative to reset and align our buoys along the beach. And a belated thanks to Ceasar's Restuarant (via Lou Marcelli) for a gift certificate and Mag Donaldson for Kitty Fishin' (the great cat teaser toy) donations to the swim dinner.

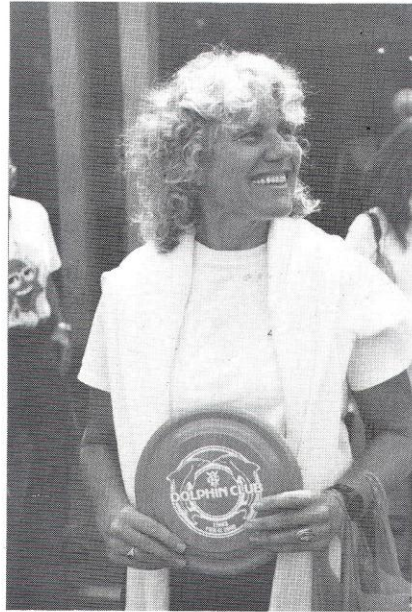
To quote no one in particular, "A CLEAN GALLEY IS A HAPPY GALLEY CAPTAIN". Please clean up after yourself, and don't forget to wash your feet!



Known as the Mr. Manners of swim etiquette, is head swim commissioner David Zovickian.



Lovely Lori Parmer (L) and the very sociable Doug Chambers relax at the '93 Pier 39 swim.



Radiant with her frisbee swim award is regular Dolphin swimmer Anne Tingley.

Dolphin Swim Statistics

South End Rowing Club
New Year's Day Alcatraz
January 1, 1993

1. Suzanne Heim	Dolphin	29:52	33. Larry Scroggins	Dolphin	49:40
2. Liam Hennessy	Dolphin	31:07	34. Krist Jake	Dolphin	49:48
3. John Selmer	Dolphin	32:53	35. Celia DeMartini	S. End	49:50
4. Alex Johnston	S. End	33:39	36. Alan Levinson	S. End	50:01
5. David Claman	Dolphin	34:07	37. Ivy Yarborough	S. End	50:05
6. Laura Burtch	Dolphin	34:13	38. Nancy Friedman	Dolphin	51:00
7. Dave Horning	S. End	34:24	39. Susan Anson	Dolphin	51:20
8. Tim Reid	S. End	35:55	40. Dan Goodman	S. End	51:41
9. John Davies	Dolphin	37:02	41. Alison Cohen	S. End	52:18
10. Suzie Dods	Dolphin	37:07	42. Rich Livingston	Dolphin	52:35
11. Jon Nakamura	Dolphin	37:46	43. Bill Horgos	S. End	52:35
12. David Rich	Dolphin	38:20	44. Laurey Greider	S. End	53:40
13. George Kebbe	Dolphin	38:58	45. Mike Lagios	S. End	54:51
14. Alan Budenz	Dolphin	39:03	46. Keith Nowell	S. End	54:54
15. Paul Watts	Dolphin	41:41	47. Susan Cobb	Dolphin	55:27
16. Larry Kean	S. End	42:07	48. Dan Macchiarini	S. End	55:29
17. Laura Merkl	Dolphin	42:10	49. Patrick Freilinger	Dolphin	56:09
18. Bonnie Winn	Dolphin	42:17	50. Ken Coren	Dolphin	57:48
19. Elmer Tosta	Dolphin	42:29	51. Rich Antonchuk	Dolphin	57:48
20. Joe Ferrero	Dolphin	42:59	52. Doug Chambers	Dolphin	60:26
21. Ed Urban	Dolphin	43:10	53. Laura Lent	S. End	60:44
22. Mike Webb	Dolphin	44:41	64. Judy Irving	S. End	61:03
23. Mickey Lavelle	Dolphin	44:51	65. Courtney Clarkson	S. End	62:41
24. Tom Carter	S. End	45:11	66. Tom Bostock	S. End	62:57
25. Kevin O'Keefe	S. End	46:25	67. John Rohosky	S. End	64:52
26. Andy Field	S. End	46:30	68. Bill Callahan	Dolphin	66:11
27. David Copeland	Dolphin	46:52	69. Warren Welter	Dolphin	70:10
28. Joni Beemsterboer	Dolphin	47:52	70. Mike Berline	S. End	70:53
29. Pete Neubauer	Dolphin	48:50	71. Larry Alioto	Dolphin	83:47
30. Bruce Armbruster	S. End	48:52	72. Mike Roller	Dolphin	103.50
31. David Deasy	S. End	48:56	73. Ted McKown	Dolphin	DNF
32. Tony Ragusin	S. End	49:35			



A typically eclectic group of Dolphin swim participants is shown here gathered on the Club deck for one of the first swims of the 1993 season -- the Pier 39 swim.

New Year's Day Cove Jan. 1, 1993

Overcast with light winds. 1/2 mile
course, 51 degree water

1. Laura Burch	11:34
2. Anne Claman	11:37
3. Alan Budenz	11:49
4. Dan Osborne	12:26
5. Ed Urban	12:33
6. David Zovickian	13:53
7. Kate Coleman	14:56
8. Monica Towers	15:10
9. Rich Cooper	15:21
10. Gina Rus	15:29
11. Joe Cowan	15:36
12. Sue Garfield	15:44
13. Anna Henry	15:48
14. Roger Kleid	16:01
15. Nancy Hornor	16:48
16. Era Osibe	17:06
17. Warren Welter	17:38
18. Sandy Lemkuhl	17:54
19. Gerald O'Dwyer	18:20
20. Lindsay Casablanca	19:30
21. Will Powning	19:48
22. Vince Huang	19:58
23. Keith Weaver	21:07
24. Pat North	22:20
25. Pavla Podolska	22:51
26. Bob McKenzie	23:00
27. Mimi Osborne	24:20
28. Steve North	24:56

Mid-Winter Gas House Cove Jan. 24, 1993

A very cold 50-51 degrees, mod-
erate north wind, clear skies, light
chop, weak flood

1. Suzanne Heim	17:39
2. John Selmer	18:19
3. David Claman	19:05
4. Laura Burch	19:40
5. David Rich	19:57
6. Jon Nakamura	20:20
7. Joe Ferrero	22:52
8. Elmer Tosta	23:08
9. C. Von Blankenburg	23:56
10. Joni Beemsterboer	24:12
11. Larry Scroggins	24:59
12. Krist Jake	25:17
13. Pete Neubauer	25:32
14. Blath Groonell	28:02
15. Barbara Keller	28:24
16. Richard Haymes	28:53

17. Joe Cowan	28:55
18. Marcia Grimm	29:08
19. Susan Garfield	29:16
20. Jerry Cullen	29:23
21. Jude Stalker	29:54

22. Warren Welter	29:56
23. David Copeland	30:05
23. Liz Ann Zirker	30:05
25. Phil Fernandez	30:15
26. Bill Callahan	30:20
27. Era Osibe	31:16
28. Walter Schneebeili	31:19
29. Sandy Lehmkuhl	31:59
30. Mag Donaldson	33:22
31. Larry Alioto	33:42
32. Helene Marchant	34:04
33. Nick Steelchuk	34:24
34. Lindsay Casablanca	34:31
35. Pat North	35:08
36. Chuck Vogt	35:24
37. Sarah McCuskey	38:08
38. Pavla Podolska	39:45
39. Steve North	42:10
40. Don Reid	42:40
41. Pat Kovara	42:47
42. Keith Weaver	45:00
43. Bill Pwoning	62:42

Mid-Winter Sweetheart Cove Swim Feb. 14, 1993

Beautiful clear and calm weather,
54 degree water

1. John Selmer	12:02
2. Laura Burch	12:57
3. David Rich	13:12
4. Mike Webb	14:53
5. Dan Osborne	15:03
6. Larry Scroggins	15:05
7. Signe Curtis	15:18
8. David Copeland	15:29
9. Joni Beemsterboer	15:42
10. Peter Neubauer	15:44
11. Krist Jake	15:48
12. David Zovickian	15:59
13. Liz Ann Zirker	18:08
14. Nancy Friedman	18:10
15. Susan Cobb	18:35
16. Monica Towers	18:38
17. Barry Christian	19:01
18. Lee Hammack	19:33
19. Roger Kleid	19:33
20. Era Osibe	21:12
21. Ken Frank	21:37
22. Jude Stalker	22:09
23. Warren Welter	22:51
24. Helene Marchant	22:53
25. Larry Alioto	23:18

26. Lindsay Casablanca	23:29
27. Chuck Vogt	23:50
28. Pat North	27:50
29. Phil Kohlenberg	38:29

Spring Cove March 21, 1993

1. Suzanne Heim	17:10
2. Diana Abele	18:44
3. John Davies	19:00
4. Chris Kelly	19:09
5. Terry Watts	19:46
6. Paul Watts	20:01
7. Laura Burch	21:10
7. Suzie Dods	21:10
9. Mickey Lavelle	21:21
10. Joe Ferrero	21:36
11. Signe Curtis	21:37
12. Laura Merkl	21:38
13. Elmer Tosta	22:05
14. Dan Osborne	22:28
15. John Haymaker	22:35
16. David Copeland	22:57
17. Lou Meyer	24:03
18. Celeste McMullin	24:09
19. Kate Coleman	24:18
20. Matt Sheridan	24:22
21. Blath Groonell	24:24
22. Susan Anson	24:56
23. Greg Tuerk	25:02
24. Susan Cobb	25:40
25. John Hornor	26:18
26. Rich Cooper	26:34
27. Liz Ann Zirker	29:12
28. Gina Rus	29:45
29. Era Osibe	29:46
30. Sandra Lehmkuhl	30:17
31. Warren Welter	30:35
32. Mary Sancimino	30:47
33. Nick Strelchuk	31:23
34. Pam Stillwagon	31:37
35. Gerald O'Dwyer	34:00
36. Kathy Zirker	35:01
37. Peter Bianucci	35:26
38. Phil Sancimino	36:25
39. John Conti	36:40
40. Meg Reilly	36:49
41. Pavla Podolska	43:07
42. Bill Powning	46:26
43. Joe Bruno	47:12
44. David Broadbear	49:15

1992 - 1993

Polar Bear

Patrick Freilinger	232
Laura Burch	152
Geroge Kebbe	114
Laura Merkl	112.50
Suzie Dods	71.25
Krist Jake	63

John Dugan	61
Pavla Podolska	60.75
Chuck Shackett	60
David Zovickian	60
Dan Osborne	56
John Davies	55.25
Signe Curtis	54.50
Ed Urban	52
Tom McCarty	51.50
Nancy Friedman	50.25
Pat North	50
Blath Groonell	49
John Selmer	47
Mag Donaldson	46
Sue Garfield	45
Nick Payne	44
Bill Powning	44
Larry Scroggins	44
Steve Worthington	44
Joe Bruno	43
Lindsay Casablanca	43
David Claman	43
Bill Anelli	42.50
Anna Henry	42.50
Mimi Osborne	42.50
David Copeland	42.25
Tom Hofmann	42
Liz Ann Zirker	41.75
Joe Cowan	41.50
Marcia Grimm	41.50
Phil Kohlenberg	41.50
David Rich	41.50
Susan Cobb	41.25
Jon Nakamura	41.25
Joe Abbott	41
Jerry Cullen	41
Lee Hammack	41
Celeste McMullin	41
Peter Neubauer	41
Steve North	41
Lori Parmer	41
Neal Powers	41
Tina Scott	41
Warren Welter	41
Larry Alioto	40.75
Susan Anson	40.75
Michael DiNunzio	40.75
Matt Sheridan	40.75
Keith Weaver	40.75
Alan Budenz	40.50
Barbara Keller	40.25
Joni Beemsterboer	40
Peter Bianucci	40
Doug Chambers	40
Hal Cranston	40
Gary Ersham	40
John Haymaker	40
Richard Haymes	40
Vince Huang	40
Marcus LaTour	40
Julie Marcus	40
Renaldo Siedenburg	40
Mike Webb	40

1993 Swim Schedule Remaining

- Date* -	- Event -	- Jump-Off
March 21 (Sun.).....	Spring Cove.....	09.00
April 3 (Sat.).....	★ Pier 41.....	09.30
May 2 (Sun.).....	★ Dick Beeler Crazy Cove.....	09.00
May 23 (Sun.).....	★ Yacht Harbor.....	09.45
June 1 (Mon.).....	100 Mile Swim Starts	
June 11 (Fri.).....	★ Twilight Cove - Pot Luck BBQ to Follow.....	18.00
June 19 (Sat.).....	★ Crissy Field.....	08.15
July 3 (Sat.).....	★ Fort Point.....	08.00
July 9 (Fri.).....	★ Twilight Pier 41- Pot Luck BBQ to Follow.....	18.00
July 17 (Sat.).....	Trans Tahoe Relay.....	07.30
July 25 (Sun.).....	★ Pier 39.....	08.15
July 31 (Sat.).....	★ Santa Cruz Pier Swim.....	11.00
<hr/>		
August 7 (Sat.).....	Alcatraz.....	08:45
<hr/>		
August 15 (Sun.).....	★ Doc Howard--Over 45 - From Gas House Cove.....	08.30
August 22 (Sun.).....	Over 60 Cove.....	09.00
August 27 (Fri.).....	★ Twilight Gas House Cove & Pilot Appreciation Pot Luck Dinner.....	18.00
September 4 - 6.....	Gold Lake Rush.....	00.00
September 11 (Sat.).....	Golden Gate I - Slow Day.....	09.30
September 12 (Sun.).....	Golden Gate II - Fast Day.....	10.00
October 3 (Sun.).....	Handicap Cove.....	09.00
October 17 (Sun.).....	Dolphin/South End Triathlon.....	08.00
<hr/>		
October 24 (Sun.).....	Escape From Alcatraz Triathlon.....	08.45
<hr/>		
October 31 (Sun.).....	100 Mile Swim Ends	
November 13 (Sat.).....	Annual Swim/Pilot Appreciation Dinner.....	19.00
November 21 (Sun.).....	Introduction To Bay Swimming.....	09.00
November 25 (Thurs.).....	Thanksgiving Day Cove.....	09.00
December 19 (Sun.).....	New Year's Day Alcatraz Qualifier.....	09.00
December 21, 1993 (Tues.).....	Polar Bear Swim Starts	

- Swim Program Rules -

1. Club scheduled swims are restricted to club members only.
 2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
 3. Swimmers must be members in good standing with dues current and swim fees paid.
 4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
 5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
 6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
 7. Swim sign-up sheets are posted two weeks prior to each swim.
 8. Time limits are imposed and enforced for all swims.
 9. All club boats are reserved for scheduled swims; riders are prohibited.
- Additional qualifications for Alcatraz and Golden Gate Swims •**
10. In-town members must successfully complete 2 swims marked with a flower (★) and one other scheduled swim and pilot or help on at least 2 others.
 11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
 12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

Schedule Revised February 1993 to reflect new dates for Alcatraz and Escape From Alcatraz

**Dolphin Swimming &
Boating Club**

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

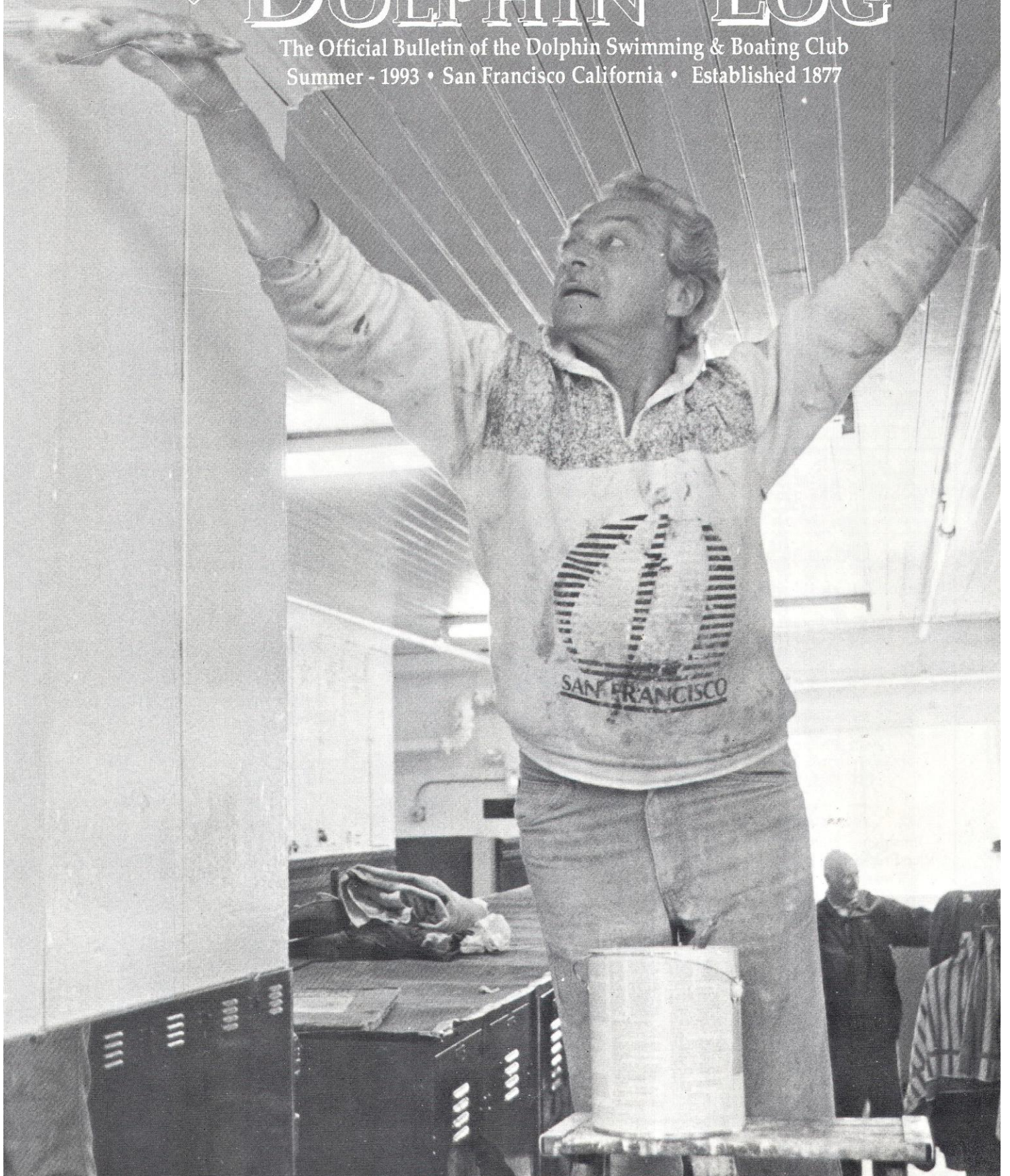
BULK RATE
U.S. POSTAGE
PAID

Permit No. 1020
San Francisco, CA



DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
Summer - 1993 • San Francisco California • Established 1877



Dolphin Bulletin Board

Miscellaneous News and Notes For the Dolphin Club Membership

On The Cover of the *Dolphin Log* Moon Over Lockers

Shown here in fine form and bringing new meaning to the term "volunteer effort", Rico (Moon) Passasini single-handedly repainted the men's locker room recently. Moon's next project is the Club's kitchen which was made ready by another Dolphin volunteer, Pat North who completely emptied the kitchen and scoured out every corner in a long overdue major clean-up.

End of an Era

Dear Dolphins:

After many years serving as editor of the *Dolphin Log*, this issue will be my final effort. My family

and I are relocating to Cape Cod and while my wife Mary and I will remain "out of town" members, I cannot realistically continue the *Log* from such a vast distance.

I recently glanced through the 40 or more *Logs* which I put together over the last 10 years and was frankly impressed by not only the volume of issues but by the quality of each. . . made that way largely due to the many fine contributions from various Dolphin photographers, artists and writers. Of particular note have been Walt Schneebeli's historical pieces, Dave Zovickian's glib Swim Commissioner Report plus the photography of Elmer Tosta, Barbara Keller and John Perino.

So farewell to all you fine fellow finned friends -- I will be visiting the Club periodically and hope to see you when I do.

Jeffrey Heth

Petaluma Rowing Regatta Results

Dolphins placed well in the re-

cent Head of the Petaluma Rowing Regatta on July 11, 1993. Dolphins Jim Morino and Heinz Wichelhaus placed third in recreational doubles and Michael Wissenburger rowed an excellent race in a single shell.

All fifty boats completed the extremely fast six mile course in the heavy winds and tide. The sun showed up for the awards ceremony and luncheon.

Host club Petaluma Rowing Club invited more Dolphins to come row next year. Interested members can contact Heinz Wichelhaus at 415-387-6143 to row at the Dolphin Club's Lake Merced facility.

Yoga Classes Are Available

On going yoga classes continue at the Dolphin Club on Tuesday and Friday from 7:00 - 8:15 and from 8:30 - 9:15 a.m. in the handball court. The cost is \$8.00 for drop in or \$28.00 for 4 classes paid in advance. Contact Dodi Marosi for more information

Rowing Training Available

Dolphins are reminded that the Club maintains a facility at San Francisco's Lake Merced for rowing sculls. The calm waters of the lake provide an idyllic rowing experience. See posting on the bulletin board for more details.

Training for San Francisco Bay rowing continues on a pre-arranged schedule throughout the year. The two day course can be completed in just one weekend and is mandatory before taking out any boats.

These are the training dates still available this year: August 7 & 8, Sept. 18 & 19, Oct. 23 & 24, Nov. 6 & 7, Dec. 4 & 5. All sessions start at 9:00 a.m. and last to approximately 11:00 a.m.

- turn to page 4



The Dolphin Log

Editor: Jeffrey Howard Heth

Contributors:

Dave Zovickian • Walt Schneebeli

Photography by John Perino

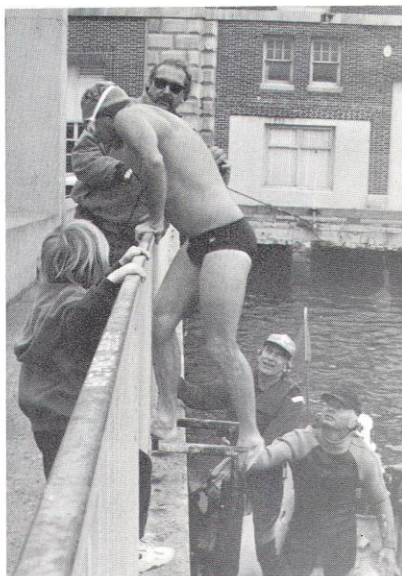
Published By
The Dolphin
Swimming & Boating Club Inc.
502 Jefferson St.,
San Francisco, CA 94109
Organized in 1877

1993 Officers

President - Stanley Hlynsky
Vice President - Jon Nakamura
Treasurer - Joe Ferrero
Recording Secty - Suzie Dods
Financial Secty - Meg Fitzgerald
Boat Captain - Jeremy West

Board of Governors

Meg Reilly • Dan Osborne
Dave Zovickian • Larry Alioto
Vince Huang • Mike Webb
Lorna Newlin • Anne Claman
Tina Scott



Patrick Frielinger emerges on the final day of the Polar Bear Swim having logged a record-breaking 232 miles.

One Hundred Years Ago
Dolphin Club's Annual
Excursion and Picnic
&
An Important Early
Bay Swim

- Compiled by Walt Schneebeli

1492 15TH ANNUAL EXCURSION AND PICNIC 1892

OF THE

Dolphin S. and B. Club

WILL BE HELD AT

MANZANITA CANYON, SANTA CRUZ MOUNTAINS

SUNDAY, MAY 21st, 1893

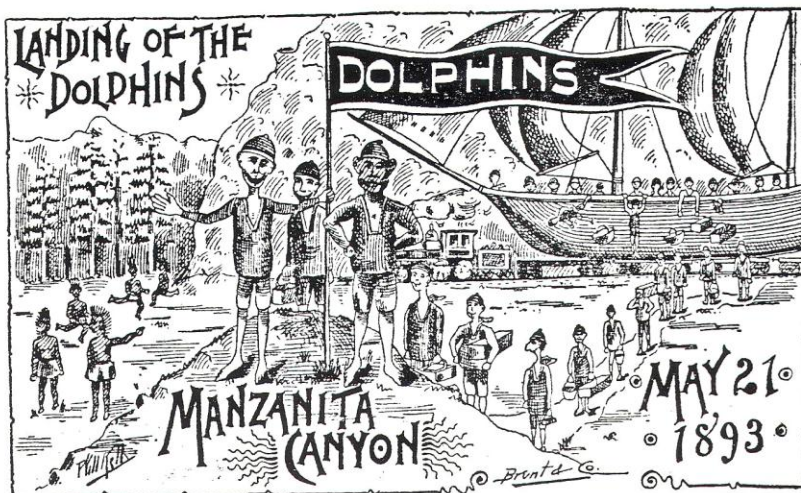
Boats leave foot of Market St., 8:45 and 9:15 A. M.

MUSIC BY L. VON DER MEHLEN'S BAND

1877 TICKETS, - (ROUND TRIP) - \$1.25 1893

Children under Twelve, 75 Cents.

BRUNT & CO. PRINT, 535 CLAY ST. S. F.



LONG-DISTANCE SWIMMING.

How Ernest Wynne Remains in the Water so Long

One of the most remarkable long-distance swimmers of the world is Ernest Wynne, a young Englishman, now a resident of this city. He is a native of Essex and grew up as an athlete. He will not object to trying conclusions with any who may think they can do greater work in the water than he can.

Wynne is noted as a football player and fencer as well as a swimmer. A few days ago he started out from Fort Mason to swim to Alcatraz, which is over three miles in a direct line. In consequence of contrary tides, however, he was compelled to swim to Arch rock and work over a course of six miles, which he made in the rather remarkable time of one hour and fifty minutes.

Wynne was accompanied over the course by Attridge and Williams of the Dolphin Boating and Swimming Club in a boat. The performance was witnessed by Dr. Riehl, one of the strongest swimmers on the coast, who gives it as his opinion that the young man can go against anything in the world in his line.

In order to keep himself from being chilled during such a long stay in the water, Wynne covers himself with coconut oil. This is the greatest protection that he finds in chilly waters. His swim from Sausalito to Kershaw Island some time since was never accomplished by anyone save Dr. Riehl, who did it twelve years ago. The present champion is 6 feet and 1 inch in height and weighs 173 pounds. All of his long-distance swimming is done



ERNEST WYNNE.

by the breast stroke alone, and in the last great six-mile struggle not a single rest was taken.

REPRODUCED FROM
S. F. CHRONICLE 1893

Dolphin Bulletin Board:

More News & Notes For the Dolphin Club Membership

- from page 2

Teddy Speaks

Dear Fellow Club Members:

I ran across this quote the other day. . .

"I cannot help thinking that the people with motor boats miss a great deal. If they would only use oars or paddle themselves, they would get infinitely more benefit than by having their work done for them by gasoline."

--Theodore Roosevelt

Regards,
Michel F. Willey

Baby Watch Co-Op

Dear Parents:

If you are interested in forming a baby watch co-op on Saturday mornings, please contact me at 415-585-5424.

Carla Curtis

Club's Face Lift Completed On Schedule

Under the supervision of boat house captain Jon Bielinski, the Club has completed scheduled projects including a new roof, a new paint job and a variety of structural improvements. Planning now continues for locker room renovations. This plan moves the current womens' lockers to the "new" building and relocates both mens' and women's shower/bathroom/sauna facilities to new locations.

When completed the locker room renovation project will alleviate the current locker shortage, allow for future expansion and provide new and expanded shower/bathroom/sauna facilities for both men and women members.

Stephen Salvi Passes

Dolphin Club members were saddened by the loss of Stephen

Salvi who passed away suddenly on June 12, 1993. Stephen had been active in the Club for many years and was rowing commissioner at Lake Merced from 1987 - 1990. He is survived by his wife Christina,

his parents and siblings. Club members wishing to honor Steve's memory may call Jim Storm (week-days at 752-1454) for details. His friendship and support of the Club will be missed.

Escape From Alcatraz Triathlon Set For Sunday, Oct. 24

As the hills turn brown and the days grow longer Club members start to think "DIP-SEA". The "Dolphin Club Escape From Alcatraz Triathlon" will again be a great challenge. Instead of escaping from the law, participants will attempt to complete the event and better their times. The "Escape" is not only a race against others but a race against oneself.

The event is open to any member in good standing, 6 months or longer of the Dolphin or South End Clubs. This year the race returns to the original staging area in Mill Valley at Old Mill Park. To cut costs, belt buckles will be awarded only to members completing the full triathlon. (relay team members may purchase buckles for \$15.00 each). A silver belt buckle will be awarded to the first female and the first

male. As usual the Club needs many volunteers to serve as pilots, timers and helpers and to provide transportation and security and to help at aid stations and with kitchen set up and clean up. A T-shirt and dinner will be provided to all who participate. Any wishing to bring a guest to the awards dinner may do so for a cost of \$5.00 each.

Applications will be available after August 15. Final day to submit an application will be October 20. All late entries will cost an additional \$10.00.

Full triathlon: \$50.00 each (includes T-shirt, Belt Buckle and one dinner).

Relay Team Members: \$20.00 each (includes T-shirt and one dinner each).

For further information contact Pete Bianucci at 415-597-4738.



Crab feed, move over . . . the oysters are here! The first ever oyster feed was held at the Dolphin Club this season as a fund raiser for the English Channel attempts planned for late summer -- see the swim commissioner's report on page 8 for more details. *Photos by John Perino*



The Dolphin Club's revival of the dinner dance was a complete success, evidenced by the happy shots of the various party-goers shown here. The Club's boat house had never in its history seen such an event.

Photos by John Perino



From the tuxedo clad set to the Hawaiiin and polo shirt crowd, the Dolphin dinner dance attracted the usual eclectic group of revelers -- the best party of the season -- anyone's season!

Photos by John Perino

Suzanne Heim Emerges Victoriously

Summer is here, delivering warm water, cool fog and those beloved little squares which comprise the 100 mile swim. With visions of trinkets and glory dancing in their dreams, nearly 120 Dolphins have accepted the challenge of 5 miles a week through October, putting some strain on not a few swelling noses.

A perennial tourist favorite, the April 3rd Pier 41 swim successfully opened the spring out-of-cove season with Suzanne Heim easily besting a bountiful field of 75 Dolphins. Not one to let a wounded flipper beach her, Kathy "Vanna" Zirker continued to take on the swim schedule, using just her powerful kick to finish well into the pack. Setting a standard no other group on the Bay can match, 26 pilot craft provided a broad envelope of safety.

Next up for the adventurous Dolphin was the always intriguing Dick Beeler Memorial Crazy Cove Swim. Under the apt and able direction of the swim czar du'jour, Suzie Dods, 32 Dolphins snaked their way about the 1.25 mile Cove course, following the Pied Piper lead of Suzanne Heim, under the watchful eyes of 19 pilot craft.

Warm water and a scenic tide ride beckoned 73 Dolphins to the shores of Yacht Harbor. With Big John Selmer nipping at her flippers, Suzanne Heim once again showed the quickest way back to the Cove, while Kathy Zirker continued her quest to kick her way around the Bay. Lending lots of visible support were the 31 pilot craft, including 2 South End boats.

The twilight BBQ, Pot Luck (and swim) season opened before a surprisingly large field of 63 at the June 11th Twilight Cove. Though conditions were generally mild, the 1.25 mile "X" course did claim a few casualties, as is customary. Rising out of the South Bay to take home top honors was Sean Kelly. Thanks to Msrs. Miller, Coors and all of the pot luckers, a successful and satiating evening was had by all. Capping the evening was the stylish pot holder - hot pad trinket, a welcome addition to every Dolphin kitchen.

Returning from a one swim hiatus, Suzanne Heim cruised to yet another

victory in the June 19th Crissy Field swim. 28 pilot craft provided ample escort for the 51 participants in search of the elusive big time flood.

Two weeks later, 37 Dolphins caught a cab to Fort Point, still looking for the big flood. Under the watchful eye of 37 pilot craft, most of them eventually caught it, including Mike Suter and Pamela Amoss, both of whom selected the Club's longest swim to be their maiden out-of-cove voyage. Leading the way yet again was . . . Suzanne Heim.

Not only has Suzanne emerged victorious in her every Club outing, her individual efforts have been just as successful. Never to rest on her laurels, she not only reclaimed her Bridge-to-Bridge womens' record, she also sliced several minutes off her nearly 10 year old round trip Alcatraz record.

English Channel fervor has struck the Dolphin Club yet again. Up first for the challenge is the relay squad of Suzie Dods, Joe Ferrero, Jon Nakamura, Lori Parmer, David Rich and Tina 'Filo' Scott, set to swim in late July. Two weeks later, solo aspirant Laura Burtch will dip into the pond for the 22+ mile journey. Powered by the latest in athletic fuel, "GU", Laura will give the newly completed Chunnel a run for its money. Thanks to the many Dolphins and friends who made the Oyster Feed fund raiser a success, defraying most of the nearly \$3,000 expense for the pilot boat each effort will require to make the crossing.

Stateside, previously unannounced events to look forward to include an encore visit to the Petaluma River Fest Saturday, August 21. Hosted again by Dolphin Walt Haake and the Foundry Wharf Center, this outing promises to be a relaxing afternoon of sun, BBQ and a few easy squares.

On Sunday, August 29th the South End Club will host a Yacht Harbor swim, to include the Dolphin Club and the Olympic Club as sanctioned by the Dolphin Club board, all Dolphins in good standing are welcome to participate, provided they have been a member for at least 6 months and are wearing an approved orange cap. Dolphin Club swim fees are not required. As

with the New Year's Day Alcatraz swim, this is a SERC sponsored swim event. Watch the swim board for details, including swimmer and pilot sign-up, times and cost. Olympic Club members who are not also Dolphins may not use Dolphin Club facilities.

Fast approaching is the annual pilgrimage to Santa Cruz for a day of swimming, sunshine, sustenance and suds (from the mysterious beach spring). Be sure to officially register for this swim if you want it to count as a qualifying swim for Alcatraz or the Gate

For the truly adventurous, the Gold Lake Rush this Labor Day weekend is not to be missed. Those Dolphins taking the 5 hour drive up Hwys 80 and 89 will be rewarded with unparalleled venues for hiking, biking, swimming, sleeping, eating, camping, libating, BBQing, hoe downing and, of course, ping ponging, as the guest of veteran "Escapist" Tom Callinan. Mr. Triathlon, Mike Webb, will be on hand to personally put "Escapists to Be" through the paces, conducting steeplechase drills through the open country.

In the maternity wing, a splashing welcome to the newest members of the Dolphin family, Justin Peter Rus (Bill and Gina) and the twin boys of Margy Titus.

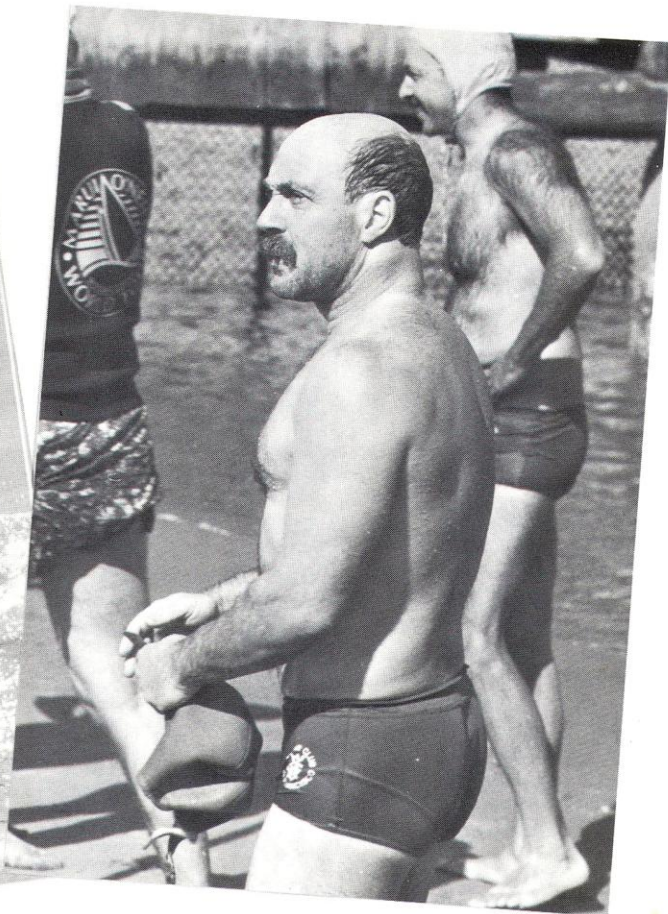
Remember, our mothers don't live here (just Lou) so please do your part to keep the Club clean and neat.

The Intent and Meaning Behind The Rules

It is important that all Dolphins be clear as to the meaning and intent of the procedures and rules regarding out-of-cove swimming. The following article reviews these rules. Your comments are welcome.

In July of 1988, the Board of Governors established a set of procedures governing "private" out-of-cove swimming. These procedures govern out-of-cove swimming by members or non-members who intend to utilize Dolphin Club facilities and/or equipment before, during or after the out-of-cove swim. These rules state that if the out-of-cove swim is not on the Dolphin Club swim schedule, sanctioned by the Board of Governors or approved in writing by both the boat

- turn to page 11



(top left) Suzanne Heim emerges from her Crissy Field swim victory exhibiting the kind of concentration that makes her a winner, Mag Donaldson extends the number one stick. (top right) George ("let's go, let's go, let's go") Kebbe finishes the same swim in fine form, placing sixth. (bottom) The beautifully restored "Viking" took six months to bring to this perfect condition. The Tuesday night boat building group under the guidance of boat builder John Bielinski, stripped her to her bare wood with scrapers, then sanded and varnished her with 7 coats on the interior and 2 coats on the exterior. The volunteers included Annabelle Hoyt, Margie Spiegelman, Brian Huse, John Conti, John Kortum, Deborah Henning, Lee Caldwell, Padraic Doyle, Martin Zeleznick, Phil Reiff, John Stacey, Phil Kohlenberg, Ken Frank, Andy Camous, Nick Strelchuk, Greg Tuerk, Peter Marchant, Erica Yagi and Stan Hlynsky.

Photos by John Perino

Dolphin Swim Statistics

Pier 41

April 3, 1993

Overcast, Very Light Winds. 56 degree water

1. Suzanne Heim	18:05
2. John Selmer	19:03
3. Diana Abele	19:07
4. Laura Burtch	19:45
5. Steve Schatz	20:16
6. Jon Nakamura	20:32
7. Suzie Dods	20:57
8. George Kebbe	21:35
9. Peter Drino	21:41
10. Chris Chorak	21:49
11. Rick Crafts	22:37
12. Mike Webb	22:43
13. Lori Parmer	22:51
14. Dave Copeland	23:11
15. Signe Curtis	23:14
16. Dan Osborne	24:01
17. Mary Heth	24:14
18. Jane McNall	24:16
19. Larry Scroggins	24:24
20. Bob Colyar	24:46
21. Eric Shackelford	24:50
22. Tina Scott	26:02
22. Greg Tuerk	26:02
24. Peggy Lavelle	26:08
24. Monica Towers	26:08
26. Phil Fernandez	27:01
27. Carol Murphy	27:04
28. John Hornor	27:05
29. Doug Chambers	27:12
30. Rich Cooper	27:16
30. Laura Kuo	27:16
32. Peter Vandersterre	27:28
33. Barry Christian	27:29
34. Susan Cobb	27:33
35. Joe Cowan	27:45
36. Meg Fitzgerald	28:05
36. Steve Worthington	28:05
38. Richard Haymes	28:15
39. Vince Huang	28:20
40. Susan Garfield	28:24
41. Anna Henry	28:52
42. Carol Block	28:56
43. Lance Younger	29:40
44. Tom Callinan	29:41
45. Nancy Hornor	30:10
46. Ann Tingley	30:41
47. Gerald O'Dwyer	30:52
48. George Garqa	31:28
49. Helene Marchant	31:36
50. Gina Rus	31:37

51. Carol Watson	31:46
52. Dennis Watson	32:13
53. Flicka McGurrian	32:42
54. Kathy Zirker	33:06
55. Larry Alioto	33:07
56. Lindsay Casablanca	33:08
57. Eva Barry	33:11
58. Ed De Cossio	33:27
59. Rudy DeMay	33:29
60. Phil Sancimino	33:52
61. Neal Fishman	34:03
62. Suzy Royce	34:26
63. Pat North	34:34
64. Nick Strelchuk	34:35
65. Meg Reilly	35:33
66. John Conti	35:46
67. Pavla Podolska	37:48
68. Joe Bruno	38:11
69. Stacey Singleton	38:22
70. Pat Kovara	38:40
71. Keith Weaver	39:24
72. Don Reid	41:55
73. David Broadbear	42:29
74. Bill Powning	43:28
75. Phil Kohlenberg	45:29

Dick Beeler Crazy Cove May 3, 1993

1. Suzanne Heim	21:54
2. John Selmer	22:44
3. Lynn Jolly	23:42
4. Suzie Dods	23:53
5. David Claman	23:58
6. David Rich	24:10
7. John Davies	24:27
8. Terry Watts	24:28
9. Paul Watts	26:18
10. Pat McGarvey	28:03
11. Eric Mellinger	29:25
12. C. Von Blankenburg	29:33
13. Glynn Jones	29:44
14. Richard Kosinski	30:40
15. Peter Neubauer	32:29
16. Kelly Flynn	32:42
17. Kate Coleman	32:55
18. Rich Cooper	34:02
19. John Hornor	34:24
20. Doug Chambers	34:35
21. Ken Frank	34:36
22. Susan Cobb	34:57
23. Barry Christian	35:37
24. Jerry O'Dwyer	36:06
25. Roger Kleid	39:25
26. Nancy Hornor	39:40

27. Steve Lathram	40:13
28. Bill Callahan	43:15
29. Pat North	44:05
30. Chuck Vogt	45:05
31. Will Powning	46:22
32. Larry Alioto	48:20

Yacht Harbor May 23, 1993

Overcast, light winds, 59 degree water

1. Suzanne Heim	27:30
2. John Selmer	27:50
3. Diana Abele	28:20
4. Laura Burtch	28:31
5. Steve Schatz	28:45
6. Lynn Jolly	29:14
7. Suzie Dods	29:15
8. Monique Garvin	29:16
9. David Rich	30:03
10. Todd Oppenheimer	31:35
11. Susan Allen	32:21
12. Pat McGarvey	32:26
13. Joe Ferrero	32:41
14. Signe Curtis	32:44
15. David Copeland	32:54
16. C. Von Blankenburg	33:35
17. Karen Drucker	34:28
17. Janice Schultz	34:28
19. Matt Sheridan	34:58
20. Megan Sullivan	35:01
21. Eric Shackelford	35:09
22. Mark Lubiszewski	35:20
23. Lou Meyer-Goodwin	35:30
24. Eduardo Barranco	35:31
25. Dan Osborne	35:46
26. Peggy Lavelle	35:49
27. Monica Towers	36:14
28. Larry Scroggins	36:43
29. Krist Jake	36:54
30. Scott Anderson	27:15
31. Susan Cobb	37:19
32. Celeste McMullin	38:33
33. Ken Frank	38:36
34. Doug Chambers	38:41
35. John Hornor	38:55
36. George Gara	39:05
37. Laura Kuo	39:12
38. Avril McHugh	39:15
39. Jerry Cullen	39:17
40. Hal Cranston	39:00
41. Lee Hammack	40:02
42. Barbara Keller	40:08
43. Mark O'Hara	40:16
44. Joe Cowan	40:35
45. Gerald O'Dwyer	40:23
46. Sue Garfield	40:35
47. Julie Marcus	40:51
48. Anna Henry	40:52

49. Walt Schneebeli	41:04
50. Era Osibe	41:09
51. Jim Grant	41:32
52. Marcia Grimm	41:40
53. Nancy Hornor	42:02
54. Susan Lauritzen	42:23
55. Steve Lathram	42:25
56. Nick Strelchuk	42:35
57. Chuck Vogt	43:23
58. Pat North	43:24
59. Kevin Hartnett	43:45
60. Peter Bianucci	43:55
61. Ed De Cossio	43:56
62. Larry Alioto	44:24
63. Lindsay Casablanca	44:52
64. Neal Fishman	45:03
65. Neal Fishman	45:03
65. Phil Sancimino	45:32
66. Francisca Cervantes	45:53
67. Kathy Zirker	46:56
68. Keith Weaver	47:56
69. Joe Bruno	51:10
70. Don Reid	51:28
71. David Broadbear	52:56
72. Bill Powning	53:37
73. Vince Huangb	39:01

Crissy Field June 19, 1993

Cool and Breezy with lifting fog. 58 degree water.

1. Suzanne Heim	44:27
2. Laura Burtch	46:57
3. Suzie Dods	48:28
4. Jon MNakamura	49:13
5. Marla McGowan	51:05
6. Geroqe Kebbe	51:38
7. Joe Ferrero	52:11
8. David Zovickian	52:14
9. John Lennox	52:18
10. Pam Derks	52:36
11. Lori Parmer	52:49
12. Alan Budenz	53:41
13. Eric Mellinger	53:56
14. David Marten	54:03
15. Signe Curtis	54:31
16. Larry Scroggins	55:12
17. Greg Tuerk	55:19
18. Eric Shackelford	55:24
19. Joni Beemsterboer	55:30
20. Kate Coleman	55:37
21. Celeste McMullin	55:46
22. Krist Jake	56:24
23. Lou Meyer-Goodwin	56:38
24. Eduardo Barranco	56:56
25. Dennis Deisinger	56:59
26. Megan Sullivan	57:08
27. Tina Scott	57:54
28. Susan Anson	60:24
29. Nancy Friedman	61:28

30. Avril McHugh	62:21
31. Gerald O'Dwyer	63:22
32. Joe Cowan	64:26
33. Carol Murphy	65:06
34. Era Osibe	66:01
35. Walt Schreeneli	66:23
36. Ken Coren	67:01
37. Jim Grant	67:44
38. Roger Kleid	68:02
39. Kevin Hartnett	68:58
40. Pat North	69:35
41. Helene Marchant	69:40
42. Padraic Doyle	70:24
42. Lindsay Casablanca	70:24
44. Nick Strelchuk	70:53
45. Pete Bianucci	72:26
46. Larry Alioto	73:25
47. Chuck Vogt	74:54
48. Don Reid	87:20
49. Phil Kohlenberg	87:37

Fort Point July 3, 1993

1. Suzanne Heim	54:27
2. Laura Burtch	58:50
3. David Claman	1:00:27
4. Jon Nakamura	1:00:30
5. John Davies	1:01:40
6. David Zovickian	1:03:32
7. Mike Suter	1:05:15
8. Todd Oppenheimer	1:05:18
9. Joe Ferrero	1:05:50
10. Laura Merkl	1:06:35
11. Signe Curtis	1:07:32
12. Alan Budenz	1:07:44
13. David Marten	1:07:59
14. Phil Rollins	1:08:29
15. Bonnie Winn	1:09:04
16. Mike Webb	1:09:29
17. Mark Lubiszewski	1:09:44
18. Marc Richard	1:10:28
19. Tina Scott	1:11:44
20. Eric Shackelford	1:12:10
21. Kate Coleman	1:12:43
22. Krist Jake	1:14:35
23. Nancy Freidman	1:14:43
24. Carol Murphy	1:15:48
25. Avril McHugh	1:16:09
26. Susan Anson	1:16:17
27. Gerald O'Dwyer	1:16:31
28. Walt Schneebeli	1:18:46
29. Jim Grant	1:19:15
30. Doug Chambers	1:22:40
31. Mary Cantini-Norkin	1:22:44
32. Era Osibe	1:22:52
33. Nick Strelchuk	1:23:02
34. Pat North	1:23:29
35. Bill Callahan	1:24:31
36. Pamela Amoss	1:28:35
37. Pavla Podolska	1:37:24

Swim Commissioner Report

- from page 8

house captain and the swim commissioner, Dolphin Club facilities and/or equipment may not be used by the swimmer or support crew.

The Dolphin Club, its facilities and equipment are not to be used to support such a swim. This includes, but is not limited to, the use of the beach, dock, boat-house, locker rooms, showers, sauna, boats or other Club water craft and related equipment including radios, prior to, during or upon completion of the swim.

If the swim is not authorized, it is the responsibility of the out-of-cove swimmer and crew to become warm, flush and dry, that is to say, fully recovered and free from any adverse effects of having swum outside of the Cove, prior to using the Club.

It is not the responsibility of the Dolphin Club to provide the means for an out-of-cove swimmer and/or crew member to recover from his/her participation in an unauthorized swim. The Dolphin Club cannot accept the responsibility and liability to provide care for the participant(s) of an unauthorized out-of-cove swim, regardless of the size, scope or organization of the swim.

It has never been the policy or intention of the Dolphin Club to dictate how, where, when or with whom anyone may swim in San Francisco Bay or beyond, be it on one's own, as part of an informal gathering, to a full fledged professional event. However, it is the policy and intent of the Dolphin Club to regulate the use of Club facilities and equipment, in particular as regards out-of-cove swimming. Out-of-cove swimming is strictly the swimmer's prerogative; utilizing Dolphin Club facilities and equipment is not.

The following questions and answers may help to more clearly state the position of the Dolphin Club:

• *When may my support crew and I participate in an out-of-cove swim and use Dolphin Club facilities?*

Dolphin Club facilities (beach, showers, sauna, boats, etc.) may be used only if the swim: A. appears on the published Dolphin Club swim schedule, or; B. is sanctioned by the Dolphin Club Board of Governors, or; C. is approved in writing by both the boat-house captain and the swim commissioner.

For purposes of discussion below, a swim that does not meet criteria in A., B., or C. is called an unauthorized swim.

• *Can I participate in an unauthorized swim outside of the cove completely on my own, apart from any group or event and come back to the Dolphin Club?*

You and your crew, if any, may not enter the Dolphin Club beach or boathouse until such time as you are recovered from your swim. The Club facilities, including but not limited to the showers and sauna, are not available for your use to warm up or recover. You and your crew should recover and change out of your swim or support gear prior to entering the Club.

• *Can I do an unauthorized out-of-cove swim either individually or as part of a group or an event that adheres to safety standards that meet or exceed those of the Dolphin Club, and then use Dolphin Club facilities?*

The Dolphin Club cannot accept the responsibility and liability that might arise from your participation in an event that you or others sponsor. It is the responsibility of the event sponsor to provide for its participants.

• *If after finishing an unauthorized out-of-cove swim, I've had time to get warm, flush and dry, comfortable and changed out of my swim gear, in other words, fully recovered from my participation, may I use Dolphin Club facilities?*

Yes, once you are completely recovered from your participation, the Dolphin Club is available for your use, in accordance with usual operating practices and procedures.

• *Can I do an unauthorized out-of-cove swim that does not start, finish or in any way involve Dolphin Club facilities or equipment?*

Yes, provided that neither you nor your support crew utilize any Dolphin Club facilities or equipment and you do not begin at or return to the Club (if at all) until you are completely warm, flush and dry (that is to say, showing no untoward effects from having swum (or supported the swim) and are not using Club facilities because, you need them to help you recover from the effects of your swim. Examples of such situations include but are not limited to swimming off Sausalito, the Embarcadero, or any other location you may choose.

• *Can I bring my own kayak (or other water craft) and gear down to the Club, use the locker room to change and set out to pilot an unauthorized out-of-cove swim from the public beach?*

No. If the swim is not authorized, no Dolphin Club facilities or equipment may be used, even if all you do is use the locker room to change.

• *Can I come down to the Dolphin Club and change into my swim suit and then begin an unauthorized swim that does not start from or return to the Club?*

No. According to the rules, the swimmer(s) and pilot(s) may not use the Dolphin Club, even if the extent of the use is limited to changing into their related gear. The rules do not prohibit the unauthorized swim; they do prohibit the use of Dolphin Club facilities in connection with such a swim.

• *Can the pilot(s) for an unauthorized out-of-cove swim utilize Dolphin Club facilities or equipment?*

No. Being an integral part of the swim, the pilot(s) may not use the Club facilities or equipment, including but not limited to the locker rooms, showers, sauna, equipment, radios, dock or beach, even if the water craft are privately owned. The rules prohibiting use of Club facilities apply to anyone associated with an unauthorized swim.

As always, if you have any questions about the appropriateness of your proposed out-of-cove swim, check with the swim commissioner and boat house captain prior to your swim. It is your responsibility to make sure your swim is authorized if you intend to use Dolphin Club facilities and/or equipment.

1993 Swim Schedule Remaining

- Date* -	- Event -	- Jump-Off
March 21 (Sun.).....	Spring Cove.....	09.00
April 3 (Sat.).....	★ Pier 41.....	09.30
May 2 (Sun.).....	★ Dick Beeler Crazy Cove.....	09.00
May 23 (Sun.).....	★ Yacht Harbor.....	09.45
June 1 (Mon.).....	100 Mile Swim Starts	
June 11 (Fri.).....	★ Twilight Cove - Pot Luck BBQ to Follow.....	18.00
June 19 (Sat.).....	★ Crissy Field.....	08.15
July 3 (Sat.).....	★ Fort Point.....	08.00
July 9 (Fri.).....	★ Twilight Pier 41- Pot Luck BBQ to Follow.....	18.00
July 17 (Sat.).....	Trans Tahoe Relay.....	07.30
July 25 (Sun.).....	★ Pier 39.....	08.15
July 31 (Sat.).....	★ Santa Cruz Pier Swim.....	11.00
<hr/>		
August 7 (Sat.).....	Alcatraz.....	08:45
<hr/>		
August 15 (Sun.).....	★ Doc Howard--Over 45 - From Gas House Cove.....	08.30
August 22 (Sun.).....	Over 60 Cove.....	09.00
August 27 (Fri.).....	★ Twilight Gas House Cove & Pilot Appreciation Pot Luck Dinner.....	18.00
September 4 - 6.....	Gold Lake Rush.....	00.00
September 11 (Sat.).....	Golden Gate I - Slow Day.....	09.30
September 12 (Sun.).....	Golden Gate II - Fast Day.....	10.00
October 3 (Sun.).....	Handicap Cove.....	09.00
October 17 (Sun.).....	Dolphin/South End Triathlon.....	08.00
<hr/>		
October 24 (Sun.).....	Escape From Alcatraz Triathlon.....	08.45
<hr/>		
October 31 (Sun.).....	100 Mile Swim Ends	
November 13 (Sat.).....	Annual Swim/Pilot Appreciation Dinner.....	19.00
November 21 (Sun.).....	Introduction To Bay Swimming.....	09.00
November 25 (Thurs.).....	Thanksgiving Day Cove.....	09.00
December 19 (Sun.).....	New Year's Day Alcatraz Qualifier.....	09.00
December 21, 1993 (Tues.).....	Polar Bear Swim Starts	

- Swim Program Rules -

1. Club scheduled swims are restricted to club members only.
 2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
 3. Swimmers must be members in good standing with dues current and swim fees paid.
 4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
 5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
 6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
 7. Swim sign-up sheets are posted two weeks prior to each swim.
 8. Time limits are imposed and enforced for all swims.
 9. All club boats are reserved for scheduled swims; riders are prohibited.
- Additional qualifications for Alcatraz and Golden Gate Swims •**
10. In-town members must successfully complete 2 swims marked with a flower (★) and one other scheduled swim and pilot or help on at least 2 others.
 11. Out-of-town members (those residing 100+ miles from club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
 12. Once a member has qualified for Alcatraz/Golden Gate Swims, non-qualified members will be given priority to swim qualifying swims.

Schedule Revised February 1993 to reflect new dates for Alcatraz and Escape From Alcatraz

**Dolphin Swimming &
Boating Club**

502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109

BULK RATE
U.S. POSTAGE
PAID

Permit No. 1020
San Francisco, CA



*DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
Fall 1993 • San Francisco California • Established 1877

Dolphin Bulletin Board

Miscellaneous News and Notes For the Dolphin Club Membership

HANDBALL NEWS

Dolphin handball player Dick Keltner was victorious with his doubles partner John Apple of the YMCA in Lancaster, Pa. in the Golden Masters Division of the Pennsylvania State Doubles Tournament held in Reading this last September. This is a tournament that Dick has long set his sights on winning. Injury prevented him from finishing the competition last year, so this victory is all the more satisfying.

When Dick phoned his son Rolf with the news, he attributed his win-

ning performance in part to the tough competition he faced at the Dolphin Club handball courts. He mentioned Jonathan (Jonny) Epstein's lethal ceiling ball shot - a tactic all the handball players have learned to fear.

Dick is due back in San Francisco in December. All his Dolphin friends will be happy to welcome him back and offer congratulations on his victory.

Well done, Dick! You have brought honor to yourself and to your peers.

-George Brennan,
Handball Commissioner

-THANK YOU - GALLEY CREW

Heartfelt thanks go to the Dolphins who donated their time, talent and treasure to cleaning and refurbishing our galley: Phil Fernandez, Pat North, Dan McGill and Moon Passanissi. We stand ready to enter the new year with a galley to match. Again, many thanks.

Lou Marcelli

*CHRISTMAS PARTY *

Get into that holiday spirit!

The Annual Christmas Party will be held at the Club on Sunday, December 19 from 1:30 PM to 5:00 PM. Santa will make an early appearance with a bag of goodies. There will be cold cuts and bread. Bring your family, friends and a dish to share with your fellow Dolphins.

TIMELESS DOLPHINS - THE OVER 60 COVE

This story is my reply to people complaining about getting old.

Ideal day. Sunny. Flat water. Seventeen hoary stalwarts stood on the edge of the cool cove waters. "Start!." The orange-clad heads thrust into the brine with a thrashing of arms.

The pack split into the usual three groups. The leaders stroked harder than swimmers forty years their junior. The middle group banished any thought of cockiness from the leaders with their pace. Those bringing up the rear stroked with effort that in-



The Dolphin Log

Editors:

Christopher M. Kelly

Kevin Starr

Assistant Editor:

Matthew C. Sheridan

Contributors:

Walt Schneebeli • David Zovickian

Photography: Patrick Brennan

Cover Photo: John Perino

Published By

The Dolphin Swimming

& Boating Club Inc.

503 Jefferson Street

San Francisco, CA 94109

Organized in 1877

1993 Officers

President - Stanley Hylnsky

Vice President - Jon Nakamura

Treasurer - Joe Ferrero

Recording Secretary - Suzie Dods

Financial Secretary - Meg Fitzgerald

Boat Captain - Jeremy West

Board of Governors

Larry Alioto • Anne Claman

Vince Huang • Lorna Newlin

Dan Osborne • Meg Reilly

Tina Scott • Mike Webb

David Zovickian



Photo: David Broadbear

spires us all. Freestyle appeared to be the stroke of choice, but Hal Miramonte cruised along with the sidestroke, and Don Reid conquered the water again with his patented backstroke. Lou Marcelli spontaneously contracted with the Colin Gift Towing Service. George Guera retired from the swim early with grace.

Glynn Jones carried the day. Bob Danielson finished seconds later and Jack Bettencourt took third. The rear guard pressed on, encouraged by their pilots. Joe Bruno and Bill Powning fought it out stroke for stroke toward the end, but the dapper Powning pulled away at the end, proving that this is a group that one cannot buy or luck into. Bill O'Brien finished last with the biggest and brightest smile of all the competitors.

The race was over, but the event was not. Top ten performer Dan McGill sat in the sun after his shower and sauna when he started to feel dizzy, weak and nauseated. Quick aid came to him from Club members on the scene, led by Ken Frank. After a visit from San Francisco Engine Company #35 and an ambulance ride to the hospital, Dan returned to the Club with a diagnosis of dehydration.

During the drama, a question was asked that exemplifies the attitude these swimmers have toward the assault of years. Friends asked Dan if he was doing this "sick thing" to get attention.

David Broadbear

OVER 60 COVE

August 22, 1993

1. Glynn Jones	10:23
2. Bob Danielson	10:48
3. Jack Bettencourt	12:18
4. Jerry Cullen	12:27
5. Walt Schneebeli	12:56
6. Dan McGill	13:17
7. Rudy deMay	13:54
8. James Vanya	14:44
9. Nick Zoller	15:04
10. Joe Bruno	16:28
11. Bob Hoff	16:33
12. Bill Powning	17:06
13. Don Reid	18:13
14. Hal Miramonte	20:27
15. Cecco	29:06
16. Bill O'Brien	29:39
17. George Guera	DNF

President's Message

I'd like to start by thanking the membership for a vote of confidence, electing me president for the '92-'93 term. With the efforts of the membership and my Vice President John Nakamura, it's been a progressive time here at the Club. Three key issues and the Dolphins who were central to working on them need to be highlighted.

We head into 1994 with a new roof, an improved electrical system, repaired plumbing, and as you can see on the front and back covers of the Log, sparkling new paint. I was fortunate to work with the people of the Building Committee and the Boat House Captains on these projects. In particular, I would like to thank Boat Captain John Bielinski who oversaw the bids, preparation and painting. It sets a solid pace for the locker room refit that is coming, and I believe that the entire membership will benefit upon its completion.

Our cove continues to be a clean place to swim, due to the efforts of several members, Ken Coren in particular. The Port of San Francisco had planned to build two hotels at Pier 45 which would seriously

threaten water quality here at Aquatic Park. Ken has volunteered his time and skills as a lawyer to attend these meetings and to ask the right questions of planners that do not hold our interests highly. He is now recognized at hotel planning meetings as a clear, determined protector of the water quality. Though effective and spirited, the Club needs to send members to more of these meetings to protect our interests and our water. Attend the next Club meeting to get more information.

Along with a legion of helpers, Jude Stalker and Jeremy West have put on some great parties this year. I would also like to thank Don Harrison, Gerald O'Dwyer and Bonnie Winn for their entertainment efforts. The best is yet to come. At 1:30 p.m. on December 19, Santa will be making an early visit to the Club with a sack full of goodies at our annual Christmas Party. Bring family, friends and something to share along with the holiday spirit.

Speaking of which, I wish all of you a very happy holiday season and the very best of health and spirit in the coming year.

Stan Hlynsky

REPORT FROM THE ENGLISH CHANNEL

It was a dark and stormy night when it finally ended - 11 hours and 20 minutes, 30 food supplement packs, hundreds of jellyfish stings and thousands of dollars later, exhausted from battling an unfavorable tide and 1 1/2 miles short of the French coast. I am now a member of the majority of Channel Swimming aspirants- those that just don't quite set foot on the opposite shore.

I am pleased with my effort but

disappointed with the outcome. Will I try again? I just can't say yet. One thing I know for sure is that this swim never would have been possible without all the support I received from the Dolphin Club members. I want to thank everyone who contributed. I received everything from practical support to financial support and lots and lots of moral support. Thinking about the moral support makes a huge difference in those dark and storm hours. Thanks again to everyone.

—Laura Burtch

CLUB BEGINS RENOVATIONS

• NEW ROOF, PAINT, BALCONY — LOCKER ROOMS NEXT •

By Kevin Starr

According to Dolphin Dan Osborne, a registered architect, it all began with the construction of a new balcony outside the Staib Room, with foundation and framing by Conrad von Blankenburg. By the time it was over, nearly \$60,000 of renovations and painting had been accomplished.

"The re-building of the balcony," notes Osborne, "triggered the idea of re-painting the club house and taking a look at the rooftop drainage system. Looking at that, we decided we needed a roof."

Managed by boat house captain Jon Beilinski with constant support and drive from Club president Stan Hlynsky, the renovation project began in the spring. By the time it was over, the Dolphin Club had a new balcony, a new roof, an augmented drainage system, and a refurbished kitchen.

"Pat North volunteered to clean up the kitchen," notes Osborne, "so that it would be worthy of the renovated club house. She also volunteered to keep it clean on an ongoing basis every Saturday morning. He adds: "Moon Passasini didn't want Pat to be cleaning up a shabby kitchen, so he repainted it."

In these efforts, architect Osborne has been assisted by two other Dol-

phin architect volunteers, Ann Claman and Lee Hammack. Next on the agenda: the phased remodeling of the new men's locker room into an expanded women's locker room, together with the expansion of the existing women's locker room and the old men's locker room into a thoroughly refurbished men's locker facility.

"The Board of Directors has authorized this project," notes Osborne, "in order to accomplish two goals —

security in the women's locker room.

"The phasing," Osborne explains, "will allow all this work to be done over the next few years without interruption of club life."

Osborne informs the Log that he loves working on what he calls, "this much amended Victorian building." Constructed in 1897, the building was moved from the foot of Van Ness Avenue in 1938 to its present location to

make way for the Maritime Museum. "A lot has been done to the club house in nearly one hundred years," Osborne says, the handball courts, the new wing, the locker room, but a grand Victorian Building is still at the heart of the structure."

Trouble is: the building was constructed for 300 members. It now serves nearly 900 members, from morning until evening, seven days a week.



double the size of the men's locker room and bring the women's locker room into parity with the men's facilities. Right now, women spend twice as much time on the waiting list for lockers than men do. This will address that problem. "It's a win-win situation. Presently," he says, "the entrances and exits to the women's locker facility are difficult to monitor. The locker room program will also provide greater

"In a way," Osborne says, "the club house is a surprisingly fragile structure, and in another way, it's a surprisingly sturdy structure. It must be taken care of on a volunteer basis if we are to keep it useful for the next one hundred years."

DOLPHIN SECOND EVER TO CONQUER GOLDEN GATE - 1897

By Walt Schneebeli

San Francisco-born John H. Caughlan, a Dolphin Swimming and Boating Club member since August of 1893, swam the Golden Gate from Fort Point to Lime Point on Sunday, October 17, 1897. Caughlan and his trainer/coach Carl Smith, accompanied by T.R. Keenan of the Dolphins, rowed out to Fort Point at 1:00 p.m. The tide was estimated to be slack at 3:00 p.m. Smith rowed to a point 200 yards west of Fort Point and about 100 yards inside the line of the walls of the fort.

At 2:28 p.m. Caughlan dived from the boat and started for Lime Point, about a mile away. Caughlan struck out with a strong side stroke. In less than five minutes he had passed the Fort Point buoy. He intended to pass

westward of the buoy but the flood tide was stronger than expected.

For over half the distance, which he accomplished in fifteen minutes, Caughlan kept up his strong side stroke. Before getting two thirds across, the strong current caught him. To hold his own against the current Caughlan was compelled to head west, directly toward Point Bonita. Carl Smith reluctantly ordered him to swim for Lime Point. This carried Caughlan east toward Alcatraz, but he made more headway.

In exactly forty minutes from the time of starting Caughlan was inside the line of the foghorn station at Lime Point, but it took him another 12 minutes to make the rocks 100 yards inside

Lime Point and almost at the foghorn station.

Caughlan's time was 52 minutes. A large number of people in boats accompanied the swimmer.

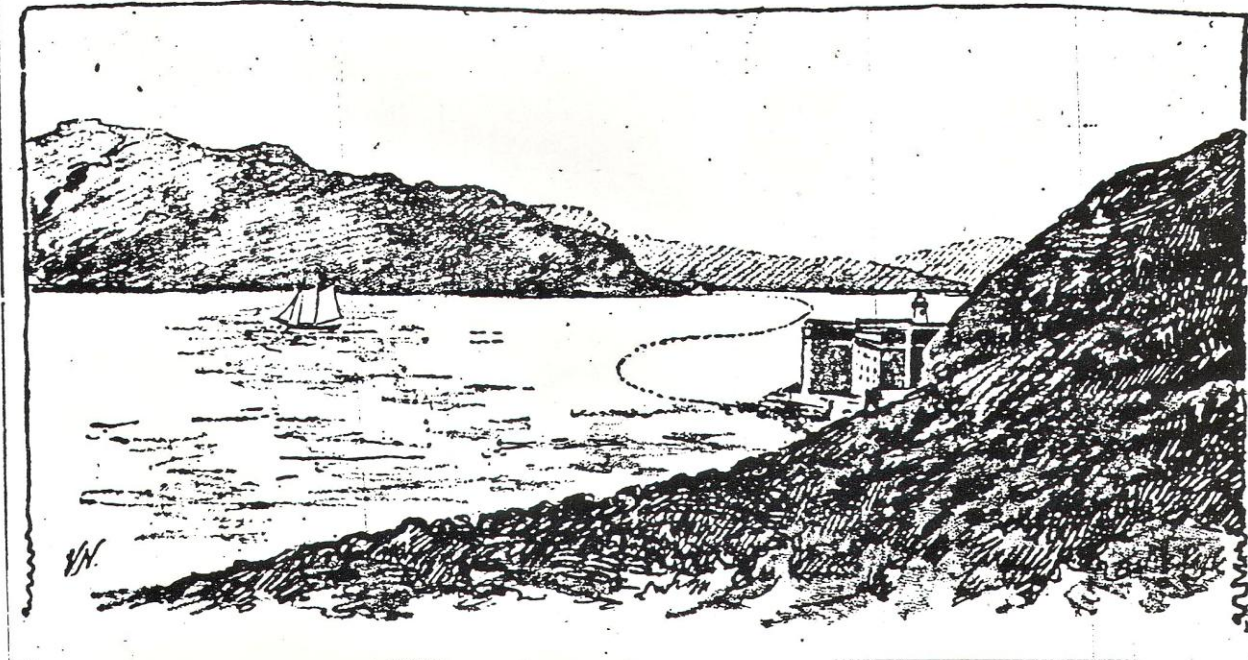
John Caughlan, a chemist, left the Dolphin Club in January of 1899 but rejoined in June of 1917 and remained a member until his death in Oakland on April 17, 1929 at the age of 59.

The first Gates swim was performed by Charles Cavill of Australia on Sunday, September 20, 1896 (Dolphin Log-Indian Summer, 1989). His time was 1 hour, 18 minutes, 30 seconds.

Cavill died on May 22, 1897 giving an exhibition of underwater swimming at Jackson's Baths in Stockton.

SAN FRANCISCO CHRONICLE, MONDAY, OCTOBER 18, 1897.

CAUGHLAN'S COURSE ACROSS THE GOLDEN GATE FROM FORT POINT TO LIME POINT.



DOLPHIN TRINKETS

-TIME GIVES OBJECTS SPECIAL MEANING-

By Christopher M. Kelly

There are many rites of passage for members of the Club, like their first swim, their first row, or their first Escape from Alcatraz. The greatest part of these activities lies in merely attempting them. Another important part exists in the awarding of the prize for competing or participating. Often seeming whimsical when they are originally given, they gain a special meaning as time passes.



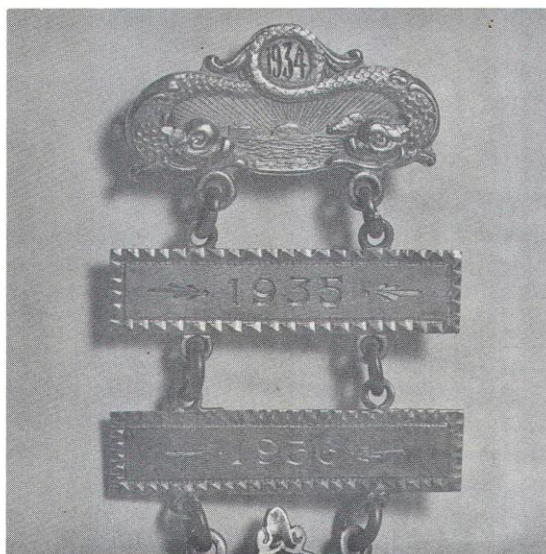
1964. He and his comrades were rewarded for their fitness with the shiny Penguin lighter at center, ideal for sparking up a smoke after a workout on the pavement, in a Whitehall or through the brine. The current swim commissioner has been noted for making

The medal that was given to swimmers at the conclusion of the fall 1934 Golden Gate swim, (shown above) is, an example. Dolphin legend Joe Bruno earned it after a top ten performance in the treacherous Gate waters. Bars bearing two consequent Gate swims mark the infancy of Joe's remarkable record — 61 crossings. "No amount of money could ever replace that thing if it was lost," says Joe. Indeed. The 1934 bar of the medal is etched with a sunset scene of the Golden Gate (shown right). The sun lights Fort Point and Lime Rock, and its beams are unblocked by the bridge that would be built two years later.

Thirty years after Joe

Bruno's swim, Dolphin historian Walt Schneebeil swam from Alcatraz to the Dolphin beach in the late summer of

some unusual choices for swim totems, but the Penguin gets Walt's all-time vote.

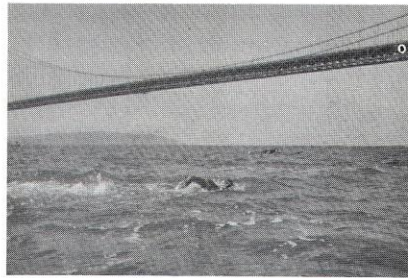


Nearly thirty years later, Dolphin neophyte Janice Schultz rode the wild flood from the Gas House Marina to the shore of Aquatic Park in the summer of 1993. As she finished washing her feet after her swim, an unassuming plastic trinket was pressed into her bay-chilled hand by David Zovickian. She was mildly amused until she saw the two prongs coming out the back of the dingus and plugged it into an outlet later that night. The orange glow that came from it lights her home night after night. Her feeling about it now reflects the same sentiment felt by members over the last six decades. "...it's a constant reminder of the special times I've had at the Dolphin Club."

THE GATE

By Alberto de la Pena

gold strand above
fog in seaward retreat
boats rock
water boil
dark ominous ocean
the blue/gold fish
moans in delivery
orange heads dive
flags rigid
sunlit arms thrash
homing on the lime
some fast and slow
few stray none lost
seabirds fly but cannot lead
defer to the whitehalls
north tower floods
leeward swept
lime fades
through colored glasses
strength sapped
sticks received
blue/gold mother
recovers all



-Dave Zovickian's Swim Commissioner Report- Dolphin Club defeats South End in Annual Club Triathlon

With the close of another swim season, Dolphins can take a well deserved break from mileage charts, early check ins, and the rule that would not die: *the orange cap*. Not to worry, the polar bear season, and its 48 degree water, will be here all too soon, making those October days seem like just a dream. Sooner still lies trinket and door prize heaven, the annual swimmers and pilot awards dinner, where homage is paid to those Dolphins fast enough, brave enough or just crazy enough to earn special recognition.

These past few months have been quite busy, with events almost weekly, offering something for everyone. July 9th's twilight Pier 41 swim attracted 75 participants willing and able to swim for food and drink. In a rare personal appearance Dolphin fashion plate Liam Hennessy blazed the way to bless the ceremonial tapping of the keg.

Taking the show on the road several Dolphin Teams dipped into Lake Tahoe for some high altitude, fresh water competition. Looking poised and confident were kayakers Monica Towers, Wayne Riddle, The Huang Gang, and F.O.D. (Friends of Dolphins). Sue Livingstone, protecting the wild Dolphins from excessive contact with the domesticated and chlorinated pool swimmers known to frequent this swim. Enjoying a hiatus from water pigging, multi-athlete Vince Huang turned to skateboard tutelage; maiden pupil Elmer Tosta is finally off crutches, while Vince is re-writing the syllabus.

Competing with Pier 39's sea lions for the tourists attentions, 68 Dolphins followed Sean Kelly's lead for the rollicking ride to Aquatic Park. Under scorching skies Dolphins from throughout the region migrated south to vacation land to participate in the annual Santa Cruz One Mile Pier Swim. 46 Dolphins took the plunge, though the risks were high; you never know

how the domesticated pool swimmer, clad in rubber, will react when forced to swim without lane lines. Dolphins placing in their age groups included John Selmer (2nd), Susan Allen (1st), Diane Sosnoski (2nd), Pat McGarvey (3rd) and Bill Powning (3rd). In a final flourish, Dolphins garnered 4 of the final 5 slots with style grace and nary a sprint up the beach to be seen as dapper Bill Powning closed the event.

While I was on sabbatical, swim commish Emeritus Tom Hofmann and swim czar du'jour Suzie Dodds handled the duties of the day. Under conditions that could best be described as less than hospitable, 82 Dolphins took to the murky (thank you, corp of engineers) and churning bay for the Alcatraz Swim. Without neoprene skin or the conveniently located landing craft (A.K.A. swimmer repositioners), 80 of the group completed the swim. Proving that Bay swimming is ageless, big John Selmer claimed victory, holding off whippersnappers half his age. Rounding out the top ten was pollywog pack leader, Todd Oppenheimer.

Fresh off his triumph as king of the Rock, John escorted 42 comrades in years in the Doc Howard over 45 Gas House Cove Swim. Warm and fast water more than compensated for the cloudy skies and rough water that welcomed the group. Further demonstrating that with age comes no loss of ability, 16 stalwarts from our somewhat more mature ranks competed in the over 60 Cove Swim. Displaying an industriousness so like a dolphin, Lou Marcelli managed to hail a passing water taxi, making his annual dip a little less taxing. Meanwhile, perennial champ Glynn Jones held off a heady challenge by Bob Danielson (taking a breather from his usual pilot post) to repeat as king of the senior tour. Employing the novel start as you please approach, 75 eager beavers chomped at the Twilight Gas House Cove bit. Back in open age competition, John Selmer continued his win-

ning ways, squeaking by Monique Garvin. Rounding out the field of 75, Bill Powning edged out David Broadbear while honorary tapmaster Liam served up a foamy head of Miller's finest for all to enjoy.

Closing out a very busy August, the Dolphin, South End and Olympic Clubs joined up for an interdenominational yacht harbor swim. The Olympic squad grabbed the top three slots enroute to an easy victory, despite poor course selection and a preoccupation with the passing scenery. 18 Dolphins showed up to face the unknown competition, led by Dolphin women Laura Burtch (5th), Lynn Jolly (8th) and Karen Boyer (9th). In all 91 swimmers took part in the South End sponsored event. Look for this event to repeat in 1994 on Sunday, August 7th, the day after Santa Cruz.

Heading to the high country for some well deserved R & R, several dozen Dolphins and their families retreated to one of the Sierra's crown jewels, Gold Lake, situated near Graeagie. Once again, Tom Callinan's hospitality shined throughout the Labor Day weekend, providing the setting for the perfect getaway. Be it rock hopping bike rides, Sam Cuddeback's ping pong clinics, a midnight canoe ride, or a culinary clinic on constructing the perfect s'more, there was something for everyone, including plenty of nothing. Leaving his skateboard at home, Vince Huang led steeplechase drills, though only Tina Scott accepted the challenge; Tina recovered without medical intervention. Stayed tuned for Vince's next clinic — Mountain Biking. As for swimming, any time was the right time, including the annual Island Invitational, led by our host.

Returning to sea level, 124 Dolphins gathered from such exotic locales as Texas, L.A. and Berkeley to challenge the Gate. Under Saturday's clear skies and riding a nice north set, 62 members of the not so fast group set

out from Fort Point.

The clear winner that day was the Dolphin Club's own Joe Bruno, extending his completion record to 61 crossings (this year in a crisp 41.09), the first Octogenarian ever to make the crossing. Saturday's swim also gave us the first city employee, Barry Christian, and Karena Liberty repeating as the youngest to cross.

Sunday's swim brought forth the big guns. First across was Suzanne Heim, shaving 2+ minutes off last year's effort, while the Southland's Mike Garibaldi, displaying the latest in techno swim gear, finished a close second. In all, 16 pollywogs were initiated, led by Todd Oppenheimer.

In a postscript sure to burst bubbles, far more fast day swimmers helped and piloted the slow day than vice versa. Hopefully, the common refrain "where are the fast swimmers to help" can be laid to rest.

In a finish fit for a Hollywood script, Kathy Zirker out-kicked the competition to capture the Handicap Cove Swim. As she has almost all season long, Kathy used a kickboard while resting a wounded flipper.

In a stunning development, the Dolphin club pulled a rare rabbit out of the hat, soundly defeating the South End in the Annual Dolphin/South End Triathlon, for only the second time in 16 tries. Buoyed by a stunning upset in the Fort Point Run, Dolphins blew away the competition in the swim. Led by second place trotter Diarmuid MacNeill, Dolphin runners scored 117 out of a possible 210 points, with fleet footed help from ringers Rick Murray and Ron Schrott. Led by John Selmer, with a tenacious Steve Schatz nipping at his heels, Dolphins dominated the Yacht Harbor Swim, taking 150 1/2 of the 210 points. Biathlete Nick Payne led all comers with a combined 27 points. Not one to rest on his tired Laurels, Diarmuid capped his sterling run by kayaking the swim. Not surprisingly, the vanquished squawked about the loss, though no matter how you scored it (top 14 or top 20), the point spread was decisive.

October 24th dawned calm yet foggy. By jump off, 45 would be Escapists set forth from the Rock under sunny skies. Just to be fair, those same sunny skies continued over the long

and dusty Dipsea. Equal to the task, Top Dolphin Nick Payne, star of the interclub Triathlon, took third place overall. Setting a relay record was the Dolphin Dream Team of Diane Abele, Peggy Lavelle and Diarmuid MacNeill. With a swimmer to pilot ratio approaching one to one the participants were treated to excellent protection, a situation which will hopefully continue into the new year.

Dolphins on the go this year were varied and many. This year's Seal Beach Swim showcased dolphin talent as Kate Coleman placed in her group, as did John Selmer and Lynn Jolly at the Donner Lake Swim.

Across the pond, Dolphins Suzie Dods, Joe Ferrero, Jon Nakamura, Lori Parmer, David Rich and Tina Scott successfully relayed the Channel, England to France. Remarkable under any circumstances, this swim was notable for its rather challenging conditions, the least of which was getting back in time so Suzie could catch her flight (which she did with five hours to spare). Their pilot (the only one choosing to take swimmers that day) said it best when, with swells of 12-15 feet (it's true, I've seen the video), he opined, "maybe we shouldn't be out here." Being a true Californian, Jon was determined to relax in his beach chair, even if it meant lashing himself to it throughout gale force conditions.

In the close but no cigar category, Laura Burtch endured a two mile long close encounter of the jellyfish kind four hours into her solo Channel attempt. This ultimately took its toll, seven hours later, 1 1/2 miles from France. Back in the friendly confines of the North Pacific, Laura took first in her age group at the Santa Cruz to Capitola 5 mile pier-to-pier swim.

As the year closes out, its time to prepare for the coming '94 season. Be sure to mark your calendar now with next years dates (appearing on page 11 in this issue). More importantly, for the Dolphin Club in general and the swim program in particular, your input is important if we are to hope for improvement, whether its running for office, exercising your voice by voting your choice, or simply volunteering your time and effort. ■

Dave Zovickian

Swim Commissioner

SWIM STATISTICS

TWILIGHT PIER 41

Friday, July 9

1. Liam Hennessy	19:02
2. Monique Garvin	19:45
2. John Selmer	19:45
4. Lynn Jolly	20:24
5. Tom McCarty	20:30
6. David Rich	20:37
7. Marla McGowan	21:40
8. Joe Ferrero	22:21
9. Todd Oppenheimer	22:25
10. George Kebbe	22:28
11. Mike Suter	22:53
12. Karen Boyer	23:02
13. Rick Crafts	23:03
14. Tom Hoffman	23:19
15. Peter Brand	23:47
16. Diane Sosnoski	23:52
17. Signe Curtis	24:09
18. Lori Parmer	24:11
19. Susan Allen	24:30
20. Linda Stanley	25:09
21. Kelly Flynn	25:17
22. Megan Sullivan	25:24
23. Joni Beemsterboer	25:25
24. Larry Scroggins	25:27
25. Celeste McMullin	25:42
26. Bob Danielson	26:00
27. Kate Coleman	26:03
27. Tina Scott	26:03
29. Matt Sheridan	26:34
30. Glynn Jones	26:45
31. Scott Anderson	26:54
32. Peggy Lavelle	27:16
33. Gerald O'Dwyer	27:31
34. Doug Chambers	27:43
35. Mark O'Hara	27:54
36. Alan Liss	28:07
37. Phil Fernandez	29:01
38. Barry Christian	29:05
39. Lorna Newlin	29:09
40. Joe Cowan	29:42
41. John Hornor	29:51
42. Vince Huang	30:03
43. Ken Coren	30:08
44. Julie Marcus	30:16
45. Chris Raymond	30:41
46. Rich Antonchuk	30:57
47. Steve Worthington	31:05
48. Diana Anderson	31:12
49. Susan Lauritzen	32:03
50. Liz Ann Zirker	32:19
51. Padraic Doyle	32:31
52. Marcia Grimm	32:45
53. Carla Curtis	32:51
54. Carol Block	32:57
55. Mary Cantini-Norkin	33:00
56. Pat North	33:06
57. Nancy Hornor	33:08
58. Kevin Hartnett	33:30
59. Tony DuComb	33:53
60. Flicka McGurrian	33:57
61. Pam Stillwagon	33:58
62. Nick Zoller	34:26
63. Lindsay Casablanca	34:26
64. Pamela Amoss	34:58
65. John Conti	35:03
66. Francisca Cervantes	35:26

Continues on next page

Dolphin Swim Statistics

TWILIGHT PIER 41

67. S. McCuskey	36:01
68. Neal Fishman	36:06
69. Patricia Kovara	36:27
70. Meg Reilly	37:01
71. Kathy Zirker	38:59
72. Pavla Podolska	40:10
73. Bob McKenzie	41:20
74. David Broadbear	44:30
75. Bill Powning	47:18

ALCATRAZ SWIM

August 7, 1993

1. John Selmer	32:40
2. Sean Kelly	33:33
3. Monique Garvin	33:50
4. Diane Abele	34:52
5. Lynn Jolly	35:22
6. Chris Kelly	36:51
7. Marla McGowan	37:45
8. Tom McCarty	38:10
9. Alan Budenz	38:26
10. T. Oppenheimer	40:49
11. Joe Ferrero	41:14
12. George Kebbe	41:27
13. Karen Drucker	41:28
14. Mike Suter	41:27
15. Diane Sosnoski	42:03
15. Pat McGarvey	42:03
17. Phil Rollins	43:41
18. Rick Crafts	43:59
19. Kelly Flynn	44:21
20. Susan Allen	44:26
21. Signe Curtis	45:01
22. Karena Liberty	45:59
23. Janice Schultz	45:56
24. J. Beemsterboer	46:04
25. Greg Tuerk	46:17
26. Bonnie Winn	46:34
27. Megan Sullivan	47:26
28. C. McMullin	47:27
29. Eric Shackelford	48:01
30. Ed Urban	48:06
31. Matt Sheridan	48:21
32. Peggy Lavelle	48:47
33. Kate Coleman	49:10
34. M. Lubiszewski	50:51
35. Nancy Friedman	51:15
36. David Marten	51:32
37. Liz Ann Zirker	51:55
38. Krist Jake	52:13
39. Eduardo B	52:40
40. Avril McHugh	52:43
41. Conrad Liberty	53:34
42. Laura Kuo	53:41
43. Susan Cobb	54:56
44. Monica Towers	55:55
45. Ken Frank	56:24
46. Doug Chambers	56:44
47. Glynn Jones	56:45
48. George Gara	58:25
49. Pete Neubauer	58:58
50. Susan Anson	59:05
51. Mark O'Hara	59:40
52. Ken Coren	59:47
53. Eva Berry	61:15
54. Warren Welter	63:11
55. Flicka McGurrian	63:26
56. Jerry Cullen	63:32
57. Nancy Hornor	65:33
58. John Hornor	65:17

59. Era Osibe	65:20
60. Jim Grant	65:41
61. H. Marchant	65:42
62. Carol Murphy	65:57
63. Sandra Lemkuhl	66:35
64. Roger Klined	67:12
65. Pete Bianucci	67:23
66. Pat North	67:24
67. Kevin Hartnett	67:35
68. Neil Fishman	71:32
69. Padraic Doyle	73:34
70. Walt Schneebli	73:42
71. Will Powning	75:56
72. Nick Strelchuk	76:13
73. John Conti	76:44
74. Joe Cowan	81:49
75. L. Casablanca	84:51
76. Kathy Zirker	91:00
77. Larry Alioto	91:40
78. Pavla Podolska	92:45
79. Bill Powning	114:00
80. Steve North	116:00

DOC HOWARD OVER 45 GAS HOUSE COVE AUGUST 15, 1993

1. John Selmer	16:25
2. Pat McGarvey	19:00
3. Tom Hoffman	19:18
4. Ed Urban	19:45
5. David Marten	19:54
6. Conrad Von B.	20:01
7. Glynn Jones	20:19
7. Dan Osborne	20:19
9. Bob Danielson	21:01
10. Kate Coleman	21:07
11. Kris Jake	21:18
12. E. Barranco	22:10
13. Doug Chambers	22:32
14. Ken Frank	22:40
15. Pete Neubauer	22:41
16. Bob Colyar	23:01
17. Roger Klined	23:02
18. Susan Anson	23:45
19. Colin Gift	23:52
20. Jerry Cullen	24:02
21. Neil Hartnett	24:25
22. Carol Murphy	24:43
23. Phil Fernandez	24:59
24. Carol Block	25:32
25. Chris Raymond	25:36
26. Dennis Watson	25:51
27. Walt Schneebli	25:58
28. Flicka McGurrian	26:22
29. Carol Watson	26:55
30. Pete Bianucci	27:03
31. Dan McGill	27:09
32. Larry Alioto	28:34
33. Nick Zoller	28:42
34. Suzie Royce	28:44
35. Elizabeth Bloom	29:10
36. Chuck Vogt	29:29
37. Keith Weaver	29:56
38. Pavla Podolska	32:31
39. D. Broadbear	33:05
40. Mimi Osborne	33:17
41. Joe Bruno	34:05
42. Don Reid	35:16
43. Bill Powning	36:12

TWILIGHT GAS HOUSE COVE

August 20, 1993

1. John Selmer	15:45
2. Monique Garvin	15:52
3. Chris Kelly	16:32
4. David Rich	16:50
5. Marla McGowan	17:18
6. Anne Claman	17:45
7. Alan Budenz	17:47
8. Karen Drucker	17:54
9. Laura Burtch	18:03
10. Joe Ferrero	18:08
11. Karen Boyer	18:09
12. David Marten	18:17
12. Eric Mellinger	18:17
14. Morgan Kulla	18:32
15. Mike Suter	18:38
16. Janice Schultz	18:48
17. Signe Curtis	19:15
18. Mike Webb	19:26
19. Matt Sheridan	19:28
20. Marc Richard	19:43
21. Peggy Lavelle	19:58
22. Krist Jake	20:02
23. Clint Copeland	20:08
23. Megan Sullivan	20:08
25. Bob Danielson	20:11
26. Mark O'Hara	20:16
27. Kelly Flynn	20:17
28. Kate Coleman	20:17
28. Glynn Jones	20:27
28. Diane Schatz	20:27
31. Ken Frank	20:36
32. Gerald O'Dwyer	21:27
33. Roger Kleid	21:29
34. Liz Ann Zirker	21:39
35. Gina Rus	21:50
36. Barry Christian	21:54
37. Alan Liss	22:03
38. Susan Cobb	22:19
39. Monica Towers	22:32
40. Avril McHugh	22:36
41. Carol Murphy	22:50
42. Ken Coren	22:51
43. John Hornor	22:55
43. Colin Gift	22:55
45. Phil Fernandez	23:05
46. S. Worthington	23:06
47. Jude Stalker	23:48
48. Kevin Hartnett	23:50
49. Nick Strelchuk	24:07
50. Carla Curtis	24:27
51. Diana Anderson	24:36
52. Nancy Hornor	24:37
53. John Conti	24:45
54. Era Osibe	24:58
55. Eva Barry	25:01
56. Tony DuComb	25:16
57. Larry Alioto	25:31
58. Suzy Royce	25:34
59. Dan McGill	25:37
60. Neil Hartnett	26:10
61. F. Cervantes	26:14
62. Elizabeth Bloom	26:32
63. Pat North	26:37
64. Nick Zoller	27:08
65. Chuck Vogt	27:22
66. Kevin Starr	27:28
67. Ed De Cossio	27:51

68. Meg Reilly	28:45
69. S. Singleton	29:31
70. Keith Weaver	30:03
71. Kathy Zirker	30:25
72. Phil Kohlenberg	31:40
73. Don Reid	32:08
74. Bill Powning	33:00
75. D. Broadbear	33:06

GOLDEN GATE SLOW DAY

September 11, 1993

1. Karena Liberty	26:15
2. Barry Christian	28:02
3. Bob Danielson	28:10
4. Glynn Jones	28:25
5. Vince Huang	29:18
6. Gina Rus	29:32
7. George Robin	29:46
8. Susan Anson	29:55
9. Neil Hartnett	30:15
10. John Hornor	30:23
11. Phil Fernandez	30:25
12. Avril McHugh	30:43
13. Ken Coren	30:47
14. Lorna Newlin	30:56
15. Conrad Liberty	31:05
16. Alan Liss	31:09
17. Lee Hammack	31:25
18. Rodger Kleid	31:42
19. Julie Marcus	31:45
20. Carol Murphy	31:58
21. Tony DuComb	32:08
22. Jude Stalker	33:20
23. Jim Grant	32:15
24. Sue Garfield	32:24
25. Nancy Hornor	32:25
26. Flicka McGurrian	33:02
27. Carla Curtis	33:04
28. Walt Schneebli	33:06
29. H. Marchant	33:15
30. Warren Welter	33:20
31. Padraic Doyle	33:54
32. Pam Stillwagon	34:00
33. Eva Strnad	34:15
34. Kevin Hartnett	34:19
35. Suzy Royce	34:38
36. Sandy Lemkuhl	34:43
37. F. Cervantes	35:14
38. Larry Alioto	35:30
39. Bill Callahan	35:32
40. Susan Lauritzen	35:37
41. Steve Lathram	35:38
42. Will Powning	36:00
43. Chuck Vogt	36:05
44. Pat North	36:28
45. Ed De Cossio	36:30
45. Kieth Weaver	36:30
47. S. McCuskey	37:10
48. Elizabeth Bloom	39:20
49. Pamala Amoss	39:36
50. Pete Bianucci	39:44
51. Nick Zoller	39:48
52. Bob McKenzie	40:00
53. Meg Reilly	40:02
54. Kathy Zirker	40:04
55. Patricia Kovara	40:17
56. Nick Strelchuk	40:30
57. Joe Bruno	41:09
58. Steve North	43:06
59. Phil Kohlenberg	44:19

GOLDEN GATE FAST DAY

September 12, 1993

1. Suzanne Heim	20:52
2. Mike Garibaldi	21:37
3. John Selmer	22:16
4. Sean Kelly	22:25
5. Monique Garvin	22:50
6. Lynn Jolly	22:53
7. John Davies	23:46
8. Laura Burtch	24:25
9. Marla McGowan	25:01
10. Tom McCarty	25:15
11. David Rich	25:20
12. Chris Kelly	25:37
13. Jon Nakamura	25:44
14. Karen Boyer	25:57
15. Peter Drino	26:41
16. Suzie Dods	26:20
17. T. Oppenheimer	27:59
18. Ann Claman	28:13
18. David Claman	28:13
20. David Zovickian	28:22
21. Rick Crafts	28:44
22. Karen Drucker	28:45
23. George Kebbe	28:47
23. Lori Parmer	28:47
25. Micky Lavelle	29:06
25. Pat McGarvey	29:06
27. Pam Derks	29:16
28. Janice Schultz	29:17
29. Conrad Von B	29:56
30. Phil Rollins	29:57
31. Susan Allen	30:19
31. Laura Merkl	30:19
33. Tom Hofmann	30:32
34. Kelly Flynn	30:35
35. Mike Suter	30:37
36. David Marten	30:45
37. Eric Mellinger	30:49
38. Signe Curtis	31:34
39. Marc Richard	31:37
40. Tina Scott	31:50
41. George Gara	32:40
42. Ed Urban	33:12
43. Bonnie Winn	34:16
44. Scott Anderson	34:44
45. L. M.- Goodwin	34:45
45. Megan Sullivan	34:45
47. J. Beemsterboer	34:57
47. Eric Shackelford	34:57
49. Dan Osborne	35:06
50. Larry Scroggins	35:28
51. Nancy Friedman	35:39
52. Ken Frank	35:45
52. Gerald O'Dwyer	35:45
54. Greg Tuerk	36:12
55. Doug Chambers	38:12
56. Kate Coleman	38:52
57. Celeste McMullin	39:17
58. Pete Neubauer	39:18
59. Mark O'Hara	39:25
59. Liz Ann Zirker	39:25
61. E. Barranco	40:08
62. M. Lubiszewski	44:14



1994 Swim Schedule

- Date* -	- Event	- Jump-Off
Dec. 21, 1993 (Tues.)	Polar Bear Swim Starts	
January 1 (Sat.)	New Year's Day Cove Swim	09.00
January 1 (Sat.)	* New Year's Day Alcatraz	TBA
January 30 (Sun.)	* Mid-Winter Gas House Cove Swim	09.30
February 19 (Sat.)	Mid-Winter Cove Swim	09.00
March 21 (Mon.)	Polar Bear Swim Ends	
March 26 (Sat.)	Spring Cove	09.00
April 17 (Sun.)	* Pier 41	08.30
May 1 (Sun.)	* Pier 39	08.30
May 21 (Sat.)	* Dick Beeler Crazy Cove	09.00
June 1 (Wed.)	100 Mile Swim Starts	
June 17 (Fri.)	* Twilight Cove - Pot Luck BBQ to Follow	18.00
June 25 (Sat.)	* Doc Howard - Over 45 - From Gas House Cove	09.30
July 9 (Sun.)	* Yacht Harbor	09.00
July 16 (Sat.)	Trans Tahoe Relay	07.30
July 23 (Sat.)	* Crissy Field	08.45
August 6 (Sat.)	* Santa Cruz Pier Swim	11.00
August 21 (Sun.)	* Fort Point	08.15
August 26 (Fri.)	* Twilight Pier 41- Pot Luck BBQ to Follow	18.00
August 28 (Sun.)	Over 60 Cove	09.00
September 3 - 5 (Fri - Mon.)	Gold Lake Rush	00.01
September 16 (Fri.)	* Twilight Gas House Cove - Pot Luck BBQ to Follow	18.00
September 25 (Sun.)	Alcatraz	09.00
October 1 (Sat.)	Golden Gate I - Fast Day	09.45
October 2 (Sun.)	Golden Gate II - Slow Day	10.10
October 9 (Sun.)	Handicap Cove	09.00
October 16 (Sun.)	Dolphin/South End Triathlon	TBA
October 29 (Sat.)	Escape From Alcatraz Triathlon	08.30
October 31 (Mon.)	100 Mile Swim Ends	
November 12 (Sat.)	Annual Swim/Pilot Appreciation Dinner	18.30
November 20 (Sun.)	Introduction To Bay Swimming	09.00
November 24 (Thurs.)	Thanksgiving Day Cove	09.00
December 18 (Sun.)	New Year's Day Alcatraz Qualifier	09.00
December 25 (Weds.)	Polar Bear Swim Starts	

TBA means "to be announced"

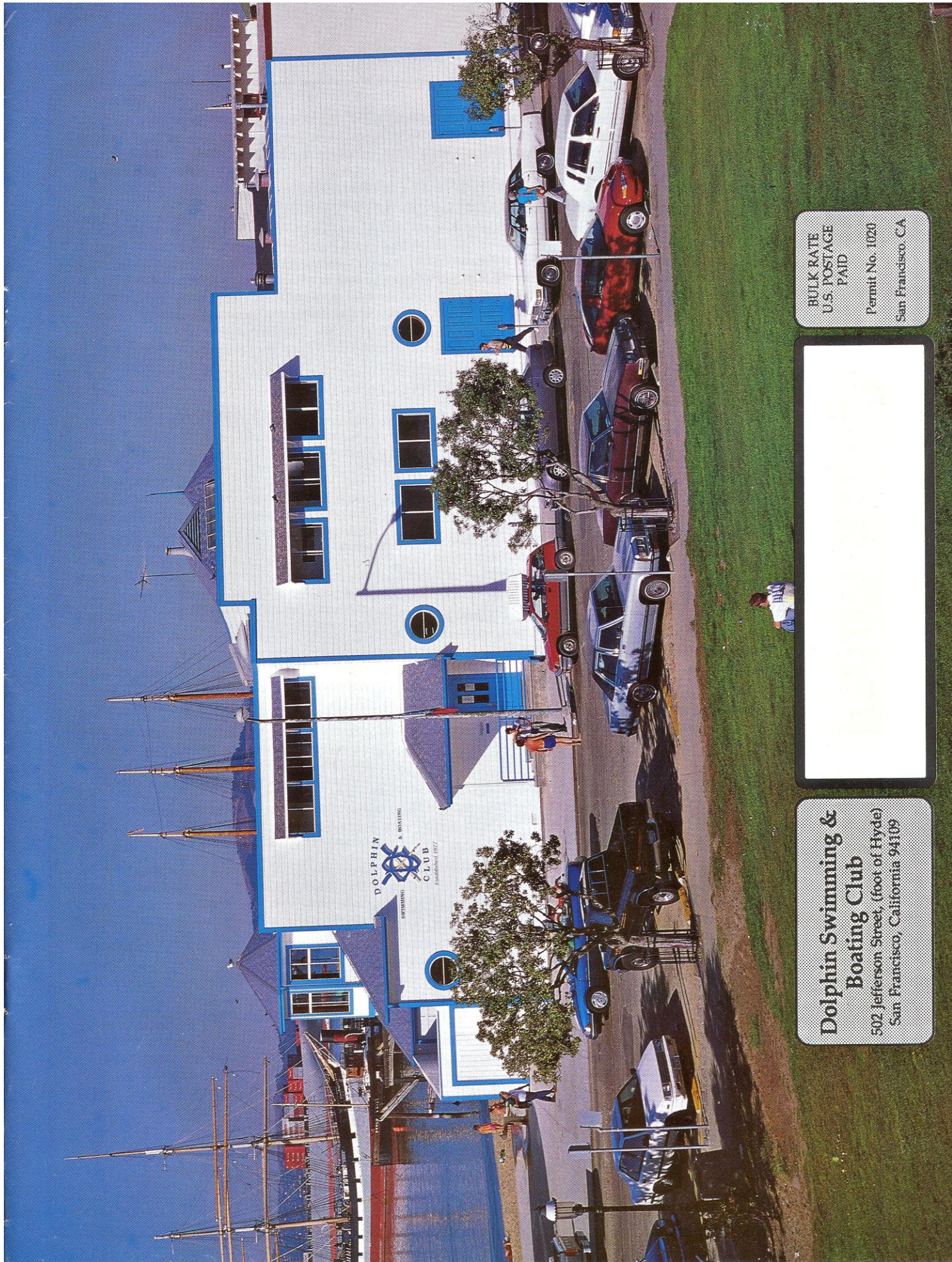
- Swim Program Rules -

1. Club scheduled swims are restricted to club members only.
2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
3. Swimmers must be members in good standing with dues current and swim fees paid.
4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
7. Swim sign-up sheets are posted two weeks prior to each swim.
8. Time limits are imposed and enforced for all swims.
9. All club boats are reserved for scheduled swims; riders are prohibited.

• Additional qualifications for Alcatraz and Golden Gate Swims •

10. In-town members must successfully complete 2 swims marked with a wheel (⊙) and one other scheduled swim and pilot or help on at least 2 others.
11. Out-of-town members (those residing 100+ miles from the club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
12. Once a member has qualified for Alcatraz/Golden Gate swims, non-qualified members will be given priority to qualifying swims.

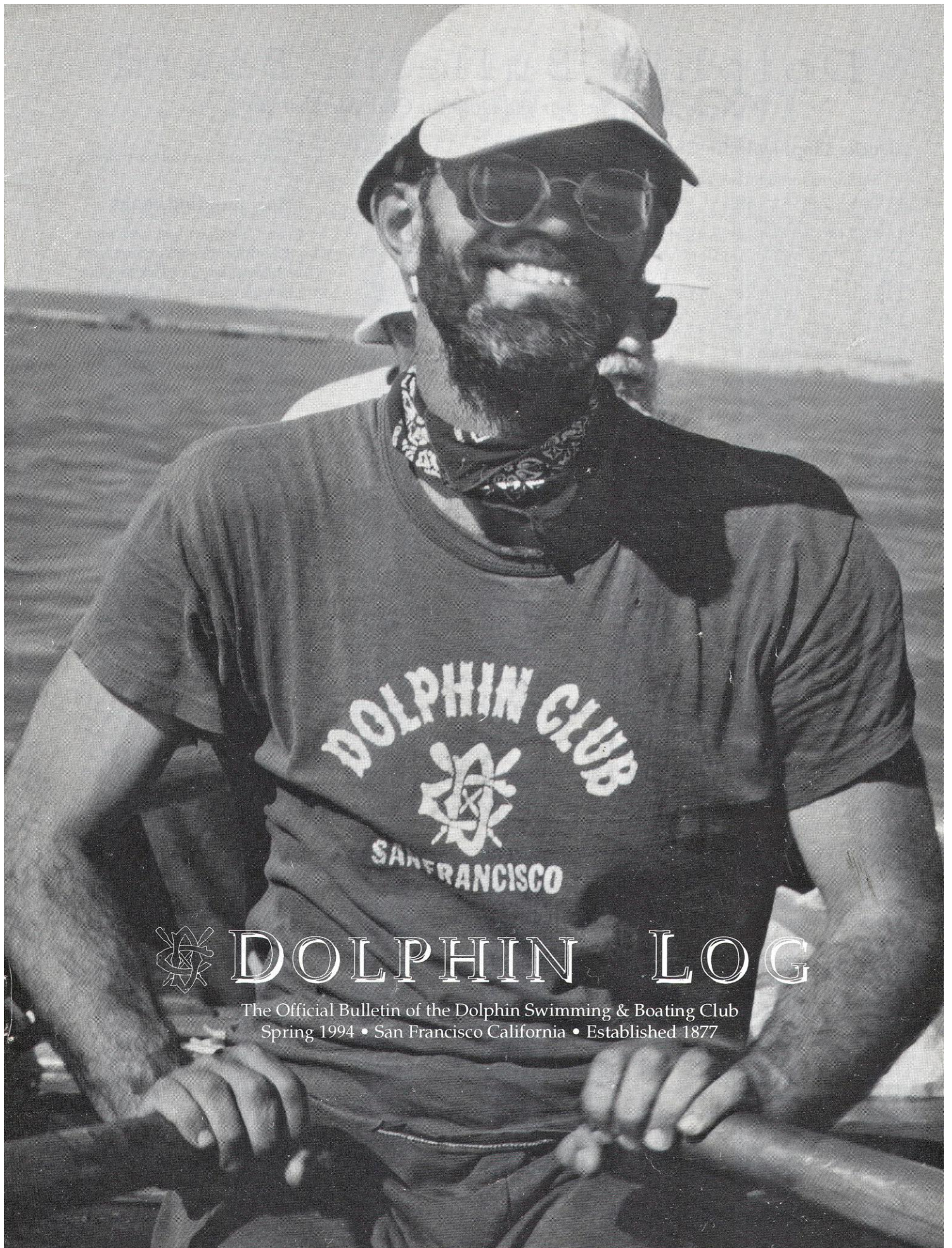




BULK RATE
U.S. POSTAGE
PAID
Permit No. 1020
San Francisco, CA



**Dolphin Swimming &
Boating Club**
502 Jefferson Street, (foot of Hyde)
San Francisco, California 94109



DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
Spring 1994 • San Francisco California • Established 1877

Dolphin Bulletin Board

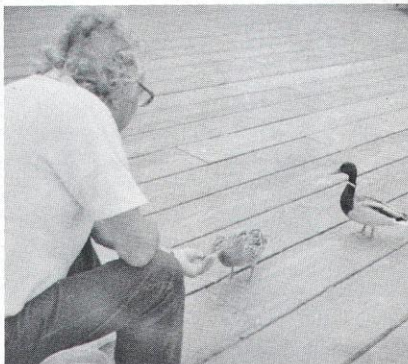
News and Notes For the Dolphin Club Membership

Ducks adopt Dolphin Club

Spring has brought two additions to the Club dock—a pair of ducks. The duo have been christened Brother Herb and Eleanor by beachmaster Lou Marcelli. The couple, probably nesting in the swampy environs at the Palace of Fine Arts, have found a new daytime roost. We hope they become regular members as spring turns to summer and beyond.

Rowing News

Lake Merced Update: For the last several years, Lake Merced, the only natural lake in San Francisco, has had been steadily losing water.



Beachmaster Marcelli with two new members.

Currently the lake is 14 feet below the mandated level. According to Boat Captain Jeremy West, city officials have taken emergency action by pumping 5 million gallons of water a day for over two weeks into the ailing lake. They will continue in July. The Park and Recreation Department believes the this water will raise the lake 1 foot. Watch for updates here.

The next rowing training session will be Saturday and Sunday, May 28 and 29. Future sessions are on June 18 and 19 and July 30 and 31.

Sacramento Row—June 22-24

Be part of a time-honored Dolphin rowing tradition - be part of the row to Sacramento this year. Sign up in the Boat Room below the staircase. Contact Jon Bilienski or Ken Frank for

more information on either training or the row.

Boat Building Night

Every Tuesday night from 6 to 9 p.m., Dolphin Members congregate in the Boathouse and work together on maintaining our fleet of whitehalls and restoring the John Wieland, the famous rowing barge. Pizza, beer and camaraderie await those who show up and help.

Water Quality Meeting

Thursday 5, 1994 is an important day for Dolphins interested in perserving and improving water quality in the Bay. The Fisherman's Wharf Citezens Advisory Committee and other community groups will be giving a brief overview of the Waterfront Plan Process and discussing possible interim uses at Fish Alley and possible land uses at Pier 43 1/2, Pier 45 and the Triangle Lot. Everyone is encouraged to show up and express their concerns to The Port. The meeting will take place at 4 p.m., Thursday, May 5, at the Telegraph Hill Neighborhood Center, located at 660 Lombard Street.

Old Timers Dinner

The annual crab feast held on Saturday, February 26 with lots of help the Sancimino family was nothing short of a smashing succes. Masters of Ceremonies Tom Gould and Pete Bianucci introduced such lively speakers as Paul "Lucky" Kanstroom and Bill Powning. The high-light of the evening was a special birthday celebration for 90 year old Dolphin Member Lou Gallic, A D-Day veteran and former figure skater.



The Dolphin Log

Editorial Board:

Christopher M. Kelly

Matthew C. Sheridan

Kevin Starr

Contributors:

Alberto de la Pena • Ken Coren

Eric Hansen • Walt Schneebeili

David Zovickian

Photography:

Caden Gray

Eric Hansen • John Perino

Published By

**The Dolphin Swimming
& Boating Club Inc.**

502 Jefferson Street
San Francisco, CA 94109

Organized in 1877

1994 Officers

President - **Jon Nakamura**

Vice President - **Dan Osborne**

Treasurer - **Joe Ferrero**

Recording Secretary - **Suzie Dods**

Financial Secretary - **Meg Fitzgerald**

Boat Captain - **Jeremy West**

Board of Governors

John Bielinski • John Conti

Ken Coren • Pat North

Vince Huang • Stanley Hylnsky

Tina Scott • Mike Webb

Kathy Zirker • David Zovickian



ON THE WATERFRONT

—AN UPDATE ON PROTECTING AQUATIC PARK—

By Ken Coren

On December 8, 1989, the Port of San Francisco formally proposed to construct a full service marina and fuel dock designed to house and service a commercial fishing fleet approximately 230 feet beyond the Thayer and Balcutha. This fleet of over 200 boats is to be berthed, maintained, and operated along the eastern length of the Hyde Street Pier.

In conjunction with this commercial fishing marina, the Port proposed to almost double the fish processing capacity on Pier 45—the structure which, along with the Hyde Street Pier, defines the lagoon from which our swimming cove receives its water twice each day during the ebb tide.

The Port stated that the foregoing project was necessary for the well being of San Francisco and formally declared that, "That this project could not have a significant effect on the environment."

Unable to agree with Port's position that this project should proceed without prior environmental review, the Dolphin Swimming and Boating Club filed formal opposition to the project. In addition, the Club consulted some of the most well respected water quality experts in the field and designed a comprehensive plan for the construction, operation and monitoring of the proposed project which, if implemented, would result in the overall improvement of our water quality.

So what has happened since then?

As a result of the Loma Prieta Quake, the Port was able to obtain an "emergency" permit and is now, several years later, undertaking the "emergency" repairs on Pier 45 without having to undertake any environmental study and without including many of the Club's suggestions which would

improve disposal of fish processing waste and other harmful materials.

With regard to the construction of the commercial fishing marina, the Port temporarily chose not to proceed with the marina in light of our formal challenge.

Several weeks ago, in March of 1994, the Port announced that it is going forward with the commercial marina-fuel station project and will retain the services of a consultant to prepare an Environmental Impact Report.

In addition to maintaining con-

"The Bay and its waters are the life blood of the Dolphin Club and this entire region. There are forces at work that have priorities which are not consistent with the maintenance and enhancement of water quality."

tinuing contact with Port staff since 1989, the Club has put the Port on notice that our water quality plan should be incorporated into their project.

Fundamentally, one wonders whether there is a need for this project in the first place. When the project was first proposed, it became apparent that a substantial portion of the fish processed on Pier 45 did not come from local fishing boats but was delivered by truck. According to very reliable sources, including one well informed veteran Dolphin (who knows more about local matters than anyone would

care to admit), the amount of fish brought in by ship has decreased in the last five years to the point where it is almost non-existent. Given this information, perhaps it would be wiser to build the project elsewhere. We have also asked the Port to review the wisdom of spending millions of dollars on a commercial fishing marina in light of the information available concerning the depleted condition of the fishery in this region.

Other news:

Fearing that the Port's need for income would result in the walling off of our waterfront by hotels ala Miami Beach, the citizens of San Francisco passed Proposition H in 1990: the "No Hotel" measure.

Proposition H required that a Waterfront Plan Advisory Board be established in order to review current and future uses of the Port's property for the express purpose of insuring that maritime uses, including recreational use, be given priority wherever possible. The Board was charged with the task of determining acceptable non-maritime uses for Port property which was not amenable to maritime uses.

It is interesting to note that Proposition H (the law of the land) specifically states that "No City agency or officer may take, or permit to be taken, any action to permit the development of any unacceptable non-maritime land use on the waterfront." The law then goes on to state: "The following land uses are found to be unacceptable non-maritime land uses: 1. Hotels." (No other unacceptable uses are listed!)

Again, what has happened since?

The Port has organized, housed, provided staff and guidance for the Waterfront Plan Advisory Board. The

Continued on page 14

D o l p h i n s

A log compiled

For the first time since 1975, from July 14 - 16 of 1992, Jon Bielinski, Ed De Cossio Jr, and Brian Huse re-established a Club tradition of rowing to Sacramento. Following in those oar strokes was the three boat, 11 crew member round trip made from July 4 - 6 of 1993. For the first time in club history, women crew members took part in the voyage. Highlights included the discovery of Beaver Island, campsites on Sutter and Miner Sloughs and two lengthy rows by moonlight.

The following account was compiled from entries in each craft's log and personal journals. The crew members included: John Kortum, Jon Bielinski, Ken Frank, Deborah Henning, Debbie and John Conti, Martin Zeleznik, Phil Reiff, Padraic Doyle, Phil Kohlenberg and the author.

Day 1 - July 4th 1993

05:00 - 05:30 Crews arrive at the Clubhouse and prepare for departure. Picnic hampers, tools and equipment are stowed away. Group photos shot by John Perino.

06:49 *Viking*, *Hughes* and *Farrell* launched, checked for fore and aft trim, then underway. Three knot breeze, clear skies and diminishing ebb. Low water at 06:26, a -1.0. High is at 13:49 a +5.0.

07:10 Arrive Alcatraz.

08:10 With rowing instructor Padraic Doyle at the helm, *Viking* strikes port side oar lock of *Hughes*. Cosmetic damage.

09:15 Helmsman of container ship leans over wheelhouse rail and calls out to *Viking* crew: "Don't ride your bicycle on the freeway." *Viking* moves out of shipping channel.

09:45 Riding the flood past Richmond Long Wharf.

10:00 Pass beneath Richmond San Rafael Bridge. First beer opened.

10:30 Pass between East and West Brother Islands.

12:00 Wind of 13 - 14 knots on starboard quarter. *Viking* languishing a half mile aft. Crew of *Hughes* and *Farrell* pause to eat DelRaes mega- brownies.

12:35 Phil Kohlenberg, at power on *Hughes*, reports blister on first joint of middle finger of left hand. Bielinski, at stroke, instructs Kohlenberg to keep rowing.

12:45 Mutiny on the *Viking*. Something about matching strokes. *Viking* passes fleet and seen headed toward Benecia.

13:33 *Hughes* and *Farrell* pass beneath the Carquinez Bridge.

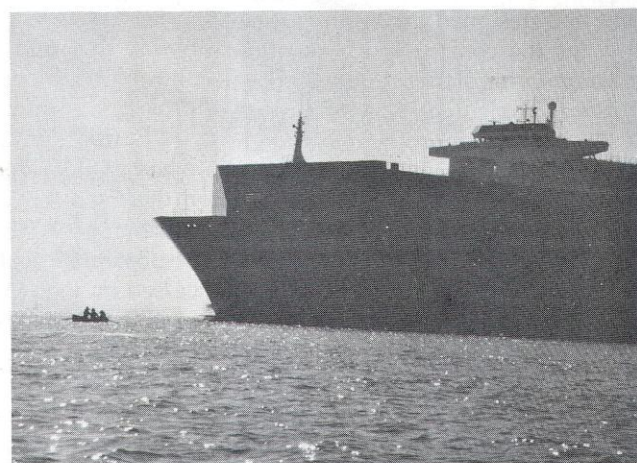
14:45 White pelican spotted just beyond Benecia Bridge.

15:30 Good flood. Wind four knots from the west. Pass Concord Naval Weapons station. Crew of *Viking* heads north and goes bonkers in Honker Bay.

17:00 Pittsburg stacks abeam. Conti and Conti get their second wind. Phil Reiff unconscious in bow of *Farrell*.

17:30 *Hughes* and *Farrell* enter Sacramento River.

20:26 *Hughes* and *Farrell* arrive Rio Vista. Joanie Brooks waiting with splendid picnic dinner of cold chicken, potato salad and corn salad. Boats moored. Camp set up on boat ramp lawn.



i n t h e D e l t a

by Eric Hansen



21:00 Local fireworks display begins.
23:45 Rio Vista police conclude fireworks display by dispersing crowd and extinguishing trash can fire in boat ramp parking lot.

Day 2 - July 5

04:24 High water floods campsite.
04:30 Crew relocates to higher ground.
11:45 John Kortum goes home.
12:00 Fleet departs Rio Vista and passes beneath Rio Vista Bridge.
12:47 Enter Steamboat Slough. Hot! No breeze.
15:00 Invited ashore by friendly folk at private home on Beaver Island. Crawdads, beer and watermelon. Swim around island.
16:00 Weight of crew after lunch breaks friendly folks floating wharf.
16:05 Depart Beaver Island.
16:40 Enter Sutter Slough. Pristine campsites spotted. Overhanging trees. Water like glass. No people.
17:00 Sun-warmed blackberry picking from boats on west bank of Miner Slough.
18:50 Re-enter Sacramento River and return to civilization. Ski boats, cruisers and jet-skis.
20:00 Issue flashlights. Families and couples fishing at edge of river in dark.
21:30 Reeking clouds of factory exhaust illuminated by search lights at the sugar beet facility south of Clarksburg.
22:00 Moonrise. Scorpio overhead.
23:00 Arrive Freeport Marina. Dinner beneath oak tree on lawn. Sleep.

Day 3 - July 6

11:05 Underway from Freeport Marina.
13:30 Cool off with official Club bandanas dipped in river. *Viking* takes the lead.
14:19 Martin, Debbie Conti and the author caught napping in *Viking* at river's edge. Jon Bielinski, John Conti, Ken Frank and Deborah Henning, in *Hughes*, make their move. Temperature on river 104 F.
14:37 Ken Frank begins to hallucinate about BBQ salmon.
14:53 Bielinski refuses to leave rowing station. *Viking* closes gap with Debbie and Eric giving instructions to Martin to steer a straight course. Martin jumps overboard.
15:17 *Hughes* arrives Curtis Park boat ramp followed by *Viking* and *Farrell*. Lee Caldwell and Noreen Tierney waiting with trucks and trailer. Deborah Henning becomes first Dolphin woman to row to Sacramento and Debbie Conti becomes first Dolphin woman to arrive second.
16:30 Delicious BBQ lunch, salad, beer and wine provided for near-comatose crew members by Noreen at Eric Hansen's home.

New Dolphin President

Jon Nakamura

by Kevin Starr

Jon Nakamura, who succeeds Stanley Hylmsky as president of the Dolphin Swimming & Boating Club, is a native San Franciscan, aged 37, who grew up in the City — swimming.

"I began my swimming career," says Nakamura, "at the Student Union Pool at UC-San Francisco, where my father was on the dental faculty. I then went on to the Balboa swimming pool, where I swam with Dolphin Nick DeMay, whose father Rudy is also a Dolphin Club member."

From the Balboa pool Nakamura went on to swim for George Washington High School, making All City three years in a row and graduating in 1974. At USC, where Nakamura took his bachelor degree in 1978, his powerful free-style sprint put him on the varsity and helped take the Trojans to three national championships. Returning to San Francisco from USC, Nakamura took his law degree from Hastings in 1981.

A third generation American of Japanese descent, whose grandparents migrated to California from Japan in the 1920s, Nakamura grew up in Midtown Terrace, where he still lives. Four years ago, Nakamura joined the Dolphin Club. Volunteering to help the board as a financial auditor, Nakamura quickly won a solid reputation as a swimmer, a financial manager and a leader. Encouraged by club members, he ran for the board two and a half years ago and served as vice president.

A few years back Dolphin Meg Storey set Nakamura up with a blind date—Betsy Mlakar, a native of Cleveland. Today, Mlakar is a Dolphin, having joined in 1991. She and Jon Nakamura are also engaged to be married this summer at ceremonies to be held in the Sherman House.



Professionally, Betsy Mlakar owns two Gymboree franchises in San Francisco.

The president of the Dolphin Club, engaged to a Dolphin, having grown up with a number of other Dolphins in the City—Jon Nakamura's Dolphin connections do not end even here. After some years as an associate counsel with the California Bankers Association, Nakamura was recruited to the

Sumitomo Bank of California, where his boss, Donald Reid, is also a Dolphin.

As a rank and file Dolphin, Nakamura quickly showed his skills as a swimmer. For the past four years, he has competed in the Escape from Alcatraz. As president, a post for which he ran unopposed, Nakamura still finds time for swimming and Dolphin business.

"I get a few Dolphin-related calls every day," Nakamura says. "Then there are the board meetings once a month. Every time I go into the Club, which is every other day, there is always a bit of business to take care of."

His key priority as president, says Nakamura, is to continue the renovation of the Club house and "to try to maintain the high standards set by the last couple of presidents."

Active in the local bar and the California Bankers Association, Nakamura also manages to help run the Little League program of the Golden Gate Optimists and to take weekly classes in yoga.

As a swimmer, as a professional, as a volunteer activist, as a Dolphin, John Nakamura has found time to diversify his life while maintaining a demanding professional schedule. To meet and talk with John Nakamura is to encounter some of the civility as well as the athletic interests of San Francisco — a civility and an athleticism which is at the core of the Dolphin identity, past, present, and future.

The Club

By Alberto de la Pena

Ancient building
White and blue
Venerable voices echo
Zahler laughs
Murphy philosophical
Bert departs
In quiet dignity...
Together they came
With varied interests
Some stayed, some left,
Some gone forever...

Staib bright and clear
Panoramic vistas
Through picture windows
Faded photographs
on aged Walls
Whisper from yesteryear...
Trophies
Stands silent
In tribute
Of past
Achievements

Cold figures rise
From chilly depths
Bare feet pummel
Old wooden floors...
Lithe bodies
Drenched in sweat
recover from
Frigid waters...
Secrets revealed
Stories rehashed
Bodies revamped
In naked rapport...

Muscles strain
Bodies taught
Wrapped in
Sweat stained clothes...
Stolen reflections
From silent mirrors
Straining for bulk
Toiling for definition...

Lights, bright and warm
Beckons at twilight
Culinary delights
Waft on summer breeze
Laughing voices in
Wine soaked speech...
Pasta in red and green
Pallet cleared with sourdough
Far away stares
Through glazed eyes
Reminiscing...

Same faces,
Sweaty,
Tired limbs
Eyes gape
From plastic glasses...
Running feet
Thump on
Hardwood floors
Rebound from
Wall to Wall...
Padded gloves
Palms aching and
Callused
Snatching at
Bluebirds in flight...

Evening sun fades
Sancimino floods
In tones copper and warm...
Books studied
Newspapers read
Baseball games
On the radio...

Swim day
First light
Pilots launch
Their boats...
Like fisherman
Rowing out
To sea
Barely discernible
Almost forgotten.

First Woman Wins Polar Bear

With the sun looming large and radiant, winter eased into March looking more like a lamb than a polar bear. In its first week, the water temperature struck 56°, prompting reports that the '93-'94 Polar Bear was being recalled due to a faulty winter.

Not to be deterred, George Kebbe and Laura Merkl tested the limits of the rotator cuff, swimming circles around each other in pursuit of the almighty square. Laura Merkl overcame the odds, temperature, and history to become the first woman ever to win the Polar Bear Trophy.

Looking back, the 1993 swim season bowed out with the traditional awards, trinkets and door prize extravaganza. In addition to recapping the season's glories during the annual pilot and swimmer appreciation dinner, attention was focused on several individuals and group accomplishments. Highlights included Joe Bruno's 61st consecutive Gate crossing with his fastest time in years; Bill Pownings remarkable staying power, completing all 19 polar bear seasons with a style of his own; and Tom Callinan's singular feat of completing all 13 Escapes. And yet another crossing of the Channel, most recently by the Dolphin Shark Attack Song and Dance Relay of Suzie Dods, Joe Ferrero, Jon Nakamura, Lori Parmer, David Rich, and Tina Scott.

Proving that swimming isn't the only way to cover the Bay, a Dolphin fleet of three doubles plied Bay and river waters all the way to Sacramento. Congrats to Eric Hansen, Jon Bielinski, Phil Reiff, Phil Kohlenberg, Deborah Henning, Ken Frank, Padraic Doyle, John Conti, Deborah Conti, John Kortum and Martin Zeleznik (see "Dolphins in the Delta"). Look for Ken Frank, the 1994 rowing commish to include further exciting adventures in 1994, including Mileage charts (a k a the Polar Bear and 100 mile swims).

Most importantly, the evening showcased a few individuals meriting

singular attention. Peggy Lavelle emerged as 1993's most improved Dolphin through much hard work and dedication, though the grapevine did speak of a pool in her recent past.

Inspirational Dolphins abounded throughout the year: Kathy Zirker's dogged determination to participate in the swim program during flipper physical therapy and rehab. Joe Bruno's astounding longevity, becoming the oldest to ever swim the Gate, at 80, with his 61st crossing; Cecco, working harder than guys half his age—always pitching in and never lacking an encouraging word for anyone fortunate enough to cross his path; and Tom Callinan, generously opening his home at Gold Lake for so many to share and enjoy. All have represented the club with honor and distinction.

Laura Burtch, 1993's Most Inspirational Dolphin fits the mold: modest in success; always focused on the goal of enjoying the swim challenge, regardless of its scope. In short, "The energizer bunny of the Bay."

Selecting one pilot of the year is always difficult. 1993 offered many truly outstanding individuals worthy of special recognition. Among them were Dolphins such as Charlie Barry, Clint Copeland, Tom Kuglen and Mike Suter. As new members they weren't eligible to swim; instead they contributed extensively to the swim program by piloting frequently during their six month wait. Other veteran members, such as Al de la Pena, Andy Camous, Colin Gift and Jim Fagan were very consistent. 1993's pilot of the year, Susan Allen, also put up excellent numbers, as she consistently has, year after year. Be it on a board or kayak, in a whitehall or avon, her effort is always marked with great enthusiasm, concern and skill. As a pilot who also excels in swimming, her "piloting perspective" is that much broader.

Perhaps the most important accolade is that of "Helper of the Year." The Dolphin Club relies so much on the help and volunteerism of its mem-

bers to function smoothly, and that applies to the swim program in particular. Invaluable to the program's success are individuals such as Suzie Dods and Tom Hofmann, who filled in during this swim commissioner's sabbatical, and of course Cecco who fills in all the time. This year's recipient, Patricia North, embodies the essence of the swim program: "dedication, commitment, enthusiasm," and the ability to leap those occasional hidden hurdles that can be a part of the club's peripheral environment.

Getting back to the Bay, president-to-be Jon Nakamura presided over the Thanksgiving Day Cove Swim. 63 Dolphins led by Liam Hennessy, paid homage to our great American bird, in a prelude to the day's feasting and football frenzy.

The 100 mile swim challenge concluded six months of "connecting the squares" with Laura Burtch garnering her second straight title, stroking 263 miles. 39 Dolphins successfully charted (if not swam) their 100 miles. 84 aspirants will try again this June.

New year's day began dark and cold for 72 Dolphins and South Enders preparing for the ritualistic plunge from the Rock, destined for our beach. Enjoying pilot coverage of nearly one-to-one, the eyes of the world, as showcased on CNN, watched Suzanne Heim repeat as victor.

Nearly two minutes later, Liam Hennessy strode ashore, setting the standard with the latest in swim costumes, sure to capture the fancy of San Francisco, if not the world. In all, Dolphins gathered the first 3 slots and 10 of the top 12. As an aperitif, 36 Dolphins settled in for a comfortable half mile cove swim. Under the watchful eye of kayaker Susan Allen, oarsman Jon Bielinski took to the water to outstroke Larry Scroggins and Dan Osborne for top honors.

January 30th, the Dolphin Club offered its alternative to the annual Cowboys conquest of the Bills with the Midwinter Gas House Cove swim.

Under sunny skies, and in quite lumpy seas, 46 Dolphins were equal to the task, including pollywogs Leslie Callan, Kathy Herrero, and Michael Lord, who made this rather challenging swim their first out of the cove. John Selmer led all comers, while birthday boy, Bill Powning rounded out the ensemble.

A cool, gray, rainy day was the appropriate setting for the Midwinter Cove Swim on February 19th. With Suzanne Heim setting the pace, 25 Dolphins dutifully settled in behind her over the easy 3/4 mile long course.

Looking ahead, there are a few corrections to previous editions of the 1994 Swim Schedule: 1.) Yacht Harbor Swim is Saturday, July 9th, not Sunday; 2.) Trans Tahoe Relay is July 23rd (unfortunately—the same day as Crissy Field), not on July 16th as earlier announced by the Olympic Club; 3.) Gold Lake Rush is canceled; 4.) the Polar Bear starts December 21, not the 25th.

In late breaking development, low level negotiations are underway for the Palomino Restaurant to host a short

swim along the Embarcadero this Spring; with food and drink for all, this is an event worth watching for! Check the swim board for details as they develop.

During the course of the year, organizations other than the Dolphin and South End Clubs are sponsoring swims in the Bay. The Dolphin Club is not affiliated with—nor a sponsor of any of these events. Though every one is free to swim with whom and wherever one chooses, it is important to understand that should you choose to participate in any of these events, the Dolphin Club, its facilities, and equipment are NOT available for your use as a means to warm up or recover from your participation in the event. Such participation falls into the category of an unauthorized swim out of cove—in as far as it relates to the Dolphin Club—as outlined in the out of cove rules printed in this log and posted throughout the Club. Any questions regarding this policy should be directed to the swim commissioner, the boat house captain, or the board of governors.

In late breaking development, the

Dolphin Club is proud to announce the addition of a new member to the Swim Commission. Olympic short track skating star Cathy Turner has signed on to coach our new starts and turns etiquette clinics. Drawing from her Lillihammer experiences, this promises to be an exciting addition to the swim program.

As a final note...all Dolphins—Swimmers or not—are encouraged to take rowing training. This is a great chance to participate in the rowing program and develop crucial piloting skills. Not only will this maximize utilization of our fleet of boats, boards and kayaks, promoting safety within the swims, as a pilot, members will gain new perspectives into the dynamics of a swim. The following are the schedule dates for rowing training in 1994: May 28-29, June 18-19, July 30-31, September 17-18, October 22-23, and November 19-20.

Your participation is key to the success of the Dolphin Club and its many programs—please take the time to pitch in.

Door Prize Donors—1993 Swim Dinner

Special thanks to the generous donations which made the awards banquet such a great success.

Bette's Dinner—Susan Anson	The Gap—Chris Kelly
Betty Boops—Elizabeth Bloom	Caesar's & Moose's—Lou Marcelli
Blue & Gold Fleet Tours	Nature Calendars—Leslie McMullin
Caffe Freddy's	Dolphin Pewter Pins—Kevin McNiff
Fort Mason Meat Market—Cecco	Just Desserts—Laura Merkl
Chronicle T-shirts & Mugs—Doug Chambers	Capp's Corner—Moon
Director Chairs—Doug Chambers	Massage—Pete Neubauer
Nuggett Hotel Weekend—Doug Chambers	Corona Bar & Grill—Steve Pinetti
Case of Wine—Kate Coleman	Splendido's—Steve Pinetti
Compadres	Bentley's—Steve Pinetti
Greeting Cards & Yoga Class—Randy Dean	Tuscan Inn—Steve Pinetti
Wine—Rudy DeMay	Gallerie Park Hotel—Steve Pinetti
Clean Well Lighted Place For Books—Suzie Dods	Hotel Triton—Steve Pinetti
Case of GU—Mag Donaldson	Leather Golf Bag—Bill Powning
Sam Adams Beer—Tony DuComb	Paragon—Suzy Royce
Case of Wine—Ken Frank	Swan's Oyster Depot—Sancimino Family
Tea Gift Basket—Rupblic of Tea and Nancy Friedman	Northface Pack—Walter Scott
Stamp Kit—Hero Arts & Nancy Friedman	Galletti Bros Shoe Service—Elmer Tosta
Gourmet Cookies—Sue Garfield	Glenfiddich Scotch—Paul Vlautin
USF Pool Passes—Cathy Huang	Anchor Beer—Mike Webb
USF Swim Technique Class—Cathy Huang	Fior D'Italia—Steve Worthington

100 Years Ago...

From Walt Schneebeli

—From the San Francisco Chronicle, May 5, 1894—

THE ROWING RACE.

Opening of the Season to Be Celebrated at North Beach.

The rowing season proper will be opened on the 13th inst. by the Dolphin Club. There will be races of all kinds on the bay, from single shells to four-oared barges. One of the most interesting features of the aquatic sports will be the swimming match between Joe McCarthy and a member of the club named Bardman. McCarthy is one of the prettiest swimmers in the world. He held the championship of the Coast against all comers for three years. He is a San Francisco boy, and first came into fame as a swimmer at the old Newport baths at Alameda. He won all the short and long-

distance matches open to all comers. Every trophy offered had to be won three times, and he won them all.

Joe Fleming was looked upon as a wonder, but when he came to swim against McCarthy he found he had lots to learn, and he was left far behind. The only time Joe McCarthy was beaten was at Stockton. He swam Pinkham a 100-yard go in fresh water, and not being used to the latter he was beaten, and he immediately challenged the other to a contest in salt water. The match terminated in a



THOMAS FRASER, PRESIDENT DOLPHIN ROWING AND SWIMMING CLUB.

dead heat, and before another could be arranged Pinkham died.

The jinks, it is promised, will be one of the greatest ever given on the Coast. A fine programme is being arranged, the numbers of which will be sandwiched between the aquatic events.

The Dolphin boys who have entered for the regatta and other events are all in hard training and will show up well on Sunday next. Charlie Stutz, who will be the lightest in the shell regatta, will make the race of his life. He has been putting in his evenings in practice and is in splendid form. The Sunday following the regatta the Dolphins have their annual picnic, which will be held on the Russian river.

The Ariels have not done much as yet in the way of rowing and their programme for the season will be announced later. They will be well represented at the re-



JOE MCCARTHY, EX-CHAMPION AMATEUR SWIMMER OF THE PACIFIC COAST.

gatta of the Dolphins and will go down to North beach in their boats.

DOLPHIN CLUB MILESTONES— 1993

• Life Membership (25 years) •

Brian Gilbert

Joined February 1968

Walt Thurman

Joined May 1968

Bill Powning

Joined July 1968

"Chuck" Stagliano

Joined December 1968

• Golden Dolphin Membership (50 years) •

None

• Deaths •

Constantine "Tex" Alexander

Joined February 1931, Died Feb. 26, 1993

James Jerome Cronin

Joined June 1923, Died April 6, 1993

Steve Salvi

Joined December 1982, Died June 12, 1993

Dr. Leona Wolff

Joined March 1979, Died December 13, 1993

THE FONTANA TOWERS

By Matthew C. Sheridan

Some of us despise it and some of us look to it for direction, but we can all agree that we have an opinion on it. The Fontana Towers have cast a shadow on Aquatic Park for over thirty years. The plans for the two gigantic towers slipped through the building codes of the time, creating a sustained uproar throughout the city. Regardless of how we feel about these two concrete slabs, they will be here for some time. But it was not always like that.

On the ground where the Fontana Towers now stand, there once was a four-story building called the Fontana Spaghetti Factory. Built sometime around 1868 on North Point Street and adjacent to Black Point, now Fort Mason, it was originally used as a woolen mill, but gained its name when it was converted into a spaghetti factory around the turn of the century. After 1914 it was used to store automobiles, except during World War II, when the army took it over.

The building was originally owned by a wealthy Italian named Morko Fontana. His son, Richard G. Fontana was a member of the Dolphin Club from 1915-1921.

Then in the early 1960's, something was to take place that would drastically change the panoramic view of San Francisco Bay. Developers who had purchased the property, found a loophole in the City's Planning Code. The land on which the factory stood was zoned for commercial use and the code at that time set no firm height limit in industrial and commercial zones. Presented to the public during a press conference given inside the factory, Robert D. Fraser, president of the Albert Lovett Corporation, laid out their plans to erect "Aquatic Park's

first skyscraper apartments." At the time, developers, architects and public officials seemed to be unaware that the plan might disturb the dramatic beauty of the San Francisco Bay. Fontana Towers' head architect, Paul Hammerberg, felt they had designed the towers to give near-by neighbors a chance to still see the bay. According to an article in the San Francisco Chronicle, Hammerberg said, "We

**"We separated
the two buildings
so people on
Russian Hill
could look
through them to
the Bay."**

separated the two buildings so people on Russian Hill could look through them to the Bay."

Upon news of the proposed development, neighbors, led by the Russian Hill Improvement Association, and elected officials reacted with anger and activism. Neighbors were furious about the prospect of these two monstrous structures blocking views and ruining the skyline. Immediately after the building permits were issued, a temporary 40 foot height limit for buildings in the northern waterfront zone was put into place. Fontana Towers fell within the jurisdiction of this zone, but sadly, activists could not make it retroactive. Spurred at first, neighbors considered filing lawsuits to block construction.

By 1963, work on Fontana West was almost finished, yet no construction had begun on Fontana East. Neighbors—believing they had found their own loophole—sought to prevent the second tower from being built. Claiming that because work had not yet started on Fontana East, activists petitioned the Public Works Department to suspend work on the rest of the project. Under California law, the 40 foot height limit could apply to a building permit already issued, if substantial work had not been done. But it turned out that the Fontana Towers Project received only one building permit for the two separate structures. This gave the builder the power to claim that construction on Fontana West counted as "substantial work" performed on Fontana East because in the eyes of the builder they were the same project. In the end, the Public Works Director ruled against the neighbors.

Since the erection of the Fontana Towers, developments like it have not been allowed along the waterfront. People living in Pacific Heights and Russian Hill might be able to squint hard enough through the two towers to see the Yacht Club in Tiburon, but won't see much more than that. With their dramatic views of the Bay and beyond destroyed, residents can only wait for time or seismic force to take its toll.

Yet, there does seem to be some redemption for the Fontana Towers. Many Dolphins have found the towers' dominant image a beacon of hope in the middle of a cold, weary swim. So, the next time you are caught on a foggy morning trying to make your way back to the Clubhouse, take a look at the Fontana Towers, and maybe you'll be one of the few who appreciate its existence.

Dolphin Swim Statistics

HANDICAP COVE SWIM

OCTOBER 3, 1993

	Handicap	Real
	Time	Time
1.Kathy Zirker	25:20	23:20
2.Nick Zoller	27:27	23:27
3.Pavla Podolska	27:28	27:28
4.F. Cervantes	28:20	22:20
5.Pat North	28:35	22:15
6.Bill Powning	29:12	29:12
7.Gina Rus	30:15	16:51
8.Chuck Vogt	30:52	24:52
9.Ken Coren	30:53	18:53
10.G. O'Dwyer	31:32	17:32
11.Rich Cooper	31:35	14:12
12.Karen Boyer	32:19	14:19
13.Marc Richard	32:22	16:22
14.Liz A. Zirker	32:24	18:24
15.Neil Hartnett	32:43	16:43
16.Glynn Jones	32:52	16:52
17.Bob Danielson	32:56	16:56
18.Kate Coleman	33:06	17:06
19.E. Shackelford	33:07	17:07
20.John Selmer	33:50	13:50
21.C.Raymond	33:56	19:56
22.Suzie Dods	34:08	14:08
23.Walt Schneedel	34:09	22:09
24.Alan Budenz	34:10	14:10
25.Signe Curtis	34:12	14:12

100 MILE SWIM

JUNE 1 - OCTOBER 31

84 Starters, 39 Finishers

263	Laura Burtch
203	Laura Merkl
190 1/4	Tom Kuglen
167	George Kebbe
131	Dan Osborne
124 1/2	Suzie Dods
118	John Davies
112 1/2	Krist Jake
112	Nick Payne
110	Janice Schultz
109	David Zovickian
108 1/2	Pat McGarvey
108	Lori Parmer
107	Tom Hofmann
106 1/4	Vince Huang
105	Pavla Podolska
105	Tina Scott
104 1/4	Bob Blum
104	Joe Abbot
104	Bill Powning
102 1/2	Phil Rollins
101	Mimi Osborne

102	Larry Alioto
1011/2	Blath Groonell
1001/4	Charlie Barry
100	Chris Kelly
100	Joni Beemsterboer
100	Joe Bruno
100	Alan Budenz
100	Rick Crafts
100	Bob Danielson
100	Pam Derks
100	John Dugan
100	Ken Frank
100	Glynn Jones
100	Pat North
100	David Rich
100	Joe Schatz

THANKSGIVING DAY COVE SWIM

NOVEMBER 25, 1993

1.	Liam Hennesey	13:31
2.	Chris Kelly	15:16
3.	George Kebbe	15:52
4.	Nick Payne	15:58
5.	Karen Drucker	16:27
6.	Tom Hofmann	16:37
7.	John Lennox	16:40
8.	Barnaby Payne	16:49
9.	Dan Osborne	16:59
10.	Elmer Tosta	17:17
11.	Tom Kuglen	17:20
12.	Caxton Rhodes	17:23
13.	Mike Webb	17:25
13.	Janice Schultz	17:25
16.	Joni Beemsterboer	17:59
17.	Kelly Flynn	18:19
18.	Signe Curtis	18:24
19.	Megan Sullivan	18:27
20.	Fred Johnson	19:04
20.	Matt Sheridan	19:04
22.	Gina Rus	19:10
23.	Krist Jake	19:41
24.	Liz Ann Schiff	19:44
25.	Susan Cobb	20:31
26.	Pete Neubauer	20:36
27.	Monica Towers	20:44
28.	Nancy Friedman	20:46
29.	John Hornor	20:52
30.	Barry Christian	21:23
31.	Ken Coren	21:41
32.	Carol Murphy	21:47
33.	Lee Hammack	21:52
34.	Carol Block	22:10
35.	Vince Huang	22:23
36.	Jerry Cullen	22:41
37.	Lorna Newlin	22:42
38.	Jim Grant	23:38
39.	Kathy Herrero	23:52
40.	Phil Fernandez	23:54

41.	Nancy Hornor	24:19
41.	Era Osibe	24:19
43.	Steve Latham	24:55
44.	Pam Stillwagon	25:02
45.	Tony DuComb	25:13
46.	Pat North	25:26
47.	John Conti	25:58
48.	Warren Welter	27:05
49.	Michael Lord	27:11
50.	Vince Rioux	27:14
51.	Leslie Callan	27:24
52.	Kevin Starr	27:35
53.	Will Powning	27:52
54.	Tom Whelan	27:57
55.	Sarah McCusky	29:12
56.	Keith Weaver	29:17
57.	Pete Bianucci	29:56
58.	Larry Alioto	30:13
59.	F. Cervantes	30:49
60.	Joe Bruno	31:33
61.	Don Reid	34:55
62.	Steve North	35:55
63.	Bill Powning	37:58

NEW YEAR'S DAY ALCATRAZ SWIM

JANUARY 1, 1994

Heavy, swampy fog. Jump off 07:50, 49°, low water 2.6 @ 07:15, slack at 09:42, max ebb 2.9E @ 06:25.

1.	DC Suzanne Heim	30:59
2.	DC Liam Hennessey	32:29
3.	DC John Selmer	32:45
4.	SE Alex Johniston	33:15
5.	DC Laura Burtch	34:27
6.	DC John Davies	36:29
7.	SE Tim Reid	36:29
8.	DC Jon Nakamura	37:05
9.	DC David Rich	37:17
10.	DC Suzie Dods	37:26
11.	DC Nick Payne	37:53
12.	DC Brett Graessle	38:45
13.	SE Rick Barthels	38:54
14.	DC Peter Drino	39:05
15.	SE Leanne Tung	39:19
16.	SE Steve Zahm	39:27
17.	SE Paul Sagara	40:13
18.	DC George Kebbe	41:18
19.	DC Micky Lavelle	41:43
20.	DC Elmer Tosta	42:10
21.	SE Larry Kean	42:20
22.	DC CV Blankenburg	42:28
23.	DC Joe Ferrero	43:14
24.	DC Alan Budenz	43:30
25.	DC Mike Webb	43:35
26.	DC Ed Urban	43:55
27.	DC Matt Sheridan	44:07
28.	SE Andy Field	44:36

29.	DC Eric Mellinger	45:01
30.	DC Kelly Flynn	45:38
31.	SE Steve Jones	45:56
32.	DC Laura Parmer	45:59
33.	DC Signe Curtis	46:38
34.	SE Kevin O'Keefe	46:58
35.	DC Larry Scroggins	47:00
36.	DC Bonnie Winn	47:13
37.	DC Mark Richard	47:16
38.	DC Krist Jake	48:10
39.	SE Mike Raifsnider	48:17
40.	SE Alison Cohen	48:25
41.	DC Tom Kuglen	48:35
42.	DC Gina Rus	48:38
43.	SE B. Armbruster	48:41
44.	DC Nancy Friedman	50:31
45.	DC Tina Scott	51:10
46.	DC Clint Copeland	52:39
47.	SE Bill Horgos	52:53
48.	SE Dan Macchiarini	53:07
49.	SE B.Issacson (Fins)	53:22
50.	DC Barbara Kellen	53:38
51.	SE Dennis Franklin	53:54
52.	SE Franjo Vernic	54:05
53.	DC Susan Cobb	54:12
54.	SE Matt Davis	54:20
55.	SE Chris Trotta	54:25
56.	SE Keith Nowell	55:03
57.	SE Chris Beaver	55:05
58.	DC Jim Grant	55:34
59.	SE Mike Lagios	57:24
60.	DC Pete Neubauer	58:04
61.	DC Fred Johnson	58:31
62.	SE Judy Irving	59:10
63.	SE S. Heitmann	60:57
64.	DC Bill Callahan	61:02
65.	SE Jeff Woodhead	62:04
66.	SE Mike Lynch	62:51
67.	SE Laura Lent	63:17
68.	DC Larry Alioto	63:31
69.	DC Era Osibe	63:32
70.	DC Rich Livingston	65:26
71.	SE John Rohosky	65:44
72.	SE Mike Berline	*66:00

*To the opening

PILOTS

South End Rowing Club:
Darius Arasteh, Nancy Arasteh, Kathy Armbruster, John Brennan, Tom Busby, John Calder, Tom Carter, Pat Cuneen, Anne DeSousa, Scott Ellsworth, Betsy Flack, Jim Flack, David Kennedy, John Lynch, Charles McCabe, Phil McGarrigle, Jim Miller, Stan Morris, Frank Pappas, Norm Peterson, Rich Porto, Patrick Reid, Bob Roper, Peter Ross, Anne Somerville, Zach Stewart, John Sweeney,

Dana Vangorder and Ned Viall.

Dolphin Club: Susan Allen, Bill Anelli, Edurado Barranco, Pete Bianucci, Jon Bielinski, Peter Brand, Leslie Callan, Tom Callinan, Barry Christian, Chris Chorak, Rich Cooper, Ken Coren, Sam Corn Al de la Pena, Padriac Doyle, Jim Fagan, Phil Hernandez, Flanagan, Ken Frank, George Gara, Colin Gift, Jim Groden, Don Harrison, Kathy Herrero, Bob Hoff, Vince Huang, Stan Hylinsky, Phil Kohlenberg, Steve Lathram, Peggy Lavelle, Sam Lawson, Diamuid MacNeill, Tom Martin, Bob Mckenzie, Ted McKown, Todd Oppenheimer, Dan Osborne, Eric Shackelford, John Stacey, Pam Stillwagon, Mike Sutter, Ann Tingley, Monica Towers, Chuck Vogt, Jeremy West, Tracy West, David Zovickian.

NEW YEAR'S DAY COVE

JANUARY 1, 1994

1. Jon Bielinski	12:16
2. Larry Scroggins	12:18
3. Dan Osborne	12:20
4. Joni Beemsterboer	12:43
5. Kate Coleman	12:47
6. Rich Cooper	13:27
7. Mike Suter	13:54
8. Lee Hammack	13:56
9. Barry Christian	14:14
10. Nick NeMay	14:26
11. Susan Anson	14:38
12. Kathy Herrero	14:45
13. Suev Garfield	14:52
14. Roger Kleid	14:54
15. Monica Towers	15:02
16. Vince Huang	15:22
17. Joe Cowan	15:59
18. Sandy Lemkuhl	16:10
19. Mag Donaldson	16:25
20. Walt Schneebeili	16:31
21. Ted McKown	17:07
22. Lindsay Casablanca	17:14
23. Chuck Vogt	17:31
24. Leslie Callan	17:56
24. Keith Weaver	17:56
26. Pete Bianucci	18:08
26. Francesca Cervantes	18:08
28. Stacey Singleton	18:09
29. Rudy DeMay	18:41
30. Will Powning	18:45
31. Joan Bard	20:42
32. Mimi Osborne	21:03

33. Bob McKenzie	21:45
34. David Broadbear	23:06
35. Pavla Podolska	25:17
36. Bill Powning	27:47

MIDWINTER GAS HOUSE COVE SWIM

JANUARY 30, 1994

1. John Selmer	17:02
2. Laura Burtch	18:26
3. Jon Nakamura	18:58
4. Laura Merkl	20:10
5. Mickey Lavelle	20:12
6. Brett Greassel	20:23
7. Eric Mellinger	21:10
8. Kelly Flynn	21:21
9. Larry Scroggins	21:31
10. C. Von Blakenburg	21:34
11. Matt Sheridan	21:39
12. Clint Copeland	21:55
13. Joni Beemsterboer	22:10
14. Kate Copeland	22:35
15. Krist Jake	23:09
16. Gina Rus	23:19
17. Liz Ann Schiff	23:33
18. Mike Suter	23:42
19. Mark O'Hara	23:43
20. Pete Neubauer	23:44
21. Tina Scott	23:51
22. Rich Livingston	23:56
23. Ken Coren	24:16
24. Roger Klieid	25:03
25. Walt Schneebeili	26:17
26. Sue Garfield	26:25
27. Michael Lord	26:30
28. Tony DuComb	26:35
29. Nancy Hornor	26:46
30. Kathy Herrero	26:56
30. Era Osibe	26:56
32. Joe Cowan	27:27
33. John Conti	27:44
34. Larry Alioto	28:02
35. Pat North	28:51
36. Leslie Callan	29:04
37. Will Powning	29:27
38. Rudy DeMay	29:36
39. Pete Bianucci	30:24
40. Chuck Vogt	30:42
41. Stacey Singleton	31:04
42. Pavla Podolska	35:45
43. Keith Weaver	35:45
44. David Broadbear	36:09
45. Steve North	36:18
46. Bill Powning(b-Day)	41:32
47. DNF	

MIDWINTER COVE

FEBRUARY 19, 1994

Calm, gray, rainy day. Jump off @ 09:10, high 5.4 @ 05:17, low 1.0 @ 12:30, max 3.3E @ 10:34

1. Suzanne Heim	12:15
2. Jon Nakamura	13:54
3. Peter Drino	14:18
4. Micky Lavelle	14:32
5. Matthew Sheridan	15:19
6. Larry Scroggins	15:39
7. James Mason	15:40
8. David Zovickian	16:43
9. Peter Neubauer	17:05
10. Mark O'hara	17:10
11. Nancy Friedman	17:28
12. Rich Livingston	17:52
13. Lorna Newlin	18:49
14. Avril McGugh	18:54
15. Barbara Keller	19:24
16. Michael Lord	19:38
17. Kathy Herrero	19:45
18. Joe Cowan	20:20
19. Era Osibe	21:58
20. Leslie Callan	21:58
21. Peter Bianucci	22:25
22. Sandy Lemkuhl	23:05
23. Keith Weaver	25:28
24. Joe Bruno	28:16
25. Don Reid	30:40
26. Bill Powning	36:39

PILOTS

David Broadbear, Alberto de la Pena, Andy Camous, Jim Fagan, Kevin Hartnett, John Selmer, and Nick Strelchuk.

HELPERS

Stu Etzler, Laura Burtch, Suzanne Heim, Pavla Podolska, Laura Merkl, Pat North, Susan Allen, Ken Coren, Steve Lathram, Laura Merkl, Chuck Vogt.

POLAR BEAR SWIM

DECEMBER 21 - MARCH 21

174	Laura Merkl
159	George Kebbe
109	Laura Burtch
76	John Davies
71	*Tom Kuglen
66	Peter Drino
61	Pat North
57	Nick Payne
53 1/2	Krist Jake
53 1/4	Eric Mellinger
52	Ed Urban
52	Larry Scroggins
50 1/4	Joe Cowan
50	Susan Garfield
50	Rich Livingston
50	*Mark O'hara

50	Tina Scott
48 1/2	Anna Henry
48	John Selmer
46	Lee Hammack
46	*Barnaby Payne
45 3/4	Stacey Singleton
45 1/2	Laura Farmer
45	Joe Bruno
44 1/2	Tom McCarty
44	Mag Donaldson
44	*Caxton Rhodes
43 1/2	Dan Osborne
43	Lindsay Casablanca
43	John Dugan
43	Lorna Newlin
43	Paula Podolska
43	Joe Schatz
42 3/4	Mimi Osborne
43 3/4	Charlie Martin
42 1/2	Tom Hofmann
42 1/2	Bill Powning
42 1/2	*Kathy Herrero
42	Neal Powers
42	Steve North
42	Matt Sheridan
41 3/4	Celeste McMullin
41 3/4	Steve Worthington
41 1/2	Nancy Friedman
41 1/2	*Michael Lord
41 1/4	Liz Anne Schiff
41	Cliff Jennings
41	Pete Neubauer
41	Era Osibe
41	David Rich
41	Gina Rus
41	*Mary Sancimino
41	David Zovickian
40	Larry Alioto
40 1/2	Pete Bianucci
40 1/2	*Tony DuComb
40 1/2	Vince Huang
40 1/2	Micky Lavelle
40 1/4	Joe Abbott
40 1/4	Joni Beemsterboer
40 1/4	Jon Nakamura
40	Bill Anelli
40	Alan Budenz
40	Sam Corn
40	Jerry Cullen
40	Suzie Dods
40	*Brett Graessle
40	Blath Grooneil
40	*Mara Iaconi
40	Herb Maddon
40	Julie Marcus
40	Chuck Shackett
40	Keith Weaver
40	Mike Webb
40	*Martin Zeleznik

* Virgin Bears

ON THE WATERFRONT

Continued from page 3

members of the Board have worked very hard and have developed preliminary Waterfront land use guidelines and proposals for public review.

Despite warnings expressed by members of the public at several public meetings that the Board was prohibited by law from doing so, this Waterfront Plan Advisory Board insisted upon looking into whether hotels should be considered as a possible non-maritime land use within their Plan.

Due to public outcry, and no doubt not so public red-faced political pressure, the Waterfront Plan Advisory Board reversed itself on April 5, 1994, and voted not to consider hotels in its Plan.

While the cove we swim in is not under Port jurisdiction, it is adjacent to Port property. It is important that the Port be made to understand that the use and development of their property should not and cannot be allowed to adversely affect the quality of the water adjacent to their property.

The Bay and its waters are the life blood of the Dolphin Club and this entire region. There are forces at work that have priorities which are not consistent with the maintenance and enhancement of water quality. The governmental entities charged with the duty of protecting the public's interest in clean water are often overwhelmed, underfunded, or out-gunned. In some cases, these governmental entities perceive it to be in their best interest to go against the public interest, no matter how clearly the public has expressed its desires.

The Waterfront Plan Advisory Board and the Port have agreed to come to the Club in order to explain their planning process, their goals, and their priorities. They have also expressed a desire to hear what members of the public have to say. If a sufficient expression of concern exists within our membership, a public meeting will be arranged at the Club.

What remains of the Bay and its waters needs your help. The time has come to express your concern and volunteer your time and efforts. Please contact Ken Coren or Kathy Zirker.

The Fine Print About Private Out-of Cove Swims

Swimming in the Bay is inherently risky. Bay swimming outside the Aquatic Park Cove in heavily trafficked San Francisco Bay may present even greater risks. Accordingly, the Dolphin Club enforces the following rules regarding out-of cove (defined below) swims which (a) are not Club Swims (defined below) and (b) which use Club facilities (defined below). Since private out-of-cove swims (defined below) are the sole responsibility and risk of the participants, the Club may ask for a written release of liability from each participant. By granting consent for the use of Club facilities for private out-of-cove swims, neither the Club nor the person(s) granting such consent renders any swim, and neither undertakes any duty to do so. *Failure to obtain required consent for private out-of-cove swims using Club facilities is grounds for the following member sanction:*
First Offense: one-year suspension from competing in Club swims
Second Offense: Expulsion from the Club without right of reinstatement.

Definition Of Terms

- Club Swim means those swims published by the swim commission in the Club's official swim schedule or other swim events scheduled by the swim commissioner as a part of the Club's organized swim program
- Required Consent means consent to the swim (a) by the Club's head swim commissioner and (b) consent of the boathouse captain to use Club facilities.
- Club Facilities means any real or personal property of the Dolphin

Club, including without limitation boats, radios, dock, wet suits, clubhouse, showers, sauna, etc.

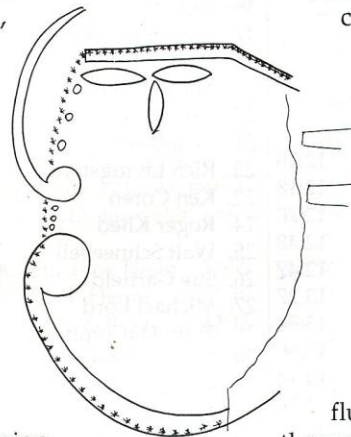
- Out-of-cove means any part of the Bay outside the perimeter defined by the line of stars on the sketch here-with.

- Private out-of-cove swim: any swim which (a) is not a Club swim, (b) occurs in whole or in part out-of-cove and uses or involves Club facilities.

The Spirit and Intent of the Rules

While the above rules may be susceptible to "stretching" or contain "loopholes," the point of the rules is quite clear. These rules are intended to apply if a wet or cold participant may ultimately (directly or indirectly) end up in Club facilities. For example, even if a swim does not technically end up at Club Facilities, if participants return to the Club facilities wet or cold (as opposed to flushed, warm and dry), the swim is subject to consent rules. Likewise, if any Club equipment is used in a swim that does not otherwise involve Club Facilities, the swim is subject to consent rules. If you have any doubt regarding whether a proposed swim or row is subject to the above rules, ask the head swim commissioner.

The above rules do not attempt to limit your freedom as a private citizen to conduct swims which are wholly unrelated to the Club and which do not in any way affect the Club facilities. All swim events, whether in or out-of-cove, which involve Club facilities are subject to required consent rules.





1994 Swim Schedule

- Date -	- Event -	- Jump-Off -
Dec. 21, 1993 (Tues.)	Polar Bear Swim Starts	
January 1 (Sat.)	New Year's Day Cove Swim	09.00
January 1 (Sat.)	* New Year's Day Alcatraz	07:15
January 30 (Sun.)	* Mid-Winter Gas House Cove Swim	09.30
February 19 (Sat.)	Mid-Winter Cove Swim	09.00
March 21 (Mon.)	Polar Bear Swim Ends	
March 26 (Sat.)	Spring Cove	09.00
April 17 (Sun.)	* Pier 41	08.30
May 1 (Sun.)	* Pier 39	08.30
May 21 (Sat.)	* Dick Beeler Crazy Cove	09.00
June 1 (Wed.)	100 Mile Swim Starts	
June 17 (Fri.)	* Twilight Cove - Pot Luck BBQ to Follow	18.00
June 25 (Sat.)	* Doc Howard - Over 45 - From Gas House Cove	09.30
July 9 (Sat.)	* Yacht Harbor	09.00
July 23 (Sat.)	Trans Tahoe Relay	07.30
July 23 (Sat.)	* Crissy Field	08.45
August 6 (Sat.)	* Santa Cruz Pier Swim	11.00
August 21 (Sun.)	* Fort Point	08.15
August 26 (Fri.)	* Twilight Pier 41- Pot Luck BBQ to Follow	18.00
August 28 (Sun.)	Over 60 Cove	09.00
September 16 (Fri.)	* Twilight Gas House Cove - Pot Luck BBQ to Follow	18.00
September 25 (Sun.)	Alcatraz	09.00
October 1 (Sat.)	Golden Gate I - Fast Day	09.45
October 2 (Sun.)	Golden Gate II - Slow Day	10.10
October 9 (Sun.)	Handicap Cove	09.00
October 16 (Sun.)	Dolphin/South End Triathlon	TBA
October 29 (Sat.)	Escape From Alcatraz Triathlon	08.30
October 31 (Mon.)	100 Mile Swim Ends	
November 12 (Sat.)	Annual Swim/Pilot Appreciation Dinner	18.30
November 20 (Sun.)	Introduction To Bay Swimming	09.00
November 24 (Thurs.)	Thanksgiving Day Cove	09.00
December 18 (Sun.)	New Year's Day Alcatraz Qualifier	09.00
December 21 (Weds.)	Polar Bear Swim Starts	

TBA means "to be announced"

- Swim Program Rules -

1. Club scheduled swims are restricted to club members only.
2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
3. Swimmers must be members in good standing with dues current and swim fees paid.
4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
7. Swim sign-up sheets are posted two weeks prior to each swim.
8. Time limits are imposed and enforced for all swims.
9. All club boats are reserved for scheduled swims; riders are prohibited.

• Additional qualifications for Alcatraz and Golden Gate Swims •

10. In-town members must successfully complete 2 swims marked with a wheel (⊗) and one other scheduled swim and pilot or help on at least 2 others.
11. Out-of-town members (those residing 100+ miles from the club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
12. Once a member has qualified for Alcatraz/Golden Gate swims, non-qualified members will be given priority to qualifying swims.

THE 1994 OLD TIMERS CRAB DINNER



RICHARD B. COOPER
STA. B, PO BOX 2546
SAN FRANCISCO CA 94126

BULK RATE
U.S. POSTAGE
PAID
Permit No. 1020
San Francisco, CA

**Dolphin Swimming &
Boating Club**
502 Jefferson Street (foot of Hyde)
San Francisco, California 94109



DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
Summer 1994 • San Francisco California • Established 1877

Dolphin Bulletin Board

News and Notes for the Dolphin Club Membership

Dolphin Duck Saga Continues

The duck family that came to stay at the Club dock have known both triumph and tragedy. Brother Herb and Eleanor, two ducks that adopted the Club and were named by beachmaster Lou Marcelli, recently welcomed two ducklings into the world. An ailing Brother Herb was last seen by Marcelli before disappearing about six weeks ago. According to the Beachmaster, the ducklings grew quickly and are now independent. Eleanor still arrives at 6:15 a.m. daily to be fed by Marcelli.



Tom Sancimino

Marcelli, Moon, two Sancimino girls, and Brother Herb in his better days

General Membership Meeting

The Dolphin Club Annual Meeting will be in the Club's Staib Room, Wednesday, September 21, 1994, 7 p.m. The annual membership meeting will be held pursuant to Club by laws.

Dinner Dance

For what has become a yearly bash, the Dolphin Swimming & Boating Club held the annual Dinner Dance on July 16th. Donning sleek dresses and dinner jackets, members were treated to a full bar staffed by an array of bartenders, led by Club President Jon Nakamura. Attendees were treated to a gourmet dinner served by a slew of volunteers, operating under the watchful eyes of master chef, Alberto de la Peña and galley captain Pat North. Later the big band sounds of "Touch of Brass" rang throughout the Club, and the dancing began. Fortunately this year, the band avoided playing any Carpenters' medleys.



The Dolphin Log

Editorial Board:

Christopher M. Kelly
Matthew C. Sheridan

Kevin Starr

Contributors:

Doug Chambers • Ken Coren
Ken Frank • Patricia North Howard
Meg Reilly • Walt Schneebeli
David Zovickian

Photography:

Caden Gray • John Perino
Tom Sancimino • Pam Stillwagon

Published By

**The Dolphin Swimming
& Boating Club Inc.**

502 Jefferson Street
San Francisco, CA 94109

Organized in 1877

1994 Officers

President - Jon Nakamura
Vice President - Dan Osborne
Treasurer - Joe Ferrero
Recording Secretary - Suzie Dods
Financial Secretary - Meg Fitzgerald
Boat Captain - Jeremy West
Board of Governors
John Bielinski • John Conti
Ken Coren • Pat North
Vince Huang • Stanley Hylnsky
Tina Scott • Mike Webb
Kathy Zirker • David Zovickian

Security

Recently there has been a rash of thefts in the Club, ranging from a purloined bicycle to cash pried out of a locker. As a result, the Board of Governors have voted that the Dolphin Club will be open for members between the hours of 5 a.m. and 11:00 p.m.

Rowing Training

Yearning to row to Angel Island on a warm Saturday morning? Sign up for rowing training, learn how to understand a tidebook and much more. This fall, the two-day (2 hours each day) training sessions will be held on a September 17 & 18, October 22 & 23 and November 19 & 20. There will be no session in December.

Yoga

Tired from too much swimming, handball, and rowing? Try stretching out your sore muscles with Yoga. Every Friday morning at 7 a.m. the Dolphin Club has a yoga class for just \$8 inside the handball court.

250 Nautical Mile Row

As you may have seen by now, we have a rowing chart (next to the tide charts) that's got 60 miles per quarter. Sign up and get started! It will continue until the end of the year.



Pam Stillwagon

Dinner Dance Volunteers

Escape planned

The time is nigh to begin training for the 1994 Escape from Alcatraz Triathlon. The date of the event will be October 29. Those who wish to attempt this unique and challenging race should already be biking, running,

Continued on page 15

LOU MARCELLI HOLDS DOWN THE FORT

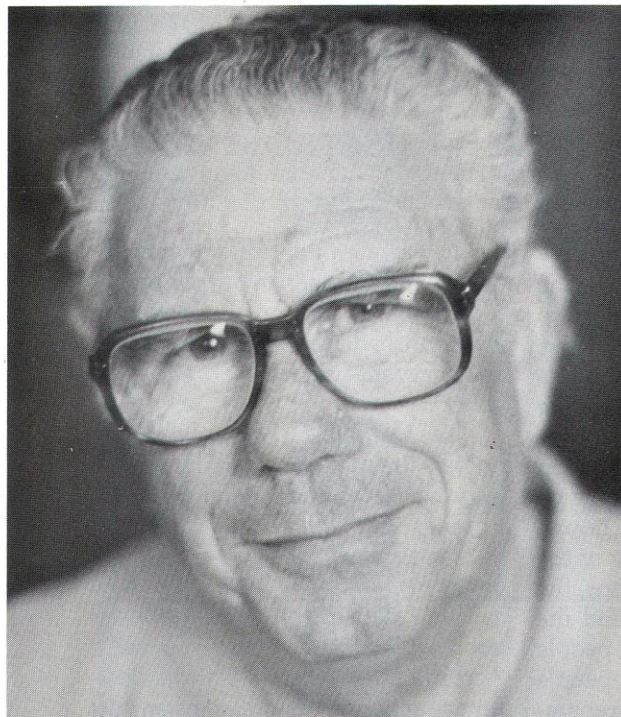
BY KEVIN STARR

Like a figure in a medieval story, Lou Marcelli, Caretaker and Beachmaster of the Dolphin Club, lives in a tower atop the Club house, overlooking the cove. Lou has lived there for some twenty years now, falling to sleep each night to foghorns and the sonorous music of the sea (sometimes, kept awake when the surf is pounding), rising each morning to fog and the cries of seabirds. Lou accepted his position as superintendent after a twenty two-year career with the Post Office and an overlapping twenty nine-year career as a summertime deep-sea fisherman working out of Egegik on Bristol Bay in the Aleutian Islands.

Robust, gravel-voiced, barrel-chested, curly-headed, and fiercely authoritarian, Lou Marcelli is the perfect sort of fellow to keep the Dolphin Club in operation: which is to say, to keep hundreds of Dolphins using the Club each day obeying the rules. For some two decades now, new Dolphins have heard Lou, his voice booming from the depths of certain authority, bellow: "No wet feet on the outside stairs or the upstairs Club house and don't even think about wet feet in the Staib Room!" Lou Marcelli is especially proud of having won the Staib Room battle.

Born in Collinsville up in the Delta country in 1928, Lou moved to San Francisco in 1943 and briefly attended Galileo High School before graduating from Rio Vista High School, back in Delta country, in 1945. Since that time, he has made his home in North Beach, living for some thirty years at 467 Chestnut Street between Powell and Stockton before establishing him-

self in the Dolphin Tower. Over the years, Lou has noted more changes in the Dolphin Club than in North Beach. Like so many longtime North Beach residents, Lou knows the good spots—Gino & Carlo's, Spec's, Vesuvio's, the Washington Square Bar & Grill, and, recently, Moose's—and can be found at unstated intervals in any one of these watering holes in the company of other North Beach denizens of the



John Perino

Italian-American persuasion or his longtime friend Cynthia Coppi, a legal secretary in the City, and a frequent attendee at Dolphin Club social events. Lou has two brothers and a sister in Millbrae, whom he visits on his days off.

"I've lived through the Beats, the Hippies, the topless, you name it," says Lou, "but North Beach has never really changed for me. I still see the same people there."

The same is not true for the Dol-

phin Club. "The admission of women," Lou claims, "has changed the Club for the better. It was more of a macho trip before the ladies came. Now it's mellowed out. There are more social events and more volunteers."

Lou is especially sensitive to volunteers since a list of his duties, grandly entitled "Dolphin Club: Routine Maintenance List," which Lou has prepared, had printed, and posted at strategic spots throughout the Club House, lists well over a hundred maintenance chores which must be accomplished each week if the Club House is to maintain its standards. In the past twenty years, the spirit of voluntarism has come to Lou's assistance.

It wasn't always that way. In 1973, when Lou first took the job as Caretaker and Beachmaster of the Dolphin Club, he tried to do all of the work himself. Lou took over from Hank Willinger, a retired seaman and master carpenter, who fashioned the Dolphin Tower Caretaker's residence into a snug ship's cabin, when Willinger took his second retirement at the Veteran's Home in Yountville. The Board of Governors initially thought that Lou, around forty five at the time, was too young for the position, and so put him on a year's probation. Lou started at \$250 per month, plus the Tower, which he supplemented from his Post Office pension and summer stints in the fishing banks off Alaska.

"When I was fishing," remembers Lou, "I got John (the Rock) Debeoise,

Continued on page 14

VOLUNTARISM

By Patricia North

Spring's warm promise proved empty as the morning of April 23rd dawned cold and gray, streaming down in little rivulets on the windows slated for washing. Twenty-four people had signed up to help clean the Dolphin Club for its annual spring cleaning. How many would show on such a miserable day?

A glimpse of sunlight appeared in the person of Barbara Keller who delivered seven freshly baked raspberry tarts, each as big as a small pie. The tarts proved civilized companions to the richly aromatic Italian roast coffee, to the bagels still warm from Noah's ovens and to the fresh, crisp slices of watermelon.

The master plan, conceived in hopeful numbers of 30 volunteers accomplishing the work in 4 hours, proposed a thorough cleaning of the men's and women's locker rooms, the Staib and Sancimino rooms and the main boathouse. Twenty-four people had signed up and over forty people showed up to help. By 11:30 preparations were already going on in the kitchen for lunch and four tables were set up end to end in the other boathouse. Chilled bottles of white wine and cold beer were served up with many flavorful delicacies, such as Mimi Osborne's Chinese chicken salad and Lou Marcelli's famous secret formula tuna fish. The lunch was topped off with more strong coffee, Susan Sward's angel food cake served with a choice of strawberry or peach sorbet, Sue Garfield's oatmeal and chocolate

chip cookies, and Susie Royce's butterscotch cake.

It was a wonderful gathering of old friends and soon to be friends and food and high spirits. A lot had been accomplished in a short period of time and everyone was feeling pretty good about it.

The Dolphin club relies on its volunteers to repair, clean, maintain and improve its facilities. Relying on volunteers can be tricky because voluntarism depends on the good will and consideration of others. But how can you depend on someone else's good will? In one sense you can't. According to Webster's Third, a voluntary action is performed as an "act of choice" and "given of one's own free will." There is a segment of the Dolphin membership who believe very strongly that their dues should pay for repair, maintenance, etc. For some of them, the club is simply a place to exercise. It is not my intention here to persuade members to volunteer their services. Referring again to Webster, voluntarism "cannot be impelled or influenced by another."

If you cannot depend on someone's "good will," then how can

the Dolphin Club rely so heavily upon voluntarism? It has been proposed by more than a few members that the Board hire a janitorial service to clean both locker rooms on a regular basis. It is difficult to ignore their suggestions, particularly when the suggestions come from members who consistently perform the menial duties necessary to keep the locker rooms clean. If voluntarism by definition cannot be required, can voluntarism work if not everyone agrees to it? The answer is no. If there are enough people who do not wish to participate then it places an unfair burden on others. What constitutes "enough people?" I don't think it is quantifiable in that way. It can only be measured in terms of the spirit which infuses the voluntary action and can be eroded by those who do not wish to participate.

But there is another way to solve this riddle of the necessity of voluntarism which cannot be required. The answer to this riddle lies in the history of the Dolphin Club, in the devotion of past and present members who have always seen themselves as caretakers of the Dolphin Club as both a place and a tradition, and in the awareness of just how much is accomplished by volunteers.

In 1877, the Dolphin Club began on a sand hill, and would move four more times before finally coming to rest at its present location in 1938. This period was graced with such members as Frank Staib, Lawton C. Hughes, and Jimmy Cronin who helped to create a warm community of kindred spirits. This community was the only solid foundation of a club which physically shifted and metamorphosed in the first sixty years of its existence. This community exists today.

On just about any morning you

will find Moon Passanisi cleaning up the boathouse or taking out the trash or washing down the deck and stairs. Later on he might be found helping Lou Marcelli on some project or he may be continuing on a project he's initiated such as painting the men's locker room or the kitchen. When a work party was organized to clean the women's locker room last winter, he helped by repainting all of the wooden stools and even brought down four bottles of wine from his house for the lunch afterwards. Moon also does a pretty fair job of cutting the old timers' hair.

This community exists in all of the contributions Mimi Osborne has made over the last decade. Mimi served on the entertainment committee for many years and she wrote the book on coordinating all the details necessary for putting together one of the Cecil B. DeMille productions which are also known as Dolphin dinner parties. On the day of a big social event, she would be involved in every aspect of food prep, set-up, cooking and clean-up. In addition, she has been the women's locker captain for many years and has organized numerous work parties to keep the club cleaned and maintained. She has also been a mainstay of the swimming program insuring, among other things, the accuracy of the racing times.

Mimi's husband, Dan Osborne, has also been known to help around the place from time to time. Dan has served on the Board and on a number of committees over the last thirty years as well as holding office. He and Lee Hammack have each donated hundreds of hours of work preparing architectural plans for the reconstruction of the club. You might also find Dan on the stairs which he has scrubbed at least twice a week for the past few years. And for well over twenty years he has been involved in piloting the swims and always working to make them safer.

This community persists in the person of Joni Beemsterboer who is one of the core group of people likely to show up for a work party. A cursory look through the last 13 years of logs

reveals her consistent efforts to help in all areas of the club. Joni has served on the Board as the recording secretary and as a member at large, worked for two years on the Committee to save Aquatic Park, and courageously served on the swim commission (it wasn't so easy 15 years ago to tell another member he wasn't qualified for an organized swim). Another Dolphin whose name appears over and over in those same logs is Vince Huang. There are a number of commendations noting all the work (and years) he has put into the swim commission and for his contributions to piloting. Vince presently serves on the Board and as the Weightroom Commissioner, he continually comes up with new ideas to improve the facility. In the past year he has put on two very successful clinics, one on bicycle maintenance and repair and the other one on CPR and hypothermia.

This community survives in the continual efforts of Stan Hlynsky who has been involved in every facet of the club. His accomplishments are too numerous to cite here but suffice it to say, they range from making the cove a safer place for swimmers by installing buoys and warning signs to getting a new staircase connecting the second floor with the deck area to getting the piano tuned, cleaned, and the keys re-ivoried. It thrives in the person of Frank "Cecco" Menucci who, though he stepped down as Galley Captain last winter, continues to take good care of his beloved kitchen. He

worries over it, curses it at times, but he can still be found on a late afternoon emptying out the ovens and giving them a thorough cleaning. Most importantly is his generous spirit in welcoming all who enter his domain.

This generous spirit is found in the always reliable general repairmen such as John Hornor who built the new windbreak at the beginning of the dock, Dan McGill who put in the new floor and counters in the kitchen, and Keith Weaver who keeps the lockers repaired. And then there is Gary Ehram who will work for hours on a weekend afternoon to wash all of the upstairs windows and Kathy Herrera who helps Dan keep the stairs clean and Susie Dods who will always do eighteen more things than was asked of her and John Davis who keeps the men's restroom downstairs clean and Steve North who keeps the upstairs toilets scrubbed and Helen Greer who sweeps the women's locker room and David Zovickian who cleans the mirrors and Diane Schatz who scrubs the showers and Susan Sward who takes the trash out every morning and...

And it isn't possible to recognize everyone who contributes to the club in this one article but an attempt to answer the riddle can be made. The answer to the riddle is the community who sat around the table on that rainy April afternoon after working hard all morning. They would not wish to persuade you, but rather ask you, if you would like to join them.



Notice - Dolphin Club Annual Meeting
Wednesday • September 21, 1994, 7 p.m.
In the Club's Staib Room
502 Jefferson Street • San Francisco

Pursuant to Club By-Laws

—Rowing Commissioner's Report—

By Ken Frank

On Sunday, April 24, 1994, the Dolphin Club held its first Advanced Rower and Pilot Training Session. The purpose of this training was to establish confidence between both swimmers and pilots by teaching basic rescue and piloting skills.

I want to thank and acknowledge previous "Pilots of the Year" for their collective knowledge of boat handling, piloting technique and volunteer effort: Susan Allen, Jon Bielinski, Andy Camous, Gordon Cook, Rich Cooper, Colin Gift, Don Harrison, Stan Hylinsky, Jerry Kafka, Hans Kramer, Sam Lawson, Harry Louie, Ray Martelli, Frank (Cecco) Mennucci, Bill Walden and Herman Zahler.

PILOTING TECHNIQUE

For a pilot and swimmers to properly aid one another, they must determine a breathing side, maintain a standard distance from each other and use hand signals instead of yelling.

Pilots on kayaks, surf and paddle boards should constantly look ahead and rowers aft. Be constantly aware of you surroundings. For example, a faster ebb close to the breakwater on an Alcatraz swim at the tide line.

All self-propelled craft should call for help from an Avon by waving an oar, a paddle, lifejacket, a flag, or by repeated short blasts from a whistle. Continue until you see an Avon is speeding your way.

ORGANIZATION OF A SWIM

- Ideally, all pilots should be briefed. Pilot briefing should be conducted prior to the swim, preferably led by the pilot who participated in the previous day's test swim.
- A swim should have a lead row-boat pilot that has a highly visible Charlie flag. Lead Pilot should be thoroughly briefed prior to the swim and should have assisted in the test swim.

RESCUE & PULLOUT



1. Tell the swimmer to grab the boat forward of the name board.



2. Control athwartship trim. Use your weight to lower the freeboard. Tell the swimmer to put one leg up on the rail.

—Rowing Tips—

HOW TO LAND A DOLPHIN



3. Control the trim athwartships again as the swimmer rolls into the boat. Center the swimmer amidships for correct trim. Cover swimmer with a blanket.



4. Transfer swimmer to an Avon.

- Surf skis, boards, and kayaks should form a pod at the core of the swimmer groups.
- All rowboats should be on the perimeter. A rowboat or kayak should always be in position at a harbor entrance during swims. Pier 41/39, Gas House Cove and Yacht Harbor are all examples. These floating sentinels are needed in order to warn and possibly fend off approaching vessels of the swim event and to avoid breaching the swim path.
- Avons should be located outside the rowboats and equidistant from each other. The avons primary responsibilities are: monitoring pilot craft containing swimmers who need assistance immediately for transport and to be vigilant of vessels trying to cross the pod of swimmers.
- The *Arias's* role is to oversee the event as swim command center.
- Learn to how to recognize hypothermia and when is the right time to pull a swimmer. If you see a swimmer looking up constantly, appearing to be lost or bewildered or otherwise not lucid it might be time to pull them out. Use your good judgment.

Some swimmers may swim their own swim, but should follow the pilots' instructions. The pilots, however, have the responsibility to know the swim course and feel confident in that knowledge.

This article may stimulate some controversy and shall be discussed in detail at the next Advanced Rowing / Pilot Training Session. Look for it next spring. Please Participate! ☺

Special thanks to Mary Sancimino (swimmer), Jon Bielinski (rower), Jeremy West (avon pilot) and Jon Perino (photographer).

40 Years Ago...

By Walt Schneebeili

In 1954 the Dolphin Swimming and Boating Club's annual Golden Gate Swim was held on Sunday, October 3.

The swim jump off was made from the Crowley tug *Sea Prince* at 9:41 a.m. just off of Fort Point.

With the race about fifteen minutes under way, and with swimmers

stretched across the width of the Golden Gate, a large Standard Oil tanker, *Fort Clatsop* was seen headed for sea and making good headway.

Fortunately a Coast Guard vessel was sent to head off the tanker while the *Sea Prince* warned the swimmers with her whistle.

The tanker cut her speed and veered toward the San Francisco shore where she lay to until it was safe to proceed outside the gate.

Relatively smooth water was encountered during the race.

At age 62, Chet Wing was the oldest swimmer and David Mozzetti, age 14, was the youngest.



The swimmers finished as follows:

1. Bill McIvor	25:25	14. Aldo Cuneo	37:00	29. Steve Gaal	43:50
2. Don Kane	26:08	15. Jim Morino	37:30	30. Walt Schneebeili	44:34
3. Terry Hayes	27:16	16. Ed Curtis	37:40	31. Jim Greeley	45:50
4. Henry Fourcade	27:30	17. Wayne Alexander	38:00	32. Charlie Korelec	46:00
5. Hector Valencia	28:06	18. Cliff Quist	38:15	33. Don Alber	46:30
6. Ray Taft	31:54	19. Tom Troneum	38:46	34. Ted Monell	47:00
7. Harry Fields	34:50	20. Joe Weiss	39:00	35. Roy Hitchcock	47:17
8. Jerry Bricca	35:00	21. Phil Gaal	39:24	36. Frank Adams	47:25
9. Stan Bennessen	35:03	22. David Mozzetti	39:25	37. Greg DeGear	47:35
10. Joe Bruno	35:55	23. Elmer Hubacher	40:50	38. Pete Serna	48:30
11. Kevin Keith	36:00	24. Jim Healy	41:31	39. Jack Pickett	48:35
12. Bob Demo	36:18	25. Joe Mares	41:33	40. George Escobar	51:30
13. Charley Pruett	36:30	26. Roger Gaal	41:35	41. Abe Levinsky	65:00
		27. Paul Silvester	42:00	42. Chet Wing	67:00
		28. Bob Whaley	42:42	43. Tim Richardson	69:00

Left and Right

By Doug Chambers

I thought I saw an albatross
the other eve while stroking 'round the cove

Or, possibly a bit of moss
poking skyward, at a loss
to comprehend its growth upon the hull

I took another breath and again looked to my right
and this time saw a graybeard loon beckoning in flight
Then while peering down into the murky depth
I thought for just an instant about my vision quest
My head reminded me to turn again, and breathe
while thinking something missing, this November eve

Why, I thought, do sights seem strangely out of time
Broken. Disconnected. Out of season, reason, rhyme

Perhaps a leftward breath and look will serve to solve the puzzle
And, with this a Southern whiff of air I gulped with my Northern muzzle

This new breath brought to clarity, something seen by few
the other-sided-vision always blocked from view.
I saw a Chinese fisherman hauling in some crab
and with my next left-breath there stood the ghost of Mom and Dad
flying kites through heaven, where so many times before
I'd missed seeing them with the bird of ancient yore

The moss was pointing Northward and there the Chinese chaps
were hauling in their fishes while their babies took their naps

And, in that evening instant a new star came to life
It shone a path beneath the waves and likewise left and right

I had been seeing half a world contented with myself
firmly thinking partial thoughts taken briefly from the shelf

It seems a trifle awkward, breathing both sides now.
seeing in full circle, what, and why and how.

DOLPHINS — SHOW YOUR SPIRIT!

By Meg Reilly

Most readers recall the thousands of member-volunteer hours devoted to the clubhouse expansion project that gave us the new boat house (Herman Zahler Hall), the new boat shed and decking and the beautiful Sancimino Room. A number of us watched the more recent fence replacement project, and marveled when the funky chain link fence standing west of the Club's pier disappeared under the pier. Chalk it all up to great Dolphin ingenuity.

The technicalities of those projects are still with us—and we need your help. The Club obtained permits for both projects from the San Francisco Bay Conservation and Development Commission (BCDC). BCDC regulates Bay side activities to ensure that, among other things, the Bay remains available for public access.

Under terms of a stipulated BCDC order, the Club agreed to perform at least 100 person hours of community service work per year over a five year period. By January 31st of each year, the Club's president is required to report the details of our annual community service work to BCDC. We have made reports for 1992 and 1993, and will file reports for 1994, 1995 and 1996.

This sounds easy, but is difficult to coordinate. The easy part is that many Dolphins are community service oriented at heart. In addition, most of us view San Francisco Bay as a cherished asset worthy of our volunteer time and effort. The hard part is finding out what community service Dolphins perform, and keeping a record of that service. It's in our nature to "just do it" and not brag about it.

Here's how you can help:

1. Please be aware of our 100 hour annual obligation, and help us meet our community service requirements.
2. To the extent possible, we encourage Bay oriented community service. For purposes of meeting our obligations,

**Most of us view
San Francisco
Bay as a
cherished asset
worthy of our
volunteer time
and effort.**

"community service" work means work that enhances community access to or enjoyment of San Francisco Bay, and may include other community activities. To qualify, the community service activity must be sponsored by or assisted by the Club, available to or for enjoyment by the community at large, and must not discriminate against any person or group on any basis.

3. Please report your community service hours to the Club

president. Drop a note in the president's box with your name, date and nature of your community service.

The kinds of activities that can, and should be reported are about as broad as your imagination and interests allow. The following are some examples. Members built and placed the "flag" buoy. Members periodically clean and paint the Park Service buoys. Members have lent support to Bay related activities sponsored by others such as the Port of San Francisco whale boat races, Coast Guard search and rescue efforts, S.F. National Maritime Park historic ship festival, Christmas in April, and the One Neat City neighborhood cleanup in North Beach.

Use your imagination. How about periodic member-conducted litter "clean ups" on the public beach and Muni Pier in Aquatic Park? Form a group or do it by yourself. In any case, please report your good efforts to the Club president.

One caveat. You need appropriate approval if you intend to use the Club name or Club facilities (boats, club house, etc.) in connection with "an event." For example, if you would like to bring a grade school class to the Club for an afternoon of Bay related education, please check with the Club president or a board member first. For liability and insurance purposes, it's important that the Club's leadership has an advance opportunity to review proposed use of the Club's name or Club facilities.

Volunteers, show your colors! 🏳️

—Dave Zovickian's Swim Commissioner Report—

Cool Summer Season at DC

No sun. Plenty of fog and steady winds...

It must be summer in the city and high season for the Dolphin Club swim program.

March 26th, however, emerged clear and calm for the Spring-is-here Cove swim. 26 Dolphins celebrated the moment with a 3/4 mile coup around the boats, led by Suzanne Heim.

Ever eager to entertain our tourist friends, 64 Dolphins with a 30 craft escort

fleet, bared almost all to brave the treacherous bay waters from Pier 41 back to Aquatic Park. First stick honors went to Big John Selmer, with a bevy of Dolphin women close on his heels. Bursting in from the opening, Patagonia poster girl Celeste McMullin flashed championship form to outpace Charlie Barry, obviously still suffering from the rigors of employment. With daughters Casey and Megan riding their trusty jet skis, the bionic Tom Callinan continued his remarkable rehabilitation to "Escape" form.

Joining global celebrations, 63 Dolphins turned out at Pier 39 to honor May Day. Flanked by 26 pilot craft, Suzanne Heim led the Maypole dance, edging John Selmer to capture the May queen crown. Polywogs Barnaby Payne and Caxton Rhodes continued to impress, while Greg "The Kid" Tuerk returned to action for the first time since he and Valerie welcomed little Maxwell to their family.

The club's annual memorial to Dick Beeler convened May 21st with calm, overcast conditions. Following a course produced by Gu-ser Donaldson, 44 swimmers accepted the

challenge of getting to pick their own course, provided they collected a token from each of the six designated course markers. Following her pilot perfectly, Suzanne Heim led the field. The Crazy Cove also marked the return of the legendary Brian Gilpin, fresh from an extended sabbatical.

Brian captured luckystick 13 and a round of donuts from the Dolphin training table. Moderate winds, clear bright



Kate Coleman and Eduardo Barranca

skies and two kegs welcomed 63 swimmers to the annual Summer Solstice and Twilight Cove swim. With 5 squares as the prize toward the 100 mile charts, 62 were equal to the task as John Selmer notched the victory. Meanwhile, Mr. Sun, which was last seen setting beyond the Gate, has apparently embarked until recently on a summer vacation.

Flushed from his twilight cove triumph, John collected yet another blue ribbon in the Doc Howard over-45 Gas House cove swim. Leaving the kayaking to the kids, vets

Colin Gift and Bob Danielson opted for a refreshing swim to Aquatic Park.

Ideal conditions welcomed 75 Dolphins to the Marina Green Yacht Harbor. Making the most of a gener-

ous flood, Suzanne Heim edged John Selmer for first place and a new women's mark. Leading all polywogs was David Shutt, certain to be a future force. Altar-bound, David Copeland and Signe Curtis enjoyed their final singles swim together. Meanwhile babes on boards Susan Allen, Suzie Dods, Tina Scott and Linda Stanley provided a dazzling display of piloting and pirouetting, where safety and style went hand in hand.

The promise of a big-time flood was too great for even the Swim Commissioner to resist, and he joined others similarly tempted July 23 for the Crissy Field swim. Flanked by the piloting prowess of the Dolphin cavalry, 59 swimmers ran the briny gauntlet to Aquatic Park. In a blazing debut, polywog Tom Keller grabbed third place, just three minutes behind victor Suzanne Heim. Rounding out the field as he has in his every swim this season was that beacon of style and perseverance, dapper Bill Powning.

Distinguished Dolphins on the go this year include John Selmer, menacing at the Berryessa 1 and 2 mile swims and Dan Osborne and Glynn Jones at the 1 mile.



"Babes on Boards"

lead pilot parade for Yacht Harbor Swim

The bottom of summer and top of fall promise to be busy with Alcatraz, the Gate and the "Escape" concluding the swim season. As always each participant must pay swim fees

regardless of how many or few swims entered, along with helping and/or piloting at least twice. Since there is always something to do, please volunteer your time.

Dolphin Swim Statistics

Spring Cove

March 26, 1994

Conditions: Clear, calm, and cool, 54-55°, good flood.

1. Suzanne Heim	12:55
2. Chris Kelly	14:15
3. Jon Nakamura	14:33
4. James Mason	14:48
5. Mickey Lavelle	15:00
6. Suzie Dods	15:27
7. Paul Johnson	16:29
8. Dan Osbourne	16:42
9. Janice Schultz	17:03
10. Rich Livingston	18:39
11. Bill Anelli	18:47
12. Lorna Newlin	19:11
13. Michael Lord	19:18
14. Kathy Herrero	19:24
15. Jeff Weinstein	19:25
16. Ken Coren	19:34
17. Phil Fernandez	20:22
18. Roger Kleid	20:25
19. Kevin Hartnett	21:19
20. Larry Alioto	22:22
21. Era Osibe	22:34
22. Pete Bianucci	23:59
23. Chuck Vogt	24:58
24. Joe Bruno	29:15
25. Don Reid	30:53
26. Bill Powning	35:59

Pier 41

April 17, 1994

Conditions: Calm and overcast, 55° water. Jump @ 08:55.

1. John Selmer	18:08
2. Diana Abele	18:25
3. Lynn Jolly	18:44
4. Laura Burtch	18:48
5. Monique Garvin	19:03
6. Chris Kelly	19:34
7. Jim Mason	19:43
8. Ken Hauser	20:02
9. David Rich	20:23
10. Jon Nakamura	20:57
11. Mickey Lavelle	21:18
12. Tom Kuglen	21:34
13. Laura Merkl	21:47
14. Karen Drucker	22:19
15. Janice Schultz	22:47
16. Larry Scroggins	22:59
17. Kelly Flynn	23:00

18. Krist Jake	23:47
19. Bonnie Winn	24:22
20. Celeste McMullin	24:29
21. Joe Ferrero	24:50
22. Pete Neubauer	24:52
23. Charlie Barry	25:00
24. Rich Livingston	25:06
25. Ken Frank	25:25
26. Eduardo Barranco	25:40
27. Mark Lubiszewski	26:06
28. Monica Towers	26:39
29. Michael Lord	26:51
30. Tina Scott	27:02
31. Bill Anelli	27:13
32. Barbara Keller	27:17
33. Lee Hammack	27:26
34. Kathy Herrero	27:37
35. Joe Cowan	27:44
36. Colin Gift	27:45
37. Carol Murphy	28:04
38. Jerry Cullen	28:09
39. Caden Gray	28:20
40. Kevin Hartnett	28:34
41. Sue Garfield	28:44
42. Tom Callinan	28:55
43. Avril McHugh	29:13
44. Mag Donaldson	29:40
45. Bill Callahan	29:47
46. Pam Stillwagon	29:48
47. John Conti	30:20
48. Nick Strelchuk	30:34
49. Larry Alioto	30:36
50. Diane Shappy	31:41
51. Pat North	31:48
52. Pete Bianucci	31:59
53. Francesca Cervantes	32:12
54. Chuck Vogt	32:55
55. Kevin Starr	33:41
56. Phil Sancimino	34:26
57. Dahlia Kamesar	35:24
58. Keith Weaver	35:30
59. Pavla Podolska	37:00
60. Don Reid	37:25
61. Jack Kamesar	38:07
62. Bob McKenzie	38:17
63. Joe Bruno	40:30
64. Bill Powning	48:10

Pier 39

May 1st

Conditions: Overcast, smooth, 55° water, very light winds. Jump @ 8:20 a.m., pretty good push.

1. Suzanne Heim	22:09
2. John Selmer	23:18
3. Laura Burtch	23:47
4. Ken Hauser	23:50
5. Chris Kelly	23:57
6. Suzie Dods	24:40
6. Jon Nakamura	24:40
8. Peter Drino	25:28
9. Barnaby Payne	25:45
10. Elmer Tosta	26:01
11. Tom Kuglen	26:06
12. Mickey Lavelle	26:08
13. Janice Schultz	26:54
14. Eric Mellinger	26:59
14. Larry Scroggins	26:59
16. Kelly Flynn	27:12
17. Mike Webb	27:17
18. Matthew Sheridan	27:21
19. Kate Coleman	27:27
20. Caxton Rhodes	27:35
21. Jean Howe	27:49
22. Dan Osborne	27:56
23. Greg Tuerk	28:10
24. Charlie Barry	28:40
25. Krist Jake	28:44
26. Celeste McMullin	28:45
27. Joe Ferrero	28:49
28. Nick DeMay	28:53
29. Pete Neubauer	29:03
30. Megan Sullivan	29:16
31. Clint Copeland	29:17
32. Eric Shackelford	29:31
33. Mark O'Hara	29:41
34. Joni Beemsterboer	29:53
35. Rich Livingston	29:57
36. Fred Johnson	30:00
37. Lorna Newlin	30:56
38. Caden Gray	32:08
39. John Hornor	32:23
40. Jerry Cullen	32:38
41. Tony DuComb	33:14
42. Gerald O'Dwyer	33:15
43. Era Osibe	33:23
44. Carol Murphy	33:28
45. Sue Garfield	33:32
46. Mary Sancimino	33:46
47. Carol Block	33:59
48. Tom Callinan	34:05
49. David Copeland	34:16
49. Colin Gift	34:16
51. Larry Alioto	34:58
52. Sandy Lemkuhl	35:12
53. Nick Strelchuk	35:28
54. George Gara	35:57
55. Phil Sancimino	38:35
56. Kevin Starr	40:56
57. Don Reid	41:08

58. Keith Weaver	41:27
59. Tom Sancimino	41:53
60. Bob McKenzie	43:47
60. Pavla Podolska	43:47
62. Joe Bruno	47:48
63. Bill Powning	51:14

Dick Beeler Memorial Crazy Cove

May 21, 1994

1. Suzanne Heim	17:20
2. Liam Hennessey	20:18
3. Chris Kelly	21:25
4. John Davies	22:07
5. George Kebbe	22:26
6. Laura Burtch	22:52
7. Erik Colberg	22:53
8. Jon Nakamura	23:53
9. Suzie Dods	24:20
10. Alan Budenz	24:27
11. Kate Coleman	24:47
12. Dan Osborne	24:59
13. Brian Gilpin	25:15
14. Lori Parmer	25:31
15. Caxton Rhodes	25:39
16. Krist Jake	26:23
17. Megan Sullivan	26:41
18. Fred Johnson	27:02
19. Joni Beemsterboer	27:57
19. Matthew Sheridan	27:57
21. Nancy Friedman	28:50
22. Tina Scott	29:05
23. Gina Rus	29:05
24. Kelly Flynn	29:29
25. Ken Coren	29:37
26. Barbara Keller	29:38
27. Ken Frank	29:58
28. John Hornor	30:26
29. Susan Anson	30:57
30. Nancy Hornor	31:07
31. Carol Block	31:15
32. Shelley Sullivan	31:22
33. Lorna Newlin	31:24
34. Rich Livingston	31:50
35. Hal Cranston	32:13
36. Mag Donaldson	34:03
37. Nick Strelchuk	34:22
38. Lindsay Casablanca	35:32
39. Rudy DeMay	37:03
40. Keith Weaver	37:35

41. Larry Alioto	38:54
42. Phil Rollins	39:47
43. Steve North	51:18
44. Bill Powning	54:24

Twilight Cove

June 17, 1994

Conditions: Clear skies, big sun and moderate winds. Jump off @ 18:20.

1. John Selmer	25:38
2. Diane Abele	26:16
3. Chris Kelly	26:52
4. David Claman	26:55
5. Laura Burtch	27:08
6. Ken Hauser	27:51
7. David Rich	29:43
8. Suzie Dods	30:33
9. Mickey Lavelle	30:43
10. George Kebbe	30:45
11. Brett Graessle	30:47
12. Pam Derks	30:55
13. Karen Drucker	30:58
14. Mark Lubiszewski	31:13
15. Erik Colberg	31:21
16. Brian Gilpin	32:52
17. Laura Merkl	32:57
18. Kelly Flynn	33:08
19. Janice Schultz	33:10
20. Tom Hoffmann	33:38
21. Peter Berger	33:46
22. Kate Coleman	34:10
23. Mike Webb	34:35
24. Caxton Rhodes	35:41
25. Mark O'Hara	36:11
26. Joni Beemsterboer	36:28
27. Pete Neubauer	36:30
27. Bonnie Winn	36:30
29. Doug Chambers	36:51
30. Jeff Weinstein	37:41
31. Fred Johnson	39:07
32. Ken Frank	40:39
32. Tina Scott	40:39
34. Lorna Newlin	41:56
35. Ken Coren	42:11
36. Liz Ann Schiff	42:30
37. Signe Curtis	42:38
38. Susan Anson	44:01
39. John Hornor	44:16
40. Shelley Sullivan	44:49
41. Joe Cowan	45:05
42. George Gara	45:08
44. Susan Cobb	45:25
44. Roger Kleid	45:33
45. Nancy Hornor	45:43
46. Nick Zoller	46:47
47. Steve Worthington	46:49
48. Kevin Hartnett	46:52
49. Mary Sancimino	46:59
50. Jim Grant	47:06
51. Era Osibe	47:11

52. Pam Stillwagon	47:37
53. Leslie Callan	47:44
54. Sandy Lemkuhl	48:33
55. Larry Alioto	50:11
56. Pete Bianucci	52:05
57. Flicka McGurrian	54:35
58. Gary Ersham	57:30
59. Chuck Vogt	57:58
60. Vince Rioux	58:10
61. Cathie Direen	60:33
62. Phil Kohlenberg	63:00

Doc Howard Memorial Over 45 - Gas House Cove

June 25, 1994

Conditions: Clear and breezy, very nice flood. Jump off @ 09:29.

1. John Selmer	17:41
2. John Lennox	19:42
3. Dan Osborne	20:28
4. Elmer Tosta	20:30
5. Pat McGarvey	20:33
6. C. V. Blankenburg	21:45
7. Krist Jake	21:52
8. Ed Urban	22:27
9. Joni Beemsterboer	23:07
10. Peter Neubauer	23:10
11. Tina Scott	23:17
12. Jeff Weinstein	23:25
13. Jean Howe	23:31
14. Ken Frank	23:36
15. Rich Cooper	23:57
16. Rich Livingston	24:46
17. Colin Gift	25:40
18. Doug Chambers	25:47
19. Jim Grant	26:00
20. Joe Cowan	26:08
21. Mag Donaldson	27:02
22. Walt Schneebeli	27:05
23. Bill Callahan	27:47
24. Larry Alioto	28:29
24. Pete Bianucci	28:29
26. Nick Strelchuk	28:42
27. Flicka McGurrian	28:55
28. Bob Danielson	29:20
29. Kent Rogers	29:29
30. Nick Zoller	30:15
31. Keith Weaver	31:10
32. David Broadbear	31:55
33. Hugo Bucholtz	32:00
34. Mimi Osborne	32:07
35. Kevin Starr	32:27
36. Pavla Podolska	33:31
37. Don Reid	34:35
38. Steve North	36:00
39. Joe Bruno	37:12

40. Phil Kohlenberg	38:27
41. Bill Powning	41:35

Yacht Harbor

July 9, 1994

High overcast, very light western winds with calm 58° water. Jump off @ 09:15.

1. Suzanne Heim	25:09
2. John Selmer	25:45
3. Laura Burtch	26:48
4. David Claman	26:48
5. Marla McGowan	28:30
6. Jon Nakamura	28:53
7. Alan Budenz	28:58
8. Todd Oppenheimer	29:03
9. Barnaby Payne	29:13
10. George Kebbe	29:22
11. Karen Drucker	29:28
12. Rick Crafts	29:44
13. Eric Mellinger	30:24
14. Peter Berger	30:26
15. C. V. Blankenburg	30:32
16. Lori Parmer	30:47
17. Dan Osborne	30:48
18. Phil Rollins	30:49
19. David Schutt	31:24
20. Greg Tuerk	31:29
21. Caxton Rhodes	31:37
22. Matt Sheridan	31:55
23. Charlie Barry	32:05
24. Mark O'Hara	32:12
25. Pete Neubauer	32:17
26. Krist Jake	32:19
27. Kate Coleman	32:21
28. Fred Johnson	32:22
28. Megan Sullivan	32:22
30. Mark Lubiszewski	33:05
30. Gina Rus	33:05
32. Nancy Friedman	33:19
33. Marc Richard	34:18
34. Liz Ann Schiff	34:24
35. Susan Cobb	34:36
35. Lorna Newlin	34:36
37. John Hornor	34:50
38. Joe Cowan	35:04
39. Mike Mitchell	35:06
40. David Copeland	35:34
41. Signe Curtis	35:50
42. Phil Fernandez	36:19
43. Jerry Cullen	36:34
44. Carla Curtis	36:35
45. Carol Murphy	36:36
46. Celeste McMullin	36:37
47. Avril McHugh	36:40
48. Jim Grant	36:42
49. Steve Worthington	37:18
50. Nancy Hornor	37:22
51. John Conti	37:25
52. Era Osibe	37:41

52. Walt Schneebeli	37:41
54. Pat North	38:10
55. Bill Anelli	38:27
56. Dahlia Kamesar	38:33
56. Pam Stillwagon	38:33
58. Larry Alioto	38:40
59. Pete Bianucci	38:41
60. Warren Welter	38:42
61. Leslie Callan	38:54
62. Susan Lauritzen	39:23
63. Elizabeth Bloom	39:57
64. Mary Cantini-Norkin	40:30
65. Kent Rodgers	40:51
66. Gary Ehsam	41:15
67. Keith Weaver	41:38
68. Pat Kovara	42:29
69. Nick Strelchuk	42:32
70. Kevin Starr	43:02
71. David Broadbear	43:29
72. Don Reid	43:47
73. Pavla Podolska	45:06
74. Joe Bruno	48:07
75. Bill Powning	51:47

Crissy Field

July 23, 1994

Light western winds, partial clouds, quite nice flood. A beautiful day for a swim and a wedding. Jump off @ 09:22 for Group I & @ 09:32 for Group II.

1. Suzanne Heim	39:05
2. Laura Burtch	42:03
3. Tom Keller	42:10
4. John Davies	42:30
5. Chris Kelly	42:41
6. Marla McGowan	44:13
7. Pam Derks	45:20
8. Nick Payne	45:48
9. David Zovickian	46:03
10. Barnaby Payne	46:28
11. George Kebbe	46:31
12. Laura Merkl	46:39
13. Todd Oppenheimer	46:58
14. Pat McGarvey	47:11
15. Brett Graessle	49:10
16. Charlie Barry	49:23
16. Janice Schultz	49:23
18. Greg Tuerk	49:47
19. Caxton Rhodes	50:00
20. David Schutt	50:21
21. Celeste McMullin	50:58
22. Megan Sullivan	51:14
23. Mike Mitchell	51:43
24. Kate Coleman	51:50
25. Fred Johnson	52:05
26. Joni Beemsterboer	52:20
27. Eric Shackelford	52:21
28. Liz Ann Schiff	52:54
29. Mark Lubiszewski	53:17

Continued on page 15

HOLDING DOWN THE FORT

Continued from page 3

the Caretaker from the South End, to fill in for me. Except for the time I was away fishing, I did all the work for about ten years. The Board of Governors felt sorry for me. I was offered a \$25 a month raise. I said to the Governors: 'I have a better idea. You keep the raise, and I'll get volunteers to help me out.' "

The rest, as they say, is history. Few clubs have as successful a program of volunteerism as the Dolphin, and Lou Marcelli must be given much of the credit. "I couldn't do the job," says Lou, "if it weren't for Dolphins like Mike Mitchell helping in plumbing, or Rudy Demay doing the electrical, or Keith Weaver doing the general contracting."

Lou's day officially begins around seven, although he is often on hand much earlier as Dolphins use the Club for their morning swim. After breakfasting with the swimmers, Lou begins a work day that frequently lasts past nightfall, when he closes the place down and ascends into his Tower. "My main job is to catch problems when they're still in the bud," says Lou, "to get them early, before it costs the Club a ton of money. When I find a problem, I go to the volunteer experts."

The big problem on Lou's mind these days—aside from wet feet in the Club House—is graffiti. Warm nights, when there is a lot of partying at Aquatic Park, are the worst times for tagging. Lou gives great credit to the Park Police for keeping the problem under control. "When it's foggy and cold," Lou notes, "there's no trouble."

It's very rare, Lou admits, that Dolphins disobey the rules. "Those who don't fit in here," he observes, "eventually disappear. Now and then, they'll be some playboys who want to party at night, but nothing serious."

Says Lou of his Dolphin career: "I've been through twenty administrations. I'm part of the furniture."

The Fine Print About Private Out-of Cove Swims

Swimming in the Bay is inherently risky. Bay swimming outside the Aquatic Park Cove in heavily trafficked San Francisco Bay may present even greater risks. Accordingly, the Dolphin Club enforces the following rules regarding out-of cove (defined below) swims which (a) are not Club Swims (defined below) and (b) which use Club facilities (defined below). Since private out-of-cove swims (defined below) are the sole responsibility and risk of the participants, the Club may ask for a written release of liability from each participant. By granting consent for the use of Club facilities for private out-of-cove swims, neither the Club nor the person(s) granting such consent renders any swim, and neither undertakes any duty to do so. *Failure to obtain required consent for private out-of-cove swims using Club facilities is grounds for the following member sanction:*
First Offense: one-year suspension from competing in Club swims
Second Offense: Expulsion from the Club without right of reinstatement.

Definition Of Terms

- Club Swim means those swims published by the swim commission in the Club's official swim schedule or other swim events scheduled by the swim commissioner as a part of the Club's organized swim program
- Required Consent means consent to the swim (a) by the Club's head swim commissioner and (b) consent of the boathouse captain to use Club facilities.
- Club Facilities means any real or personal property of the Dolphin

Club, including without limitation boats, radios, dock, wet suits, clubhouse, showers, sauna, etc.

- Out-of-cove means any part of the Bay outside the perimeter defined by the line of stars on the sketch herewith.

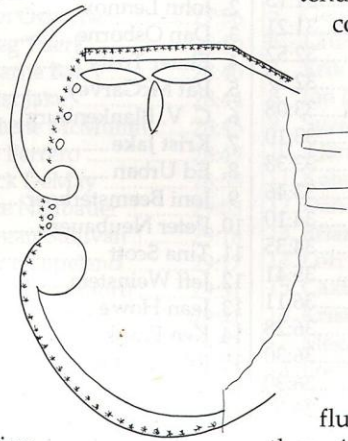
- Private out-of-cove swim: any swim which (a) is not a Club swim, (b) occurs in whole or in part out-of-cove and uses or involves Club facilities.

The Spirit and Intent of the Rules

While the above rules may be susceptible to "stretching" or contain "loopholes," the point of the rules is quite clear. These rules are intended to apply if a wet or cold participant may ultimately (directly or indirectly) end up in Club facilities. For example, even if a swim does not technically end up at Club Facilities, if participants return to the Club facilities wet or cold (as opposed to flushed, warm and dry), the swim is subject to consent

rules. Likewise, if any Club equipment is used in a swim that does not otherwise involve Club Facilities, the swim is subject to consent rules. If you have any doubt regarding whether a proposed swim or row is subject to the above rules, ask the head swim commissioner.

The above rules do not attempt to limit your freedom as a private citizen to conduct swims which are wholly unrelated to the Club and which do not in any way affect the Club facilities. All swim events, whether in or out-of-cove, which involve Club facilities are subject to required consent rules.



ATTENTION: SAN FRANCISCO DOLPHINS YOU ARE AN ENDANGERED SPECIES

By Ken Coren

As we know, Dolphins require two fundamental conditions for their continued survival:

1. Clean water.
2. Unmetered parking.

Recently, it has been discovered that our local government is seeking to remove parking along Jefferson Street and Van Ness Avenue. It also wants to impose 30 minute metered parking in the vicinity of the Dolphin Club. Our government is also seeking to build a 100 boat commercial fishing operation directly east of the Thayer.

If you want a preview of your future as a bay swimmer, park your car in the highrise parking lot across from Pier 39. On your walk over to the Club, take a long look at the filthy water surrounding the fishing fleet which is currently berthed along Jefferson Street. While you are at it, think about how that water might taste.

Our government, like all others, works on the steamroller principle: slow but persistent forward motion.

Given this, Dolphins, you will lose your parking and clean water unless a team of Dolphins comes together to preserve the conditions we need to continue enjoying the Bay swimming that we love.

Unless there is a substantial volunteer response from membership, each Dolphin must accept the fact that nobody else is going to try to preserve their ability to enjoy bay swimming at Aquatic Park.

We need volunteers to attend public meetings. We need volunteers to write articles, to send letters and engage in public relations, to exert influence upon our government. We need volunteers to research and review project documents and to assist in environmental litigation.

Volunteers should leave their names, telephone numbers, and area of experience, influence, and interest in the Board member mail box of Ken Coren located in the room at the far end of the Staib Room.

Dolphin Swim Stats

Continued from page 13

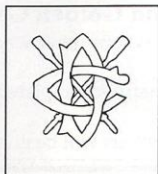
30. Krist Jake	53:53
31. Nancy Friedman	54:09
32. Avril McHugh	55:00
33. Jeff Weinstein	55:10
34. Kevin Hartnett	55:16
35. Joe Cowan	55:53
36. Bob Blum	56:14
37. Phil Fernandez	56:50
38. Susan Cobb	56:52
39. Ken Coren	57:07
40. Susan Anson	57:18
41. Era Osibe	58:02
42. Walt Schneebeli	58:45
43. Pat North	58:56
44. Jim Grant	59:23
45. Pam Stillwagon	59:29
46. Tony DuComb	59:35
47. Bill Anelli	59:36
48. Warren Welter	59:51
49. Susan Lauritzen	60:06
50. Larry Alioto	60:45
51. Leslie Callan	60:47
52. Padraic Doyle	61:34
53. Kelly M. M. Flynn	61:07
54. David Broadbear	71:19
55. Hugo Buchholz	71:30
56. Pavla Podolska	74:55
57. Don Reid	76:05
58. Phil Kohlenberg	88:53
59. Bill Powning	90:20

News and Notes for the Dolphin Club Membership *Continued from page 2*

swimming as well as watching the walls of the Club's front door vestibule for the Escape application. Pilots and volunteers to guide and help the Escapers are encouraged to keep the 29th in mind as well.

Boat Building Night

Volunteers arriving at 6 p.m. Tuesday evenings have a chance to learn and hone the skills of whitehall boat



repair, maintenance and building. It's also a chance to enjoy some hearty food, drink and camaraderie.

The next rowing training sessions will be September 17 and 18, 9 a.m. to 11 a.m. both days. Learn the basics and beauty of rowing on the bay. Contact John Bielinski or Ken Frank for more details.





1994 Swim Schedule

- Date -	- Event -	- Jump-Off -
Dec. 21, 1993 (Tues.)	Polar Bear Swim Starts	
January 1 (Sat.)	New Year's Day Cove Swim	09:00
January 1 (Sat.)	* New Year's Day Alcatraz	07:15
January 30 (Sun.)	* Mid-Winter Gas House Cove Swim	09:30
February 19 (Sat.)	Mid-Winter Cove Swim	09:00
March 21 (Mon.)	Polar Bear Swim Ends	
March 26 (Sat.)	Spring Cove	09:00
April 17 (Sun.)	* Pier 41	08:30
May 1 (Sun.)	* Pier 39	08:30
May 21 (Sat.)	* Dick Beeler Crazy Cove	09:00
June 1 (Wed.)	100 Mile Swim Starts	
June 17 (Fri.)	* Twilight Cove - Pot Luck BBQ to Follow	18:00
June 25 (Sat.)	* Doc Howard - Over 45 - From Gas House Cove	09:30
July 9 (Sat.)	* Yacht Harbor	09:00
July 23 (Sat.)	Trans Tahoe Relay	07:30
July 23 (Sat.)	* Crissy Field	08:45
August 6 (Sat.)	* Santa Cruz Pier Swim	11:00
August 21 (Sun.)	* Fort Point	08:15
August 26 (Fri.)	* Twilight Pier 41 - Pot Luck BBQ to Follow	18:00
August 28 (Sun.)	Over 60 Cove	09:00
September 16 (Fri.)	* Twilight Gas House Cove - Pot Luck BBQ to Follow	18:00
September 25 (Sun.)	Alcatraz	09:00
October 1 (Sat.)	Golden Gate I - Fast Day	09:45
October 2 (Sun.)	Golden Gate II - Slow Day	10:10
October 9 (Sun.)	Handicap Cove	09:00
October 16 (Sun.)	Dolphin/South End Triathlon	TBA
October 29 (Sat.)	Escape From Alcatraz Triathlon	08:30
October 31 (Mon.)	100 Mile Swim Ends	
November 12 (Sat.)	Annual Swim/Pilot Appreciation Dinner	18:30
November 20 (Sun.)	Introduction To Bay Swimming	09:00
November 24 (Thurs.)	Thanksgiving Day Cove	09:00
December 18 (Sun.)	New Year's Day Alcatraz Qualifier	09:00
December 21 (Weds.)	Polar Bear Swim Starts	

TBA means "to be announced"

- Swim Program Rules -

1. Club scheduled swims are restricted to club members only.
 2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
 3. Swimmers must be members in good standing with dues current and swim fees paid.
 4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
 5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
 6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
 7. Swim sign-up sheets are posted two weeks prior to each swim.
 8. Time limits are imposed and enforced for all swims.
 9. All club boats are reserved for scheduled swims; riders are prohibited.
- Additional qualifications for Alcatraz and Golden Gate Swims •
10. In-town members must successfully complete 2 swims marked with a wheel (I) and one other scheduled swim and pilot or help on at least 2 others.
 11. Out-of-town members (those residing 100+ miles from the club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
 12. Once a member has qualified for Alcatraz/Golden Gate swims, non-qualified members will be given priority to qualifying swims.

Dolphin Swimming & Boating Club

502 Jefferson Street (foot of Hyde)
San Francisco, California 94109

RICHARD B. COOPER
STA. B, PO BOX 2546
SAN FRANCISCO CA 94126

BULK RATE
U.S. POSTAGE
PAID
San Francisco, CA
Permit No. 1020

DOLPHIN LOG

The Official Bulletin of the Dolphin Swimming & Boating Club
Winter 1994 • San Francisco California • Established 1877

DOLPHIN BULLETIN BOARD

News and Notes for the Dolphin Club Membership

From the Editors

It has been over a year since we took over the *Dolphin Log* from Jeff Heth. We have made some changes which we hope you have liked. We know there are many aspiring and established writers alike among our membership...we want to reach out to you. Feel free to contribute a story, ideas, photos, drawings, sketches, cartoons or archives that you think would be of interest to Dolphins. Leave your



THE DOLPHIN LOG

Editorial Board:

Christopher M. Kelly
Matthew C. Sheridan
Kevin Starr

Contributors:

Ken Frank • Jennifer Finlay
Brian Gilbert • Vincent Rioux
Walt Schneebeli • David Zovickian

Photography:

Barbara Keller
Jim Mason • Mark O'Hara
John Perino • Janice Schultz

Published By

**The Dolphin Swimming
& Boating Club, Inc.**
502 Jefferson Street
San Francisco, CA 94109
Organized in 1877

1994 Officers

President - **Jon Nakamura**
Vice President - **Dan Osborne**
Recording Secretary - **Suzie Dods**
Treasurer - **Lorna Newlin**
Financial Secretary - **Meg Fitzgerald**
Boat Captain - **Jeremy West**

Board of Governors

John Bielinski • John Conti
Ken Coren • Vince Huang
Stanley Hylinsky • Pat North
Tina Scott • Mike Webb • Kathy Zirker



The Jeremiah O'Brien steams under the Golden Gate

Janice Schultz

material in our box in the Staib Room, mail it to the Dolphin Club care of the editors, or approach us in person.

Rowing News

Did you know the winter time is the best time for rowing? Flat waters, no wind, and few boats, all make for an ideal time for rowing on the bay. If you are not yet certified, take the class and pass the test—it's not that hard! Look for upcoming rowing training dates to be posted by the rowing log. Important rowing dates to remember:

- *Sacramento Row*, June 24, 25 and 26, departing @ 0512;
- *Petaluma Row*, October 14 and 15, departing @ 0630;
- *Advanced Rowing & Pilot Training* on, April 15 @ 1300;
- *250 Nautical Mile Row*, January 1, 1995. Check out the rowing chart (next to the tide charts). Sign up and get started! It will continue until the end of the year.

Yoga

Tired from too much swimming, handball, and rowing? Try stretching out your sore muscles with Yoga. Every Friday morning at 7 a.m. the Dol-

phin Club has a yoga class for just \$8 inside the handball court.

Jeremiah Returns

On a historic day for the San Francisco Bay, the Jeremiah O'Brien and her amazing crew returned home after an inspired return trip to the shores of Normandy. Accompanied by a flotilla of vessels, the Jeremiah proudly steamed in the early morning

through the Golden Gate on September 23rd. The only original Liberty ship that could make the grueling and heroic trip back to seas off France for the 50th Anniversary Celebration of D-day, the Jeremiah was manned by sailors whose average age was over seventy.

Clean-up

On October 22nd, fifty-nine Dolphin volunteers showed up for the "get down and dirty" tri-annual clean up. With the highest number of volunteers ever to show up for a clean-up the club, the boathouse was spic and span by the end of the day.

Panoramic Photo Op

Mark your calendars for the Dolphin Swimming and Boating Club's *Panoramic Photo Opportunity* for all members on July 9. Stay tuned for more details.

Correction

In the Summer/Fall Edition of the Log, in the article entitled Lou Marcelli Holds Down the Fort, it was indicated that Lou has been paid to be beachmaster since his appointment to the present. This is not the case. Lou has not taken payment for his job since the early 1970s. The Log Editors regret the error.



IN THE SHADOW OF THE GATE

By Jennifer M. Finlay

This October, the Dolphin Club held its annual Golden Gate swim with all its fanfare and history. Rolling through the swells, slow day swimmers sometimes faster than fast day swimmers, weird currents, finding oneself far from pilots and other swimmers, and grabbing that stick on the rock are stuff of the tales heard in the locker rooms for days and weeks after the event. The Gate holds a mystical quality to all Dolphins. I usually swim the cove as the sun sets, and the colors of the sky and the bridge change from moment to moment. It gives me comfort that each day will bring a different view of the Gate, enveloped by fog with its orange lights glowing or standing out in crystal relief on those clear fall afternoons. This is the Gate that we know as swimmers and rowers and runners, but there is another side to the span - that of tragedy and death.

As of late 1994, there have been 963 recorded suicides from the 230 foot drop. About twenty people have survived the fall in 57 years and there have certainly been a number of suicides that have never been recorded or dis-

covered. The first suicide occurred about three months after the opening of the bridge in 1936. A 49-year old man said to his walking companion

efforts have failed due to financial, bureaucratic, or aesthetic issues.

Most recently, the city of San Francisco made overtures to place phone lines on the bridge that would directly link a caller up directly to S.F. Suicide Prevention or its Marin County counterpart, depending on where the caller would be on the bridge. This has led to jokes on late night television about California and its social service hijinks. As of early August, phone lines have been set up that connect a caller to S. F. Suicide Prevention and get the CHP out in about a minute to restrain the caller. Bridge employees are given some brief training on how to handle jumpers and have thwarted a number of attempts.

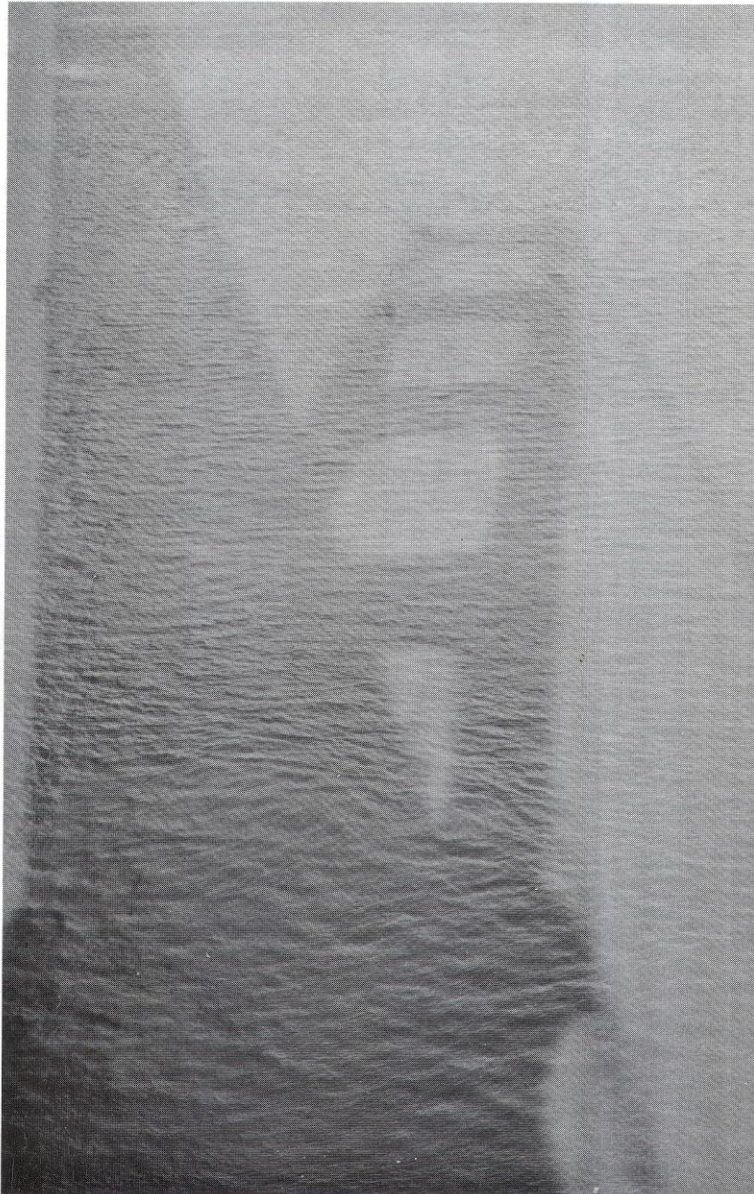
As Dolphins, we see the Gate as a goal to strive for, no matter how long it takes us to cross it. In a morbid way, the bridge is also a goal for people who have reached that final, closed world of suicide. Each time I see the Gate, I am awestruck by the beauty of something man-made that appears to belong in and enhance nature.

I am also reminded of

"This is where I get off..."

There have been several attempts to install a suicide barrier, but all the

the deep tragedy and despair of those who go over that three and a half foot rail to the deep water beneath.



Mark O'Hara



A GUIDE TO GOGGLES

By Vincent G. Rioux

One of the more important elements to a Dolphin who swims is a good pair of goggles. The search for a reliable pair is a recurring event for all of us. As new members take to the cool water, they look to their eye protection as the one predictable comfort they'll have each time they leave the beach. Dolphins who have made swimming a lifestyle for the past half century take their favorite gogs for granted until the third strap has disintegrated and the cracked lenses fall from their faces. In either case, it's a good pair of eye wear that helps keeps us happy in the water. What happens when we are faced with finding a new pair?

In the case of the author, a frustrating search and about \$130 happened. When I joined the Club about a year and a half ago, I was using a fine pair of Speedo goggles. They were inexpensive and simply designed. After six months of swimming the cove waters, the plastic piece into which the knobbed nose bridge strap fit cracked, then finally broke. I then tried swimming *sans* eye wear, as I have seen saltier swimmers do, but all I got out of the workout were red,

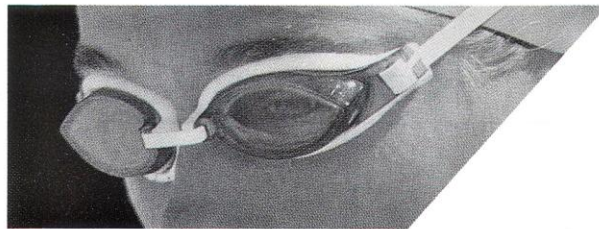
painful eyes. A year later, I'm not sure what hurt more after that swim, my brine-cured eyes or my jaw muscles

from twenty minutes of teeth-gritting.

I journeyed to my sport shop to find more brands and features than I

Brand	Model	Price	Features	Notes
Speedo	Sprint	\$6.99	Foam gasket	All speed goggles have notched, adjustable nose straps; single head adjustable at side of straps; available in blue, grey, or clear lenses. Simple oval shape, straight from rim to flat end of lens.
Speedo	Pro Anti-fog	8.99	Foam gaskets Anti fog	Flat circular lens w/ wide angle visibility. I don't believe in anti-fog.
Speedo	Pro Plus Anti-fog	9.99	Rubber gasket	Same as Pro, except for gasket. Didn't spend enough time reading the package to figure out what was 'plus' about it.
Speedo	S-2000	14.99	Rubber gasket	Flat oval lens w/wide angle visibility.
Speedo	Aqua Pro	12.99	Foam gasket	Same as S-2000, except for gasket.
	Utravision	14.99	Rubber gasket	Oval lens w/widest side lenses, which were too wide to be worn outside a Barracuda cap.
Swan	SW72	39.99	Rubber hasket Split head strap	Oval gray, shallow (compared to Speedo) lens cup. Nose width is adjusted by installing 1 of 3 nose straps. All Swan head straps have two points of adjustment at goggle rims.
Swan	SWF01	24.99	Rubber gasket Split head strap	Corrective lenses adaptable. Clear.
Swan	AF70	29.99	Rubber gasket Adjustable notched nose bridge.	Too many straps to figure out how to use. Available in grey or clear.
Swan	Freestyle	19.99	Rubber gasket	Simpler split head strap.
Swan	SWAF50	24.99	Adjustable notched nose strap.	Grey and clear lenses.
Swan	Atlanta	15.99	Rubber gasket	Complicated head strap adjusters. Split head strap. Available in grey and clear.
Swan	Master II	9.99	Foam gasket Notched nose strap	Simple goggle design, but they didn't fit my face. Smaller total face width. Gray, blue, and orange lenses.





had ever been aware of. Since I could not remember the specific name of my recently departed model and didn't

spot anything that resembled the old pair, I selected a value-priced, \$9 set. They looked just like the \$12 and \$16

models but were different in a subtle, leaking sort of way. I would start out with a good vacuum seal at the beach,

but by the time I got to the flag, I was cursing the waterlogged lenses. (In case the reader wonders who that foul-mouthed swimmer was at the flag, I confess.) With stubborn commitment and further profanity I resolved to get the right fit with the new pair for another month. My efforts and eyes continued to be soaked.

I returned to my sport shop in a comprehensive state of mind. I bought and tested many different brands and designs, from split strap to single strap, foam to rubber gaskets, and have compiled the following guide to gogs. Do keep in mind that my notes relate to *my* face, so the reader should do some primary research. It appears that a lot of goggle companies put promises first and leave real effectiveness behind. But on the other hand, if you're an 'advanced female swimmer' who must have 'flex frames with indoor/outdoor lenses' and an Allen wrench to change your nose strap, don't let my humble opinions stand in your way of contributing to our economy. Good luck and see you out there.

Swan	Valdez	9.99	Foam gasket Notched nose strap.	Same as the Master II, but has optical grades.
TYR	Racetech	8.99	Rubber gasket Notched nose strap Split head strap	Oval, wide angle lens. Deeper lens cup. U/V protection. Good suction to face.
TYR	TYR Femme	17.99	For women Non adjustable nose Foam gaskets	It looked like the rest of them except for these accordian-like orange fittings on the nose strap adjusters. Blue grey, and clear.
TYR	TYRminator	24.99	Indoor/outdoor changeable lenses Flex frame? For advanced swimmers (Oooh!) Rubber gaskets	Come on! These features are designed for people who think that the right goggles will improve their Alcatraz time. Where's the beef? And, they're too wide for a Barracuda cap!
TYR	Alpha 1	14.99	Split head strap Rubber gaskets	Easy to use head strap fasteners that can rotate on an axis connection to the goggle rims. In other words, they allow the head strap to move around without losing the suction. Good fit!
Arena	Manta	12.99	Foam gaskets Split head strap Notched nose strap	Simple oval design. Deep lens gasket. Fits well on face when wearing a Barracuda cap. Good suction seal. Simple, functional, and cheap. Clear and grey.
Arena	Deluxe	14.99	Rubber gaskets. Split head strap	Like the Manta but a better fit around the eyes. Just like my old Speedos.
Bara- Baracuda	Olympia	34.99	Foam gasket	They come with a miniature allen wrench for the three different sized, to nose straps adjust to your face. Long head strap that needs a lot of re-adjustment while swimming. No matter how long I spent readjusting mine, they leaked. A lot of Dolphins who I spoke with had similar disappointment with these goggles.
	Starter	24.99	Different sized	
	Medalist	19.99	nose straps Single head strap	



ROWING COMMISSIONER'S REPORT

By Kenneth Frank

We started the year in April with Advanced Rowing/Pilot Training, which covered such drills as how to rescue a swimmer, (make that 14 swimmers) using the *Foster*, a paddle board and an Avon. Bailing a swamped boat, piloting technique, swim organization and recognizing hypothermia and its treatment were also included. Look for it again next year. Rowers participating in the trek to Sacramento with two fortuitous floods this year were: John Conti, Pat Friedlanger, Gabe Scurlock, John Stacey, Kent Rodgers, Eric Hansen, Rob Downs, Paul Gisler, Jon Bielinsky, Matt Sheridan, John Kortum, & myself. For historians in the house, it was three years ago when Ed deCassio, Brian Huse, and Jon Bielinski were the first rowers to reinstate the annual Sacramento Row after an eighteen year hiatus—last rowed by Ed Sr.

The row to Petaluma began at 05:30 on September 10th. On hand were: Jon Bielinsky, Gabe, John K., Noreen Tierney, Phil Reif, Padraic Doyle and the cayenne pepper brownie man Brian Huse!

Even fighting the ebb and a break-fast stop at the Swedish Bakery in Tiburon with southerly breezes, they got to the Kortum farm before night-fall.

Rowers and their mileage were recognized at the Pilot Swim Appreciation dinner with commemorative tee-shirts. Those who completed 50 nautical miles or more were:

Dolphin Club Rowers of the —250 Nautical Mile Row—

Frank, Kenneth	250
Downs, Rob	172
Stacey, John	167
Sheridan, Matt	164
Scurlock, Gabe	148
Belinsky, Jon	145
Conti, John	145
Gisler, Paul	133
Tansley, John	120
Hansen, Eric	103.75
Camus, Andy	100
Friedlanger, Pat	100
Oppenheimer, Todd	70
Reiff/Testarosa, Phil	64.5
de la Peña, Alberto	58

Kortum, John	58
Stillwagon, Pam	56
Spiegelman, Margie	55
Barranco, Eduardo	52
Brand, Peter	51
Hoffman, Ned	52
Harrison, Don	50
Mathewson, Eric	50
Zelevnik, Martin	50

DECEMBER

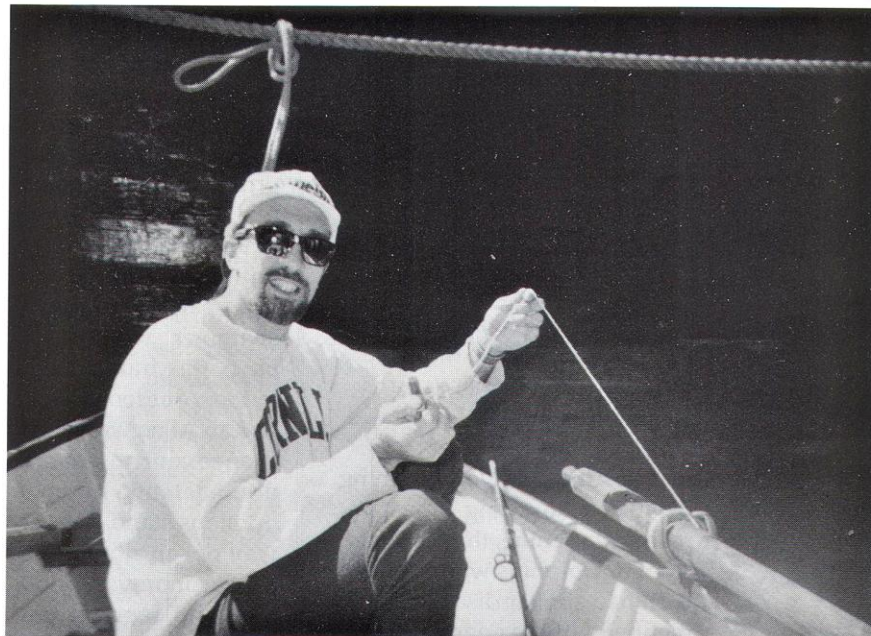
TIDES AT GOLDEN GATE, SAN FRANCISCO, CALIFORNIA, 1994

Heights in feet		Pacific Standard Time			
Moon	Day	Time	Ht.	Time	Ht.
P	1 Thu	LOW	0250 2.2	HIGH	0918 7.0
	2 Fri	LOW	0341 2.4	HIGH	1004 7.2
S	3 Sat	HIGH	0002 5.2	LOW	1051 7.2
	4 Sun	HIGH	0053 5.3	LOW	1140 7.1
E	5 Mon	LOW	0143 5.4	HIGH	1230 6.7
	6 Tue	LOW	0234 5.4	HIGH	1323 6.2
N	7 Wed	HIGH	0325 5.4	LOW	1420 5.6
	8 Thu	HIGH	0415 5.5	LOW	1524 4.9
A	9 Fri	LOW	0506 5.6	HIGH	1638 4.4
	10 Sat	LOW	0554 5.7	HIGH	1804 4.0
O	11 Sun	HIGH	0639 5.8	LOW	1930 3.9
	12 Mon	LOW	0029 2.0	HIGH	0721 5.9
P	13 Tue	LOW	0122 2.4	HIGH	0759 6.0
	14 Wed	HIGH	0211 2.6	LOW	0836 6.1
S	15 Thu	HIGH	0256 2.8	LOW	0910 6.2
	16 Fri	LOW	0338 3.0	HIGH	0945 6.2
E	17 Sat	LOW	0417 3.1	HIGH	1019 6.2
	18 Sun	HIGH	0034 4.8	LOW	0454 3.1
N	19 Mon	HIGH	0108 4.8	LOW	0531 3.1
	20 Tue	LOW	0142 4.8	HIGH	0610 3.1
A	21 Wed	LOW	0216 4.9	HIGH	0653 3.1
	22 Thu	HIGH	0251 5.0	LOW	0744 3.0
O	23 Fri	LOW	0329 5.2	HIGH	0843 2.8
	24 Sat	HIGH	0408 5.4	LOW	0951 2.5
P	25 Sun	HIGH	0451 5.7	LOW	1102 1.9
	26 Mon	LOW	0537 6.0	HIGH	1210 1.3
S	27 Tue	LOW	0625 6.3	LOW	1310 0.5
	28 Wed	HIGH	0031 2.3	HIGH	0715 6.6
E	29 Thu	HIGH	0133 2.6	LOW	0806 6.9
	30 Fri	LOW	0232 2.7	HIGH	0858 7.2
N	31 Sat	LOW	0328 2.6	HIGH	0948 7.3

LUNAR DATA December 21 = SOLSTICE

☉ = NEW MOON ☾ = LAST QUARTER N = FARTHEST NORTH OF EQUATOR
☽ = FIRST QUARTER A = IN APOGEE 34 E = ON EQUATOR
☾ = FULL MOON P = IN PERIGEE S = FARTHEST SOUTH OF EQUATOR

My interest as Rowing Commissioner is to encourage more swimmers to become qualified as rower/kayaker pilots. Ultimately, more swimmers can participate in swim events and have confidence in their pilots. In this issue of the Log we will concentrate on questions your Tides and Currents Book can answer.



ROWING TIPS

1. Using the tables for a two hour row at 07:00 this lovely Thursday, the fifteenth of December morning, would you row /kayak to: the Golden Gate Bridge, South Beach Marina or Tiburon to get the benefit of the tidal current?
2. What is the time and height if the first high tide on the 15th?

DECEMBER

CURRENTS AT GOLDEN GATE, SAN FRANCISCO, CALIFORNIA, 1994

Currents in Knots Pacific Standard Time

Day	Slack	MAX Current			Slack	MAX Current			Slack	MAX Current			Slack	MAX Current			Slack	MAX Current		
		Time H.M.	Vel Knots	Dir		Time H.M.	Vel Knots	Dir		Time H.M.	Vel Knots	Dir		Time H.M.	Vel Knots	Dir		Time H.M.	Vel Knots	Dir
1 Thu		0203	2.9E		0513	0810	3.4F		1103	1422	5.7E		1817	2119	4.4F					
2 Fri	0042	0257	2.8E		0604	0900	3.4F		1151	1512	6.0E		1908	2211	4.6F					
3 Sat	0137	0350	2.8E		0656	0950	3.4F		1240	1602	6.0E		1958	2303	4.6F					
4 Sun	0229	0442	2.8E		0750	1042	3.2F		1331	1653	5.8E		2050	2354	4.5F					
5 Mon	0321	0534	2.7E		0847	1136	3.0F		1424	1744	5.4E		2141							
6 Tue		0046	4.3F		0411	0628	2.7E		0949	1233	2.7F		1521	1836	4.9E		2233			
7 Wed		0139	4.0F		0502	0723	2.6E		1055	1334	2.5F		1623	1930	4.2E		2326			
8 Thu		0233	3.6F		0552	0821	2.7E		1205	1441	2.2F		1729	2025	3.6E					
9 Fri	0020	0328	3.3F		0641	0921	2.8E		1314	1555	2.1F		1839	2124	2.9E					
10 Sat	0114	0423	3.0F		0728	1022	3.0E		1418	1709	2.2F		1950	2226	2.5E					
11 Sun	0208	0516	2.8F		0814	1120	3.3E		1517	1816	2.4F		2058	2329	2.1E					
12 Mon	0301	0606	2.7F		0858	1210	3.5E		1609	1913	2.7F		2201							
13 Tue		0030	1.9E		0351	0651	2.6F		0940	1254	3.8E		1655	2003	3.0F		2257			
14 Wed		0122	1.9E		0438	0732	2.5F		1020	1334	4.0E		1739	2048	3.2F		2348			
15 Thu		0206	1.8E		0521	0811	2.4F		1059	1413	4.3E		1819	2127	3.3F					
16 Fri	0034	0245	1.9E		0601	0848	2.4F		1137	1451	4.4E		1858	2204	3.4F					
17 Sat	0117	0323	1.9E		0639	0925	2.4F		1213	1530	4.6E		1936	2238	3.4F					
18 Sun	0157	0402	2.0E		0716	1003	2.4F		1250	1609	4.6E		2012	2312	3.4F					
19 Mon	0237	0442	2.1E		0753	1042	2.3F		1326	1649	4.6E		2047	2346	3.4F					
20 Tue	0316	0524	2.2E		0834	1124	2.2F		1405	1731	4.4E		2122							
21 Wed		0023	3.4F		0355	0608	2.3E		0920	1209	2.1F		1447	1814	4.2E		2158			
22 Thu		0103	3.3F		0434	0654	2.5E		1013	1258	2.0F		1536	1901	3.9E		2236			
23 Fri		0145	3.2F		0514	0742	2.7E		1113	1353	2.0F		1634	1951	3.6E		2318			
24 Sat		0231	3.1F		0555	0834	3.0E		1218	1453	2.0F		1743	2045	3.2E					
25 Sun	0005	0320	3.0F		0638	0928	3.4E		1323	1559	2.2F		1900	2142	2.8E					
26 Mon	0058	0412	3.0F		0723	1023	3.9E		1425	1708	2.5F		2017	2243	2.6E					
27 Tue	0156	0506	3.0F		0811	1120	4.4E		1524	1815	3.0F		2130	2346	2.4E					
28 Wed	0256	0601	3.0F		0900	1216	4.9E		1620	1918	3.5F		2235							
29 Thu		0047	2.4E		0355	0656	3.1F		0951	1311	5.4E		1713	2015	4.0F		2335			
30 Fri		0146	2.5E		0452	0750	3.3F		1043	1404	5.7E		1805	2108	4.3F					
31 Sat	0029	0241	2.6E		0547	0843	3.4F		1135	1456	5.9E		1855	2159	4.5F					



3. When is the highest/lowest tide of the day? Why are they shaded?
Questions 4-9 require a tide book
4. Where do you find the tidal current charts? Why and how do you use them?
5. What time is sunrise and sunset as observed from the Golden Gate Bridge on December 15th?

6. Why is it so important to know this when you are using craft out of the Dolphin Club?
7. Where do you find tide extremes? What are they for the test swim on New Year's Eve?
8. On what pages do you find the Bay Charts? Where is the Carquinez Strait?
9. At low water, what is the tidal difference from the Golden Gate to Mare Island in hours and minutes?
10. When returning your boat or kayak to the dock at 0900 on December 15th, will the apron need to be at a steep angle or horizontal for landing your craft?
11. Why is it important to complete and entry into the Dolphin Club log book?

Find the answers to these questions on the Log Book podium.

This year, rowing training was standardized with a training outline and lesson plan by Assistant Rowing Commissioner Pam Stillwagon. In addition, a special thanks to those who assisted with rowing and pilot train-

ing: Colin Gift, Marjie Spiegelman, Jeremy West, Matt Sheridan, Linda Rigetti, Phil Reif, Ned Hoffman, Padraic Doyle, Stan Hylinsky, John Conti and Kevin Hartnett.

This year, fifteen new rowers joined the crew, but there are still another thirty-six who went through rowing training who are waiting to either complete their training rows or to take the test. Come on, *finish up...it is not that hard* and we'll see you at Sam's.

Sign up again for the 250 Nautical Mile Row downstairs near the tidal charts. Keep an eye out for future rows to Mission Rock, the Ramp, South Beach, Tiburon, Angel Island, Napa, Petaluma, and Sacramento. Finally, look for a return of advanced rowing/pilot training classes next year.

As always, enjoy Boat Night, Tuesdays, from 6:00 p.m. to 9:00 p.m. to learn about boat building, boat maintenance, and the fine art of consuming Brazilian pizza and beer. ☠



ORIGINS

By Walt Schneebeli

Among the most commonly asked questions regarding Dolphin Club history concern the ethnic background of the founding members. From what lands did the first Dolphins come from?

lished. Also shown is an artistic rendition of the first clubhouse at the foot of Montgomery Avenue. Montgomery Avenue was later renamed Columbus Avenue.

Most of the newspaper and maga-

Francisco 14; Marysville 1; Eureka 1; Oroville 1; Chicago, Il 1; Two Rivers WI 1; Germany 1; France 1; England 1; Switzerland 1; Canada 1; Unknown 1.

The countries of origin of the parents of the founding members are as



The lower portion of this 1877 photograph depicts the twenty-five charter members of the Dolphin Swimming and Boating Club.

The upper six individuals were honorary members. Of these six, the club founder, John Wieland, is fourth from the left. Twenty-four of these young men were born between the years of 1853 and 1860. The birth date of the twenty-fifth member is not known. The names of the remaining charter members will be revealed when the comprehensive Club history is pub-

zine articles about these first members state that they were Germans who formed the Club on the European Turnverein pattern. This is not entirely true. Some of the members or their parents were from other parts of Europe. The following information has been taken from death certificates, which first appeared in California in 1905, and obituaries culled from newspapers from the 1880s through the 1940s.

The birthplaces of the twenty-five charter members are as follows: San

follows: Fathers: Germany 16; France 3; Switzerland 1; Belgium 1; Scotland 1; Hungary 1; Unknown 2.

Mothers: Germany 15; France 1; France 1; Belgium 1; Switzerland 1; Ireland 1; Italy 1; Wisconsin, United States of America 1; Unknown 4.

• DOLPHIN CLUB •
PANORAMIC PHOTO
OPPORTUNITY
July 9th



SWIM COMMISSIONER'S REPORT

By David Zovickian

Final Words...

The days are short, the water is colder, and another swim season concludes. On November 12th, Dolphins gathered to revisit the events of the year and honor those Dolphins whose contributions to the swim program set our standard of excellence.

For Mark O'Hara, the years most improved swimmer, 1994 was a breakout season. Mark's gains over 1993 were significant, regardless of the event. Most notably, Mark jumped from fifty-first to thirty-third at Alcatraz, slicing sixteen minutes off his time. At the Gate, Mark went from fifty-ninth to forty-sixth, dropping nine minutes. For Yacht Harbor, he climbed from forty-third to twenty-fourth, an eight minute dip. With results like these, no doubt skateboarding will become the training method of choice.

Our most inspirational swimmer proved that George Foreman doesn't have a lock on comebacks. Like MacArthur, Walt Schneebeli returned to the scene of a personal triumph (except for Walt, it took thirty-four years). After swimming from Sausalito to the Dolphin Club in 1960, Walt successfully undertook the challenge to complete the round-trip. There can be no doubt that Walt exemplifies the collective Dolphins spirit: good will and cheer with a good measure of determination, serving as an inspiration to the participants of the swim program and

the membership at large.

The Dolphin Club is fortunate to have among its membership many dedicated and talented pilots to rely upon throughout the long and time consuming swim season. Among them are individuals like Tom Kuglen, Nancy Friedman, Colin Gift, Dan Osborne and Rich Cooper, who continually contribute, piloting one day, swimming the next, but consistently participating. Always appreciated are the test pilots who get out on the water, often before daybreak to test the conditions,

prior to our swims. Many times Barry Christian, Ken Frank, Matt Sheridan, Laura Burtch and Pam Stillwagon answered the early bell to pilot.

Al de la Peña, the 1994 Pilot of the Year capably demonstrated that the importance of piloting lies well beyond one's presence on the water. For Al, the first concern is the well being of the swimmer. He's always among the first down for the swim, always available to help. Al's

piloting never ends when the first swimmer is in; he's often seen heading back out for more, to escort those last few swimmers in. And he's always available to review the swim and its outcome—with an interest in improving the next one.

The success of the swim program is thoroughly dependent on the quality of the help it receives. The Club is very fortunate to have among its membership a large number of dedicated supporters to ensure its continued success and vitality. The ways in which we benefit from our helpers varies tremendously. Obviously, the quantity and quality of our pilots is foremost in the support of our program, and with Elmer Tosta to keep track of the who, what and where of the fleet, we are assured of its maximum utilization.

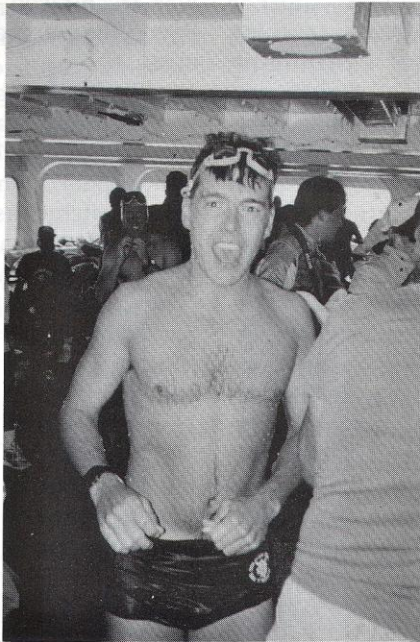
Certainly, it's safe to say that awards are a treasured part of our swims. With Bill Callahan and Avril McHugh's help, trinket design is sure to please.

For crowd pleasing effect, it's hard to top Barbara Keller and her generous

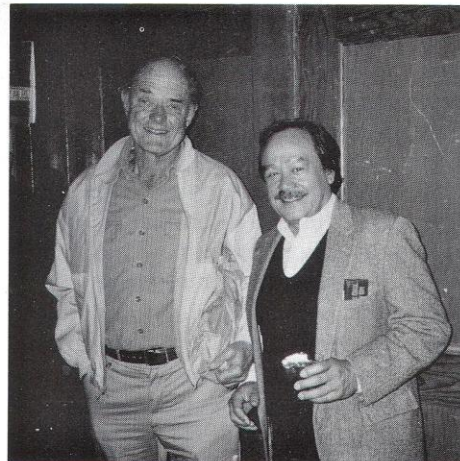
donation of photographs of many swims. Always ready to increase the level of safety at our swims, Vince Huang's annual CPR class is a valued exercise. Not one to rest on her laurels as the '93 helper of the Year, Pat North continues to be a positive force

for the swim program, coordinating the helpers and generally being the consummate hostess.

Continued on next page



Mark O'Hara, Most Improved Swimmer



Walt Schneebeli, Most Inspirational Swimmer
and Alberto de la Peña, Pilot of the Year



Our '94 Helper of the Year displayed great versatility throughout the season. She's so consistently available, it's tempting to take her efforts for granted. But in a club that relies so completely on quality help, the value of Suzie Dods to the swim program is limitless. As pilot, galley hand, timer, recorder, cleaner, Vanna or Hostess—you name it—no task is too big or small for her.

Reflecting back upon the season's closing months, thirty-three Dolphins ventured south on the coast route seeking sun, surf, and the Santa Cruz One Mile Pier Swim. Leading the Dolphin contingent was Sean Kelly.

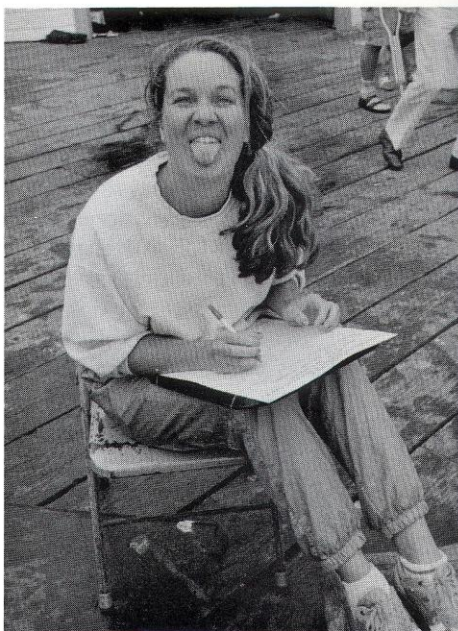
Following up, fifteen Dolphins accepted the South End's invitation to join the Olympic Club in a Yacht Harbor swim. First in for the Dolphins were Tom Keller and Lynn Jolly, in seventh and eighth place.

For the more adventurous, Fort Point offered a greater challenge (and a shot at fourteen squares). In a conspicuous demonstration that Bay swimming is indeed treacherous, fifty-seven swimmers encountered a menagerie of cryptic currents to produce the most challenging (and slowest) swim in several years, with Polywog Tom Keller in close pursuit of Suzanne Heim at the finish.

To soothe our strokes, the Twilight Pier 41 Swim offered up a quick and easy swim, pot luck barbecue and a gorgeous sunset. This time around young gun Tom Keller edged John Selmer for top honors.

Two days later, the premier event on the senior circuit occurred, the over 60 cove swim. With abundant pilot

coverage, nineteen sage Dolphins covered the cove, led by polywog Dan Osborne, with co-polywog, Mimi Osborne close behind.



Suzie Dods, Helper of the Year

swim to Aquatic Park, the Dolphin Club, a hot cup of java and several bagels. Suzanne Heim set the pace, with Eric Larson leading the eleven member polywog contingent. A fifty-one pilot craft fleet provided one of our most complete safety envelopes yet. As a prelude, Mag Donaldson's test swim offered the Jeremiah O'Brien its only swimming escort.

As an ominous fog bank lurked nearby, sixty of our more fleet of fine Dolphins took the plunge from Fort Point to Lime Rock. Our keepers of the sticks, Michael DiNunzio, Mimi Osborne, and Meg

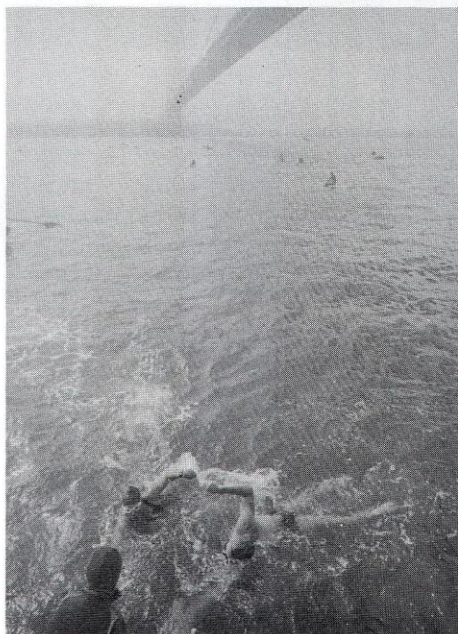
The Twilight Gas House Cove Swim was the final tune up to the season's big finish. Led by Laura Burtch, seventy-two Dolphins enjoyed another pleasant evening of swimming and dining.

For seventy-six Dolphins, high fog, calm water and the prettiest jellyfish this side of Hawaii were all the enticements necessary to take the plunge at Alcatraz for the one and a half mile

Reilly were a most welcome sight tethered to Lime Rock. Posting her quickest crossing in years, Suzanne Heim successfully defended her crown with Mike Garibaldi a mere minute back, who along with Conrad Liberty, ably represented the distant southland. As with the Alcatraz swim, Eric Larson led the polywog pack, placing seventh overall. Moments later, Mickey Lavelle, in eleventh, led all city employees to the Lime. A minute back was fresh-faced polywog Barnaby Payne, the youngest competitor in the race.

Sunday, October 2nd did not dawn well as the sun came up and fog descended. As with 1990's fast day, fifty-four fog banked and disappointed Dolphins watched as the fog blanketed the bridge and erased Lime Rock from sight. Making the most of the bay cruise, about half the group disembarked off the Pier 45 breakwater for a consolation swim to the club, some coffee and many donuts. Kudos to John Hornor (who swam) and Phil Rollins and John Selmer (who paddled) for quickly bringing their trucks to Pier 39 to carry gear back.

Basking under a gloriously sunny and hot October day, twenty-seven Dolphins accepted the challenge of the Handicap Cove. While Mimi Osborne sprinted to a resounding victory, a battle loomed for the final finish, as Bill Powning's big push edged Laura Burtch at the flags. Special thanks to the Blue Angels for all the entertainment.



A close finish at Lime Rock

On October 16th, the South End Club

hosted the annual swim, run and row inter-club competition. While the Dol-



phin Team topped the swim and run, it wasn't enough to hold off a powerful South End Rowing Squad for a 319 to 311 South End victory. Iron (wo)man recognition to the following for taking on two of the three segments: Pete Bianucci, Clint Copelan, Suzie Dods, Suzanne Heim, Lorna Newlin, Tina Scott and John Selmer.

Produced and directed by Pete Bianucci, the Club's annual exercise in excess duress, the original "Escape From Alcatraz" was held on October 29th. Forty-six swimmers set out from Alcatraz in search of greater glory and a shiny new belt buckle. Out of the water, Dolphins captured the top nine spots. When the Dipsea dust settled, Vince Fausone of South End fame had successfully defended his title. First to bear the Dolphin banner, a mere two minutes behind, was Chris Kelly. And surely as the sun rises in the east, Tom Callinan gave his bionic knee the ultimate test, completing his fourteenth "Escape."

Hoping for better luck the second time around thirty-nine Dolphins accepted the challenge of the Golden Gate III, the sequel. While the fog bank held off, the ebb didn't. What started out according to plan, quickly changed its face. When the ebb begins, there is no letting up and swimmer position is essential to the successful completion of the swim. This morning, the ebb was stronger and earlier than expected, so that ultimately many a swimmer saw Lime Rock as an

elusive moving target. For ten Dolphins, the Farallones seemed a more attainable goal. Thanks to a capable pilot fleet of thirty-seven craft, the wayward Dolphins were safely returned to the comfort of the Blue and Gold.

The 31st of October closed out the 100 Mile Swim Derby. All told, thirty-

six Dolphins met the challenge, with Laura Burtch duplicating '93's effort with 263 miles.

For Dolphins on the go, David Rich choose the year's most exotic locale to challenge: the Straits of Dardanelles. And while crossing the straits was no easy feat, negotiating the maze of local Turkish authorities proved most enlightening.

The Thanksgiving Day Cove Swim attracted a swarm of fifty hardy Dolphinseager to jumpstart a day of football and feasting. For the forth consecutive year, Liam Hennessy took the lead and never looked back to claim yet another Turkey Day title.

This years contestant in the English Channel sweepstakes was Laura Burtch, looking for a change in fortune and a channel free of jellys. Just like the Gate slow day, she experienced the omnipotent shift of the cur-

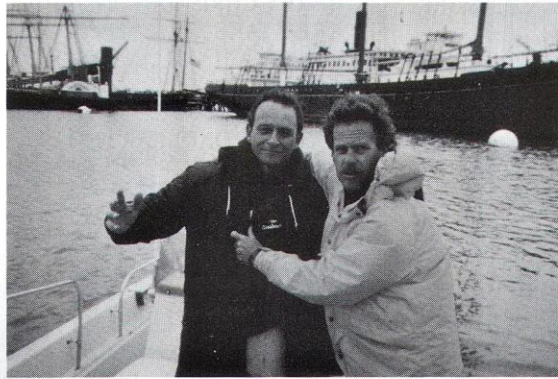
rent, and watched the French equivalent of Lime Rock fade away. But by landing at Wissant, a few miles up the coast, she got to finish amid a couple hundred

French well-wishers. For an encore, Laura joined an all ladies English Channel relay to honor the late Secretary of the Channel Swimming Association. As might be expected from a swim laid out in a pub the night before, the anticipated ten hour, approximately twenty-three mile swim, nearly met

disaster. Ultimately, the fifteen hour, thirty-five mile tour of the channel concluded at 11:30 p.m., with Laura swimming through force five seas to a breakwater at the Dunngenuous Nuclear Power Plant.

Closer to home, the Masters open water season concluded at the Whiskeytown Lake one and two mile

swims, arguably the nicest lake swim on the tour. Representing the Club were Dan and Mimi Osborne and Laura Burtch. For the year, Mimi was the only Dol-



Pete Neubauer and Ken Frank

phin Master to place in the open water points competition.

As we acclimate to the cooling waters, it's time to rest up for the New Years Day qualifier, the Polar Bear and...the Return of the 365 Mile Challenge.

The 1995 swim season begins on New Years Day. For the first time in six years, I will not be starting the swims. It's been a privilege to serve the Dolphin Club and its swim program, but it's time for new faces and perspectives in the leadership. Special thanks to Phil Rollins for introducing me to the swim commission back in 1987—I've enjoyed my stay since. For now, it's time to deal with an affliction which has struck down so many of my fellow Dolphins. For the past couple of months, I too, have fallen prey to the siren call of the pool and its intoxicating chlorine fumes. At first I tried to deny it, telling friends, I just spilled Clorox on myself, but I was living a lie. I'm now seeking the appropriate professional help. The road to recovery will be hard, full of swells and chop, but with perseverance I hope to emerge a better (and faster) swimmer, and appreciate the Bay for the purest expression of swimming that it is.

—DZ



Pilots amassing at the Gate



DOLPHIN SWIM STATISTICS

August 6th—October 31st

Santa Cruz Pier

August 6, 1994

1. SEAN KELLY ..19:47	51
2. C. CHORAK20:06	60
3. M. MCGOWAN21:32	107
4. A. CLAMAN ...22:04	125
5. M. LAVELLE ..23:28	176
6. A. BUDENZ23:34	179
7. TOM KUGLEN23:42	183
8. ELMER TOSTA23:54	195
9. K. FLYNN24:30	213
10. D. OSBORNE ..24:55	225
11. G. JONES25:03	232
12. P. BERGER25:07	238
13. PHIL ROLLINS25:12	243
14. K. COLEMAN .25:40	258
15. C. COPELAND 25:52	269
16. M. SHERIDAN 26:18	281
17. F. JOHNSON ...26:31	288
18. P. NEUBAUER 27:16	308
19. N. FRIEDMAN 27:16	309
20. S. ANSON27:36	324
21. TINA SCOTT ..27:37	325
22. B.DANIELSON28:26	342
23. V. HUANG28:41	348
24. M. TOWERS28:44	351
25. T. DUCOMB32:53	390
26. PAT NORTH ...34:08	394
27. F.CERVANTES34:51	397
28. S. LAURITZEN35:16	400

1. TOM KELLER23:02	
2. ERIC LARSON25:14	
3. DAN OSBORNE27:08	
4. KATE COLEMAN28:18	
5. GINA RUS28:28	
6. BARRY CHRISTIAN .29:31	
7. KRIST JAKE29:51	
8. MARC RICHARD30:32	
9. TED MACKAY35:39	
10. NICK ZOLLER37:15	
11. DAVID BROADBEAR37:31	

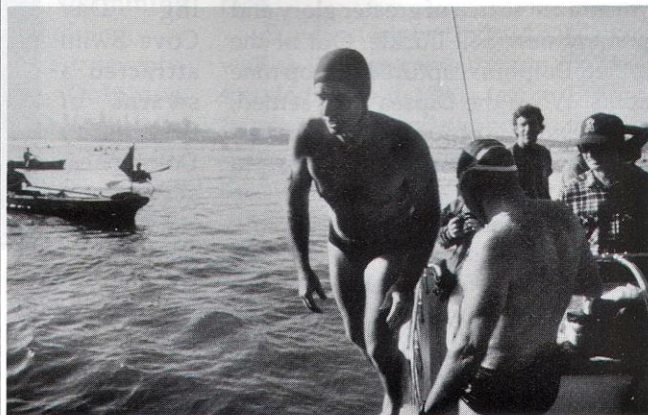
Fort Point

August 21, 1994

1. SUZANNE HEIM56:29	
2. TOM KELLER1:00:09	
3. JOHN SELMER1:00:58	
4. CHRIS KELLY1:00:58	
5. LAURA BURTCH ..1:06:42	
6. ERIC COLBERG1:09:03	
7. JON NAKAMURA ..1:12:25	
8. GEORGE KEBBE ...1:13:30	
9. T.OPPENHEIMER ..1:13:40	
10. ERIC LARSEN1:13:40	
11. DAVID RICH1:13:56	
12. SUZIE DODS1:15:18	
13. ALAN BUDENZ1:15:31	
14. LAURA MERKL ...1:16:20	
15. PAM DERKS1:16:26	
16. D. ZOVICKIAN1:16:37	
17. KELLY FLYNN1:17:42	

27. SUSAN ANSON1:23:13	
28. ERIC MELLINGER 1:24:55	
29. AVRIL MCHUGH ..1:24:57	
30. C.VON BLANKBURG1:25:52	
31. KEVIN HARTNETT1:27:04	
32. JIM GRANT1:28:11	
33. SUSAN COBB1:28:28	
34. DAVID COPELAND1:28:41	
34. SIGNE COPELAND 1:28:41	

14. BRIAN GILPIN23:56	
15. TOM KUGLEN23:57	
16. DAVID MARTEN24:15	
17. LORI PARMER24:52	
18. LINDA STANLEY25:07	
19. DAVID SHUTT25:25	
20. JOE FERRERO25:37	
21. JANICE SCHULTZ25:40	
22. ERIC MELLINGER25:52	



36. GEORGE GARA1:30:30	
37. ROGER KLEID1:31:41	
38. TOM ALLEN1:32:59	
39. CHARLIE BARRY .1:32:09	
40. JOHN HORNOR1:37:19	
41. CAROL MURPHY ..1:39:02	
42. CAXTON RHODES 1:39:13	
43. ERIC SHACKELFORD1:41:13	
44. TINA SCOTT1:43:30	
45. GINA RUS1:43:38	
46. E. BARRANCO1:47:08	
47. ERA OSIBE1:53:40	
48. PETE NEUBAUER .1:57:26	
49. PADRAIC DOYLE .2:18:30	
50. M. CANTINI-NORKIN2:19:33	

23. MEGAN SULLIVAN ..26:05	
24. CAXTON RHODES26:11	
25. PETE NEUBAUER26:20	
26. ED URBAN26:45	
27. JEFF WEINSTEIN26:55	
28. FRED JOHNSON27:06	
29. BOB COLYAR27:15	
30. NICK DE MAY27:36	
31. E. BARRANCO28:01	
32. BOB DANIELSON28:08	
33. SUSAN COBB28:12	
33. LIZ ANN SCHIFF28:12	
35. KEN COREN29:12	
36. PHIL FERNANDEZ29:13	
37. JOHN HORNOR29:27	
38. COLIN GIFT29:32	
38. VINCE HUANG29:32	
40. SIGNE COPELAND ...29:42	
41. TOM ALLEN29:50	
42. CARLA CURTIS30:12	
43. KEVIN HARTNETT ...30:15	
44. PAM STILLWAGON ..30:18	
45. JIM GRANT30:24	
46. CAROL BLOCK30:46	
47. FLICKA MCGURRIN 31:32	
48. NANCY HORNOR31:40	
49. BOB LINER31:45	
50. LESLIE CALLAN32:05	
51. TONY DUCOMB32:35	
52. PAT NORTH32:44	
52. ERA OSIBE32:44	
54. JERRY O'DWYER33:31	



29. M. CANTINI....35:53	402
30. M. OSBORNE .40:45	409
31. STEVE NORTH48:56	412

South End Yacht Harbor August 7, 1994

18. DAVID MARTEN ...1:19:19	
19. KRIST JAKE1:19:59	
20. NANCY FRIEDMAN1:20:52	
21. LORI PARMER1:21:25	
22. LARRY SCROGGINS1:22:20	
23. PHIL ROLLINS1:22:20	
24. MATT SHERIDAN .1:22:30	
25. MIKE WEBB1:22:37	
26. PAT MCGARVEY ..1:23:13	

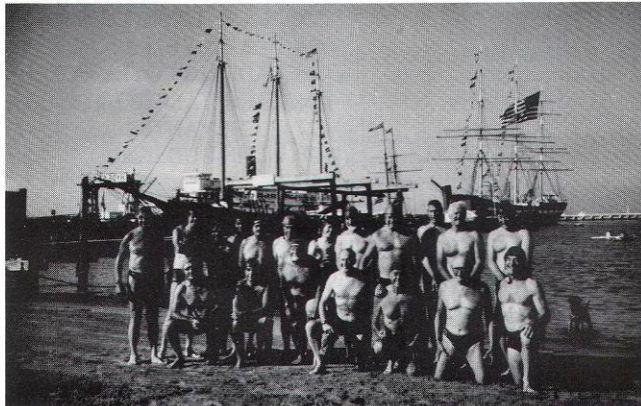
Twilight Pier 41

August 26, 1994

1. TOM KELLER19:25	
2. JOHN SELMER19:57	
3. SEAN KELLY20:15	
4. CHRIS KELLY20:38	
5. DIANA ABELE21:29	
6. STEVE SCHATZ22:25	
7. MARIA MAGOWAN 22:40	
8. GEORGE KEBBE23:09	
9. TODD OPPENHEIMER ..23:23	
10. BRETT GRAESSLE23:30	
11. RICK CRAFTS23:48	
12. TOM HOFFMAN23:51	
13. KELLY FLYNN23:55	



55. WARREN WELTER ...33:34	5. ERIC LARSON17:34	51. SHELLY FERNANDEZ 24:15	22. SUZIE DODS41:37
56. LARRY ALIOTO33:51	6. MARLA MCGOWAN 17:48	52. PHIL FERNANDEZ24:15	23. LARRY SCROGGINS 41:48
57. DAHLIA KAMESAR ..34:00	7. SUZIE DODS17:55	53. FLICKA MCGURRIN .24:23	24. MIKE WEBB42:03
58. WILL POWNING34:42	8. ALAN BUDENZ17:56	54. CAROL BLOCK24:30	25. DAVID MARTEN42:07
59. RUDY DE MAY35:48	9. GEORGE KEBBE18:20	55. LORNA NEWLIN24:40	26. DAN OSBORNE42:26
60. VINCE RIOUX35:51	10. TOM KUGLEN18:25	55. BARBARA KELLER ..24:40	27. PHIL ROLLINS42:42
61. ELIZBETH BLOOM ...36:04	11. DAVE KILMARTIN ..18:27	57. SUSAN ANSON25:04	28. JANICE SCHULTZ42:45
62. L.CASABLANCA36:21	12. RICK CRAFTS18:35	57. MAG DONALDSON ..25:04	29. CHARLIE BARRY42:52
63. GARY EHRSAM36:28	13. TOM HOFMANN18:46	59. DOUG CHAMBERS ...25:18	30. JOE FERRER43:13
64. NICK ZOLLER37:12	14. BRIAN GILPIN18:50	60. ELIZABETH BLOOM 25:27	31. KATE COLEMAN43:26
65. KEITH WEAVER37:55	14. DAVID SHUTT18:50	61. KENT ROGERS25:46	32. ERIC SHACKELFORD43:47
66. PAT KOVARA38:40	16. DAVID MARTEN18:53	62. RUDY DE MAY25:59	33. MARK O'HARA43:59
67. PAVLA PODOLSKA ..39:42	17. ERIC MELLINGER19:34	63. LARRY ALIOTO26:00	34. MEGAN SULLIVAN ..44:18
68. BOB MCKENZIE40:15	18. KELLY FLYNN19:37	64. PETE BIANUCCI26:10	35. BONNIE WINN44:52
	19. BOB COYLAR19:51	65. PADRAIC DOYLE28:07	36. FRED JOHNSON45:00
		66. F. CERVANTES28:35	37. CELESTE MCMULLIN45:25
		67. TOM SANCIMINO28:58	38. JEAN HOWE45:37
		68. NICK STRELCHUK ..29:19	39. PETER BERGER45:47
		69. BOB MCKENZIE29:50	40. KRIST JAKE45:47
		69. PAT KOVARA29:50	41. J. BEEMSTERBOER ..45:56
		71. PETER BUTLER31:02	42. ED URBAN46:06
		72. HUGO BUCCHOLZ ...31:03	43. E. BARRANCO46:24



Over 60 Cove August 28, 1994

1. DAN OSBORNE10:20	20. JANICE SCHULTZ19:55
2. GLYNN JONES11:25	21. MATT SHERIDAN19:59
3. BOB DANIELSON12:08	22. GREG TUERK20:04
4. JERRY CULLEN13:02	23. MEGAN SULLIVAN ..20:08
5. JIM GRANT13:28	24. JEAN HOWE20:12
6. JACK BETTENCOURT13:29	25. CHARLIE BARRY20:15
7. DAN MCGILL13:32	26. MARK O'HARA20:18
8. WALT SCHNEEBELI 14:07	27. JEFF WEINSTEIN20:20
9. JAMES VANYA14:55	28. KATE COLEMAN20:26
10. LOU MARCELLI15:30	29. JOE FERRERO20:34
11. KEITH WEAVER16:02	30. NICK DEMAY20:37
12. NICK ZOLLER16:16	31. PETE NEUBAUER20:40
13. BOB HOFF16:20	31. TINA SCOTT20:40
14. MIMI OSBORNE16:21	33. PEGGY LAVELLE20:43
15. DON REID18:00	34. FRED JOHNSON20:52
16. JOE BRUNO19:36	35. KEN FRANK20:57
17. BILL POWNING20:36	36. MONICA TOWERS21:02
18. HAL MIRAMONTE ...21:21	37. BOB DANIELSON21:10
19. CECCO MENNUCCI ..31:23	38. RICH COOPER21:14

Twilight Gas House Cove September 16, 1994

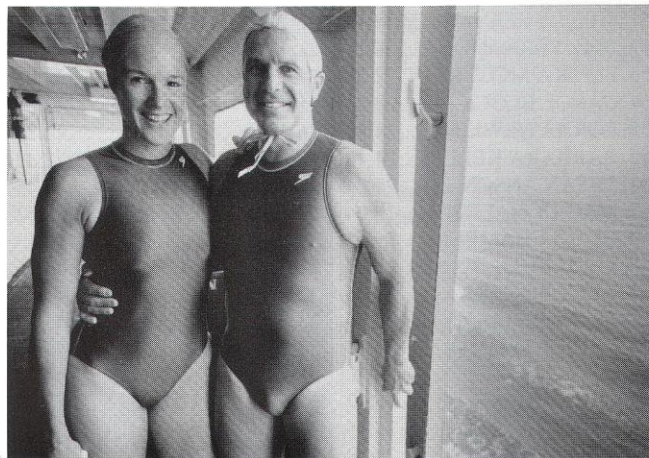
1. LAURA BURTCH16:42	20. JANICE SCHULTZ19:55
2. CHRIS KELLY16:49	21. MATT SHERIDAN19:59
3. MONIQUE GARVIN ..17:12	22. GREG TUERK20:04
4. STEVE SCHATZ17:21	23. MEGAN SULLIVAN ..20:08

34th Annual Alcatraz Swim September 25, 1994

1. SUZANNE HEIM29:33	49. AVRIL MCHUGH50:29
2. JOHN SELMER32:30	50. JOHN HORNOR50:48
3. CHRIS KELLY33:55	51. GEORGE GARA50:53
4. LAURA BURTCH34:03	52. DAVID COPELAND ..51:34
5. JOHN DAVIES34:30	52. SIGNE COPELAND ..51:34
6. ERIC LARSON36:00	54. KEN COREN52:03
7. ALAN BUDENZ37:19	55. KEVIN HARTNETT ...52:42
8. MARLA MCGOWAN 37:39	56. ROGER KLEID52:59
9. PETER DRINO37:50	57. SUE GARFIELD53:05
10. PAM DERKS37:50	58. PAM STILLWAGON ..53:16
11. ERIC COLBERG38:29	59. BILL ANELLI53:22
12. GEORGE KEBBE39:00	60. JERRY CULLEN53:38
13. BARNABY PAYNE39:09	61. SHELLY SULLIVAN ..56:27
14. LAURA MERKL39:24	62. JOE COWAN56:35
15. BRETT GRAESSLE ...39:29	63. NANCY HORNOR56:37
16. TOM KUGLEN40:50	64. LESLIE CALLAN57:15
17. PAT MCGARVEY41:06	65. TONY DU COMB57:17
18. ELMER TOSTA41:12	66. FLICKA MCGURRIN 59:36
19. DIANA ABELE41:13	67. F. CERVANTES61:11
20. MATT SHERIDAN41:32	68. WILL POWNING64:19
21. C. VONBLANKENBERG41:37	

Continued on next page





69. PADRAIC DOYLE	64:42
70. LARRY ALIOTO	64:44
71. ELIZABETH BLOOM	64:50
72. VINCE RIOUX	65:00
73. WARREN WELTER	65:46
74. DON REID	82:53
75. PAVLA PODOLSKA	83:06
76. DAVID BROADBEAR	93:08

Golden Gate Fast Day October 1, 1994

1. SUZANNE HEIM	19:28
2. MIKE GARIBALDI	20:25
3. JOHN SELMER	20:59
4. SEAN KELLY	21:28
5. CHRIS KELLY	22:01
6. LYNN JOLLY	22:02
7. LAURA BURTCH	22:37
8. JON NAKAMURA	23:09
9. ERIC LARSON	23:30
10. PETER DRINO	23:53
11. MICKEY LAVELLE	23:54
12. DAVID RICH	24:01
13. MARLA MCGOWAN	24:03
14. ERIC COLBERG	24:12
15. BRETT GRAESSLE	24:22
16. SUZIE DODS	24:24
17. TODD OPPENHEIMER	24:26
18. DAVID ZOVICKIAN	24:45
19. BARNABY PAYNE	24:56
20. GEORGE KEBBE	24:57
21. KAREN DRUCKER	25:03
22. LAURA MERKL	25:13
23. TOM KUGLEN	25:50
24. PAM DERKS	25:26
25. TOM HOFMANN	25:42
26. KELLY FLYNN	25:45
27. LARRY SCROGGINS	26:01
28. PAT MCGARVEY	26:08
29. RICK CRAFTS	26:09
30. DAVID MARTEN	26:37
31. C. VONBLANKENBERG	26:43
32. MATT SHERIDAN	26:57

33. MIKE WEBB	27:02
34. PETER BERGER	28:03
35. JOE FERRERO	28:15
36. JANICE SCHULTZ	28:33
37. CHARLIE BARRY	29:02
38. CLINT COPELAN	29:13
39. BOB COLYAR	29:25
40. DAVID SHUTT	29:28
41. PHIL ROLLINS	29:30
42. DAN OSBORNE	29:50
43. ERIC SHACKELFORD	29:55
44. MEGAN SULLIVAN	30:15
45. BONNIE WINN	30:33
46. MARK O'HARA	30:38
47. FRED JOHNSON	30:48
48. KEN FRANK	31:12



48. PETE NEUBAUER	31:12
50. LIZ ANN SCHIFF	32:15
51. NANCY FRIEDMAN	32:32
52. GINA RUS	32:59
53. KRIST JAKE	33:25
54. MARC RICHARD	33:38
55. VINCE HUANG	33:40
56. PHIL FERNANDEZ	34:53
57. BARRY CHRISTIAN	35:36
58. TINA SCOTT	35:37

59. DOUG CHAMBERS	37:05
60. CONRAD LIBERTY	37:33

Golden Gate Fast Day October 2, 1994

Fifty-four fog Banked and
disappointed Dolphins

Handicap Cove October 9, 1994

1. MIMI OSBORNE	26:20	26:20
2. DAVID BROADBEAR	26:58	26:58
3. MAG DONALDSON	27:12	21:12
4. KEVIN HARTNETT	27:41	19:41
5. KEN COREN	27:45	19:45
6. LORNA NEWLIN	27:55	17:55
7. SUSAN GARFIELD	27:58	19:58
8. LIZ ANN SCHIFF	28:06	18:06
9. SUSAN LAURITZEN	28:35	22:35
10. ERA OSIBE	28:39	22:35
11. F. CERVANTES	28:49	24:49
12. DAVID COPELAND	29:00	21:00
12. SIGNE COPELAND	29:00	21:00
14. MONICA TOWERS	29:11	19:11
15. PETE BIANUCCI	29:23	23:23
16. SUSAN ANSON	29:26	19:26
17. NICK ZOLLER	29:26	25:26
18. FRED JOHNSON	31:03	17:03
19. DAN OSBORNE	31:15	15:15
20. DAVID KILMARTIN	31:16	15:16
21. KATE COLEMAN	31:22	17:22
22. GEORGE KEBBE	31:26	15:26
23. MICHAEL LORD	32:00	20:00
24. ALAN BUDENZ	32:42	14:42
25. LARRY SCROGGINS	32:44	16:44
26. BILL POWNING	36:22	36:22
27. LAURA BURTCH	36:23	16:23

7. MICHAEL LORD	52:15
8. COLIN GIFT	52:55
9. GEORGE GARA	53:55
10. KEVIN HARTNETT	54:40
11. CARLA CURTIS	56:00
12. SUSAN GARFIELD	56:15
13. BARBARA KELLER	58:35
14. BILL ANELLI	58:55
15. SUSAN COBB	1:01:15
16. JOE COWAN	1:01:28
16. JERRY CULLEN	1:01:28
18. LESLIE CALLAN	1:03:22
19. PETE BIANUCCI	1:04:50
20. ROGER KLEID	1:04:55
21. NANCY HORNOR	1:05:20
22. TONY DU COMB	1:05:40
23. SUSAN LAURITZEN	1:09:10
24. ERA OSIBE	1:10:10
25. PADRAIC DOYLE	1:15:00
26. LARRY ALIOTO	1:16:30
27. F. CERVANTES	1:25:45
28. ALAN BUDENZ	1:36:11
DNF — 7	

1994 100 Mile Swim June 1 - October 31

LAURA BURTCH	263
CHRIS KELLY	208
LAURA MERKL	182.5
GEORGE KEBBE	160.5
JANICE SCHULTZ	132
PAVLA PODOLSKA	131
PAM DERKS	112.5
PAT MCGARVEY	112.5
BILL POWNING	107
JOE ABBOTT	106
MAG DONALDSON	103.5
MIKE BRODY	103
NICK PAYNE	103
TOM HOFFMAN	102.74
DAN OSBORNE	102.5
FRED JOHNSON	102
PETER BIANUCCI	101
JOE BRUNO	101
JOHN DAVIES	101
NANCY FRIEDMAN	100.75
TOM KUGLEN	100.5
MIMI OSBORNE	100.5
TONY DU COMB	100.25
ALAN BUDENZ	100
SUZIE DODS	100
JOHN DUGAN	100
KEVIN HARTNETT	100
ANNA HENRY	100
VINCE HUANG	100
KRIST JAKE	100
GLYNN JONES	100
LIZ ANN SCHIFF	100
BARNABY PAYNE	100
DOM. SCHWARTZ	100
DAVID ZOVICKIAN	100

Golden Gate III Slow Day October 30, 1994

1. JEFF WEINSTEIN	42:00
2. E. BARRANCO	45:24
3. LORNA NEWLIN	50:02
4. KEN COREN	52:00
5. SUSAN ANSON	52:04
6. JOHN HORNOR	52:06

A COLD WATER GUIDE TO HEALTH

Condensed and edited by Christopher M. Kelly — Story provided by Brian Gilbert

There is little debate over the benefits of cold water swimming among Polar Bear Dolphins. A hardier spirit and a healthier glow from late December through late March are the immediate positive effects. Still, there must be some concrete evidence that cold water immersion enhances the health of those that seek it out. Recent tests at the Beatrice Hydrotherapy Research Center in England may yield some of this evidence. These excerpts from the September issue of the European magazine, *Elan*, provide some heartening news:

The research center is fully equipped with the latest technology and employs seventeen qualified staff. The research is under the direction of Professor Vijay Kakkar, who founded Thrombosis Research Institute of London. Professor Kakkar is a leading authority on Thrombosis and circulatory disorders. He has the knowledge, expertise and technology to research what effects daily cold water immersion may have on the body.

Hundreds of volunteers submitted to this regime of Thermo-Regulatory Hydrotherapy, which involves daily immersions of increasing length in a bath at controlled low temperatures. By stimulating the blood circulation and the production of vital body enzymes, the therapy was found to slow down the aging process and boost the immune system, and within months many who had been crippled with Chronic Fatigue Syndrome found themselves regaining a quality of life that had disappeared. New arrivals (with their doctors' consent) filled out questionnaires covering every aspect of their health and lifestyles. They are then assigned their own nurse, who

uses...an electrocardiograph to assess their heart. Next door, another machine capable of measuring other components of the body, prints out fat, protein and carbohydrate levels. A duplex ultrasound scan is performed to check the blood flow to the brain (and)...a blood sample is taken. These assessments are needed to check whether an individual is fit enough for the therapy. Professor Kakkar explains, "Once we have this information, we can use a computer to determine the...water temperature most suitable for a specific individual, and the length of immersion they need to derive maximum benefits."

Beginners are taught the importance of starting with five minutes at 24° - 26° C. (75°-78° F.) and are instructed how to continue the process in their own homes. Breakfast is then served: the menu is rich in carbohydrates to restore lost energy and body heat. Up to six people are treated daily in two hour sessions under the constant supervision of a doctor. During three checkups over as many months, the scans are repeated to assess the effect of the therapy on the (body's)

system.

The restorative effects of cold water immersion are not a new discovery. It was the Greeks who established the first cold water baths. Later the Romans developed a passion for thermal baths, wallowing in water at 18 C. (64.4 F.) to invigorate their health. Centuries later, John Wesley, the founder of Methodism in Britain, believed that he had identified 50 illnesses which could be cured through cold water. In the 1850's, two doctors developed cold water treatment in the English spa town of Malvern. They were ridiculed by many of their fellow professionals, but there was no shortage of distinguished names to vouch for its success. Florence Nightingale who collapsed while nursing in the Crimea, was restored by the doctors' methods and Alfred Lord Tennyson, Charles Dickens and Charles Darwin, father of the theory of evolution, were visitors.

The research so far has already (indicated) that cold water can boost the production of the blood-thinning enzyme TPA, which help prevent blood clots. Also, when skin (level) blood vessels are cooled, a number of hormones are released into the bloodstream which stimulate the thyroid gland and increase the oxygen consumption of the body cells. Equally important, cold water steps up the production of white blood cells, which are vital(in)fighting off infection. Every patient's details in these ongoing studies are recorded on a computer and within a year or two, a comparison of the results should help reveal the full potential of the treatment.

Paragraphs 2 through 4 were condensed from the September - October edition of *Elan* Magazine, a property of *The European*. The article is called "Proving An Amazing Discovery". No author credit was given.



1995 SWIM SCHEDULE

Pending Coast Guard Approval

- Date -	- Event -	- Jump-Off -
Dec. 21, 1994 (Wednesday)	Polar Bear Swim Starts	
January 1 (Sunday)	New Year's Day Cove	09:00
January 1 (Sunday)	☼ New Year's Day Alcatraz	TBA
January 1 (Sunday)	365 Mile Swim Starts	
January 29 (Sunday)	☼ Mid-Winter Gas House Cove	08:00
February 12 (Sunday)	Mid-Winter Cove	09:00
March 21 (Tuesday)	Polar Bear Swim Ends	
March 25 (Saturday)	Spring Cove	09:00
April 22 (Saturday)	☼ Pier 41	09:30
April 30 (Sunday)	☼ Dick Beeler Crazy Cove	09:00
May 13 (Saturday)	☼ Yacht Harbor	08:00
May 21 (Sunday)	☼ Pier 39	09:00
June 1 (Thursday)	100 Mile Swim Starts	
June 11 (Sunday)	☼ Crissy Field	08:00
June 18 (Sunday)	☼ Bay Bridge	08:00
June 23 (Friday)	☼ Twilight Cove - Pot Luck BBQ to Follow	18:00
July 9 (Sunday)	☼ Doc Howard - Over 45 - From Gas House Cove	08:00
July 14 (Friday)	☼ Twilight Pier 41- Pot Luck BBQ to Follow	18:00
July 22 (Saturday)	Trans Tahoe Relay	7:30
July 30 (Sunday)	Over 60 Cove	09:00
August 5 (Saturday)	☼ Santa Cruz Pier Swim	TBA
August 19 (Saturday)	Golden Gate I - Slow Day	TBA
August 20 (Sunday)	Golden Gate II - Fast Day	TBA
August 26 (Saturday)	☼ Fort Point	09:00
September 3 (Sunday)	☼ Twilight Gas House Cove - Pot Luck BBQ to Follow	TBA
September 16 (Saturday)	☼ Handicap Cove	09:00
September 24 (Sunday)	Dolphin/South End Triathlon	TBA
Sept. 30 or Oct. 14	Alcatraz	TBA
October 29 (Sunday)	Escape From Alcatraz Triathlon	09:00
October 31 (Tuesday)	100 Mile Swim Ends	
November 11 (Saturday)	Annual Swim/Pilot Appreciation Dinner	19:00
November 19 (Sunday)	Introduction To Bay Swimming	09:00
November 23 (Thursday)	Thanksgiving Day Cove	09:00
December 17 (Sunday)	New Year's Day Alcatraz Qualifier	09:00
December 21 (Thursday)	Polar Bear Swim Starts	
December 31 (Sunday)	365 Mile Swim Ends	

TBA means "to be announced"

• Swim Program Rules •

1. Club scheduled swims are restricted to club members only.
2. Swimmers are required to wear fluorescent orange caps on all scheduled swims.
3. Swimmers must be members in good standing with dues current and swim fees paid.
4. New members are not eligible to swim in scheduled swims for 6 months from their membership start.
5. Out-of-cove swims are limited to 60 swimmers and may be further limited by the Swim Commission.
6. Alcatraz and Golden Gate swims are limited to 75 swimmers; Alcatraz swimmers are chosen by lottery.
7. Swim sign-up sheets are posted two weeks prior to each swim.
8. Time limits are imposed and enforced for all swims.
9. All club boats are reserved for scheduled swims; riders are prohibited.

• Additional qualifications for Alcatraz and Golden Gate Swims •

10. In-town members must successfully complete 2 swims marked with a wheel (☼) and one other scheduled swim and pilot or help on at least 2 others.
11. Out-of-town members (those residing 100+ miles from the club) must have successfully completed 2 of the last 3 club scheduled Alcatraz and/or Golden Gate swims or meet rule 10 above.
12. Once a member has qualified for Alcatraz/Golden gate swims, non-qualified members will be given priority to qualifying swims.

DOLPHIN SWIMMING & BOATING CLUB

502 Jefferson Street (foot of Hyde)
San Francisco, California 94109

RICHARD B. COOPER
STA. B, PO BOX 2546
SAN FRANCISCO CA 94126

BULK RATE
U.S. POSTAGE
PAID
San Francisco, CA
Permit No. 1020